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FINAL

MULTINATIONAL

REPORT

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FINAL MULTINATIONAL REPORT

1. INTRODUCTION

Inclusive family sport for children and adolescents with disabilities aged 6 to 18 years is of utmost importance to prevent sedentary lifestyle and obesity in this group (Carbone et al., 2021; Middelbeek & Breda, 2013). For this, the role of families is essential, so that they accompany, encourage and motivate children and adolescents with disabilities to carry out and enjoy sports practice (Bloemen et al., 2015; Li et al., 2016; MacEachern et al., 2022).

The aim of this final multinational report is to analyse good practices and experiences related to the methodology of inclusive family sport in children and adolescents with disabilities aged 6 to 18 in the countries participating in the Train4Family project. This analysis will allow the development of strategies to prevent sedentary lifestyle and obesity in this group.

The hypothesis is that there will be some common points in all the countries analysed but also differences between them, which would allow for the implementation of a common strategy and intervention but with the necessary variations depending on the context and specific circumstances of each country.

2. METHODS

2.1. Sample

The following seven countries were analysed: Bulgaria (n=29), Italy (n=13), Turkey (n=12), Croatia (n=11), Spain (n=8), Slovenia (n=7), and Bosnia (n=6). Thus, the total sample consisted of 86 family members of children and adolescents with disabilities aged 6 to 18 years who practice inclusive sport.

2.2. Instrument and procedure

To this end, a Family Satisfaction Survey was designed and applied to assess family satisfaction with the organizations that provide these sports services. The dimensions evaluated in this questionnaire were the following: Dimension 1: Communication and information; Dimension 2: Resources, programs and services; Dimension 3: Training and capacity building; Dimension 4: Coordination, transparency, monitoring and satisfaction. The questionnaire has a total of 24 items, 6 in each dimension. The items are rated using a scale from 1 to 10, where 1 means "very dissatisfied" and 10 means "very satisfied". The questionnaire was translated into the seven languages of the seven participating countries and was completed online by the participants.

2.3. Statistical analysis

Frequencies and percentages were calculated for each of the items in the questionnaire, and a segmentation was also carried out by country in order to assess the differences between the seven participating countries. The results are presented in bar graphs and pie charts.

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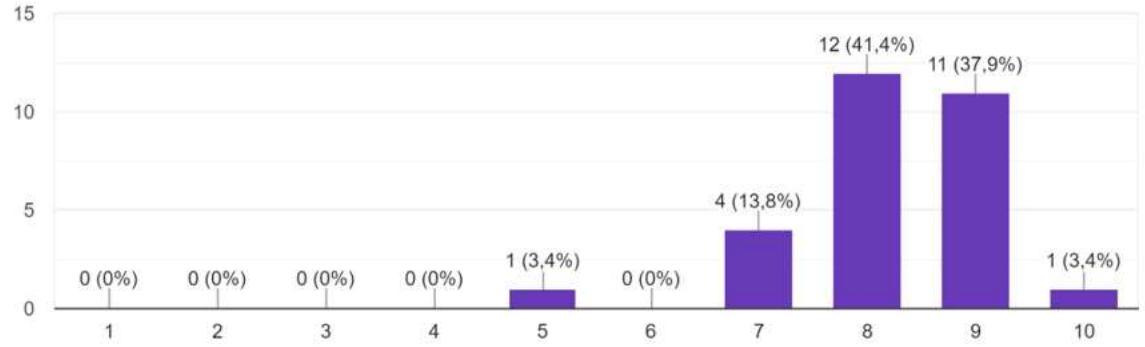
3. RESULTS

DIMENSION 1: COMMUNICATION AND INFORMATION.

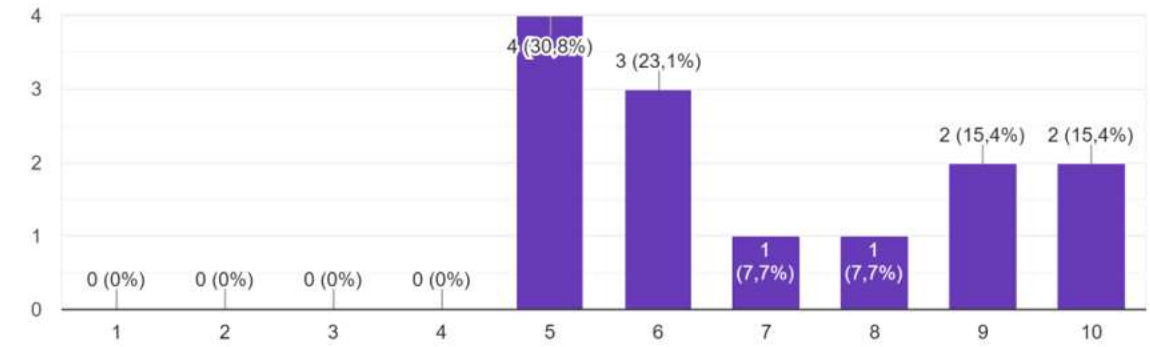
1. How would you rate the effectiveness of current communication with organizations that support people with disabilities?

Satisfaction with this question ranged between the following values: Bulgaria (5-10), Italy (5-10), Turkey (4-10), Croatia (5-9), Spain (5-9), Slovenia (3-10), and Bosnia (3-9).

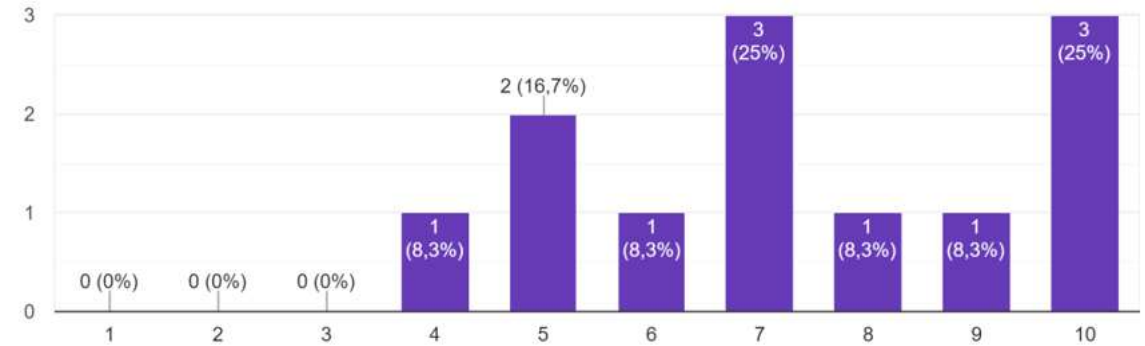
BULGARIA (n=29)



ITALY (n=13)

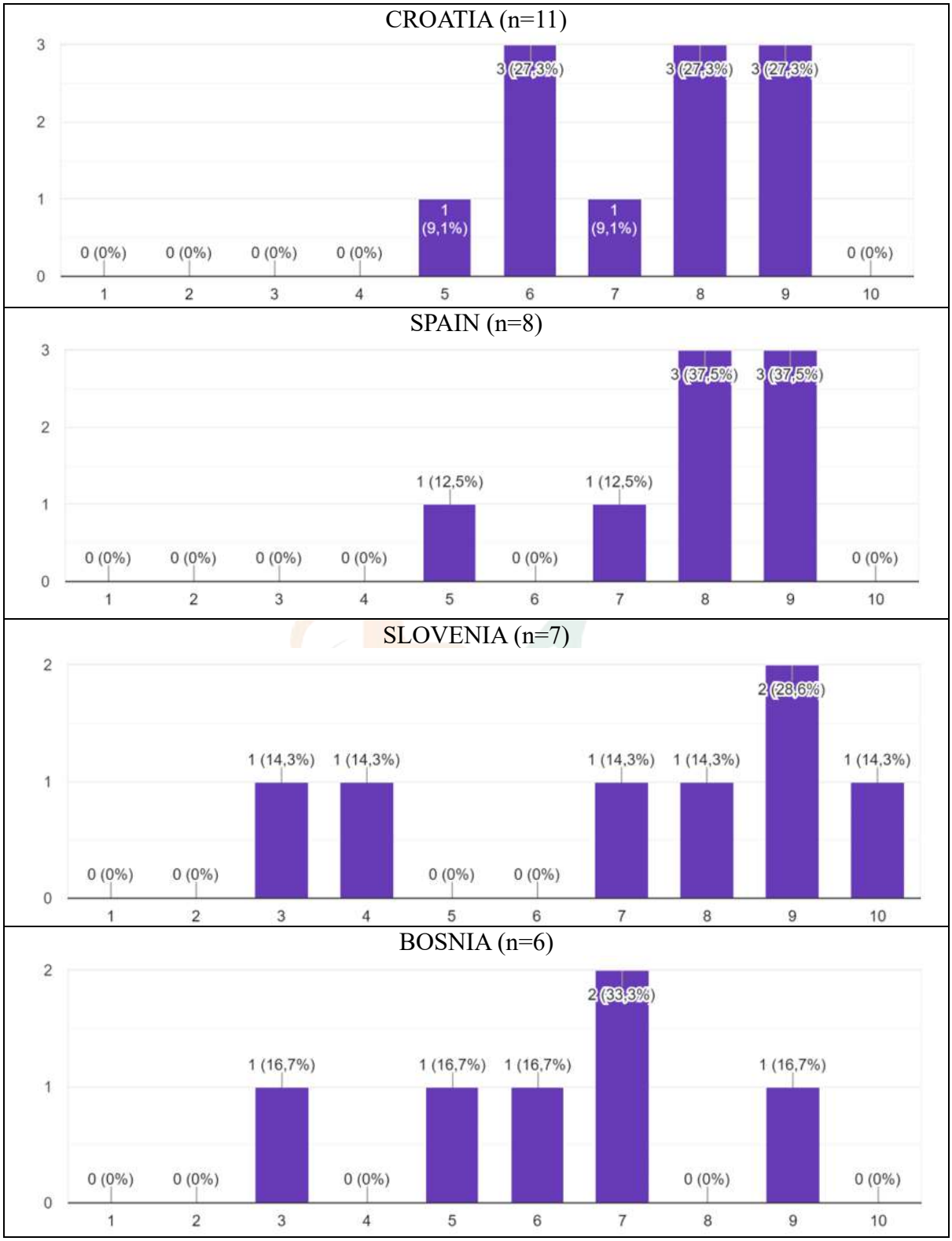


TURKEY (n=12)



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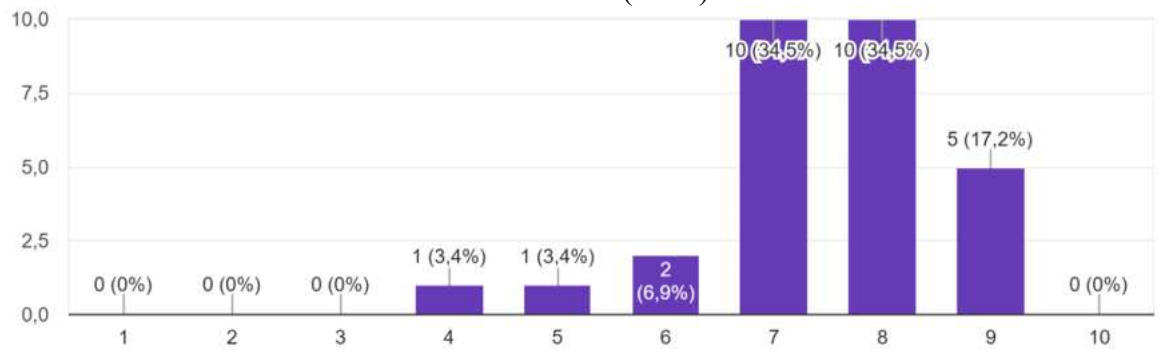


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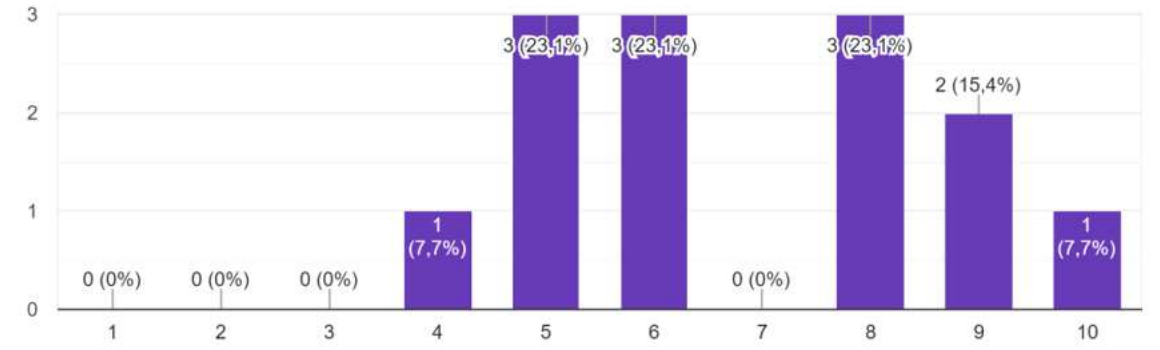
2. What do you think of the communication channels available to interact with these organizations?

Satisfaction with this question ranged between the following values: Bulgaria (4-9), Italy (4-10), Turkey (3-10), Croatia (5-10), Spain (4-9), Slovenia (3-10), and Bosnia (3-8).

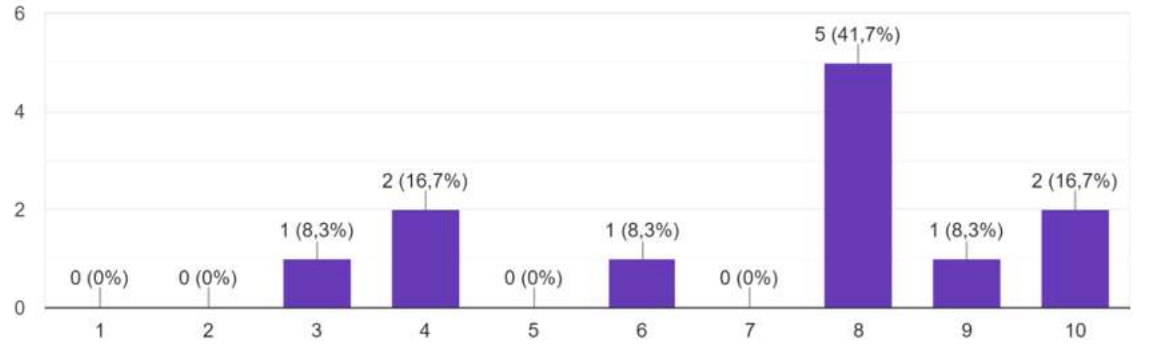
BULGARIA (n=29)



ITALY (n=13)

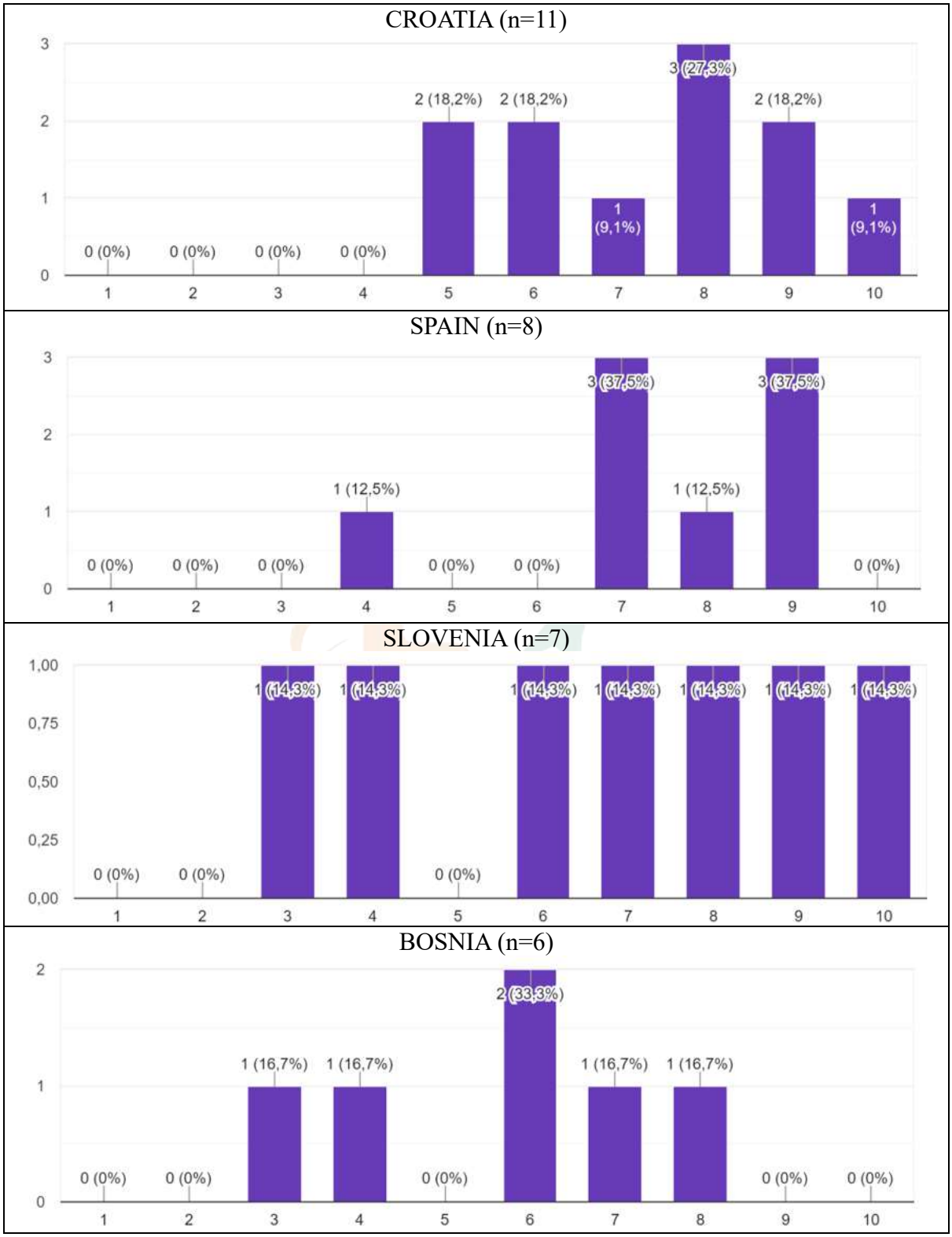


TURKEY (n=12)



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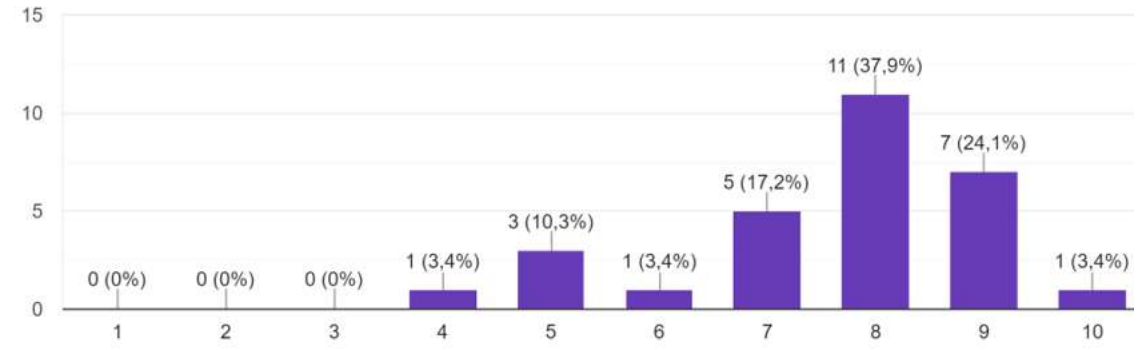


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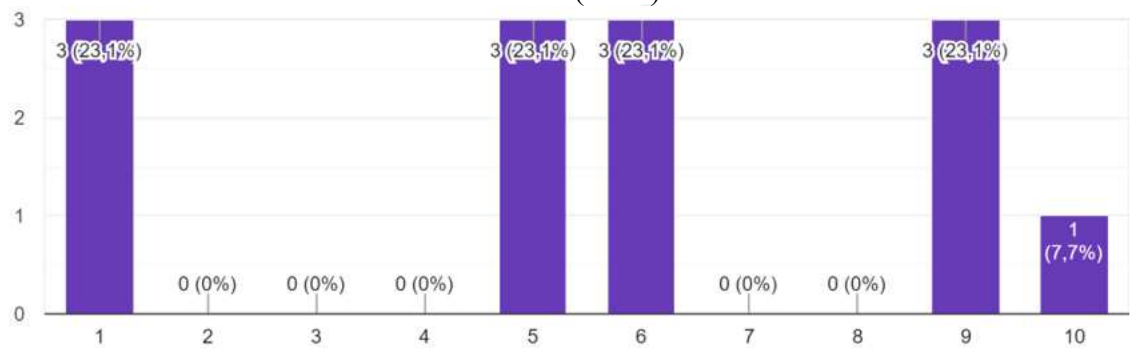
3. Do you consider that the communication channels are sufficient?

Satisfaction with this question ranged between the following values: Bulgaria (4-10), Italy (1-10), Turkey (1-10), Croatia (5-10), Spain (4-10), Slovenia (1-10), and Bosnia (2-9).

BULGARIA (n=29)



ITALY (n=13)

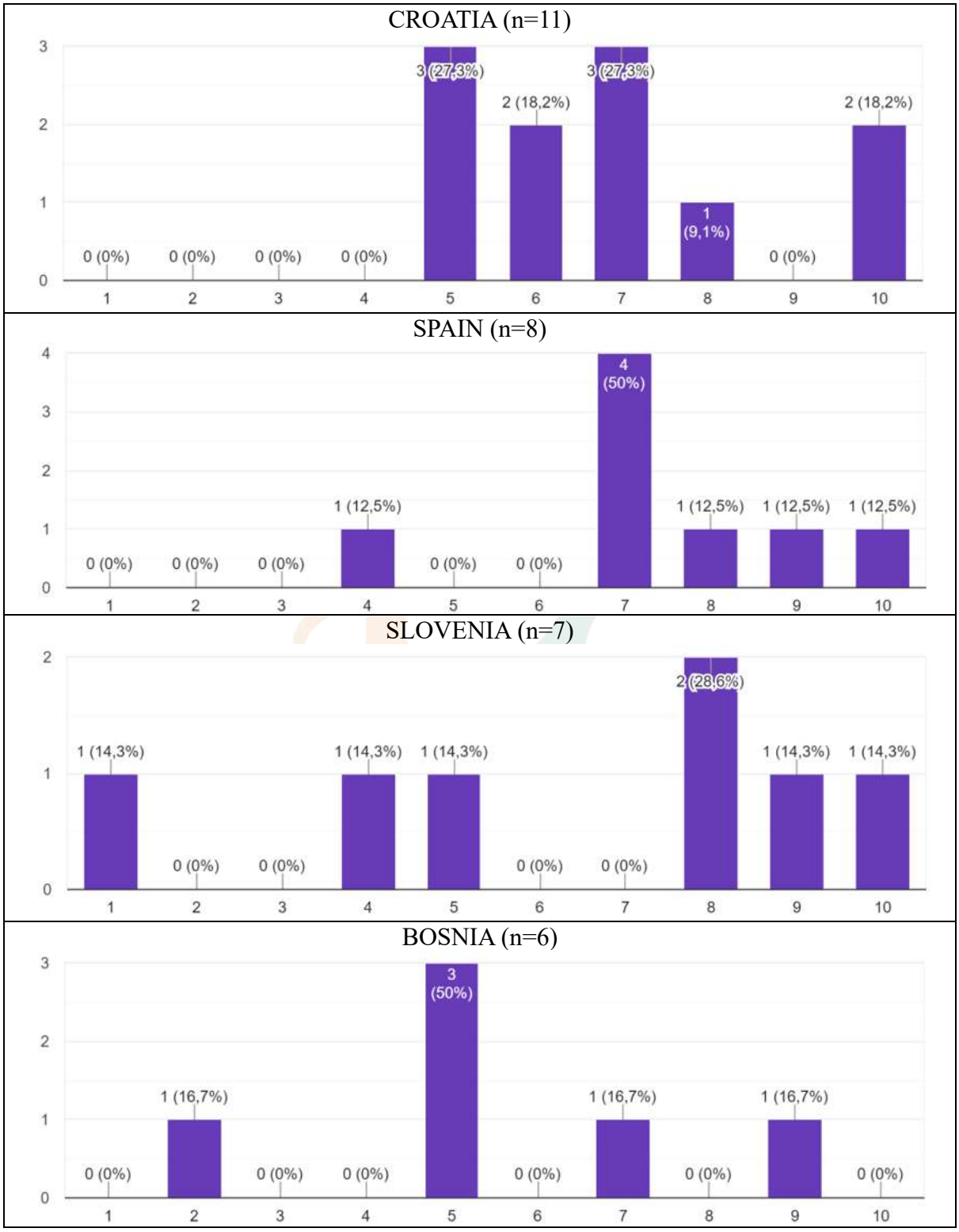


TURKEY (n=12)



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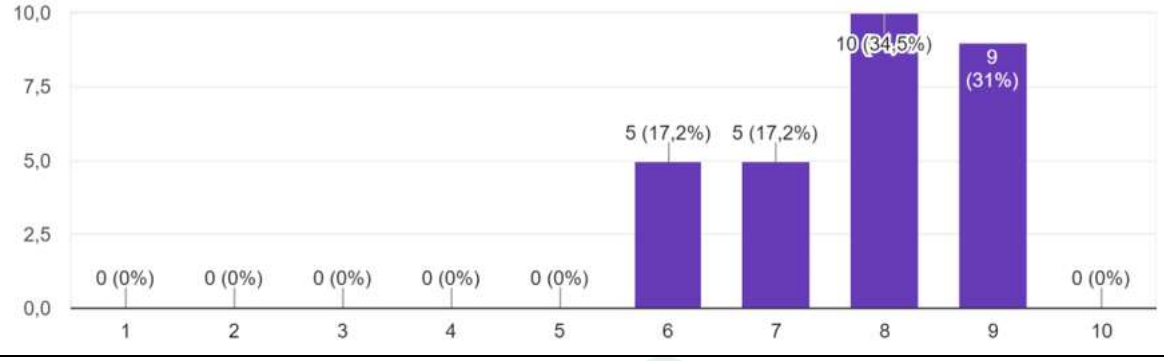
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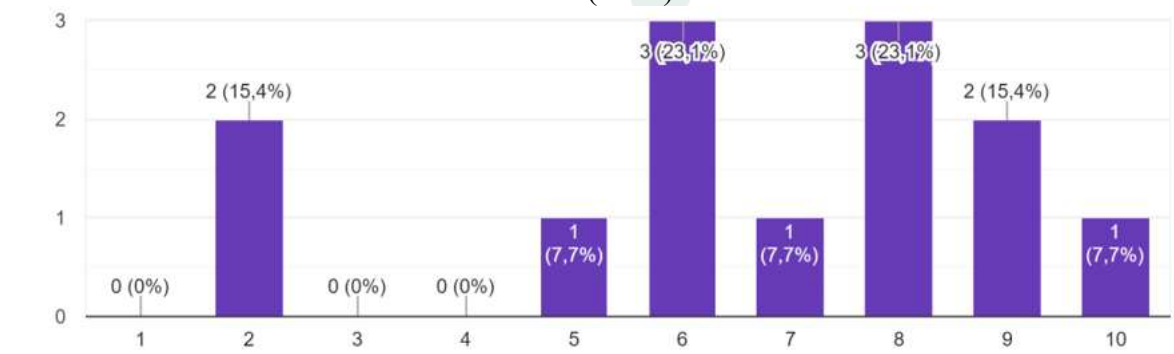
4. How satisfied are you with the amount and relevance of information you receive from these organizations?

Satisfaction with this question ranged between the following values: Bulgaria (6-9), Italy (2-10), Turkey (1-10), Croatia (5-10), Spain (5-9), Slovenia (3-10), and Bosnia (5-9).

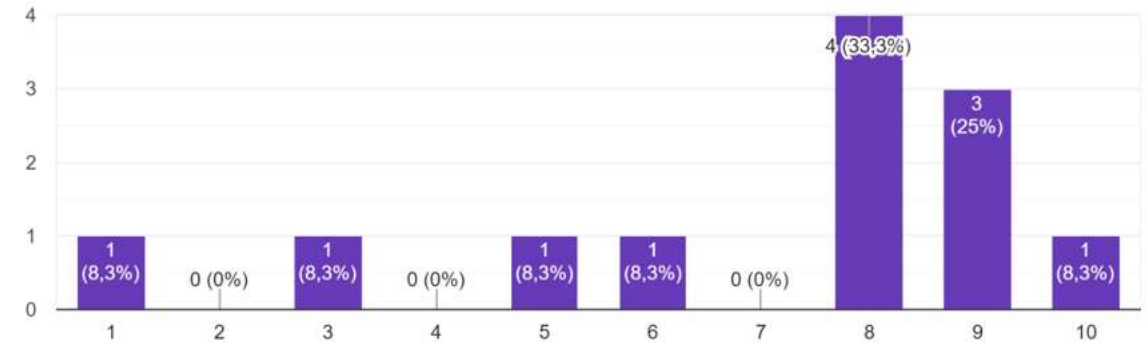
BULGARIA (n=29)



ITALY (n=13)

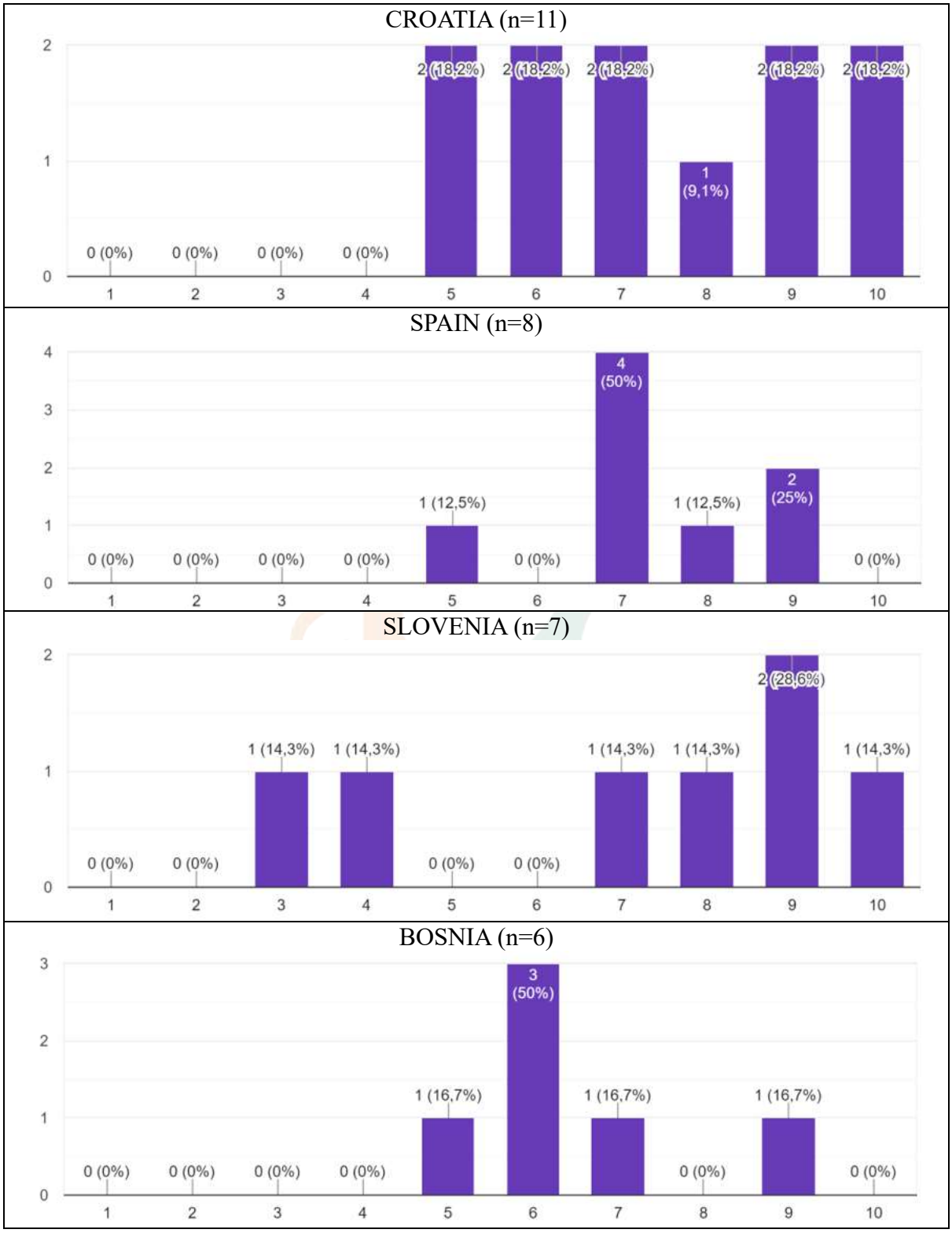


TURKEY (n=12)



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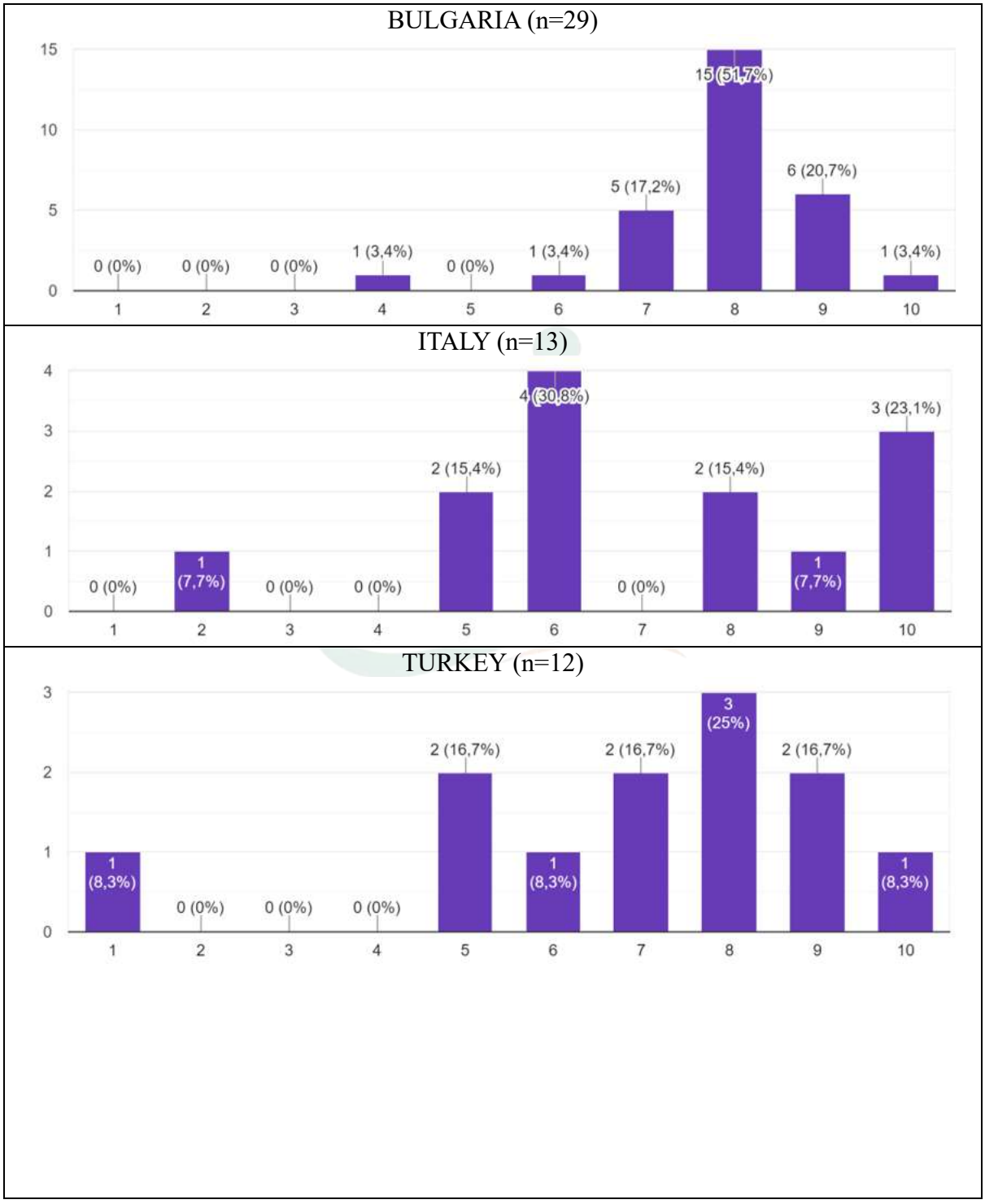
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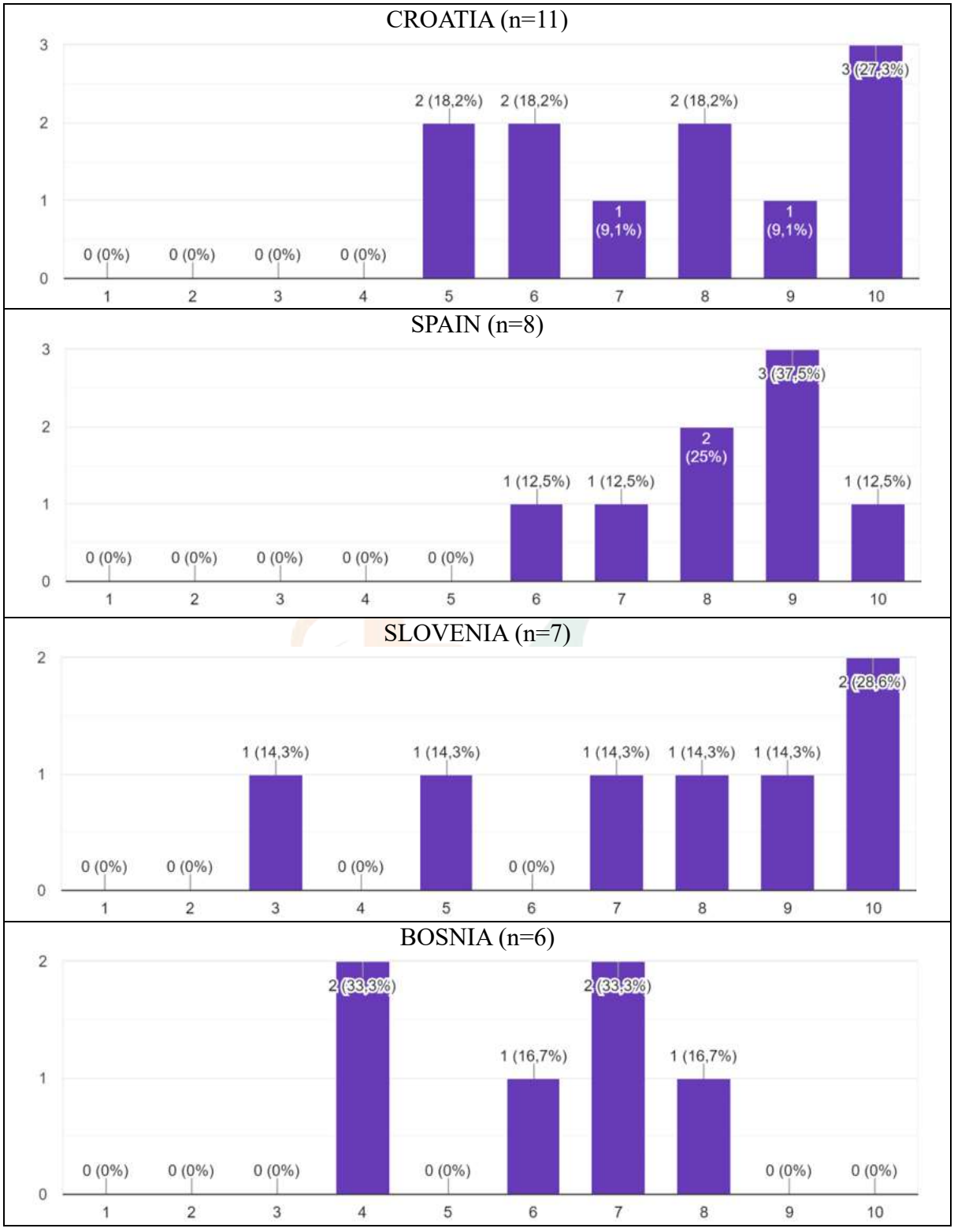
5. How would you rate the clarity of information provided by organizations supporting people with disabilities?

Satisfaction with this question ranged between the following values: Bulgaria (4-10), Italy (2-10), Turkey (1-10), Croatia (5-10), Spain (6-10), Slovenia (3-10), and Bosnia (4-8).



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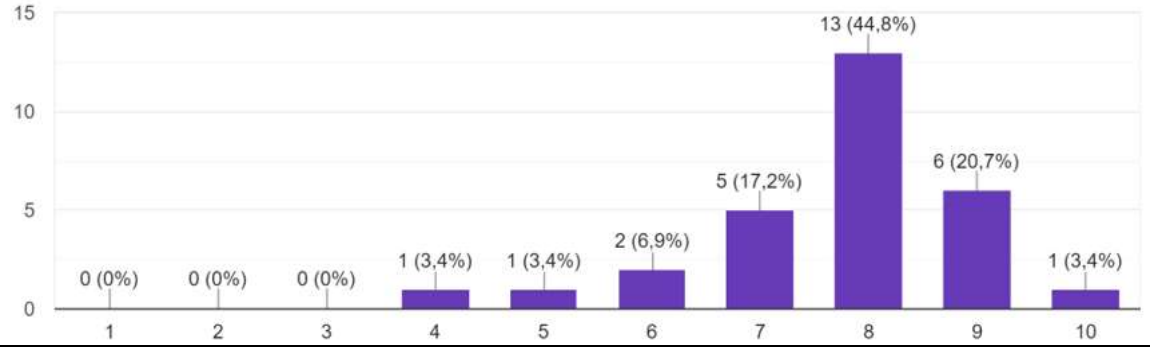
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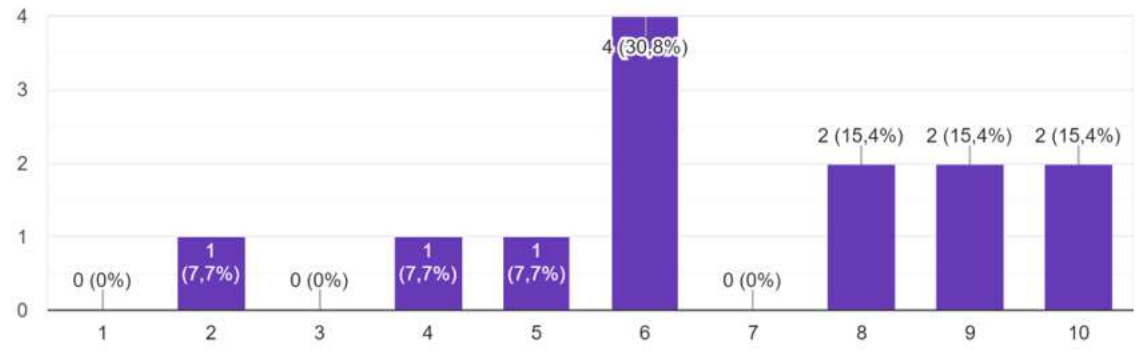
6. How accessible is the information provided by these organizations?

Satisfaction with this question ranged between the following values: Bulgaria (4-10), Italy (2-10), Turkey (1-10), Croatia (5-10), Spain (5-10), Slovenia (3-10), and Bosnia (3-9).

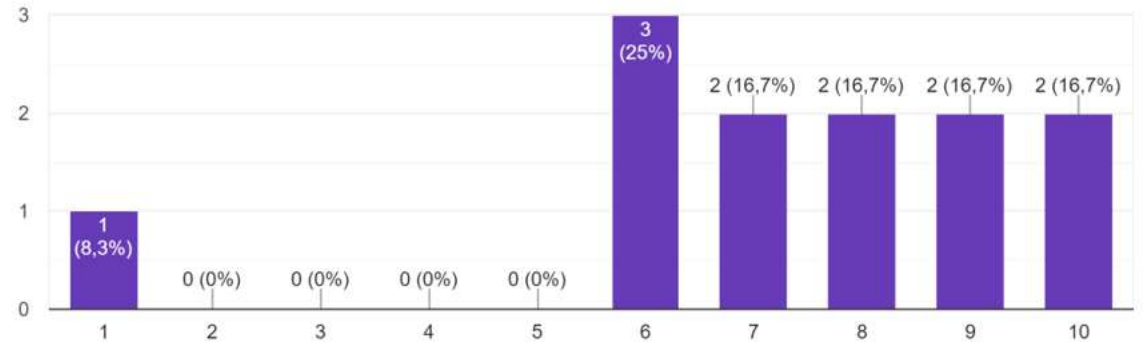
BULGARIA (n=29)



ITALY (n=13)



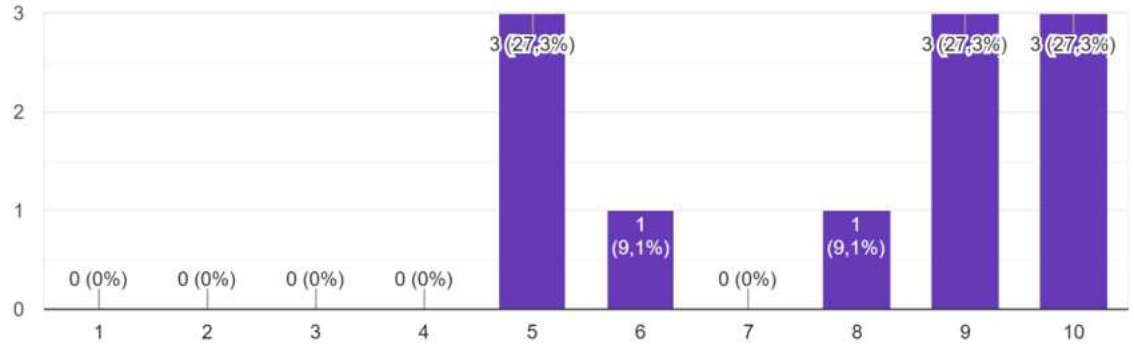
TURKEY (n=12)



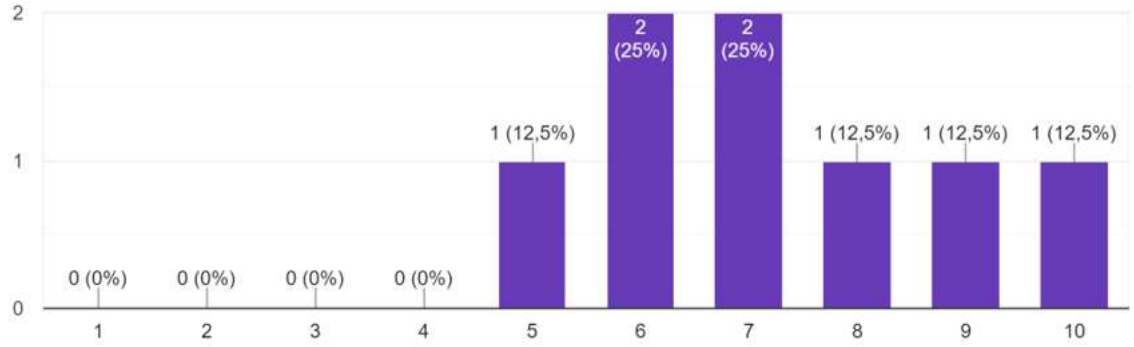
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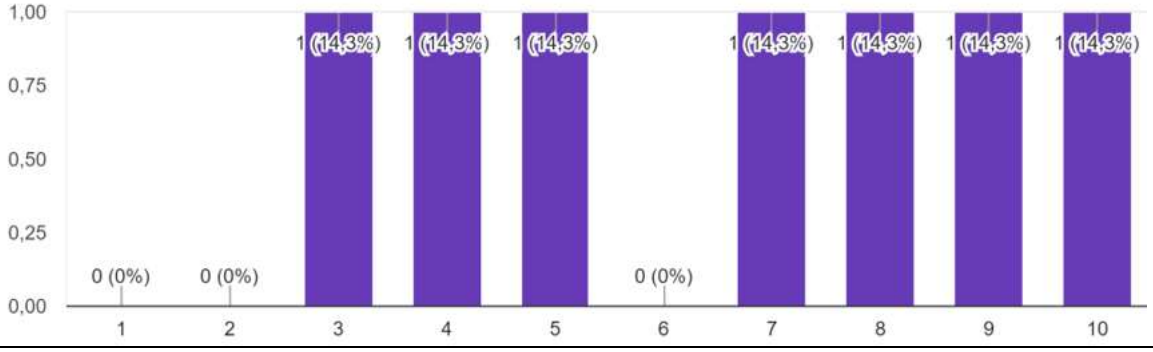
CROATIA (n=11)



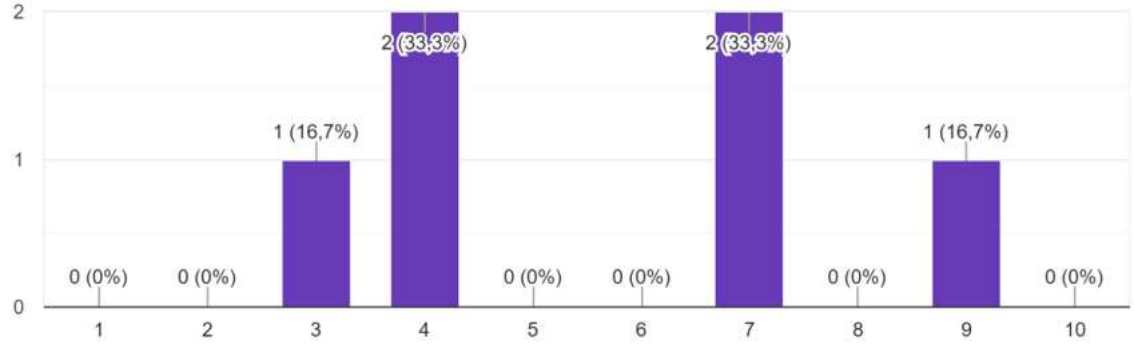
SPAIN (n=8)



SLOVENIA (n=7)



BOSNIA (n=6)



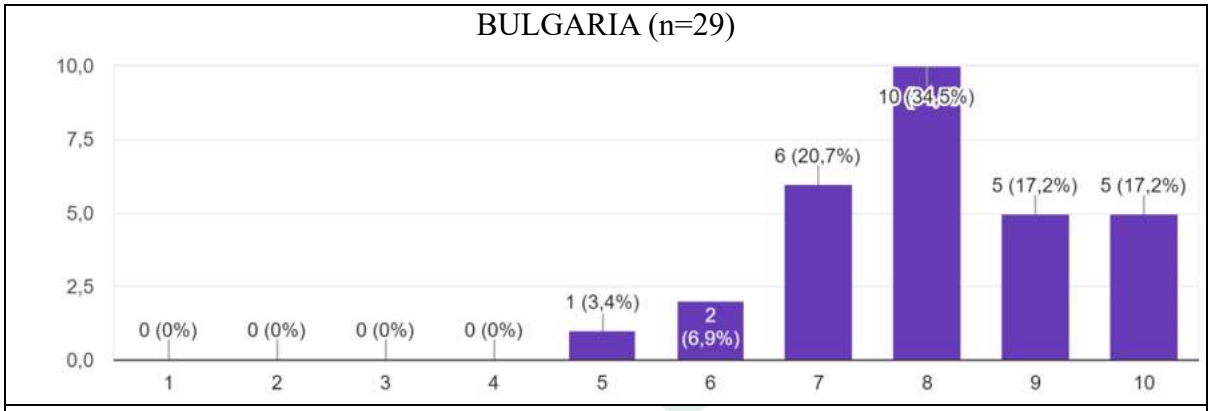
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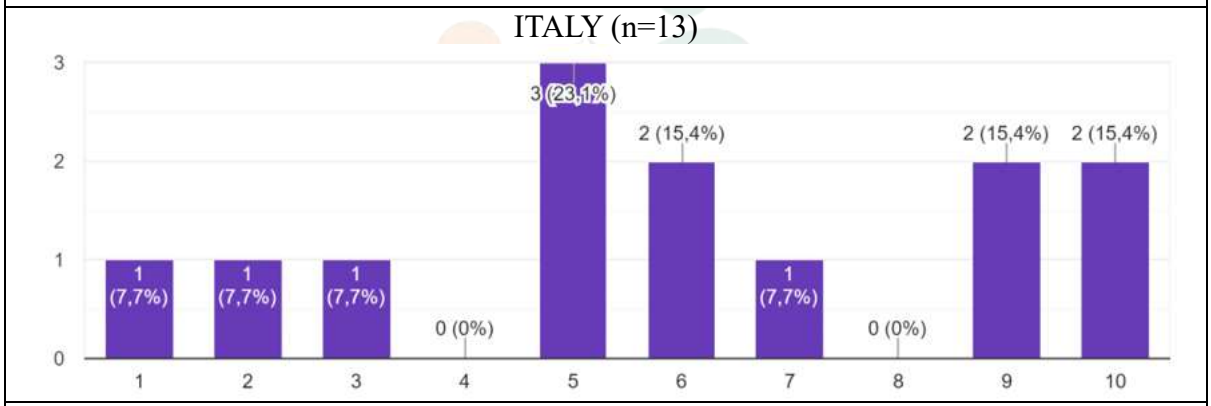
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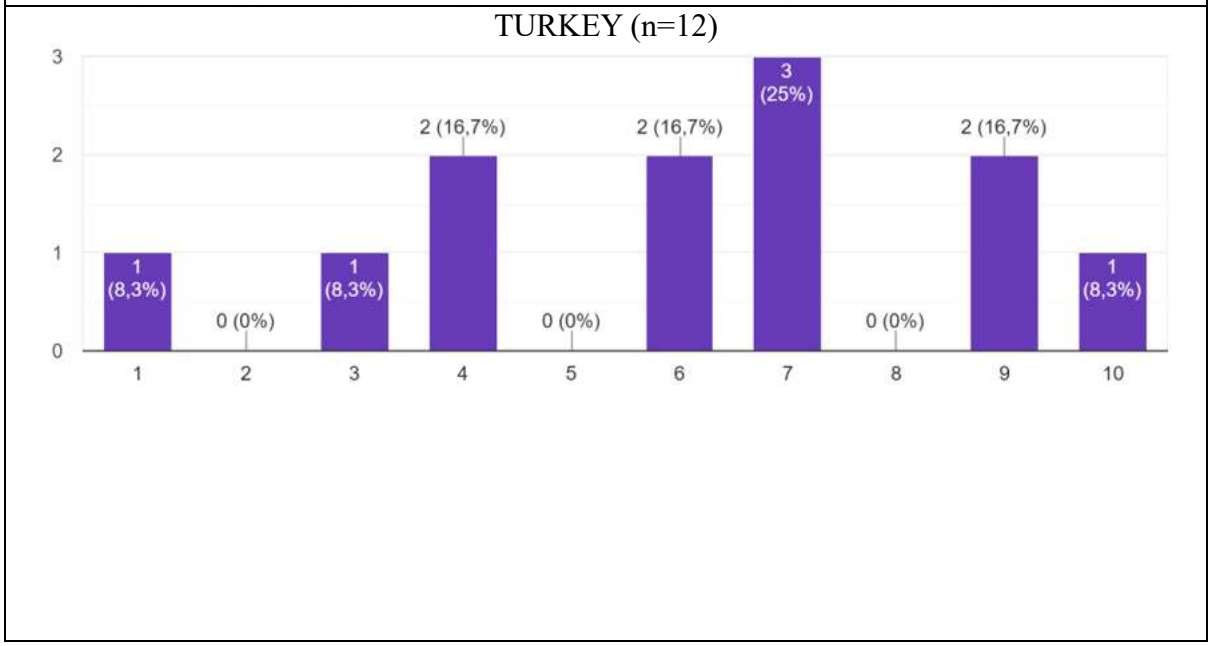
DIMENSION 2: RESOURCES, PROGRAMS AND SERVICES.

7. How do you feel about the availability of resources and services for your family regarding your disability?

Satisfaction with this question ranged between the following values: Bulgaria (5-10), Italy (1-10), Turkey (1-10), Croatia (4-10), Spain (5-9), Slovenia (1-10), and Bosnia (2-9).

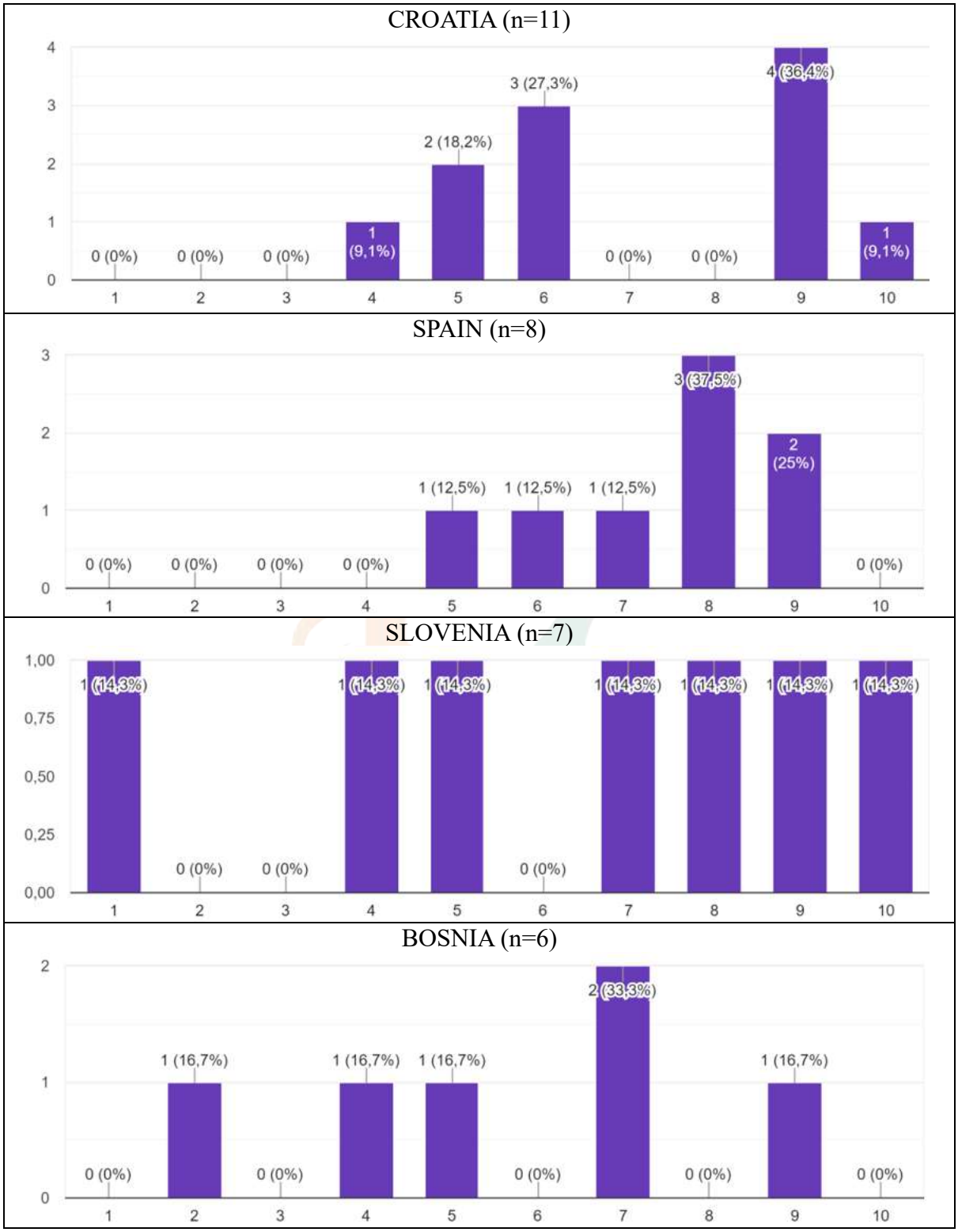






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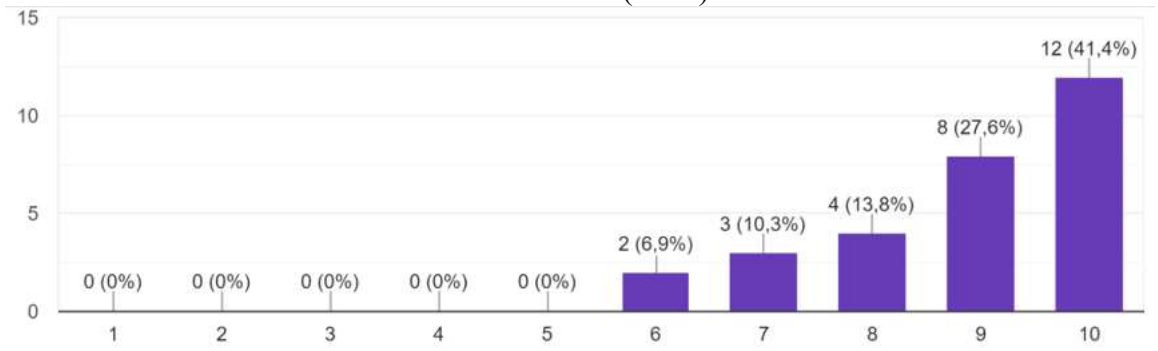


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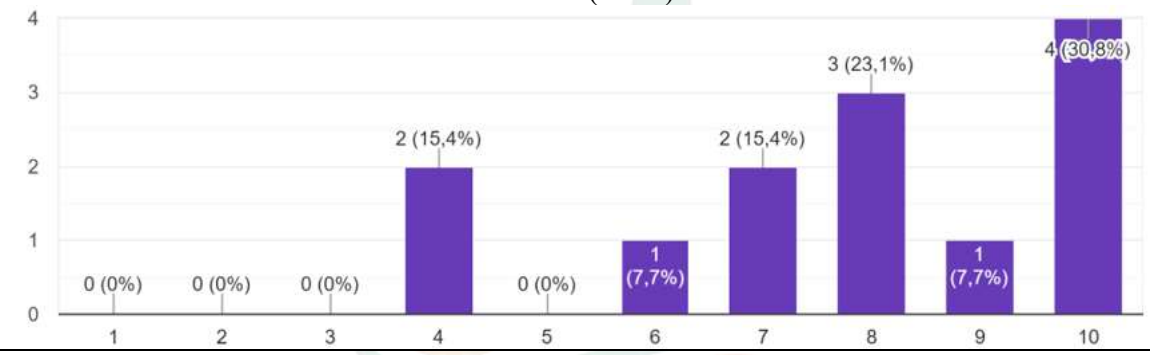
8. How important is the availability of social and emotional support services and programs for families in this situation?

Satisfaction with this question ranged between the following values: Bulgaria (6-10), Italy (4-10), Turkey (6-10), Croatia (6-10), Spain (6-10), Slovenia (7-10), and Bosnia (2-9).

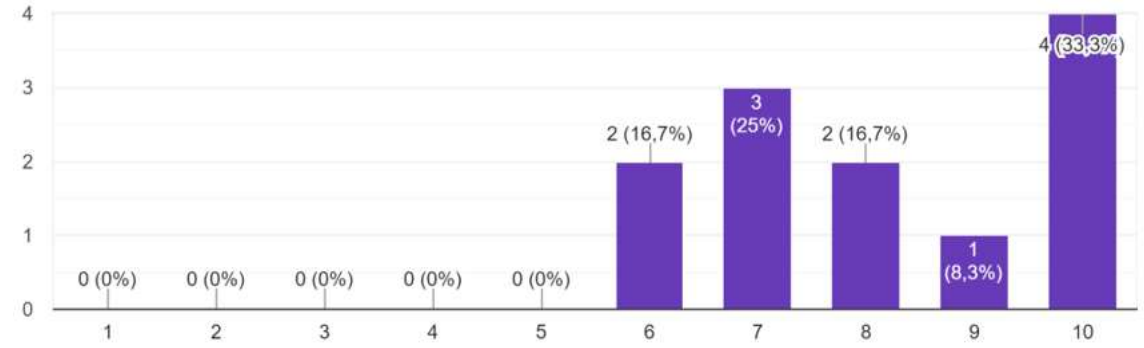
BULGARIA (n=29)



ITALY (n=13)



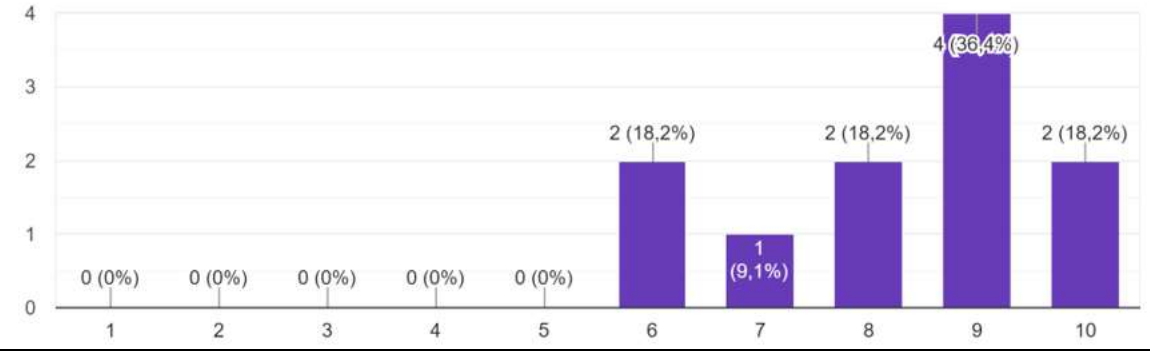
TURKEY (n=12)



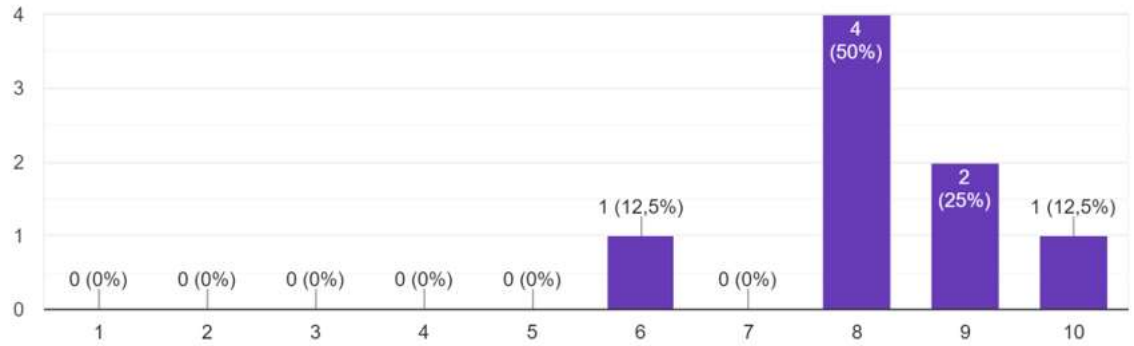
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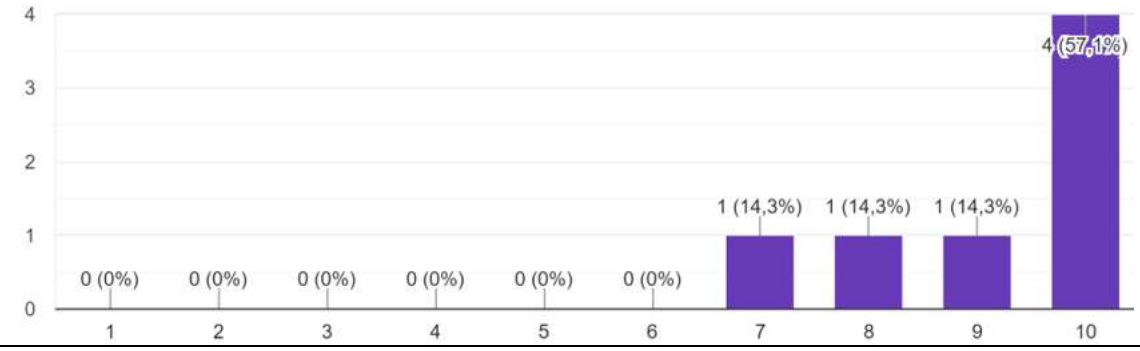
CROATIA (n=11)



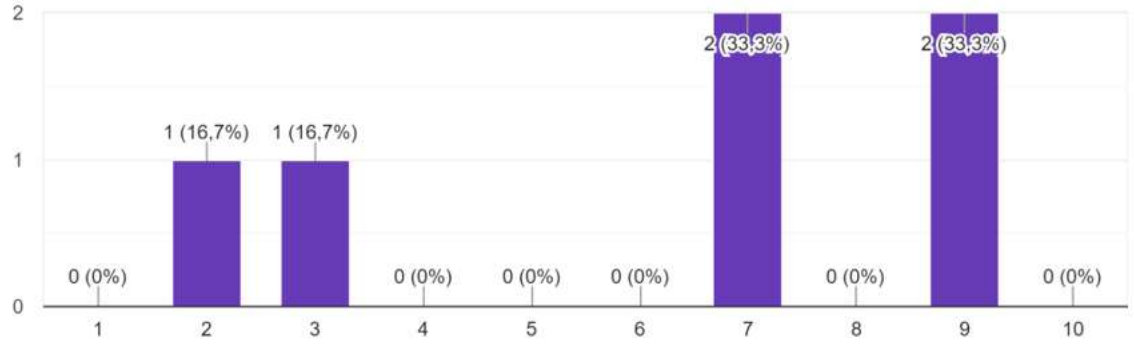
SPAIN (n=8)



SLOVENIA (n=7)



BOSNIA (n=6)

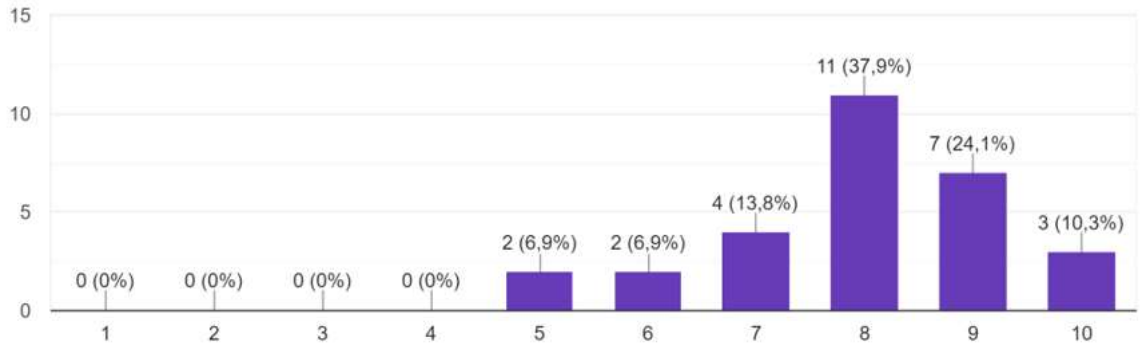


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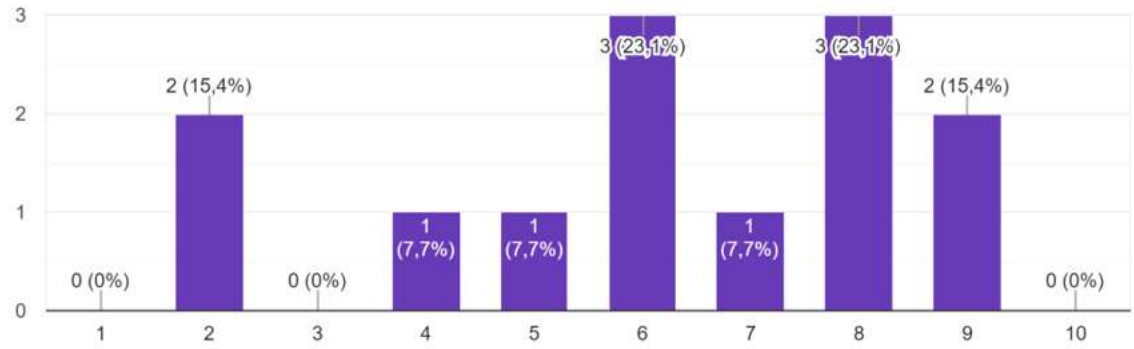
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9. How would you rate the response of these organizations to your queries or requests?
Satisfaction with this question ranged between the following values: Bulgaria (5-10), Italy (2-9), Turkey (4-10), Croatia (6-10), Spain (6-10), Slovenia (1-10), and Bosnia (4-10).

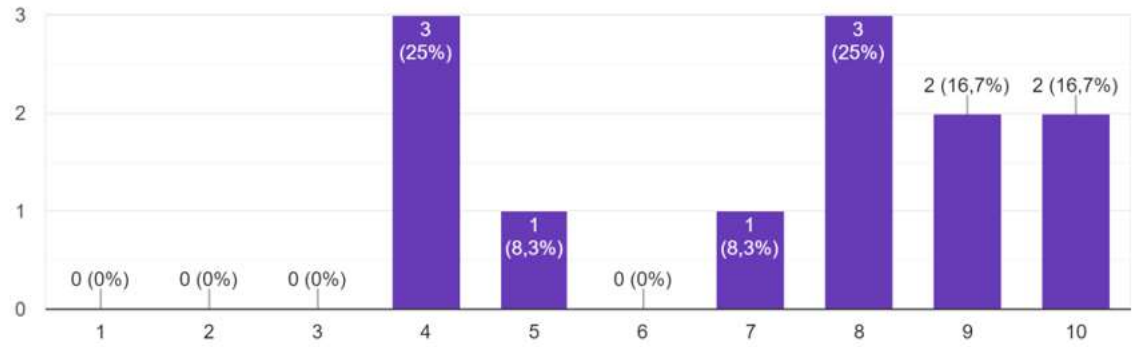
BULGARIA (n=29)



ITALY (n=13)

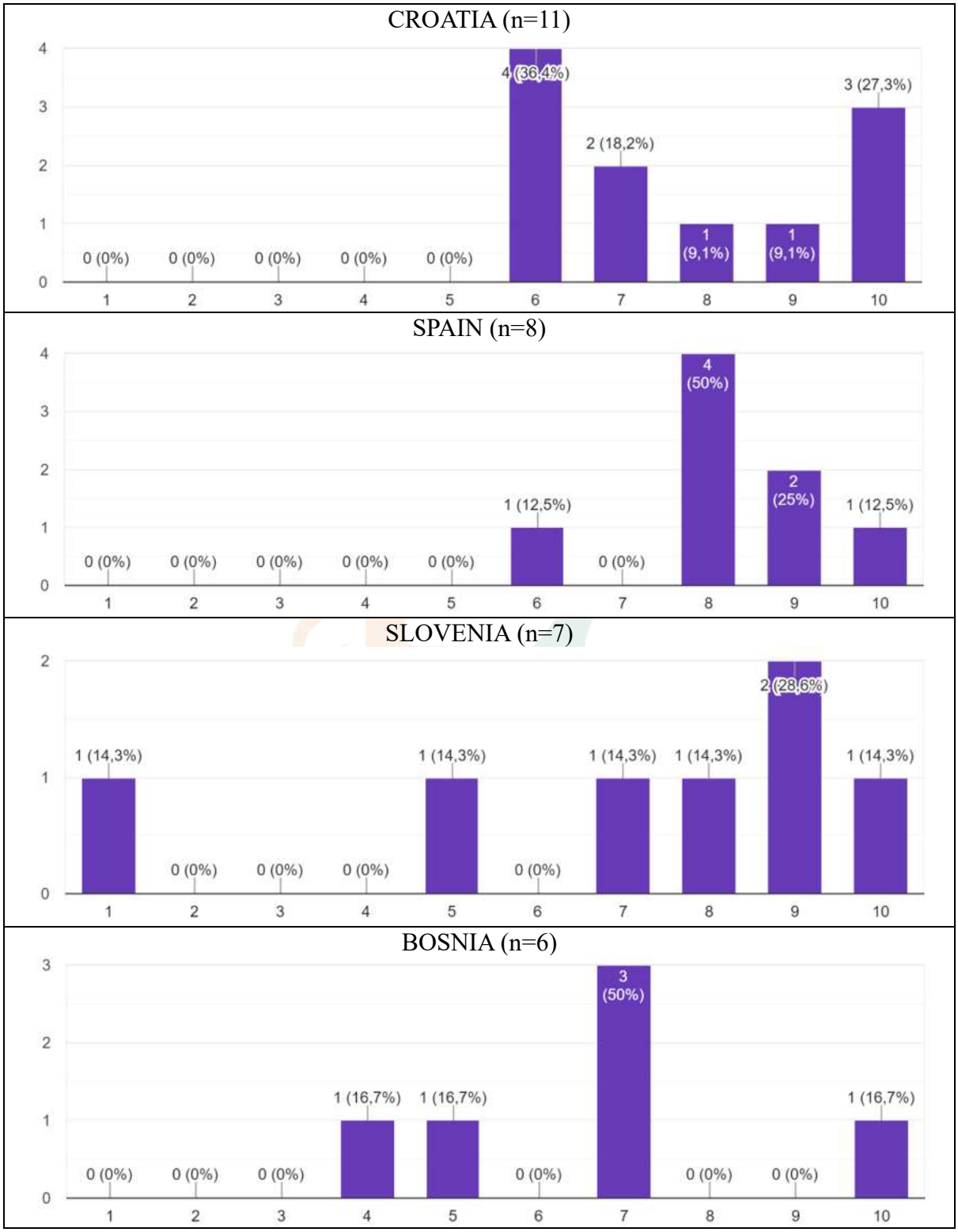


TURKEY (n=12)



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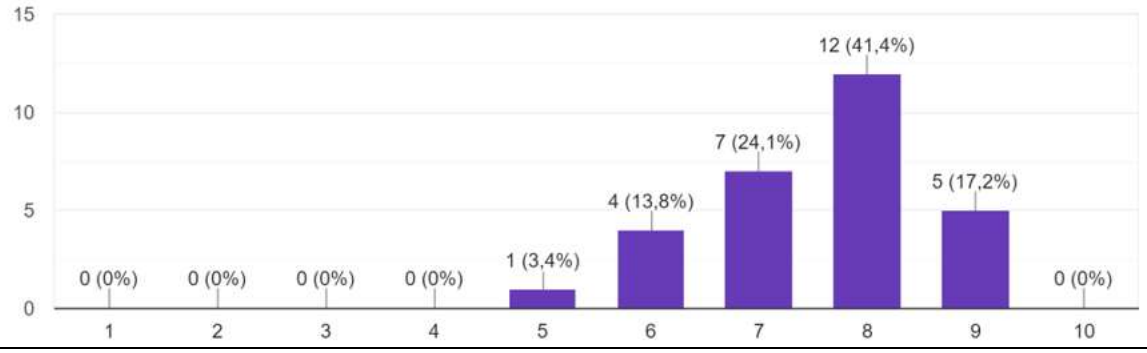
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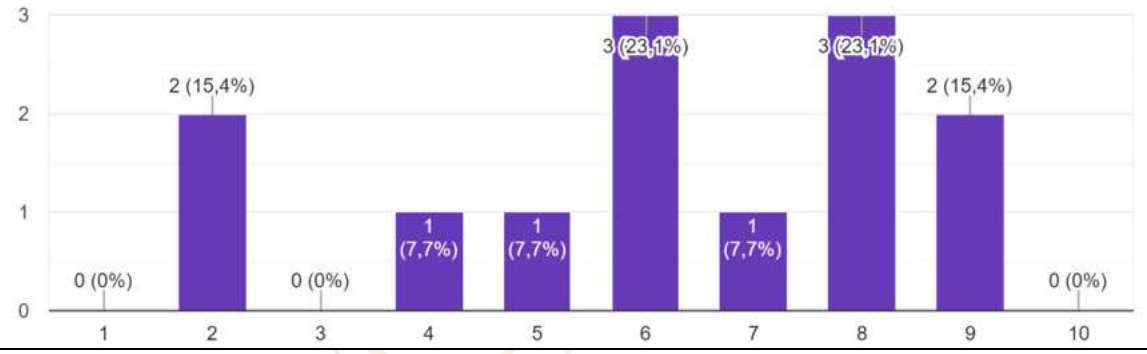
10. And what about the promptness in responding to your queries?

Satisfaction with this question ranged between the following values: Bulgaria (5-9), Italy (2-9), Turkey (4-10), Croatia (5-9), Spain (6-10), Slovenia (1-10), and Bosnia (4-10).

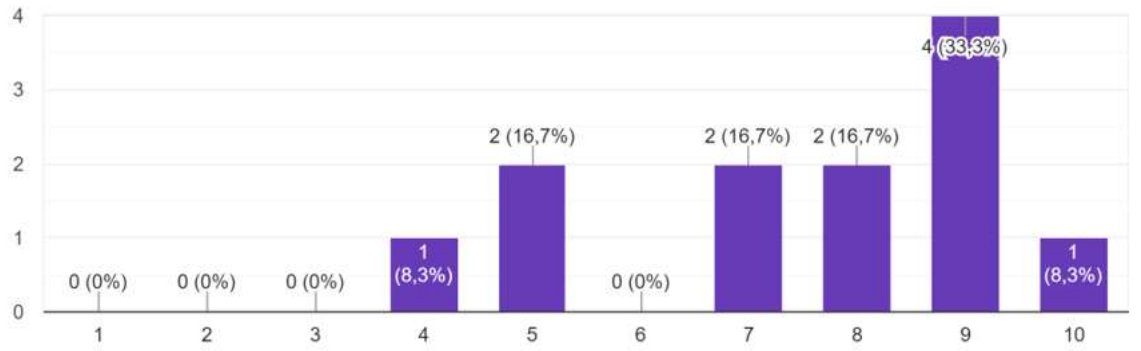
BULGARIA (n=29)



ITALY (n=13)

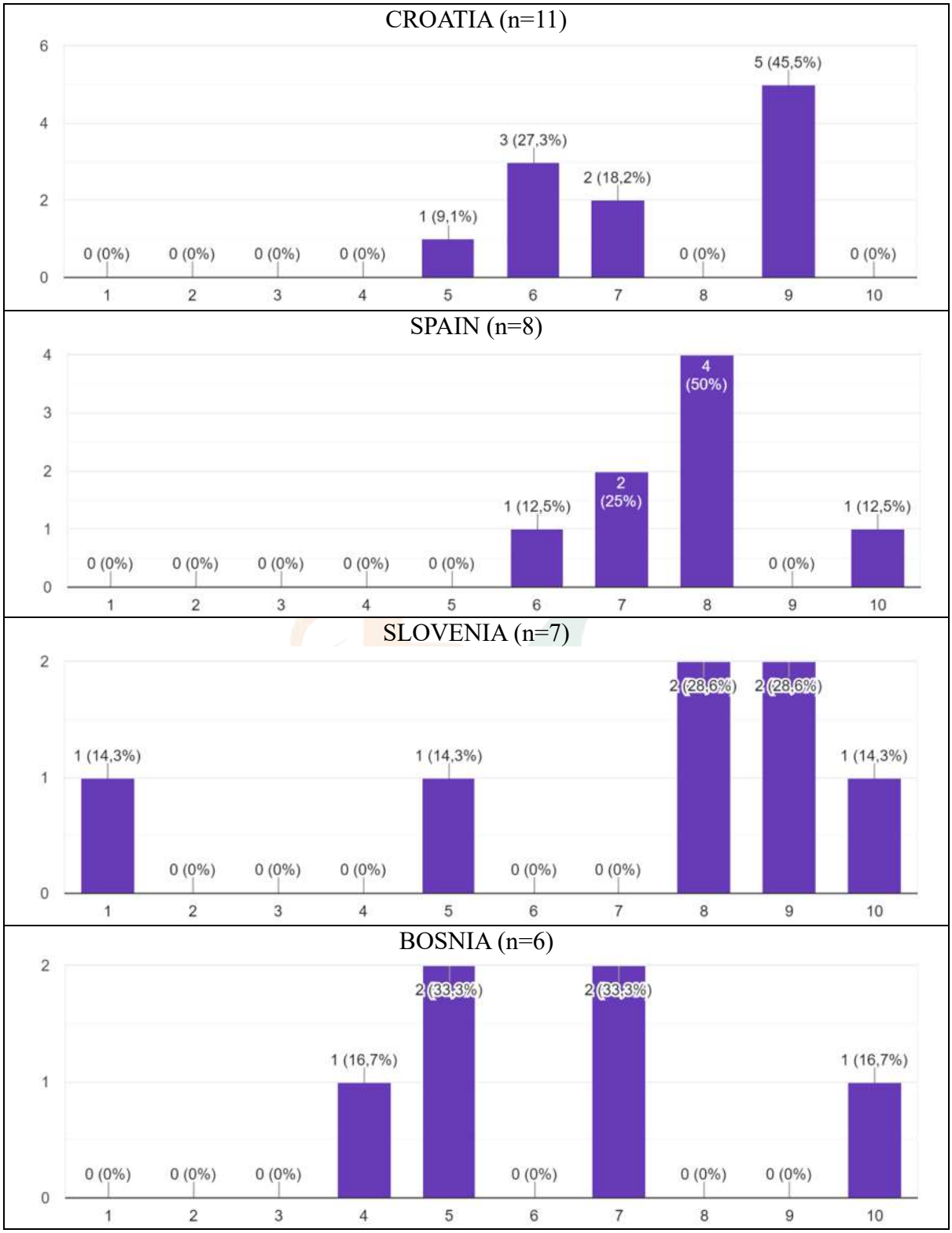


TURKEY (n=12)



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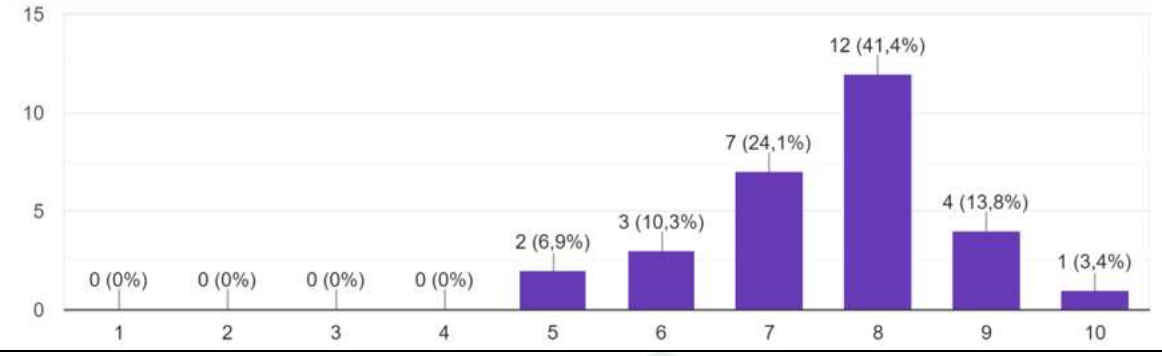
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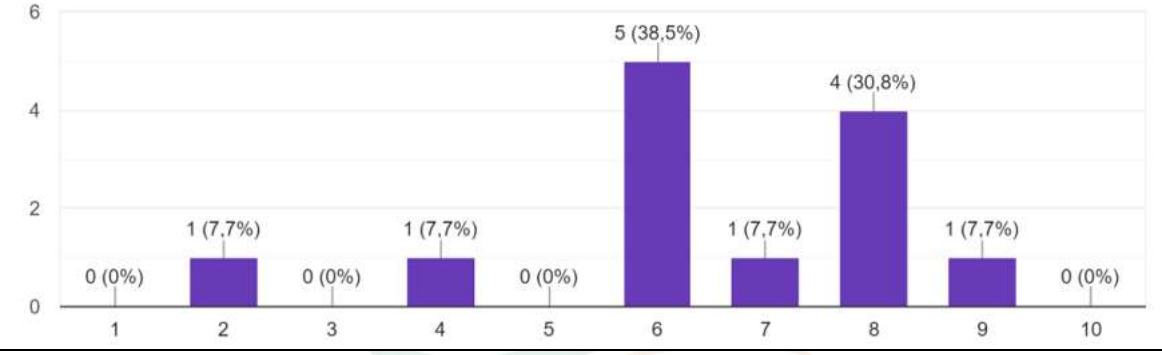
11. Do you consider the information materials provided by these organizations clear, attractive, relevant and up-to-date?

Satisfaction with this question ranged between the following values: Bulgaria (5-10), Italy (2-9), Turkey (4-10), Croatia (4-10), Spain (5-10), Slovenia (4-10), and Bosnia (3-9).

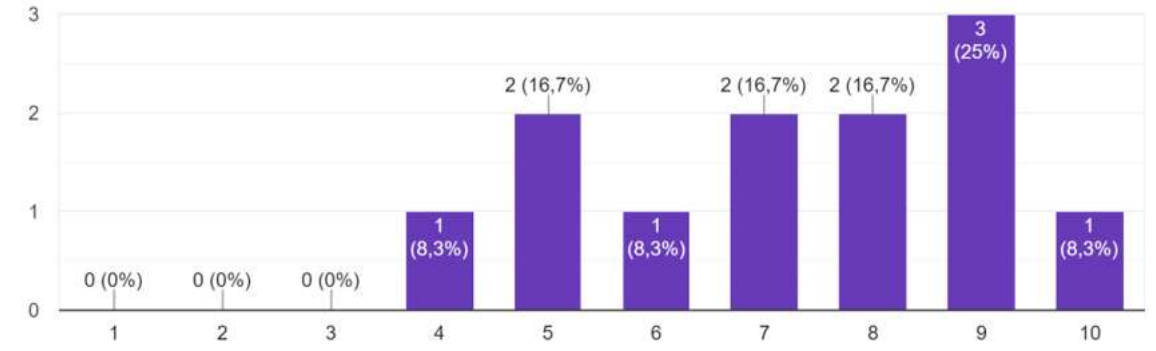
BULGARIA (n=29)



ITALY (n=13)

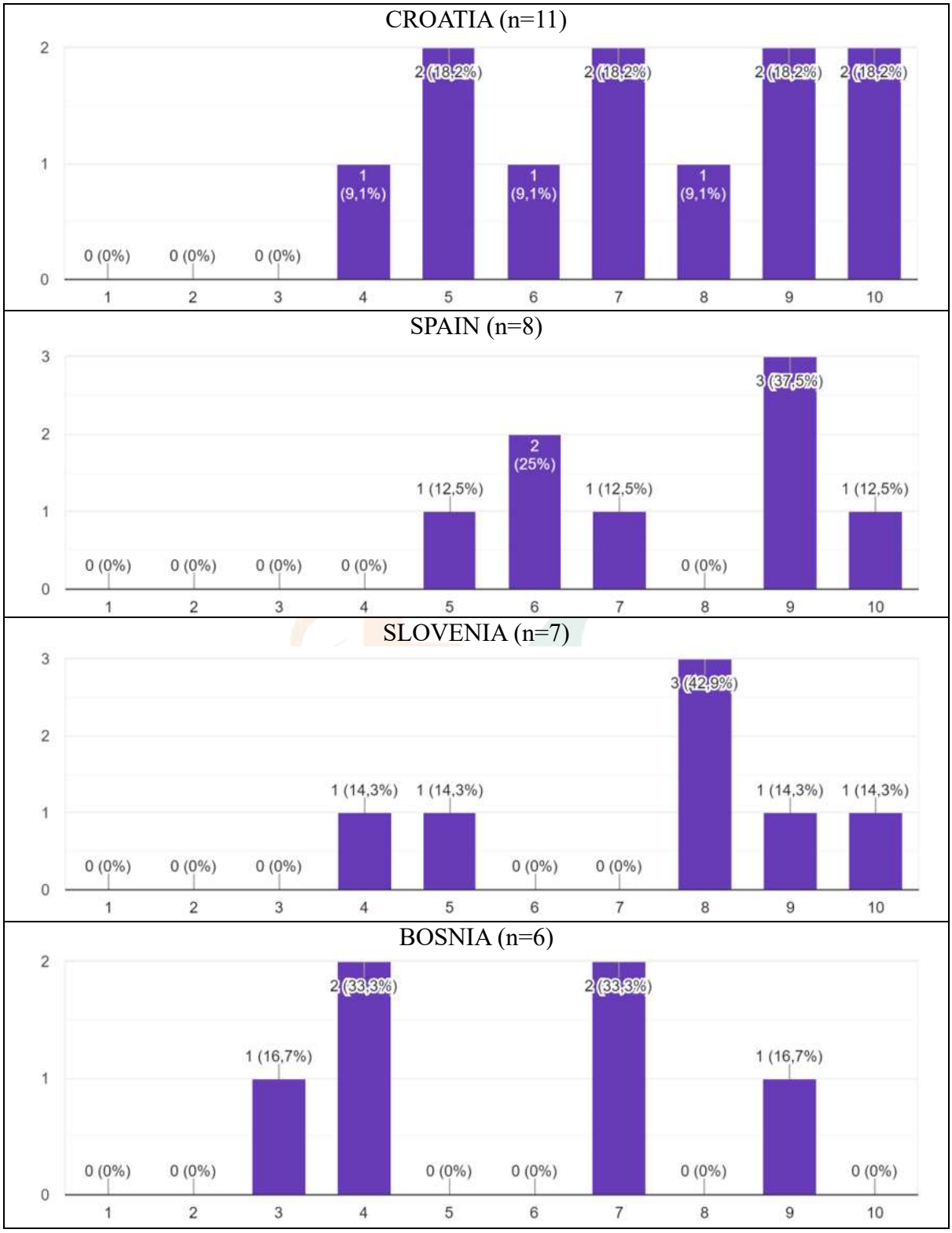


TURKEY (n=12)



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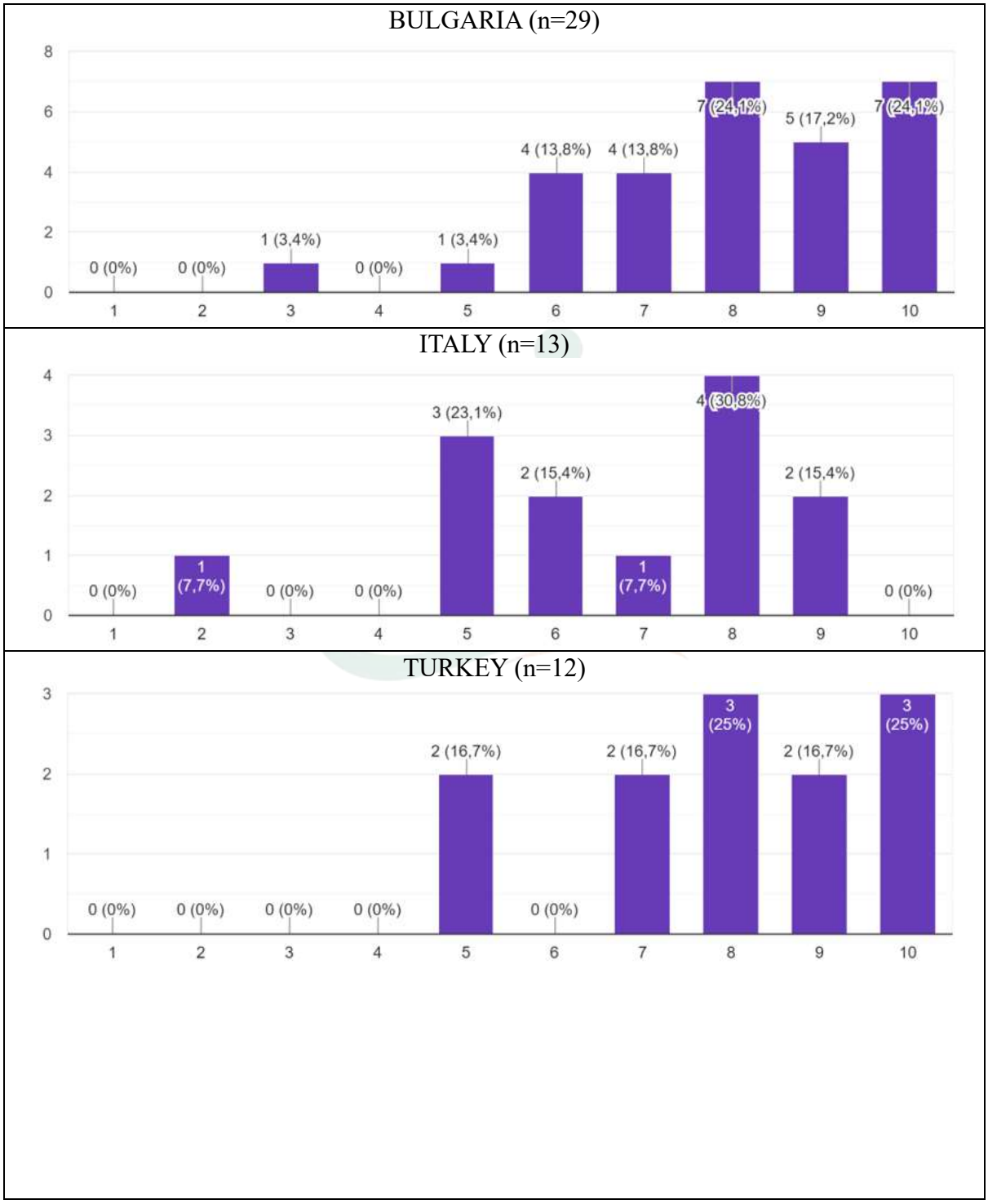


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12. How would you rate the inclusion of families' opinions and experiences in the design of programs and services?

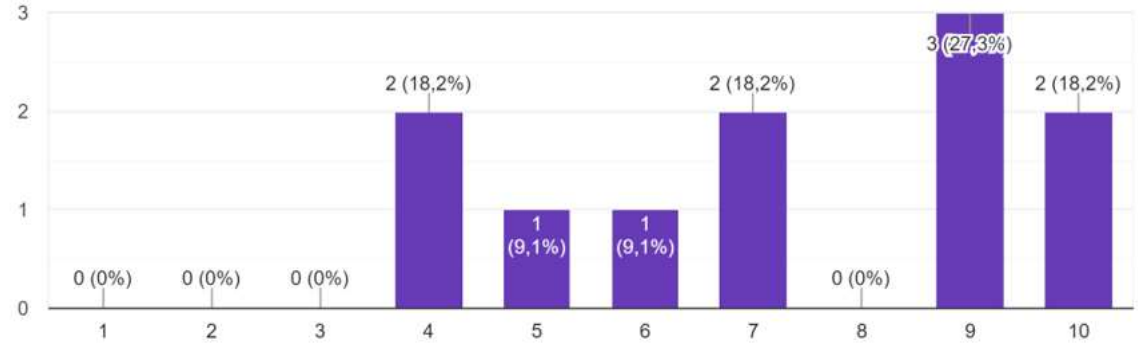
Satisfaction with this question ranged between the following values: Bulgaria (3-10), Italy (2-9), Turkey (5-10), Croatia (4-10), Spain (4-10), Slovenia (3-8), and Bosnia (2-8).



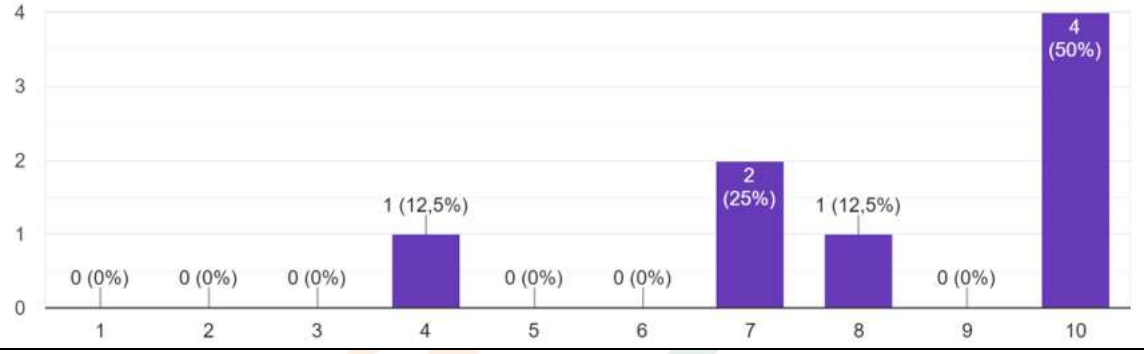
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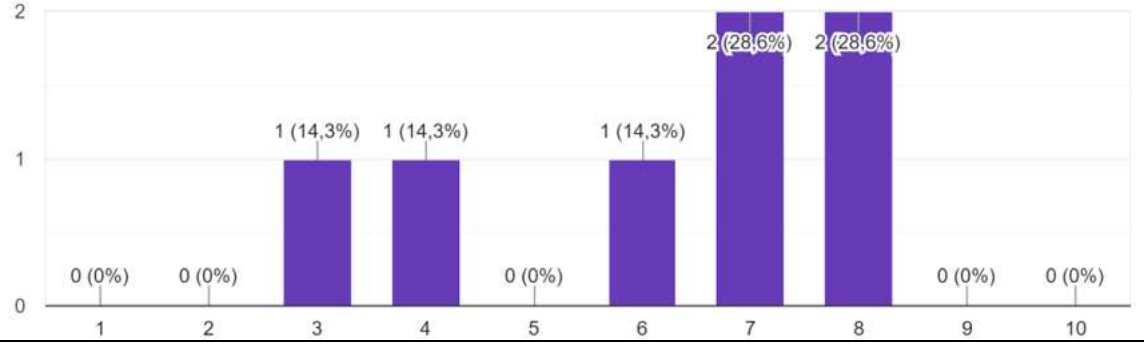
CROATIA (n=11)



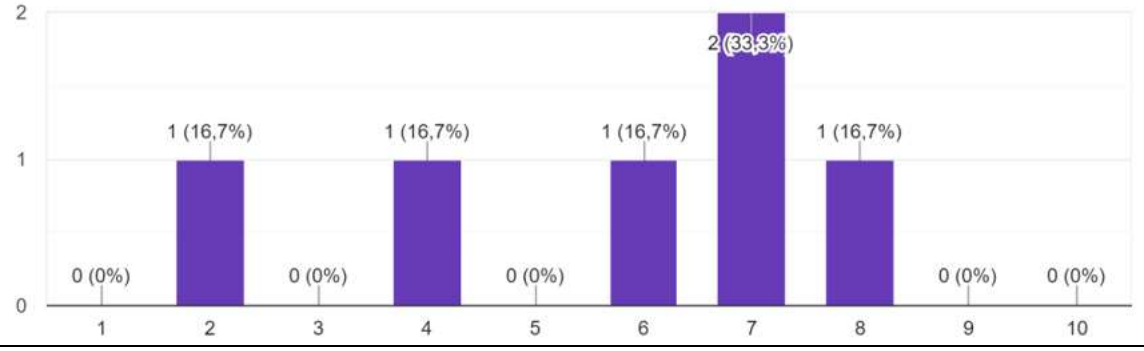
SPAIN (n=8)



SLOVENIA (n=7)



BOSNIA (n=6)



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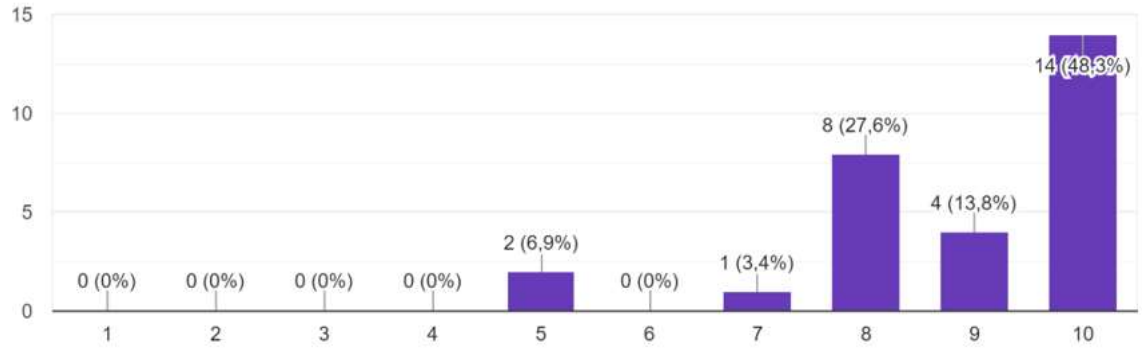
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DIMENSION 3: TRAINING AND CAPACITATION.

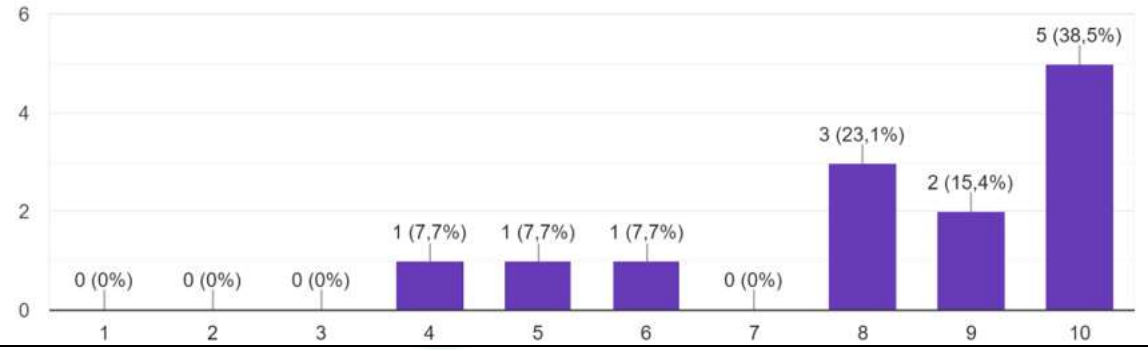
13. How important is the need for training or education for families with members with disabilities?

Satisfaction with this question ranged between the following values: Bulgaria (5-10), Italy (4-10), Turkey (3-10), Croatia (7-10), Spain (7-10), Slovenia (7-10), and Bosnia (6-10).

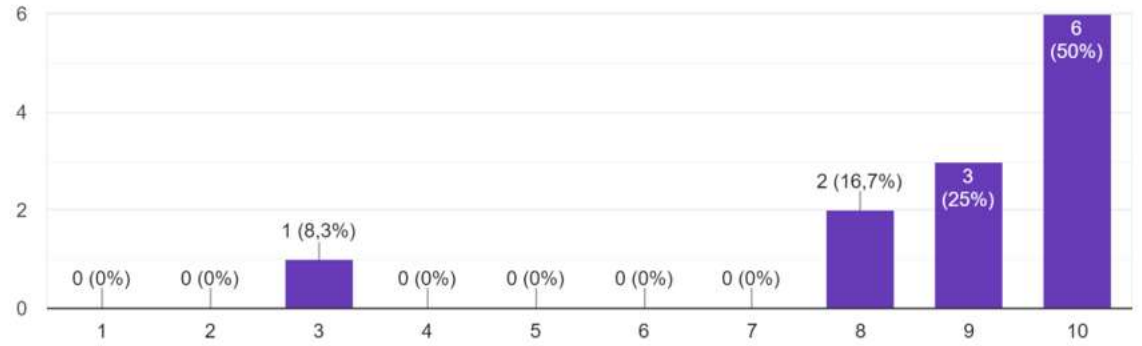
BULGARIA (n=29)



ITALY (n=13)

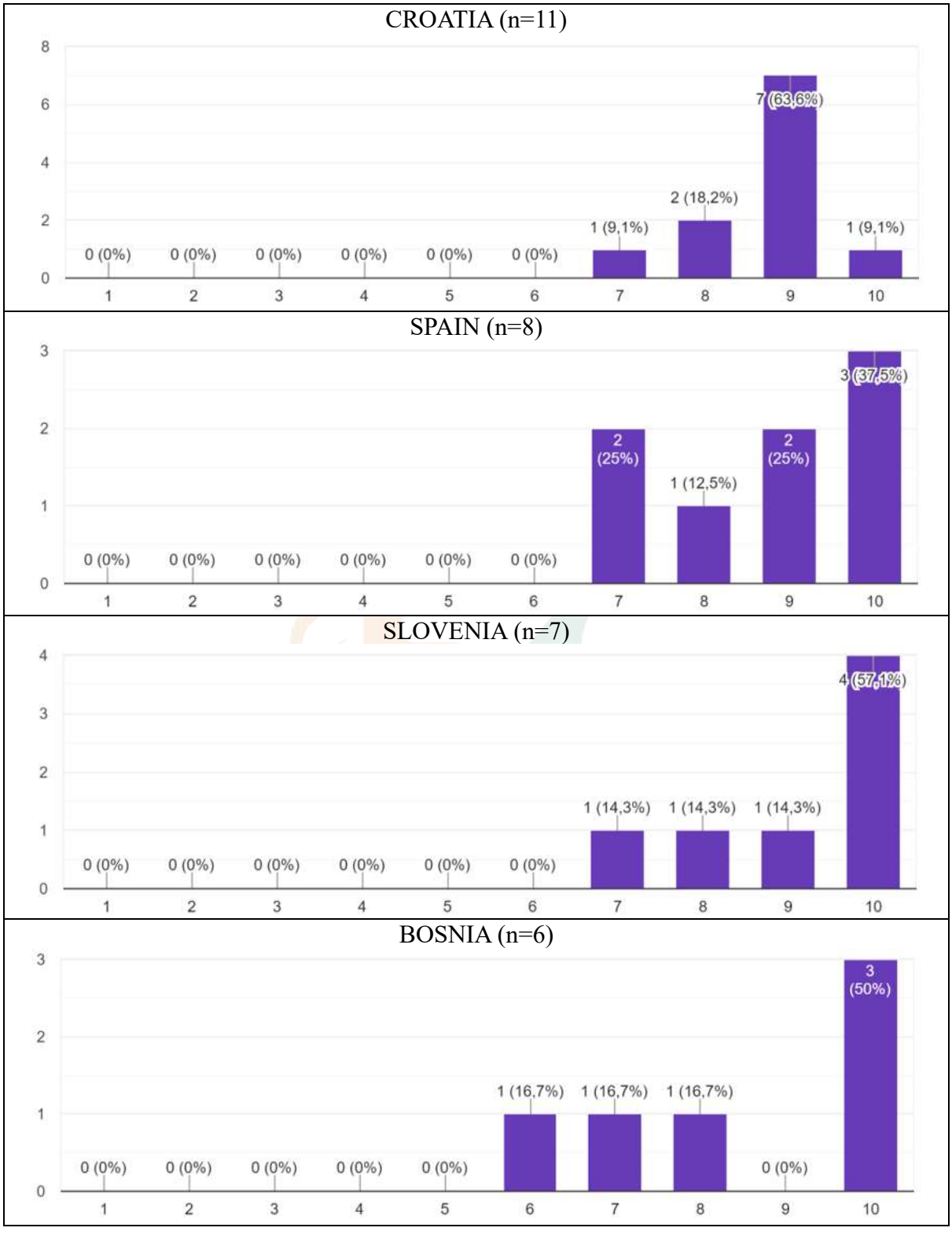


TURKEY (n=12)



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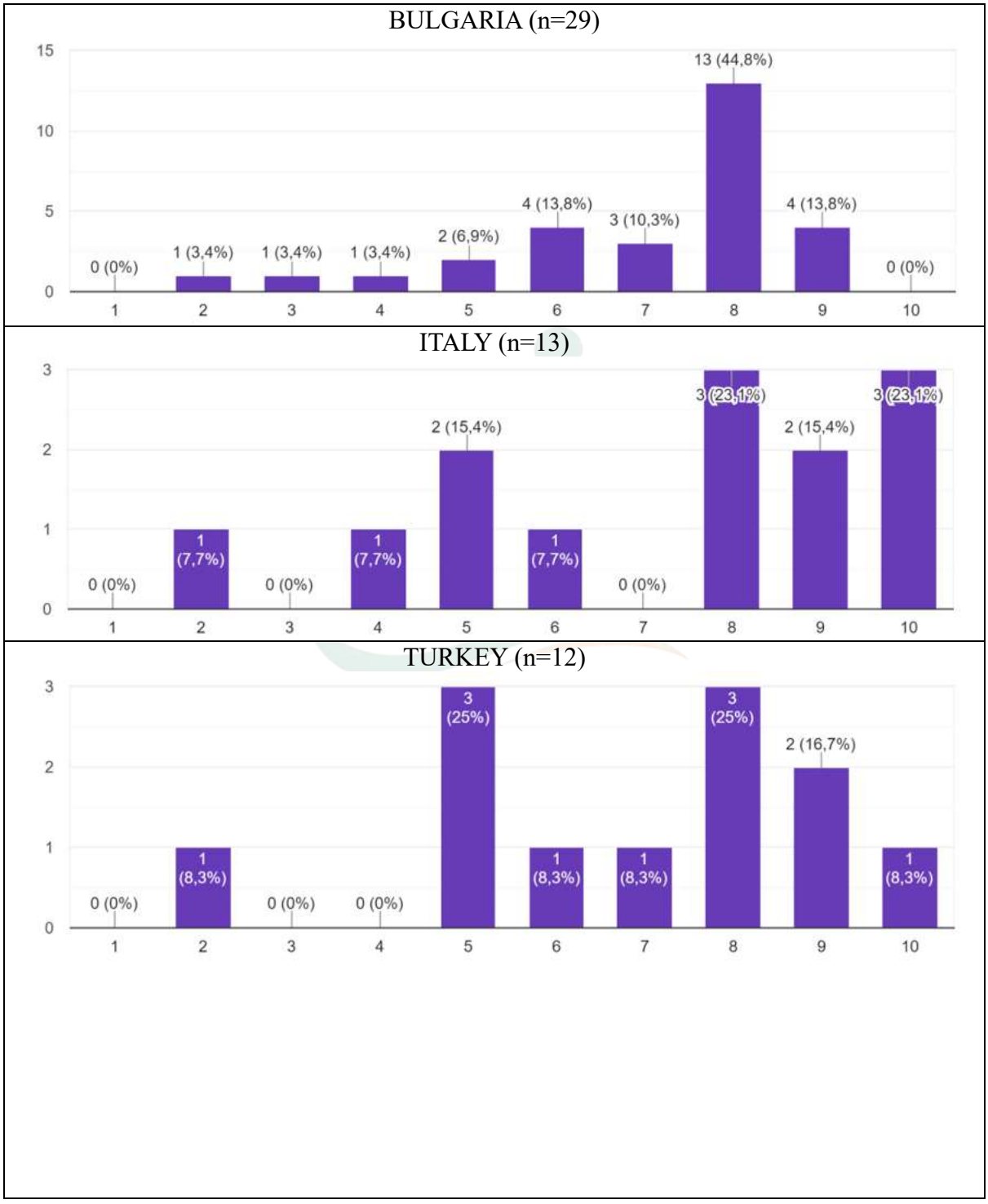


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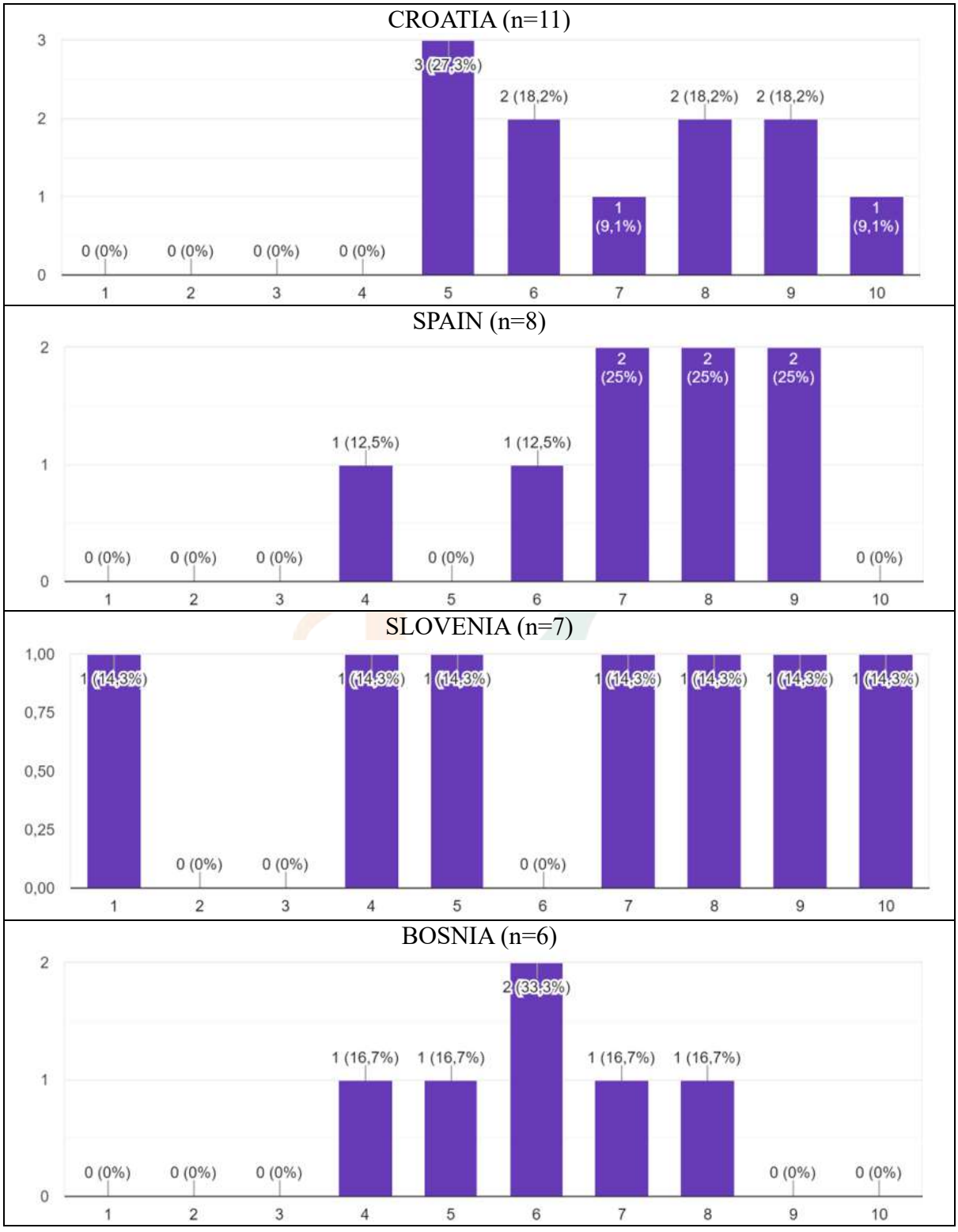
14. Do you think the current training and education of the various professionals in organizations is sufficient?

Satisfaction with this question ranged between the following values: Bulgaria (2-9), Italy (2-10), Turkey (2-10), Croatia (5-10), Spain (5-9), Slovenia (1-10), and Bosnia (4-8).



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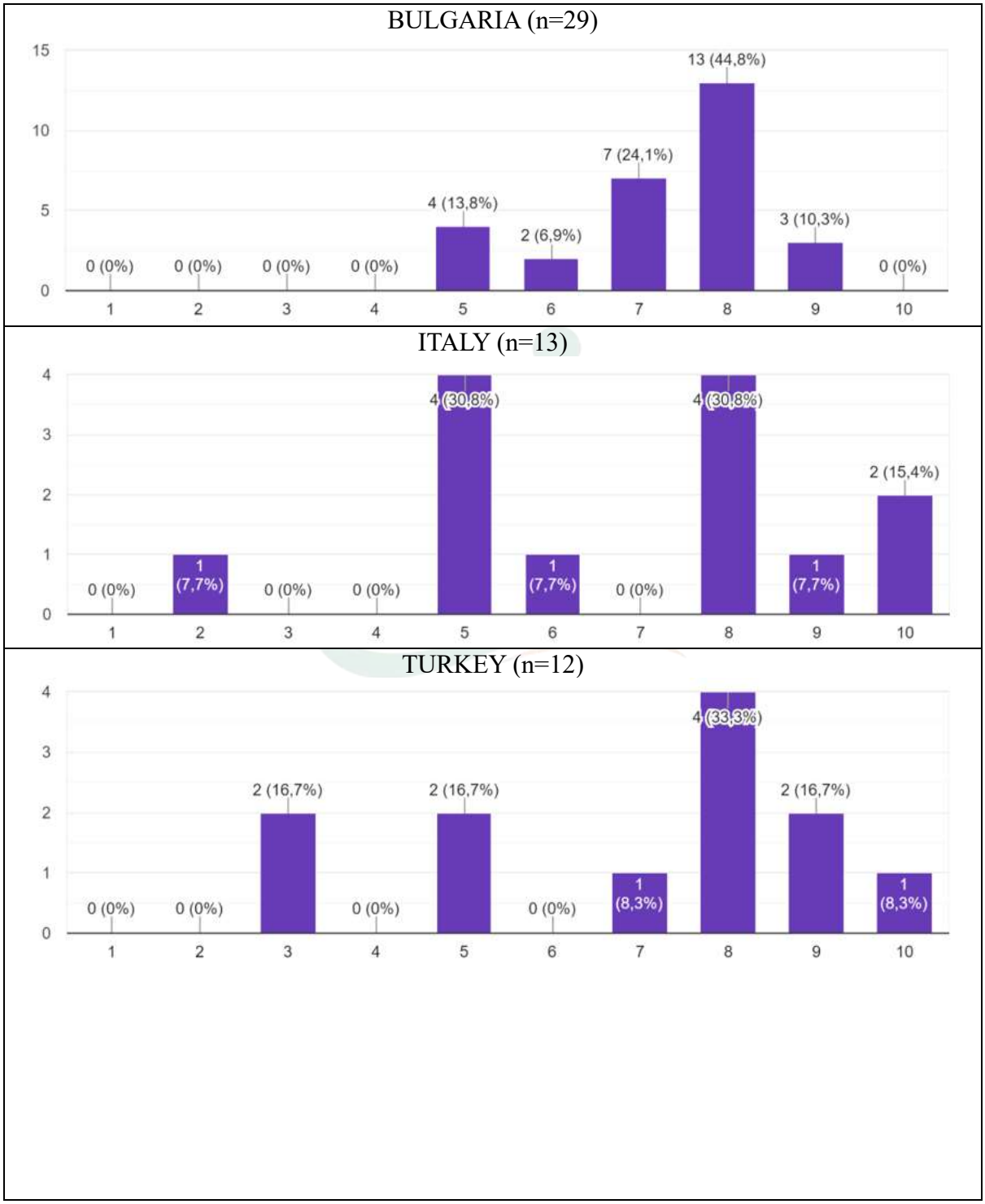


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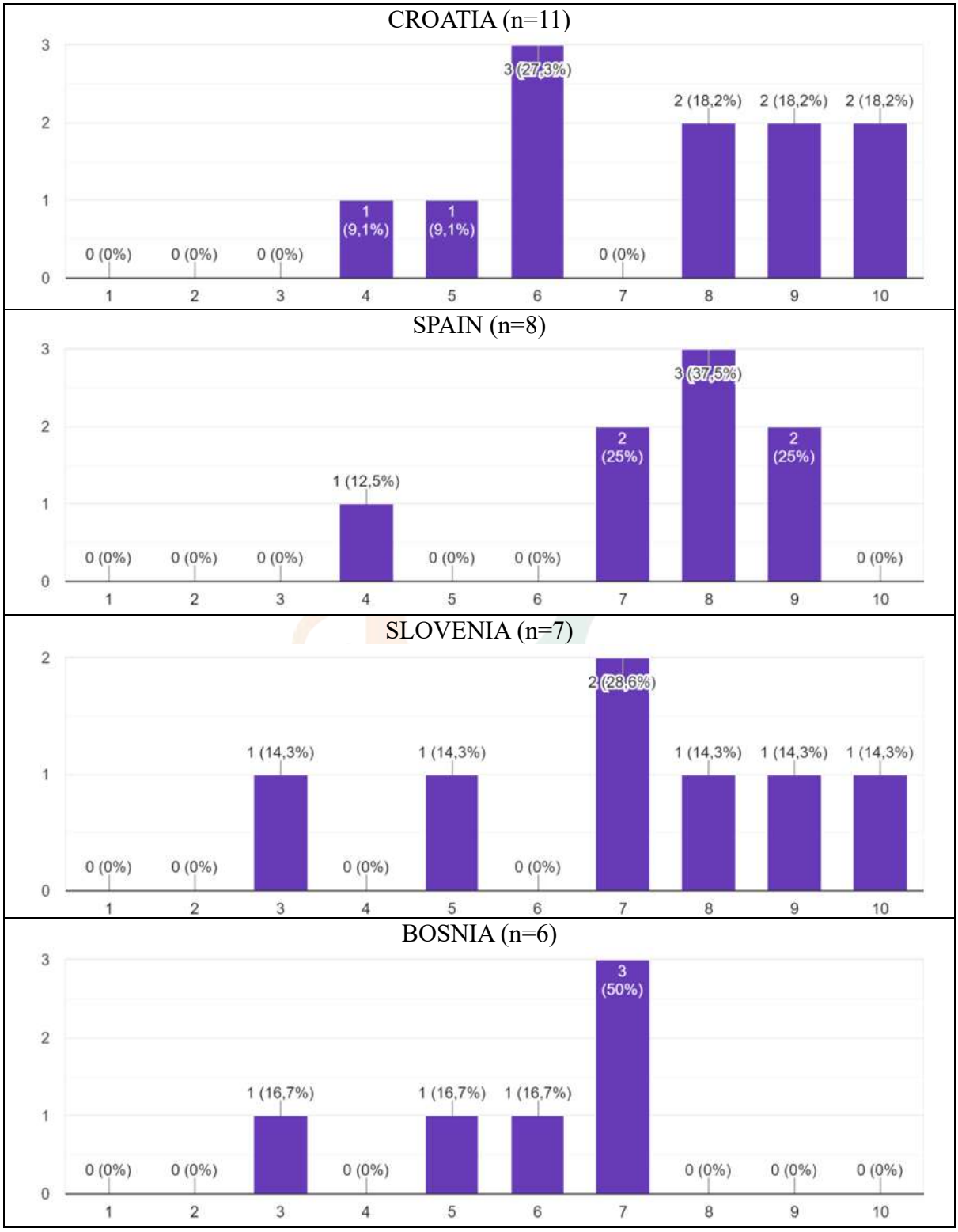
15. Do you consider the training materials provided by these organizations to be clear, coherently structured, relevant and up-to-date?

Satisfaction with this question ranged between the following values: Bulgaria (5-9), Italy (2-10), Turkey (3-10), Croatia (4-10), Spain (4-9), Slovenia (3-10), and Bosnia (3-7).



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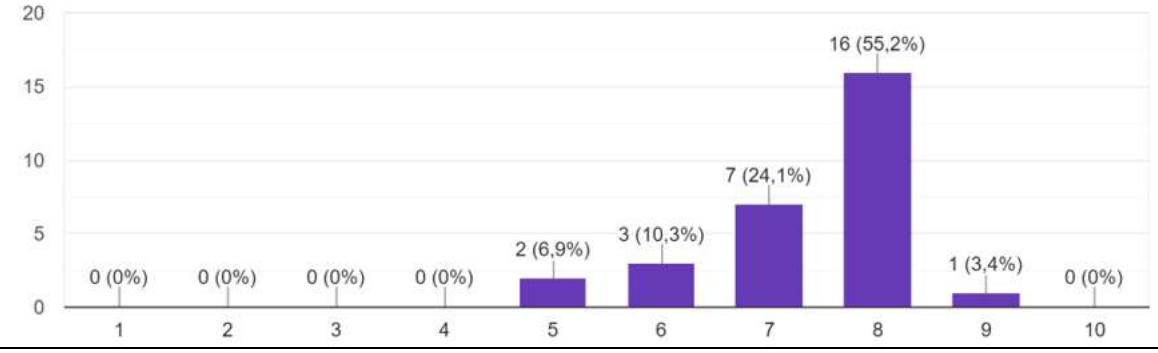
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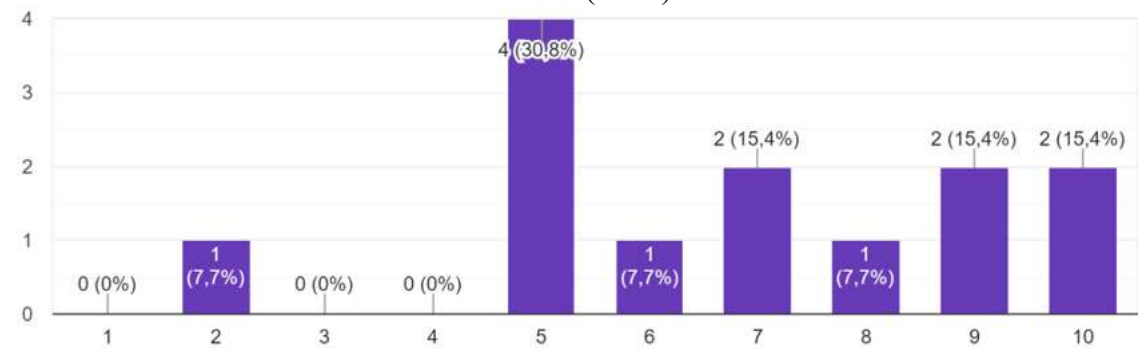
16. Are they adaptable and personalized?

Satisfaction with this question ranged between the following values: Bulgaria (5-9), Italy (2-10), Turkey (2-10), Croatia (4-9), Spain (4-8), Slovenia (3-9), and Bosnia (3-7).

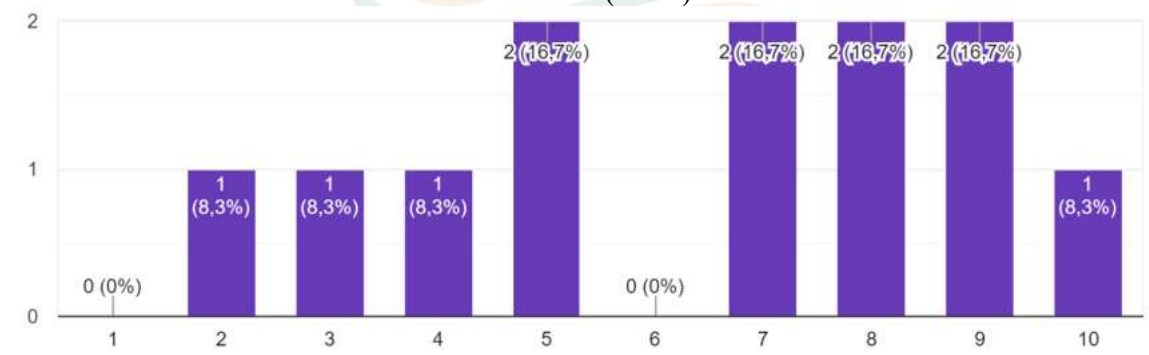
BULGARIA (n=29)



ITALY (n=13)

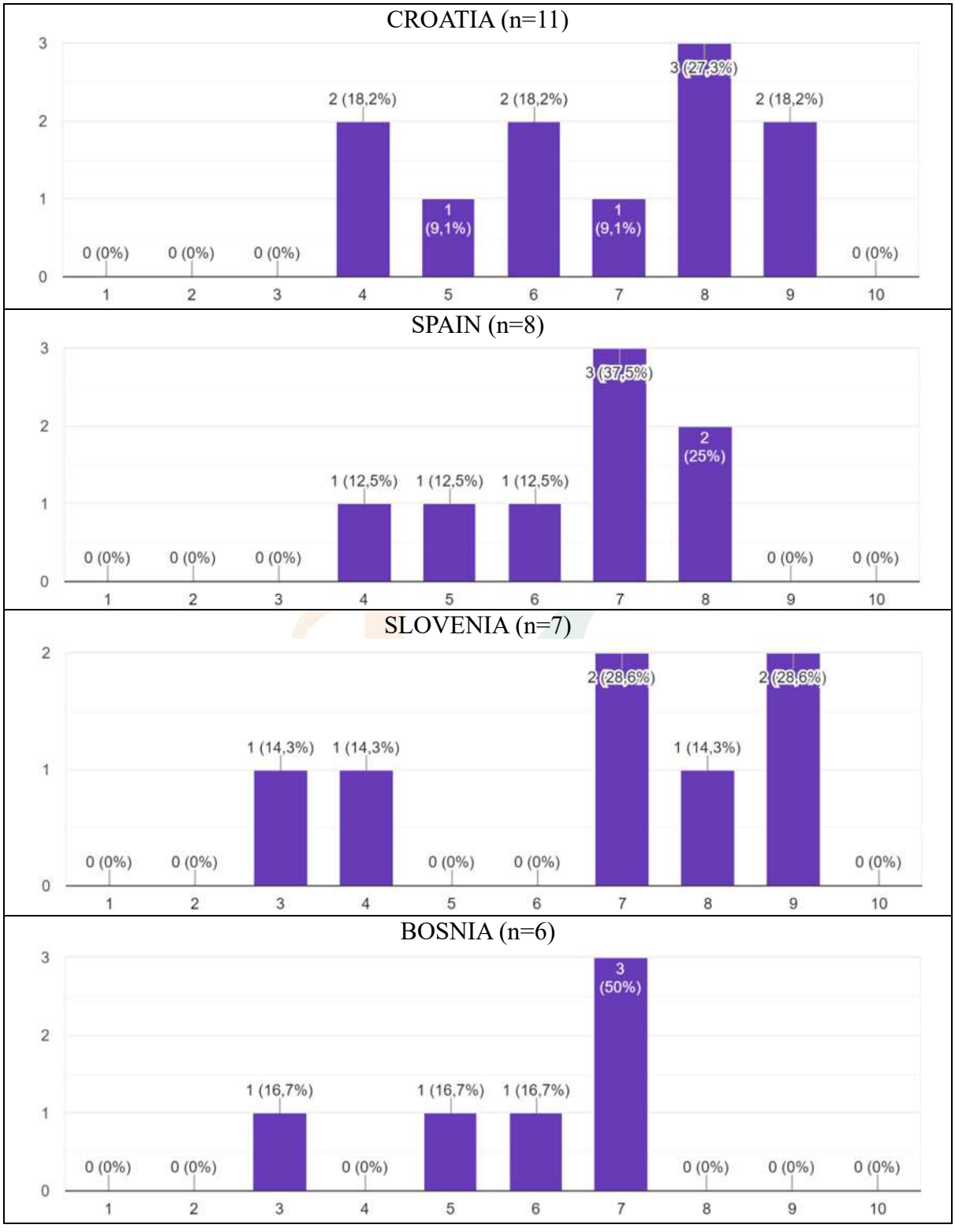


TURKEY (n=12)



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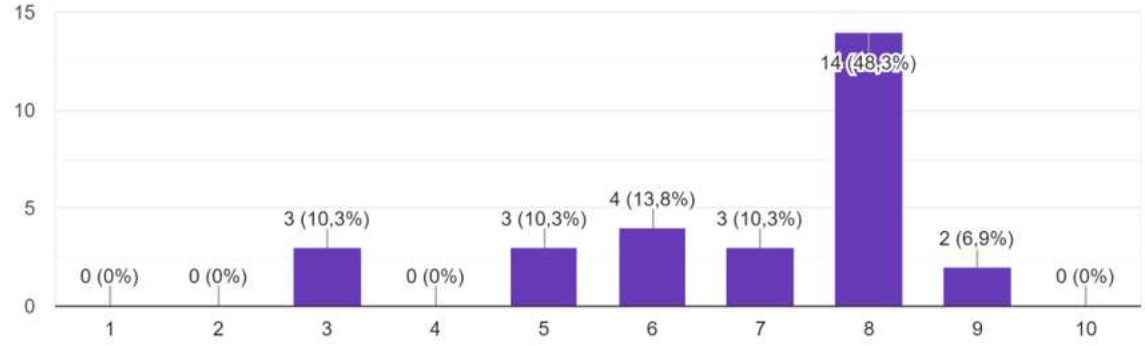
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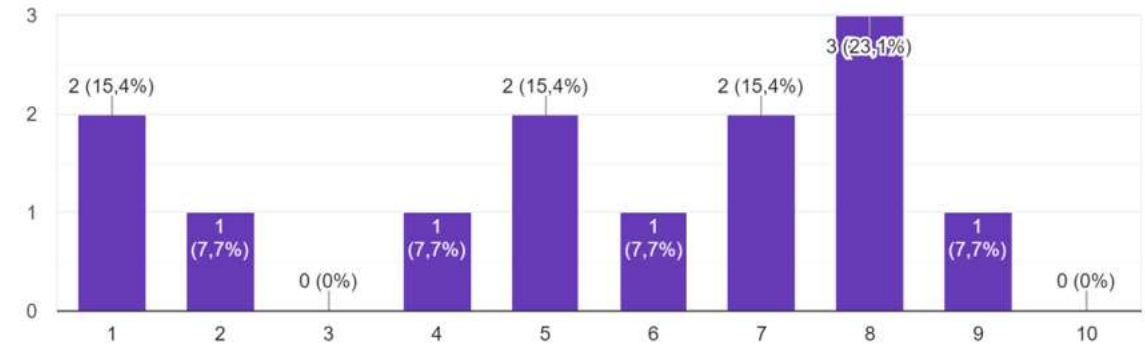
Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

17. Do you think the current training and education of families is sufficient?
Satisfaction with this question ranged between the following values: Bulgaria (3-9), Italy (1-9), Turkey (1-9), Croatia (4-10), Spain (5-9), Slovenia (1-8), and Bosnia (3-9).

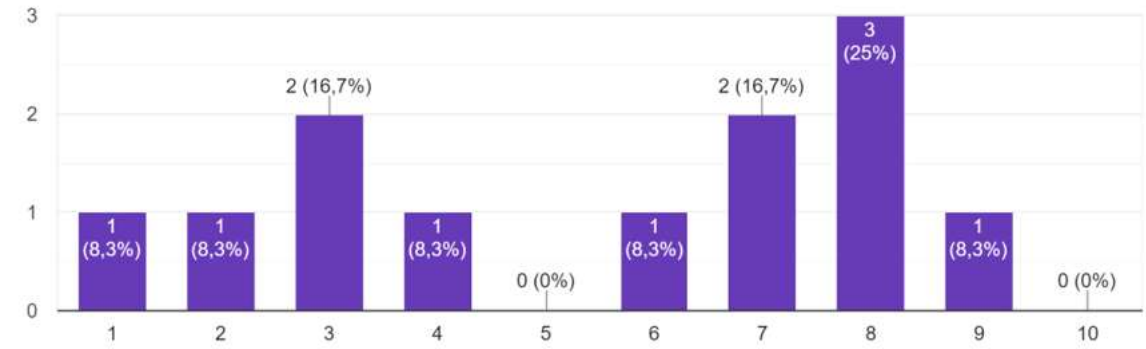
BULGARIA (n=29)



ITALY (n=13)

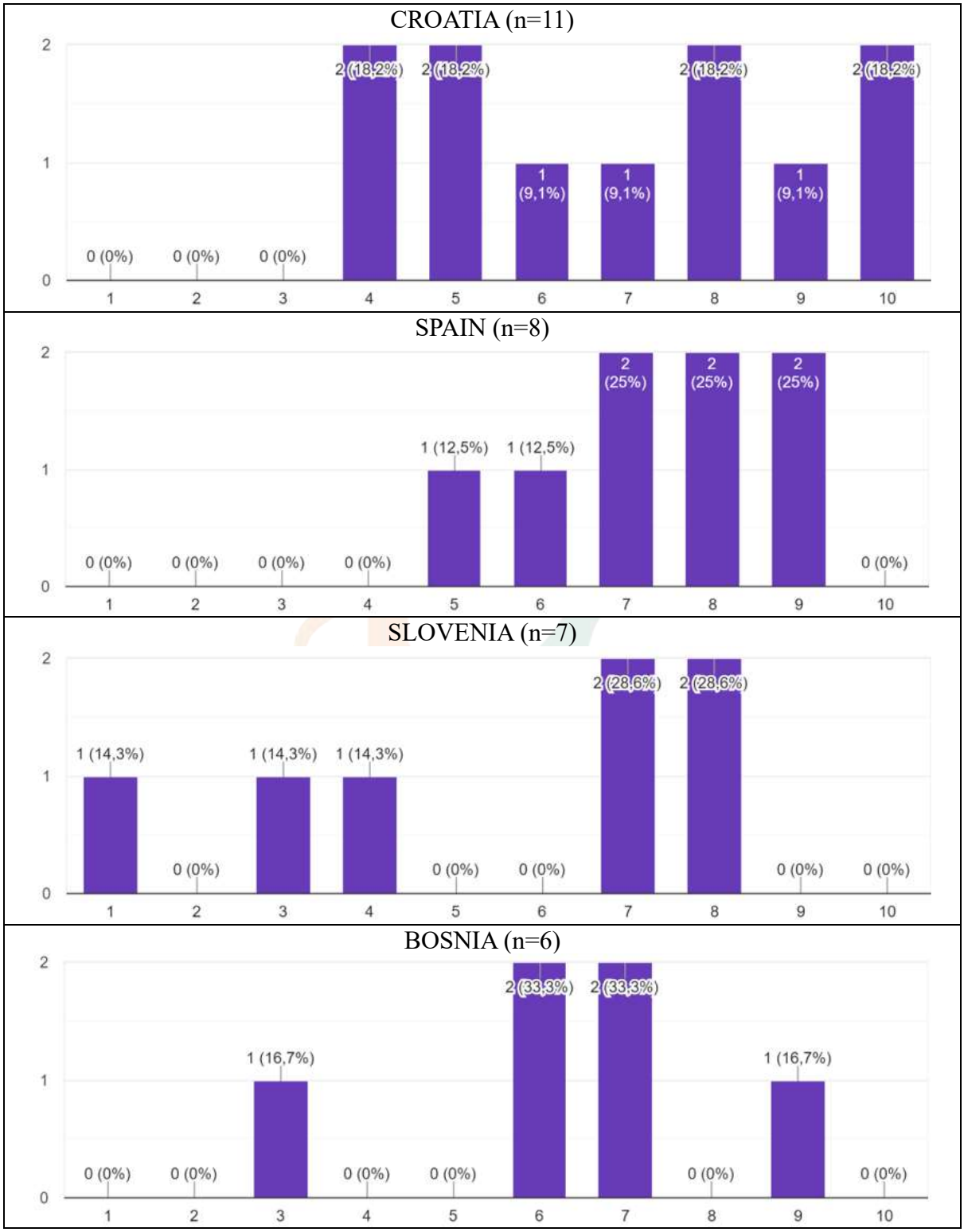


TURKEY (n=12)



Co-funded by the European Union

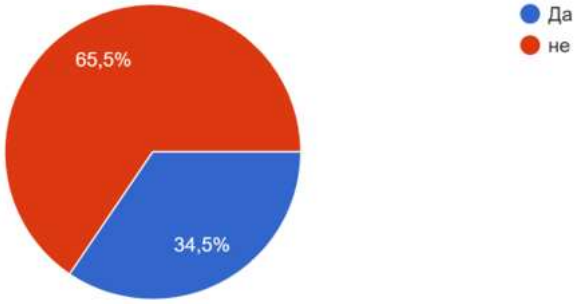
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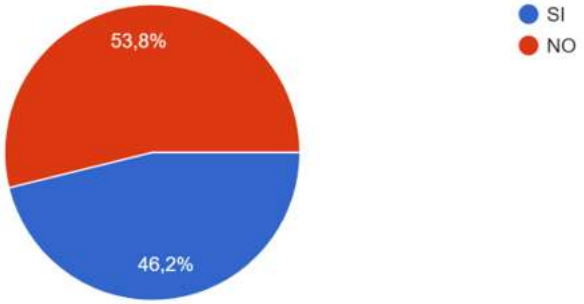
Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

18. Have you or any member of your family participated in workshops, conferences or other training activities organized by organizations that support people with disabilities?
The percentage of people in the sample who participated in training activities was as follows: Bulgaria (34.5%), Italy (46.2%), Turkey (66.7%), Croatia (63.6%), Spain (87.5%), Slovenia (71.4%), and Bosnia (83.3%).

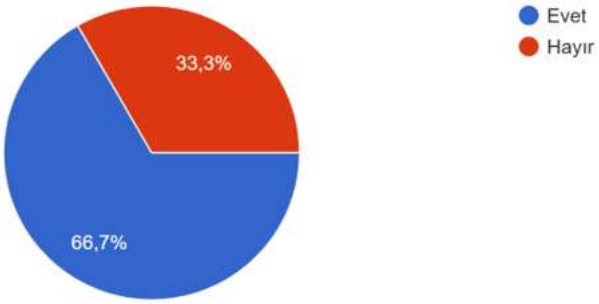
BULGARIA (n=29)



ITALY (n=13)



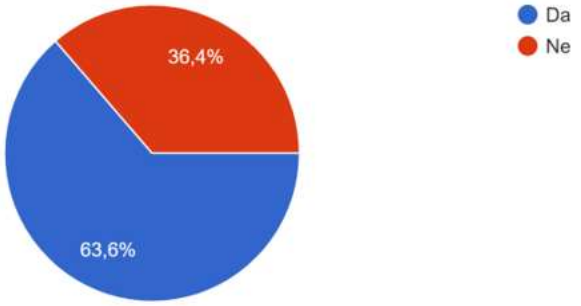
TURKEY (n=12)



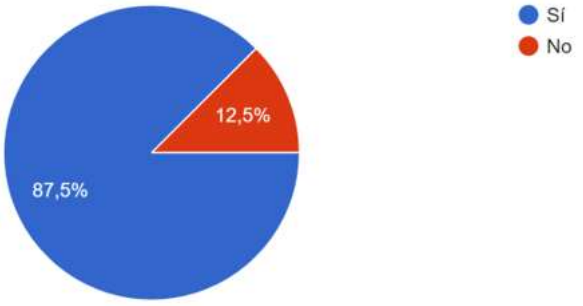
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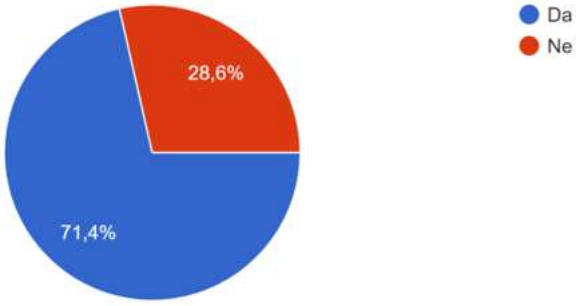
CROATIA (n=11)



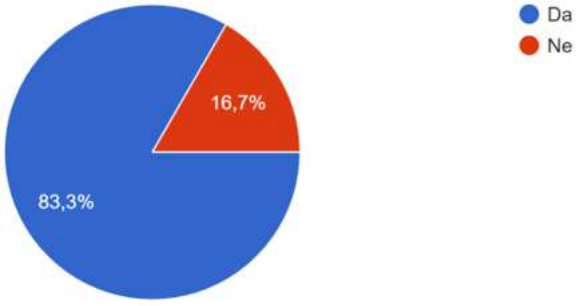
SPAIN (n=8)



SLOVENIA (n=7)



BOSNIA (n=6)



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DIMENSION 4: COORDINATION, TRANSPARENCY, MONITORING AND SATISFACTION.

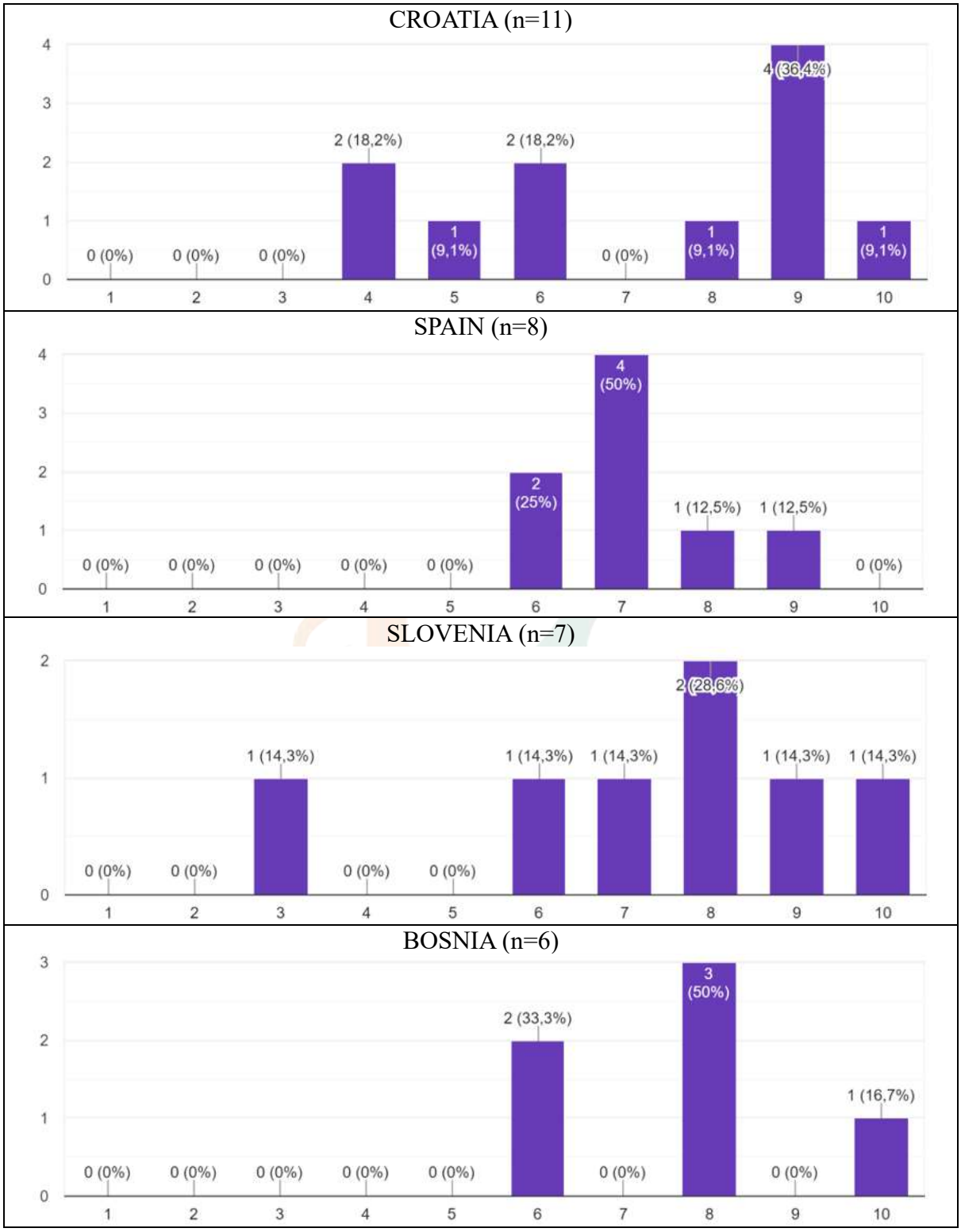
19. How do you rate the coordination between the staff of the organizations?

Satisfaction with this question ranged between the following values: Bulgaria (5-9), Italy (1-9), Turkey (3-10), Croatia (4-10), Spain (6-9), Slovenia (3-10), and Bosnia (6-10).



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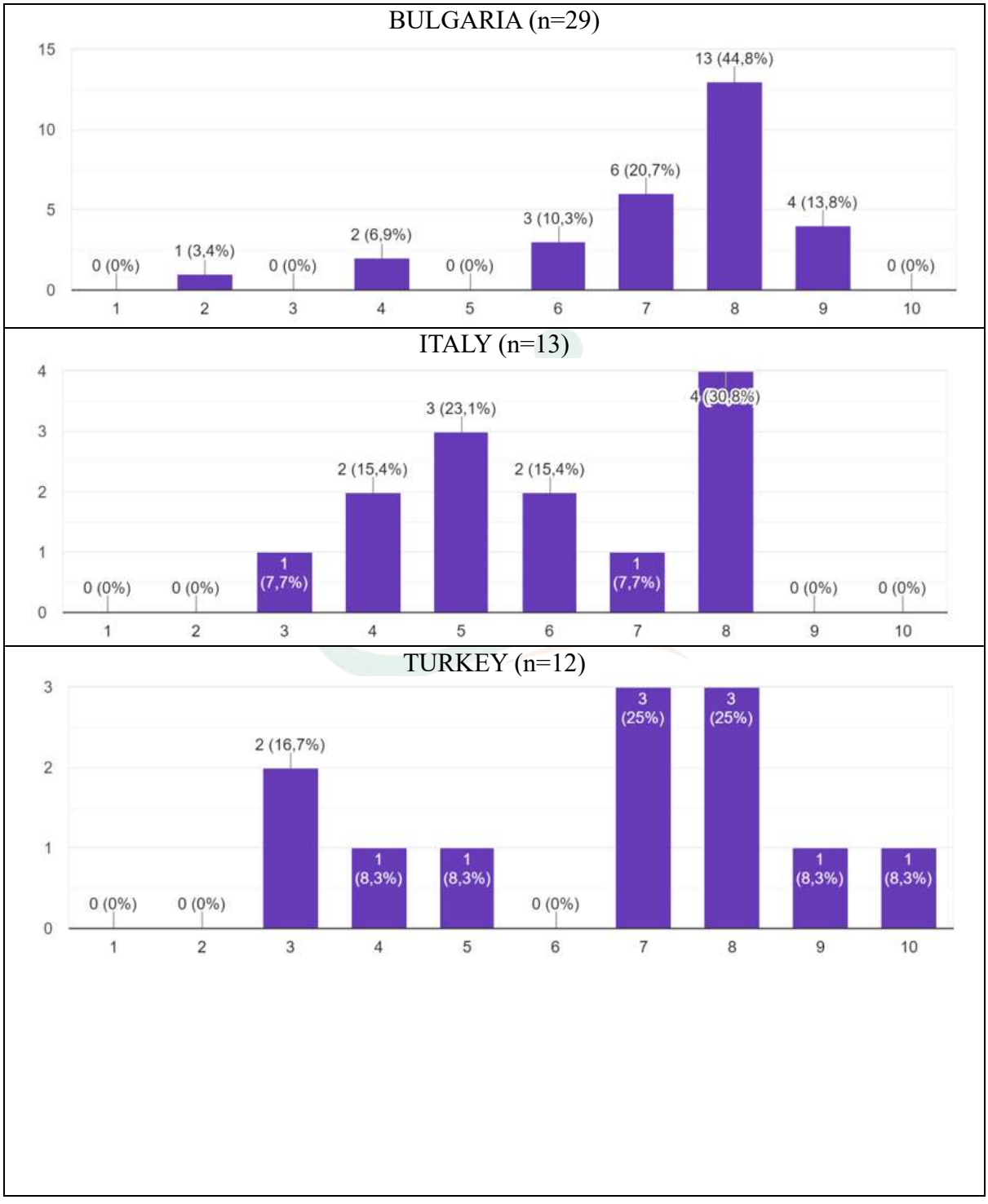
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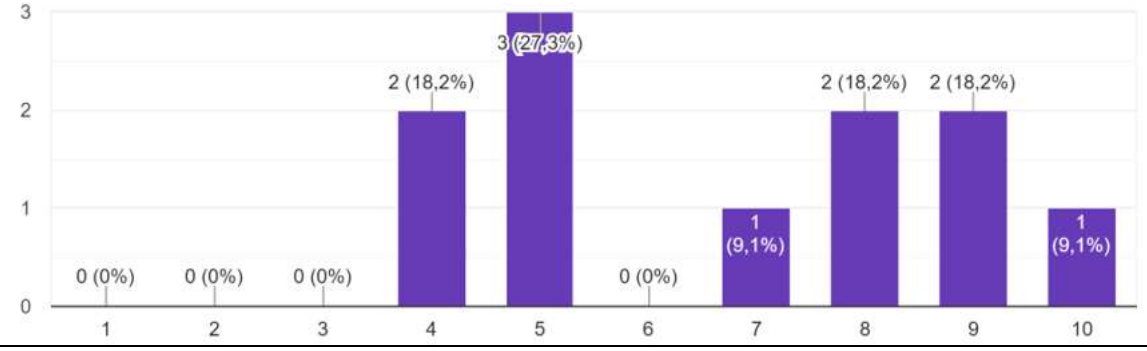
20. What do you think about the coordination between organizations that support people with disabilities and other health services to provide comprehensive support to families?
Satisfaction with this question ranged between the following values: Bulgaria (2-9), Italy (3-8), Turkey (3-10), Croatia (4-10), Spain (2-6), Slovenia (2-10), and Bosnia (4-10).



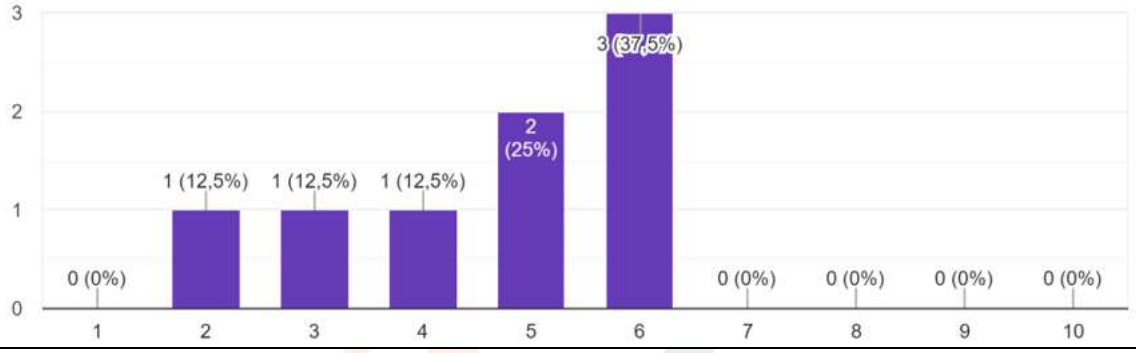
Co-funded by the European Union

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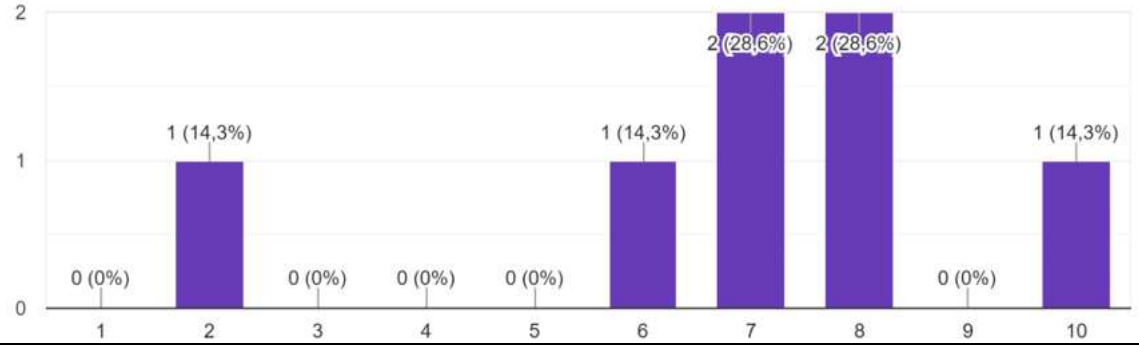
CROATIA (n=11)



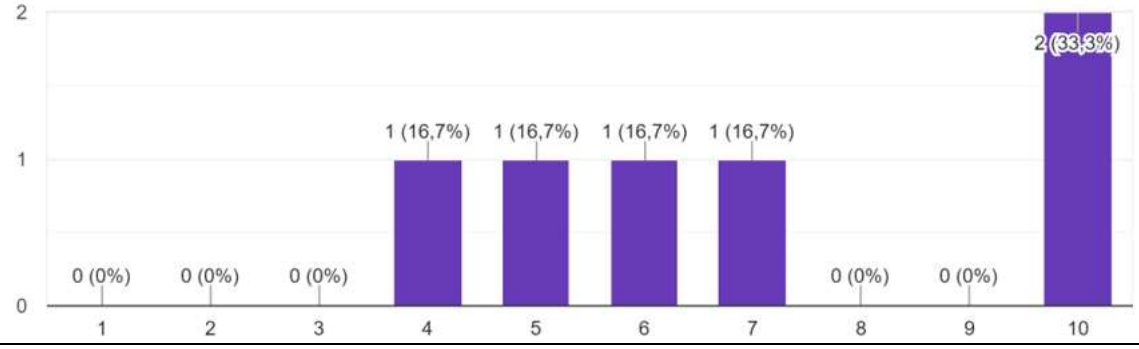
SPAIN (n=8)



SLOVENIA (n=7)



BOSNIA (n=6)

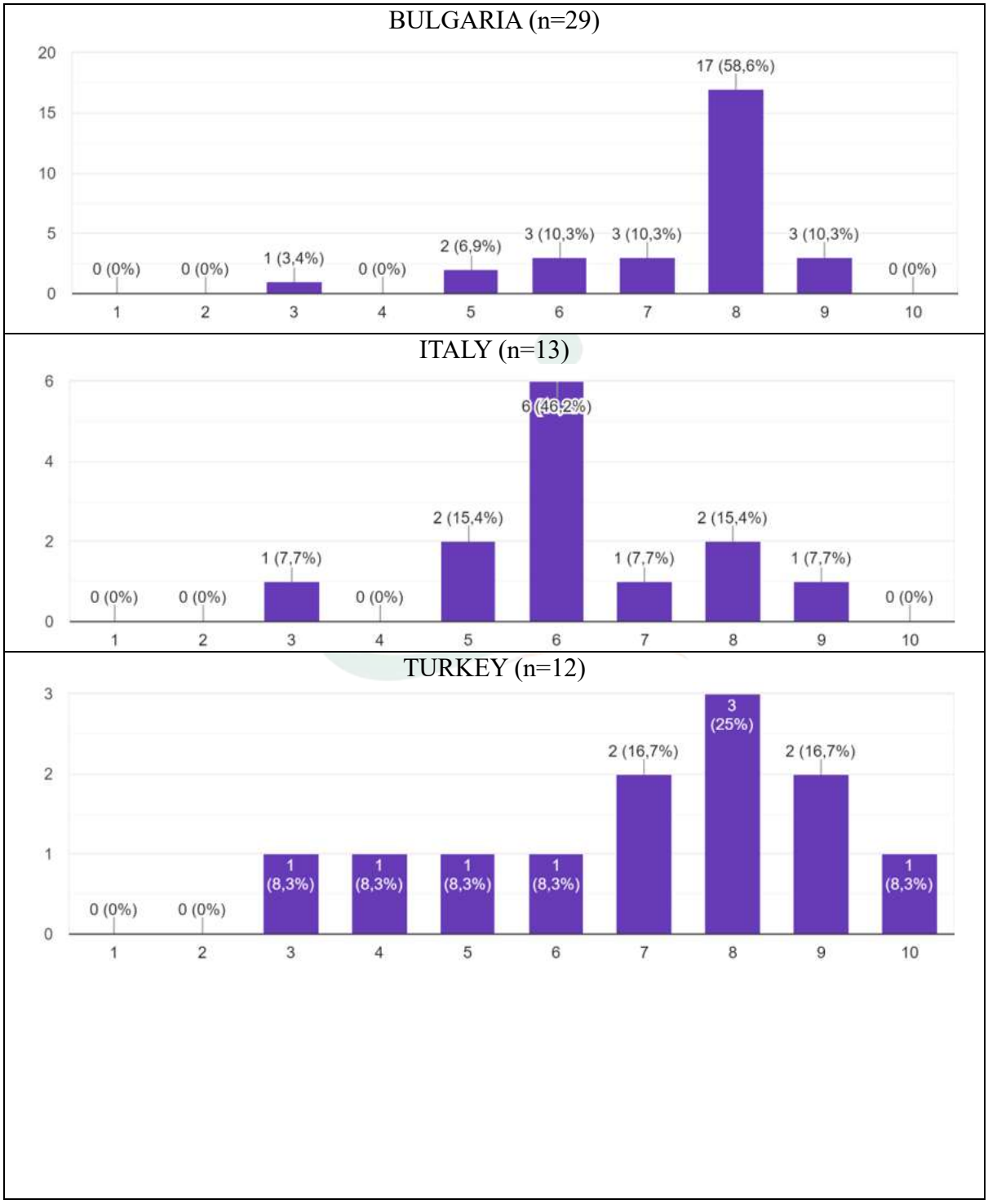


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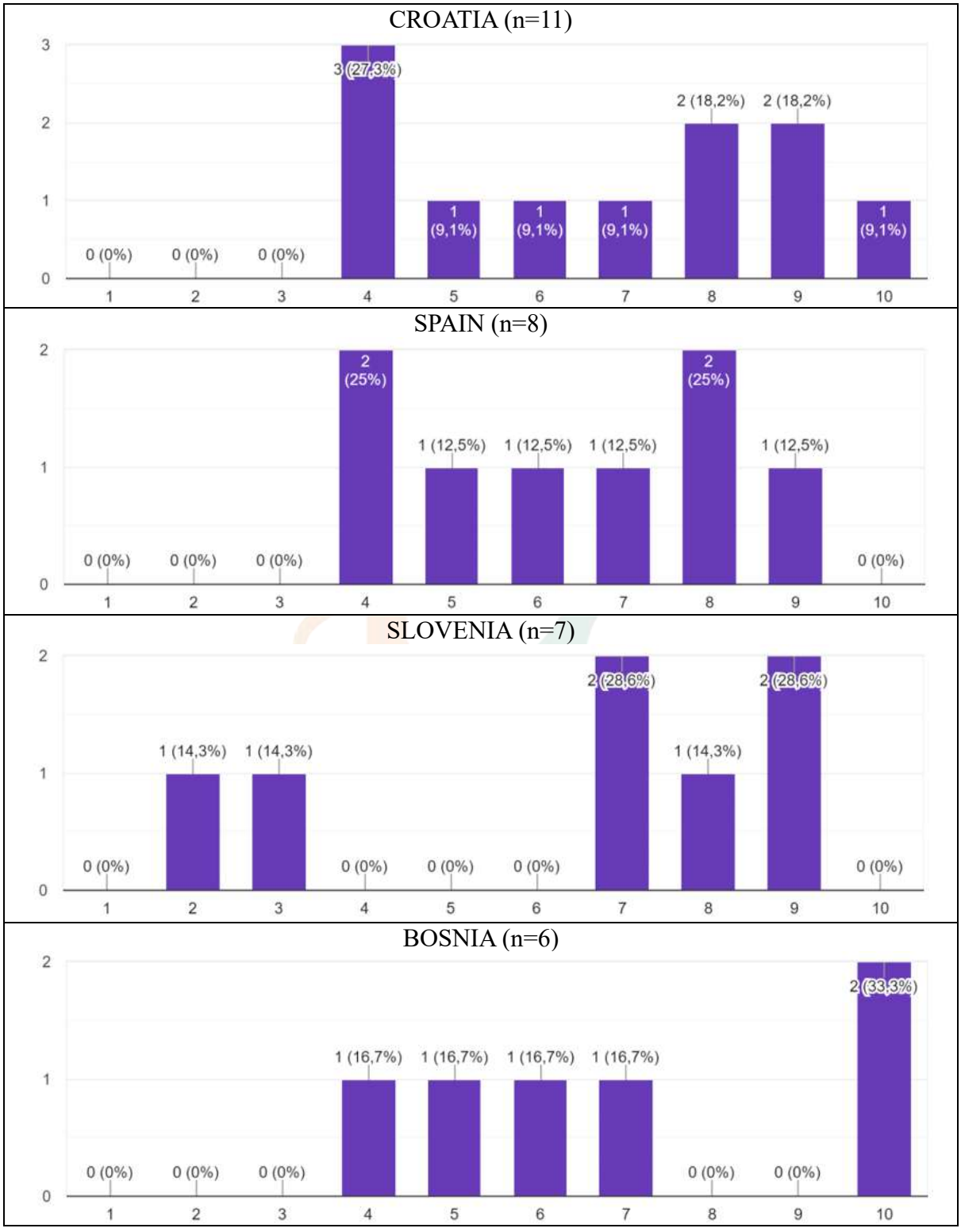
21. Do you find the policies and processes of these organisations transparent in relation to the care and support of people with disabilities?

Satisfaction with this question ranged between the following values: Bulgaria (3-9), Italy (3-9), Turkey (3-10), Croatia (4-10), Spain (4-9), Slovenia (2-9), and Bosnia (4-10).



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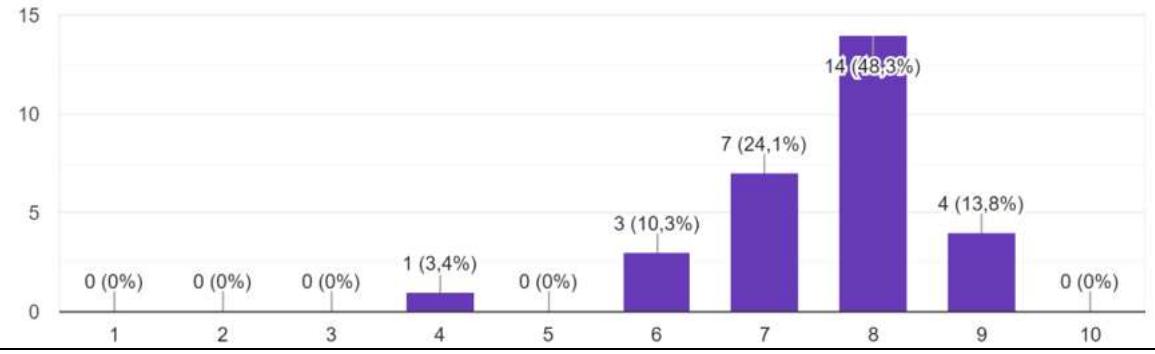


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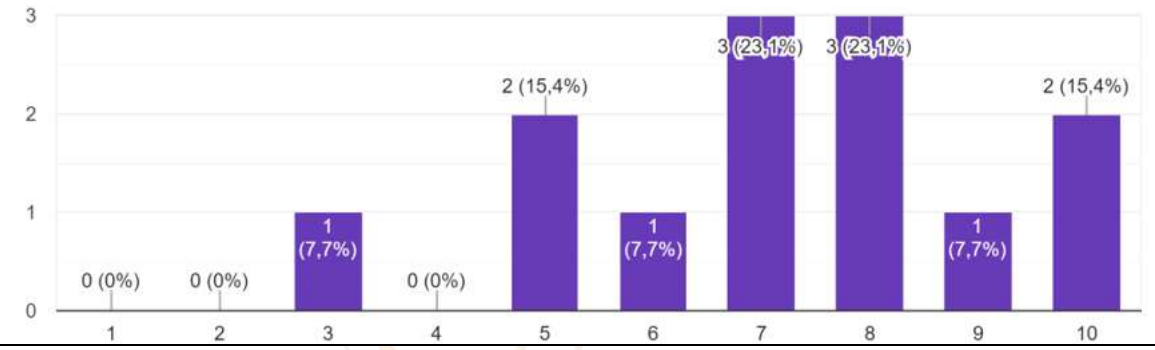
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22. Do you consider the follow-up received from the organisations' staff to be adequate?
Satisfaction with this question ranged between the following values: Bulgaria (4-9), Italy (3-10), Turkey (4-10), Croatia (4-10), Spain (5-9), Slovenia (2-9), and Bosnia (4-9).

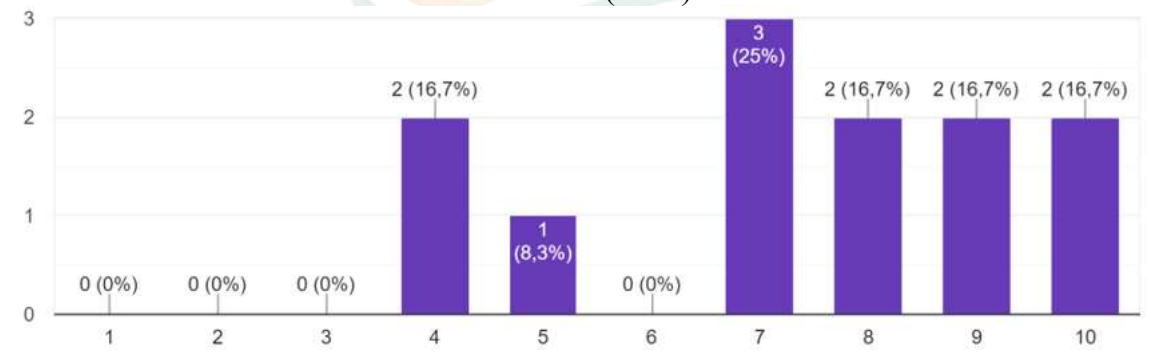
BULGARIA (n=29)



ITALY (n=13)

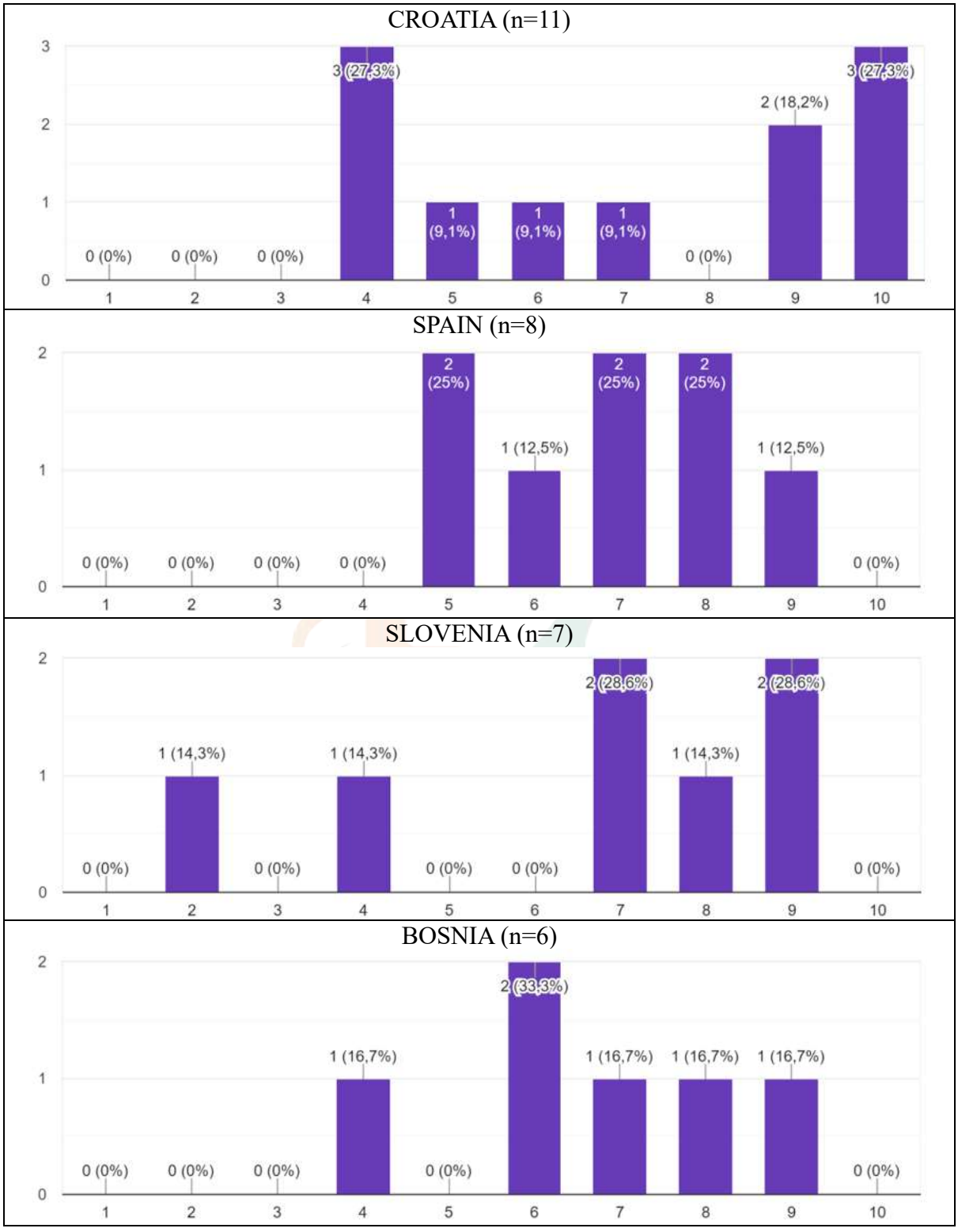


TURKEY (n=12)



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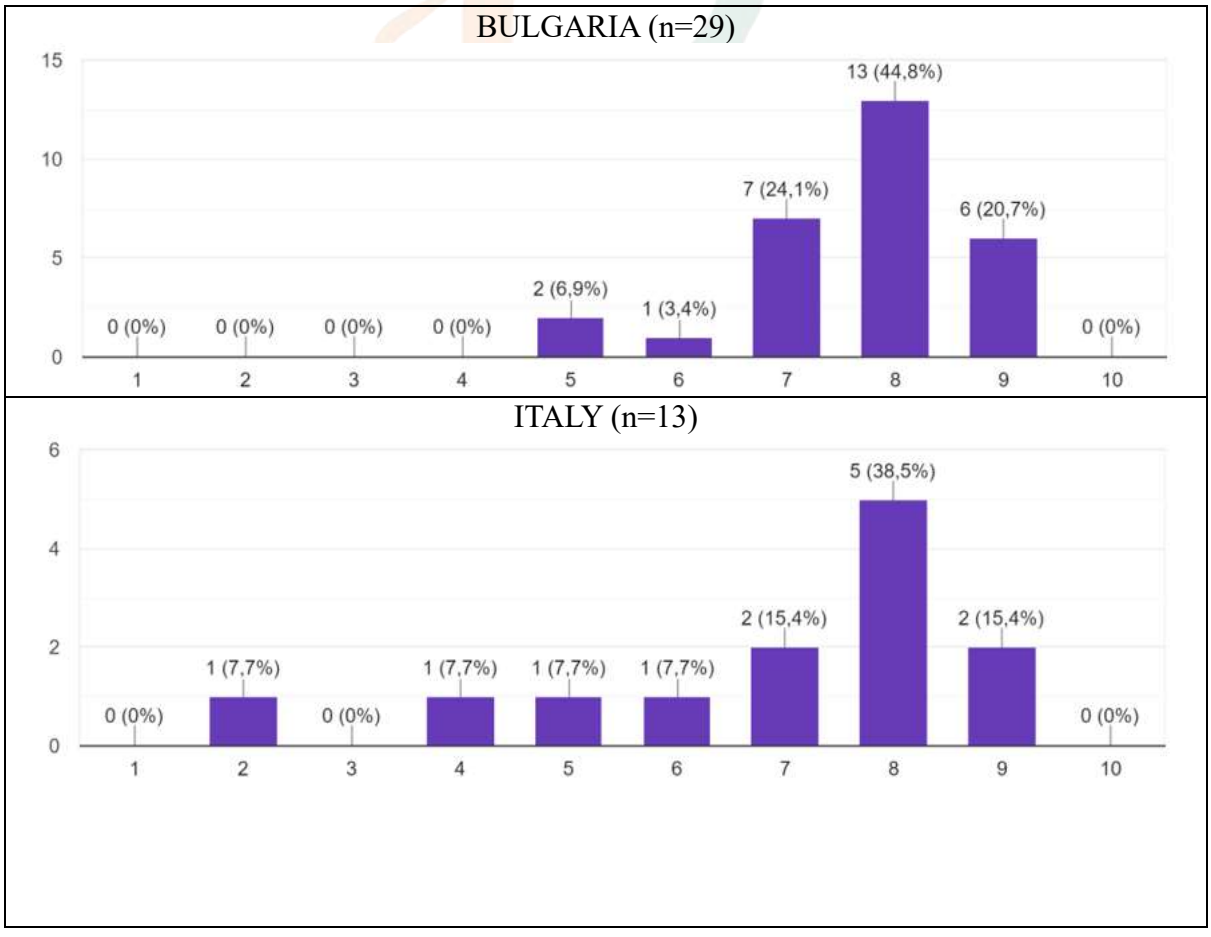
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23. What suggestions would you have to improve the follow-up process and ensure that your needs are effectively addressed in the future?

Suggestions in Bulgaria were: more transparency; more effective campaigns; information and future initiatives on organisations' websites; meeting with parents; better information on some organisations' websites; more frequent meetings with organisations; more services; more common/joint activities; more working initiatives; better funding. In Italy there were no suggestions. Suggestions in Turkey were: making training more accessible; effective communication and coordination; using websites and email more. In Croatia there were no suggestions. Suggestions in Spain were: consulting families more; more individualised attention; monthly follow-up meetings; better telephone support; holding more meetings with families; increasing staff; conducting surveys or short interviews. In Slovenia there were no suggestions. Suggestions in Bosnia were: clearer communication and more training in communication and working with families; full transparency, great support and guidance.

24. Regarding the attention and commitment shown by the organizations, how satisfactory has your experience been?

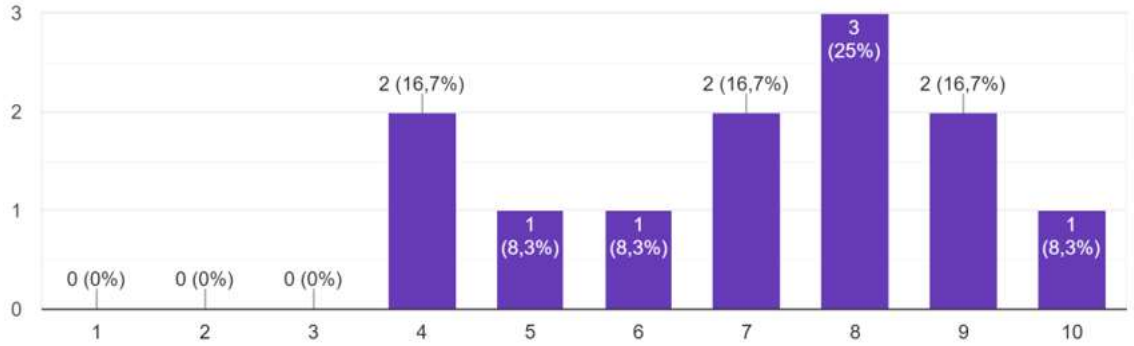
Satisfaction with this question ranged between the following values: Bulgaria (5-9), Italy (2-9), Turkey (4-10), Croatia (4-10), Spain (5-9), Slovenia (1-9), and Bosnia (5-10).



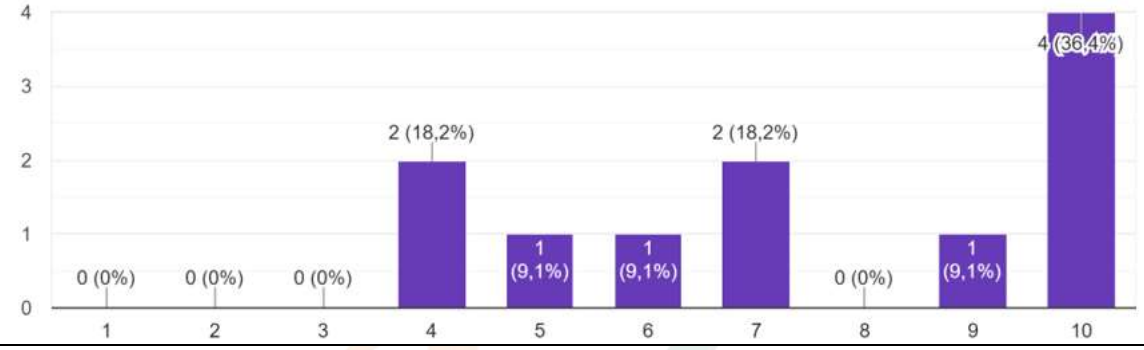
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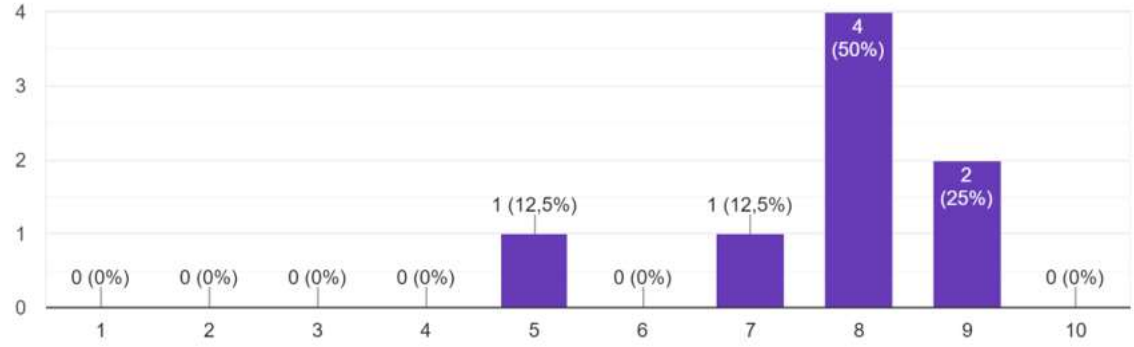
TURKEY (n=12)



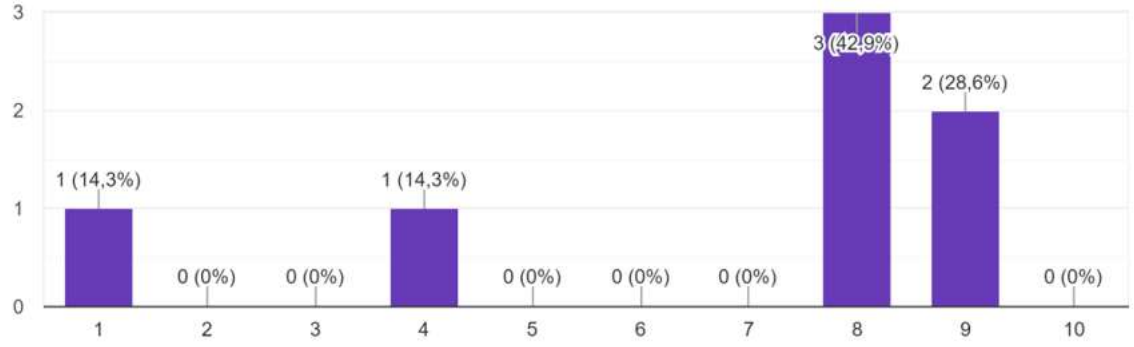
CROATIA (n=11)



SPAIN (n=8)

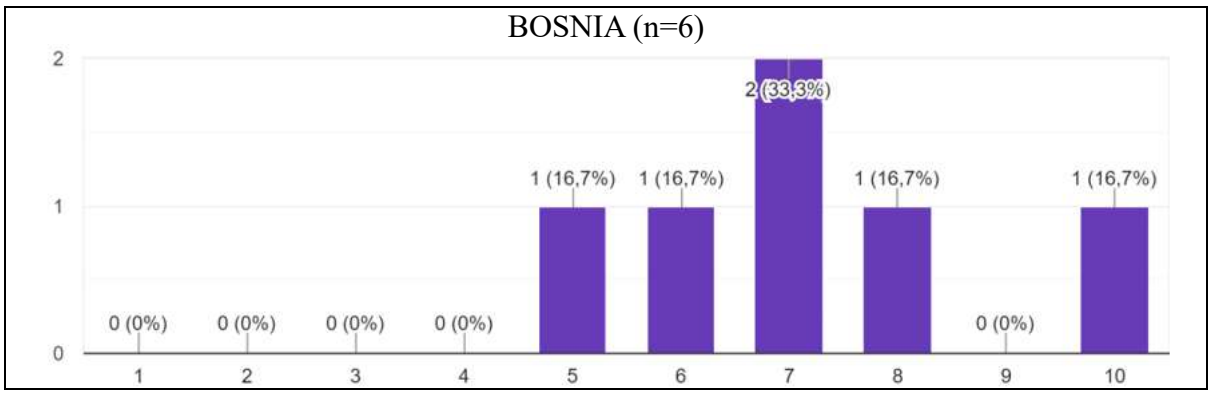


SLOVENIA (n=7)



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4. CONCLUSIONS

Satisfaction in dimension 1 (communication and information) ranged between the following values: Bulgaria (4-10), Italy (1-10), Turkey (1-10), Croatia (5-10), Spain (4-10), Slovenia (1-10), and Bosnia (2-9). Satisfaction in dimension 2 (resources, programs, and services) ranged between the following values: Bulgaria (3-10), Italy (1-10), Turkey (1-10), Croatia (4-10), Spain (5-10), Slovenia (1-10), and Bosnia (2-10). Satisfaction in dimension 3 (training and capacity building) ranged between the following values: Bulgaria (2-10), Italy (1-10), Turkey (1-10), Croatia (4-10), Spain (4-10), Slovenia (1-10), and Bosnia (3-10). Satisfaction in dimension 4 (coordination, transparency, monitoring and satisfaction) ranged between the following values: Bulgaria (2-9), Italy (1-10), Turkey (3-10), Croatia (4-10), Spain (2-9), Slovenia (1-10), and Bosnia (4-10).

It is therefore concluded that in all countries and in all dimensions there are high and low satisfaction values. High values indicate that good practices are being carried out in relation to inclusive family sport. However, low values make it clear that there is considerable room for improvement in all dimensions and in all countries.

According to the participants' suggestions, these improvements should focus on the following aspects: greater transparency; more effective campaigns; information and future initiatives on the websites of the organisations; meeting with parents; better information on the websites of some of the organisations; more frequent meetings with the organisations; more services; more common/joint activities; more work initiatives; better funding; more accessible training; effective communication and coordination; more use of websites and email; more consultation with families; more individualized attention; monthly follow-up meetings; better telephone attention; more meetings with families; more staff; short surveys or interviews; clearer communication and more training in communication and working with families; total transparency, great support and guidance.

Carrying out these improvements in the methodology of inclusive family sport for children and adolescents with disabilities aged 6 to 18 years will undoubtedly increase the satisfaction of participants and their families in sports activities, which will lead to an increase in their sports practice and, consequently, will decrease sedentary lifestyle and obesity in children and adolescents with disabilities.

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5. REFERENCES

Bloemen, M. A. T., Backx, F. J. G., Takken, T., Wittink, H., Benner, J., Mollema, J., & De Groot, J. F. (2015). Factors associated with physical activity in children and adolescents with a physical disability: a systematic review. *Developmental Medicine & Child Neurology*, *57*(2), 137–148.

Carbone, P. S., Smith, P. J., Lewis, C., & LeBlanc, C. (2021). Promoting the participation of children and adolescents with disabilities in sports, recreation, and physical activity. *Pediatrics*, *148*(6).

Li, R., Sit, C. H. P., Jane, J. Y., Duan, J. Z. J., Fan, T. C. M., McKenzie, T. L., & Wong, S. H. S. (2016). Correlates of physical activity in children and adolescents with physical disabilities: A systematic review. *Preventive Medicine*, *89*, 184–193.

MacEachern, S., Forkert, N. D., Lemay, J.-F., & Dewey, D. (2022). Physical activity participation and barriers for children and adolescents with disabilities. *International Journal of Disability, Development and Education*, *69*(1), 204–216.

Middelbeek, L., & Breda, J. (2013). Obesity and sedentarism: reviewing the current situation within the WHO European region. *Current Obesity Reports*, *2*, 42–49.

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ДОКЛАД ПО ПРОЕКТ TRAIN4FAMILY

1. ВЪВЕДЕНИЕ

Включването на семейството при практикуването на адаптирана физическа активност и спорт при деца и юноши с увреждания на възраст от 6 до 18 години е от съществено значение за предотвратяване на заседналия начин на живот и затлъстяването в тази група (Carbone et al., 2021; Middelbeek & Breda, 2013). Семействата играят ключова роля, като придружават, насърчават и мотивират целевата група, да се занимава със спорт и да му се наслаждават (Bloemen et al., 2015; Li et al., 2016; MacEachern et al., 2022).

Целта на този документ, е да анализира добрите практики и опита, свързани с методите при практикуване на адаптираната физическа активност и спорт при деца и юноши с различни увреждания от 6 до 18 години, в партньорските държави, участващи в проект Train4Family. Анализът ще подпомогне за разработването на стратегии за превенция на заседналия начин на живот и затлъстяването в тази група.

Проучването анализира както общите черти, така и различията в държавите участващи в проекта. То би помогнало да се създаде обща стратегия и интервенция, с необходимите адаптации според специфичния контекст и обстоятелствата на всяка една страна.

2. МЕТОДИ

Изследване

Екипът на проекта събра данни от следните седем държави: България (n=29), Босна и Херцеговина (n=6), Испания (n=8), Италия (n=13), Словения (n=7), Турция юноши с увреждания от 6 до 18 години, които практикуват адаптирана физическа активност и спорт.

2.2. Инструменти и процедура

За целта бе проведено проучване относно удовлетвореността на семействата от организациите, които предоставят подобен род спортни услуги. Данните, в това проучване са свързани със: Раздел 1: Комуникация и информация; Раздел 2: Ресурси, програми и услуги; Раздел 3: Обучение; Раздел 4: Координация, прозрачност, мониторинг и удовлетворение. Проучването използваше специално създаден за целта въпросник от общо 24 въпроса, по 6 във всеки Раздел. Въпросите се оценяваха по скала от 1 до 10, където 1 е „много недоволен“, а 10 е „много доволен“. Въпросникът беше преведен на седем езика и попълнен онлайн от участниците в партньорските държави.

3. Статистически анализ

За целта на проучването бе извършен статистически анализ на всеки от елементите на въпросника, а също така и сегментиране по държави, за да се оценят приликите и разликите между седемте участващи страни. Резултатите са представени в стълбовидни графики и кръгови диаграми.

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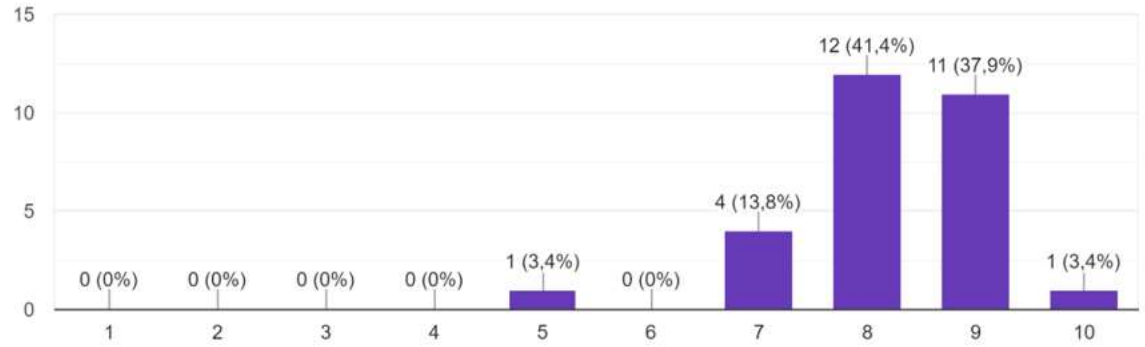
3. РЕЗУЛТАТИ

РАЗДЕЛ 1: КОМУНИКАЦИЯ И ИНФОРМАЦИЯ.

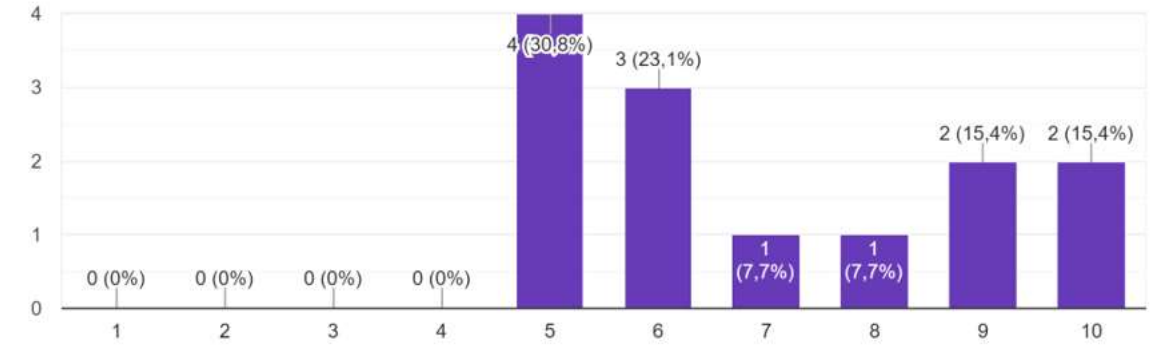
1. Как бихте оценили ефективността на настоящата комуникация с организациите, които подкрепят хората с увреждания?

Удовлетворението от този въпрос варира между следните стойности: България (5-10), Италия (5-10), Турция (4-10), Хърватия (5-9), Испания (5-9), Словения (3-10) и Босна и Херцеговина (3-9).

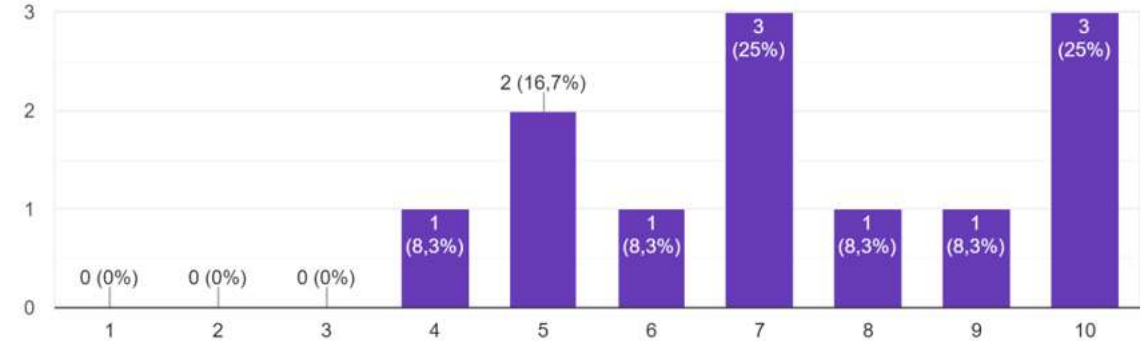
БЪЛГАРИЯ (n=29)



ИТАЛИЯ (n=13)



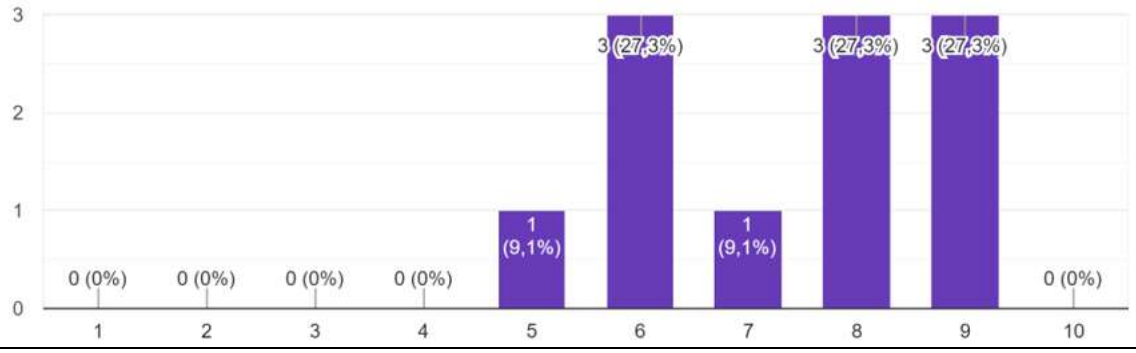
ТУРЦИЯ (n=12)



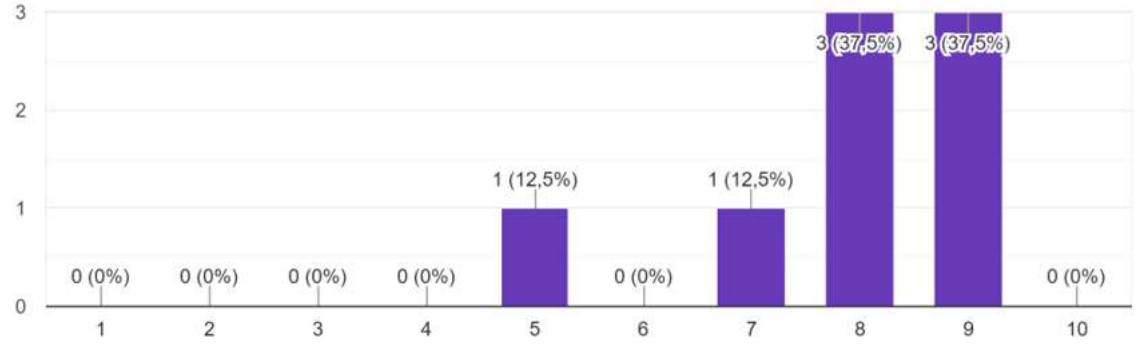
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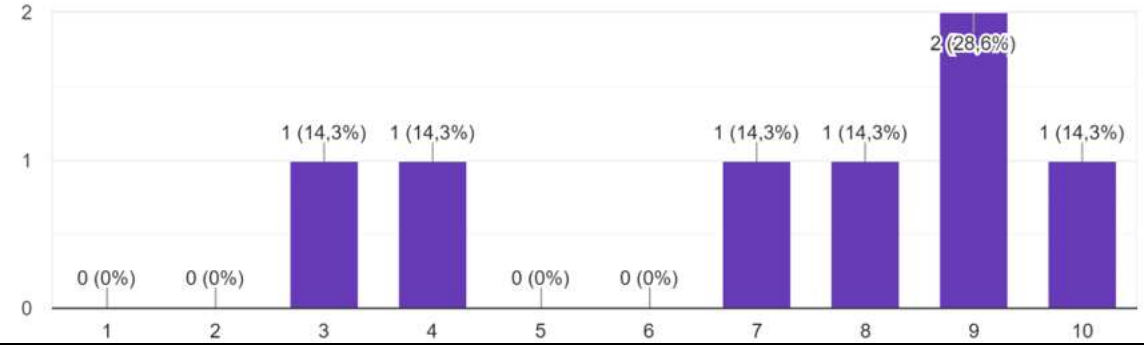
ХЪРВАТИЯ (n=11)



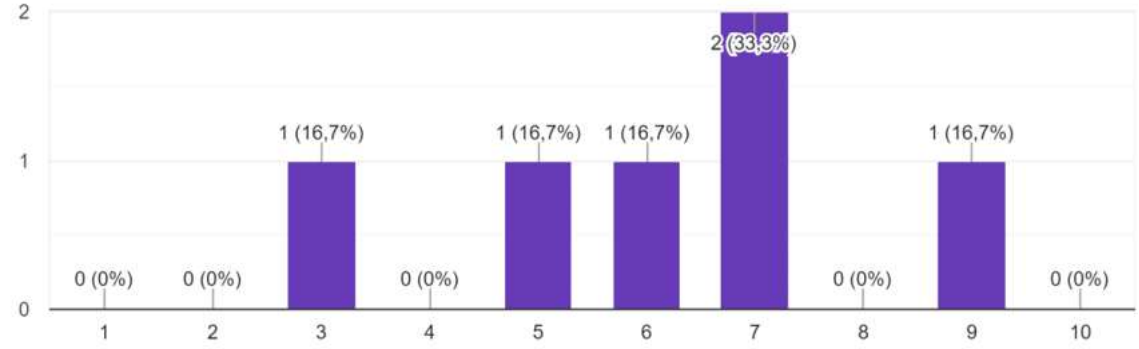
ИСПАНИЯ (n=8)



СЛОВЕНИЯ (n=7)



БОСНА И ХЕРЦЕГОВИНА (n=6)



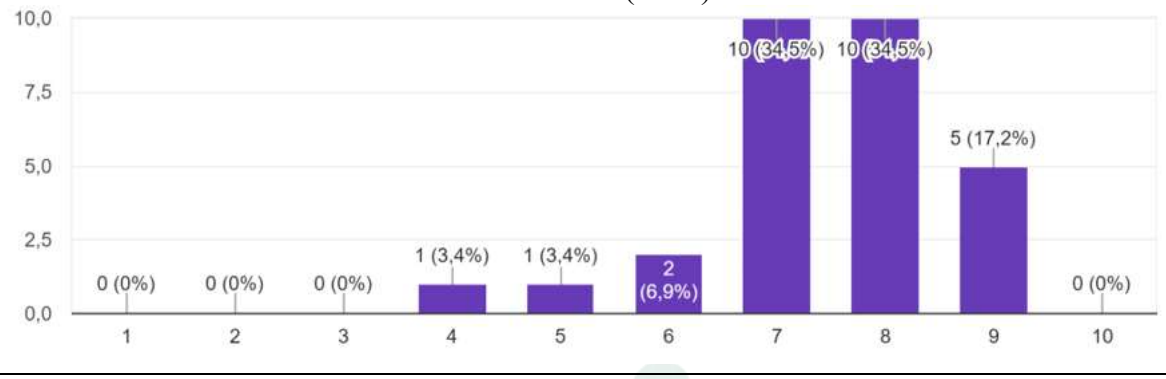
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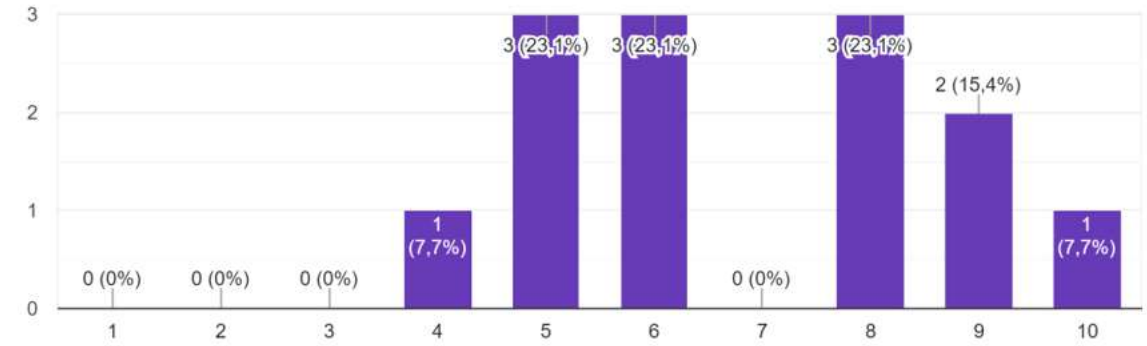
2. Какво мислите за наличните комуникационни канали за взаимодействие с тези организации?

Удовлетворението от този въпрос варира между следните стойности: България (4-9), Италия (4-10), Турция (3-10), Хърватия (5-10), Испания (4-9), Словения (3-10) и Босна и Херцеговина (3-8).

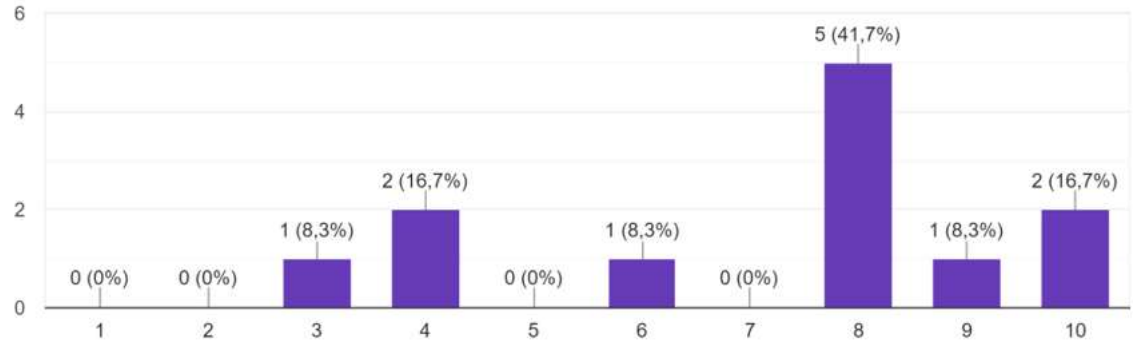
БЪЛГАРИЯ (n=29)



ИТАЛИЯ (n=13)



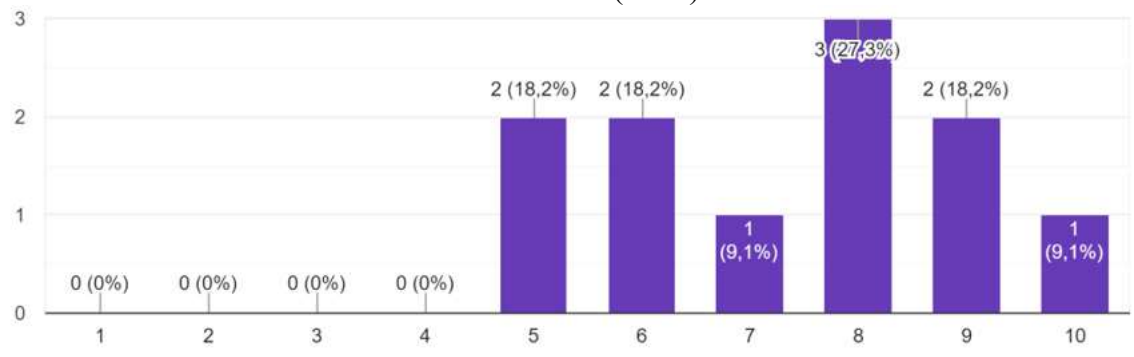
ТУРЦИЯ (n=12)



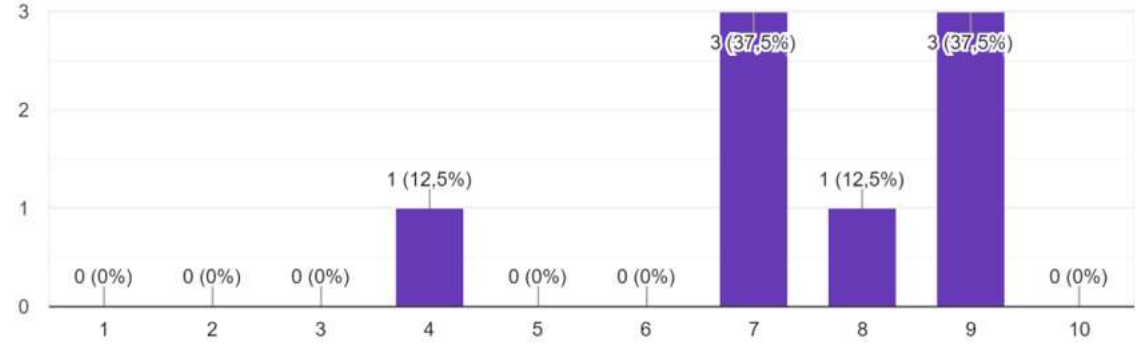
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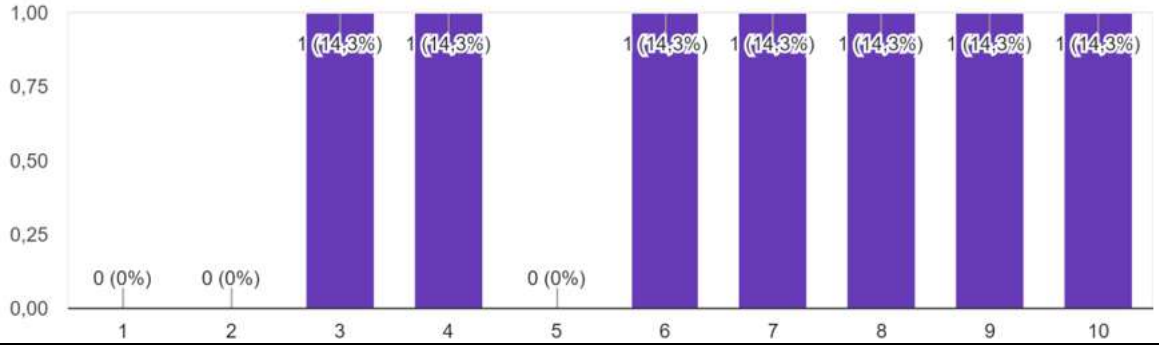
ХЪРВАТИЯ (n=11)



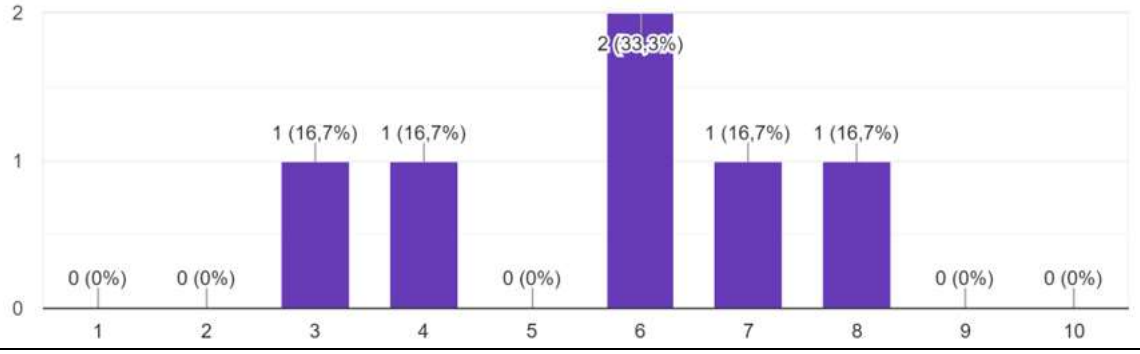
ИСПАНИЯ (n=8)



СЛОВЕНИЯ (n=7)



БОСНА И ХЕРЦЕГОВИНА (n=6)

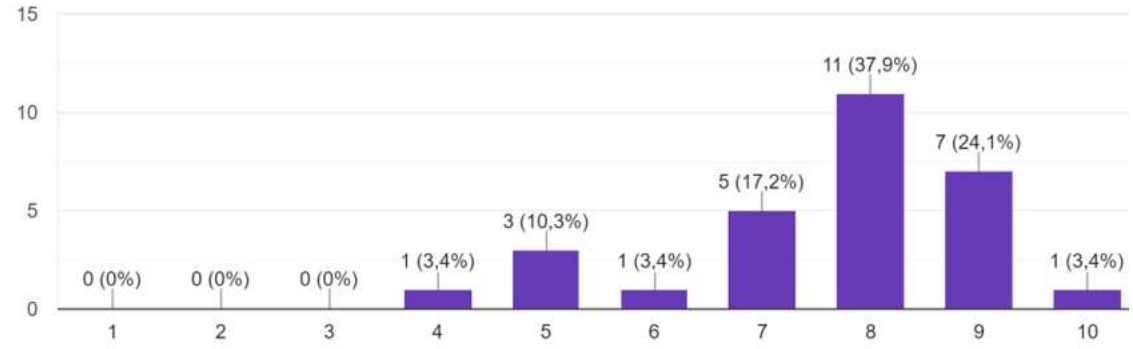


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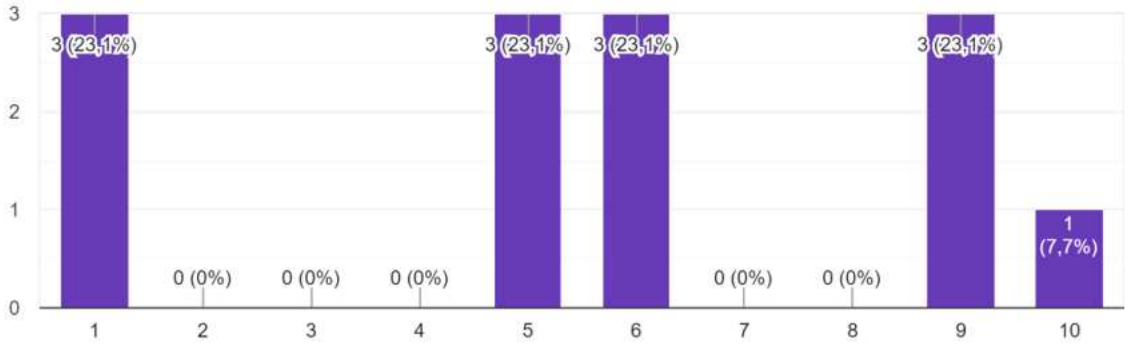
3. Смятате ли, че тези комуникационни канали са достатъчни?

Удовлетворението от този въпрос варира между следните стойности: България (4-10), Италия (1-10), Турция (1-10), Хърватия (5-10), Испания (4-10), Словения (1-10) и Босна и Херцеговина (2-9).

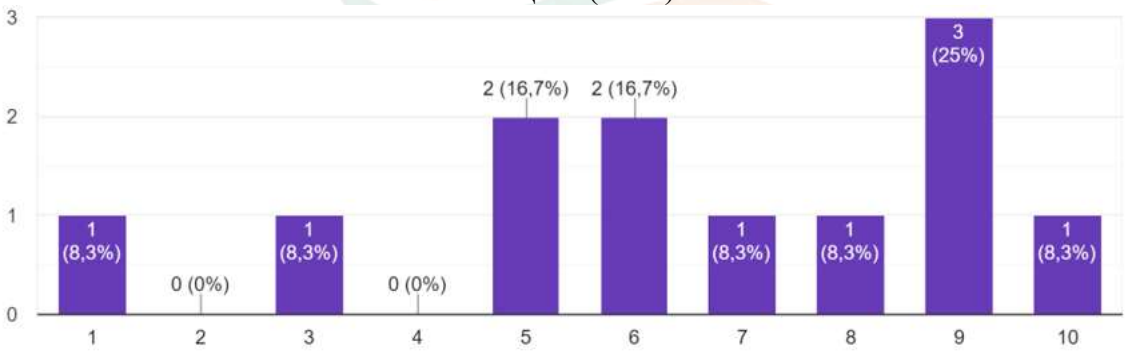
БЪЛГАРИЯ (n=29)



ИТАЛИЯ (n=13)

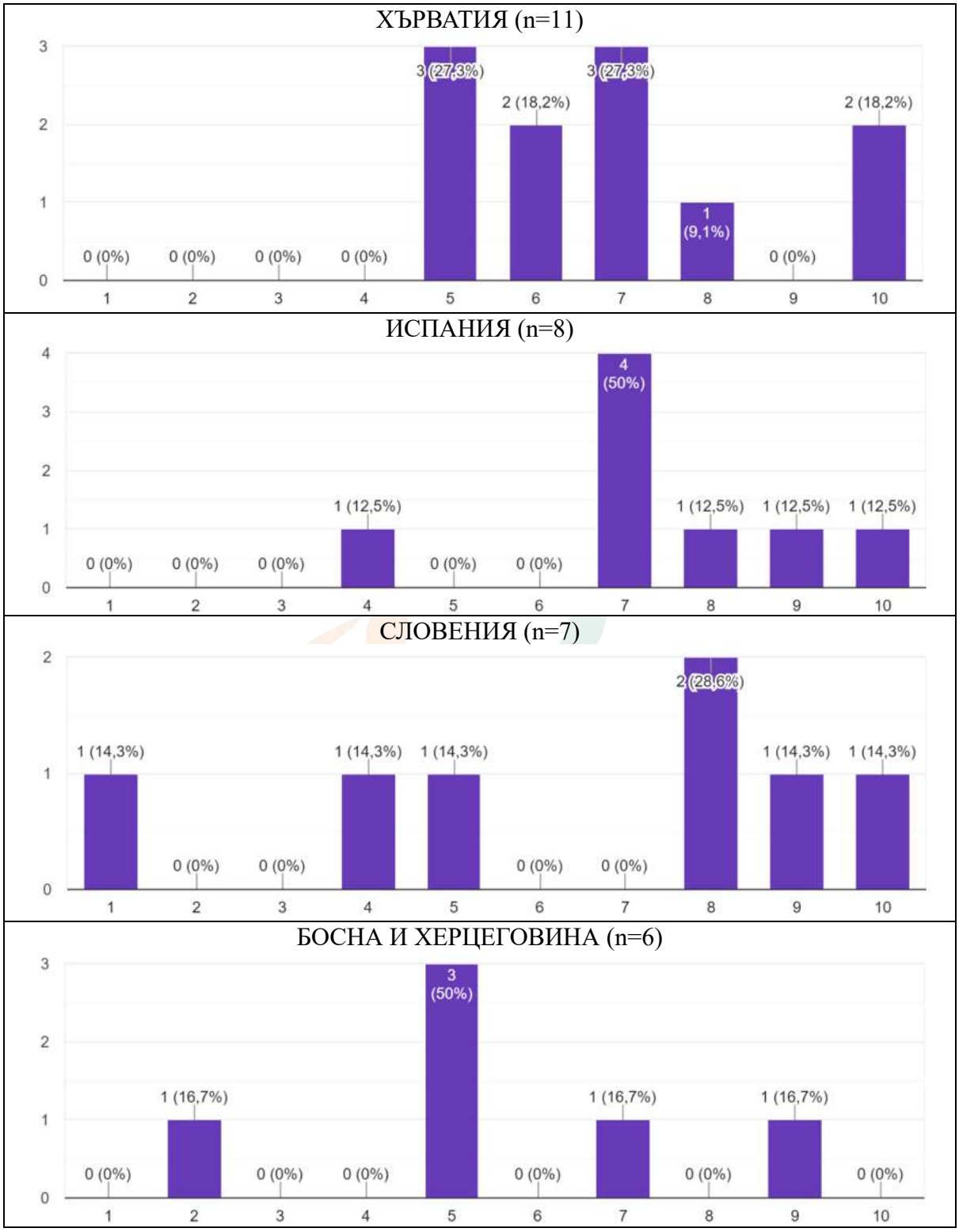


ТУРЦИЯ (n=12)



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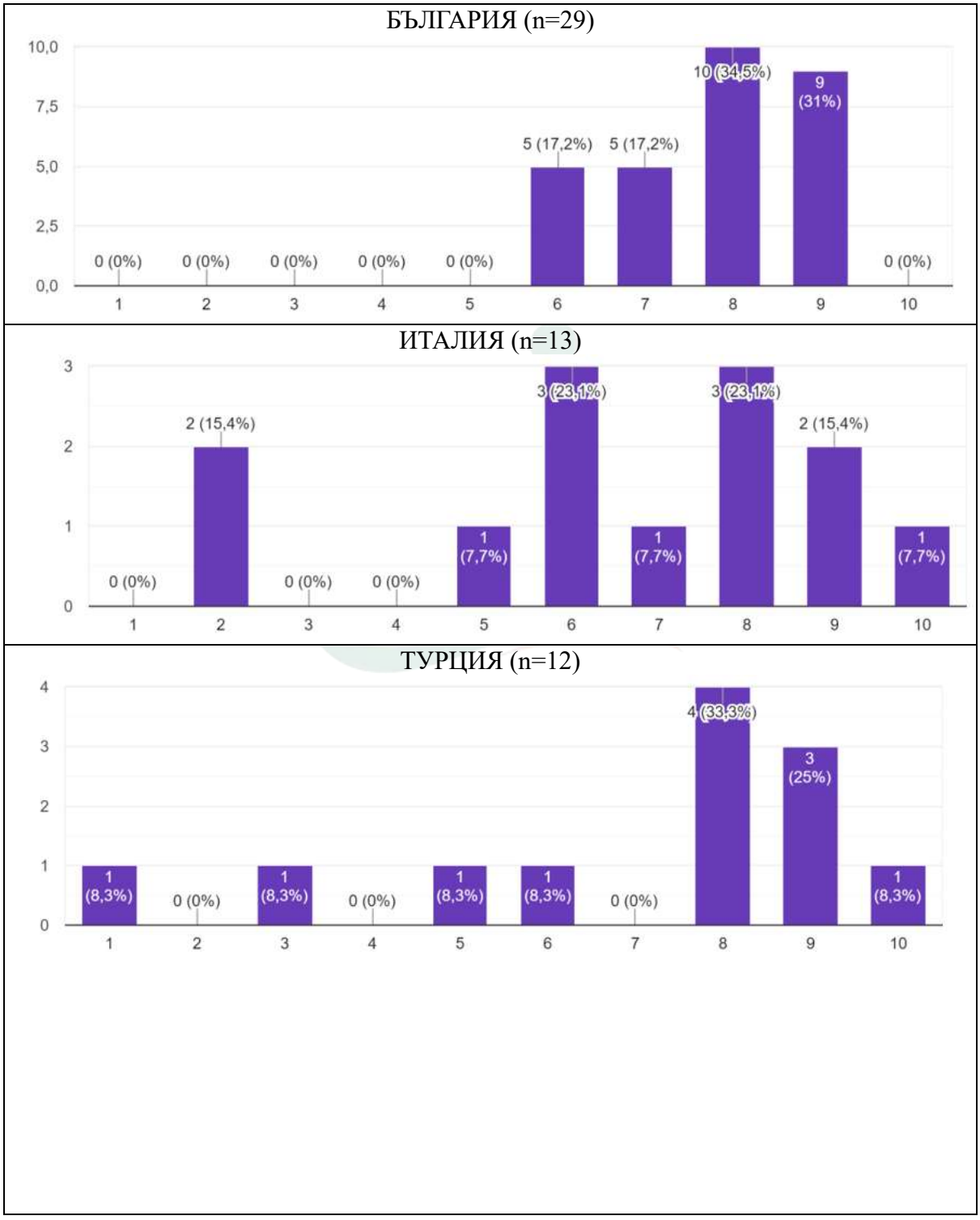
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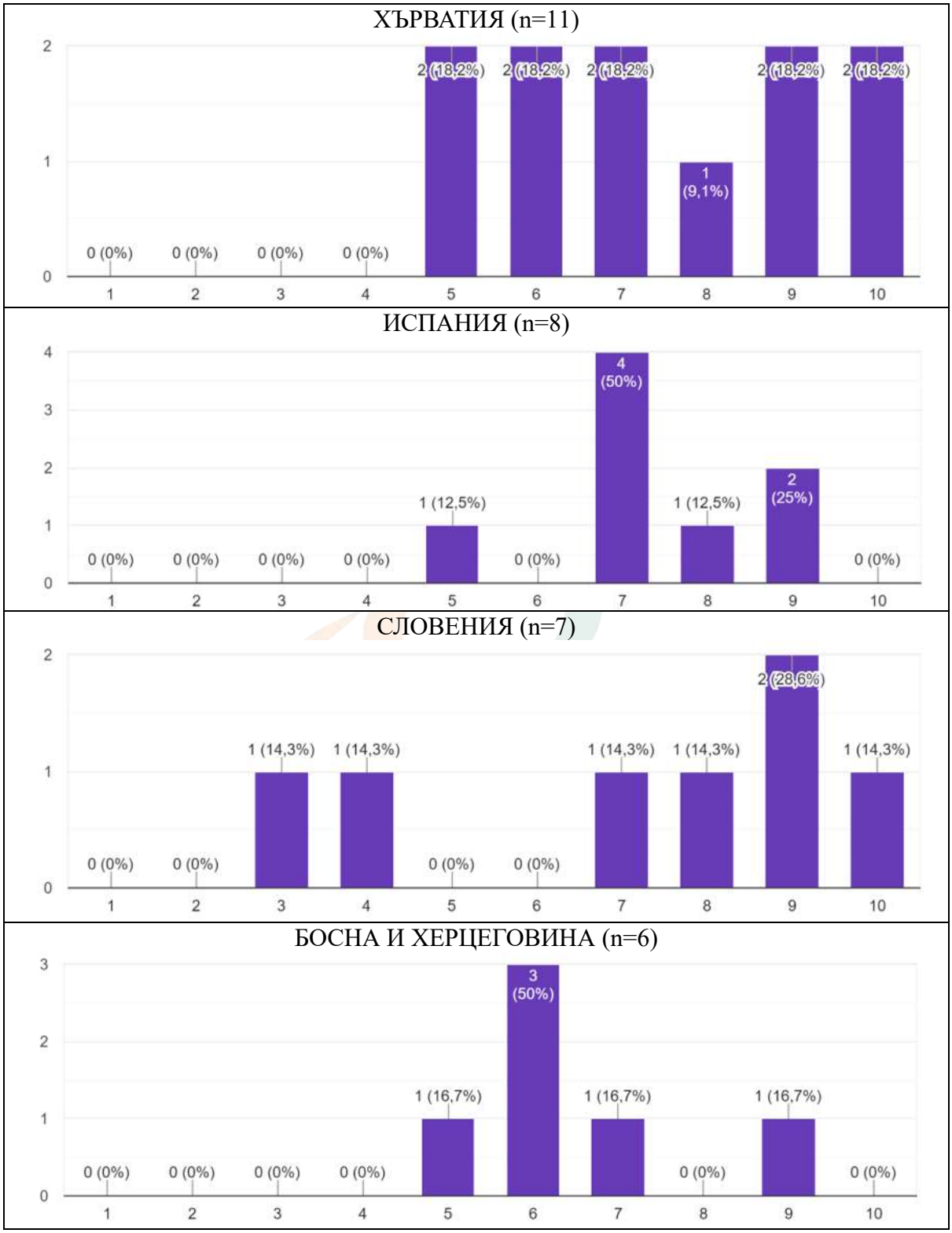
4. Доколко сте доволни от количеството и уместността на информацията, която получавате от тези организации?

Удовлетворението от този въпрос варира между следните стойности: България (6-9), Италия (2-10), Турция (1-10), Хърватия (5-10), Испания (5-9), Словения (3-10) и Босна и Херцеговина (5-9).



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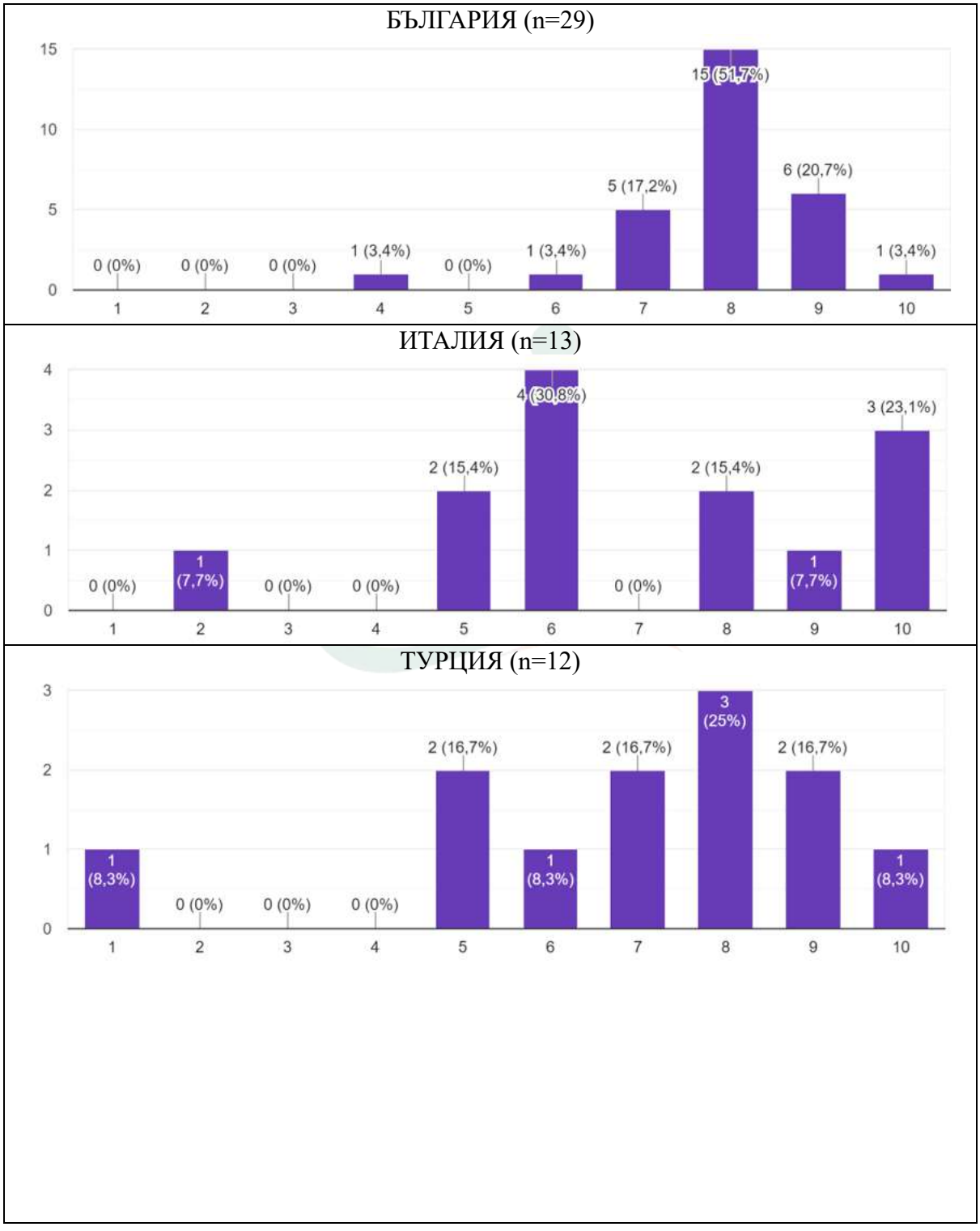


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5. Как бихте оценили яснотата на информацията, предоставена от организациите, които подкрепят хората с увреждания?

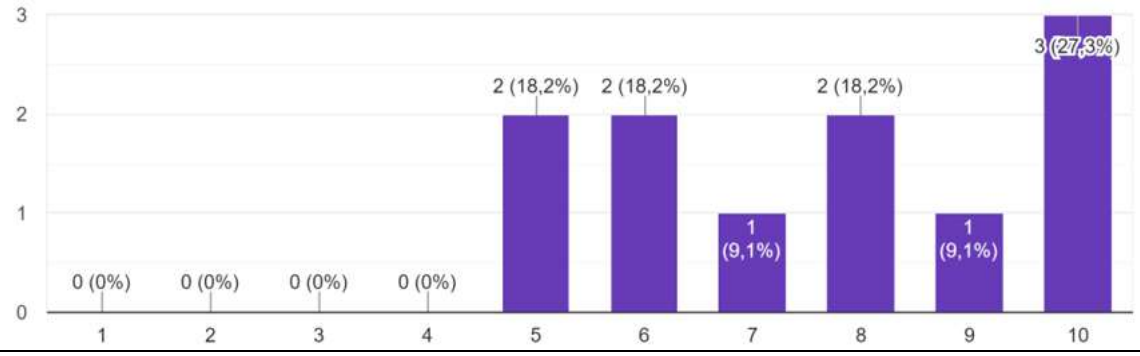
Удовлетворението от този въпрос варира между следните стойности: България (4-10), Италия (2-10), Турция (1-10), Хърватия (5-10), Испания (6-10), Словения (3-10) и Босна и Херцеговина (4-8).



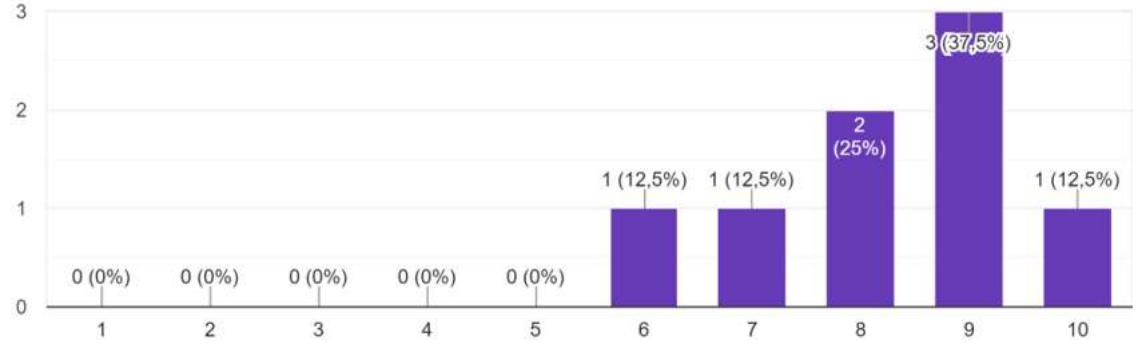
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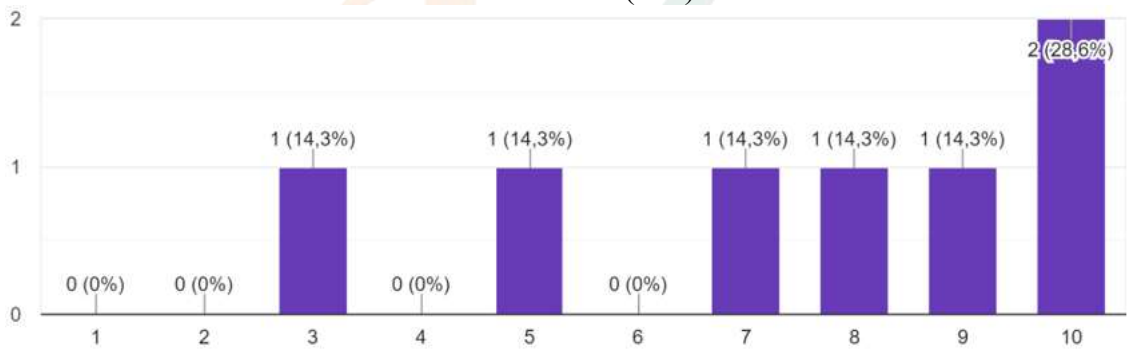
ХЪРВАТИЯ (n=11)



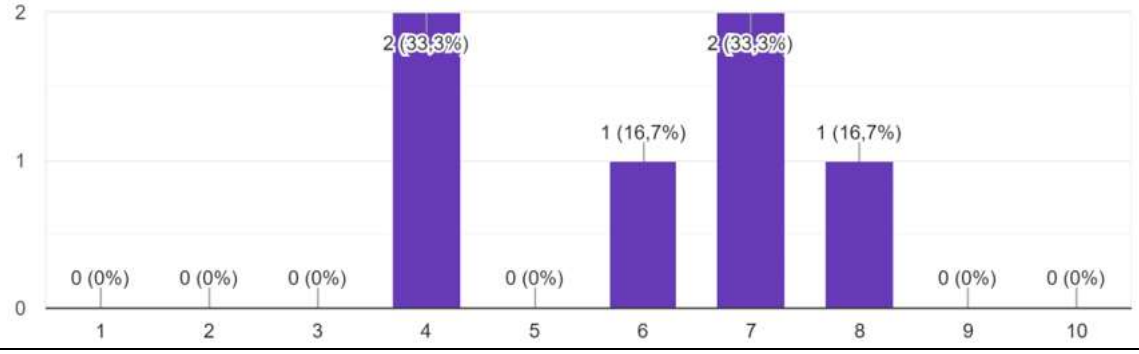
ИСПАНИЯ (n=8)



СЛОВЕНИЯ (n=7)



БОСНА И ХЕРЦЕГОВИНА (n=6)

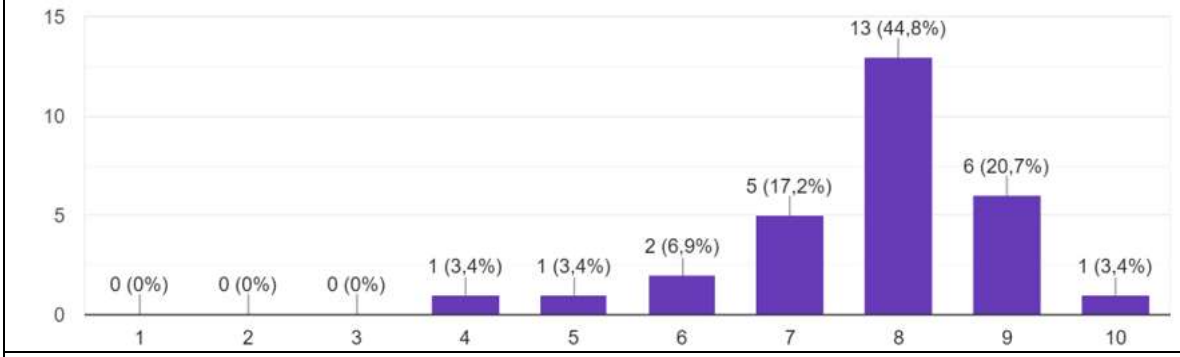


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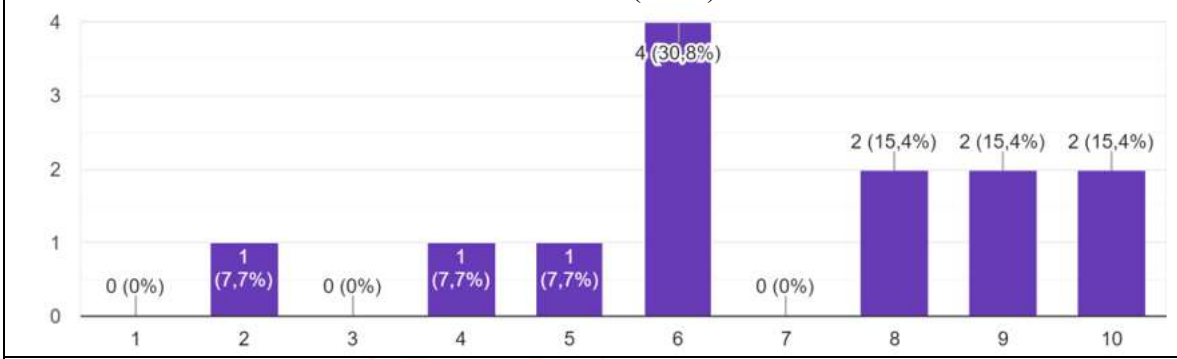
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До каква степен е достъпна информацията, предоставена от организациите?
Удовлетворението от този въпрос варира между следните стойности: България (4-10), Италия (2-10), Турция (1-10), Хърватия (5-10), Испания (5-10), Словения (3-10) и Босна и Херцеговина (3-9).

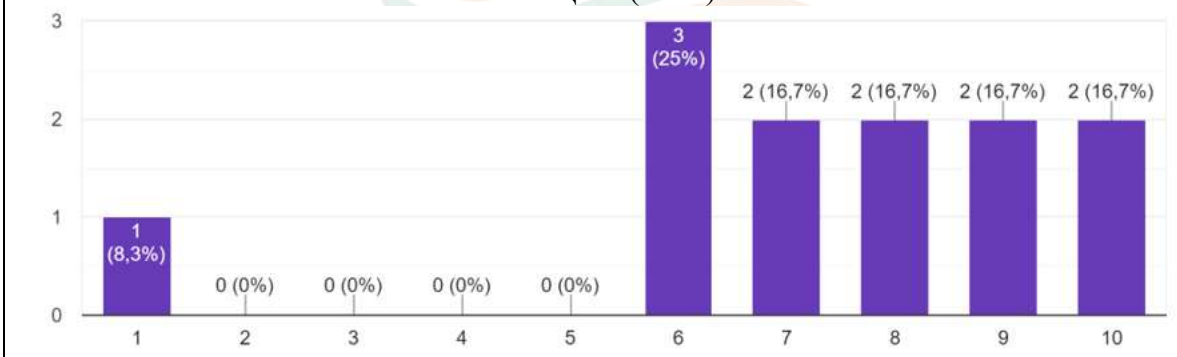
БЪЛГАРИЯ (n=29)



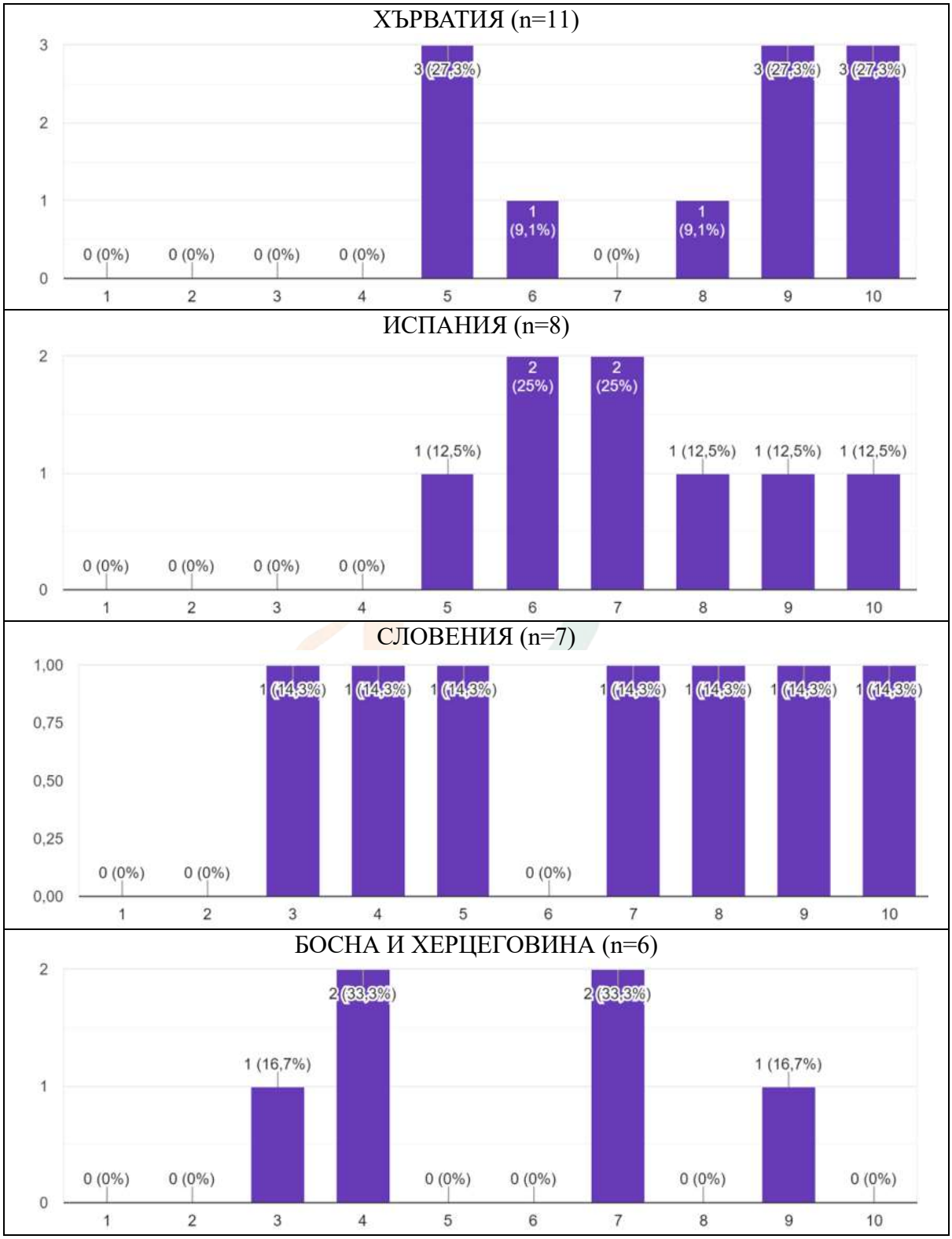
ИТАЛИЯ (n=13)



ТУРЦИЯ (n=12)



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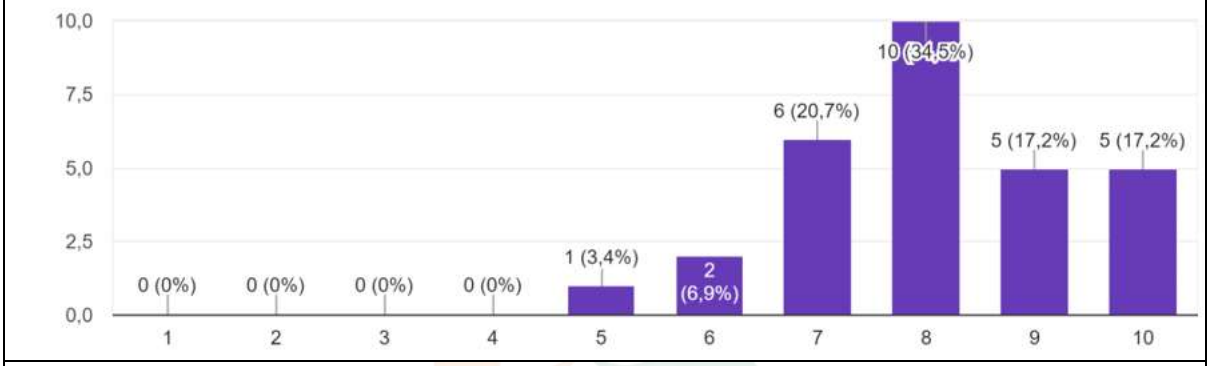
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РАЗДЕЛ 2: РЕСУРСИ, ПРОГРАМИ И УСЛУГИ.

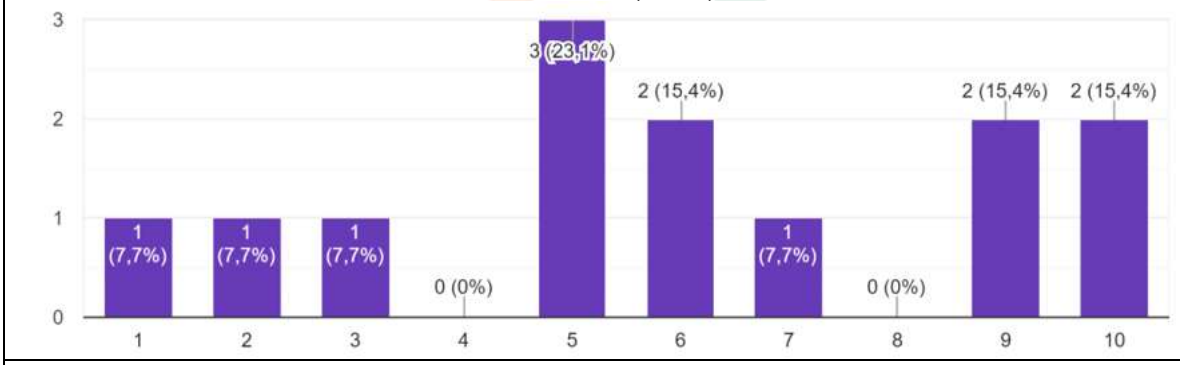
7. Какво смятате относно наличието на ресурси и услуги на тези организации за вашето семейство?

Удовлетворението от този въпрос варира между следните стойности: България (5-10), Италия (1-10), Турция (1-10), Хърватия (4-10), Испания (5-9), Словения (1-10) и Босна и Херцеговина (2-9).

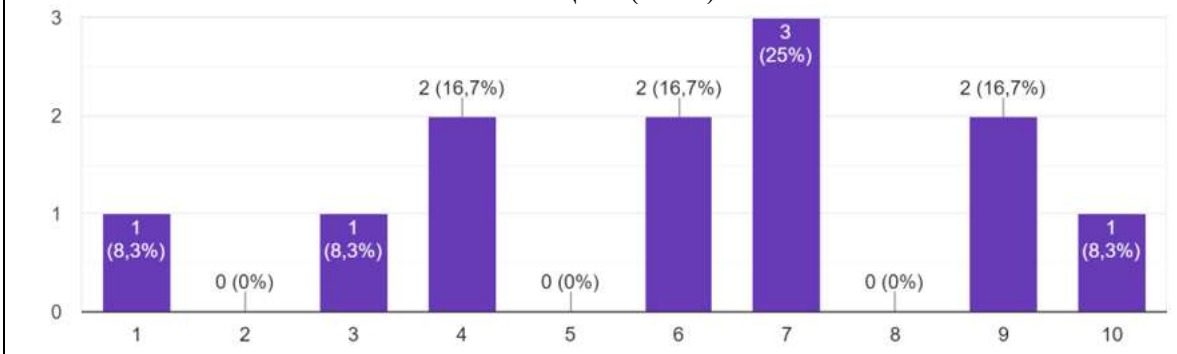
БЪЛГАРИЯ (n=29)



ИТАЛИЯ (n=13)



ТУРЦИЯ (n=12)



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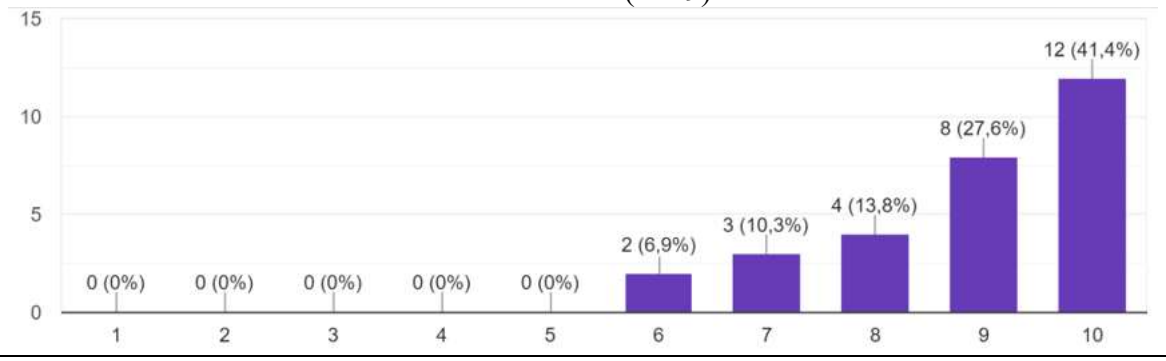
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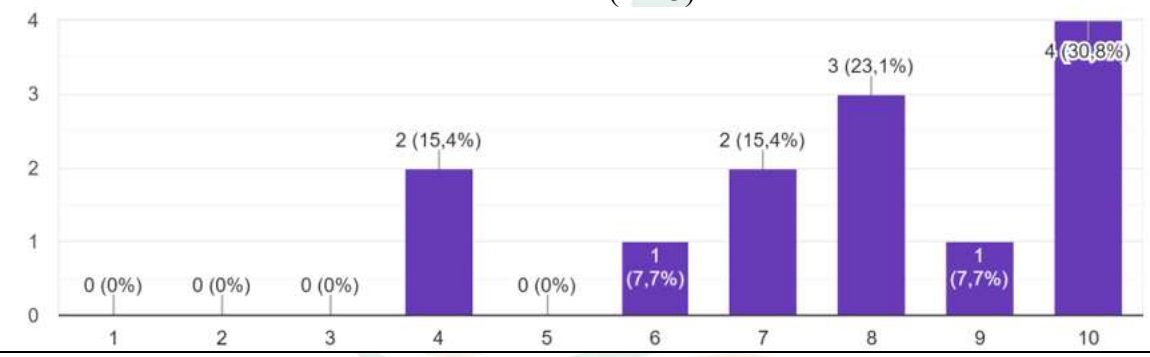
8. Какво значение отдавате на наличието на услуги и програми за социална и емоционална подкрепа за семейства в тази ситуация?

Удовлетворението от този въпрос варира между следните стойности: България (6-10), Италия (4-10), Турция (6-10), Хърватия (6-10), Испания (6-10), Словения (7-10) и Босна и Херцеговина (2-9).

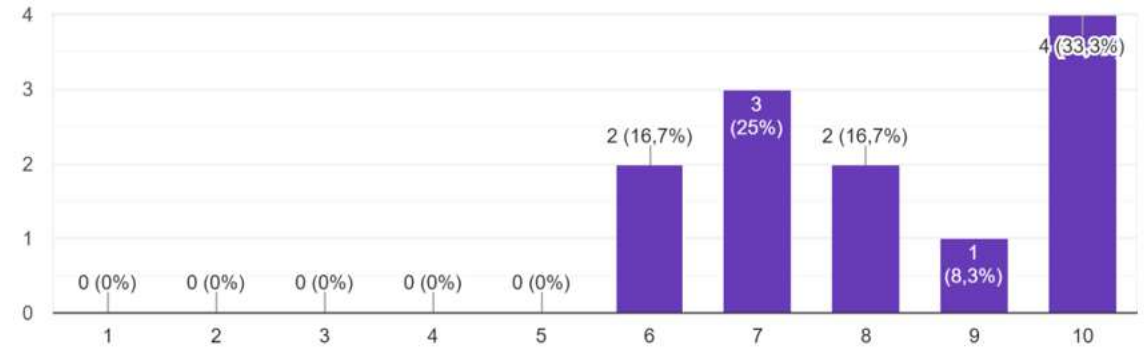
БЪЛГАРИЯ (n=29)



ИТАЛИЯ (n=13)

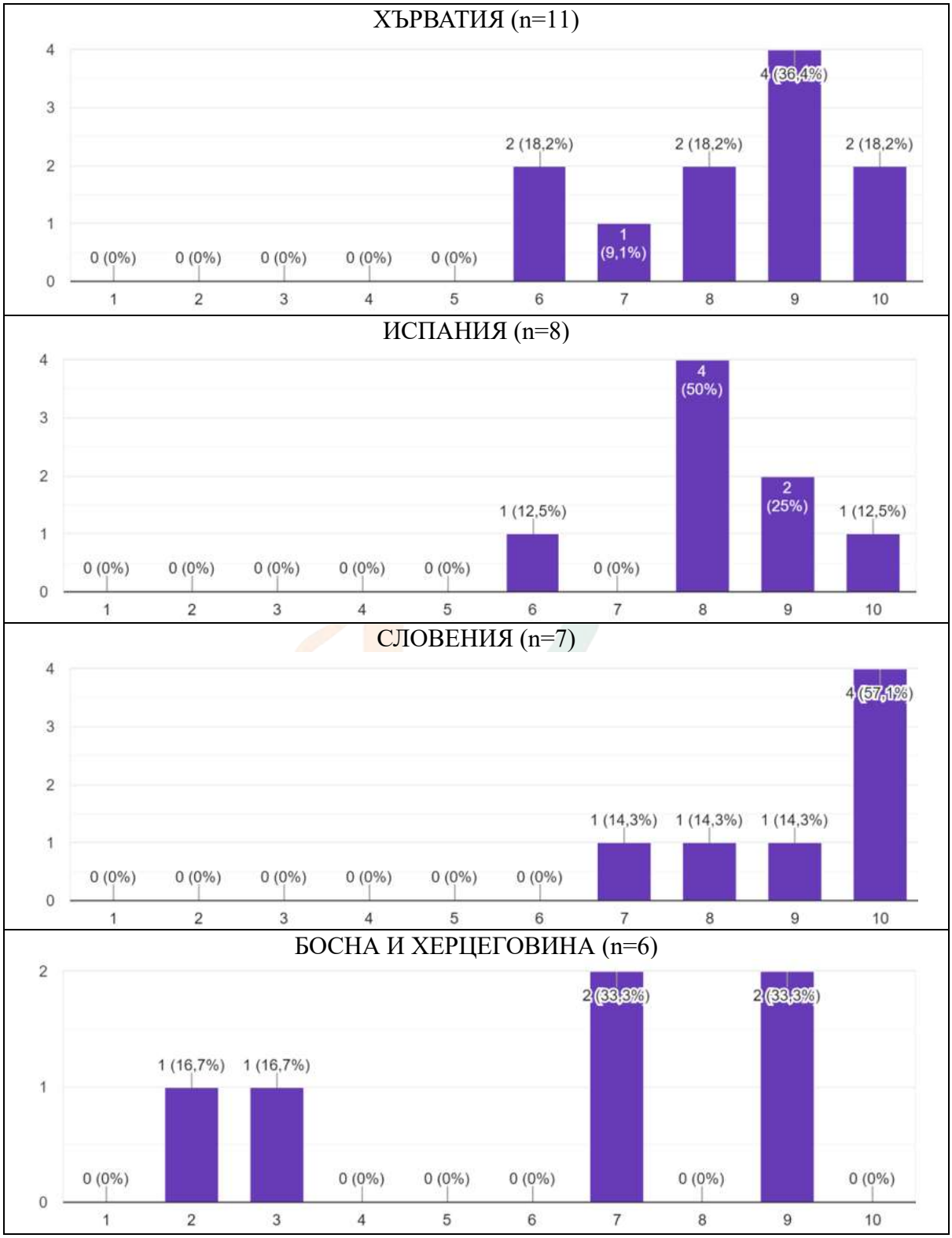


ТУРЦИЯ (n=12)



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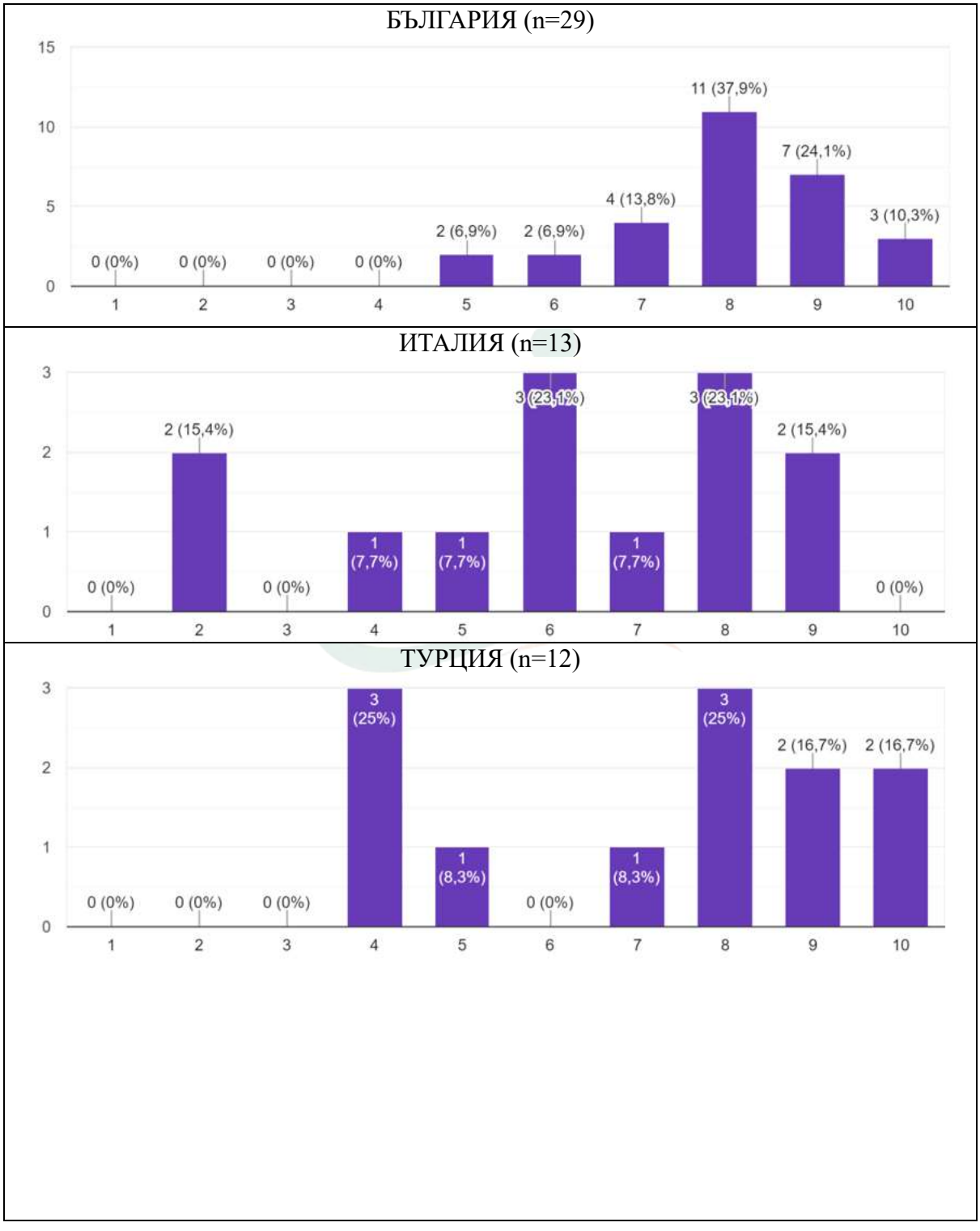
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9. Каква оценка бихте дали на обратната връзка на тези организации на вашите запитвания или молби?

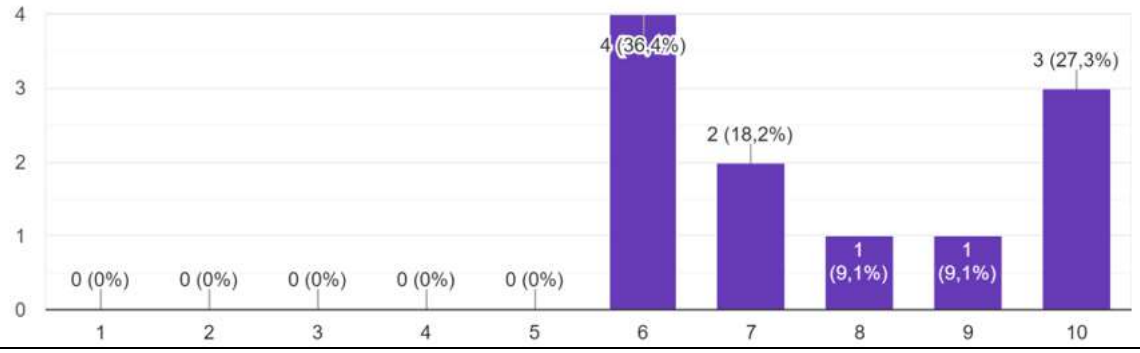
Удовлетворението от този въпрос варира между следните стойности: България (5-10), Италия (2-9), Турция (4-10), Хърватия (6-10), Испания (6-10), Словения (1-10) и Босна и Херцеговина (4-10).



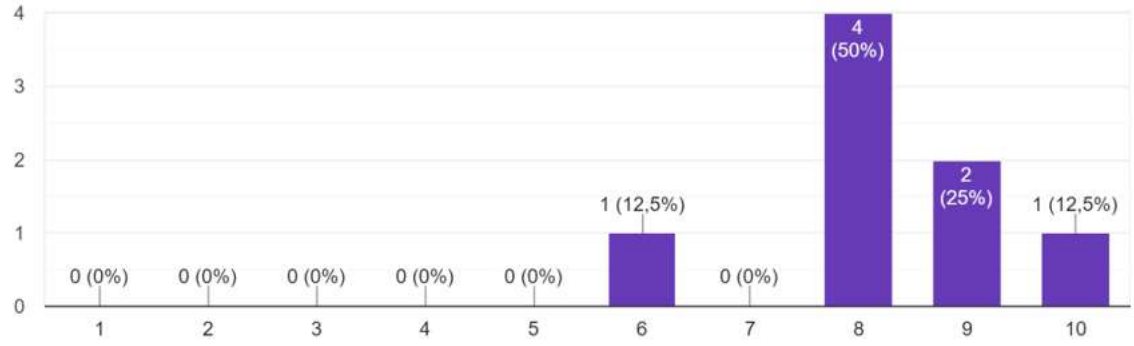
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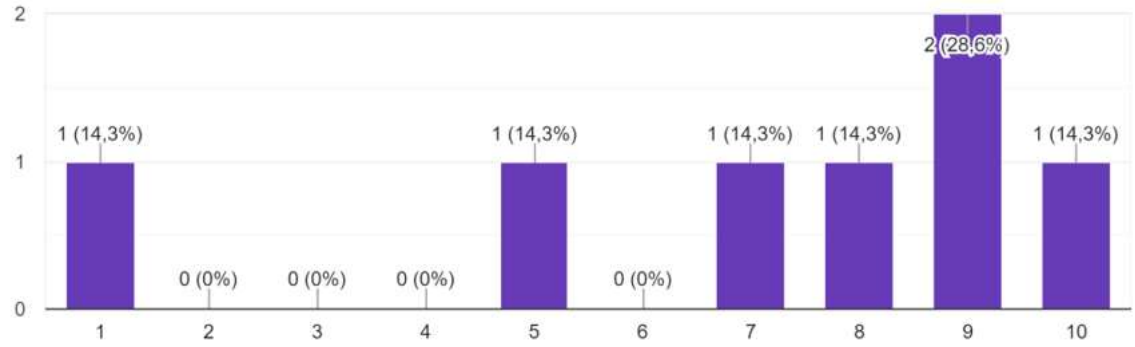
ХЪРВАТИЯ (n=11)



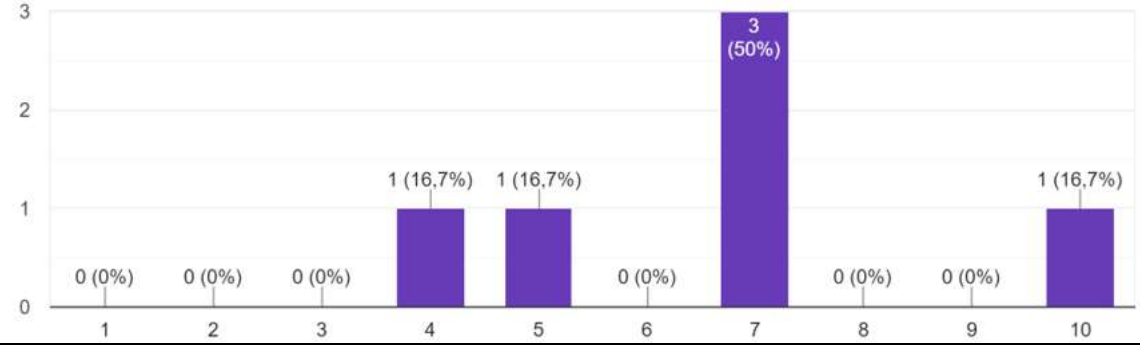
ИСПАНИЯ (n=8)



СЛОВЕНИЯ (n=7)



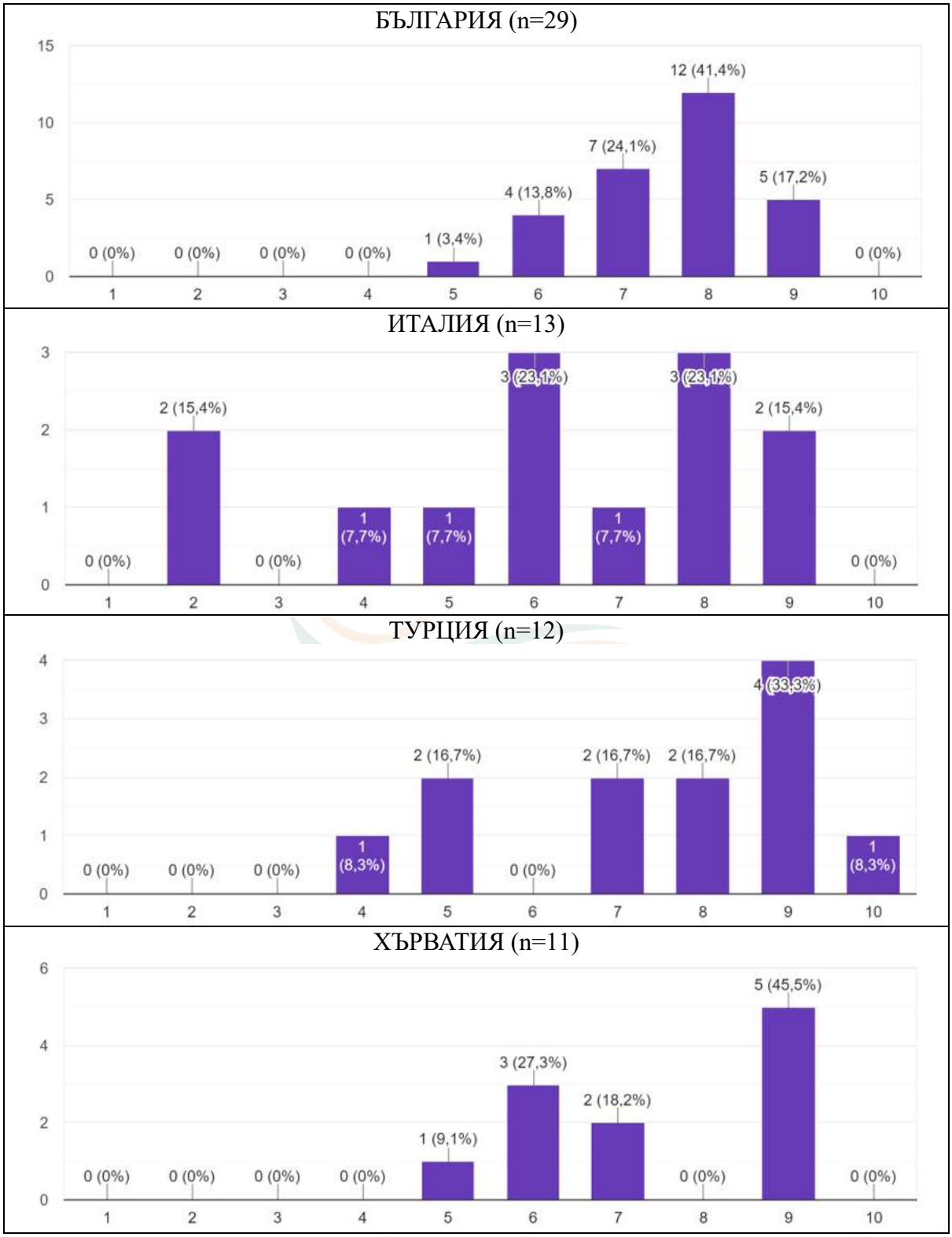
БОСНА И ХЕРЦЕГОВИНА (n=6)



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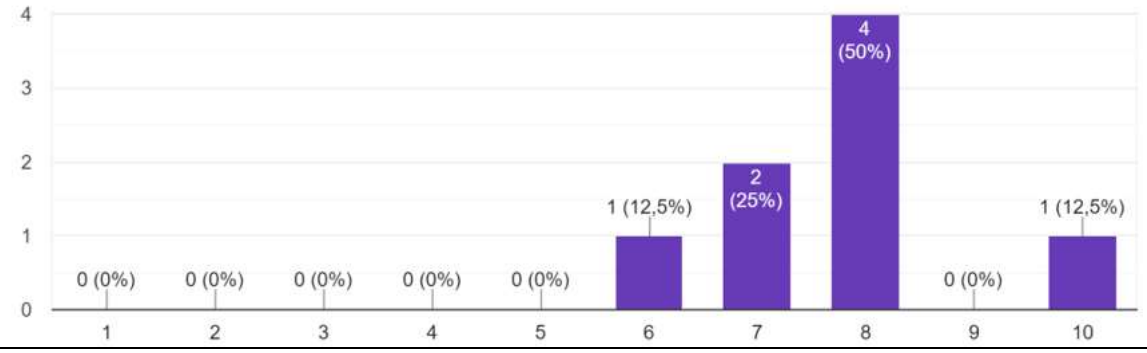
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10. А по отношение на бързината при отговаряне на вашите запитвания?
Удовлетворението от този въпрос варира между следните стойности: България (5-9), Италия (2-9), Турция (4-10), Хърватия (5-9), Испания (6-10), Словения (1-10) и Босна и Херцеговина (4-10).

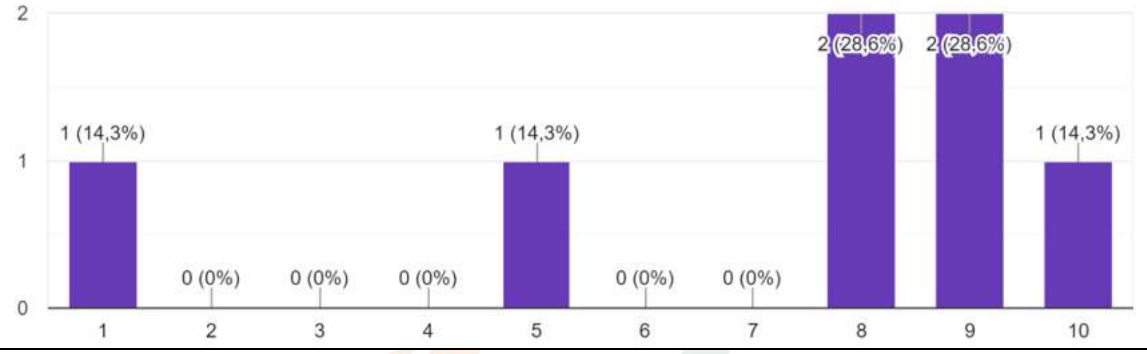


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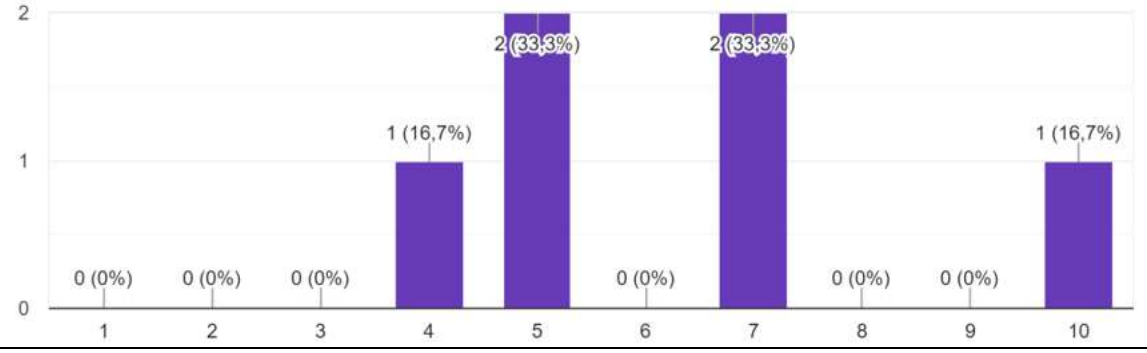
ИСПАНИЯ (n=8)



СЛОВЕНИЯ (n=7)



БОСНА И ХЕРЦЕГОВИНА (n=6)

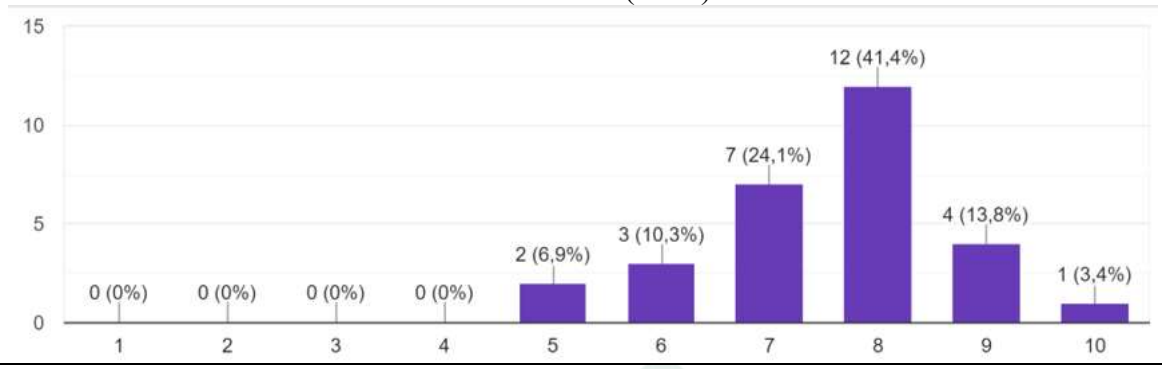


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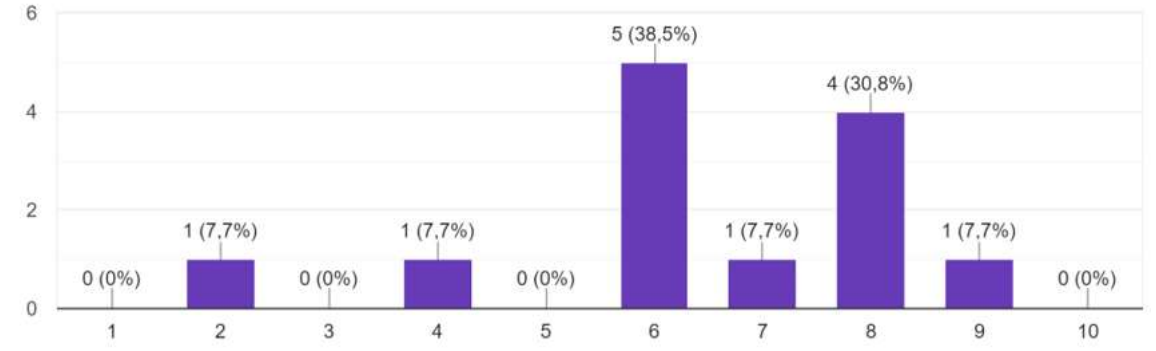
11. Смятате ли, че информационните материали, предоставени от тези организации, са ясни, привлекателни, подходящи и актуални?

Удовлетворението от този въпрос варира между следните стойности: България (5-10), Италия (2-9), Турция (4-10), Хърватия (4-10), Испания (5-10), Словения (4-10) и Босна и Херцеговина (3-9).

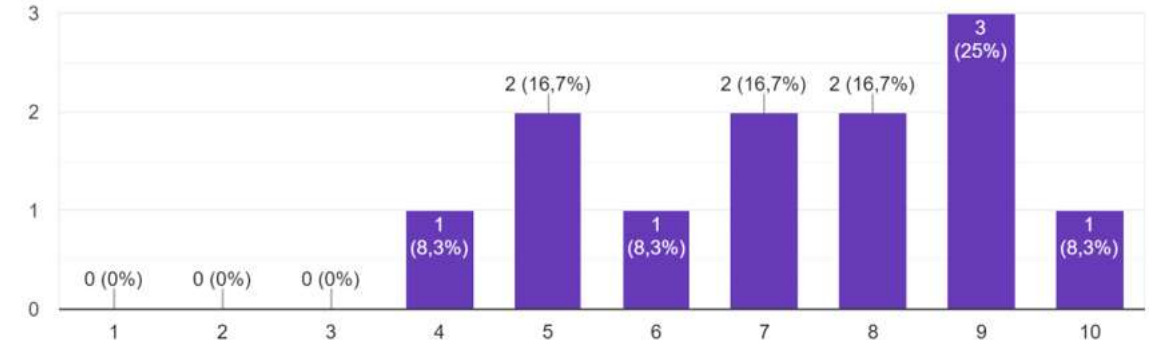
БЪЛГАРИЯ (n=29)



ИТАЛИЯ (n=13)

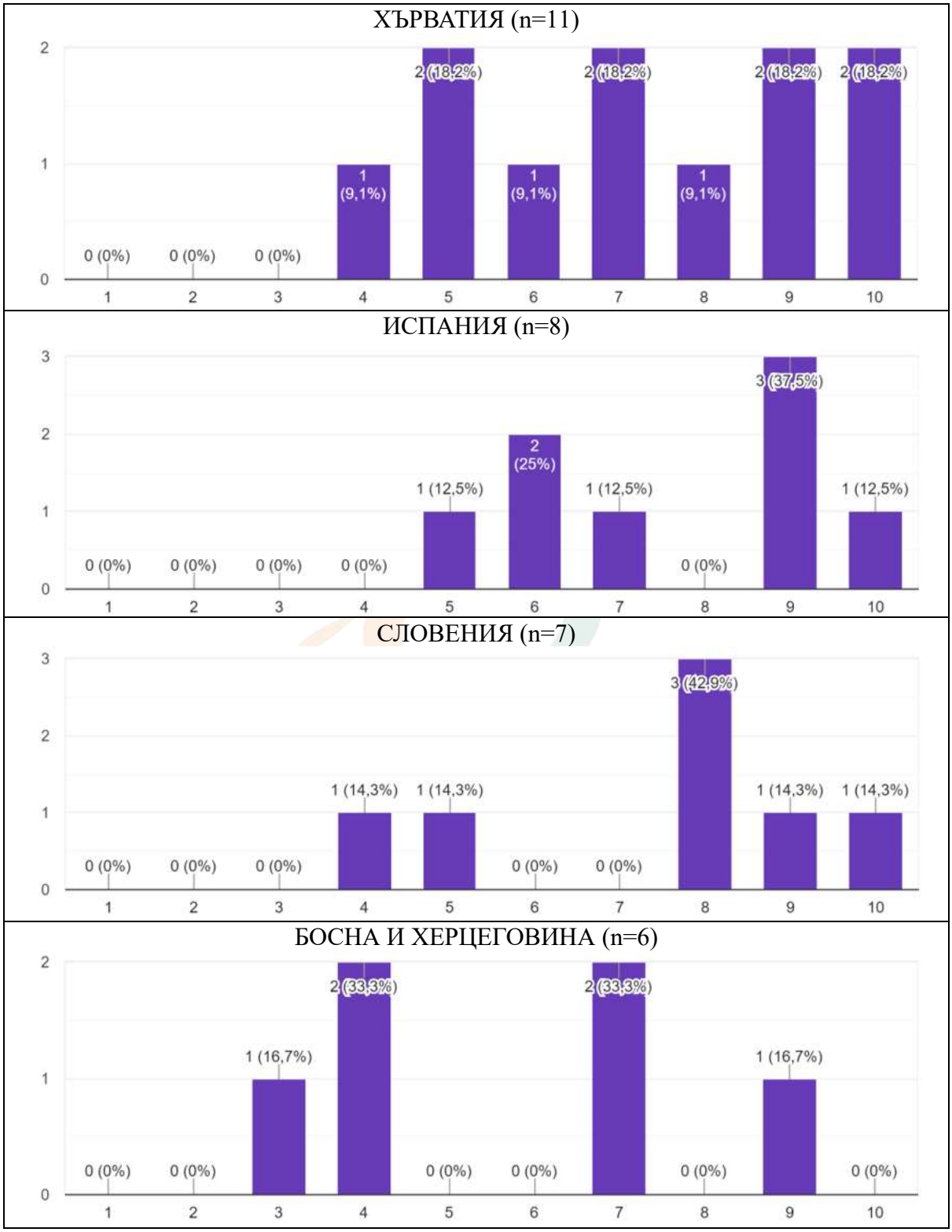


ТУРЦИЯ (n=12)



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12. Как бихте оценили включването на мненията и опита на семействата в дизайна на програмите и услугите?

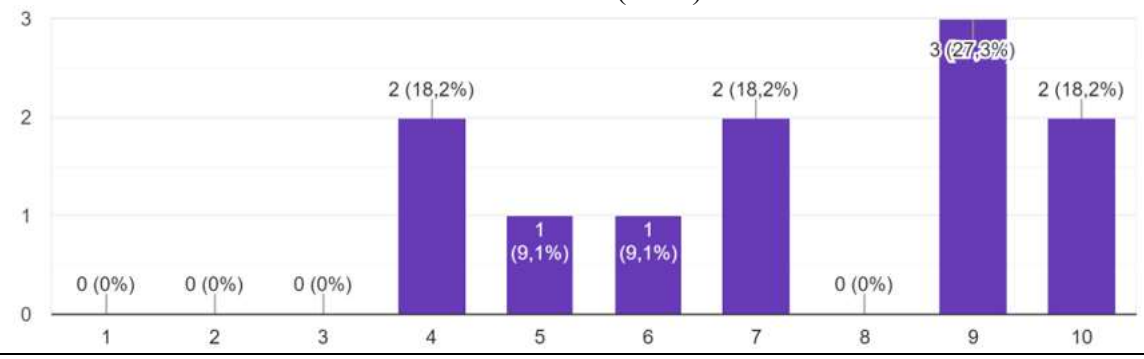
Удовлетворението от този въпрос варира от следните стойности: България (3-10), Италия (2-9), Турция (5-10), Хърватия (4-10), Испания (4-10), Словения (3-8) и Босна и Херцеговина (2-8).



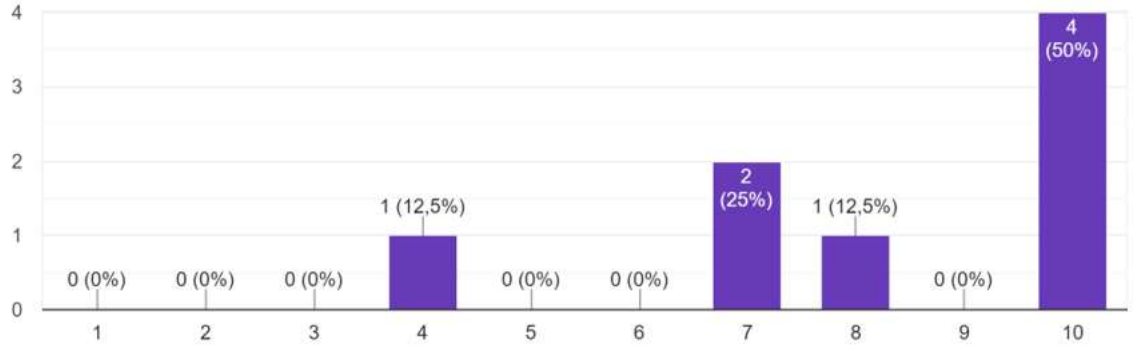
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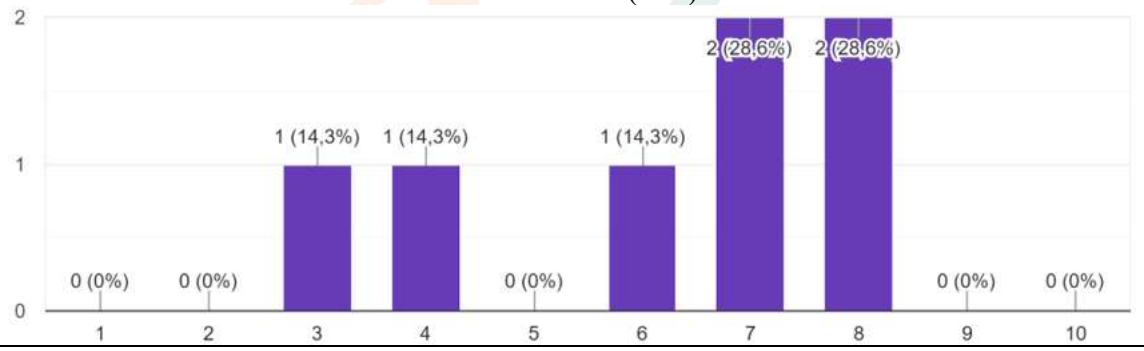
ХЪРВАТИЯ (n=11)



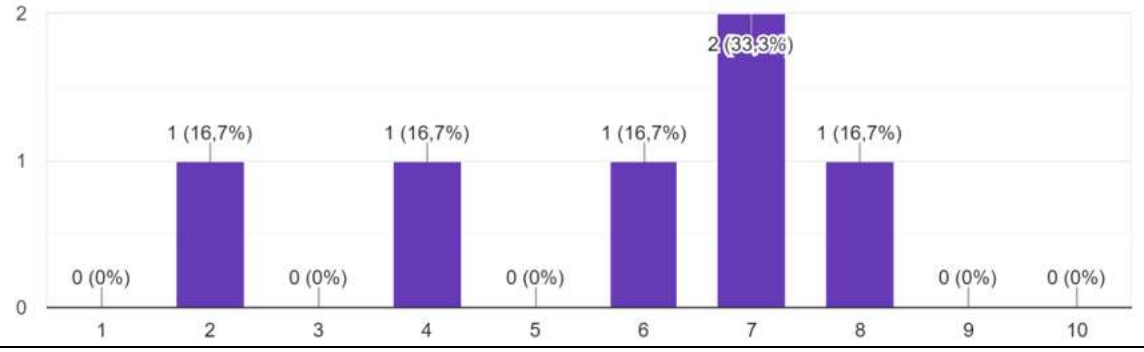
ИСПАНИЯ (n=8)



СЛОВЕНИЯ (n=7)



БОСНА И ХЕРЦЕГОВИНА (n=6)



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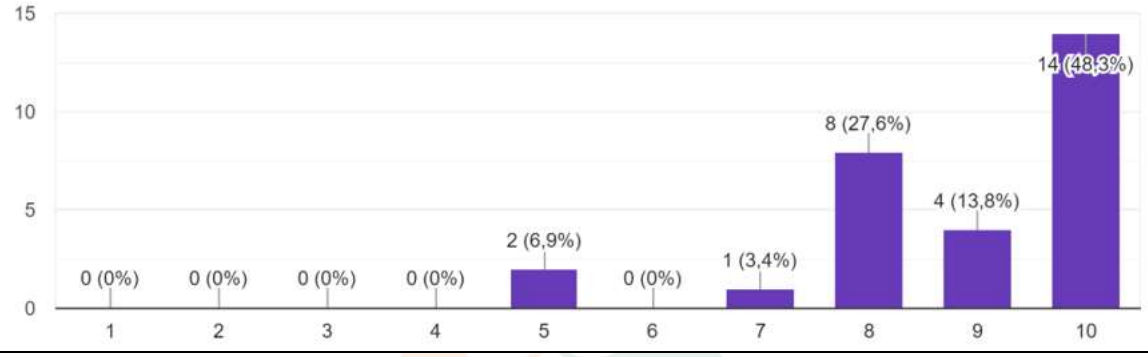
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РАЗДЕЛ 3: ОБУЧЕНИЕ

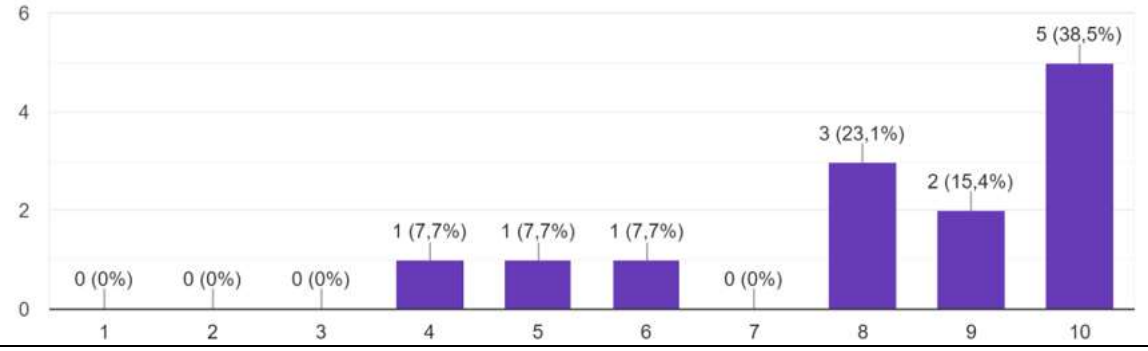
13. Какво значение отдавате на необходимостта от обучение за семейства, в които има лице с увреждания?

Удовлетворението от този въпрос варира между следните стойности: България (5-10), Италия (4-10), Турция (3-10), Хърватия (7-10), Испания (7-10), Словения (7-10) и Босна и Херцеговина (6-10).

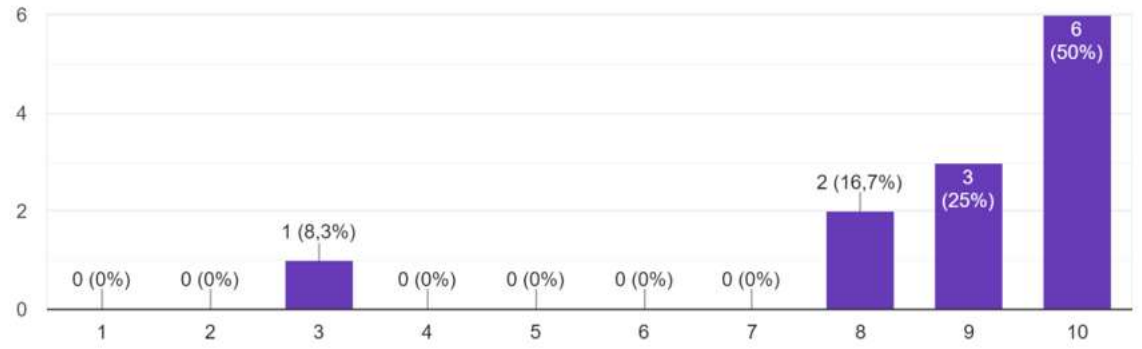
БЪЛГАРИЯ (n=29)



ИТАЛИЯ (n=13)

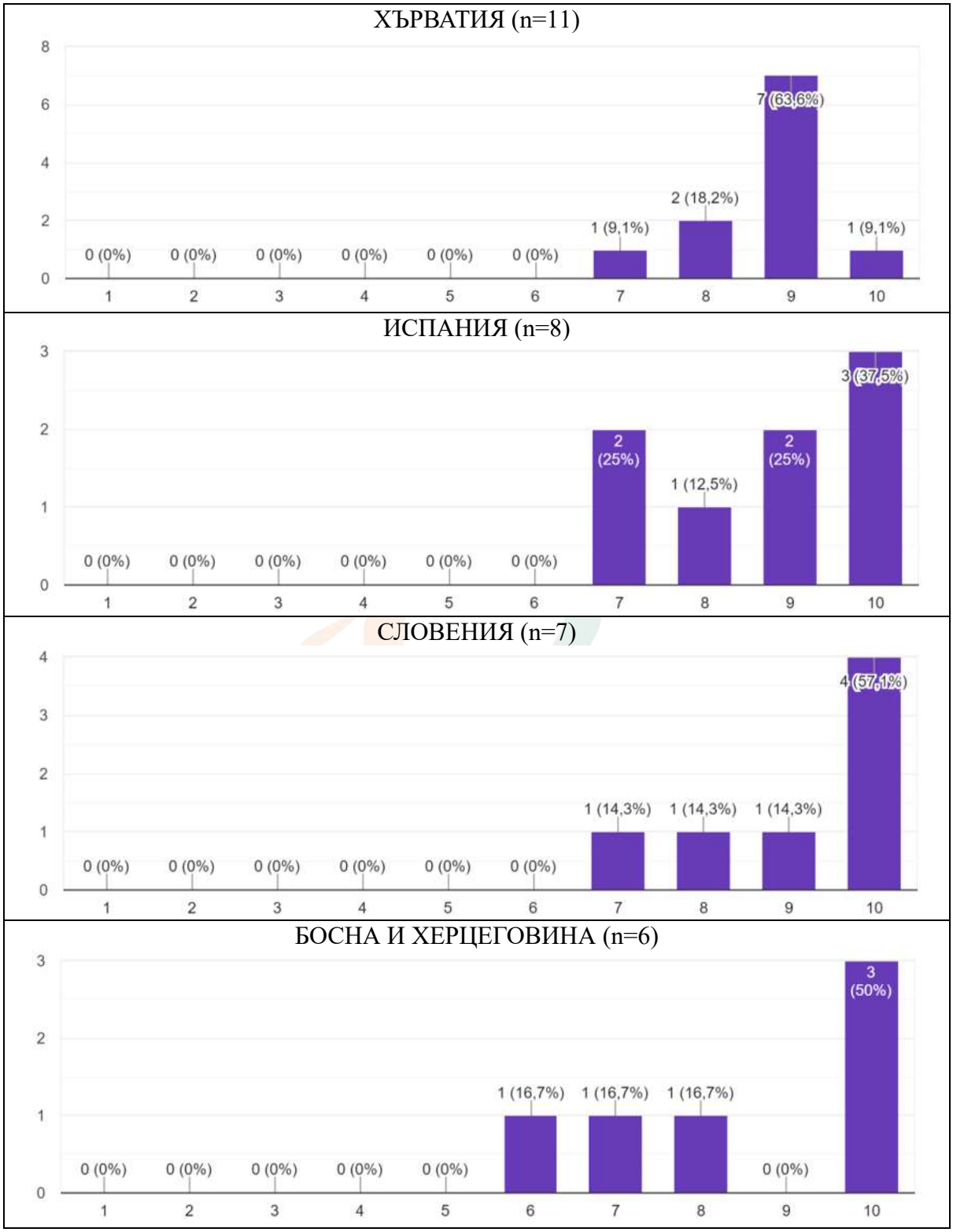


ТУРЦИЯ (n=12)



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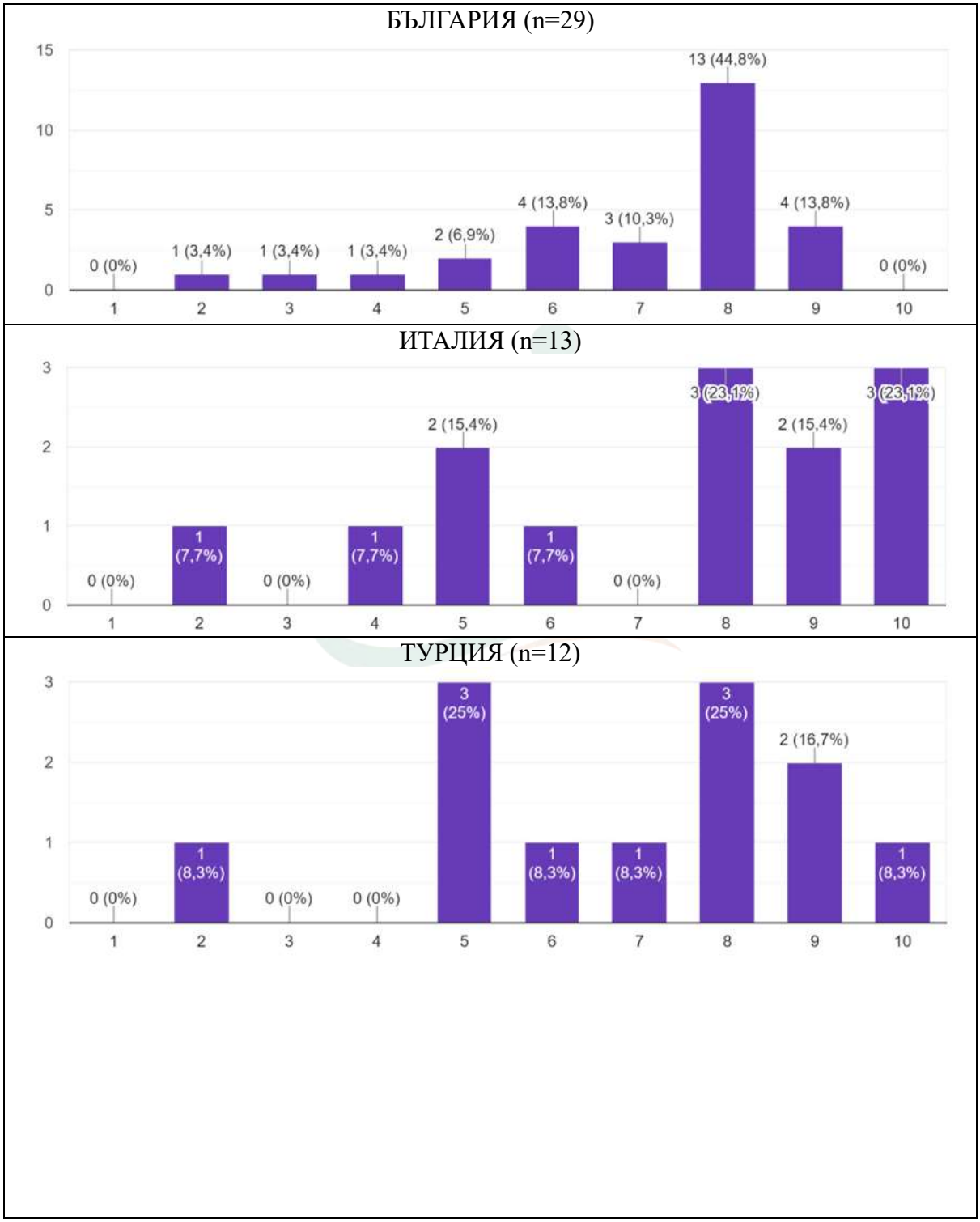


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14. Смятате ли, че текущото обучение на различните професионалисти в организациите е достатъчно?

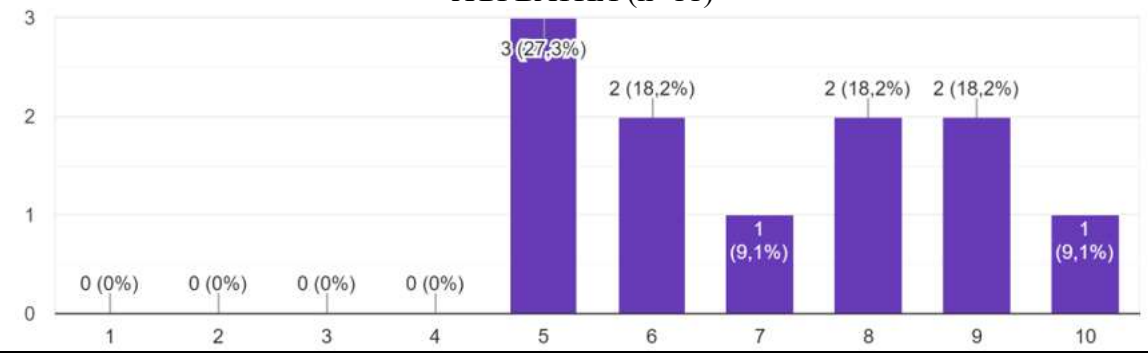
Удовлетворението от този въпрос варира между следните стойности: България (2-9), Италия (2-10), Турция (2-10), Хърватия (5-10), Испания (5-9), Словения (1-10) и Босна и Херцеговина (4-8).



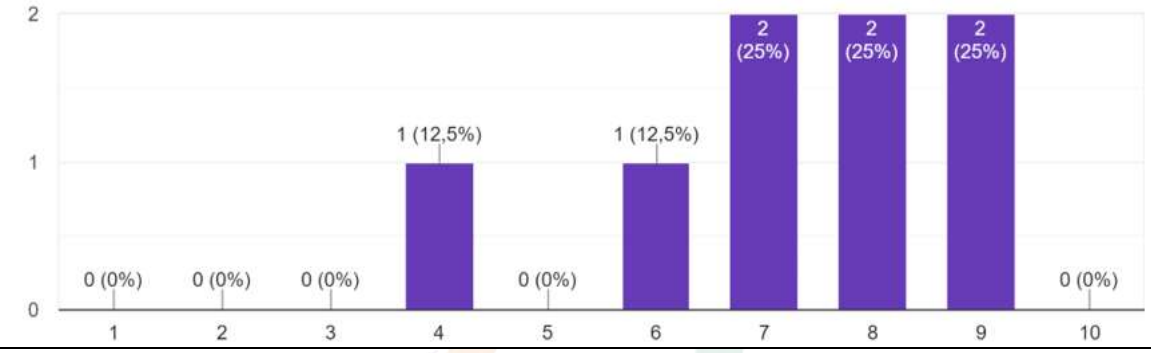
Co-funded by the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

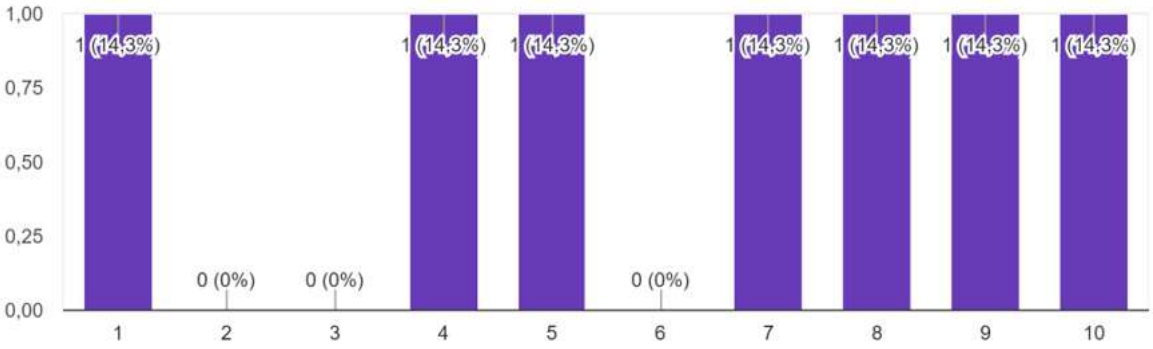
ХЪРВАТИЯ (n=11)



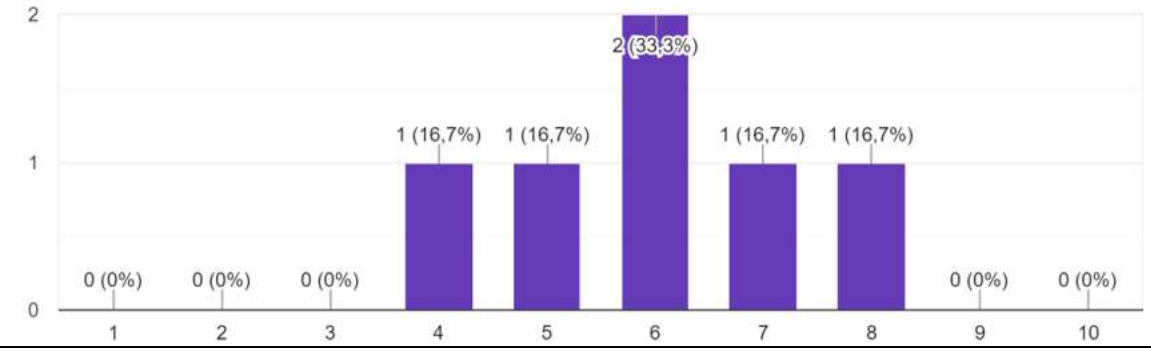
ИСПАНИЯ (n=8)



СЛОВЕНИЯ (n=7)



БОСНА И ХЕРЦЕГОВИНА (n=6)

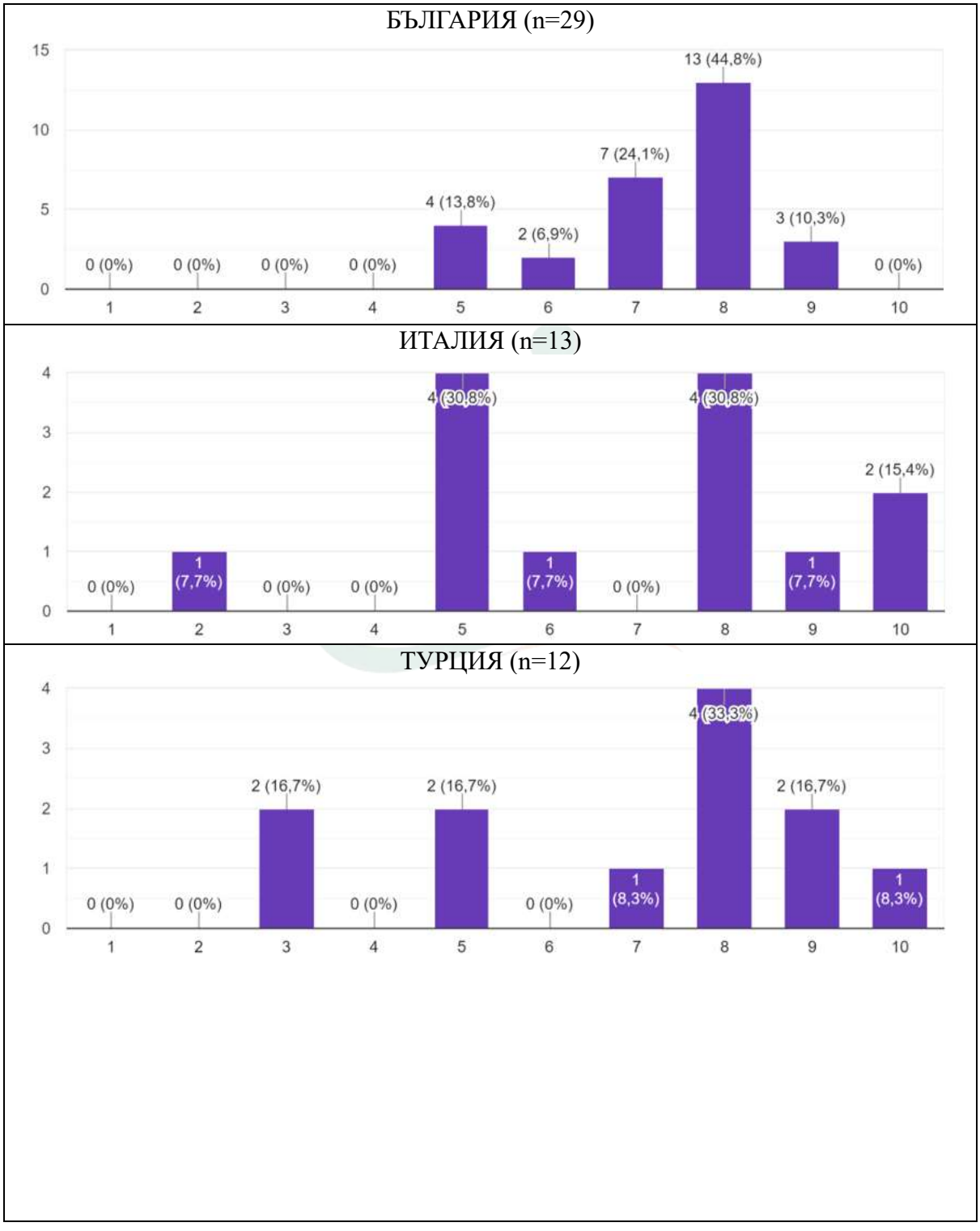


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15. Смятате ли обучителните материали, предоставени от тези организации, са ясни, с последователна структура, подходящи и актуални?

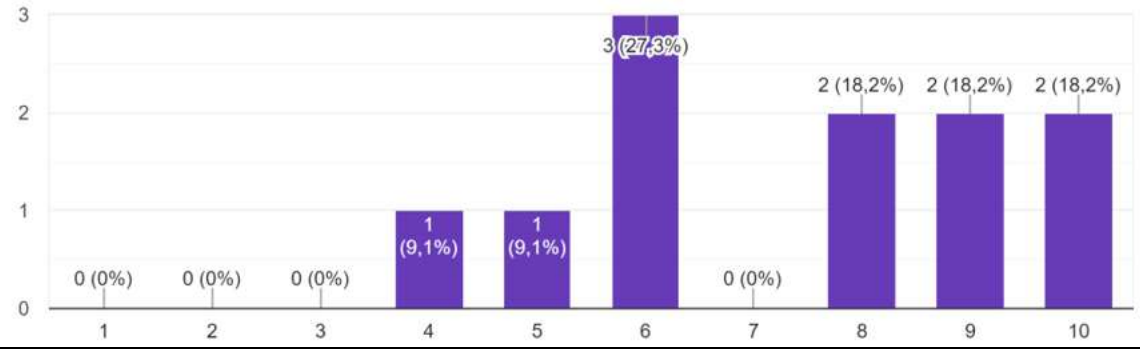
Удовлетворението от този въпрос варира между следните стойности: България (5-9), Италия (2-10), Турция (3-10), Хърватия (4-10), Испания (4-9), Словения (3-10) и Босна и Херцеговина (3-7).



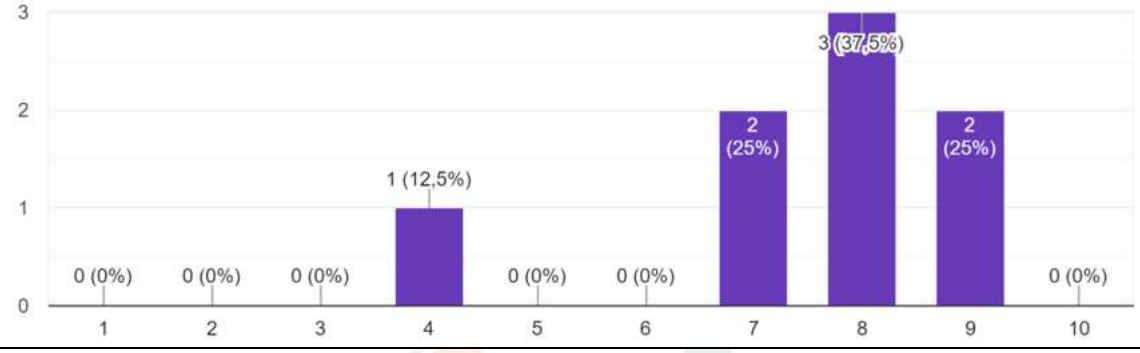
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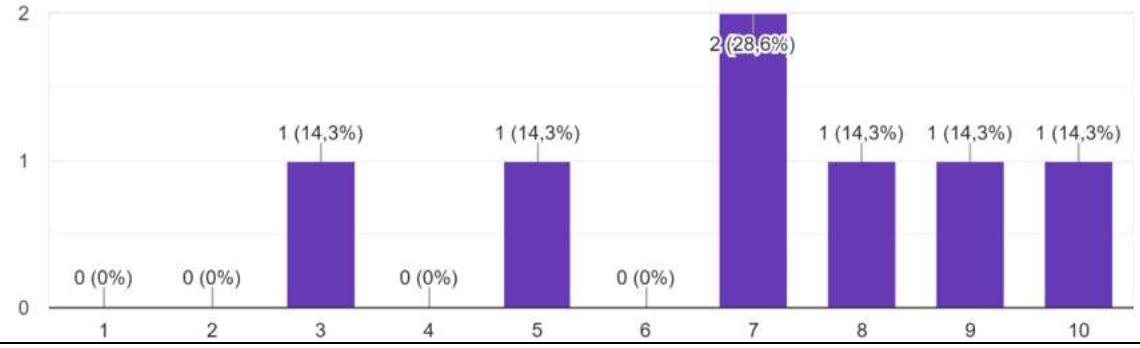
ХЪРВАТИЯ (n=11)



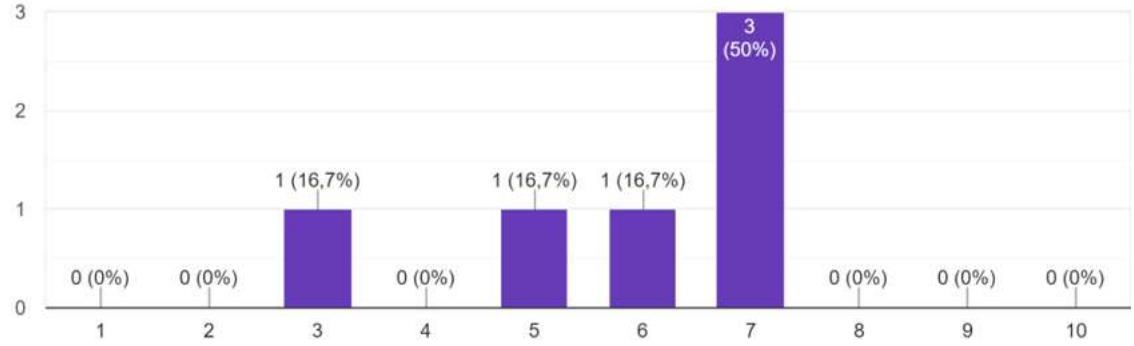
ИСПАНИЯ (n=8)



СЛОВЕНИЯ (n=7)



БОСНА И ХЕРЦЕГОВИНА (n=6)

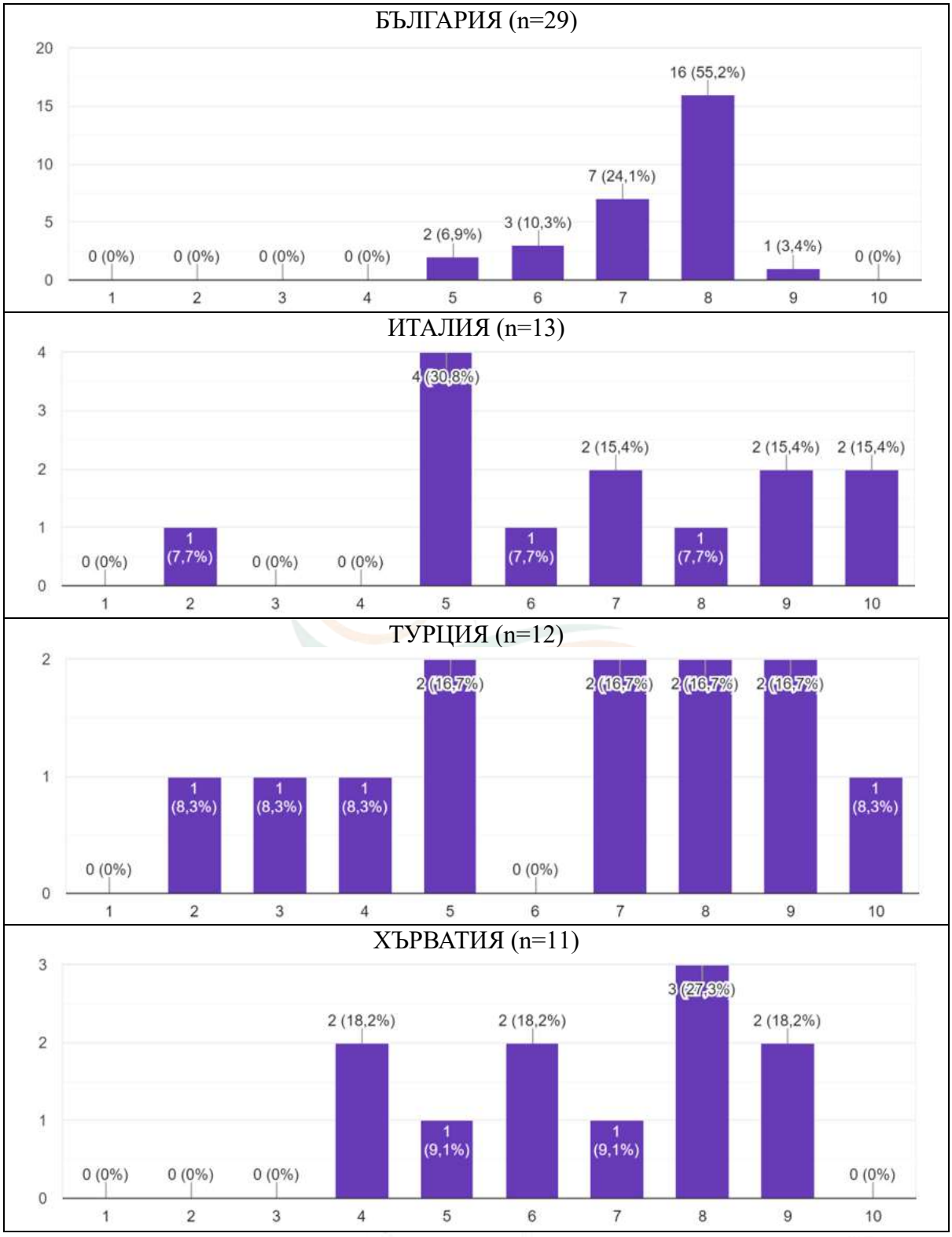


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16. Приспособими и персонализирани ли са те?

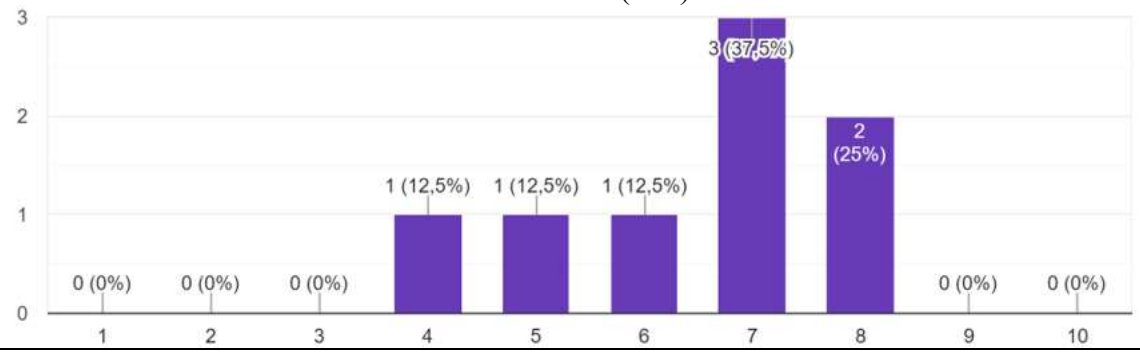
Удовлетворението от този въпрос варира между следните стойности: България (5-9), Италия (2-10), Турция (2-10), Хърватия (4-9), Испания (4-8), Словения (3-9) и Босна и Херцеговина (3-7).



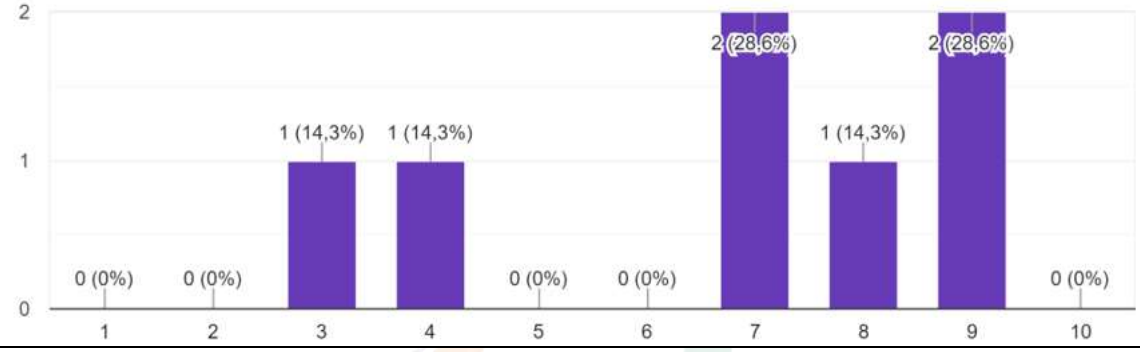
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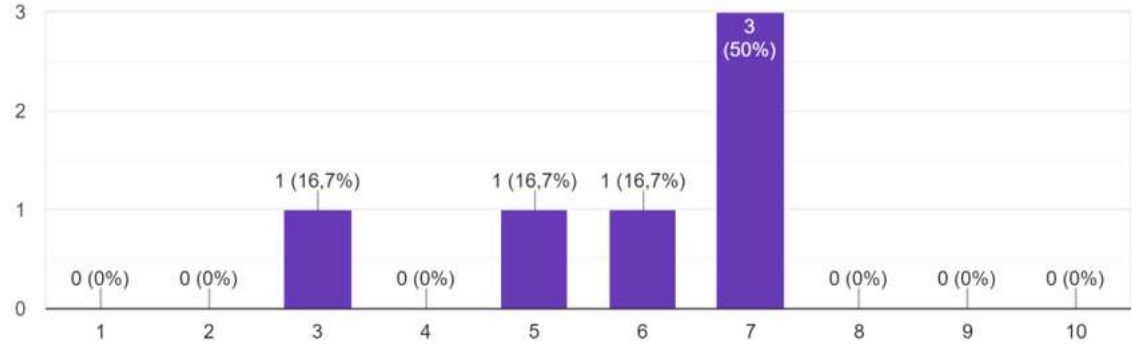
ИСПАНИЯ (n=8)



СЛОВЕНИЯ (n=7)

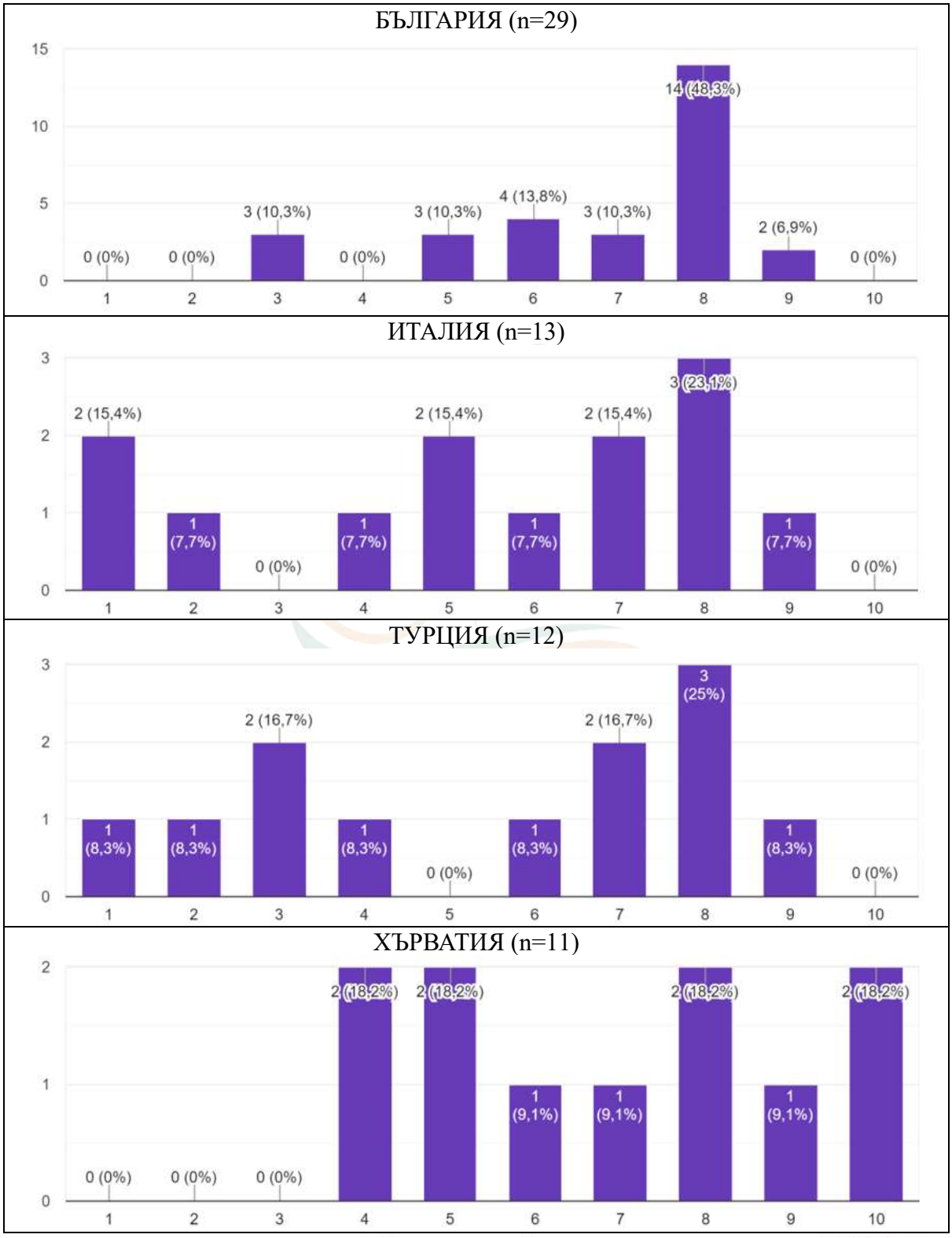


БОСНА И ХЕРЦЕГОВИНА (n=6)



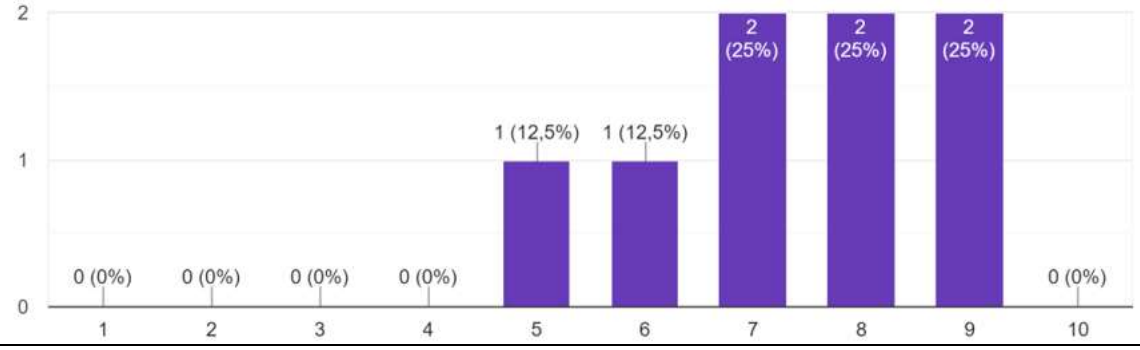
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17. Смятате ли, че сегашното образование и обучение на семействата е достатъчно? Удовлетворението от този въпрос варира от следните стойности: България (3-9), Италия (1-9), Турция (1-9), Хърватия (4-10), Испания (5-9), Словения (1-8) и Босна и Херцеговина (3-9).

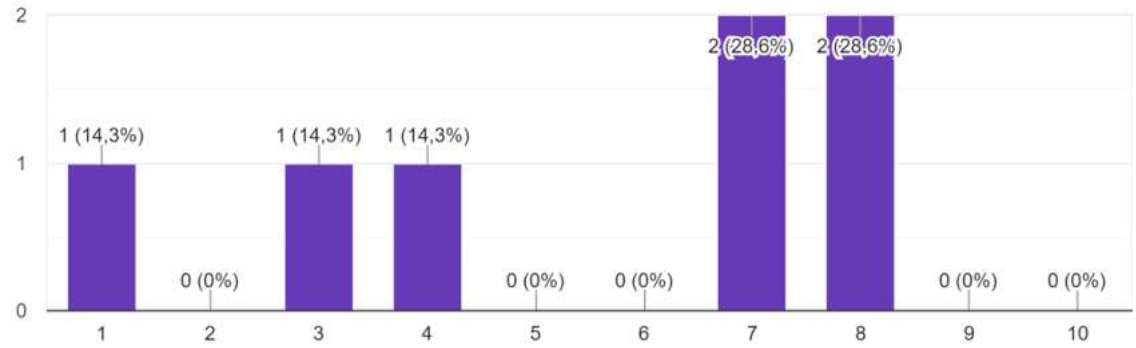


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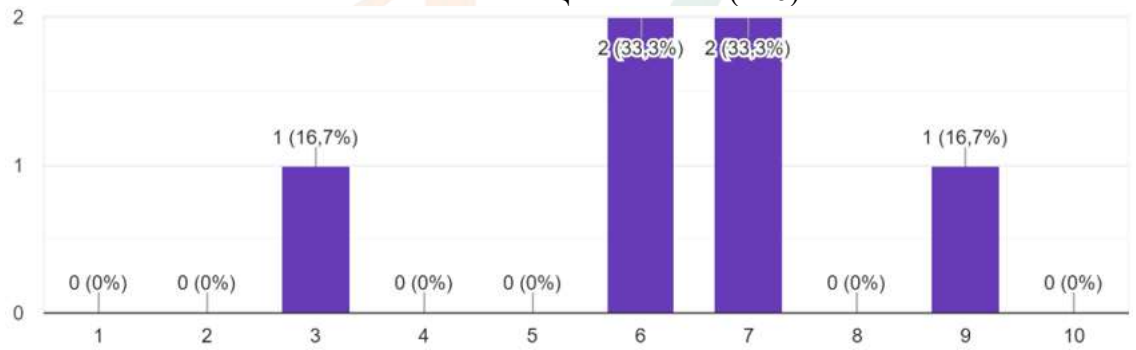
ИСПАНИЯ (n=8)



СЛОВЕНИЯ (n=7)



БОСНА И ХЕРЦЕГОВИНА (n=6)



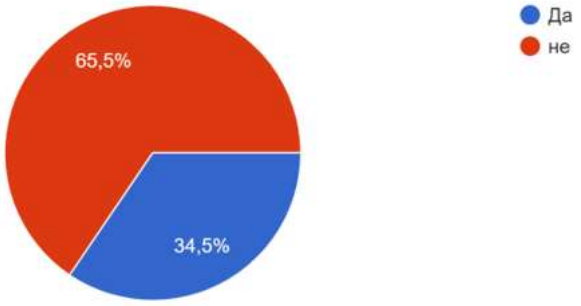
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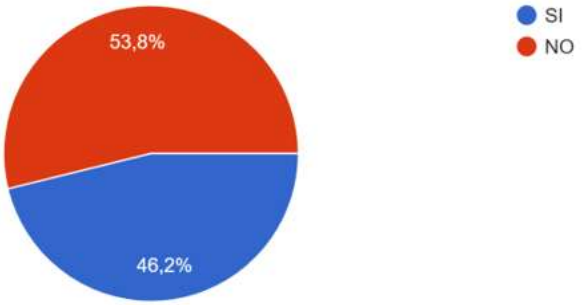
18. Вие или някой от вашето семейство, участвали ли сте в семинари, конференции или други обучителни дейности, организирани от организации, които подкрепят хора с увреждания?

Процентът на хората в извадката, участвали в обучителни дейности, е както следва: България (34,5%), Италия (46,2%), Турция (66,7%), Хърватия (63,6%), Испания (87,5%), Словения (71,4%) и Босна и Херцеговина (83,3%).

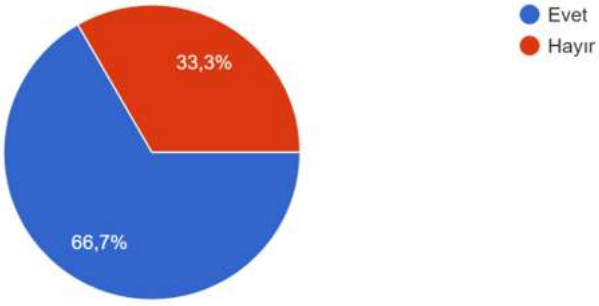
БЪЛГАРИЯ (n=29)



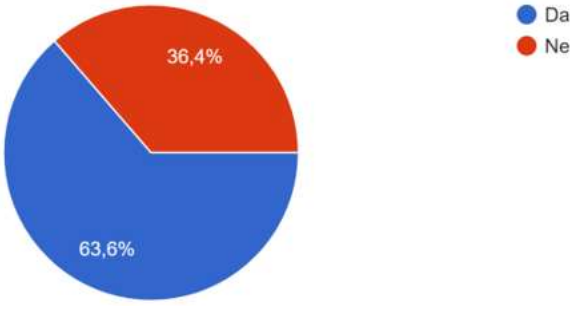
ИТАЛИЯ (n=13)



ТУРЦИЯ (n=12)



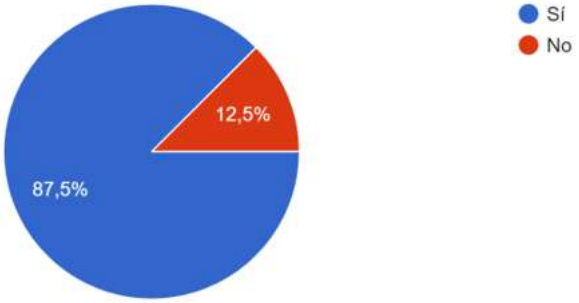
ХЪРВАТИЯ (n=11)



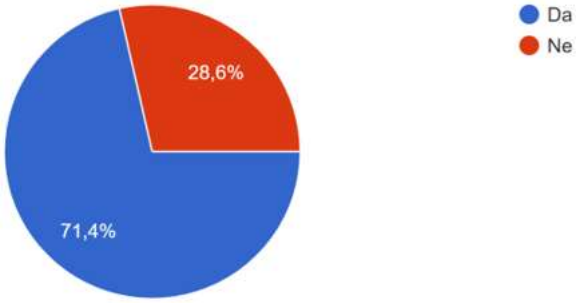
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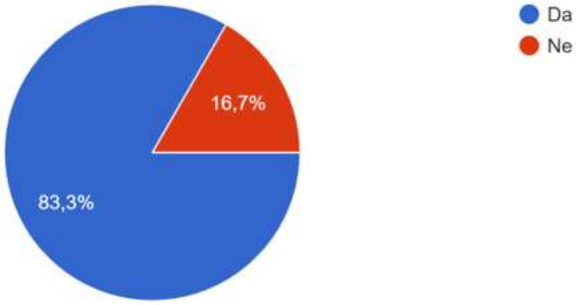
ИСПАНИЯ (n=8)



СЛОВЕНИЯ (n=7)



БОСНА И ХЕРЦЕГОВИНА (n=6)



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РАЗДЕЛ 4: КООРДИНАЦИЯ, ПРОЗРАЧНОСТ, МОНИТОРИНГ И УДОВЛЕТВОРЕНИЕ.

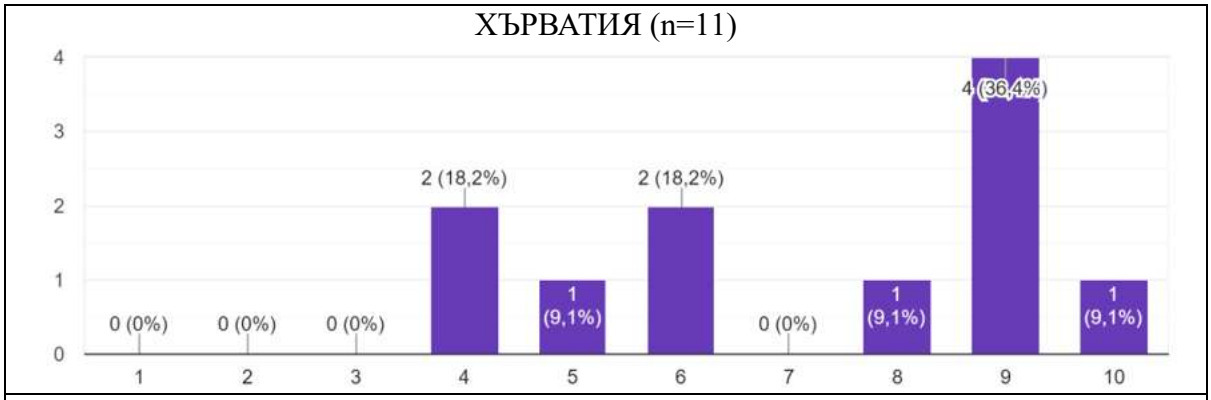
19. Как оценявате координацията между служителите на организациите?

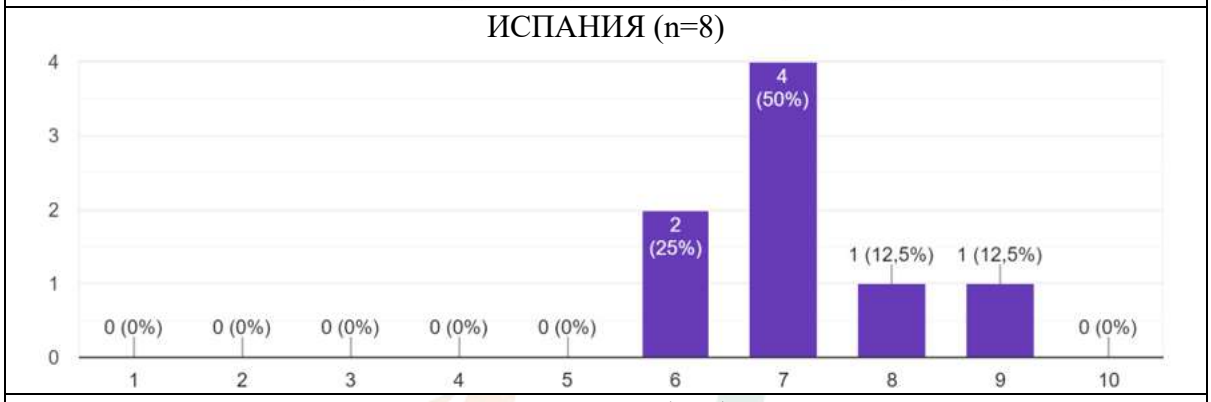
Удовлетворението от този въпрос варира между следните стойности: България (5-9), Италия (1-9), Турция (3-10), Хърватия (4-10), Испания (6-9), Словения (3-10) и Босна и Херцеговина (6-10).

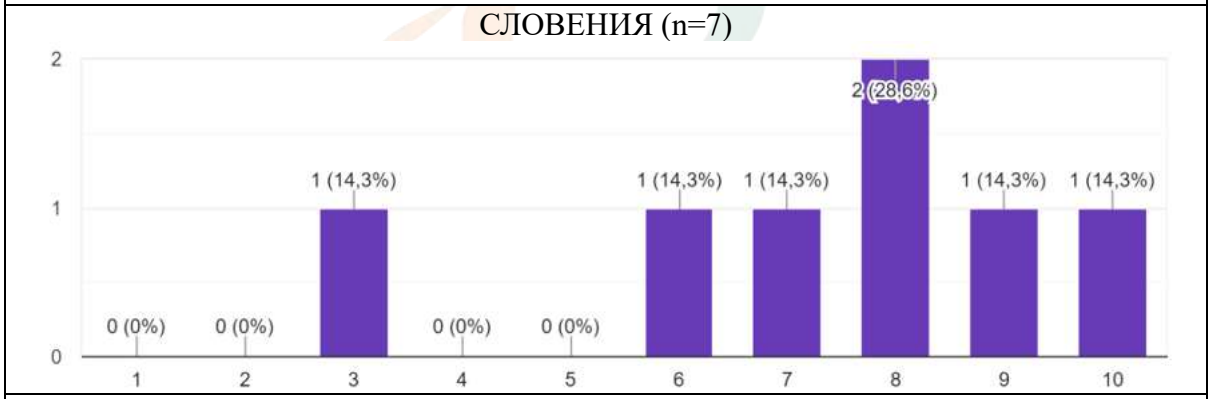


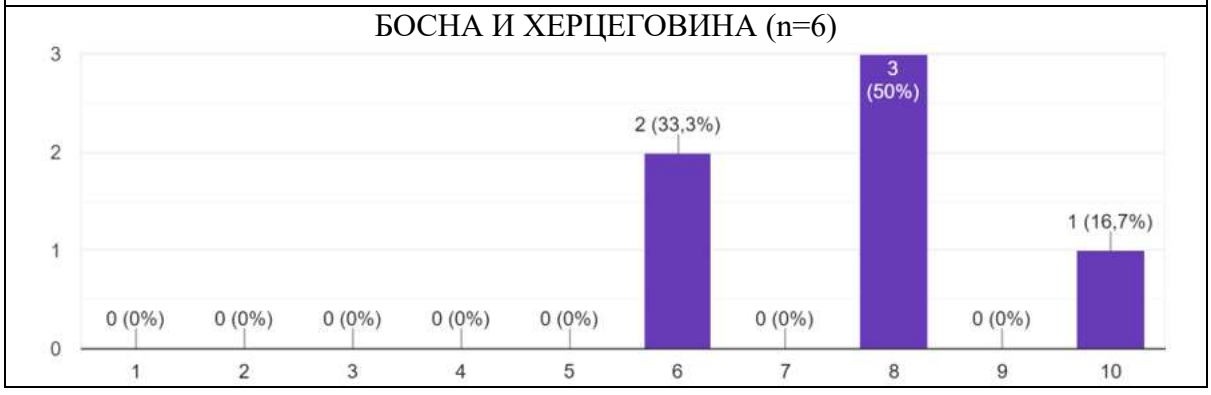
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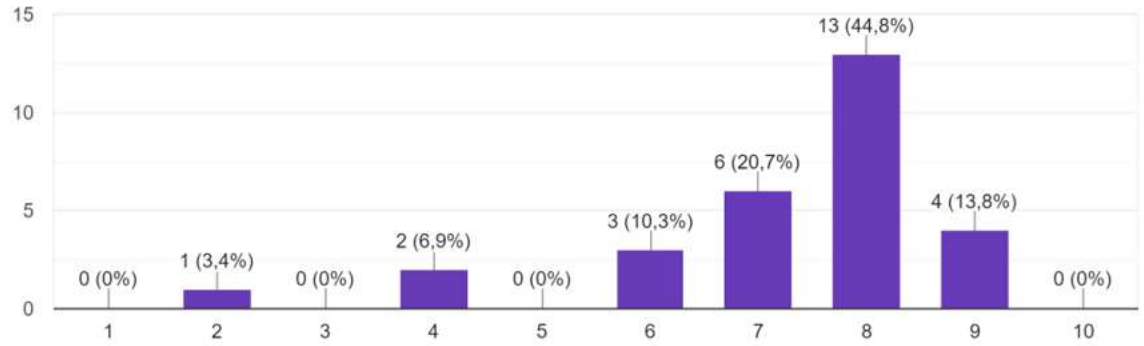


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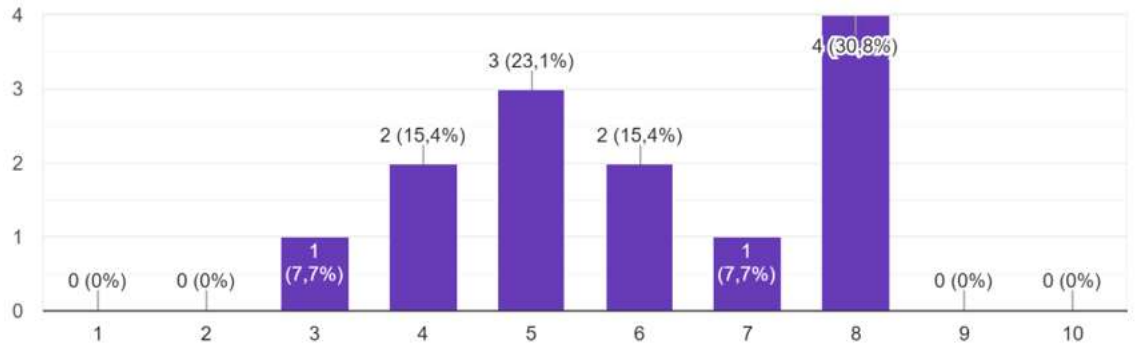
20. Какво мислите за координацията между организациите, които подкрепят хората с увреждания и други здравни услуги за предоставяне на цялостна подкрепа на семействата?

Удовлетворението от този въпрос варира между следните стойности: България (2-9), Италия (3-8), Турция (3-10), Хърватия (4-10), Испания (2-6), Словения (2-10) и Босна и Херцеговина (4-10).

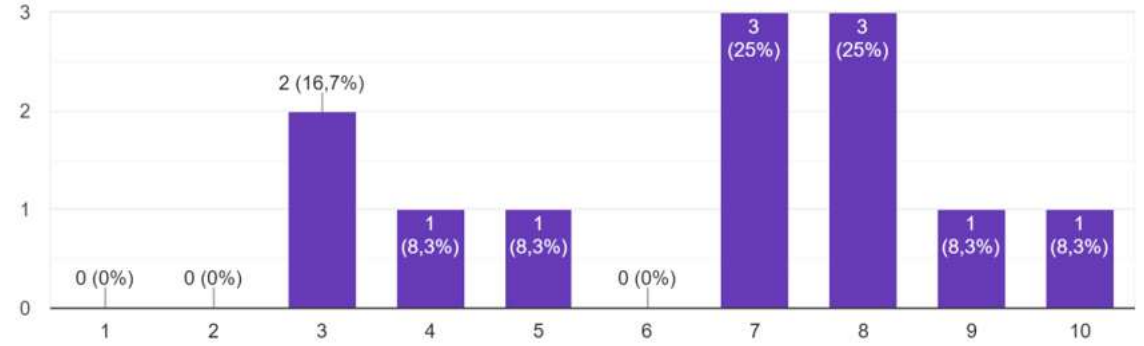
БЪЛГАРИЯ (n=29)



ИТАЛИЯ (n=13)



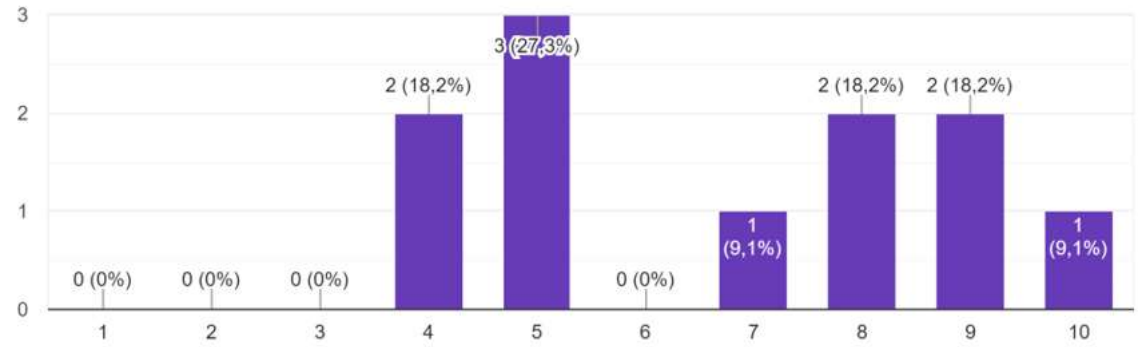
ТУРЦИЯ (n=12)



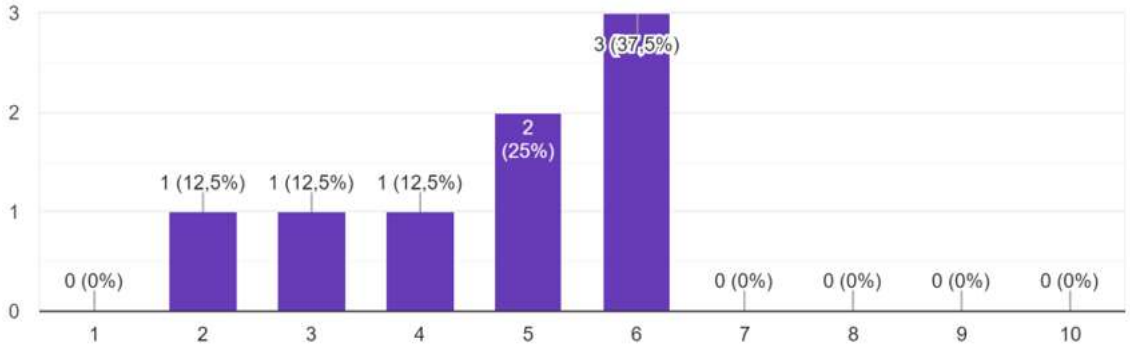
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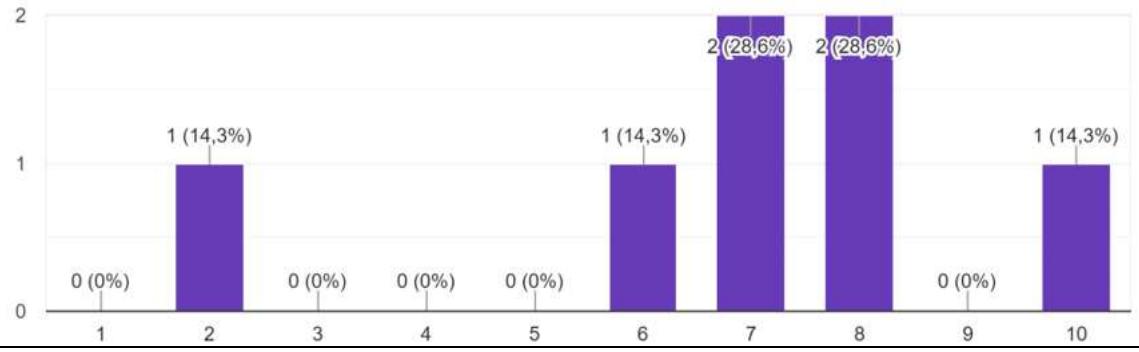
ХЪРВАТИЯ (n=11)



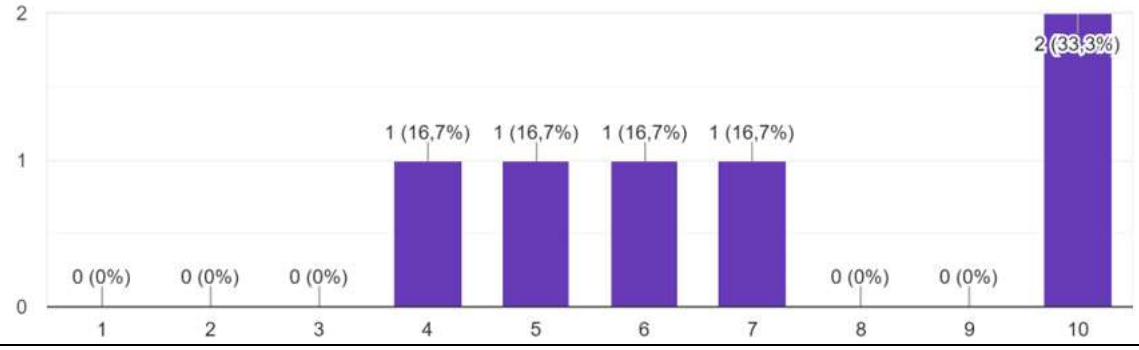
ИСПАНИЯ (n=8)



СЛОВЕНИЯ (n=7)



БОСНА И ХЕРЦЕГОВИНА (n=6)

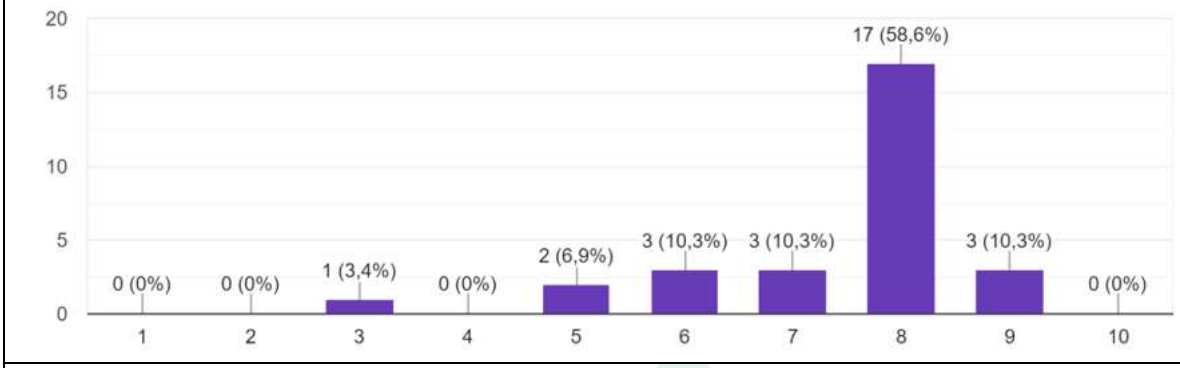


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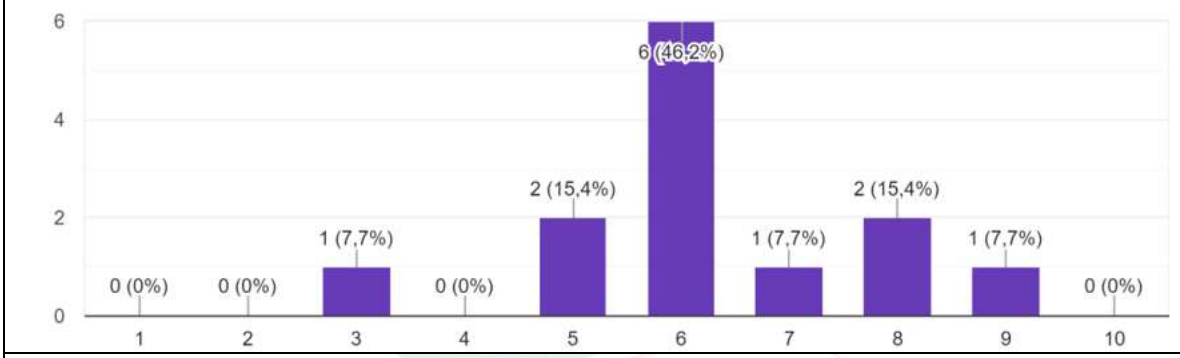
21. Намирате ли политиките и процесите на тези организации за прозрачни по отношение на грижите и подкрепата на хората с увреждания?

Удовлетворението от този въпрос варира от следните стойности: България (3-9), Италия (3-9), Турция (3-10), Хърватия (4-10), Испания (4-9), Словения (2-9) и Босна и Херцеговина (4-10).

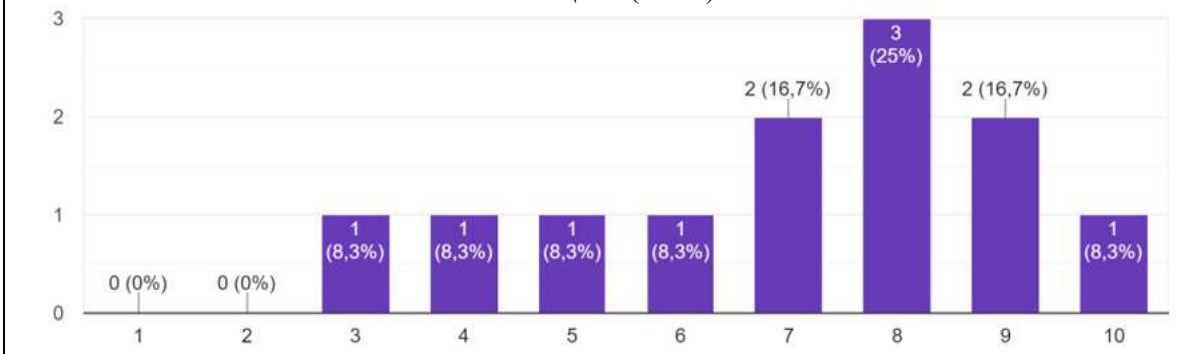
БЪЛГАРИЯ (n=29)



ИТАЛИЯ (n=13)

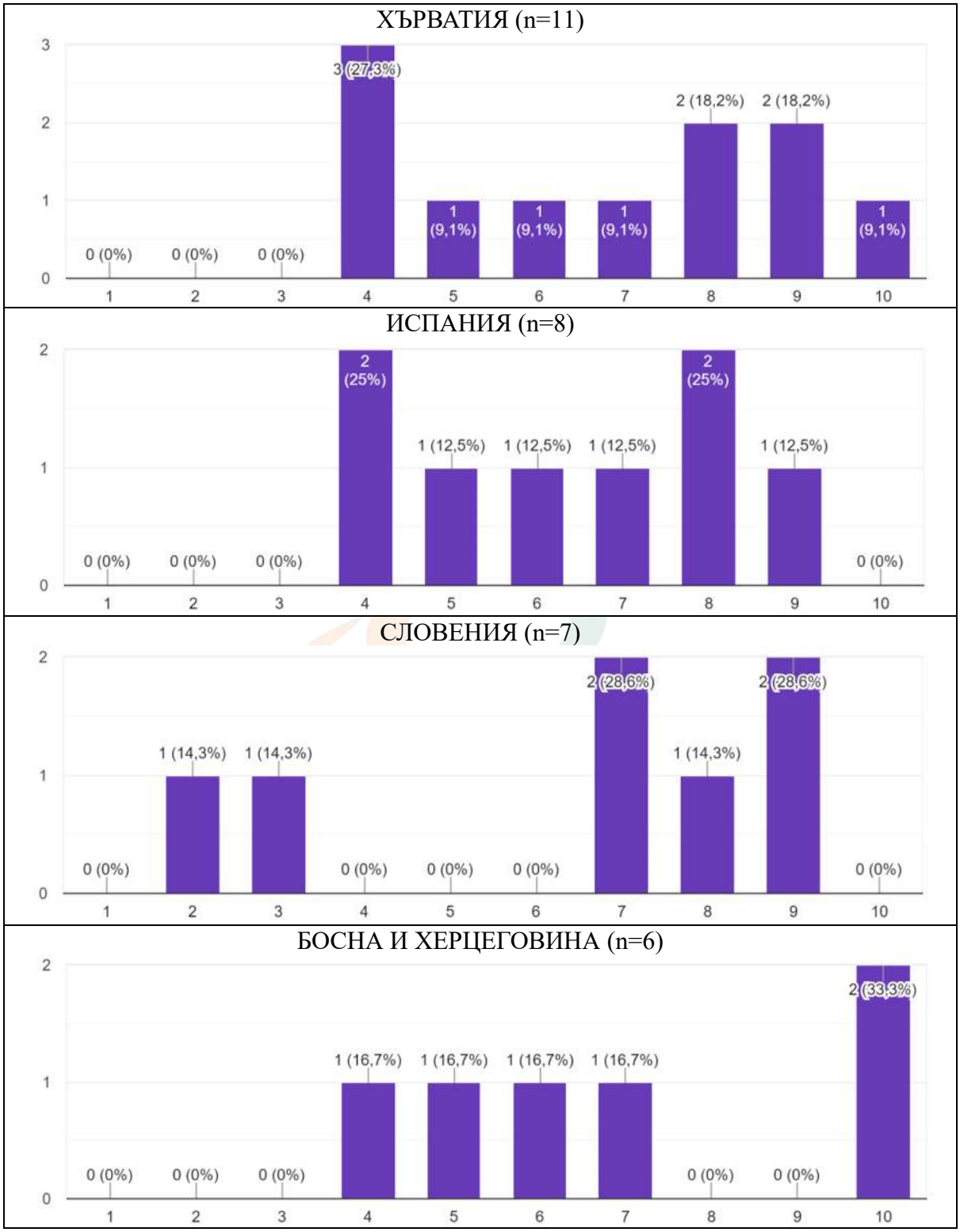


ТУРЦИЯ (n=12)



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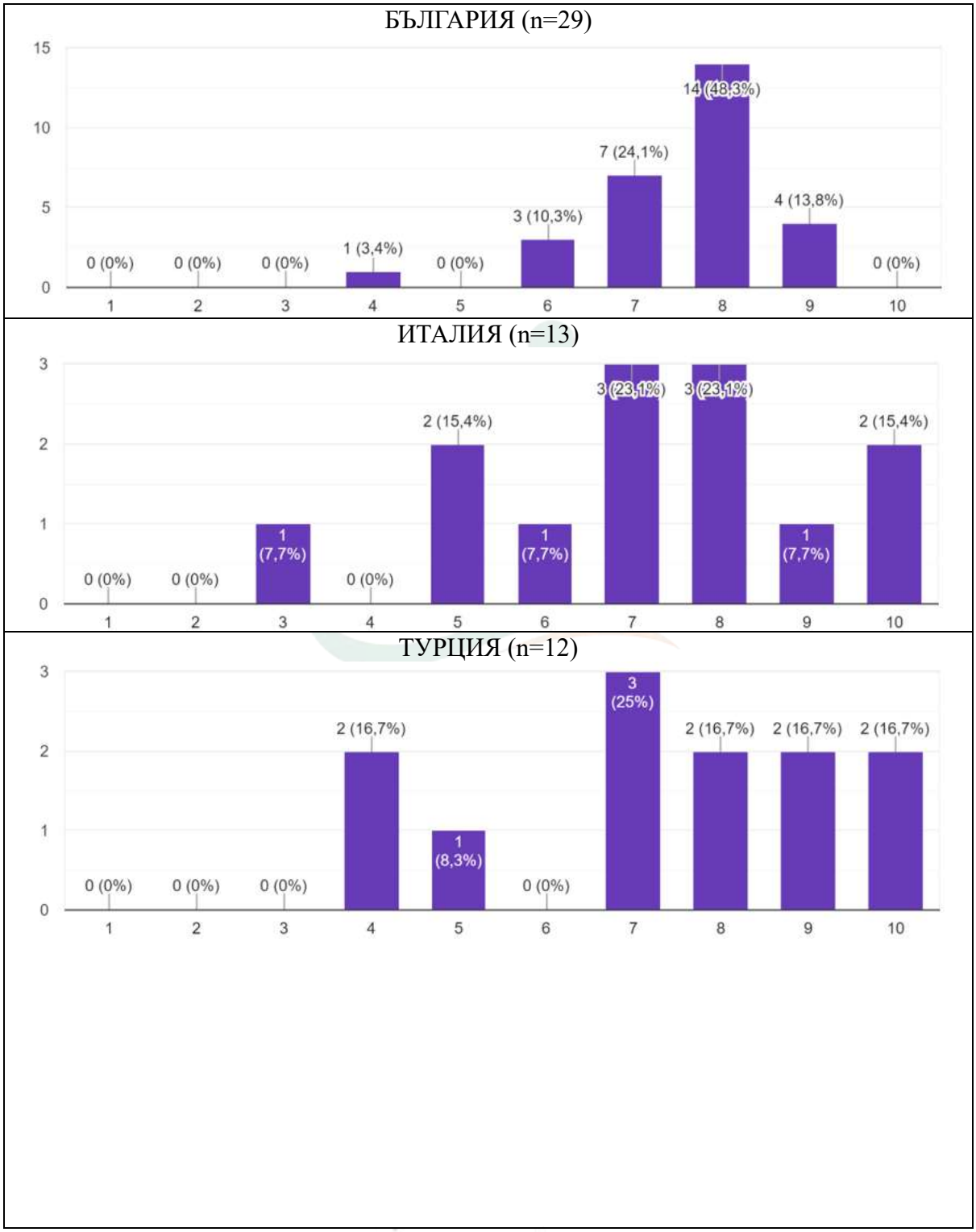
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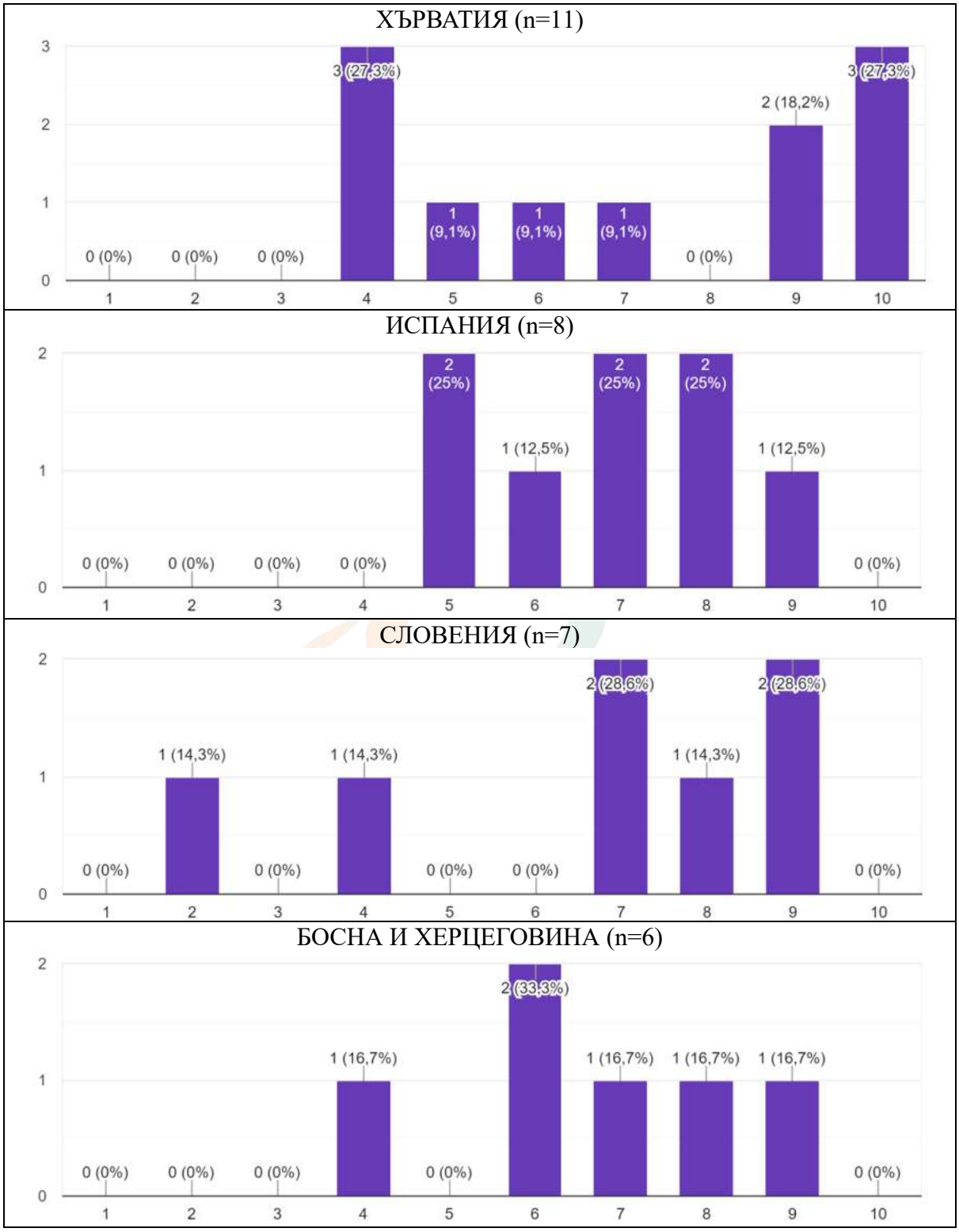
22. Смятате ли последващите действия, получени от персонала на организациите, за подходящи?

Удовлетворението от този въпрос варира между следните стойности: България (4-9), Италия (3-10), Турция (4-10), Хърватия (4-10), Испания (5-9), Словения (2-9).) и Босна и Херцеговина (4-9).



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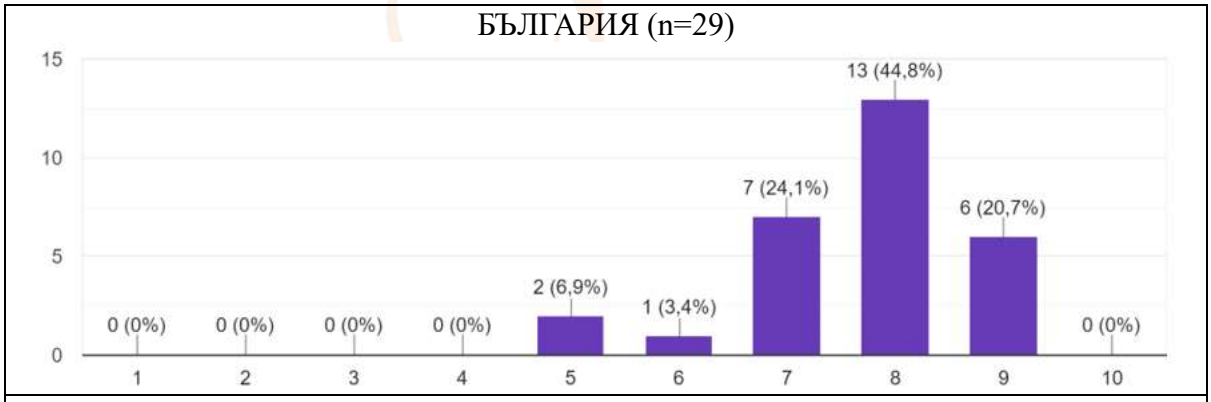
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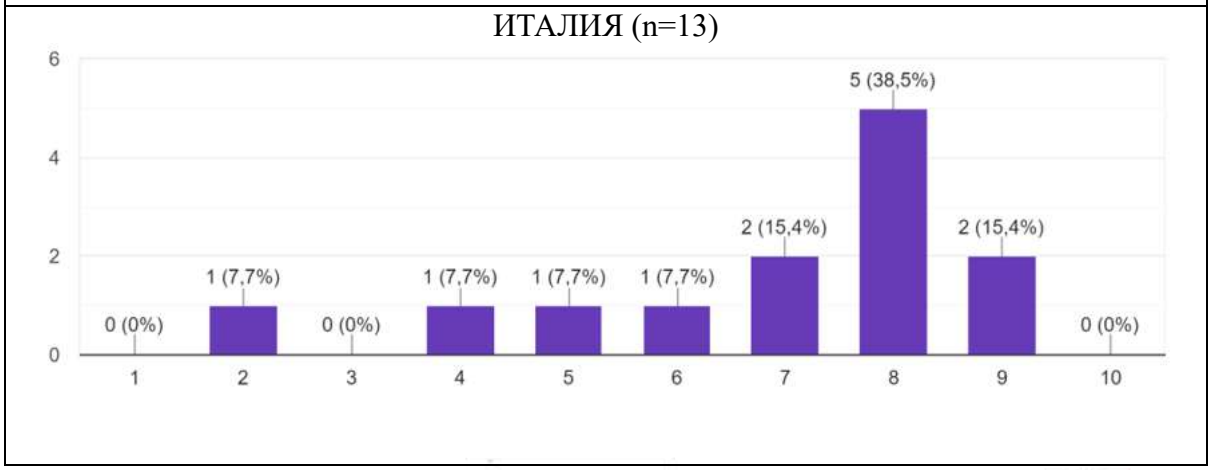
Имате ли предложения, които да подобрят процеса на наблюдение за да се гарантира, че нуждите ви ще бъдат удовлетворени ефективно в бъдеще?

Предложенията от България са: по-голяма прозрачност; по-ефективни кампании; информация и бъдещи инициативи на уебсайтовете на организациите; среща с родители; по-добра информация на сайтовете на някои от организациите; по-чести срещи с организациите; повече услуги; повече общи/съвместни дейности; повече работни инициативи; по-добро финансиране. От Турция са постъпили следните предложения: направете обучението по-достъпно; ефективна комуникация и координация; използвайте повече уебсайтове и електронна поща. Респондентите от Испания заявяват, че за да се подобри процеса на наблюдение и за да се гарантира, че нуждите на семействата ще бъдат удовлетворени ефективно в бъдеще е нужно: по-голяма консултация със семействата; повече индивидуално внимание; по-чести месечни срещи; по-добро телефонно обслужване; провеждане на повече срещи със семействата; увеличаване на персонала; анкети или кратки интервюта. Предложенията от Босна и Херцеговина включват: по-ясна комуникация и повече обучение за комуникация и работа със семействата; пълна прозрачност, по-добра поддръжка и насоки. От Италия, Словения и Хърватия не постъпиха предложения.

Как бихте оценили вниманието и ангажираността, проявени от организациите?

Удовлетворението от този въпрос варира между следните стойности: България (5-9), Италия (2-9), Турция (4-10), Хърватия (4-10), Испания (5-9), Словения (1-9) и Босна и Херцеговина (5-10).

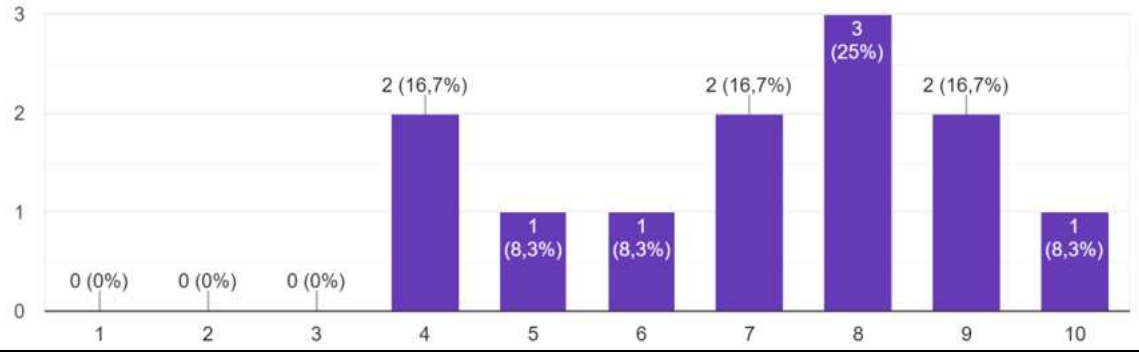




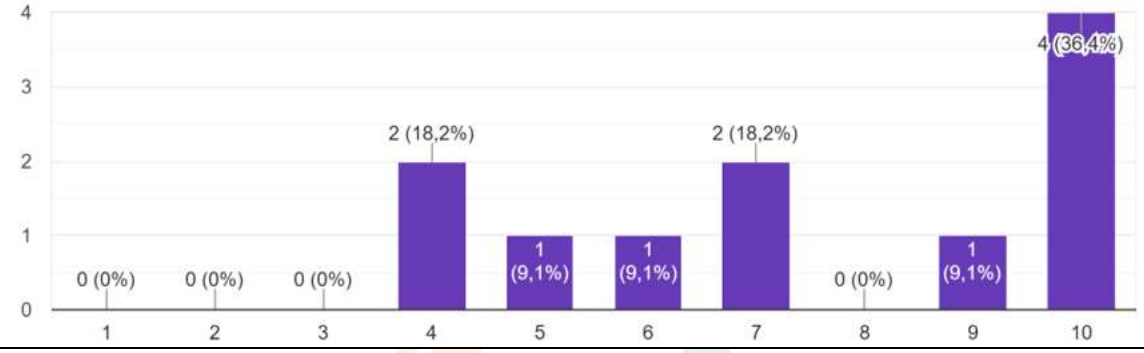
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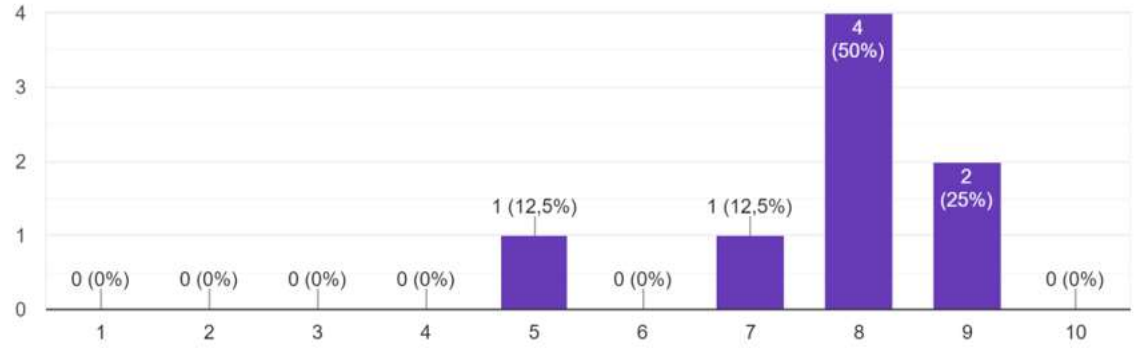
ТУРЦИЯ (n=12)



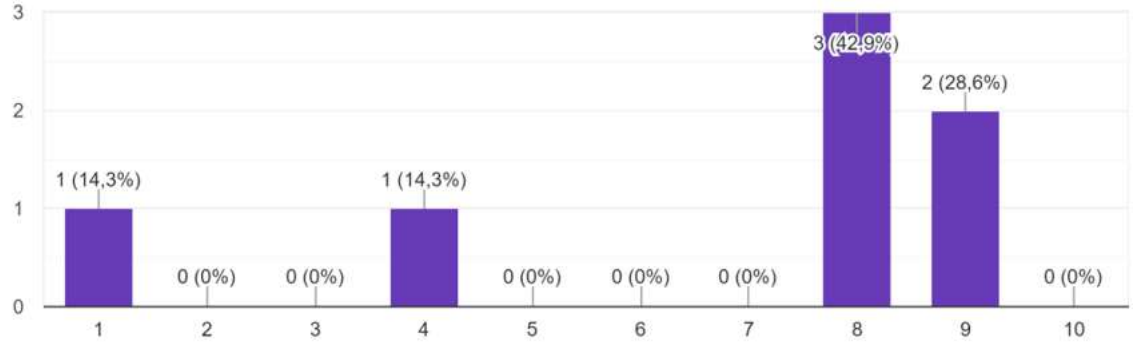
ХЪРВАТИЯ (n=11)



ИСПАНИЯ (n=8)



СЛОВЕНИЯ (n=7)



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4. ИЗВОДИ

Удовлетворението в Раздел 1 (комуникация и информация) варира между следните стойности: България (4-10), Италия (1-10), Турция (1-10), Хърватия (5-10), Испания (4-10), Словения (1-10) и Босна и Херцеговина (2-9). Удовлетвореността във Раздел 2 (ресурси, програми и услуги) варира между следните стойности: България (3-10), Италия (1-10), Турция (1-10), Хърватия (4-10), Испания (5 -10)), Словения (1-10) и Босна и Херцеговина (2-10). Удовлетворението в Раздел 3 (обучение и обучение) варира между следните стойности: България (2-10), Италия (1-10), Турция (1-10), Хърватия (4-10), Испания (4-10), Словения (1-10) и Босна и Херцеговина (3-10). Удовлетворението в Раздел 4 (координация, прозрачност, мониторинг и удовлетворение) варира между следните стойности: България (2-9), Италия (1-10), Турция (3-10), Хърватия (4-10), Испания (2 -9), Словения (1-10) и Босна и Херцеговина (4-10).

Следователно може да се заключи, че във всички страни и във всички аспекти съществуват както високи, така и ниски нива на удовлетвореност. Високите нива показват, че се прилагат добри практики в областта на приобщаващия семеен спорт. Ниските нива сочат, че има значителен потенциал за подобрение във всички аспекти и то във всички партньорски държави в проекта.

Според предложенията на участниците, тези подобрения трябва да се съсредоточат върху следните области: повишаване на прозрачността; по-ефективни кампании; предоставяне на информация и бъдещи инициативи на интернет страниците на организациите; по-чести срещи с родители; подобряване на информацията на някои интернет страници; по-чести срещи с организации; разширяване на услугите; повече съвместни дейности; повече работни инициативи; подобрено финансиране; по-достъпно обучение; ефективна комуникация и координация; по-широко използване на интернет страниците; по-чести консултации със семействата; по-индивидуализирано внимание; редовни месечни срещи; подобряване на телефонното обслужване; организиране на повече срещи със семействата; увеличаване на персонала; провеждане на анкети или кратки интервюта; по-ясна комуникация и повече обучение в общуването и работата със семействата; пълна прозрачност, отлична поддръжка и насоки.

Прилагането на тези подобрения в методите на адаптираната физическа активност и спорт за деца и юноши с увреждания на възраст от 6 до 18 години, несъмнено ще увеличи удовлетвореността на участниците и техните семейства от спортните

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дейности. Това ще доведе до по-активно участие в спорт, което от своя страна ще намали заседналия начин на живот и затлъстяването сред децата и младежите с увреждания.

5. ЛИТЕРАТУРА

(2), 137–148.

, 184–193.
(1), 204–216.
, 42–49.

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RAPPORTO FINALE MULTINAZIONALE

1. INTRODUZIONE

Lo sport familiare inclusivo nei bambini e negli adolescenti con disabilità dai 6 ai 18 anni è della massima importanza per prevenire lo stile di vita sedentario e l'obesità in questo gruppo (Carbone et al., 2021; Middelbeek & Breda, 2013). Per questo è fondamentale il ruolo delle famiglie, affinché accompagnino, incoraggino e motivino i bambini e gli adolescenti con disabilità a praticare e godere dello sport (Bloemen et al., 2015; Li et al., 2016; MacEachern et al., 2022).

L'obiettivo di questo report finale, dal carattere internazionale, è quello di analizzare le buone pratiche e le esperienze legate alla metodologia dello sport familiare inclusivo nei bambini e negli adolescenti con disabilità, dai 6 ai 18 anni di età, nei paesi partecipanti al progetto Train4Family. Questa analisi consentirà lo sviluppo di strategie per prevenire la sedentarietà e l'obesità in questo gruppo.

L'ipotesi è che ci siano punti comuni in tutti i paesi analizzati ma anche differenze tra loro, che consentirebbero di realizzare una strategia e un intervento comune, ma con le necessarie variazioni a seconda del contesto e delle circostanze specifiche di ciascun paese.

2. METODI

2.1. Campione

Sono stati analizzati i seguenti sette paesi: Bulgaria (n=29), Italia (n=13), Turchia (n=12), Croazia (n=11), Spagna (n=8), Slovenia (n=7) e Bosnia (n=6). In questo modo il campione totale è composto da 86 familiari di bambini e adolescenti con disabilità dai 6 ai 18 anni che praticano sport inclusivi.

2.2. Strumento e procedimento

A tal fine è stata progettata e applicata una Family Satisfaction Survey per valutare la soddisfazione delle famiglie nei confronti delle organizzazioni che forniscono questi servizi sportivi. Le dimensioni valutate in questo questionario sono state le seguenti: Dimensione 1: Comunicazione e informazione; Dimensione 2: Risorse, programmi e servizi; Dimensione 3: Formazione e addestramento; Dimensione 4: Coordinamento, trasparenza, monitoraggio e soddisfazione. Il questionario ha un totale di 24 item, 6 per ciascuna dimensione. Gli elementi vengono valutati utilizzando una scala da 1 a 10, dove 1 significa "molto insoddisfatto" e 10 significa "molto soddisfatto". Il questionario è stato tradotto nelle sette lingue dei sette paesi partecipanti ed è stato compilato online dai partecipanti.

23. Analisi statistica

Sono state calcolate le frequenze e le percentuali di ciascuna delle voci del questionario, effettuando anche una segmentazione per Paese al fine di valutare le differenze tra i sette Paesi partecipanti. I risultati sono presentati in grafici a barre e grafici a torta.

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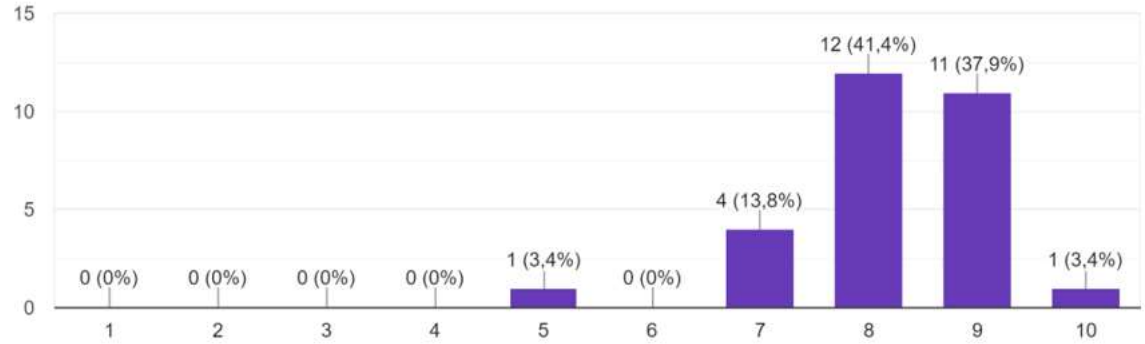
3. RISULTATI

DIMENSIONE 1: COMUNICAZIONE E INFORMAZIONE.

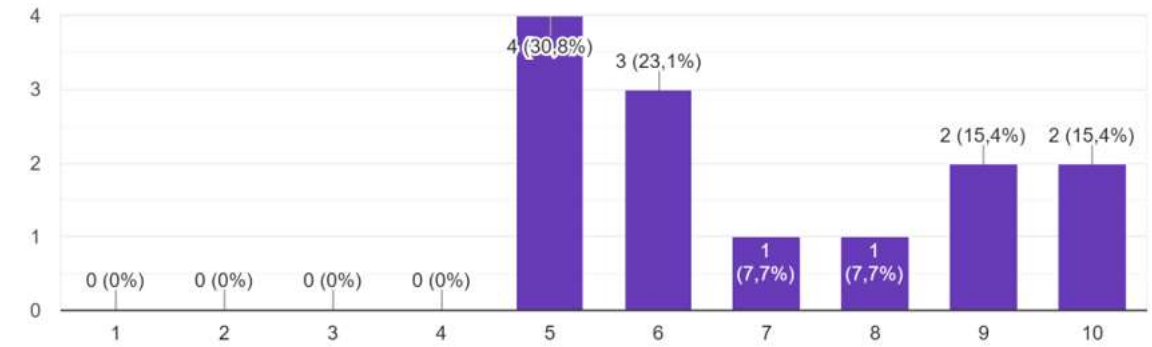
1. Come valuteresti l'efficacia della comunicazione attuale con le organizzazioni che supportano le persone con disabilità?

La soddisfazione per questa domanda varia tra i seguenti valori: Bulgaria (5-10), Italia (5-10), Turchia (4-10), Croazia (5-9), Spagna (5-9), Slovenia (3-10) e Bosnia (3-9).

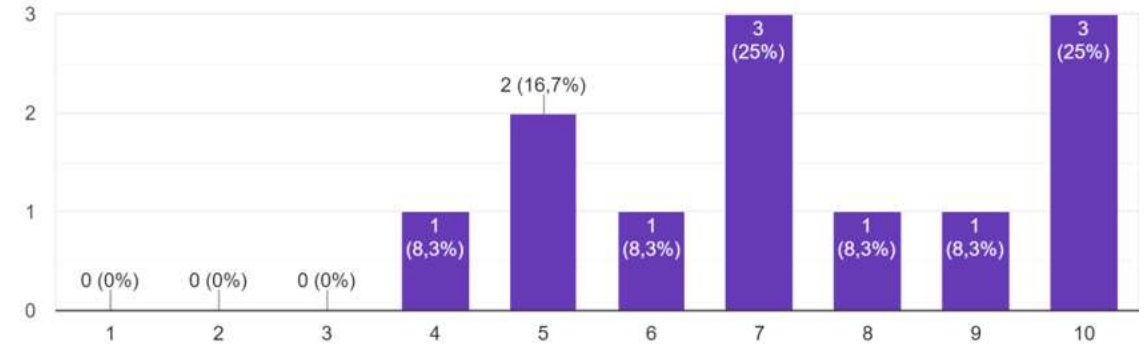
BULGARIA (n=29)



ITALIA (n=13)

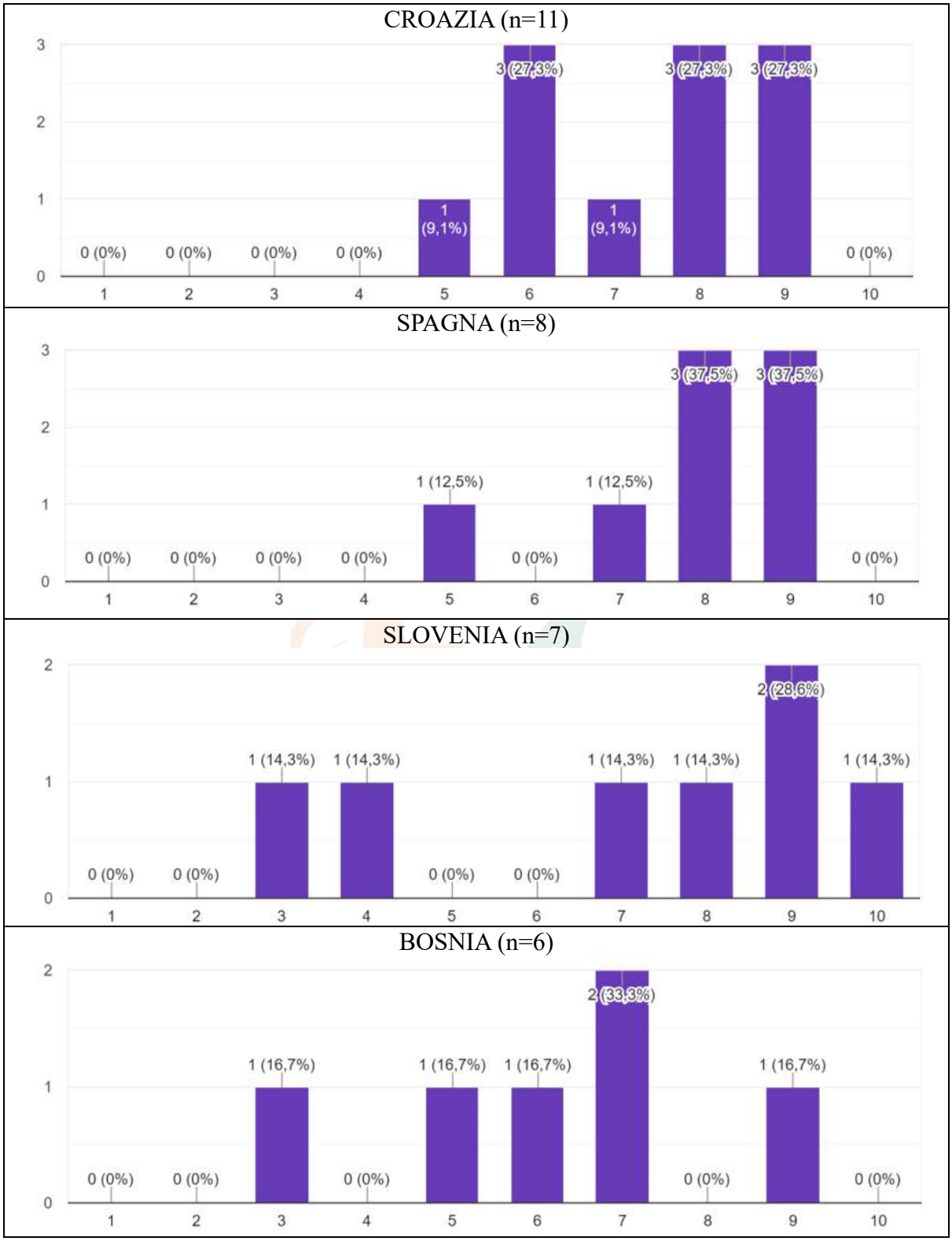


TURCHIA (n=12)



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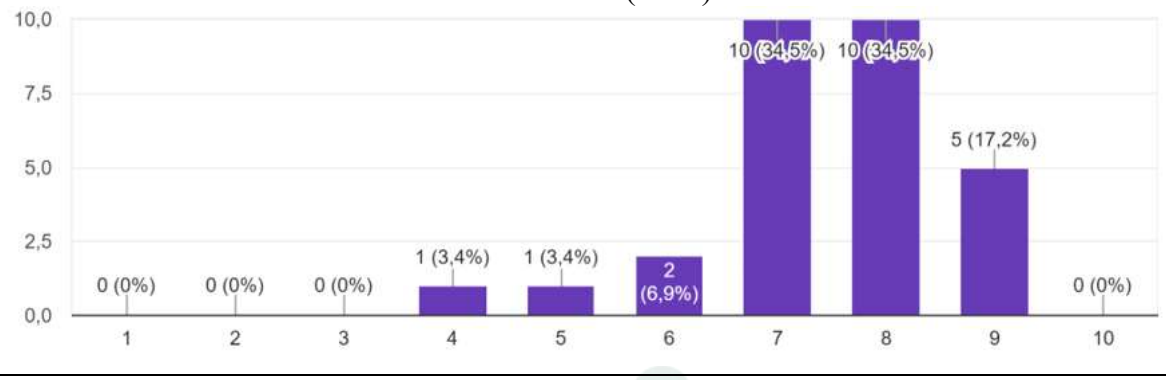


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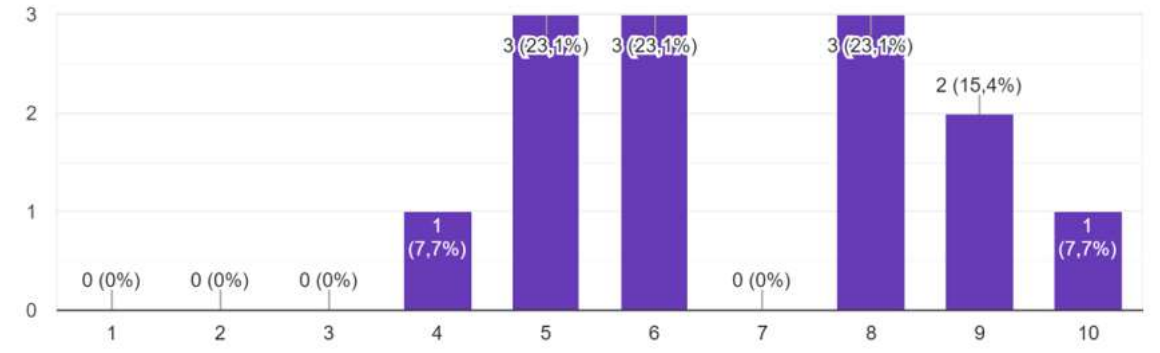
2. Cosa pensi dei canali di comunicazione disponibili per interagire con queste organizzazioni?

La soddisfazione per questa domanda varia tra i seguenti valori: Bulgaria (4-9), Italia (4-10), Turchia (3-10), Croazia (5-10), Spagna (4-9), Slovenia (3-10) e Bosnia (3-8).

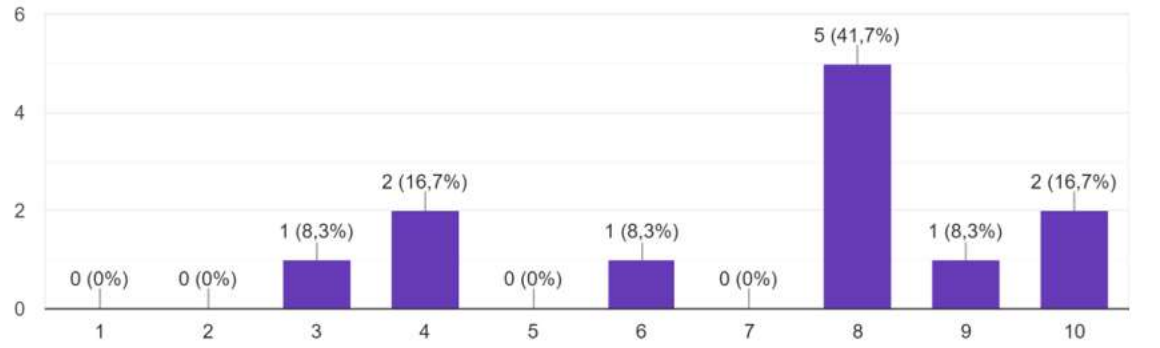
BULGARIA (n=29)



ITALIA (n=13)

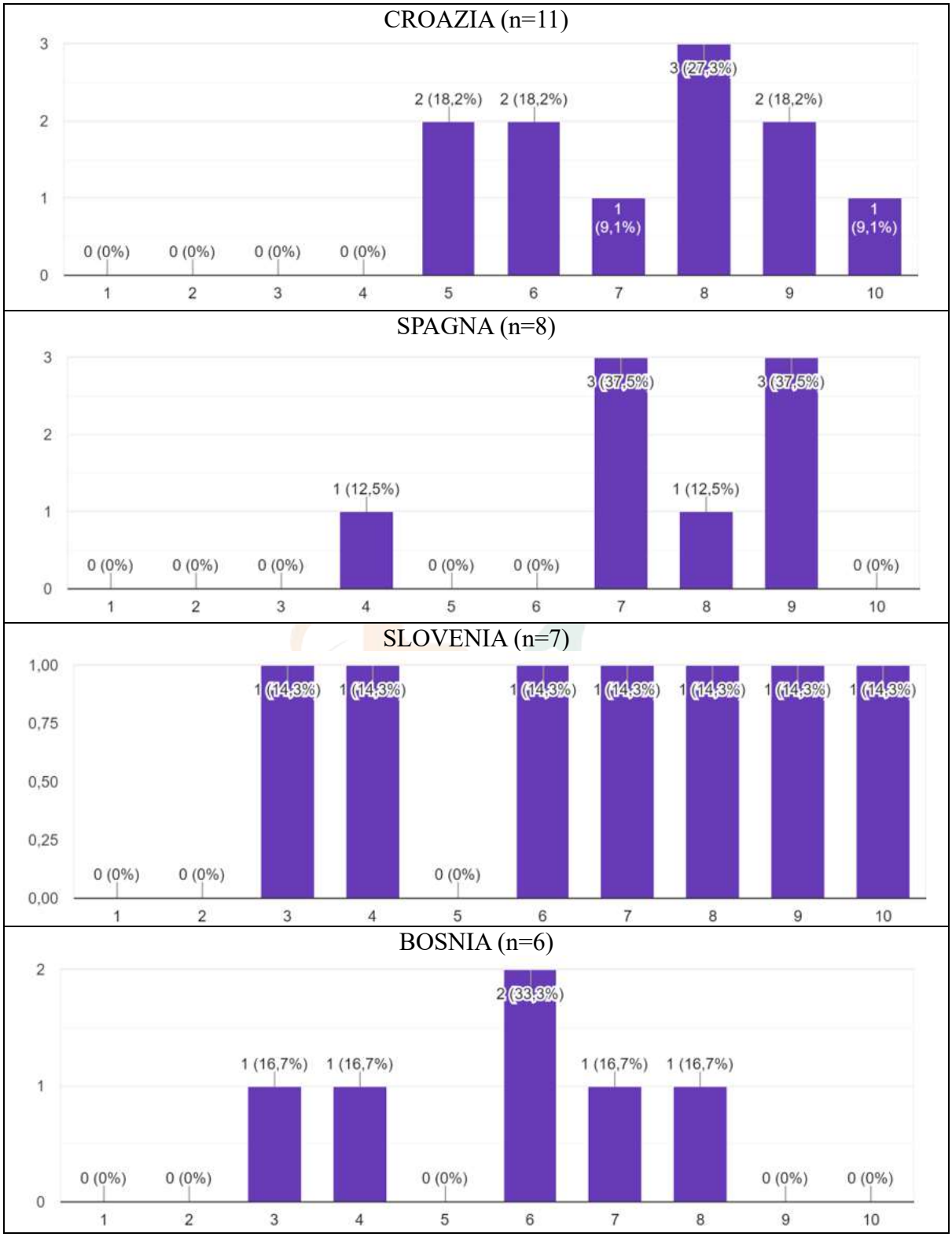


TURCHIA (n=12)



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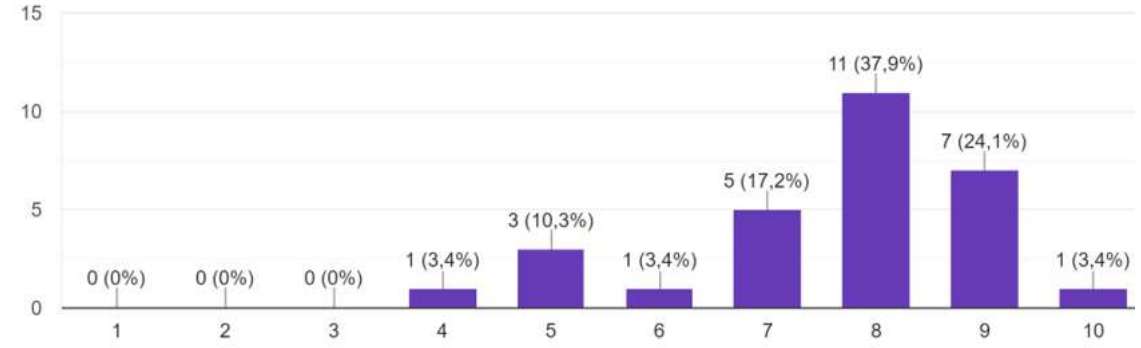


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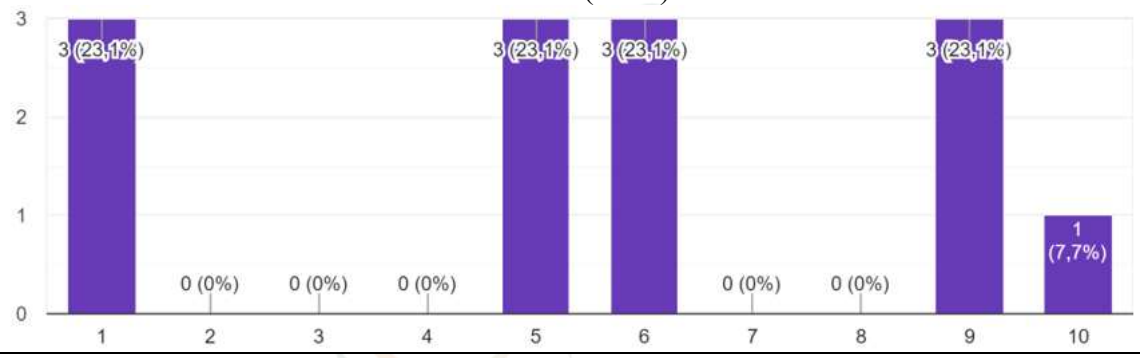
3. Ritieni che i canali di comunicazione siano sufficienti?

La soddisfazione per questa domanda varia tra i seguenti valori: Bulgaria (4-10), Italia (1-10), Turchia (1-10), Croazia (5-10), Spagna (4-10), Slovenia (1-10) e Bosnia (2-9).

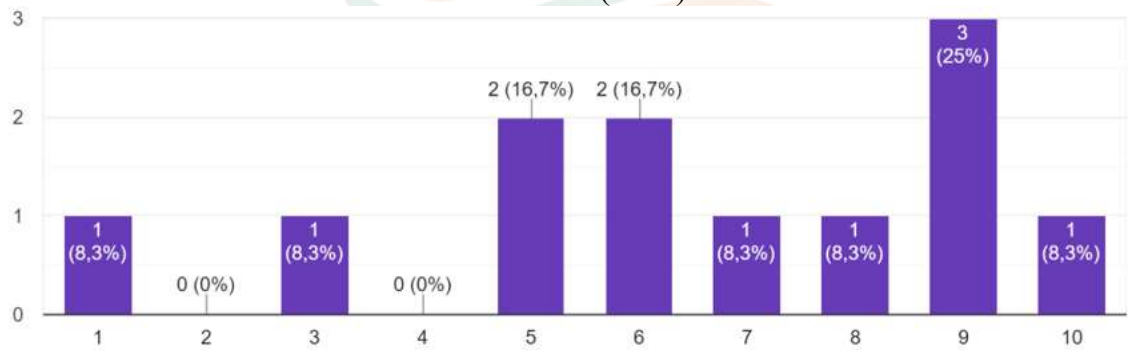
BULGARIA (n=29)



ITALIA (n=13)

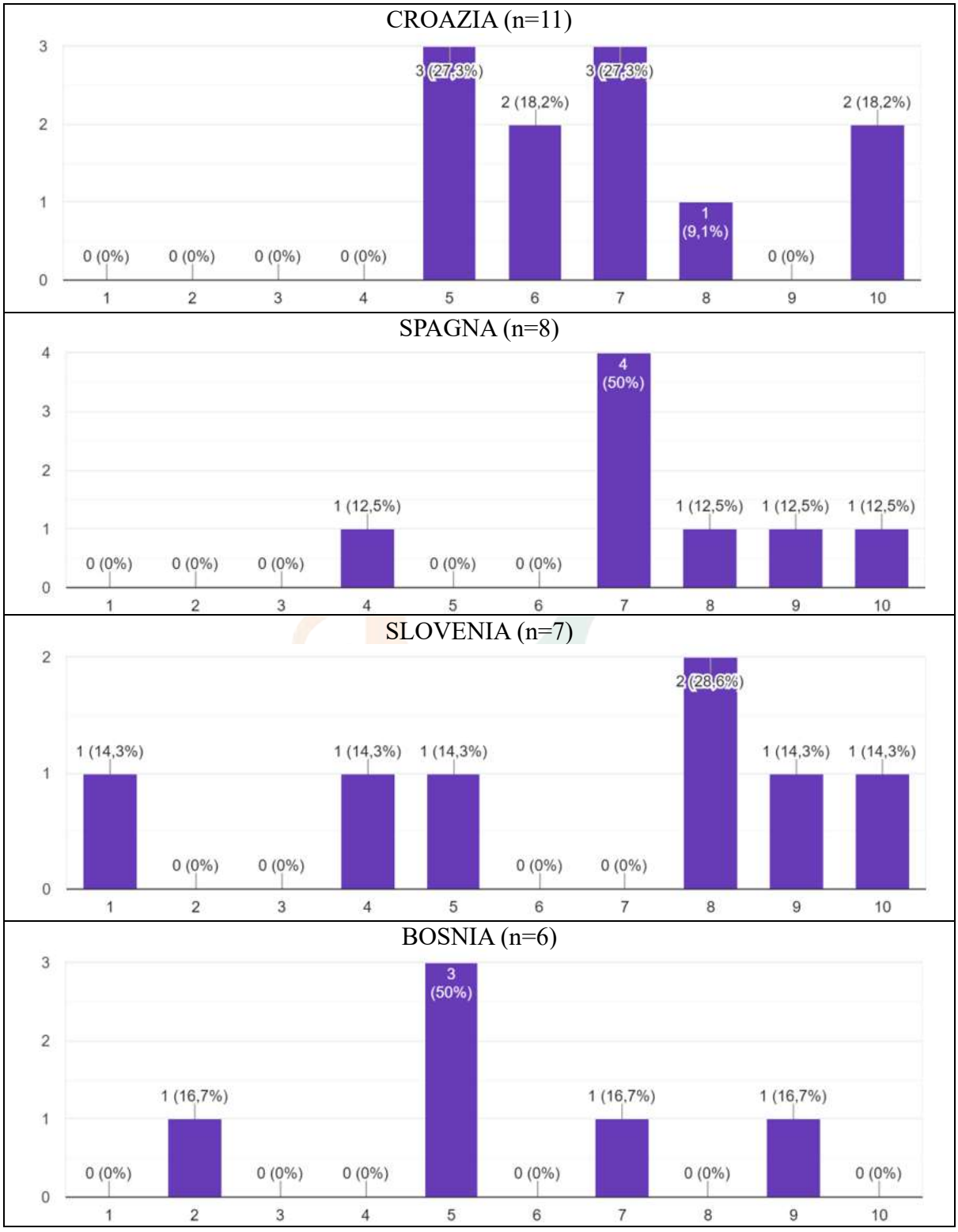


TURCHIA (n=12)



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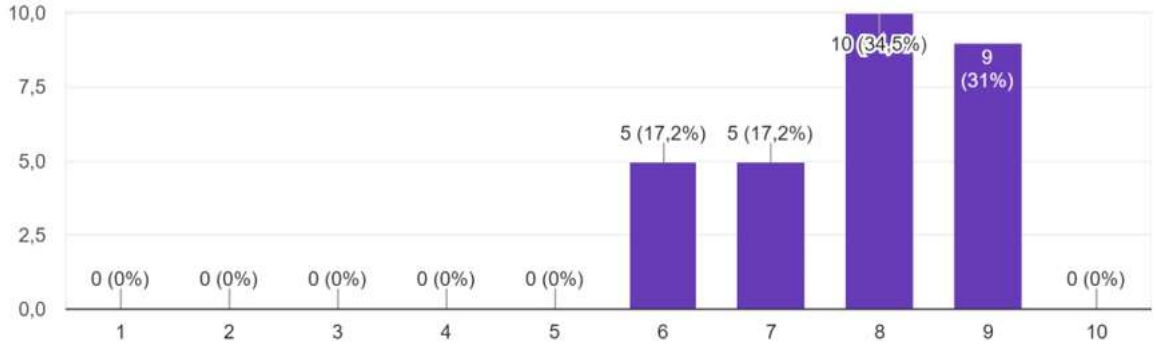


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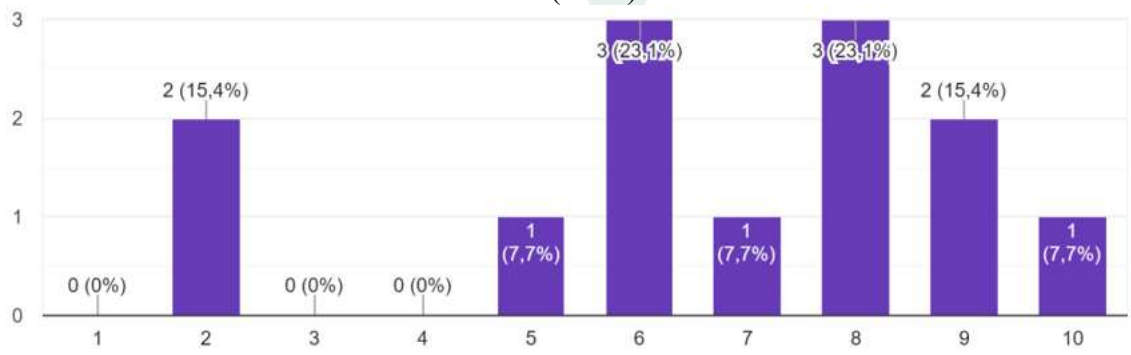
4. Quanto sei soddisfatto della quantità e della pertinenza delle informazioni che ricevi da queste organizzazioni?

La soddisfazione per questa domanda varia tra i seguenti valori: Bulgaria (6-9), Italia (2-10), Turchia (1-10), Croazia (5-10), Spagna (5-9), Slovenia (3-10) e Bosnia (5-9).

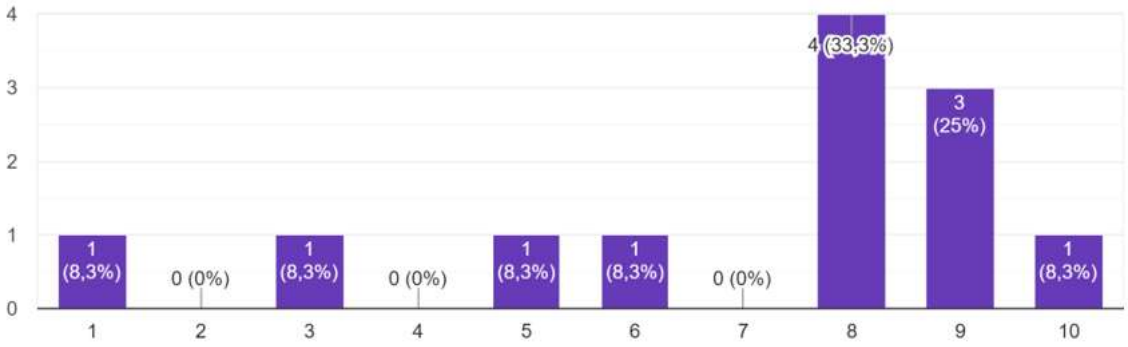
BULGARIA (n=29)



ITALIA (n=13)

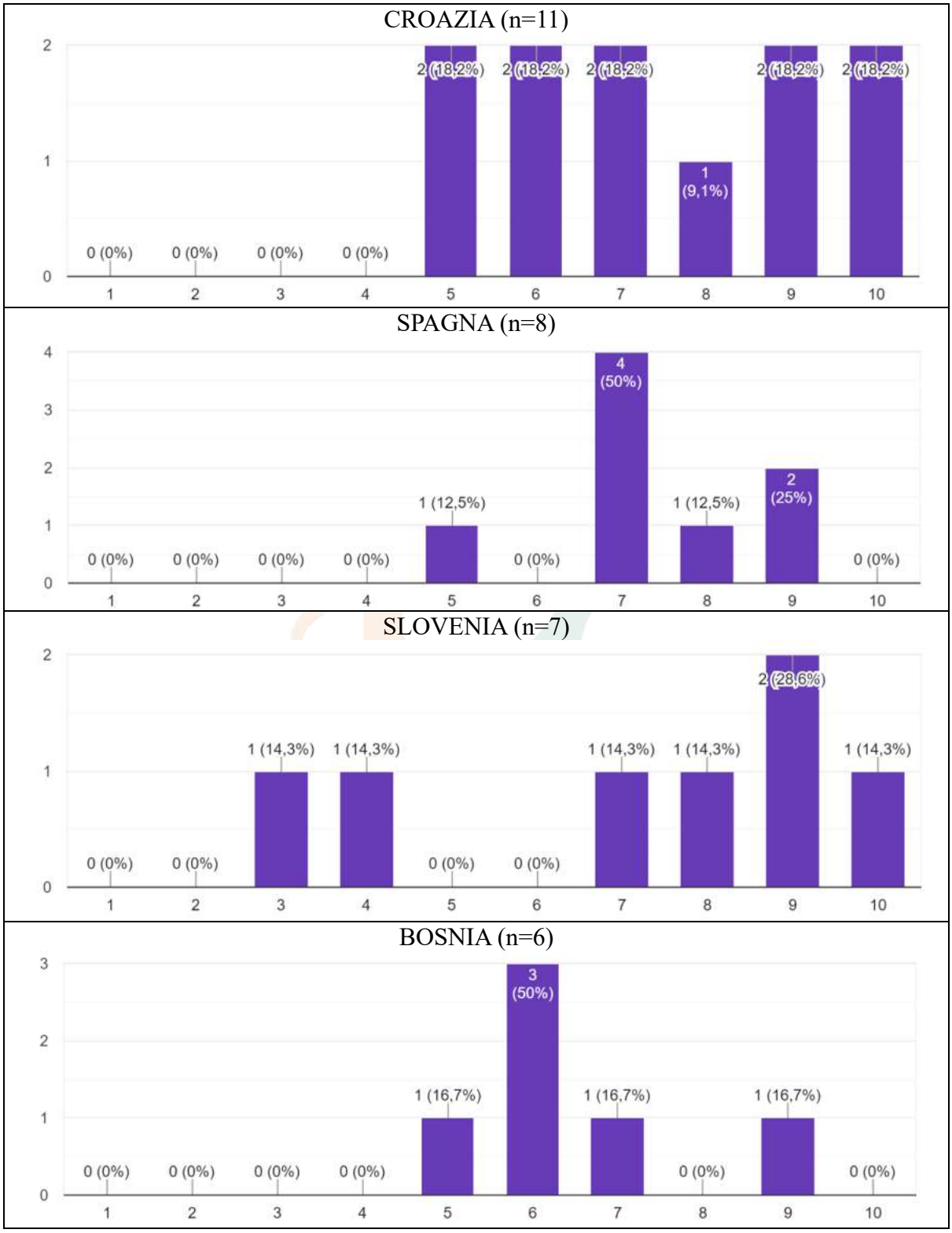


TURCHIA (n=12)



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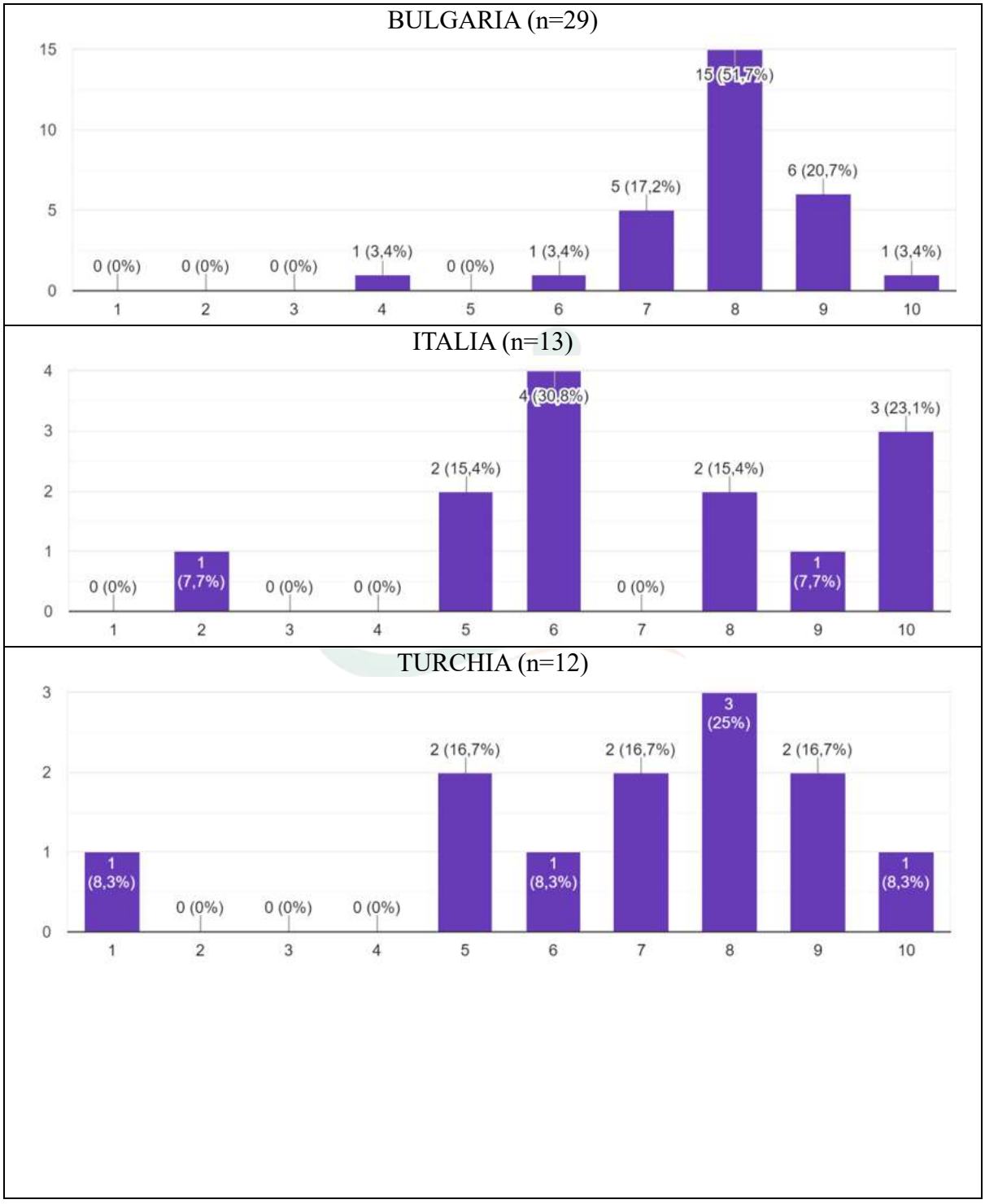


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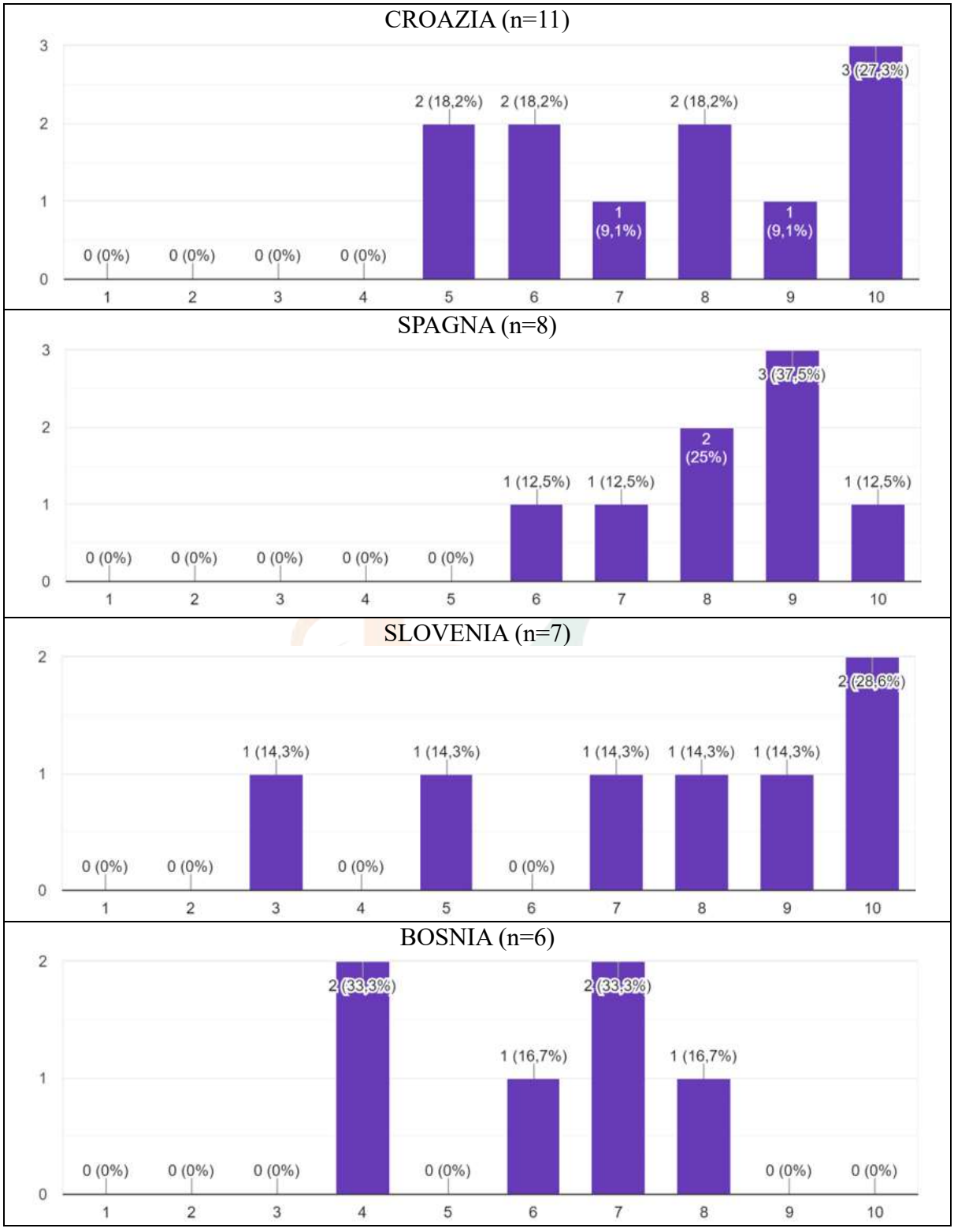
5. Come valuteresti la chiarezza delle informazioni fornite dalle organizzazioni che supportano le persone con disabilità?

La soddisfazione per questa domanda varia tra i seguenti valori: Bulgaria (4-10), Italia (2-10), Turchia (1-10), Croazia (5-10), Spagna (6-10), Slovenia (3-10) e Bosnia (4-8).



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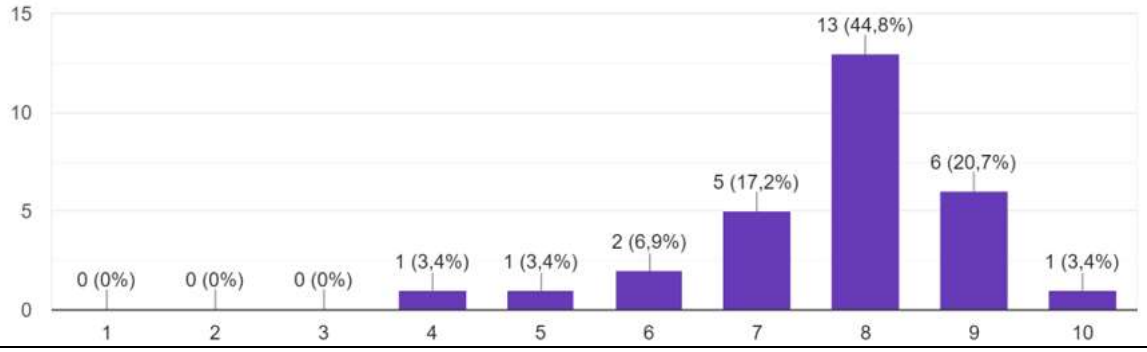


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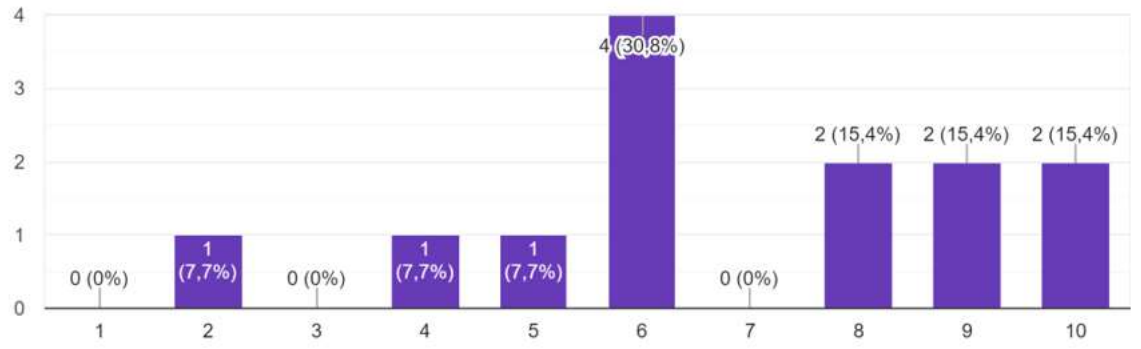
6. Com'è l'accessibilità delle informazioni fornite da queste organizzazioni?

La soddisfazione per questa domanda varia tra i seguenti valori: Bulgaria (4-10), Italia (2-10), Turchia (1-10), Croazia (5-10), Spagna (5-10), Slovenia (3-10) e Bosnia (3-9).

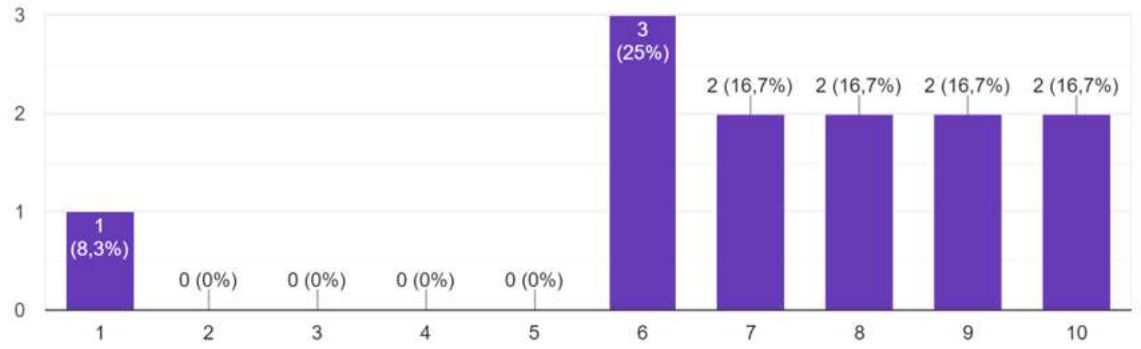
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ITALIA (n=13)

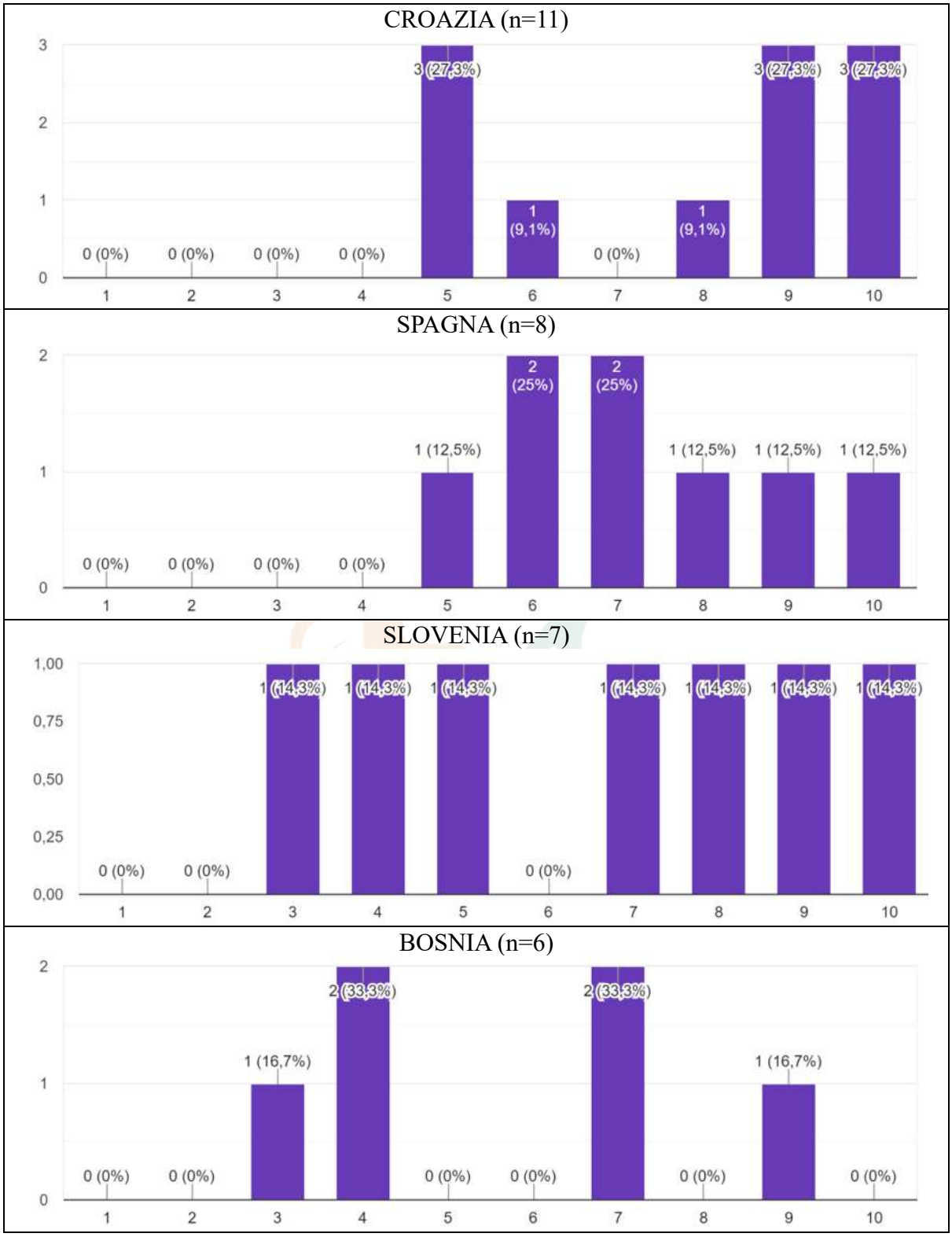


TURCHIA (n=12)



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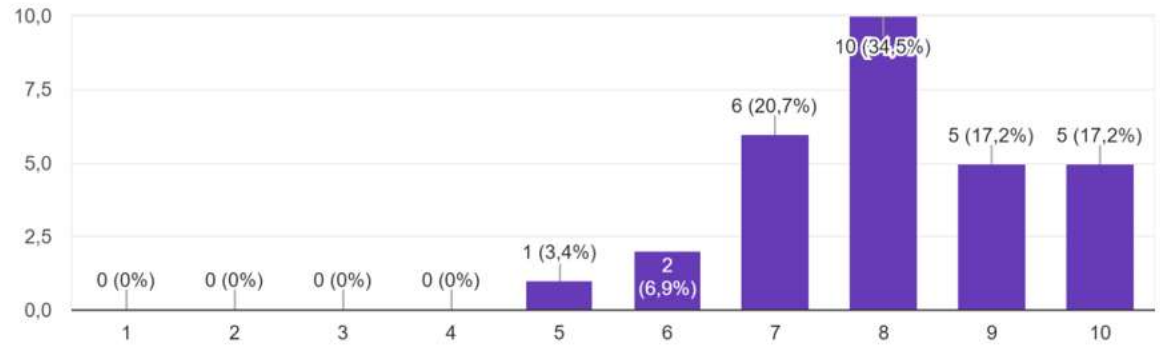
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DIMENSIONE 2: RISORSE, PROGRAMMI E SERVIZI.

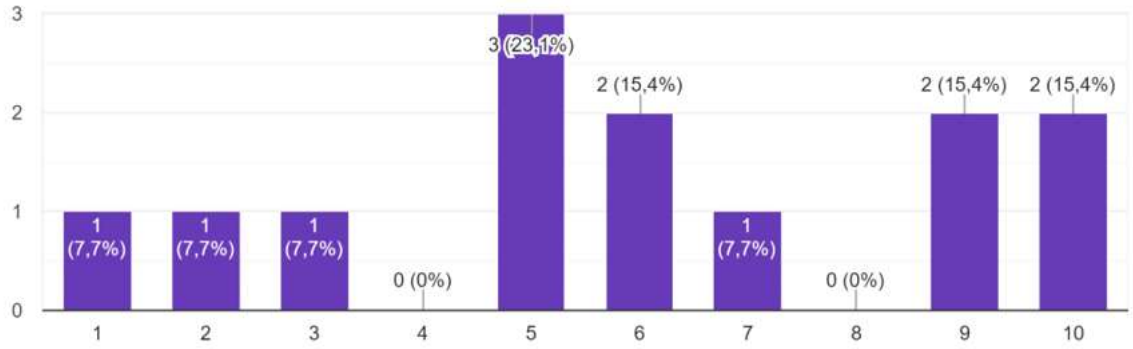
7. Come ti senti riguardo alla disponibilità di risorse e servizi per la tua famiglia riguardo alla tua disabilità?

La soddisfazione per questa domanda varia tra i seguenti valori: Bulgaria (5-10), Italia (1-10), Turchia (1-10), Croazia (4-10), Spagna (5-9), Slovenia (1-10) e Bosnia (2-9).

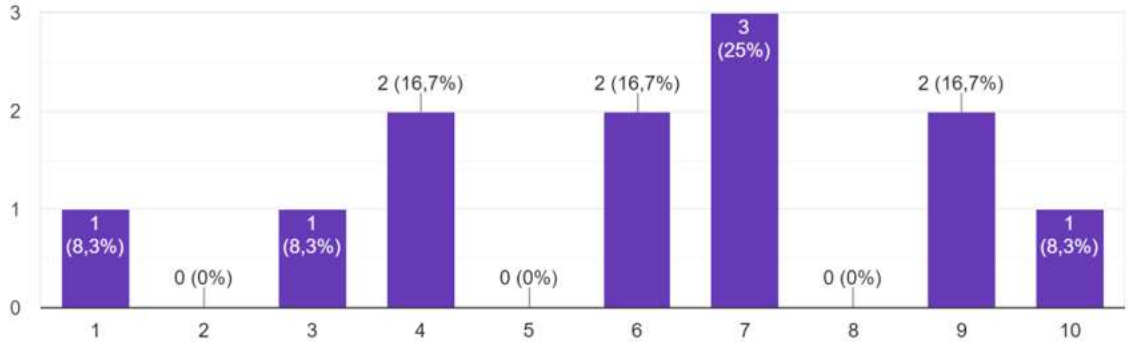
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ITALIA (n=13)



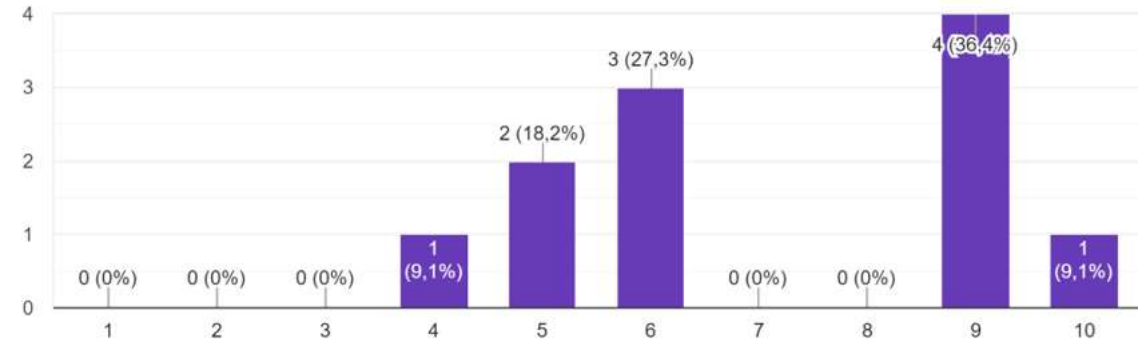
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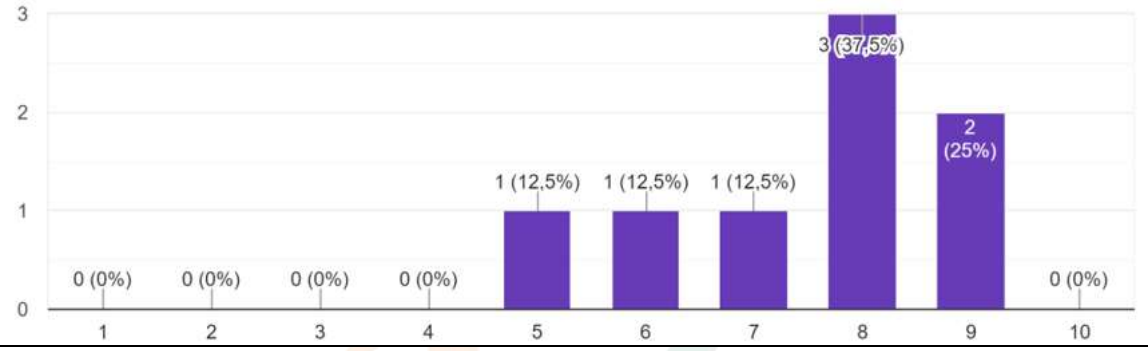
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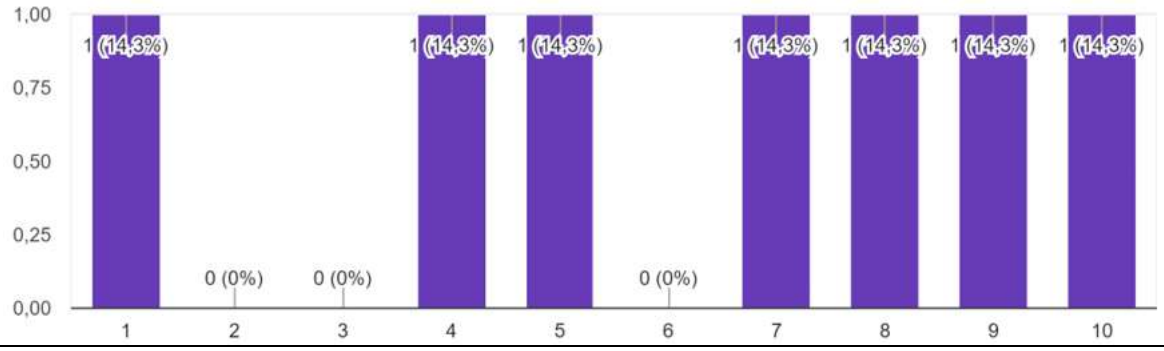
CROAZIA (n=11)



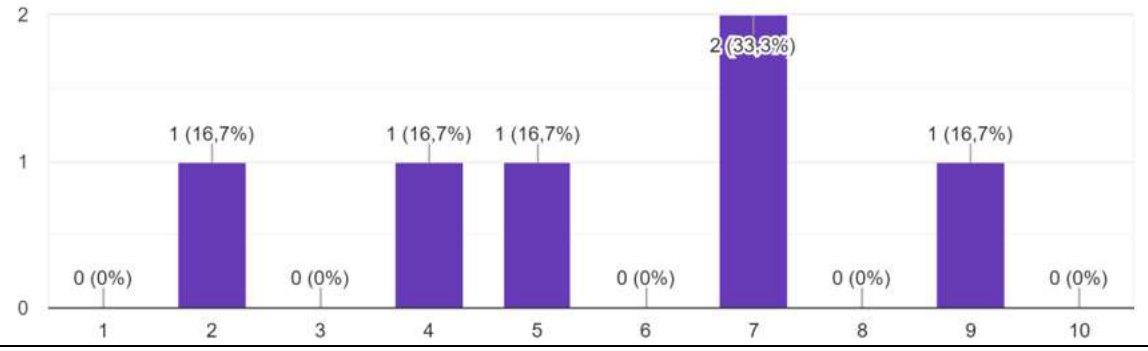
SPAGNA (n=8)



SLOVENIA (n=7)



BOSNIA (n=6)



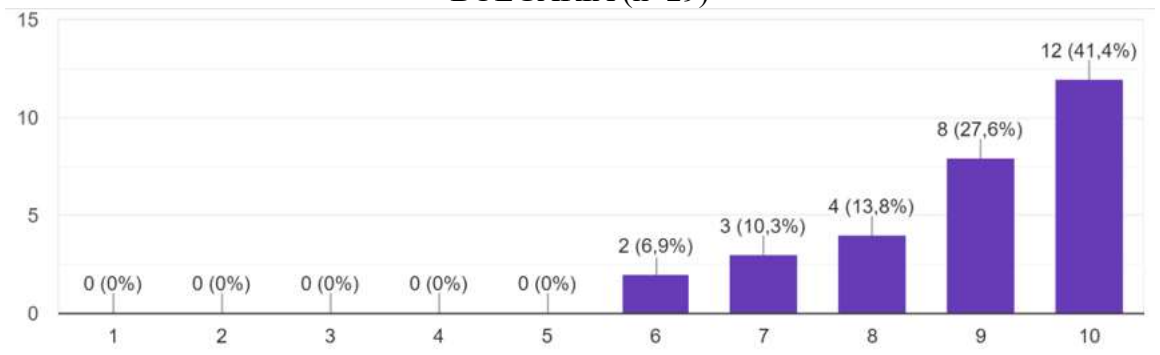
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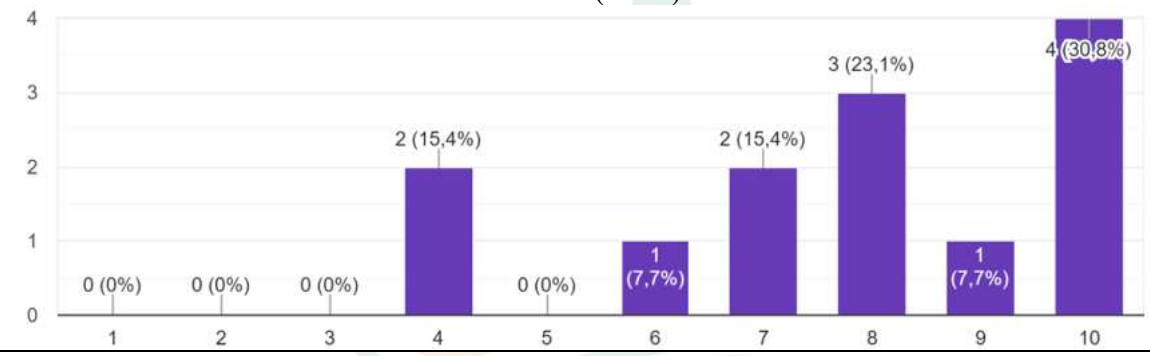
8. Che importanza attribuisci alla disponibilità di servizi e programmi di sostegno sociale ed emotivo per le famiglie in questa situazione?

La soddisfazione per questa domanda varia tra i seguenti valori: Bulgaria (6-10), Italia (4-10), Turchia (6-10), Croazia (6-10), Spagna (6-10), Slovenia (7-10) e Bosnia (2-9).

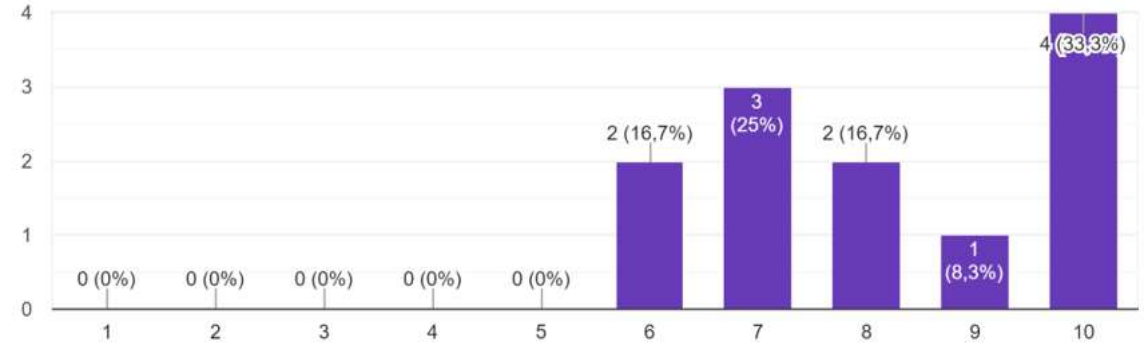
BULGARIA (n=29)



ITALIA (n=13)



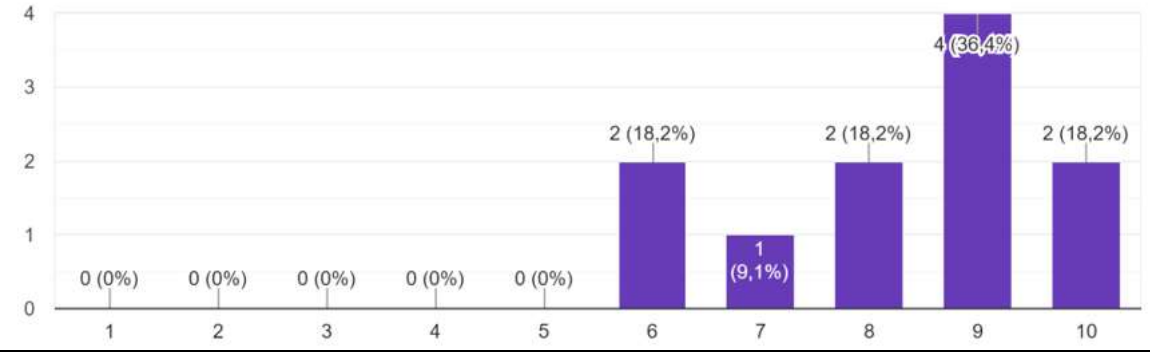
TURCHIA (n=12)



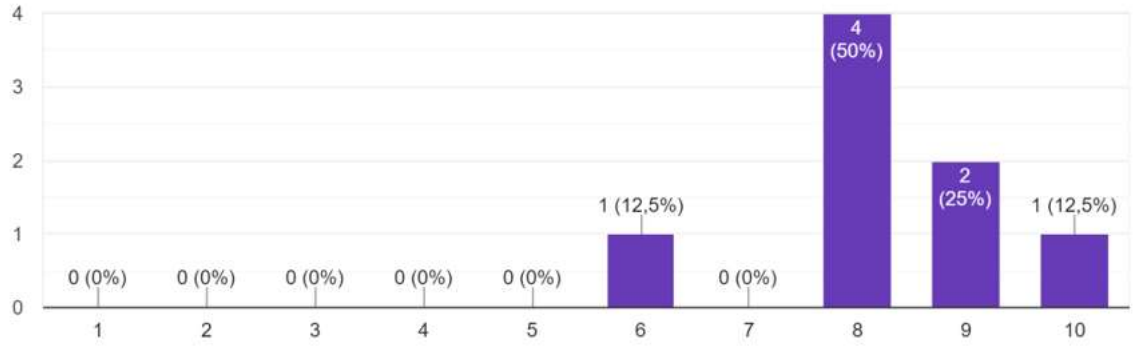
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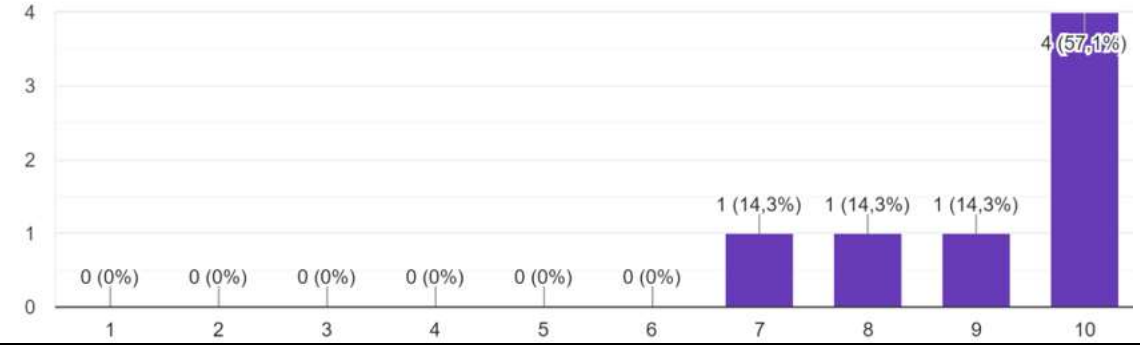
CROAZIA (n=11)



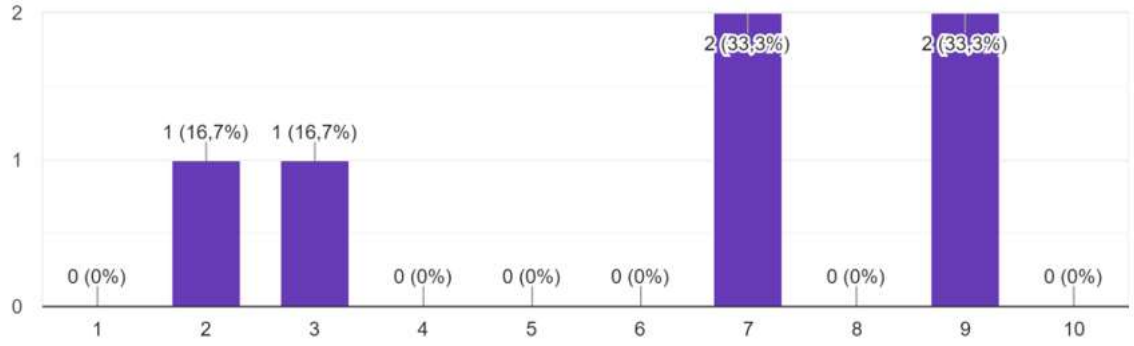
SPAGNA (n=8)



SLOVENIA (n=7)



BOSNIA (n=6)

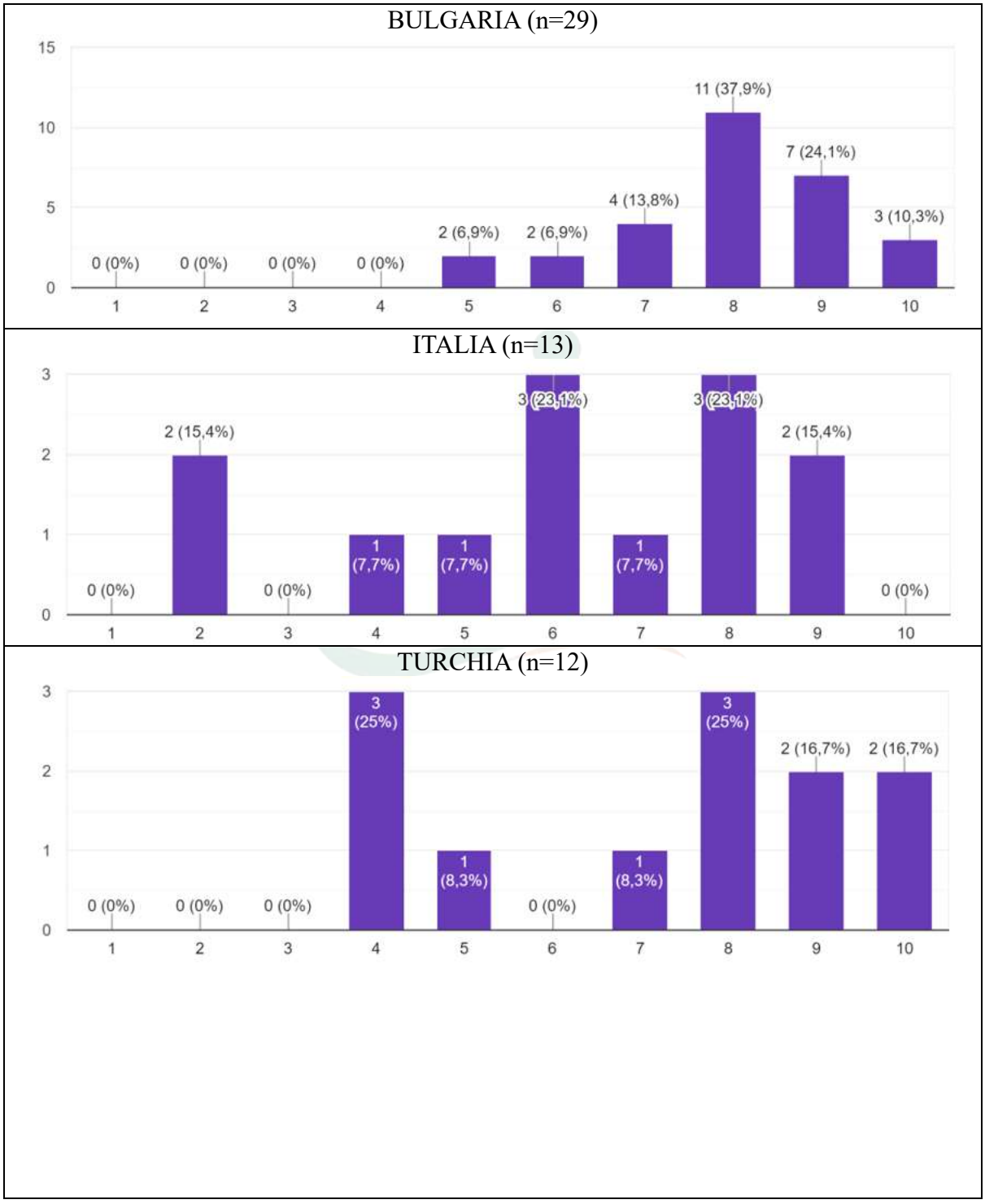


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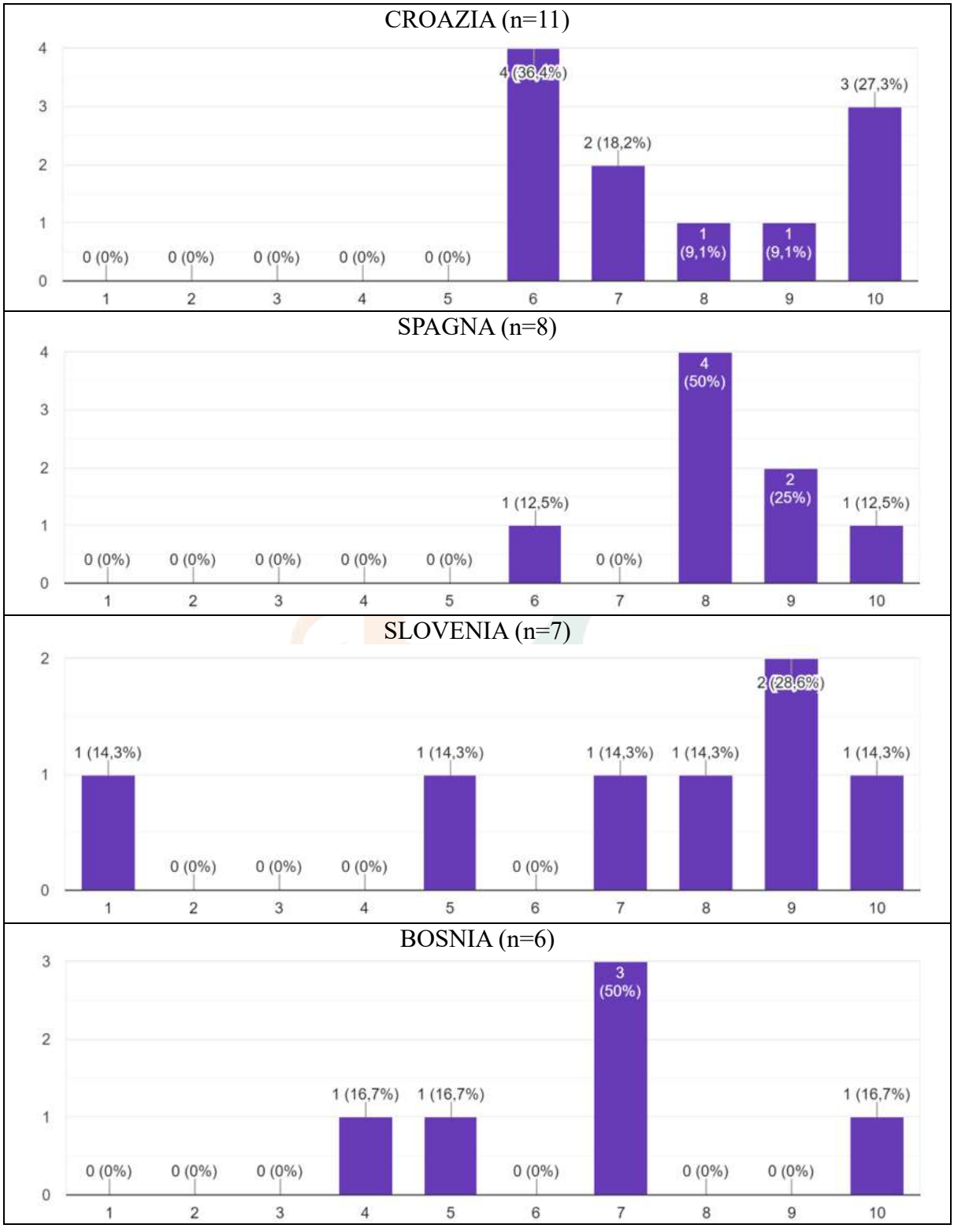
9. Che valutazione daresti alla risposta di queste organizzazioni alle tue domande o richieste?

La soddisfazione per questa domanda varia tra i seguenti valori: Bulgaria (5-10), Italia (2-9), Turchia (4-10), Croazia (6-10), Spagna (6-10), Slovenia (1-10) e Bosnia (4-10).



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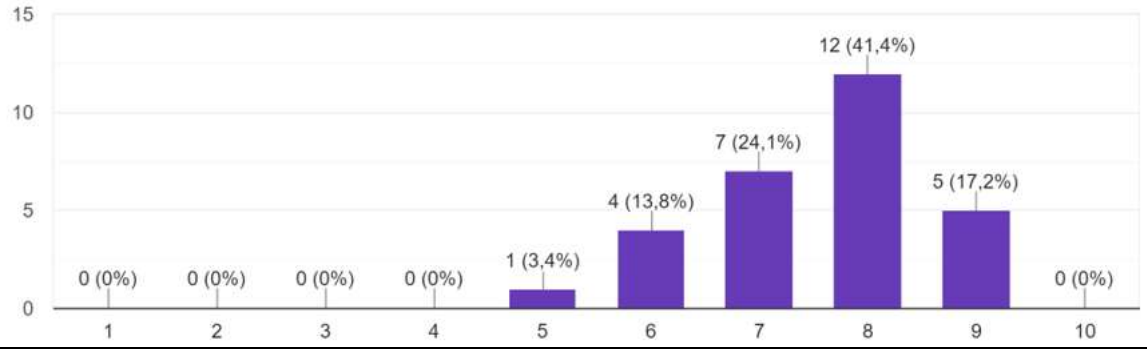
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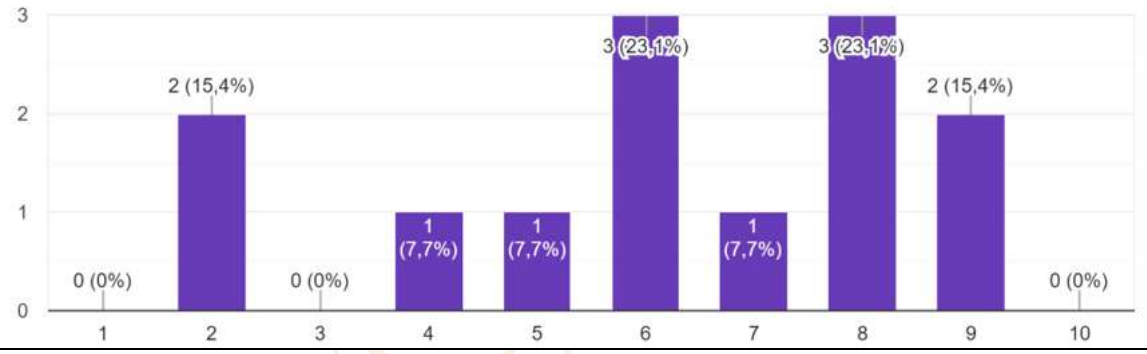
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10. E per quanto riguarda la tempestività nel rispondere ai vostri quesiti?
La soddisfazione per questa domanda varia tra i seguenti valori: Bulgaria (5-9), Italia (2-9), Turchia (4-10), Croazia (5-9), Spagna (6-10), Slovenia (1-10) e Bosnia (4-10).

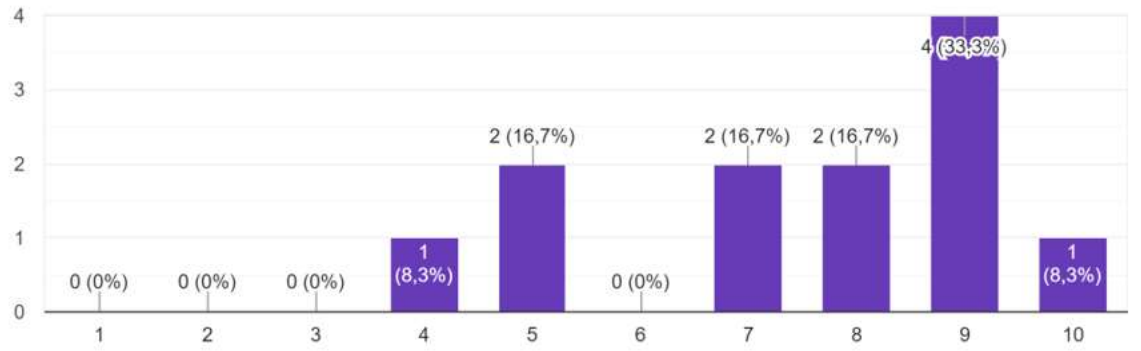
BULGARIA (n=29)



ITALIA (n=13)

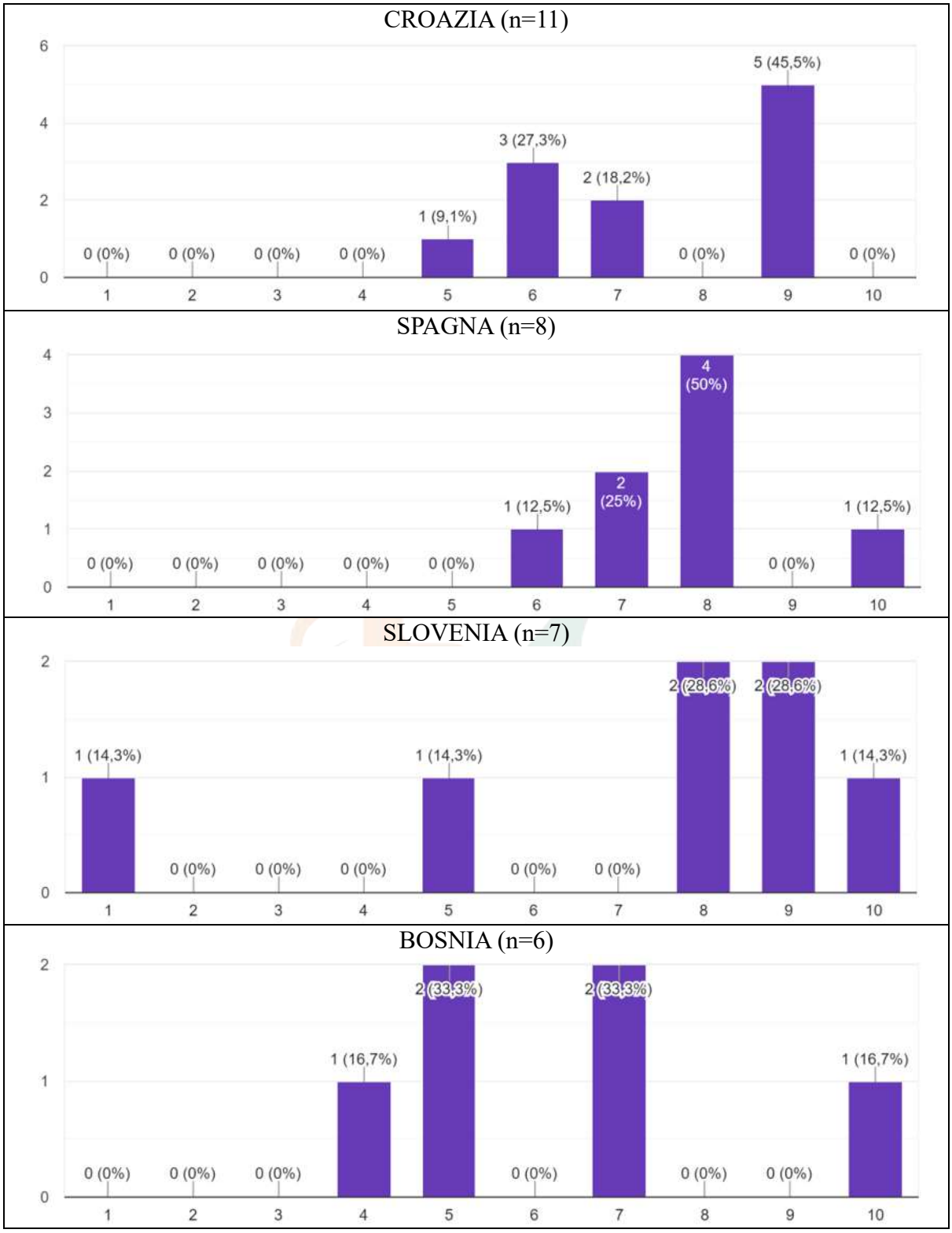


TURCHIA (n=12)



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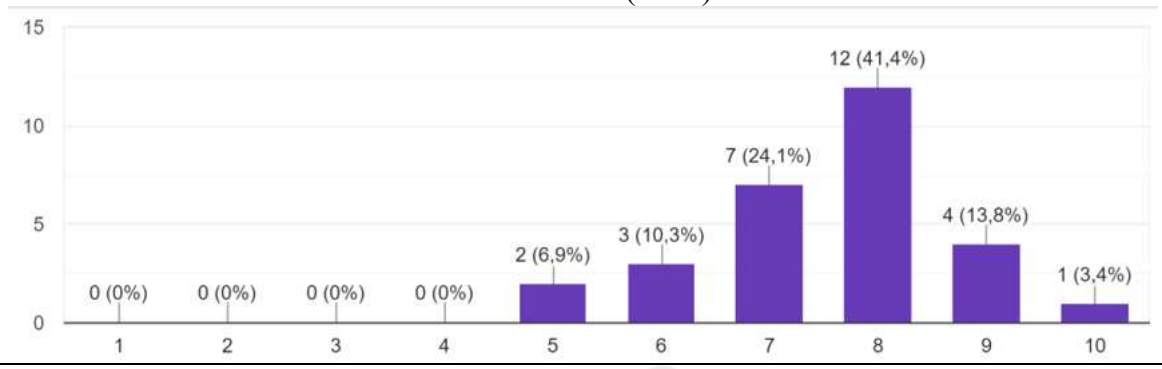
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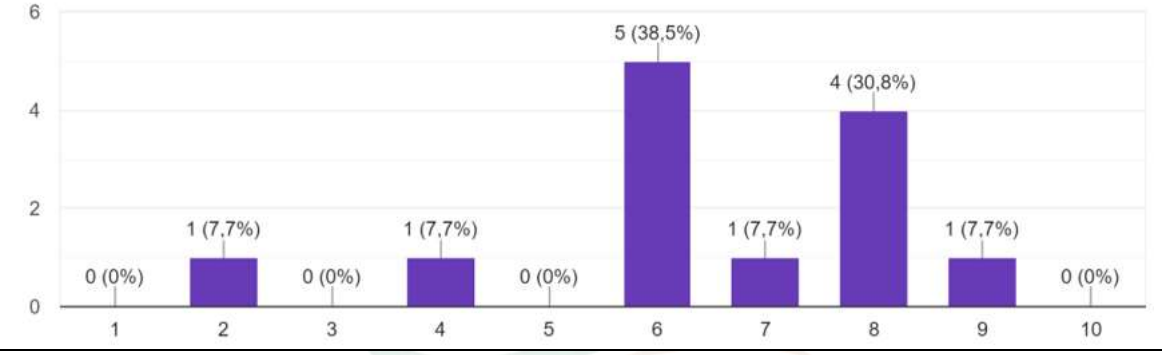
11. Trovi che i materiali informativi forniti da queste organizzazioni siano chiari, attraenti, pertinenti e aggiornati?

La soddisfazione per questa domanda varia tra i seguenti valori: Bulgaria (5-10), Italia (2-9), Turchia (4-10), Croazia (4-10), Spagna (5-10), Slovenia (4-10) e Bosnia (3-9).

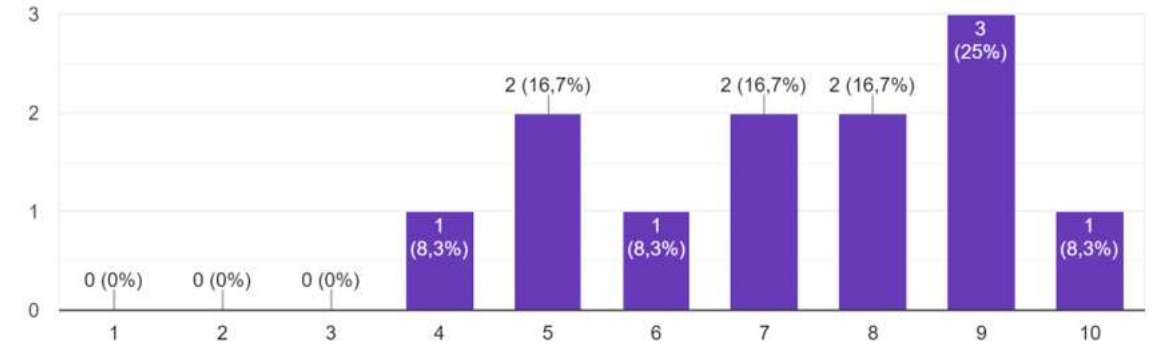
BULGARIA (n=29)



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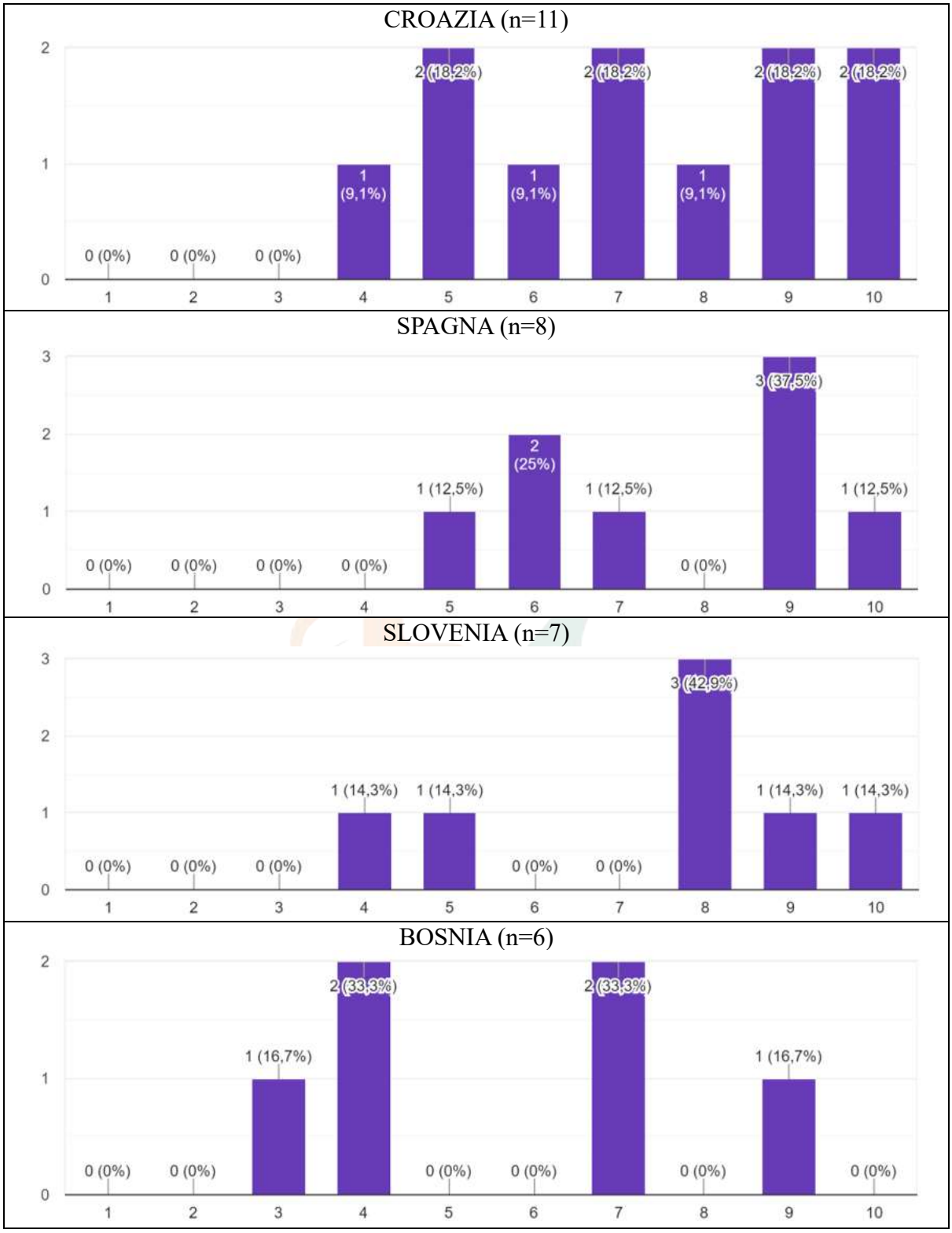


TURCHIA (n=12)



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12. Come valuteresti l'inclusione delle opinioni e delle esperienze delle famiglie nella progettazione di programmi e servizi?

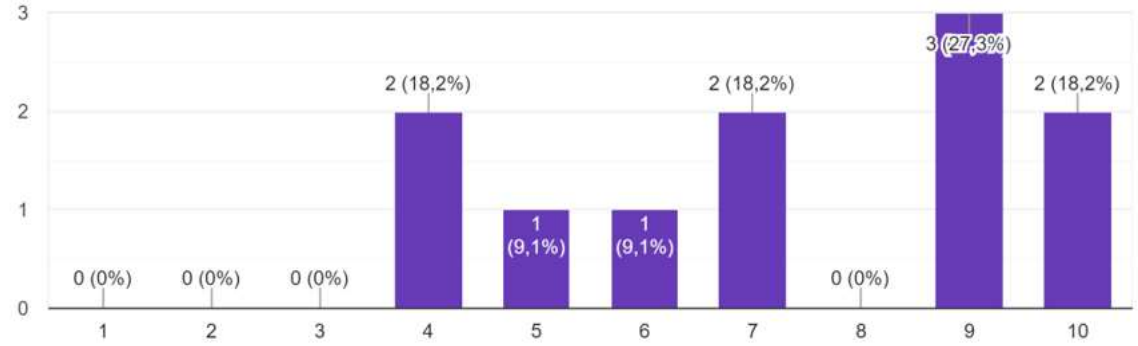
La soddisfazione per questa domanda varia dai seguenti valori: Bulgaria (3-10), Italia (2-9), Turchia (5-10), Croazia (4-10), Spagna (4-10), Slovenia (3-8) e Bosnia (2-8).



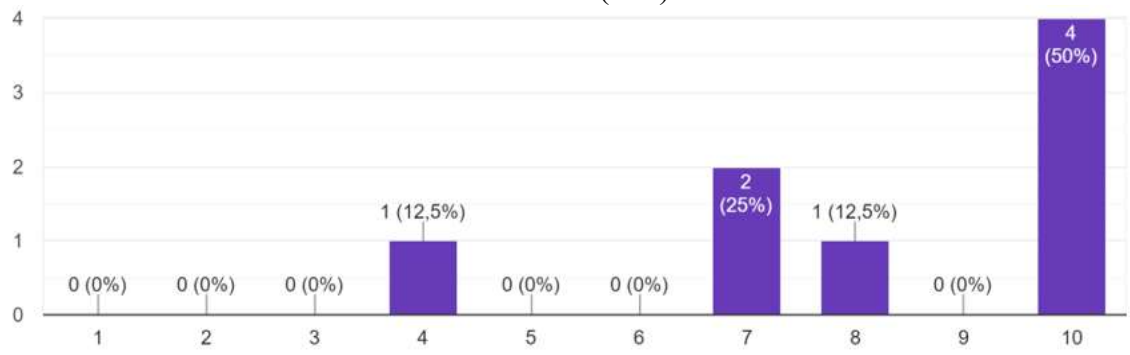
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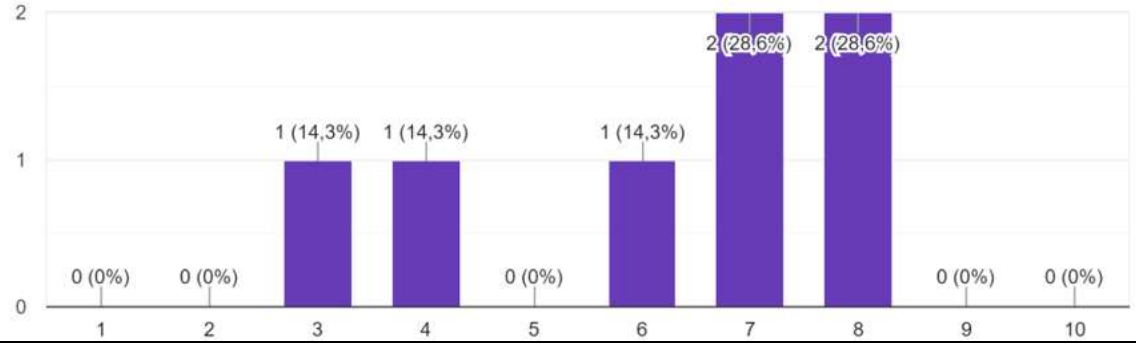
CROAZIA (n=11)



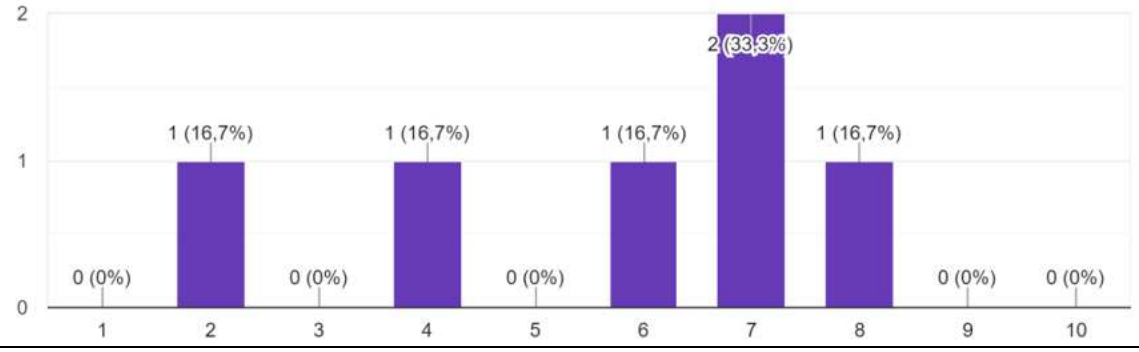
SPAGNA (n=8)



SLOVENIA (n=7)



BOSNIA (n=6)



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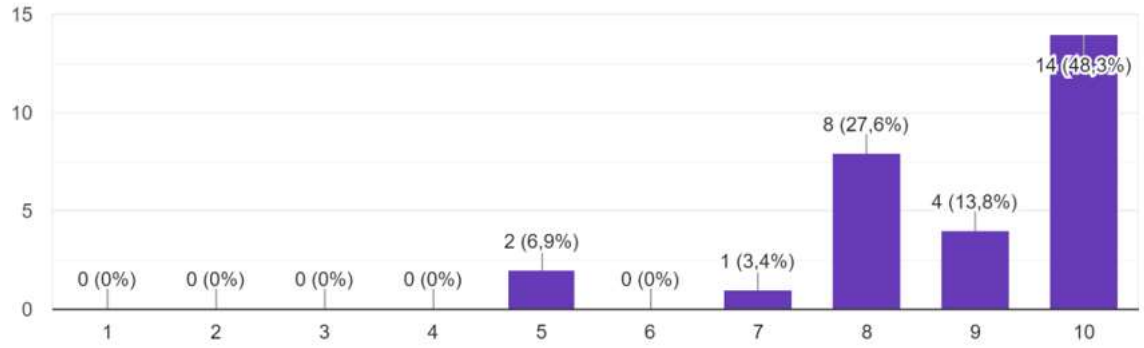
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DIMENSIONE 3: FORMAZIONE E ADDESTRAMENTO.

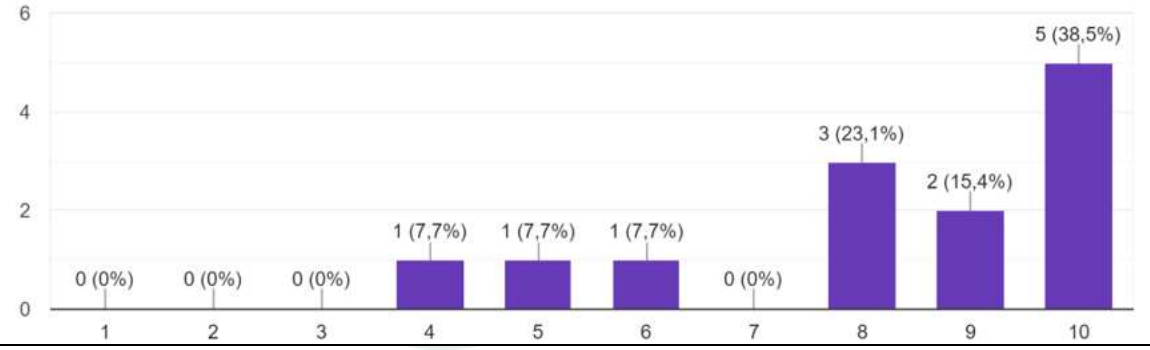
13. Che importanza dai alla necessità di formazione o formazione per le famiglie che hanno membri con disabilità?

La soddisfazione per questa domanda varia tra i seguenti valori: Bulgaria (5-10), Italia (4-10), Turchia (3-10), Croazia (7-10), Spagna (7-10), Slovenia (7-10) e Bosnia (6-10).

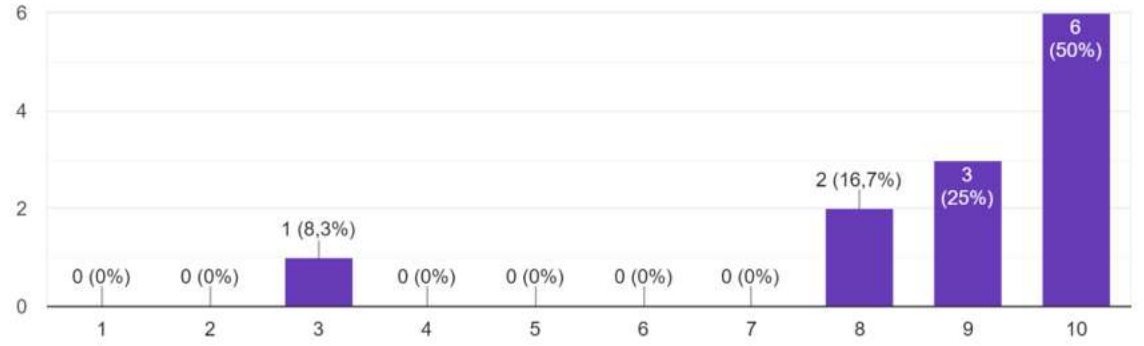
BULGARIA (n=29)



ITALIA (n=13)

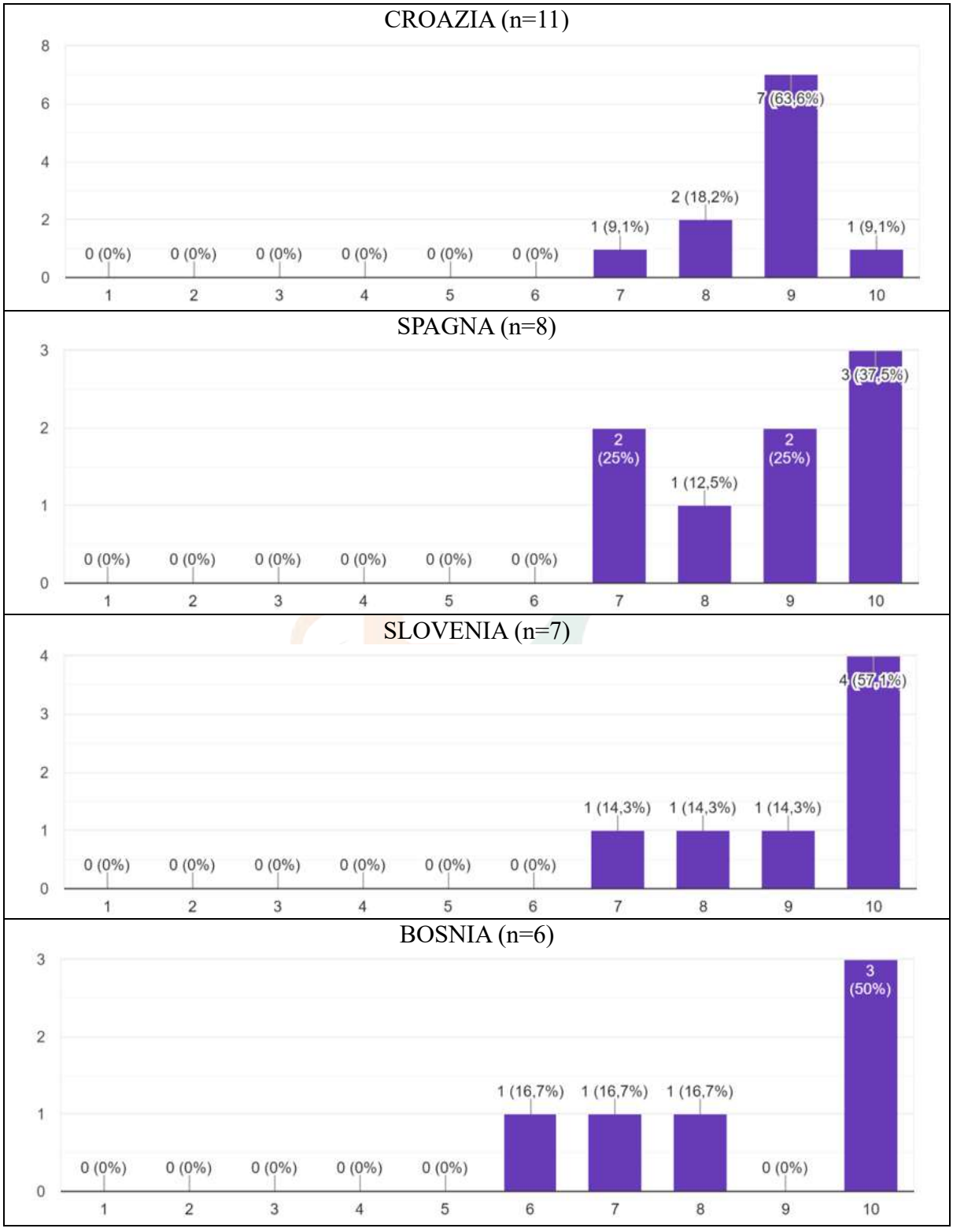


TURCHIA (n=12)



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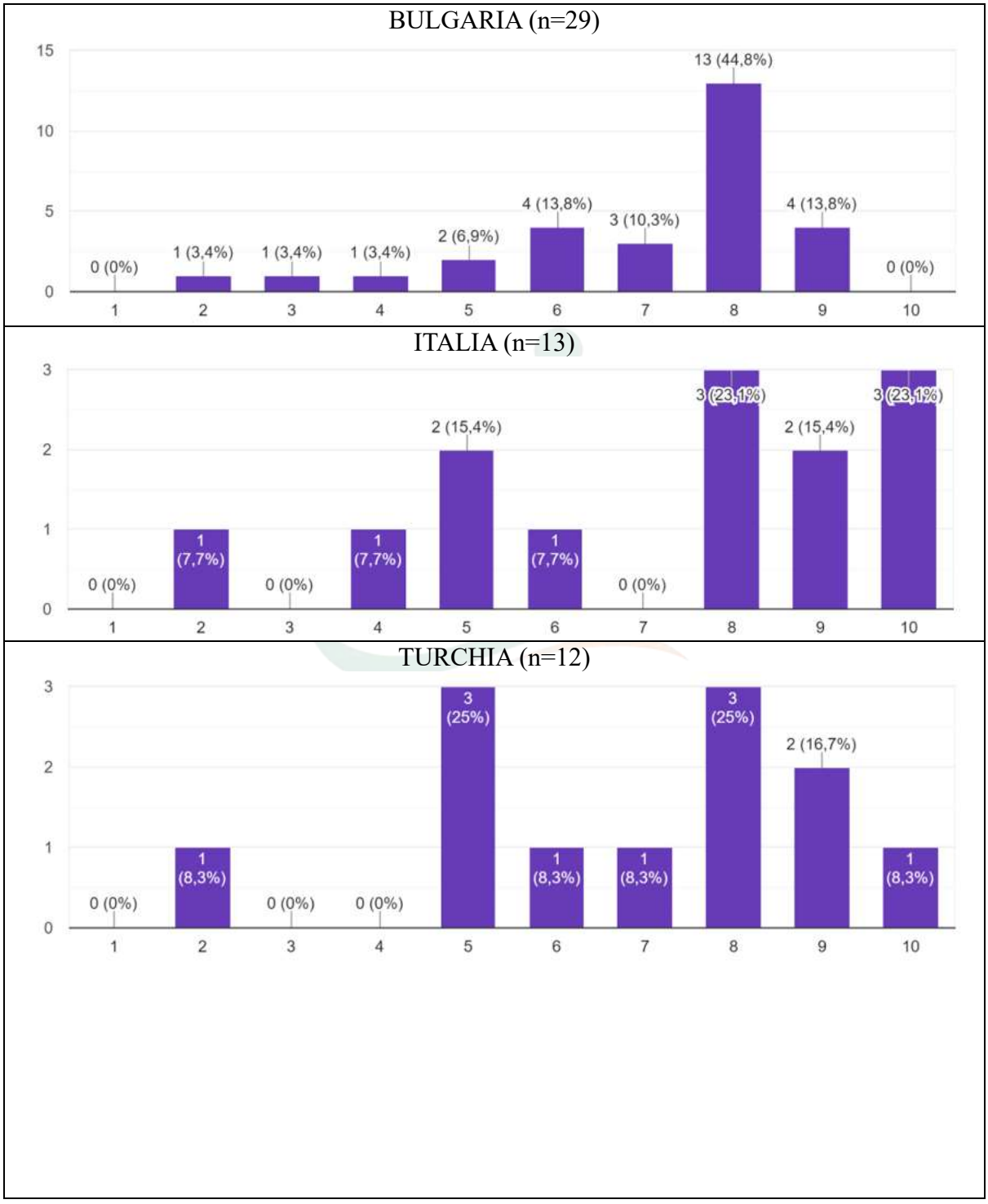
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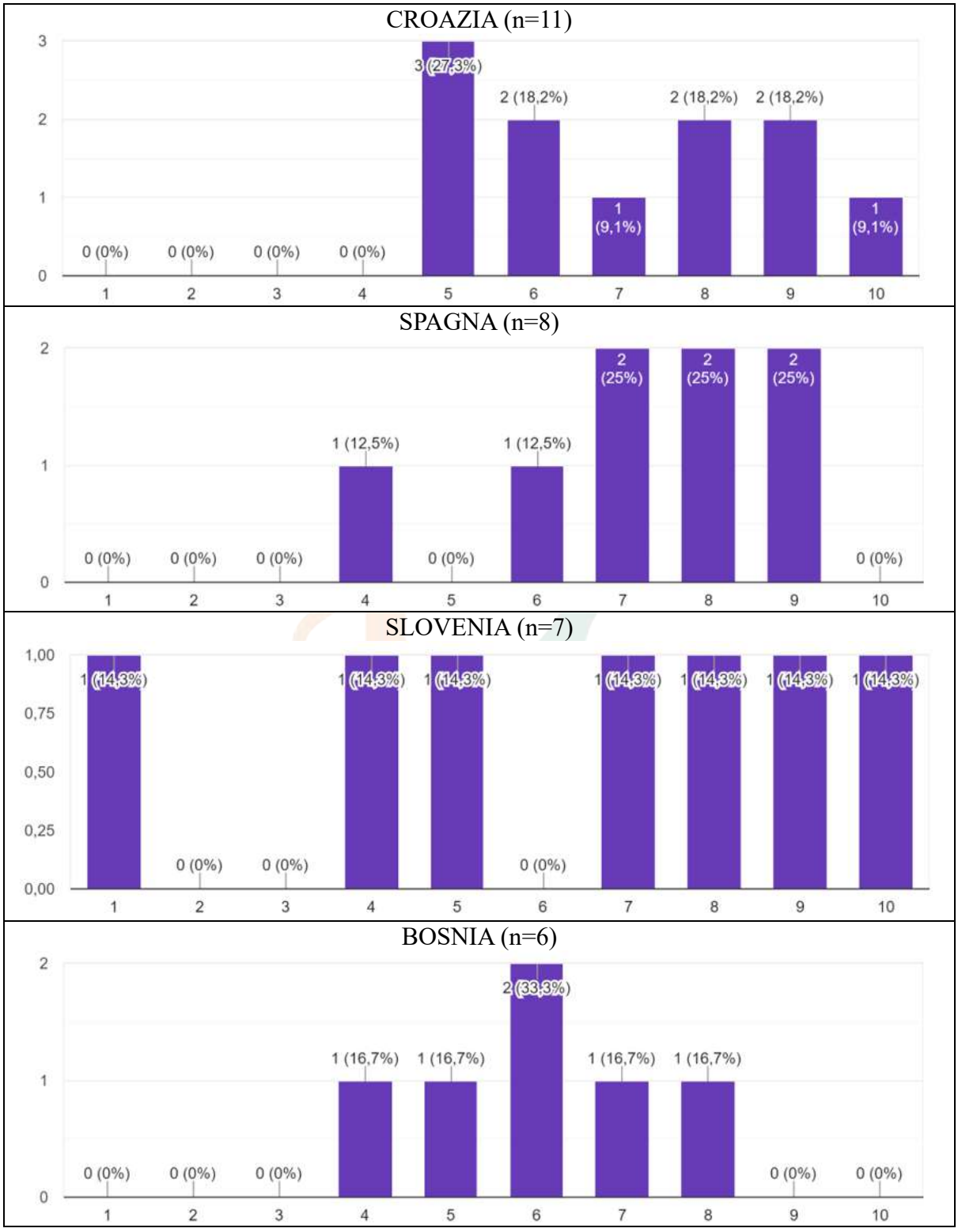
14. Ritieni che l'attuale formazione e preparazione delle diverse professionalità presenti nelle organizzazioni sia sufficiente?

La soddisfazione per questa domanda varia tra i seguenti valori: Bulgaria (2-9), Italia (2-10), Turchia (2-10), Croazia (5-10), Spagna (5-9), Slovenia (1-10) e Bosnia (4-8).



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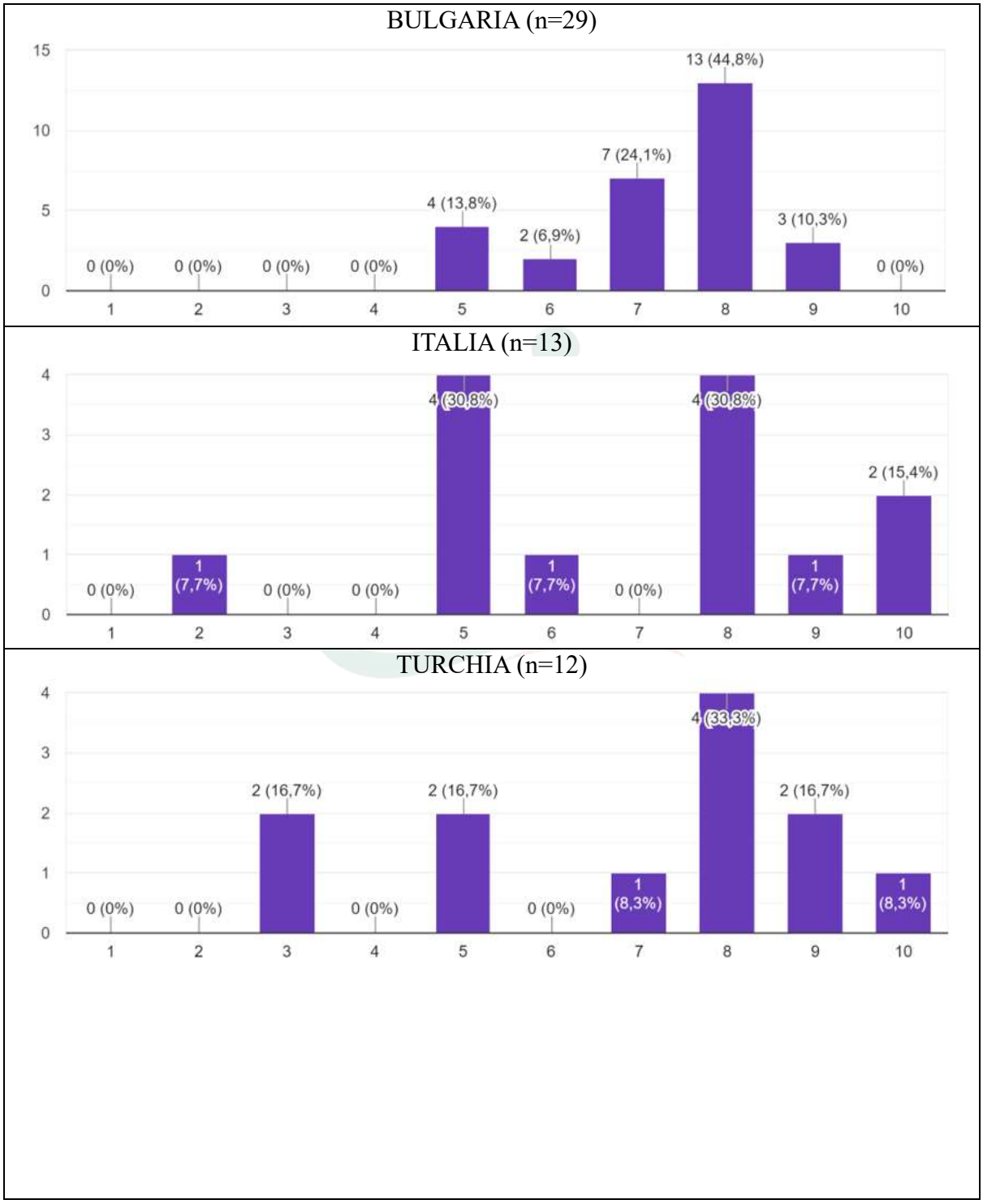
Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.



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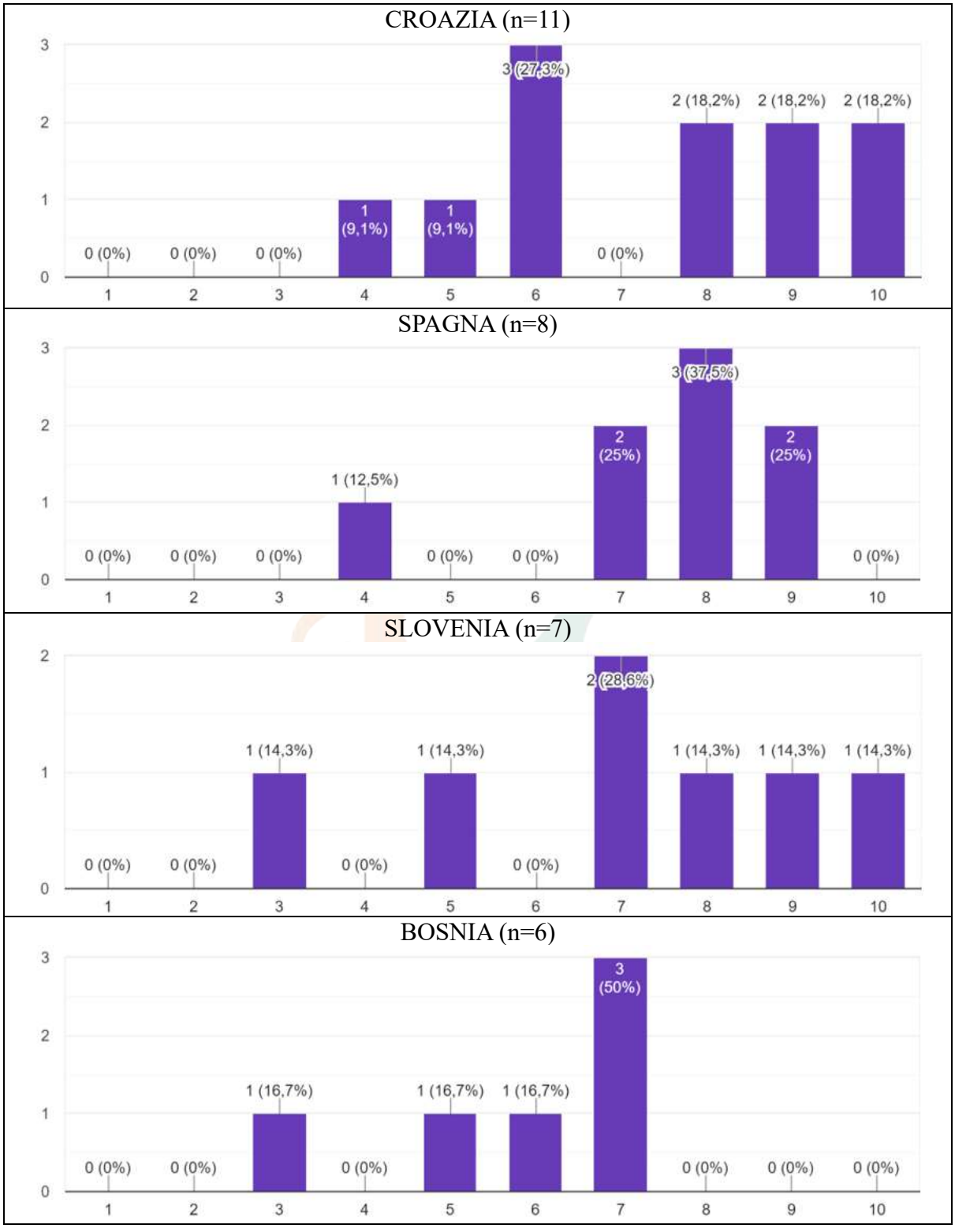
15. Ritieni che i materiali formativi forniti da queste organizzazioni siano chiari, con una struttura coerente, pertinenti e aggiornati?

La soddisfazione per questa domanda varia tra i seguenti valori: Bulgaria (5-9), Italia (2-10), Turchia (3-10), Croazia (4-10), Spagna (4-9), Slovenia (3-10) e Bosnia (3-7).



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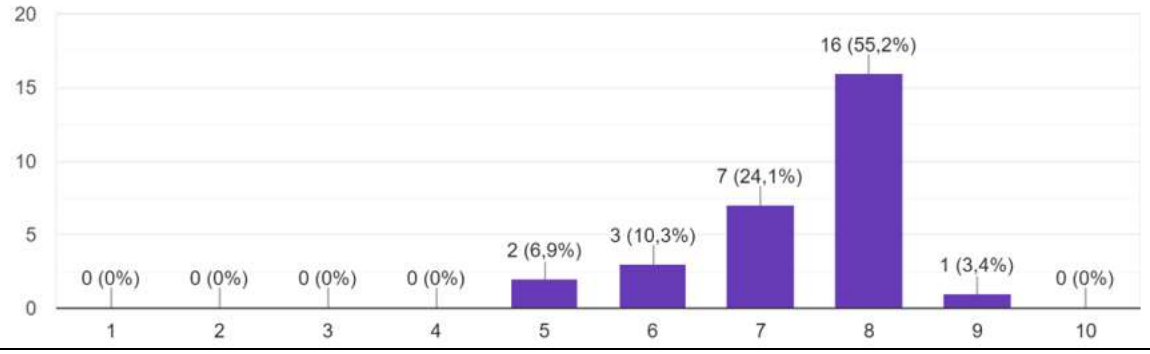


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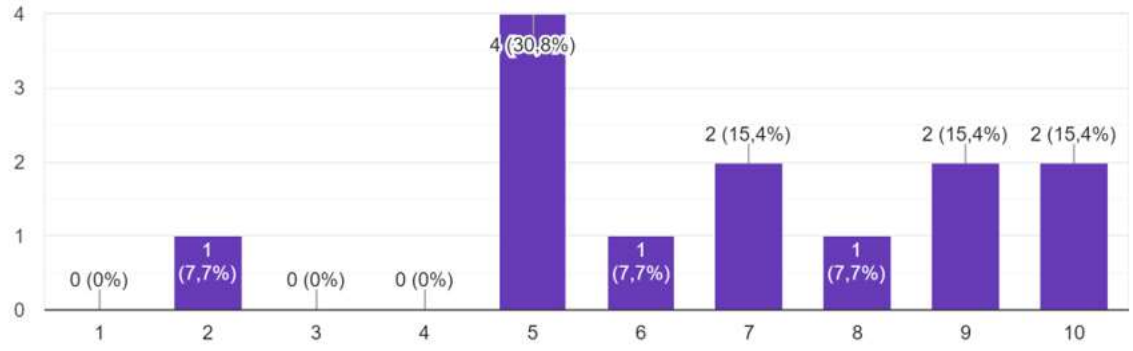
16. Sono adattabili e personalizzati?

La soddisfazione per questa domanda varia tra i seguenti valori: Bulgaria (5-9), Italia (2-10), Turchia (2-10), Croazia (4-9), Spagna (4-8), Slovenia (3-9) e Bosnia (3-7).

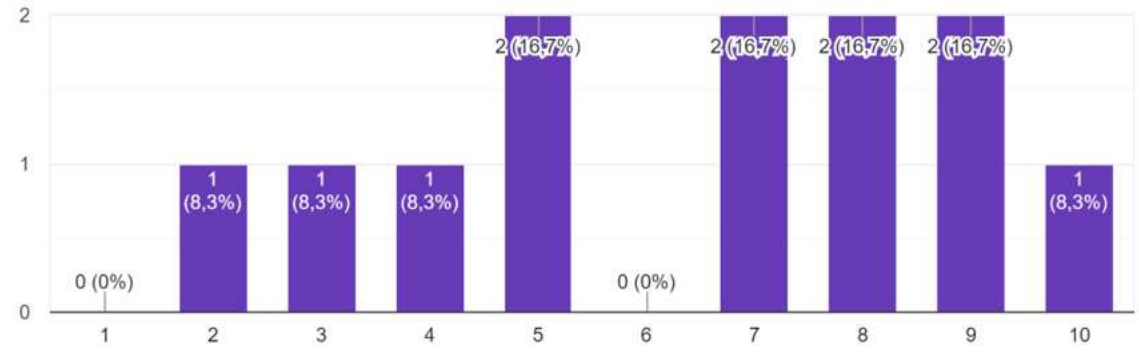
BULGARIA (n=29)



ITALIA (n=13)

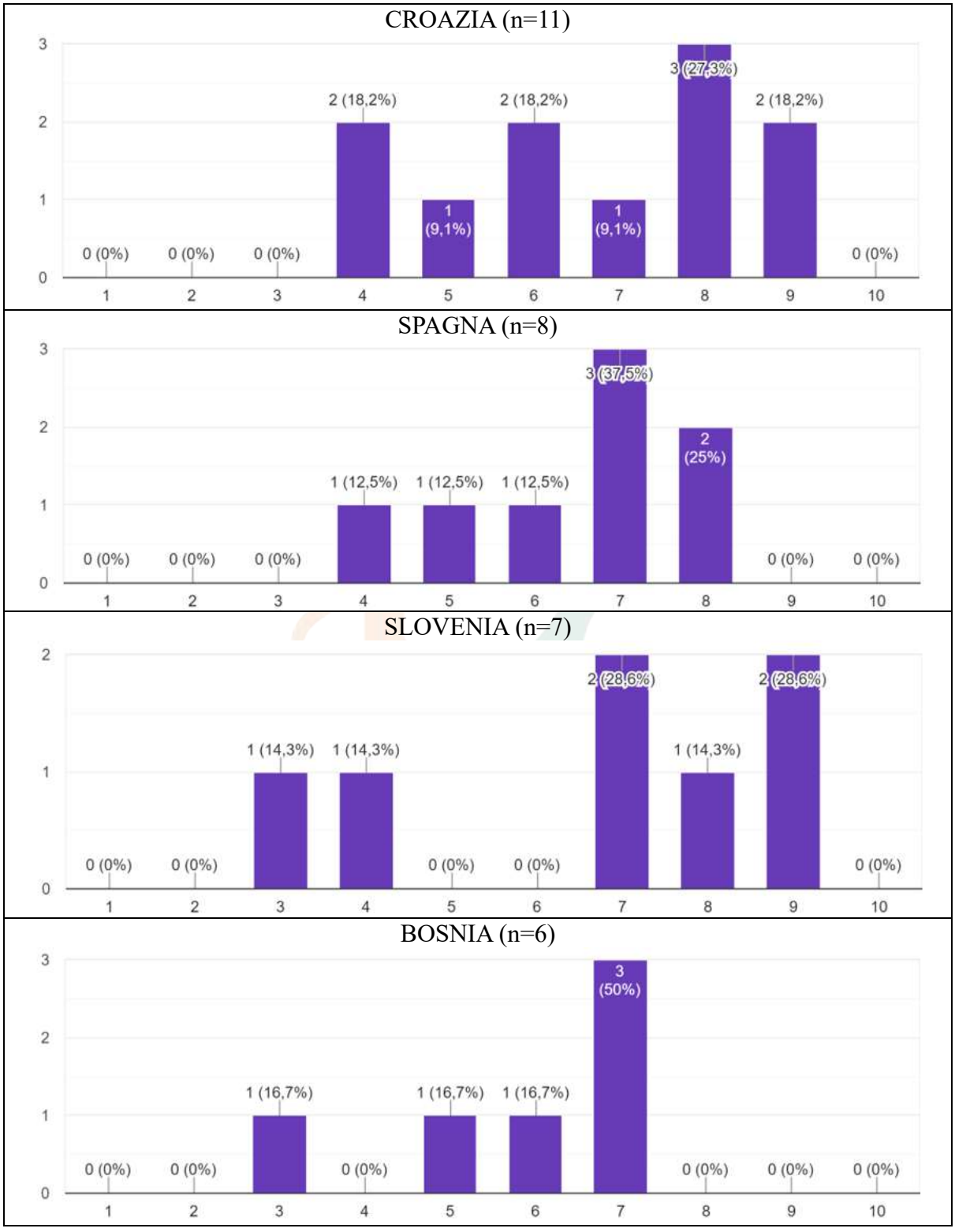


TURCHIA (n=12)



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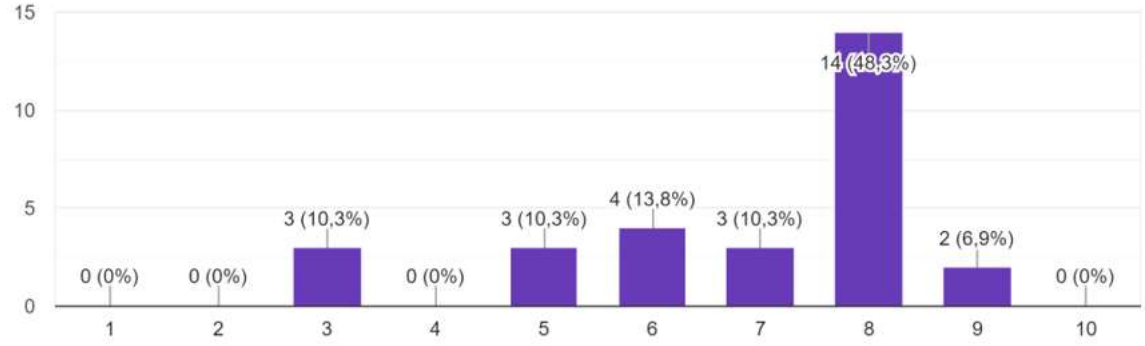


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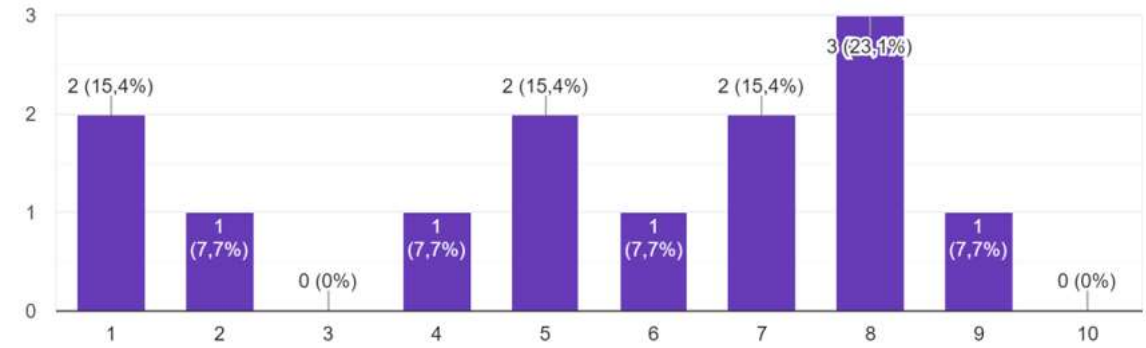
17. Ritieni che l'attuale istruzione e formazione delle famiglie sia sufficiente?

La soddisfazione per questa domanda varia dai seguenti valori: Bulgaria (3-9), Italia (1-9), Turchia (1-9), Croazia (4-10), Spagna (5-9), Slovenia (1-8) e Bosnia (3-9).

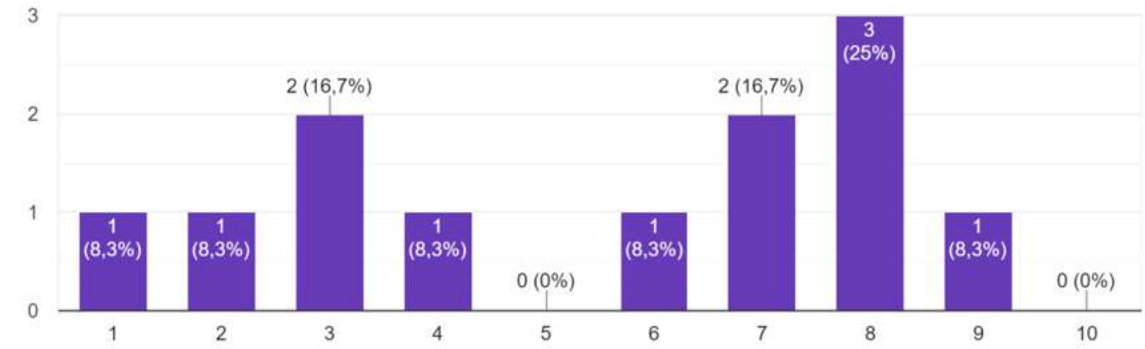
BULGARIA (n=29)



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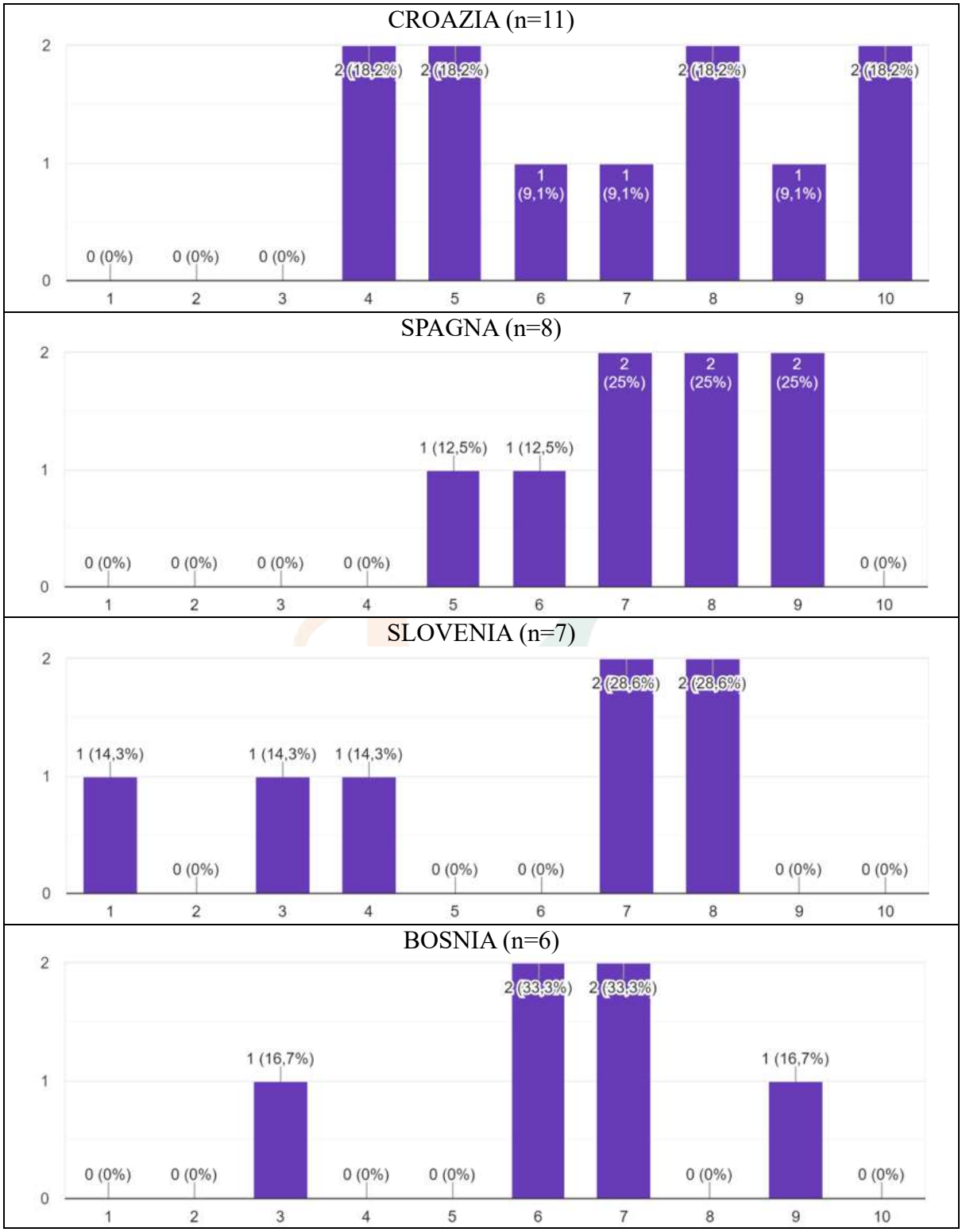


TURCHIA (n=12)



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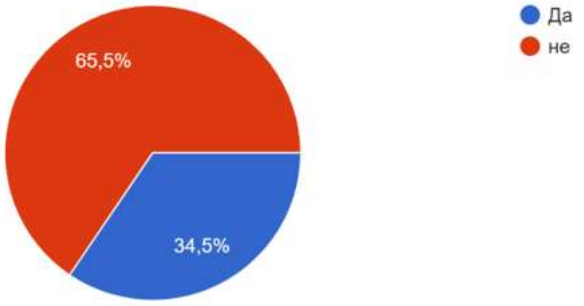
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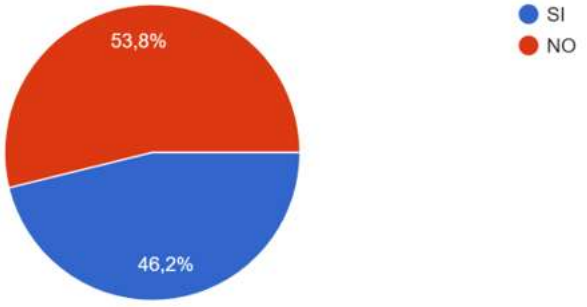
18. Tu o qualche membro della tua famiglia avete partecipato a workshop, conferenze o altre attività di formazione organizzate da organizzazioni che supportano le persone con disabilità?

La percentuale di persone del campione che hanno partecipato ad attività di formazione è stata la seguente: Bulgaria (34,5%), Italia (46,2%), Turchia (66,7%), Croazia (63,6%), Spagna (87,5%), Slovenia (71,4%) e Bosnia (83,3%).

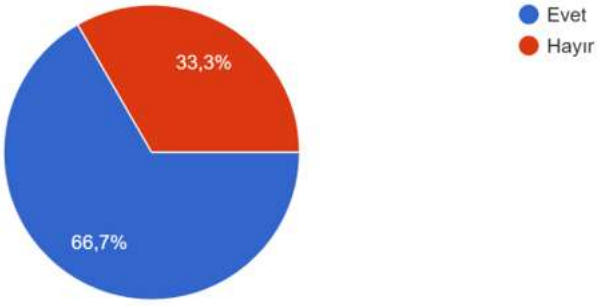
BULGARIA (n=29)



ITALIA (n=13)



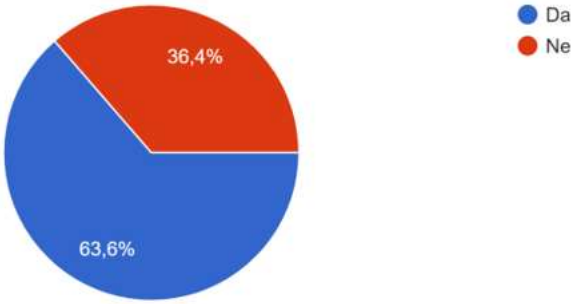
TURCHIA (n=12)



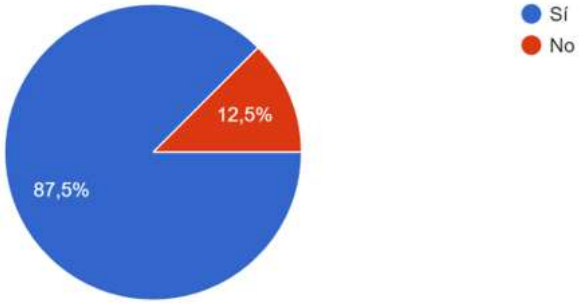
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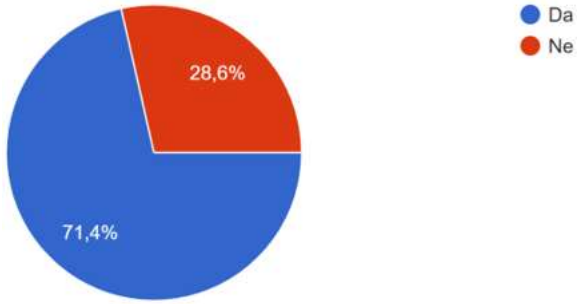
CROAZIA (n=11)



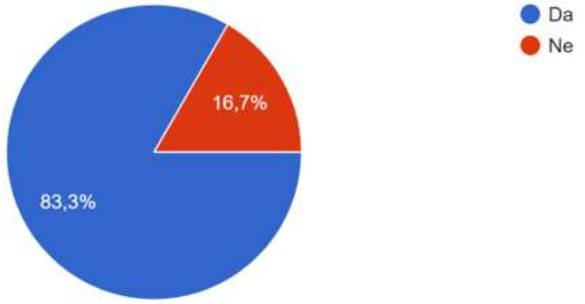
SPAGNA (n=8)



SLOVENIA (n=7)



BOSNIA (n=6)



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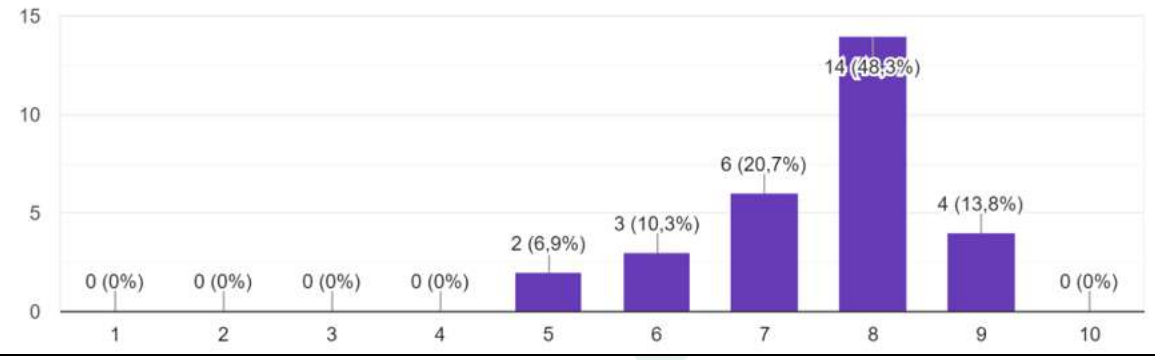
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DIMENSIONE 4: COORDINAMENTO, TRASPARENZA, MONITORAGGIO E SODDISFAZIONE.

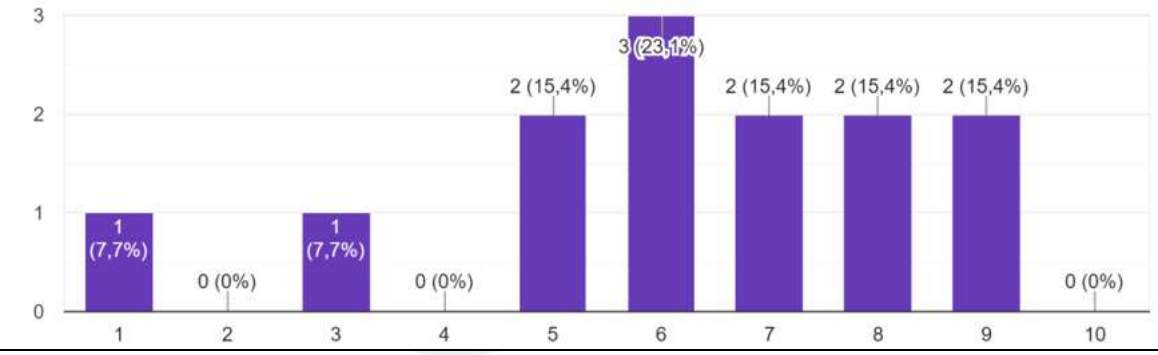
19. Come valuti il coordinamento tra il personale delle organizzazioni?

La soddisfazione per questa domanda varia tra i seguenti valori: Bulgaria (5-9), Italia (1-9), Turchia (3-10), Croazia (4-10), Spagna (6-9), Slovenia (3-10) e Bosnia (6-10).

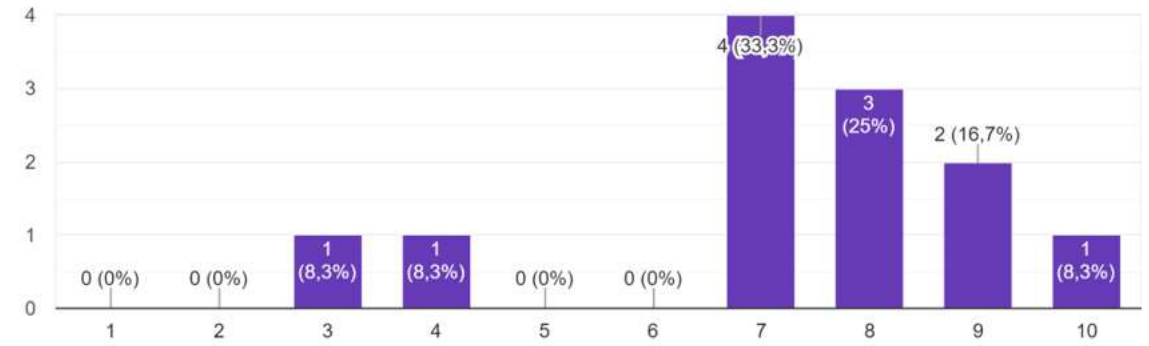
BULGARIA (n=29)



ITALIA (n=13)

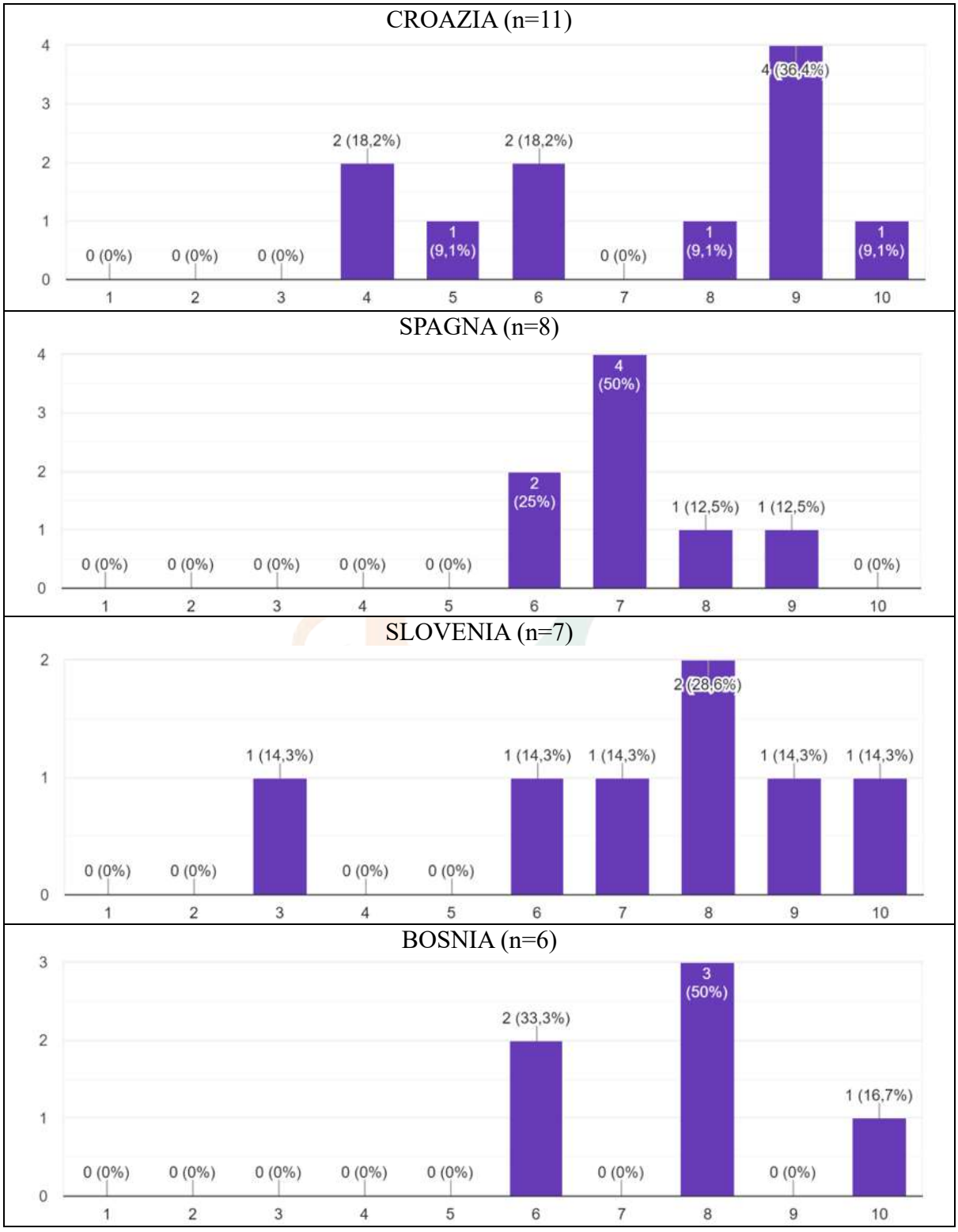


TURCHIA (n=12)



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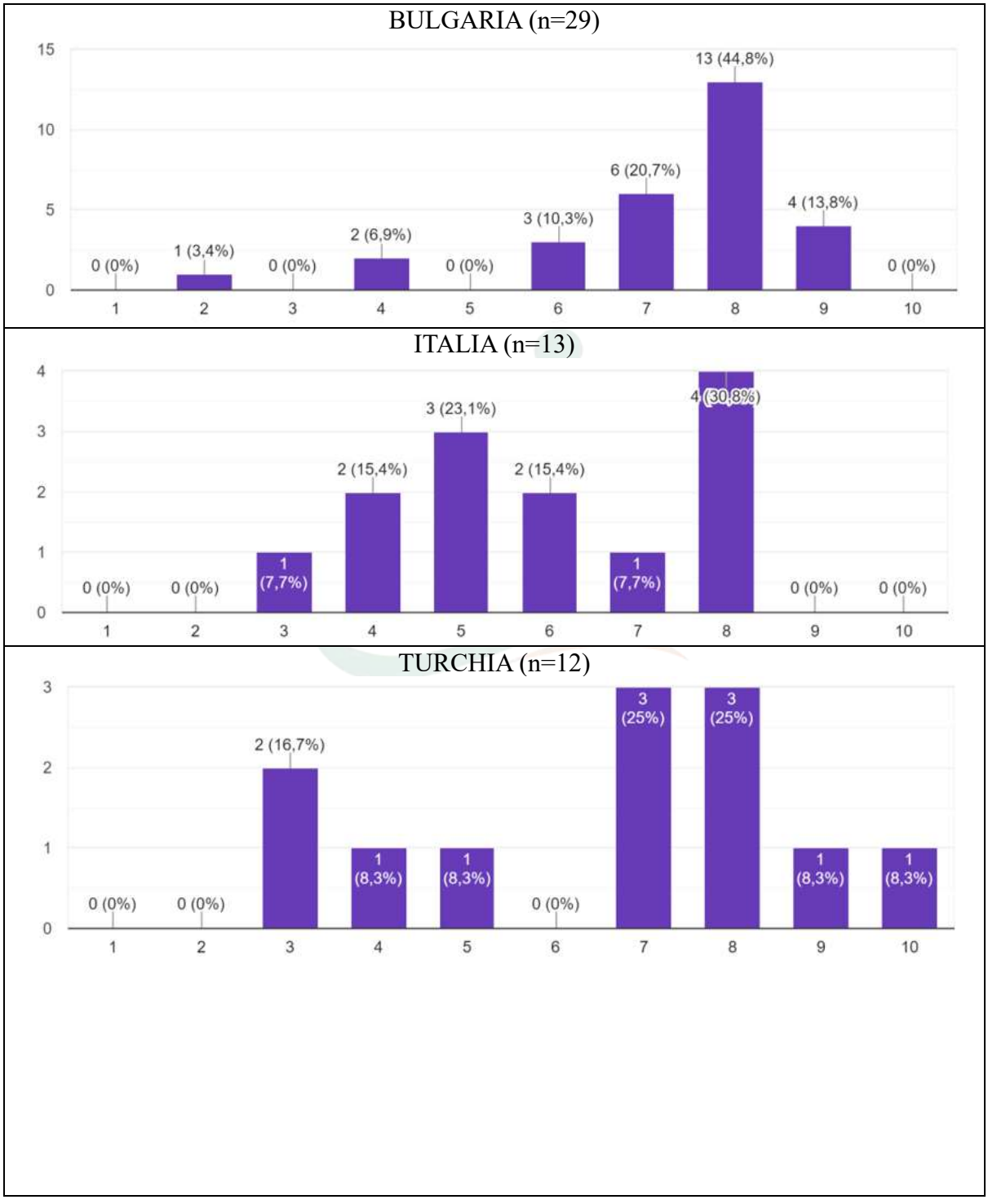


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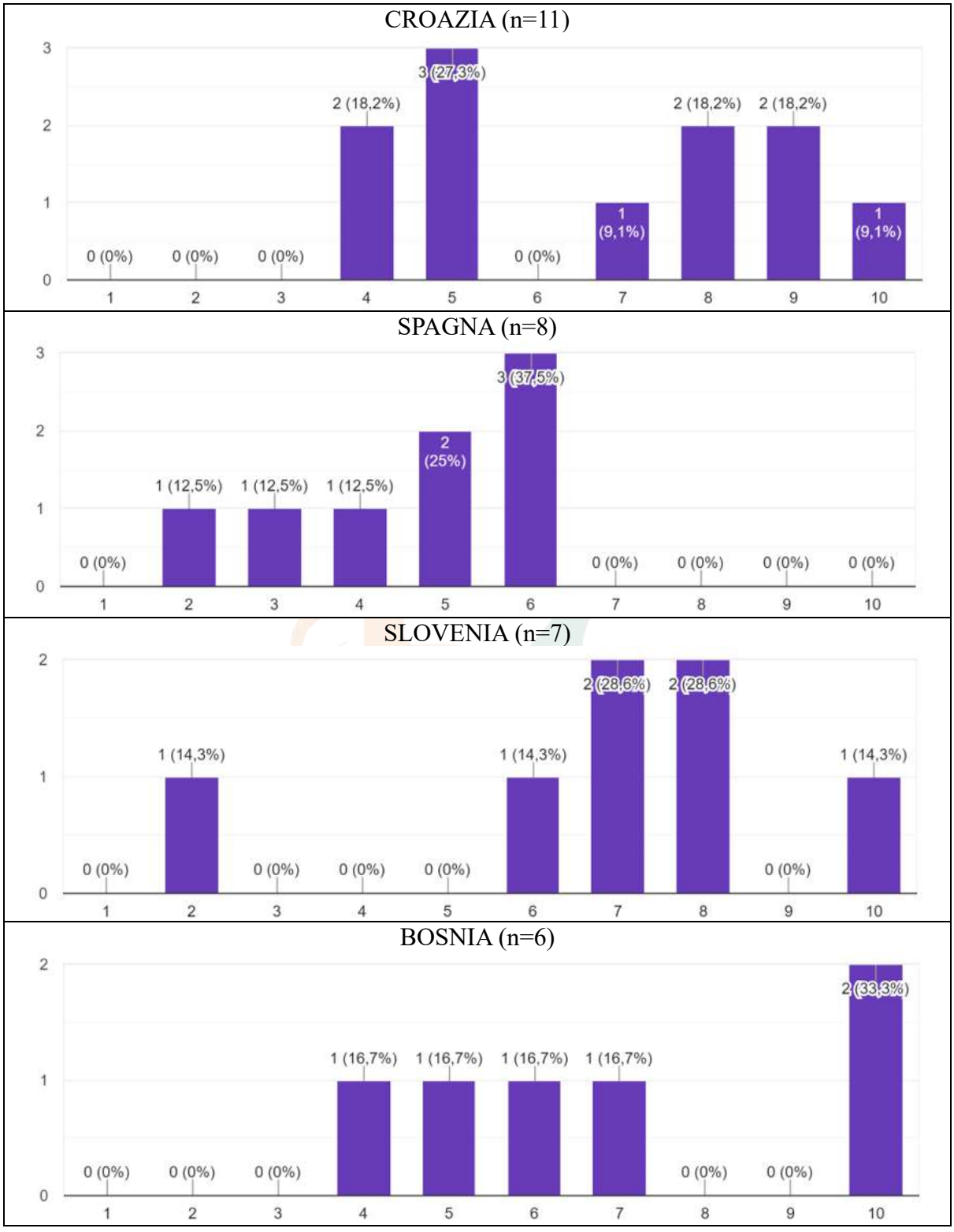
20. Cosa pensi del coordinamento tra le organizzazioni che supportano le persone con disabilità e altri servizi sanitari per fornire un supporto completo alle famiglie?

La soddisfazione per questa domanda varia tra i seguenti valori: Bulgaria (2-9), Italia (3-8), Turchia (3-10), Croazia (4-10), Spagna (2-6), Slovenia (2-10) e Bosnia (4-10).



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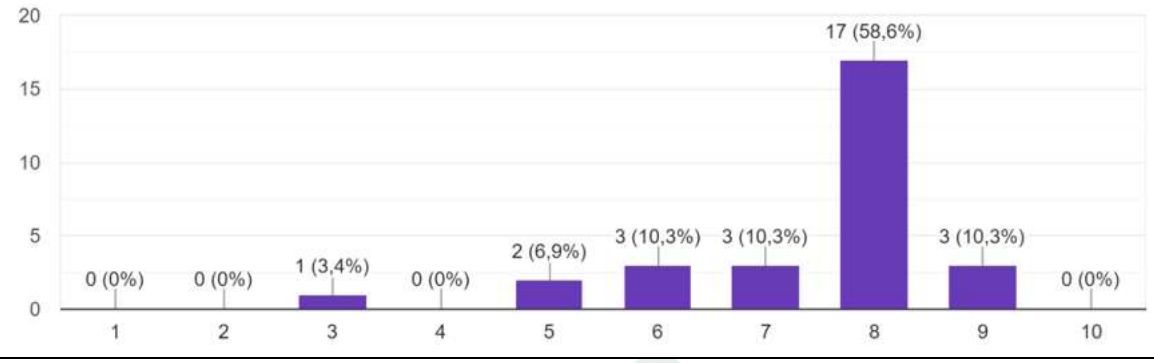


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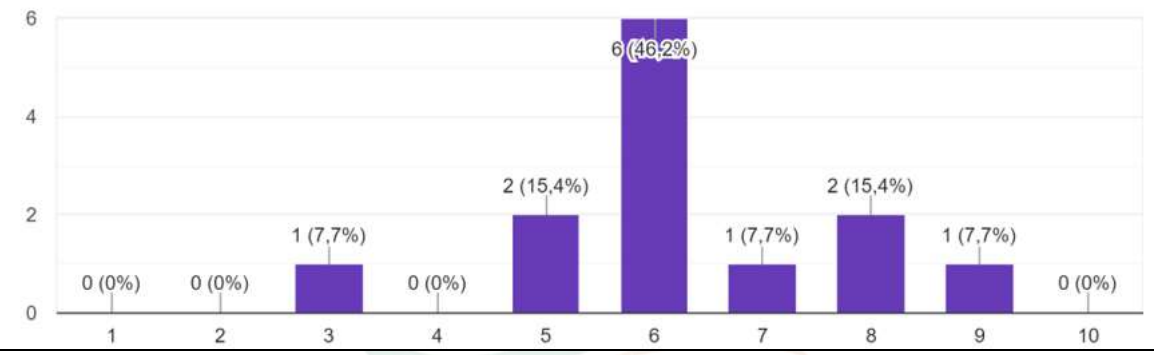
21. Trovi che le politiche e i processi di queste organizzazioni siano trasparenti in relazione alla cura e al sostegno delle persone con disabilità?

La soddisfazione per questa domanda varia dai seguenti valori: Bulgaria (3-9), Italia (3-9), Turchia (3-10), Croazia (4-10), Spagna (4-9), Slovenia (2-9) e Bosnia (4-10).

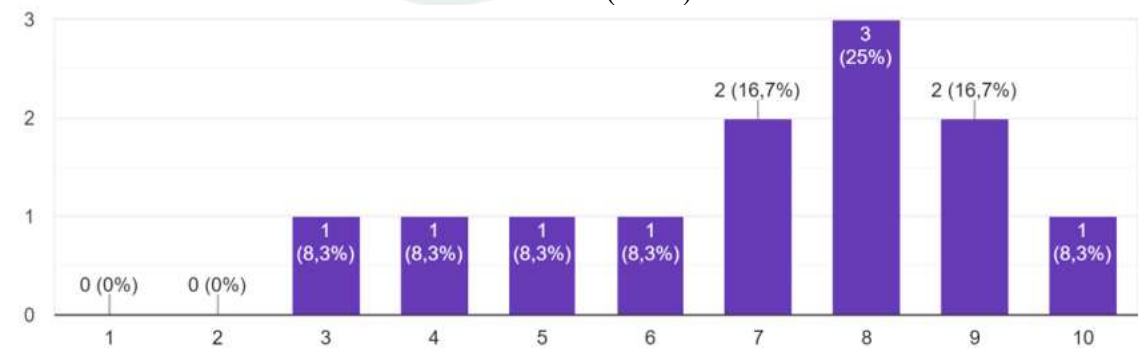
BULGARIA (n=29)



ITALIA (n=13)

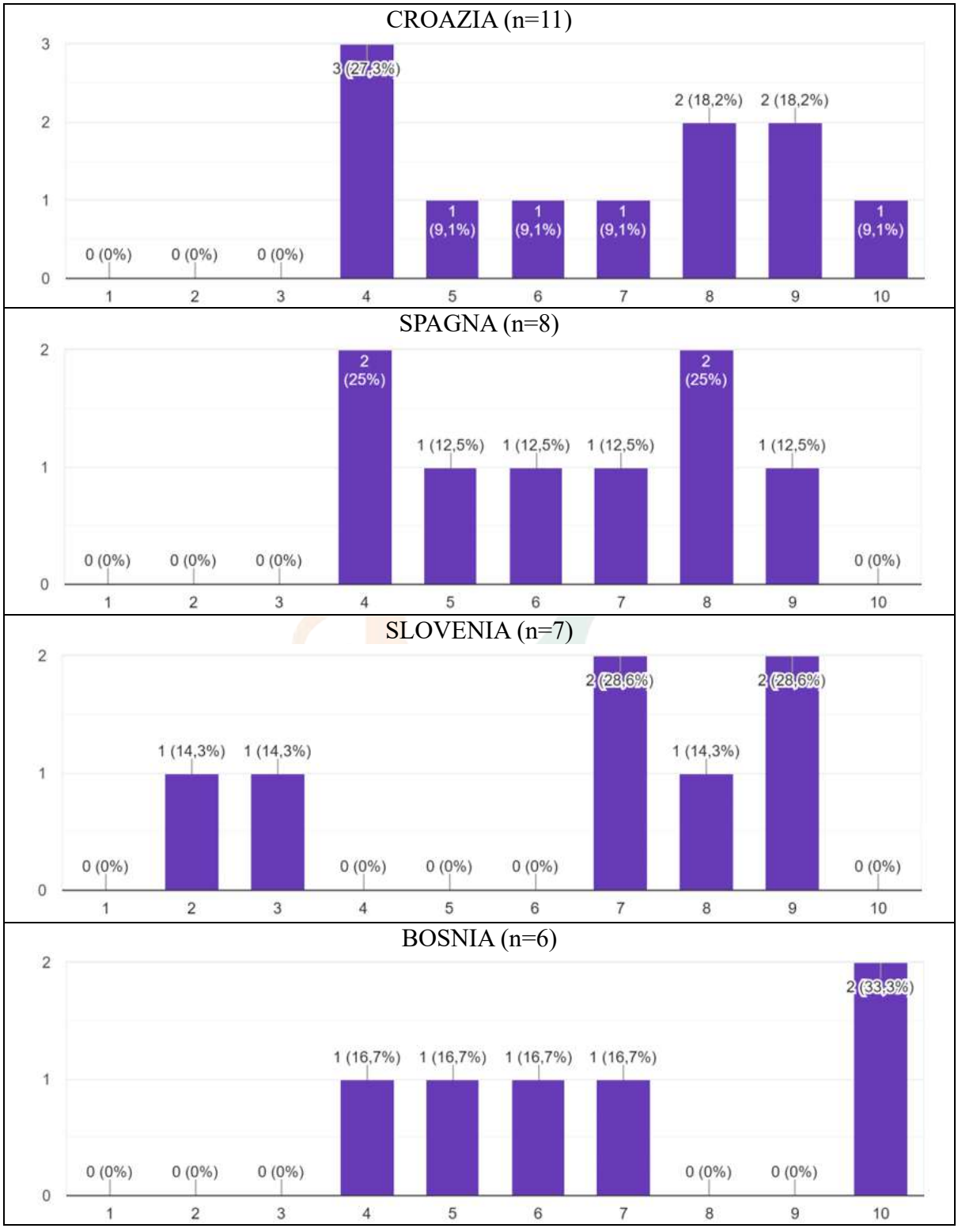


TURCHIA (n=12)



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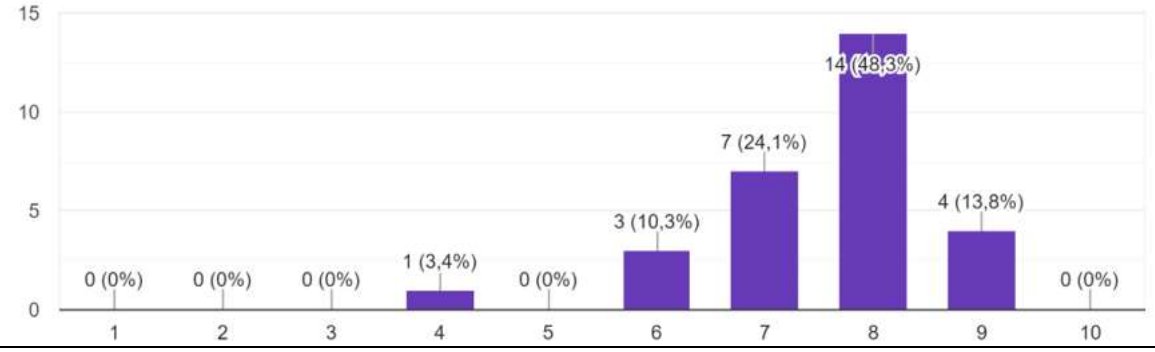
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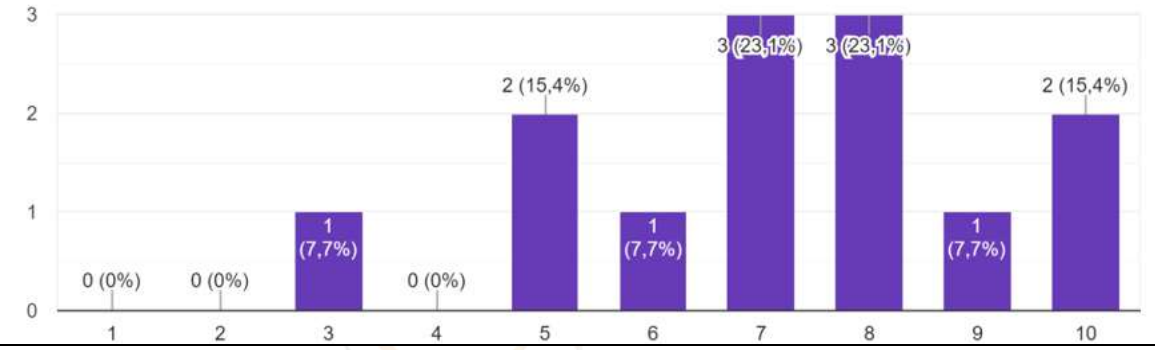
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22. Ritenete adeguato il follow-up ricevuto dal personale delle organizzazioni?
La soddisfazione per questa domanda varia tra i seguenti valori: Bulgaria (4-9), Italia (3-10), Turchia (4-10), Croazia (4-10), Spagna (5-9), Slovenia (2-9) e Bosnia (4-9).

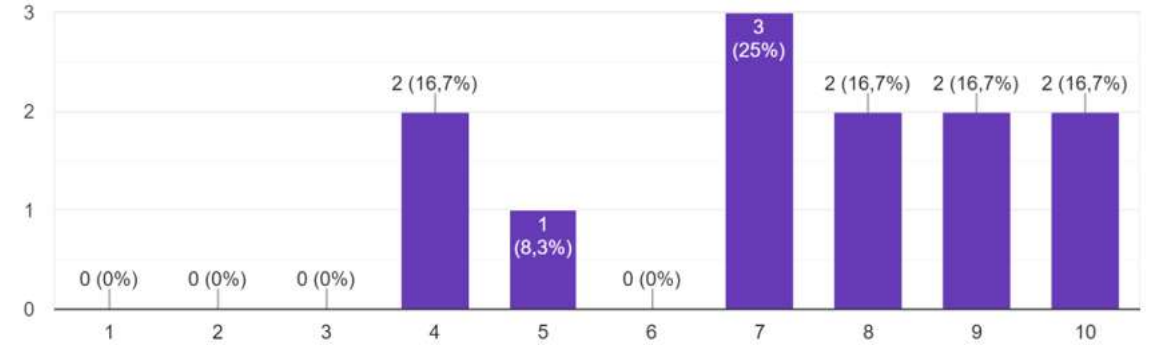
BULGARIA (n=29)



ITALIA (n=13)

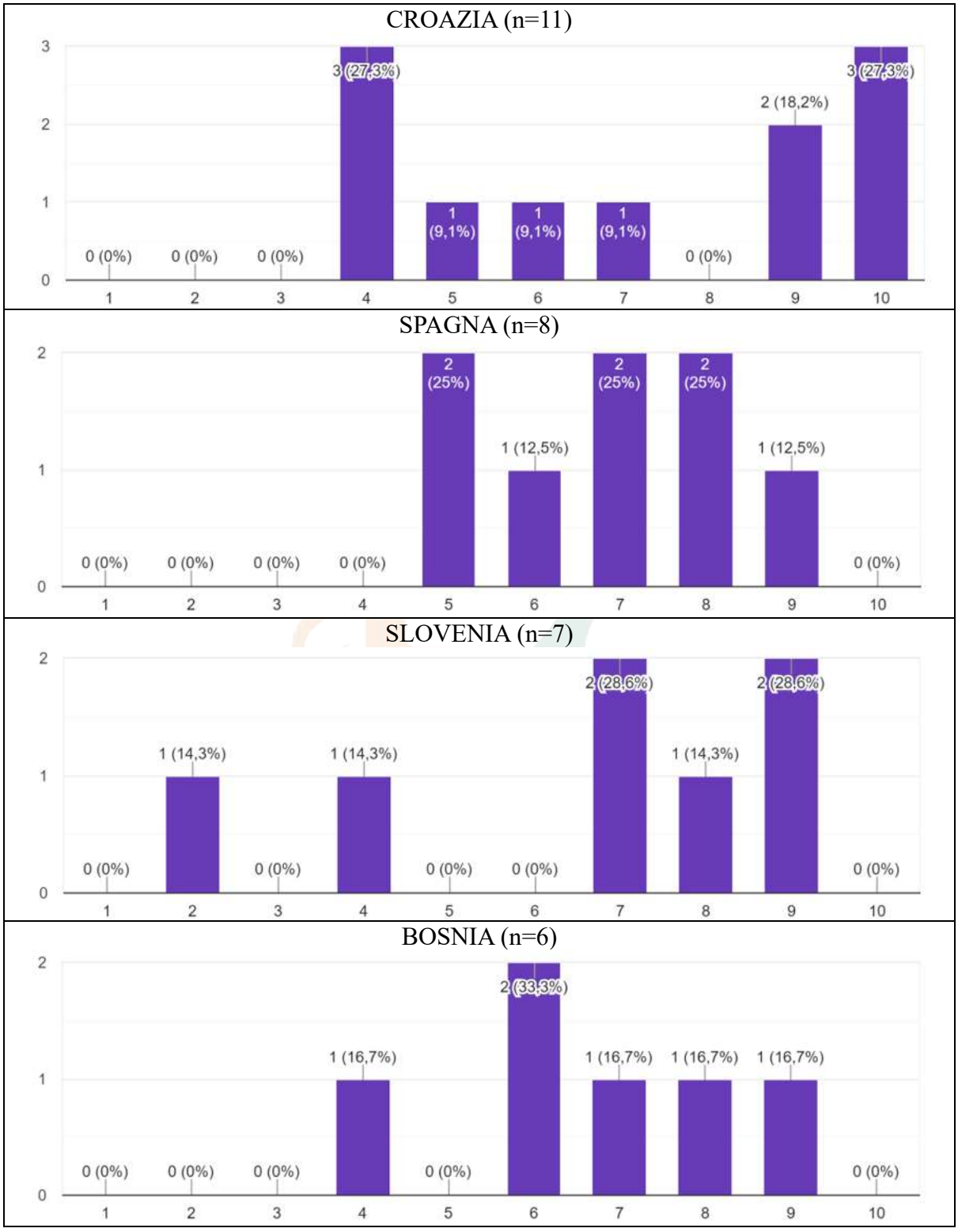


TURCHIA (n=12)



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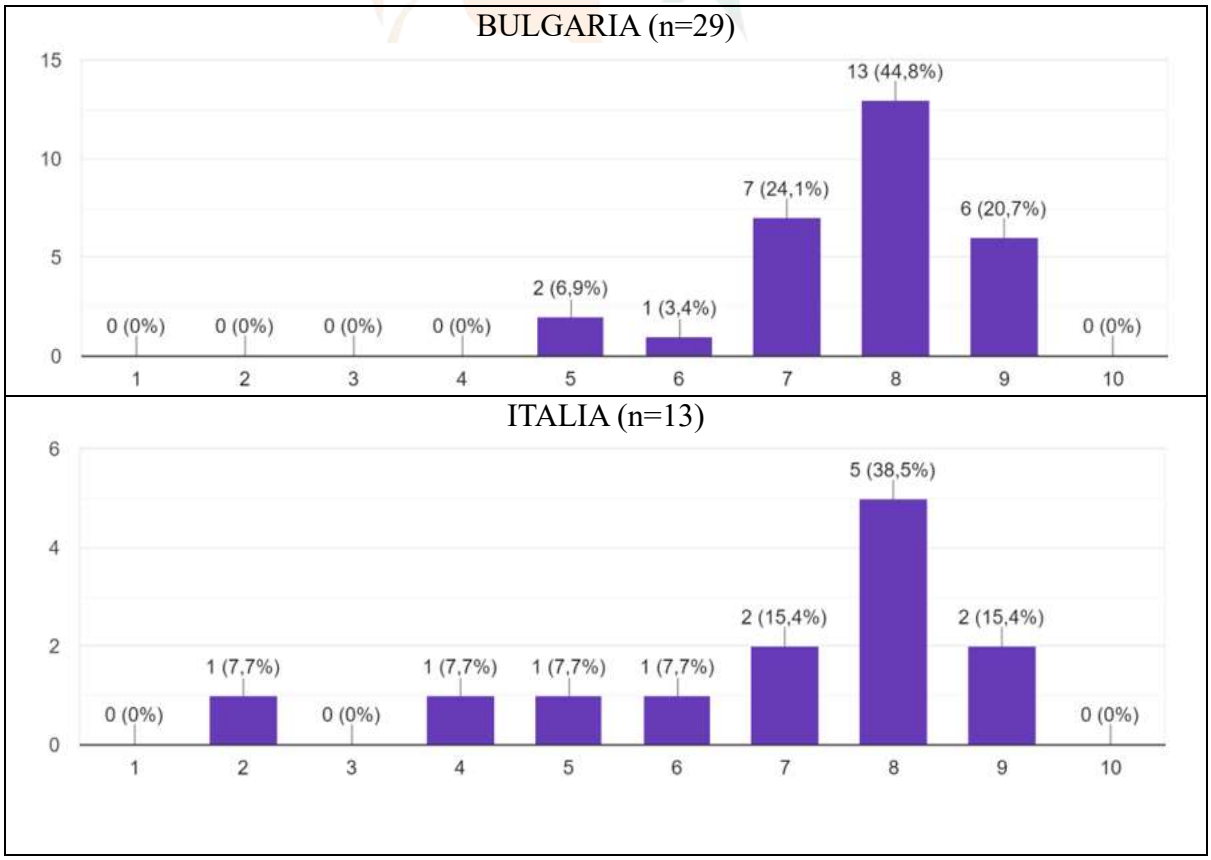
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23. Quali suggerimenti avresti per migliorare il processo di monitoraggio e garantire che le tue esigenze siano soddisfatte efficacemente in futuro?

I suggerimenti in Bulgaria sono stati: maggiore trasparenza; campagne più efficaci; informazioni e iniziative future sui siti web delle organizzazioni; incontri con i genitori; una migliore informazione sui siti web di alcune organizzazioni; incontri più frequenti con le organizzazioni; più servizi; attività più comuni/congiunte; più iniziative lavorative; un finanziamento migliore. In Italia non ci sono stati suggerimenti. I suggerimenti in Turchia sono stati: rendere la formazione più accessibile; comunicazione e coordinamento efficaci; utilizzare di più i siti Web e la posta elettronica. In Croazia non ci sono stati suggerimenti. I suggerimenti in Spagna sono stati: consultare di più le famiglie; attenzione più individualizzata; riunioni mensili di follow-up; migliore servizio telefonico; tenere più incontri con le famiglie; aumentare il personale; condurre sondaggi o brevi interviste. In Slovenia non ci sono stati suggerimenti. I suggerimenti in Bosnia sono stati: comunicazione più chiara e maggiore formazione nella comunicazione e nel lavoro con le famiglie; piena trasparenza, ottimo supporto e guida.

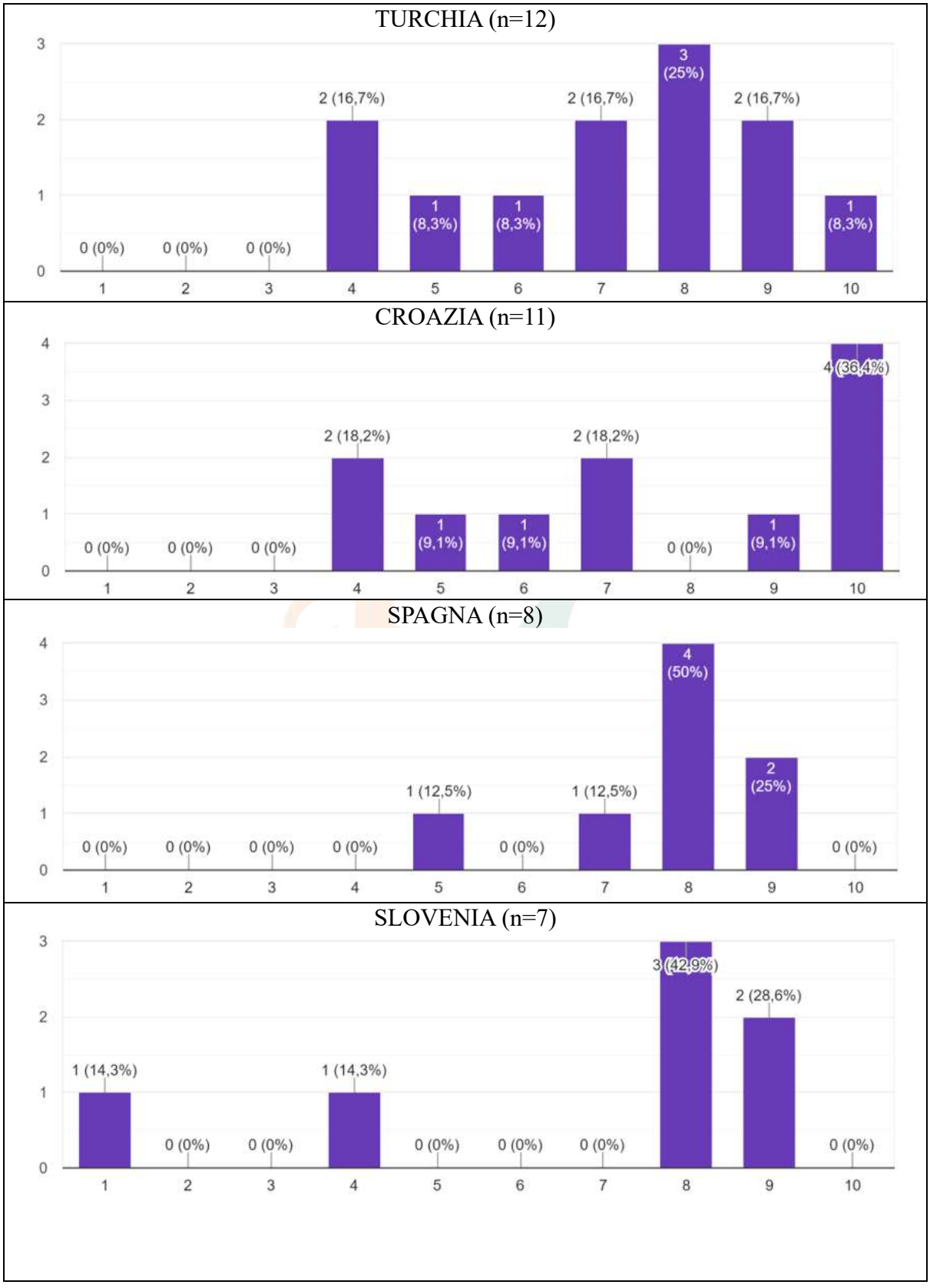
24. Per quanto riguarda l'attenzione e l'impegno dimostrato dalle organizzazioni, quanto è stata soddisfacente la tua esperienza?

La soddisfazione per questa domanda varia tra i seguenti valori: Bulgaria (5-9), Italia (2-9), Turchia (4-10), Croazia (4-10), Spagna (5-9), Slovenia (1-9) e Bosnia (5-10).

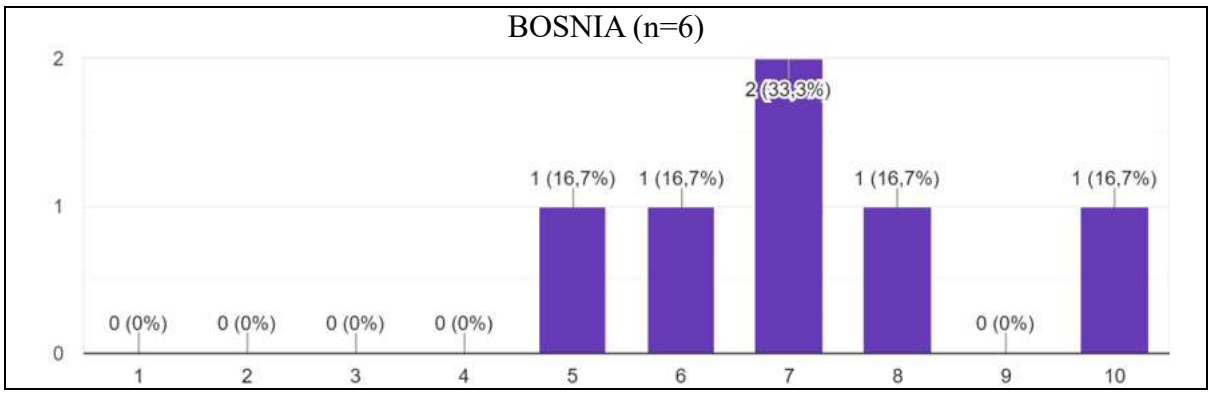


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4. CONCLUSIONI

La soddisfazione nella dimensione 1 (comunicazione e informazione) varia tra i seguenti valori: Bulgaria (4-10), Italia (1-10), Turchia (1-10), Croazia (5-10), Spagna (4-10), Slovenia (1-10) e Bosnia (2-9). La soddisfazione nella dimensione 2 (risorse, programmi e servizi) varia tra i seguenti valori: Bulgaria (3-10), Italia (1-10), Turchia (1-10), Croazia (4-10), Spagna (5 -10), Slovenia (1-10) e Bosnia (2-10). La soddisfazione nella dimensione 3 (formazione e addestramento) varia tra i seguenti valori: Bulgaria (2-10), Italia (1-10), Turchia (1-10), Croazia (4-10), Spagna (4-10), Slovenia (1-10) e Bosnia (3-10). La soddisfazione nella dimensione 4 (coordinamento, trasparenza, monitoraggio e soddisfazione) varia tra i seguenti valori: Bulgaria (2-9), Italia (1-10), Turchia (3-10), Croazia (4-10), Spagna (2 -9), Slovenia (1-10) e Bosnia (4-10).

Si conclude quindi che, in tutti i paesi e in tutte le dimensioni, esistono valori di soddisfazione alti e bassi. Valori elevati indicano che si stanno realizzando buone pratiche in relazione allo sport familiare inclusivo. Tuttavia, i valori bassi chiariscono che è necessarioun notevole margine di miglioramento in tutte le dimensioni e in tutti i paesi.

Secondo i suggerimenti dei partecipanti, questi miglioramenti dovrebbero concentrarsi sui seguenti aspetti: maggiore trasparenza; campagne più efficaci; informazioni e iniziative future sui siti web delle organizzazioni; incontro con i genitori; una migliore informazione sui siti web di alcune organizzazioni; incontri più frequenti con le organizzazioni; più servizi; attività più comuni/congiunte; più iniziative lavorative; migliori finanziamenti; formazione più accessibile; comunicazione e coordinamento efficaci; utilizzare di più i siti Web e la posta elettronica; consultare maggiormente le famiglie; attenzione più individualizzata; riunioni mensili di follow-up; migliore servizio telefonico; tenere più incontri con le famiglie; aumentare il personale; condurre sondaggi o brevi interviste; comunicazione più chiara e maggiore formazione nella comunicazione e nel lavoro con le famiglie; piena trasparenza, ottimo supporto e guida.

L'attuazione di questi miglioramenti nella metodologia dello sport familiare inclusivo nei bambini e negli adolescenti con disabilità dai 6 ai 18 anni aumenterà senza dubbio la soddisfazione dei partecipanti e delle loro famiglie nelle attività sportive, il che produrrà un aumento della loro pratica sportiva e, di conseguenza, la sedentarietà e l'obesità diminuiranno nei bambini e negli adolescenti con disabilità.

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ÇOK ULUSLU NİHAİ RAPOR

1. GİRİŞ

6-18 yaş arası engelli çocuklar ve ergenler için kapsayıcı aile sporu, bu grupta hareketsiz yaşam tarzını ve obeziteyi önlemek için büyük önem taşımaktadır (Carbone vd., 2021; Middelbeek ve Breda, 2013). Bunun için, engelli çocuk ve ergenlere spor yapmaları ve spordan keyif almaları için eşlik etmeleri, onları teşvik etmeleri ve motive etmeleri açısından ailelerin rolü çok önemlidir (Bloemen vd., 2015; Li vd., 2016; MacEachern vd., 2022).
Bu çok uluslu nihai raporun amacı, Train4Family projesine katılan ülkelerdeki 6-18 yaş arası engelli çocuk ve ergenlerde kapsayıcı aile sporu metodolojisine ilişkin iyi uygulamaları ve deneyimleri analiz etmektir. Bu analiz, bu grupta hareketsiz yaşam tarzı ve obezitenin önlenmesine yönelik stratejilerin geliştirilmesine olanak sağlayacaktır.
Hipotez, analiz edilen tüm ülkelerde bazı ortak noktalar olacağı, ancak aynı zamanda aralarında farklılıklar da bulunacağı, bunun da ortak bir strateji ve müdahalenin uygulanmasına izin vereceği, ancak her ülkenin bağlamına ve özel koşullarına bağlı olarak gerekli değişikliklerin yapılacağı yönündedir.

2. YÖNTEMLER

2.1. Örneklem

Aşağıdaki yedi ülke analiz edilmiştir: Bulgaristan (n=29), İtalya (n=13), Türkiye (n=12), Hırvatistan (n=11), İspanya (n=8), Slovenya (n=7) ve Bosna (n=6). Böylece, toplam örneklem, kapsayıcı spor yapan 6-18 yaş arası engelli çocuk ve ergenlerin 86 aile üyesinden oluşmuştur.

2.2. Araç ve prosedür

Bu amaçla, ailelerin bu spor hizmetlerini sağlayan kuruluşlardan memnuniyetini ölçmek için bir Aile Memnuniyet Anketi tasarlanmış ve uygulanmıştır. Bu ankette değerlendirilen boyutlar aşağıdaki gibidir: Boyut 1: İletişim ve bilgilendirme; Boyut 2: Kaynaklar, programlar ve hizmetler; Boyut 3: Eğitim ve kapasite geliştirme; Boyut 4: Koordinasyon, şeffaflık, izleme ve memnuniyet. Ankette her boyutta 6 madde olmak üzere toplam 24 madde bulunmaktadır. Maddeler, 1'in "hiç memnun değilim" ve 10'un "çok memnunum" anlamına geldiği 1'den 10'a kadar olan bir ölçek kullanılarak derecelendirilmiştir. Anket yedi katılımcı ülkenin yedi diline çevrilmiş ve katılımcılar tarafından online olarak doldurulmuştur.

2.3. İstatistiksel analiz

Anketteki her bir madde için frekanslar ve yüzdeler hesaplanmış, ayrıca yedi katılımcı ülke arasındaki farklılıkları değerlendirmek amacıyla ülkelere göre bir bölümlendirme yapılmıştır. Sonuçlar çubuk grafikler ve pasta grafikler halinde sunulmuştur.

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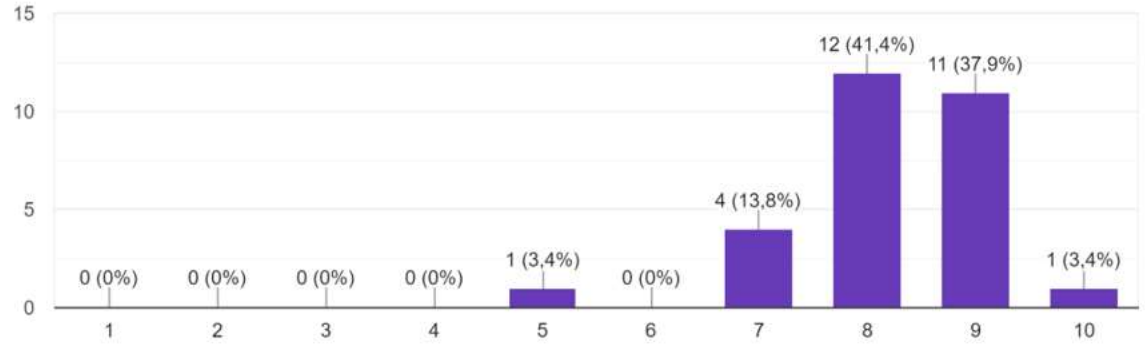
3. SONUÇLAR

BOYUT 1: İLETİŞİM VE BİLGİ.

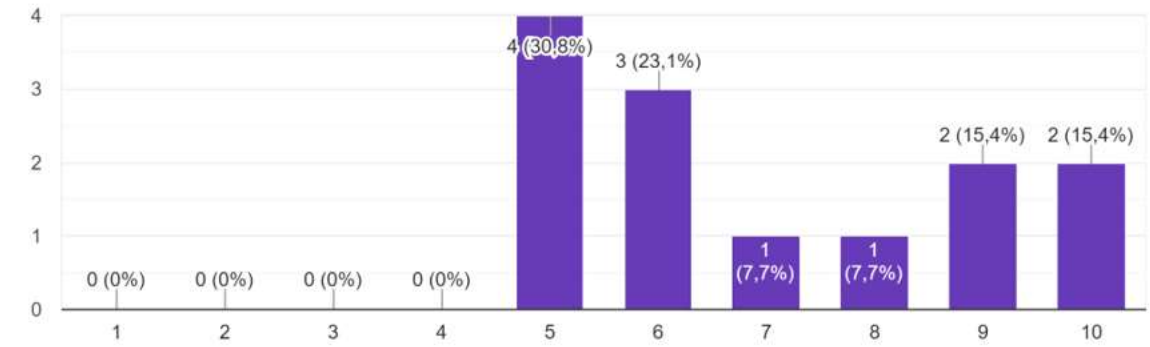
1. Engelli bireyleri destekleyen kuruluşlarla mevcut iletişimin etkinliğini nasıl değerlendirirsiniz?

Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (5-10), İtalya (5-10), Türkiye (4-10), Hırvatistan (5-9), İspanya (5-9), Slovenya (3-10) ve Bosna (3-9).

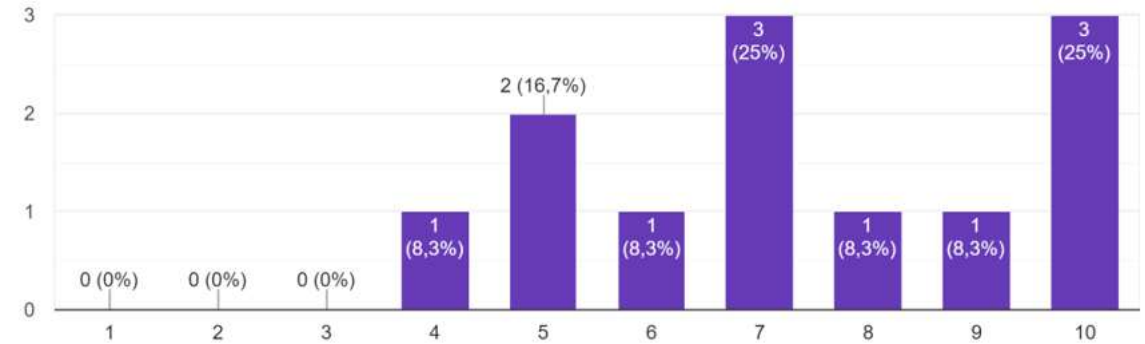
BULGARİSTAN (n=29)



İTALYA (n=13)



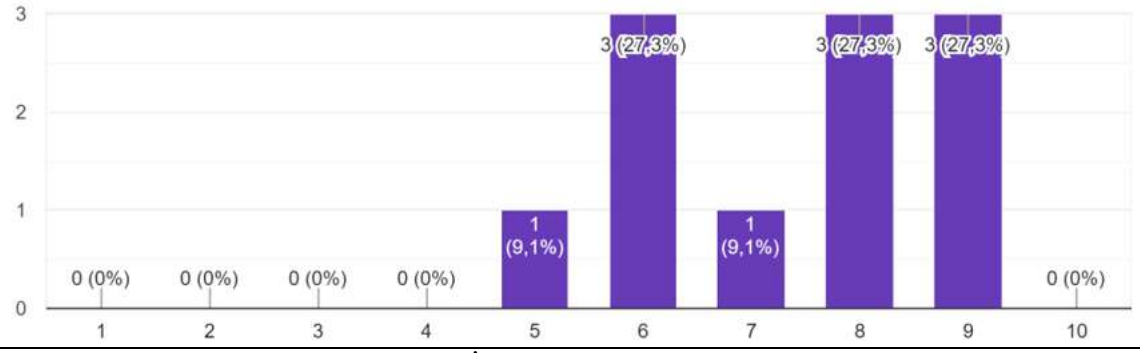
TÜRKIYE (n=12)



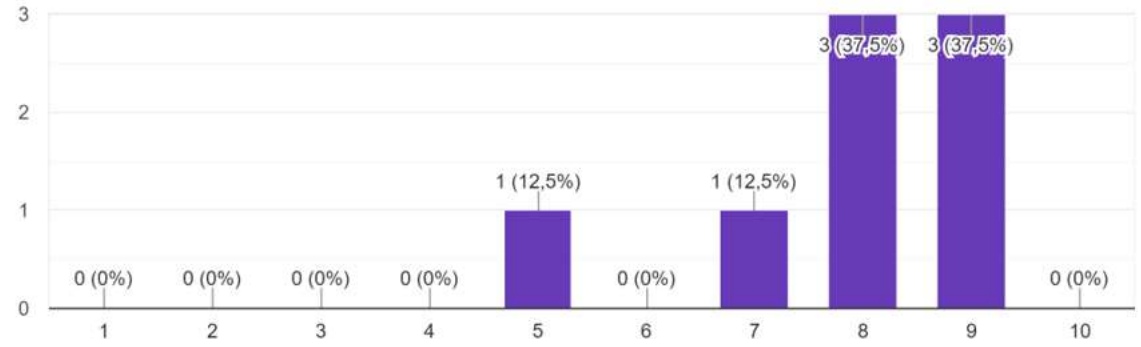
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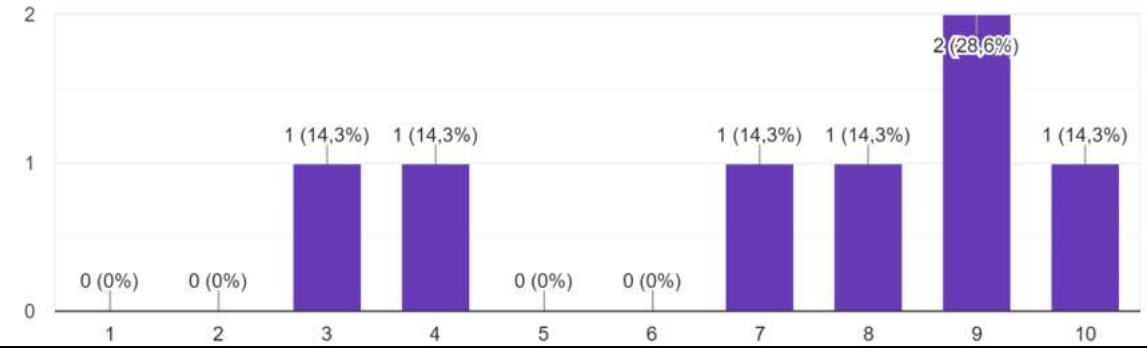
HIRVATİSTAN (n=11)



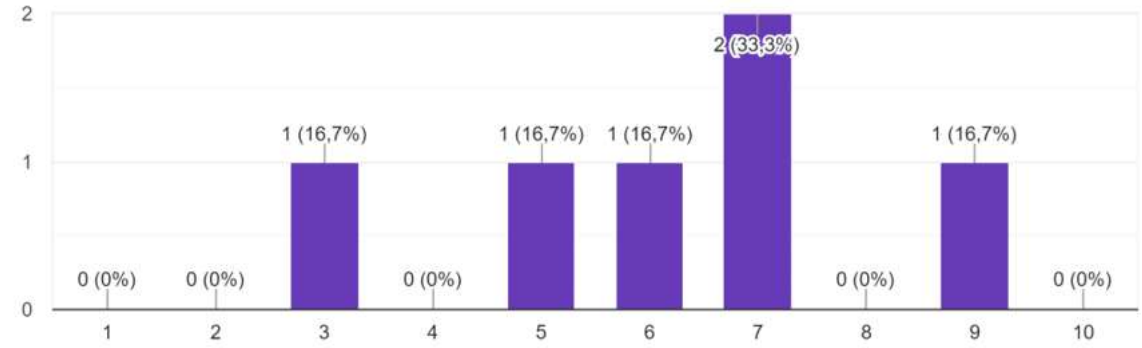
İSPANYA (n=8)



SLOVENYA (n=7)



BOSNA (n=6)

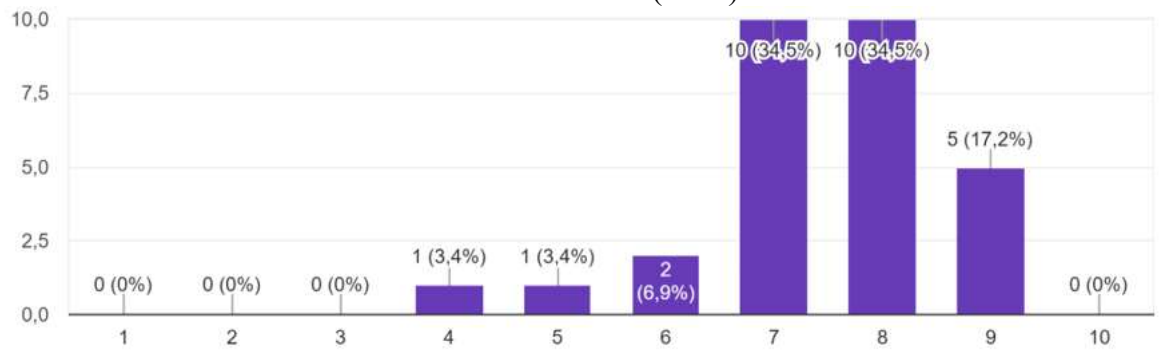


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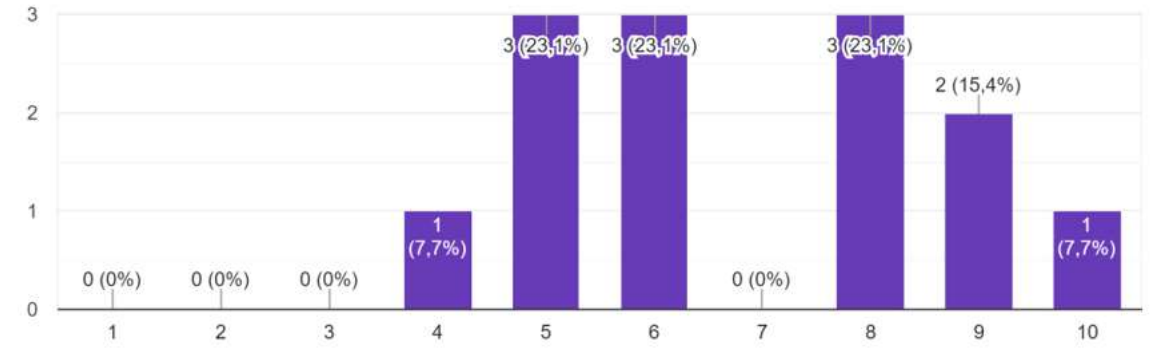
2. Bu kuruluşlarla etkileşimde bulunmak için mevcut iletişim kanalları hakkında ne düşünüyorsunuz?

Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (4-9), İtalya (4-10), Türkiye (3-10), Hırvatistan (5-10), İspanya (4-9), Slovenya (3-10) ve Bosna (3-8).

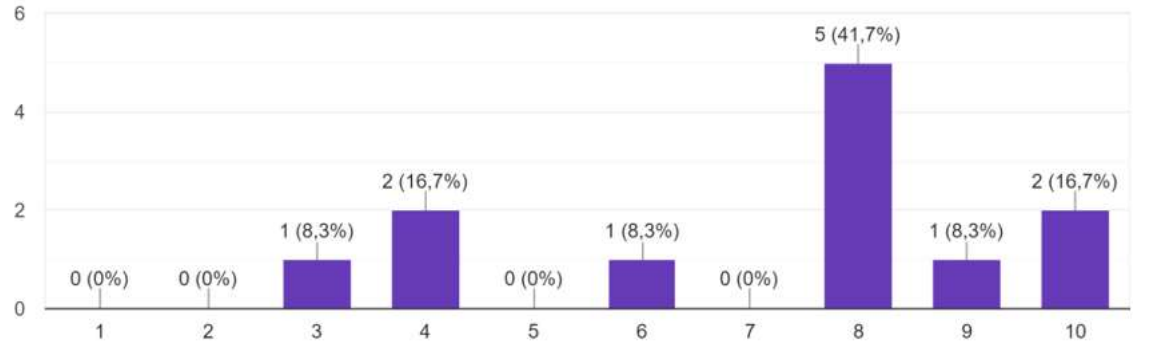
BULGARİSTAN (n=29)



İTALYA (n=13)



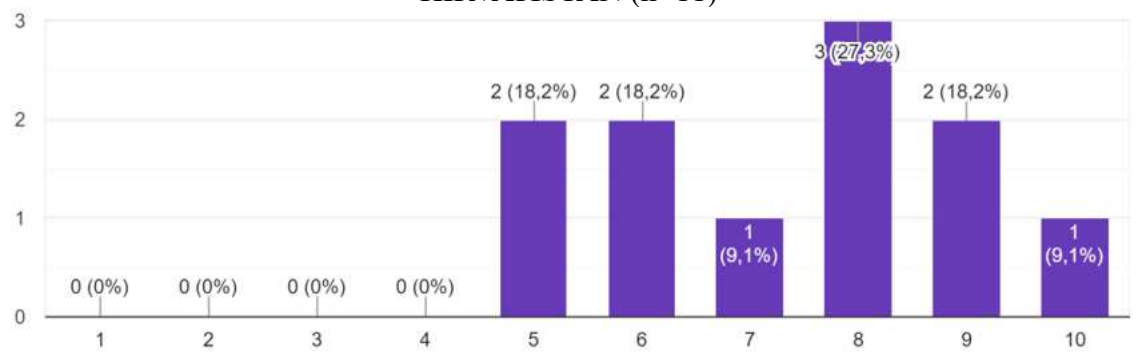
TÜRKIYE (n=12)



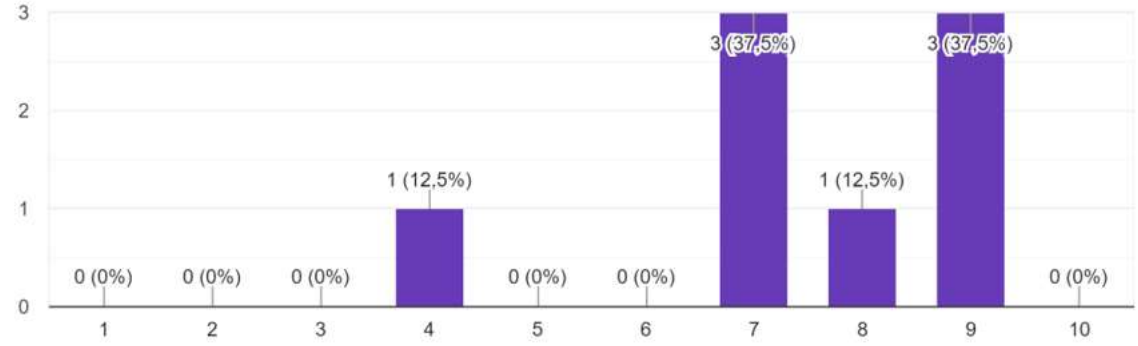
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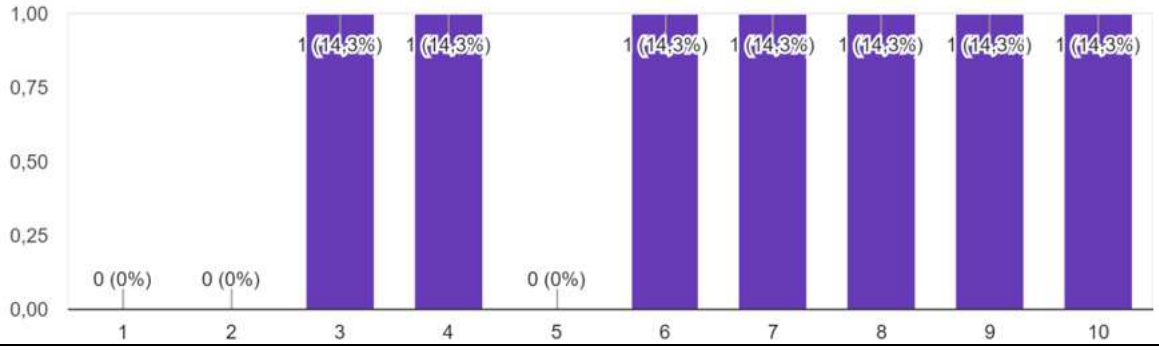
HIRVATİSTAN (n=11)



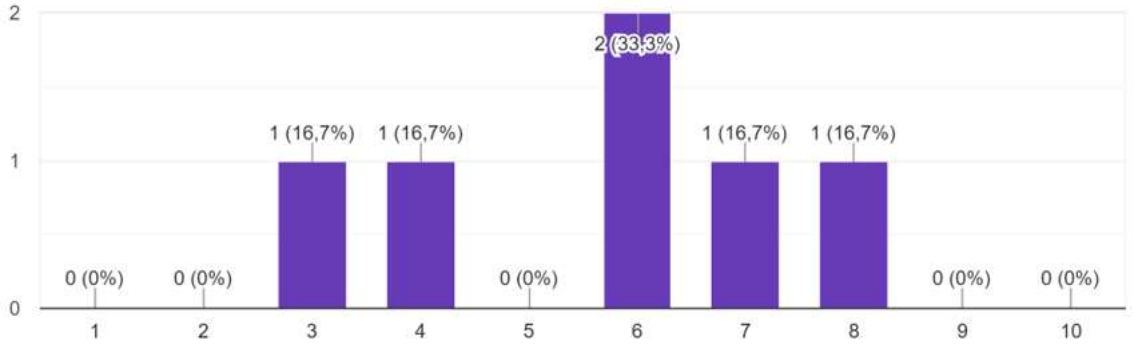
İSPANYA (n=8)



SLOVENYA (n=7)



BOSNA (n=6)



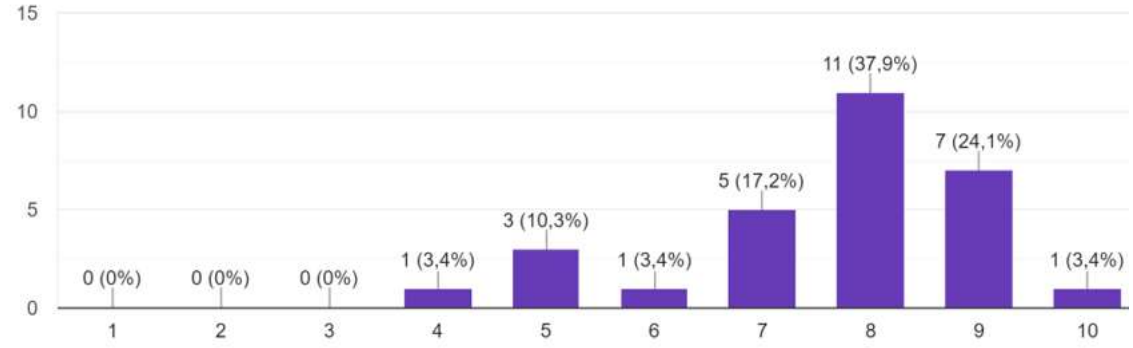
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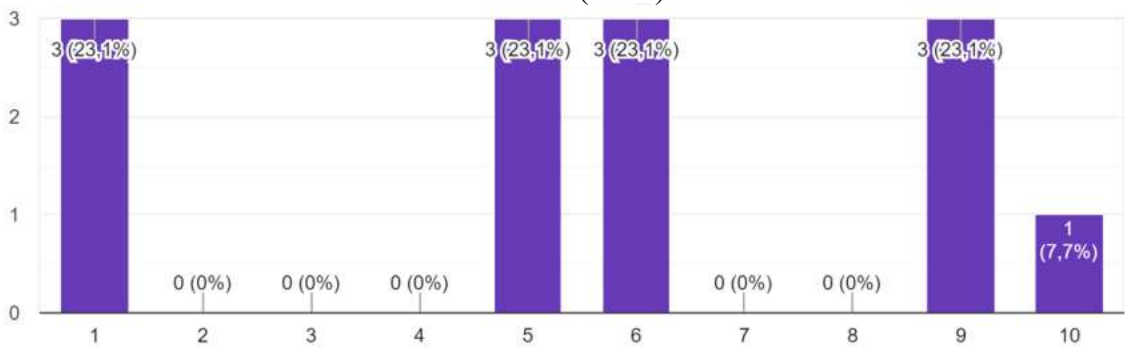
3. İletişim kanallarını yeterli buluyor musunuz?

Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (4-10), İtalya (1-10), Türkiye (1-10), Hırvatistan (5-10), İspanya (4-10), Slovenya (1-10) ve Bosna (2-9).

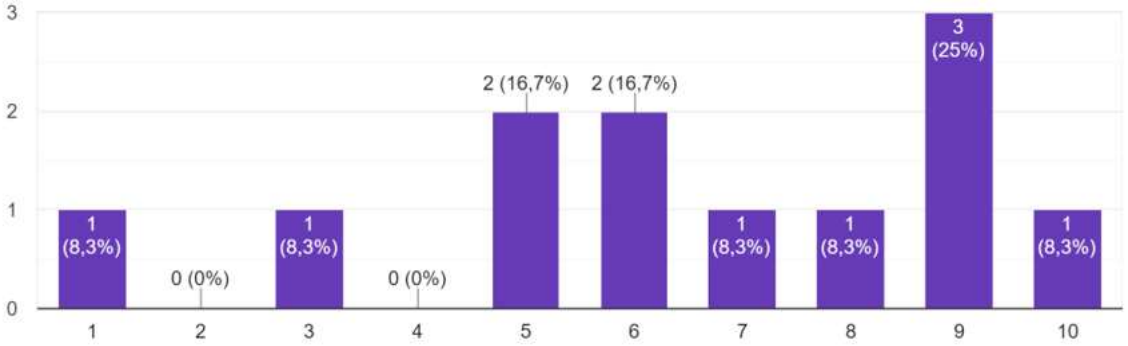
BULGARİSTAN (n=29)



İTALYA (n=13)



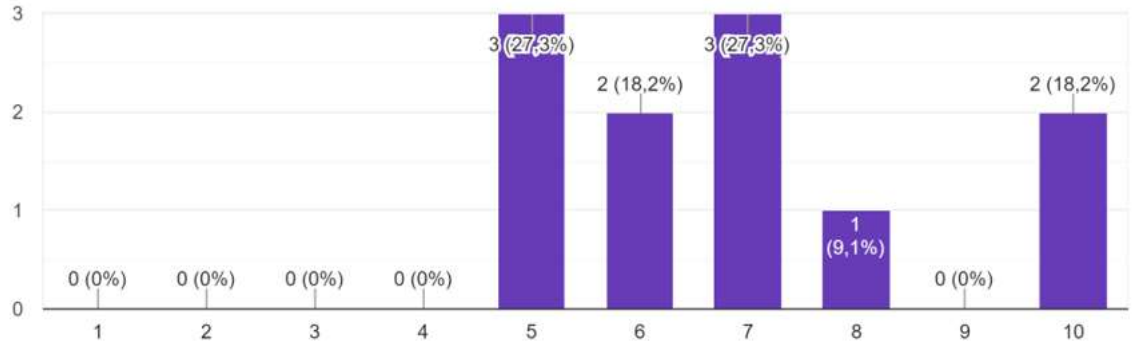
TÜRKIYE (n=12)



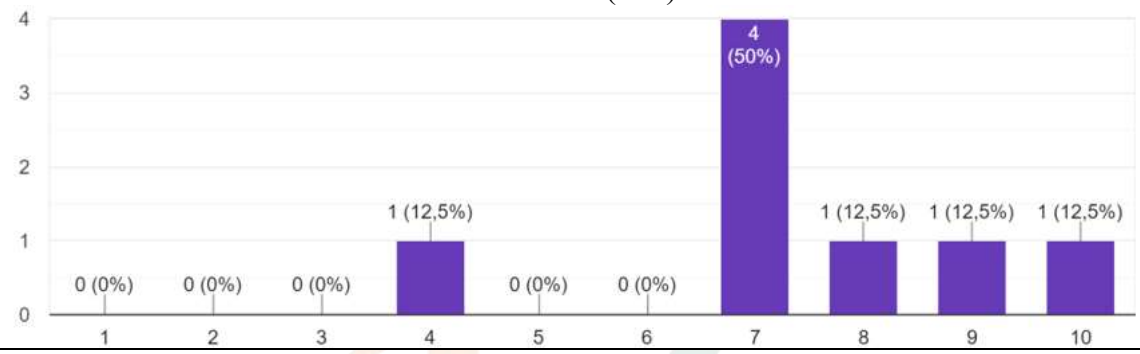
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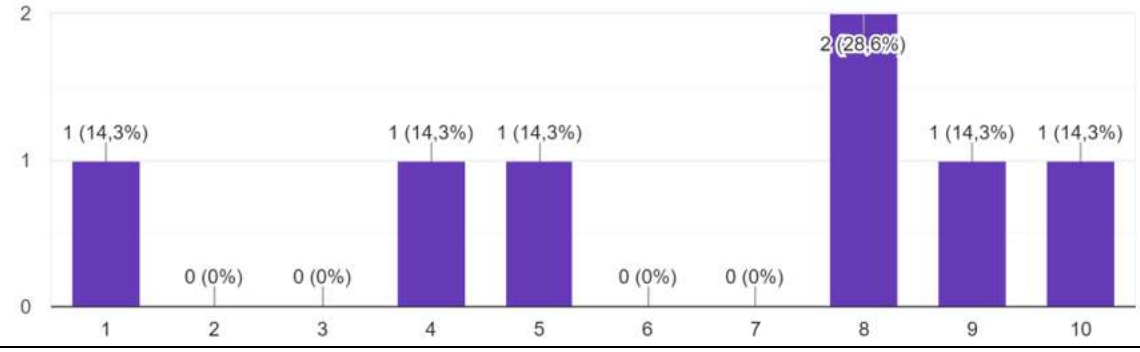
HIRVATİSTAN (n=11)



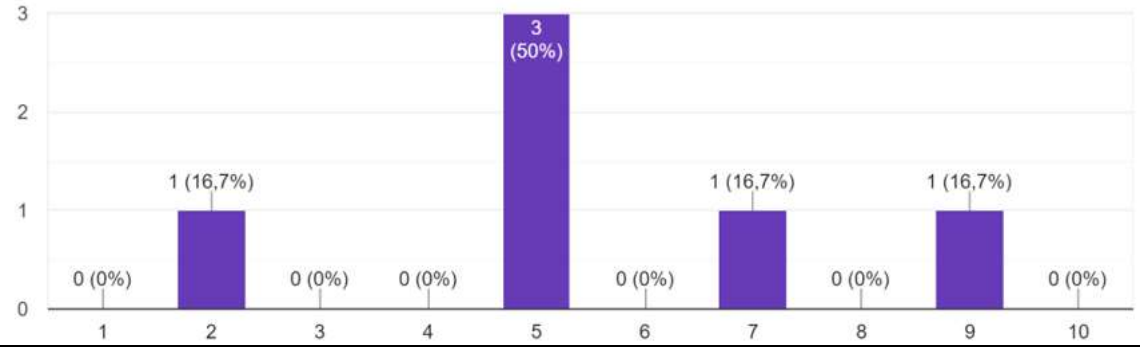
İSPANYA (n=8)



SLOVENYA (n=7)



BOSNA (n=6)



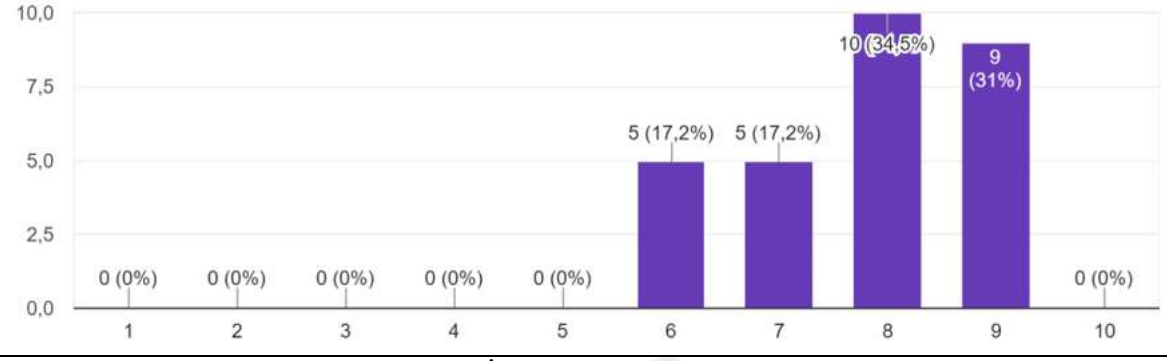
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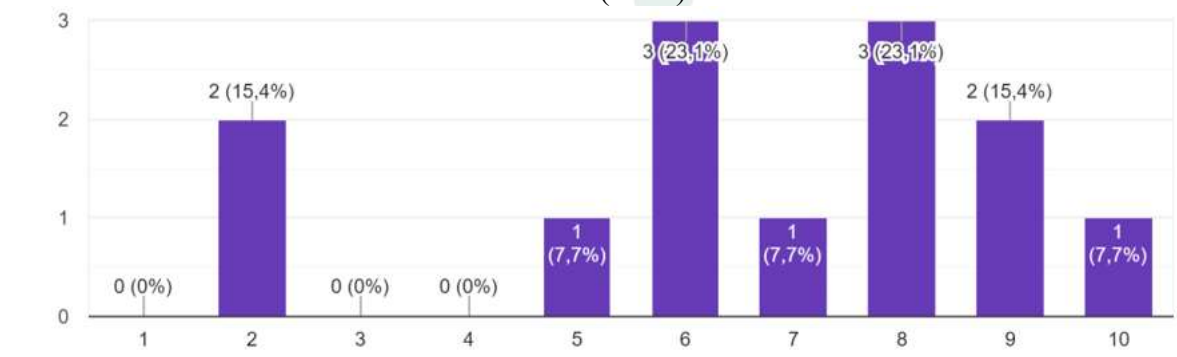
4. Bu kuruluşlardan aldığınız bilgilerin miktarı ve uygunluğundan ne kadar memnunsunuz?

Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (6-9), İtalya (2-10), Türkiye (1-10), Hırvatistan (5-10), İspanya (5-9), Slovenya (3-10) ve Bosna (5-9).

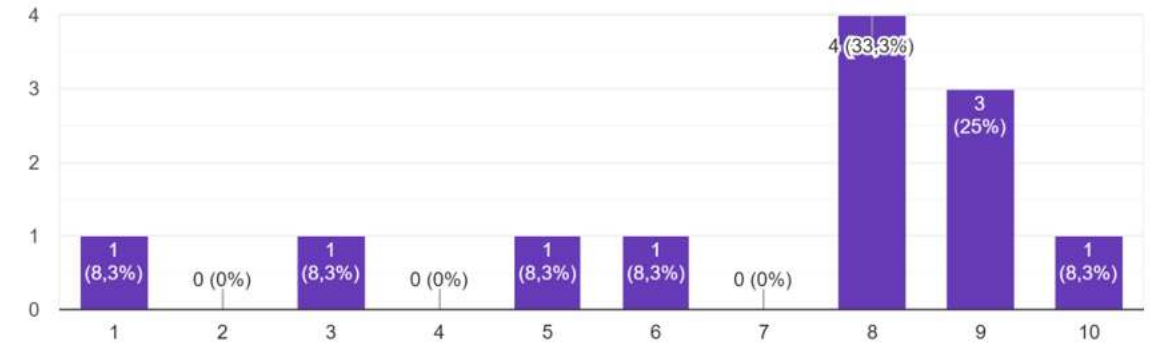
BULGARİSTAN (n=29)



İTALYA (n=13)

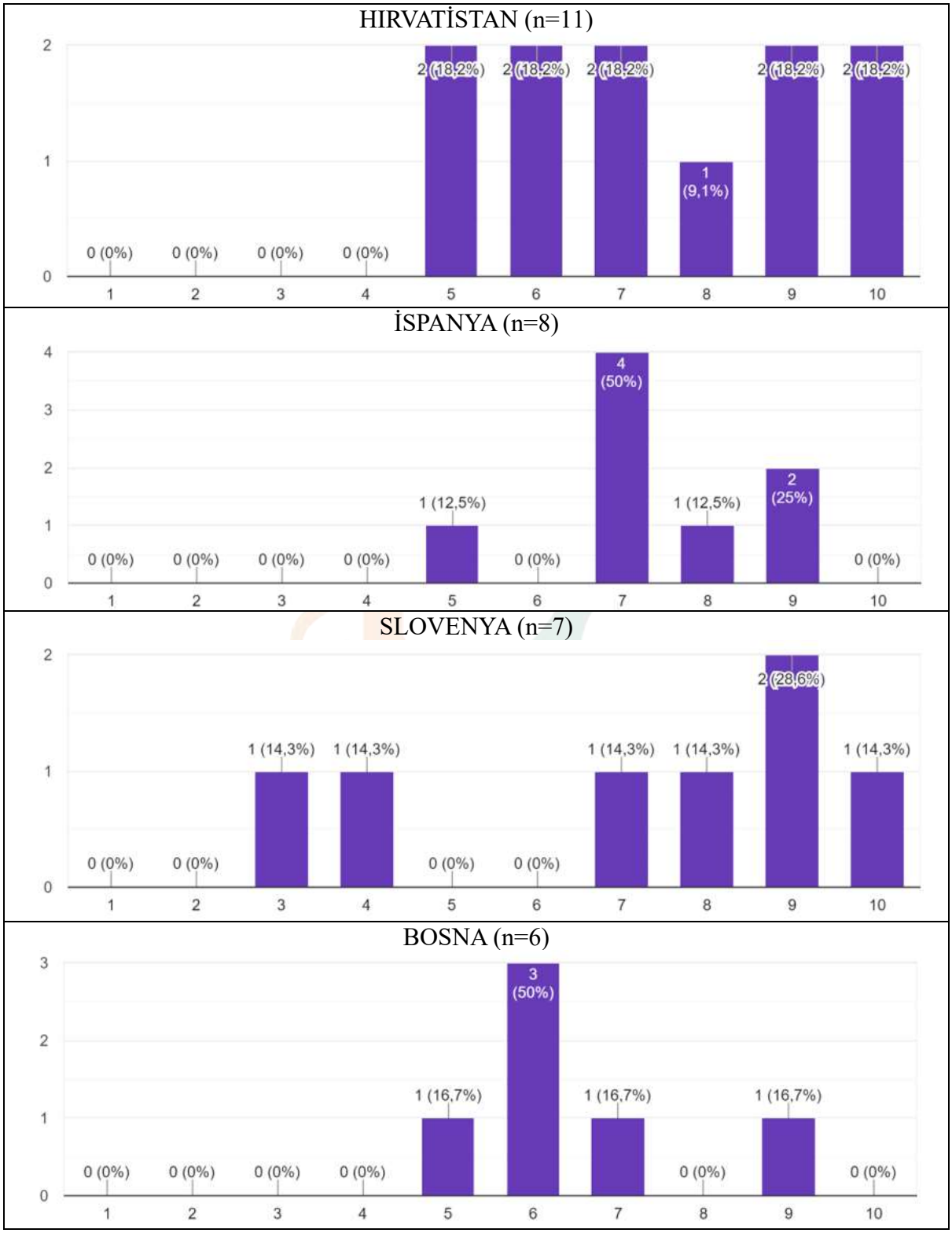


TÜRKIYE (n=12)



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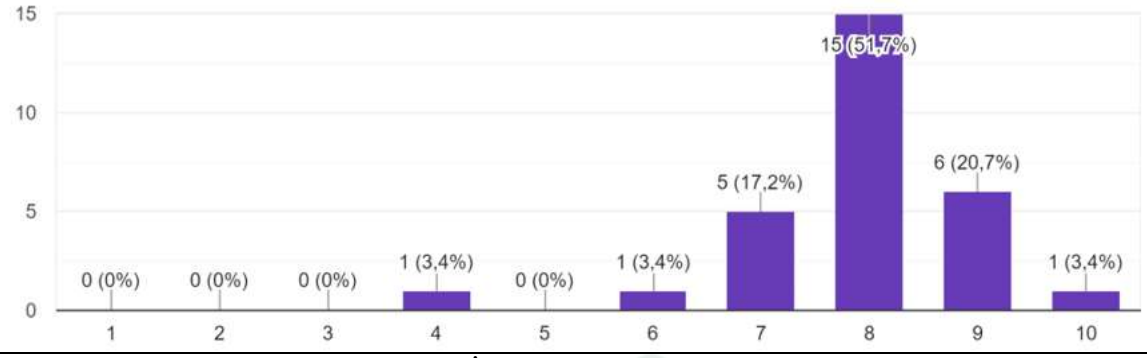


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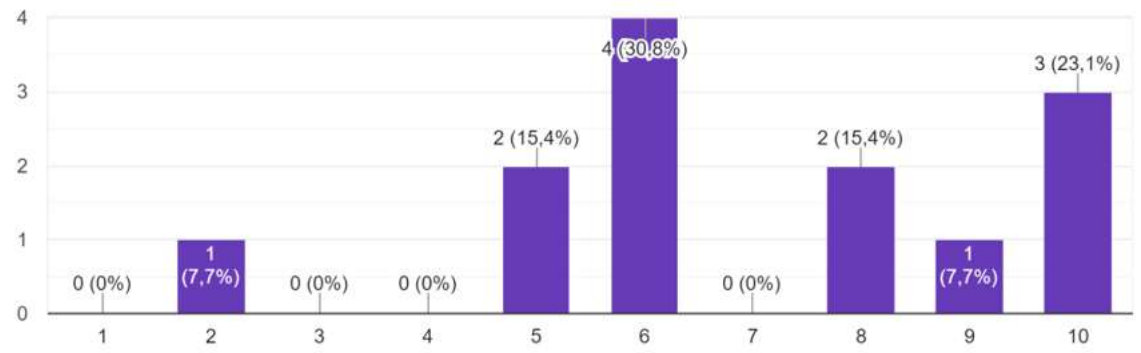
5. Engelli bireyleri destekleyen kuruluşların sağladığı bilgilerin netliğini nasıl değerlendiriyorsunuz?

Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (4-10), İtalya (2-10), Türkiye (1-10), Hırvatistan (5-10), İspanya (6-10), Slovenya (3-10) ve Bosna (4-8).

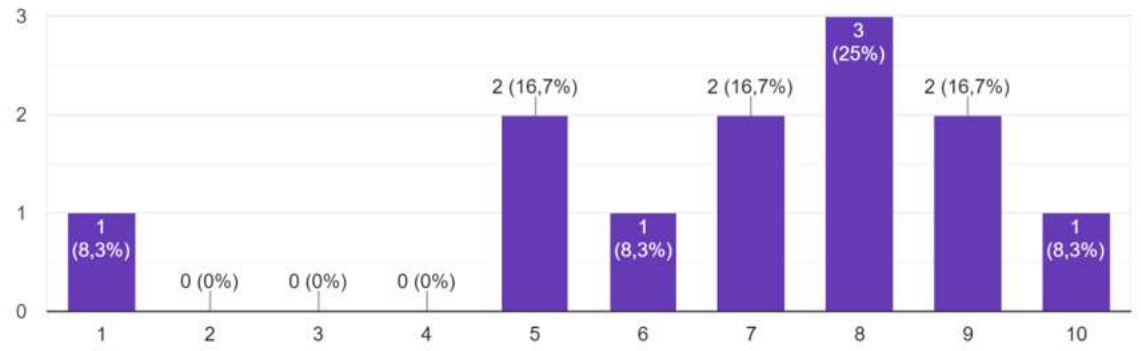
BULGARİSTAN (n=29)



İTALYA (n=13)

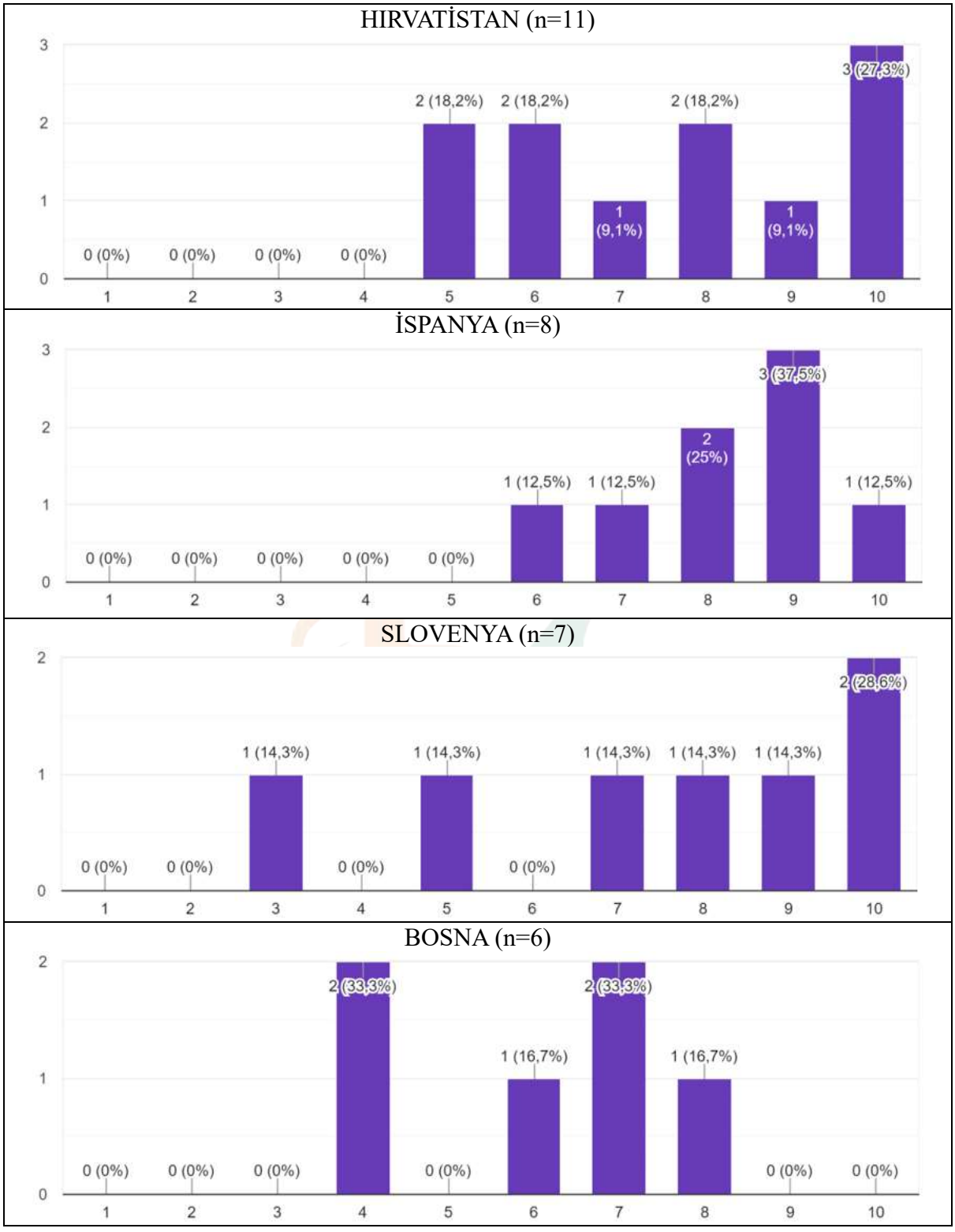


TÜRKIYE (n=12)



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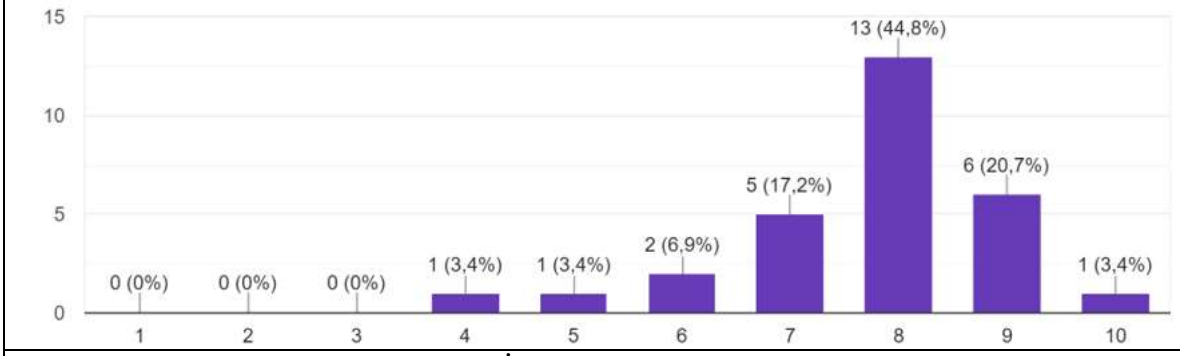
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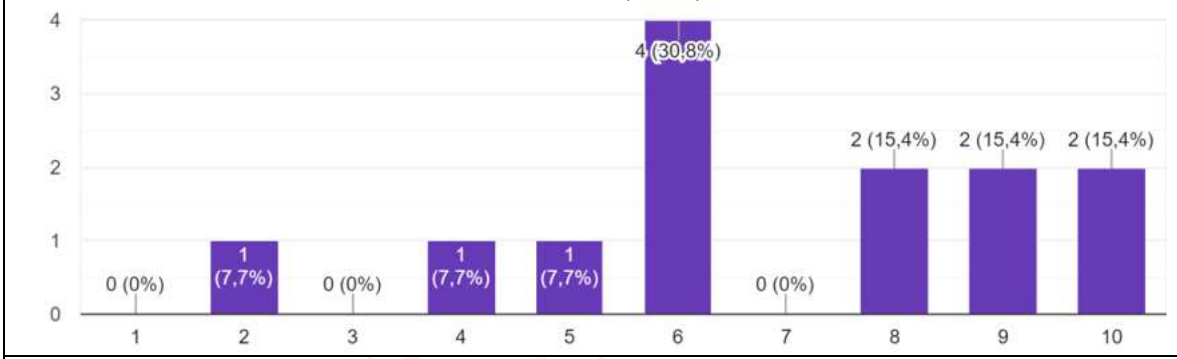
6. Bu kuruluşların sağladığı bilgilerin erişilebilirliği nasıldır?

Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (4-10), İtalya (2-10), Türkiye (1-10), Hırvatistan (5-10), İspanya (5-10), Slovenya (3-10) ve Bosna (3-9).

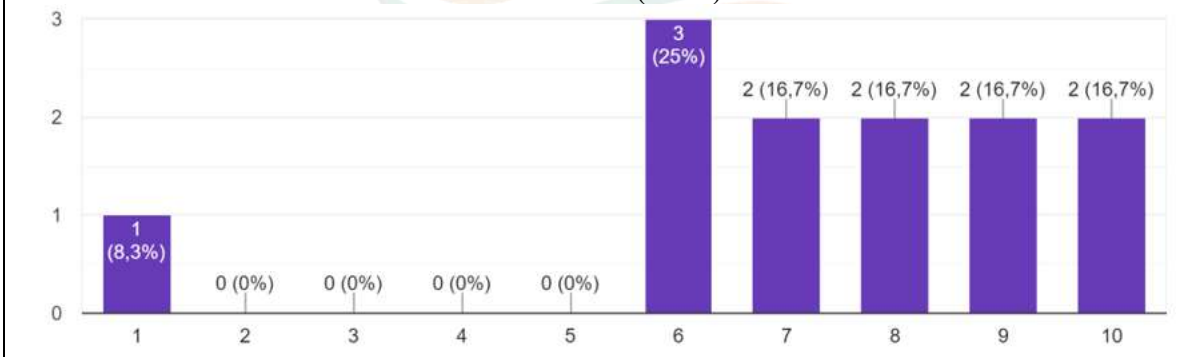
BULGARİSTAN (n=29)



İTALYA (n=13)

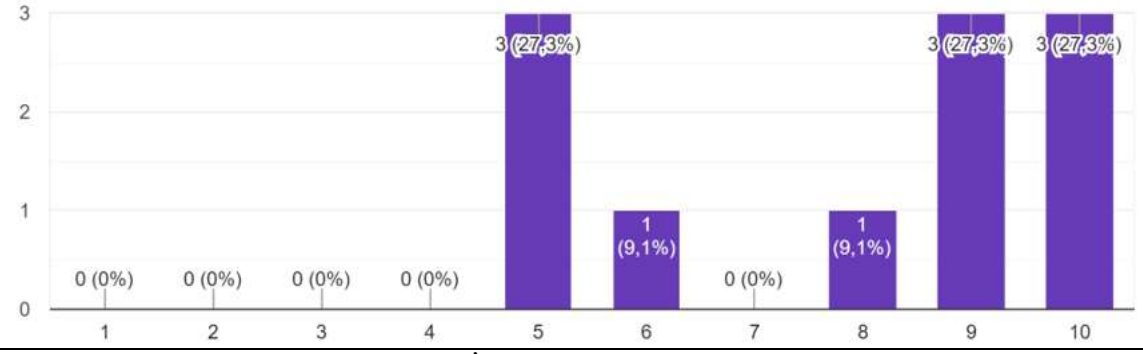


TÜRKIYE (n=12)

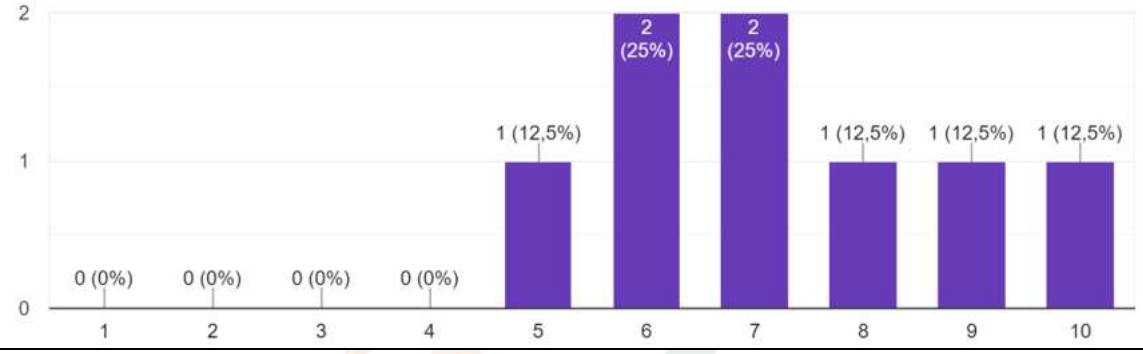


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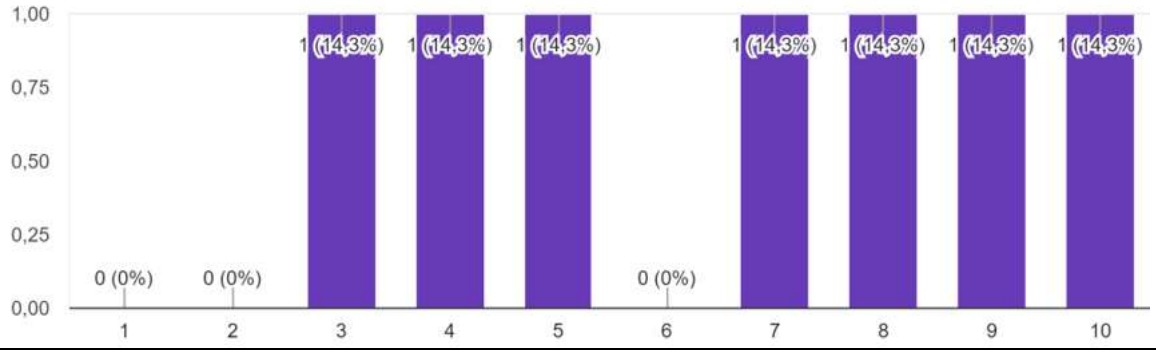
HIRVATİSTAN (n=11)



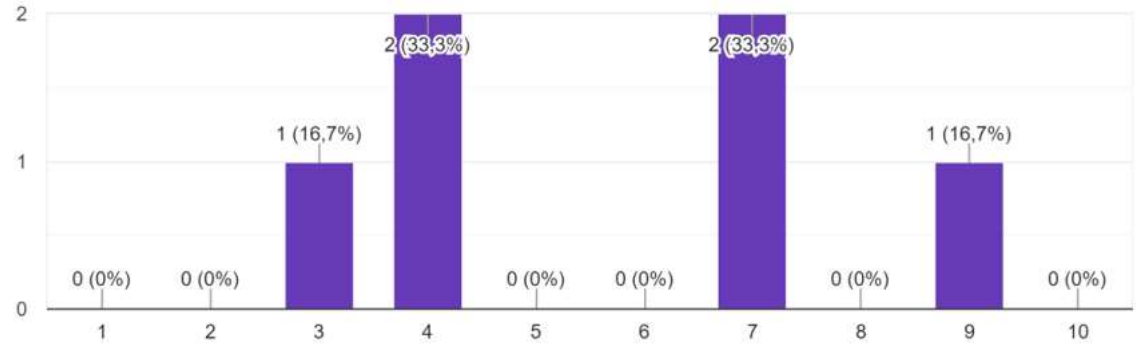
İSPANYA (n=8)



SLOVENYA (n=7)



BOSNA (n=6)



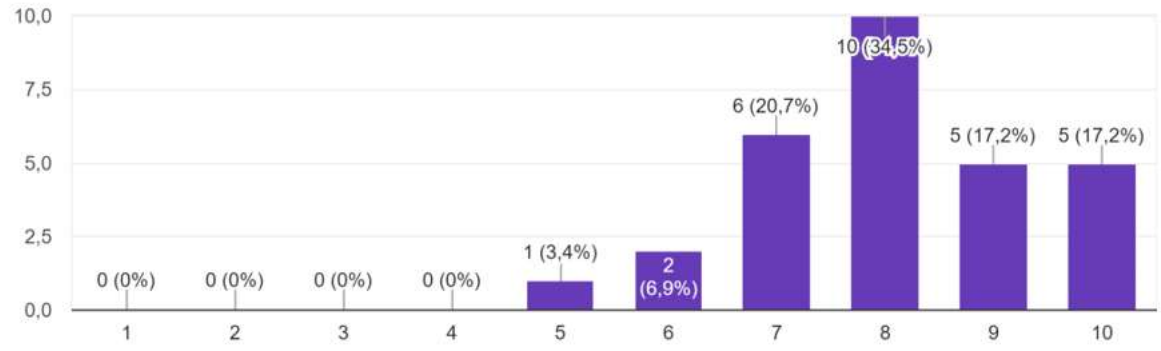
Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

BOYUT 2: KAYNAKLAR, PROGRAMLAR VE HİZMETLER.

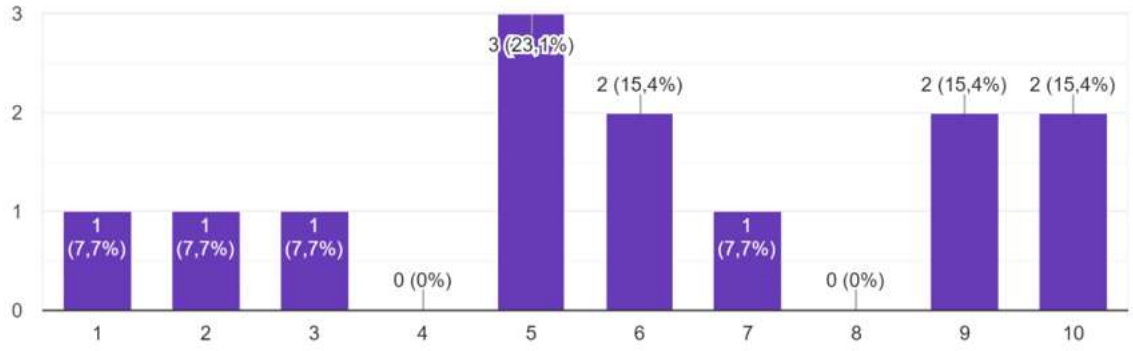
7. Ailenizin engelliliğinizle ilgili kaynak ve hizmetlere erişimi konusunda ne düşünüyorsunuz?

Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (5-10), İtalya (1-10), Türkiye (1-10), Hırvatistan (4-10), İspanya (5-9), Slovenya (1-10) ve Bosna (2-9).

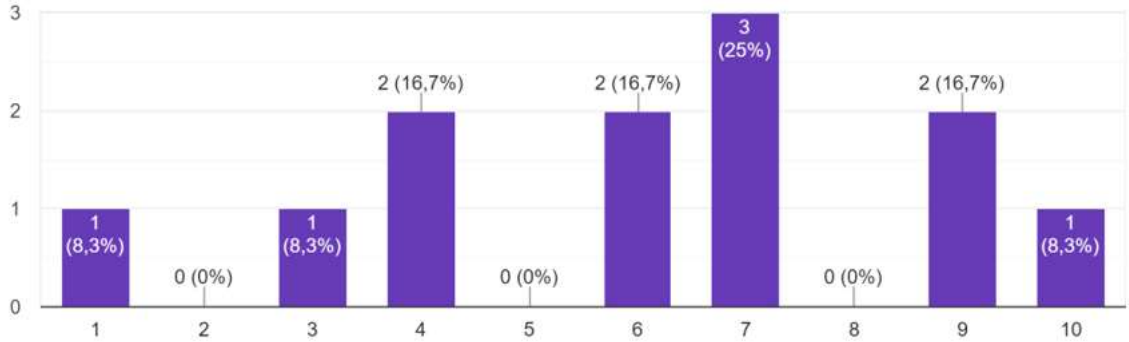
BULGARİSTAN (n=29)



İTALYA (n=13)



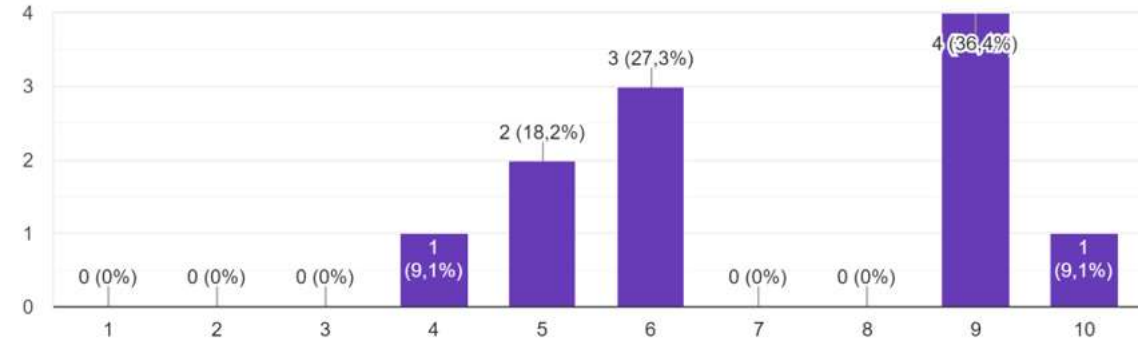
TÜRKIYE (n=12)



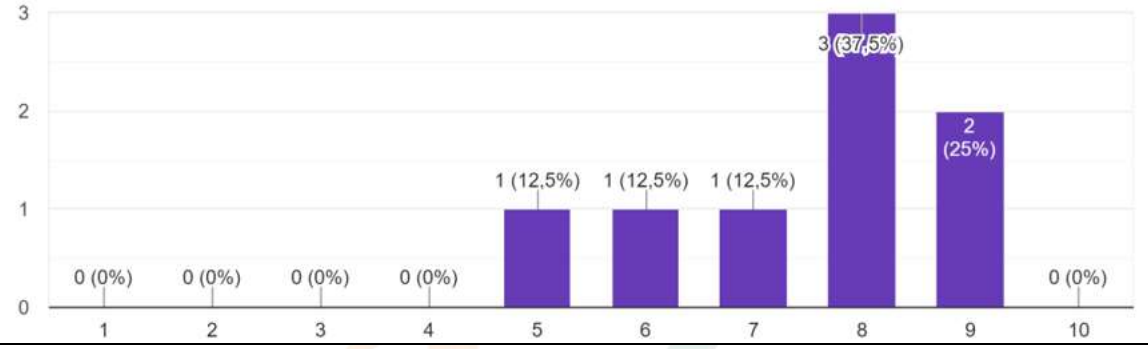
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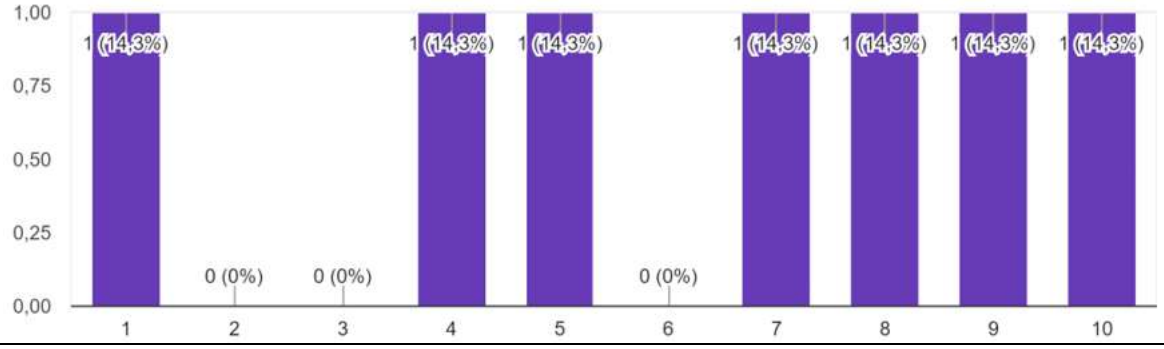
HIRVATİSTAN (n=11)



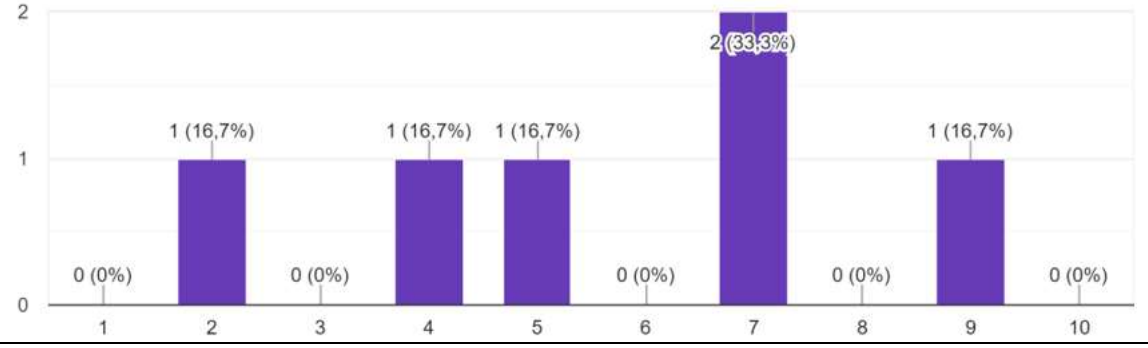
İSPANYA (n=8)



SLOVENYA (n=7)



BOSNA (n=6)



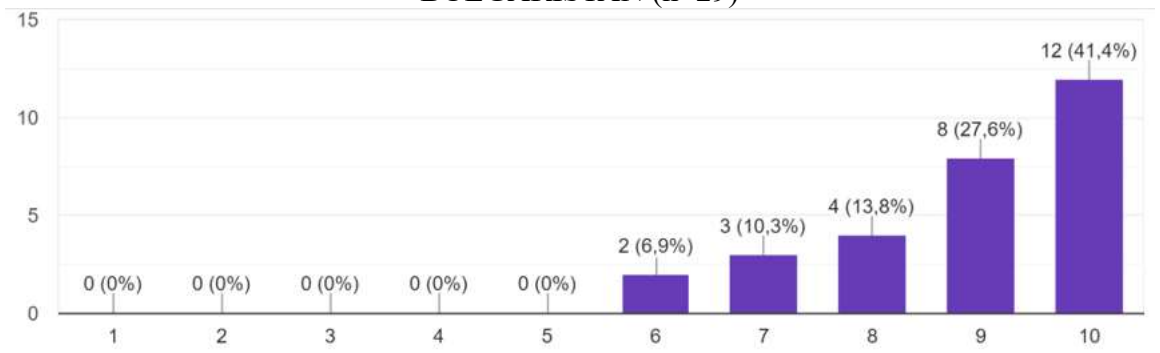
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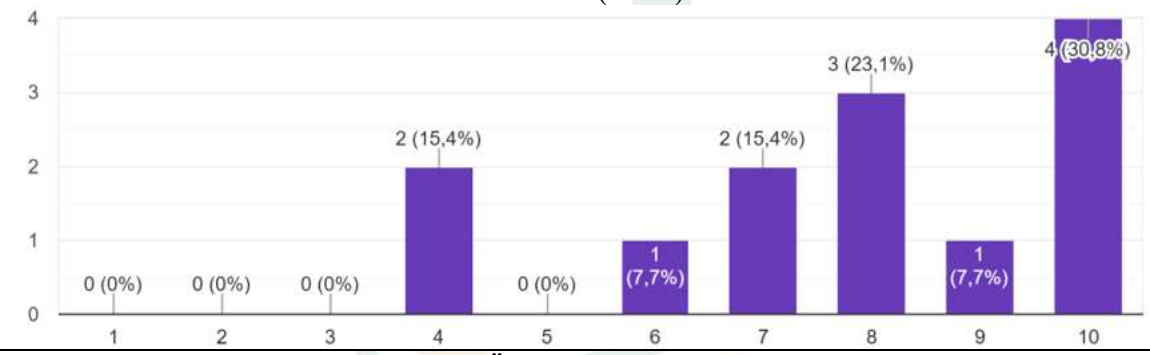
8. Bu durumdaki ailelere yönelik sosyal ve duygusal destek hizmetleri ve programlarının bulunmasına ne kadar önem veriyorsunuz?

Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (6-10), İtalya (4-10), Türkiye (6-10), Hırvatistan (6-10), İspanya (6-10), Slovenya (7-10) ve Bosna (2-9).

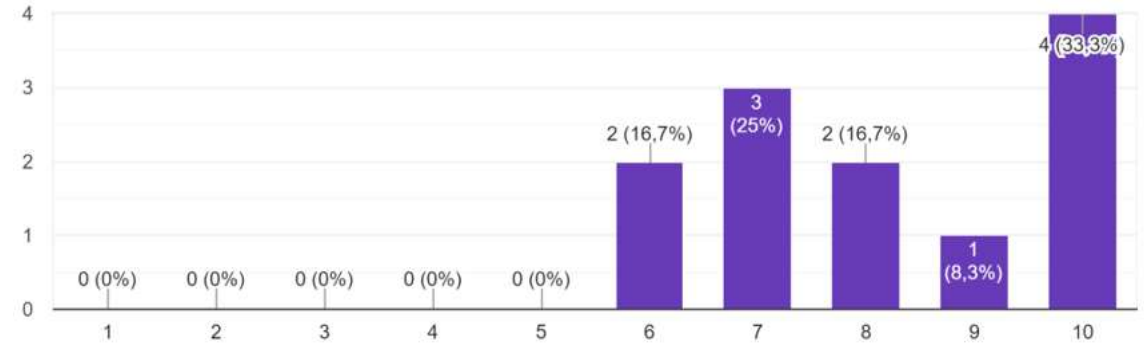
BULGARİSTAN (n=29)



İTALYA (n=13)



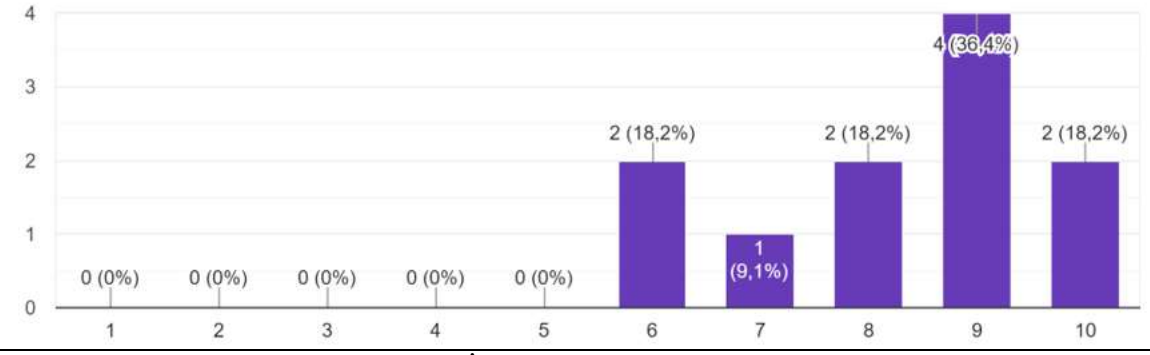
TÜRKIYE (n=12)



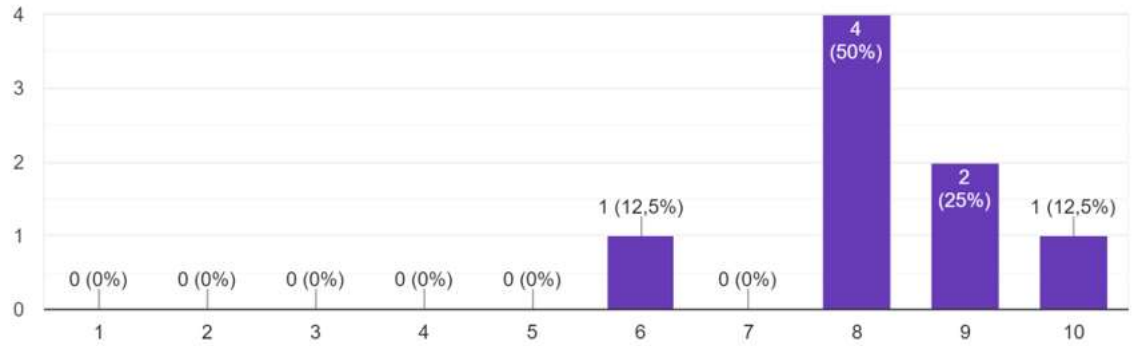
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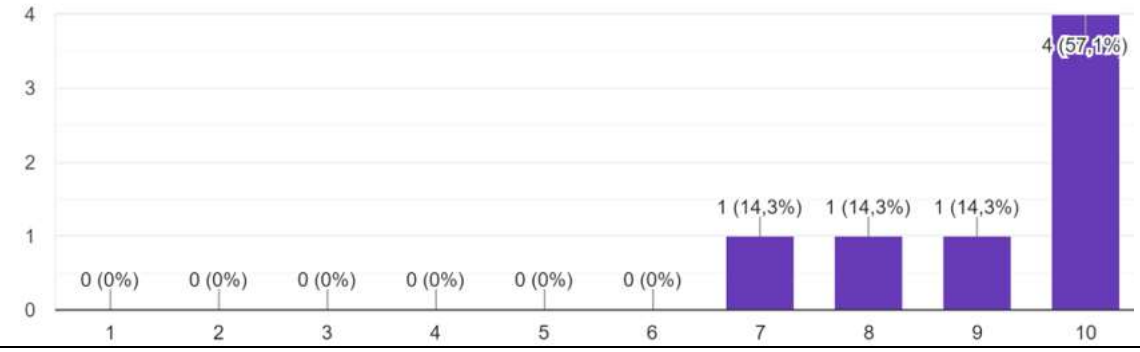
HIRVATİSTAN (n=11)



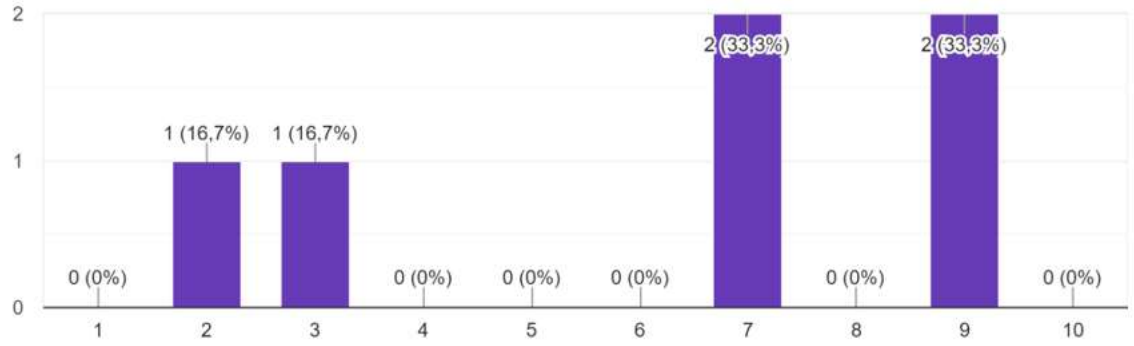
İSPANYA (n=8)



SLOVENYA (n=7)



BOSNA (n=6)

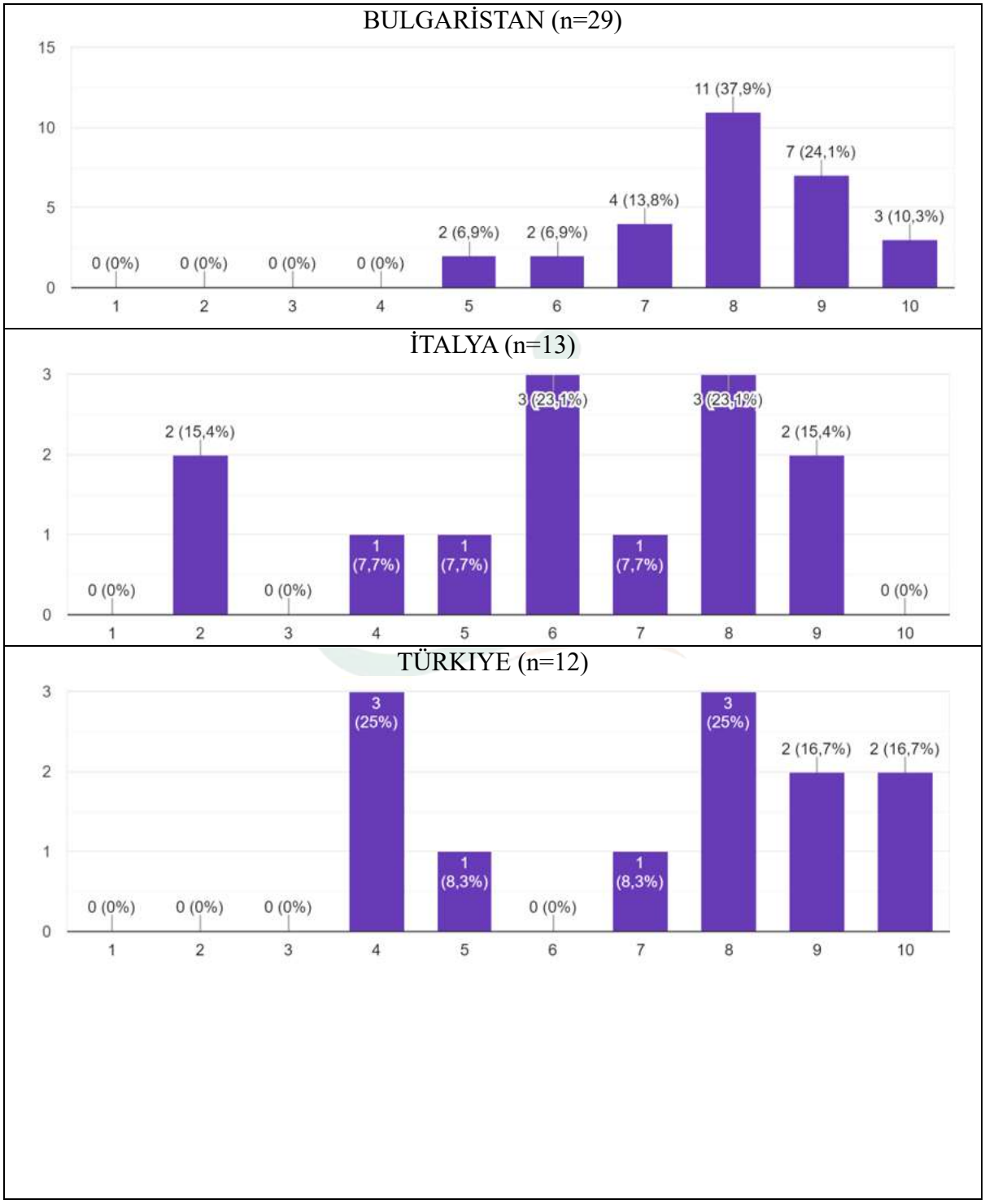


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9. Bu kuruluşların sorularınıza veya taleplerinize verdiği yanıtları nasıl değerlendirirsiniz?

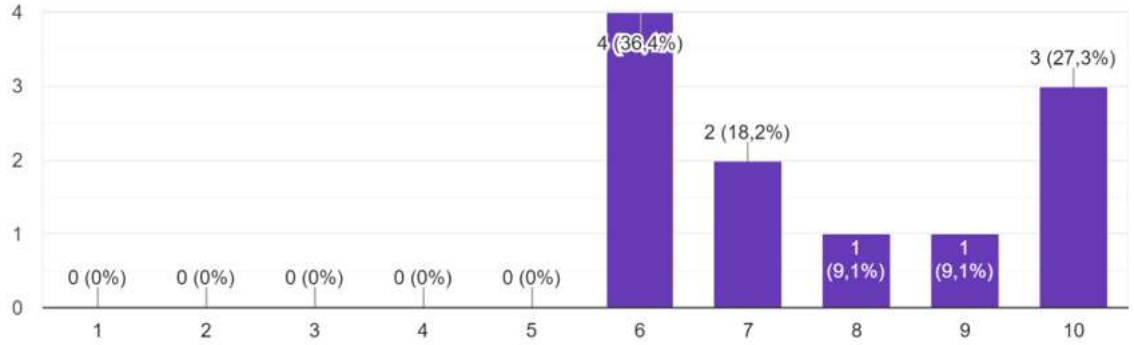
Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (5-10), İtalya (2-9), Türkiye (4-10), Hırvatistan (6-10), İspanya (6-10), Slovenya (1-10) ve Bosna (4-10).



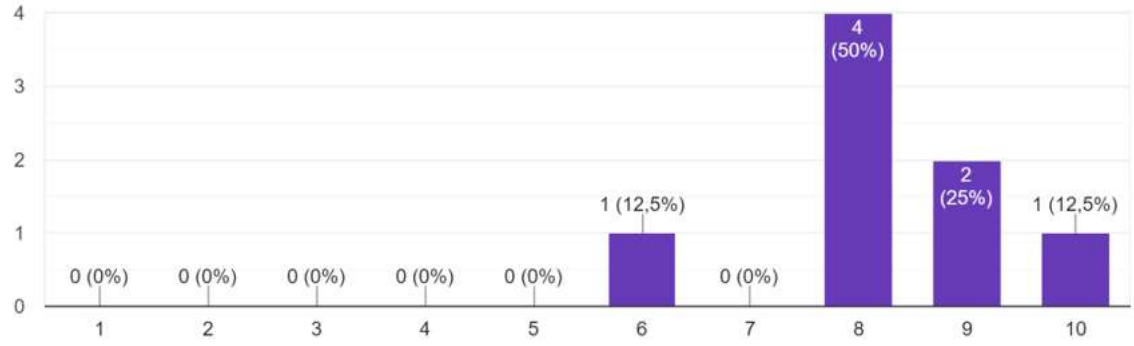
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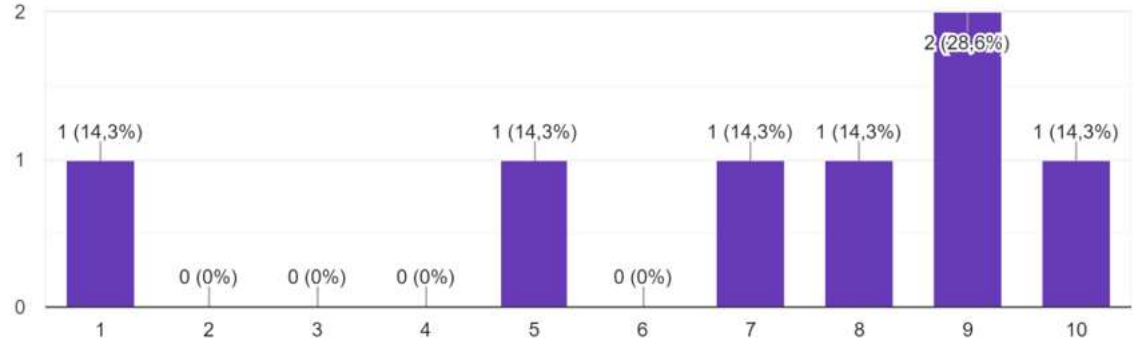
HIRVATİSTAN (n=11)



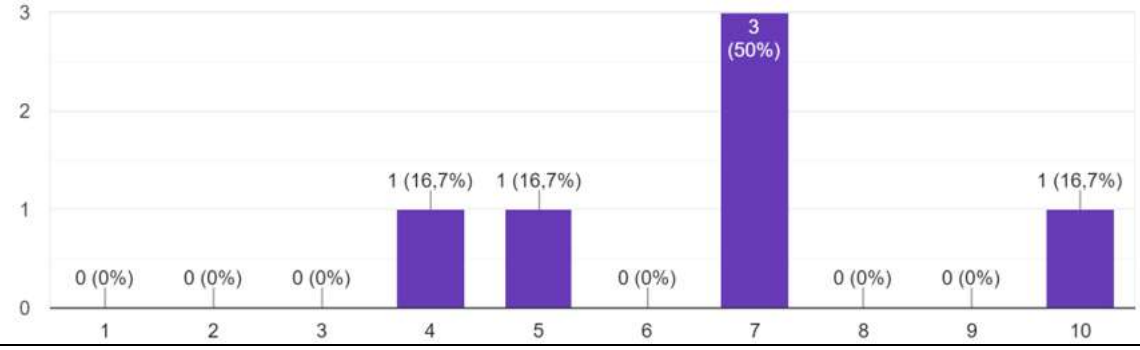
İSPANYA (n=8)



SLOVENYA (n=7)



BOSNA (n=6)



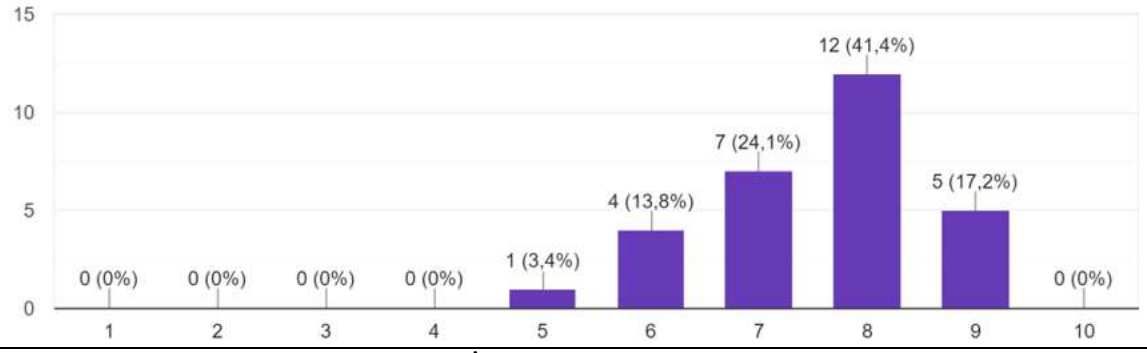
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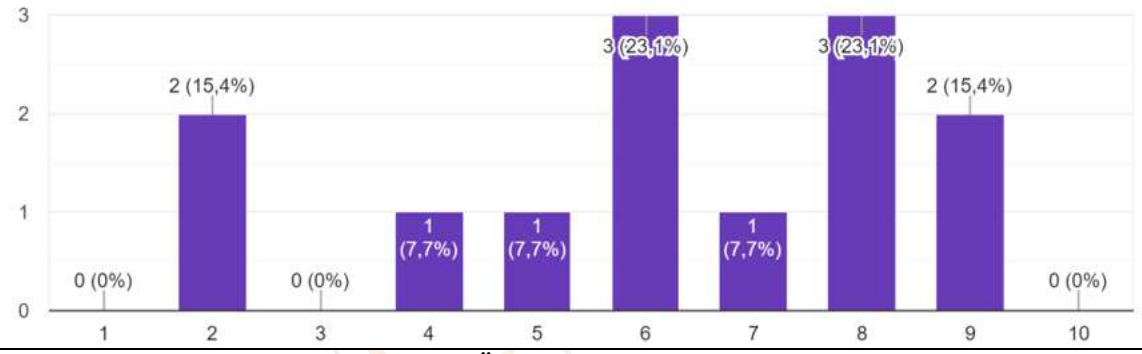
10. Peki sorularınıza hızlı yanıt verme konusunda?

Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (5-9), İtalya (2-9), Türkiye (4-10), Hırvatistan (5-9), İspanya (6-10), Slovenya (1-10) ve Bosna (4-10).

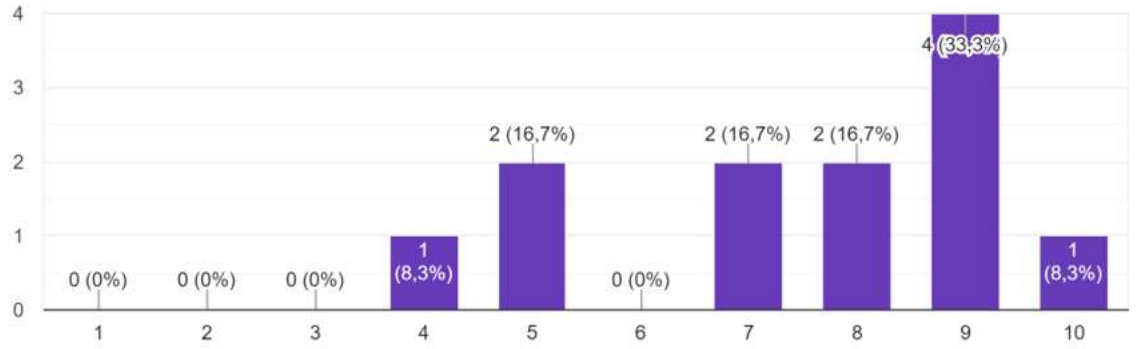
BULGARİSTAN (n=29)



İTALYA (n=13)

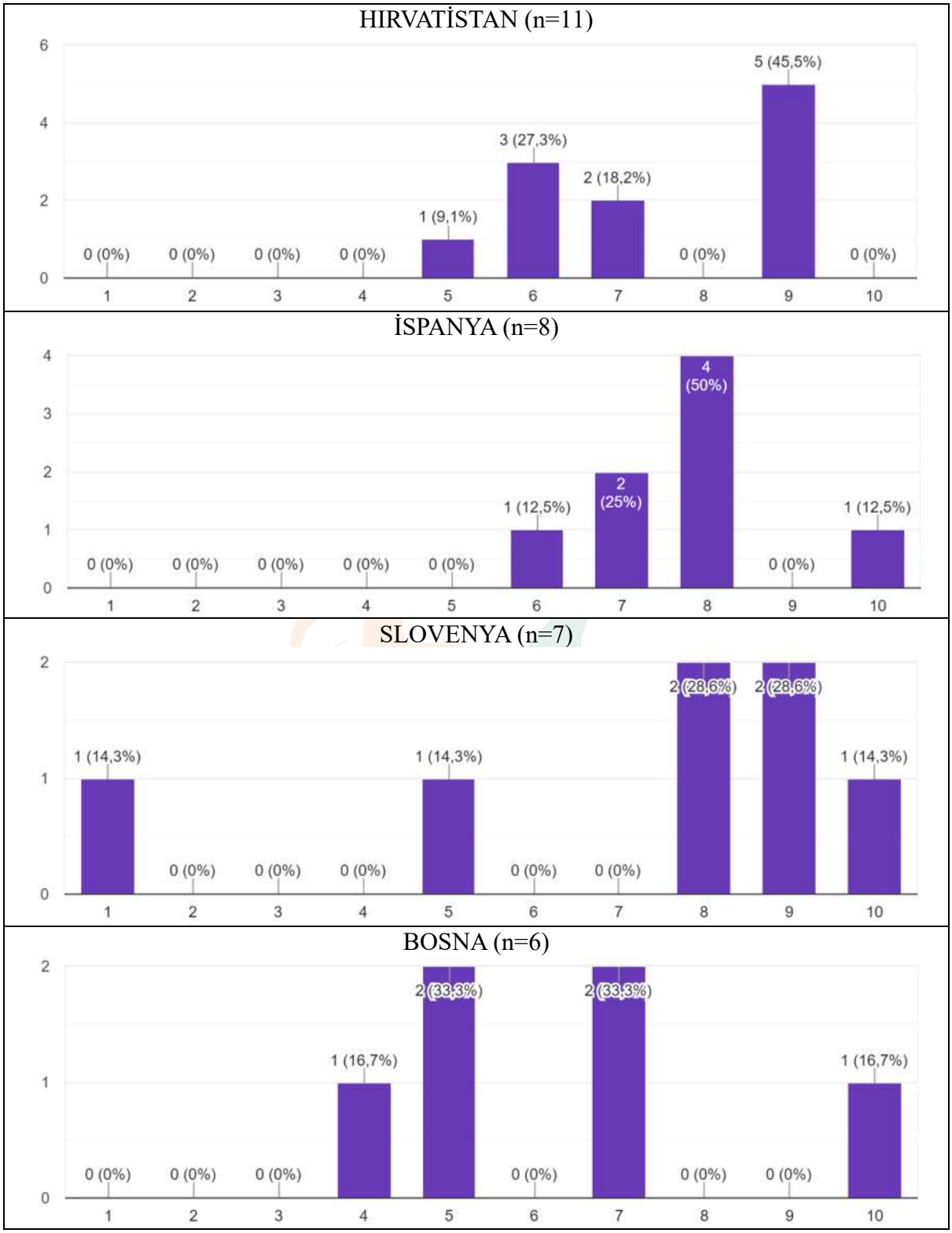


TÜRKIYE (n=12)



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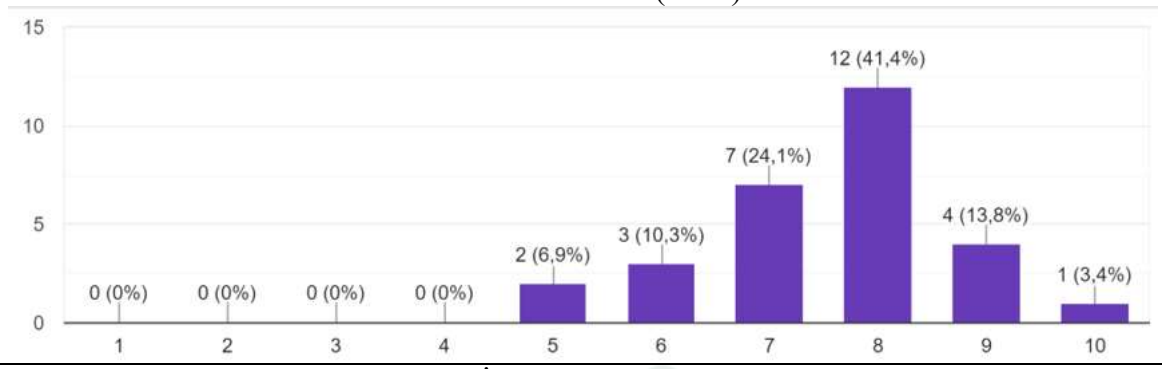


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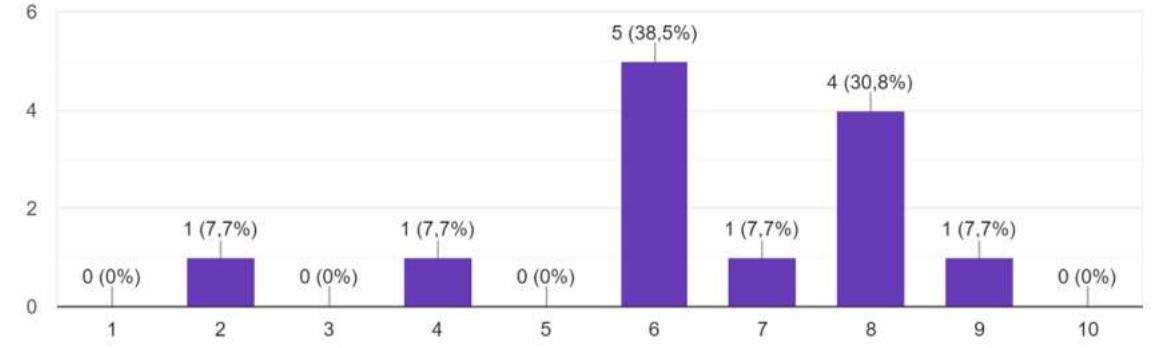
11. Bu kuruluşların sağladığı bilgilendirme materyallerini açık, ilgi çekici, konuyla ilgili ve güncel buluyor musunuz?

Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (5-10), İtalya (2-9), Türkiye (4-10), Hırvatistan (4-10), İspanya (5-10), Slovenya (4-10) ve Bosna (3-9).

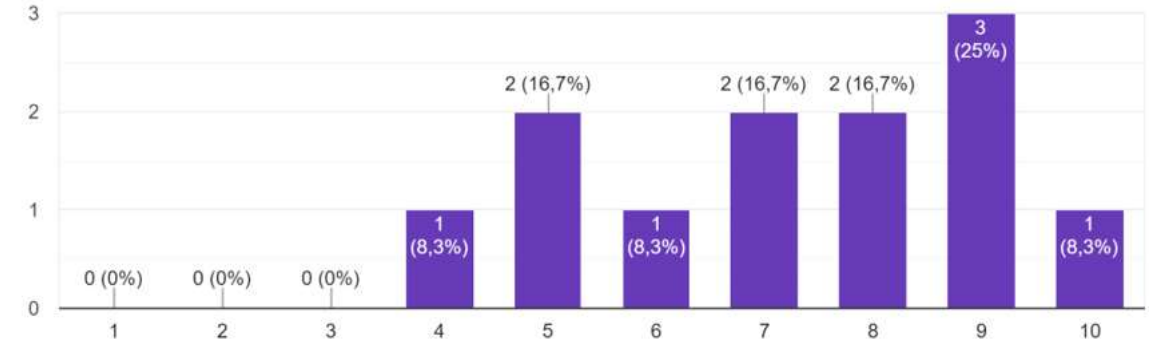
BULGARİSTAN (n=29)



İTALYA (n=13)

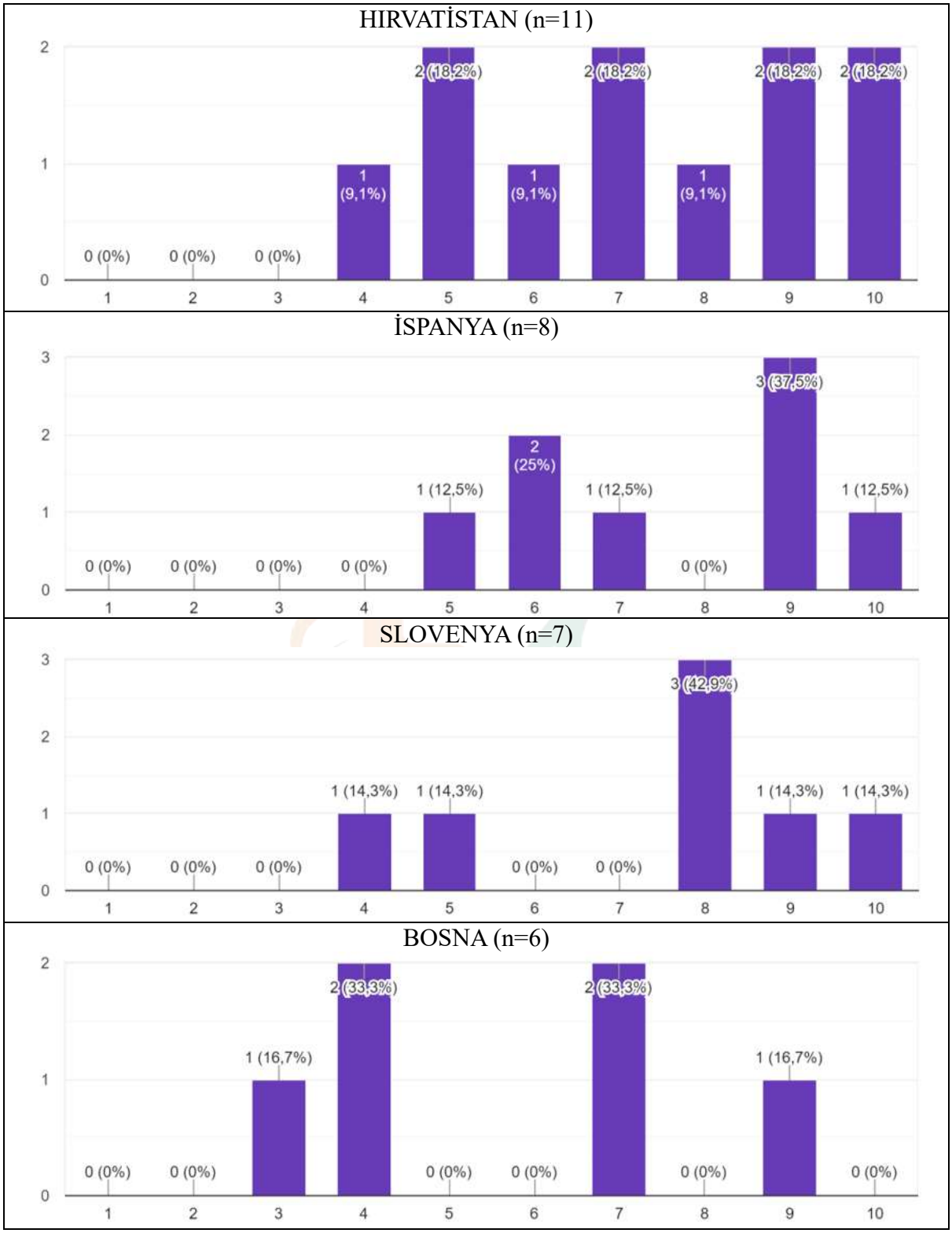


TÜRKIYE (n=12)



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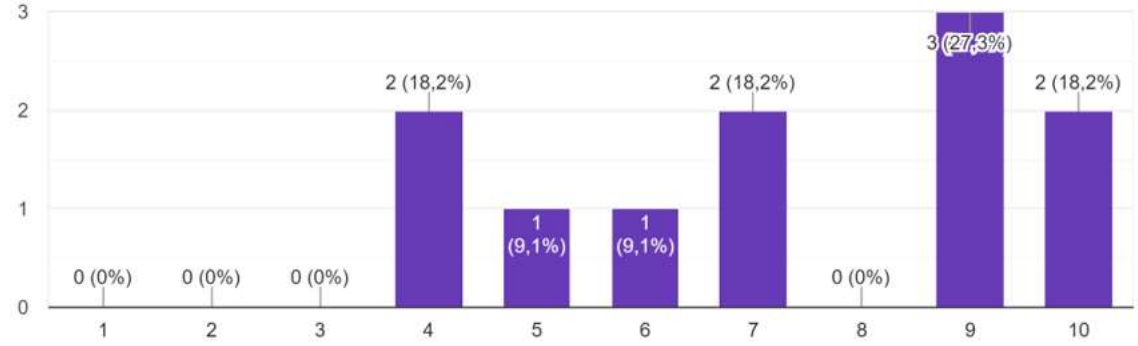
12. Program ve hizmetlerin tasarımında ailelerin görüş ve deneyimlerine yer verilmesini nasıl değerlendiriyorsunuz?

Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (3-10), İtalya (2-9), Türkiye (5-10), Hırvatistan (4-10), İspanya (4-10), Slovenya (3-8) ve Bosna (2-8).

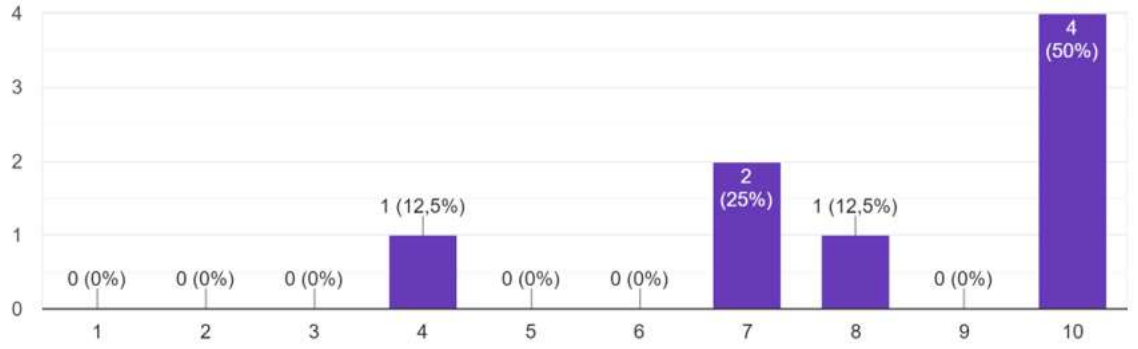


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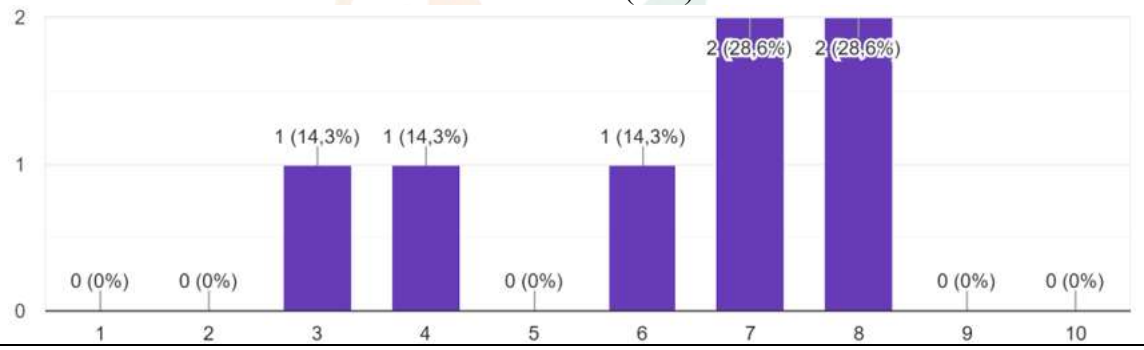
HIRVATİSTAN (n=11)



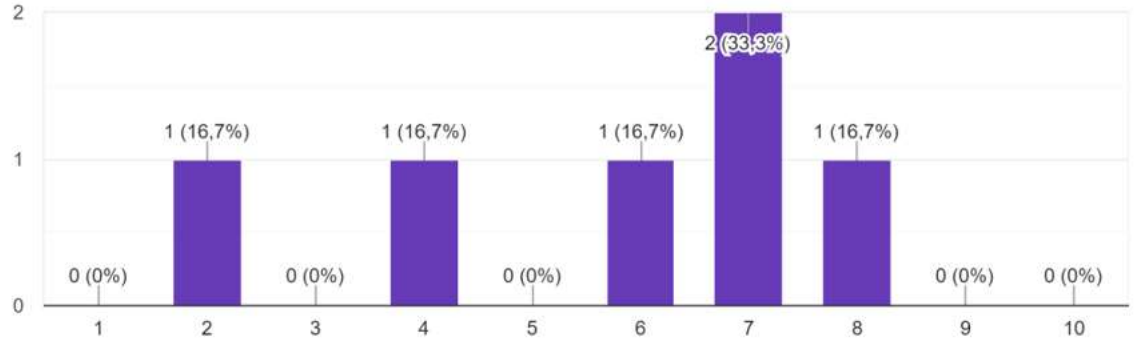
İSPANYA (n=8)



SLOVENYA (n=7)



BOSNA (n=6)



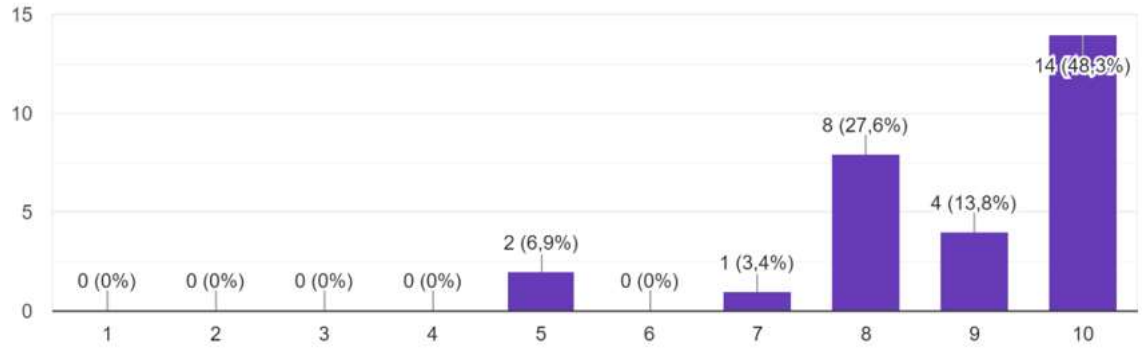
Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

BOYUT 3: EĞİTİM VE ÖĞRETİM.

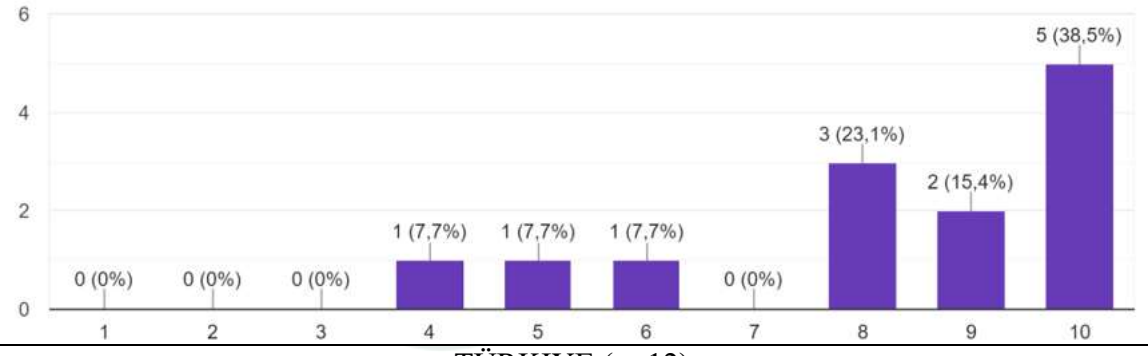
13. Engelli bireylerin bulunduğu ailelerin eğitim veya öğretime ihtiyaç duymasına ne kadar önem veriyorsunuz?

Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (5-10), İtalya (4-10), Türkiye (3-10), Hırvatistan (7-10), İspanya (7-10), Slovenya (7-10) ve Bosna (6-10).

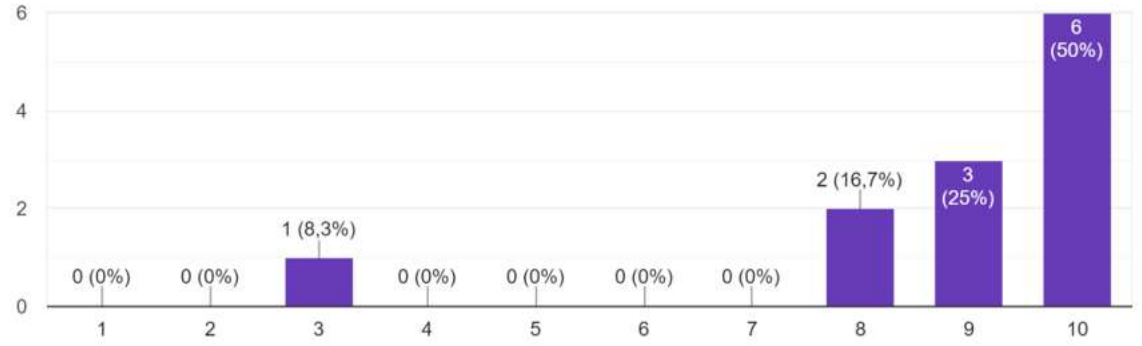
BULGARİSTAN (n=29)



İTALYA (n=13)



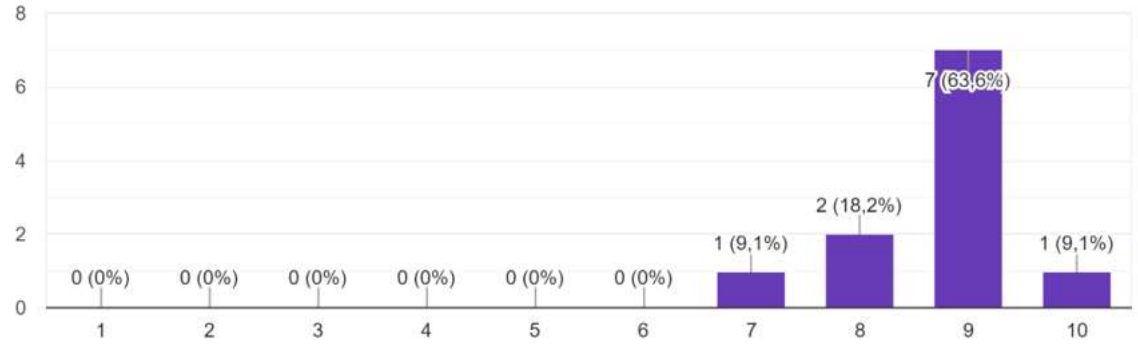
TÜRKIYE (n=12)



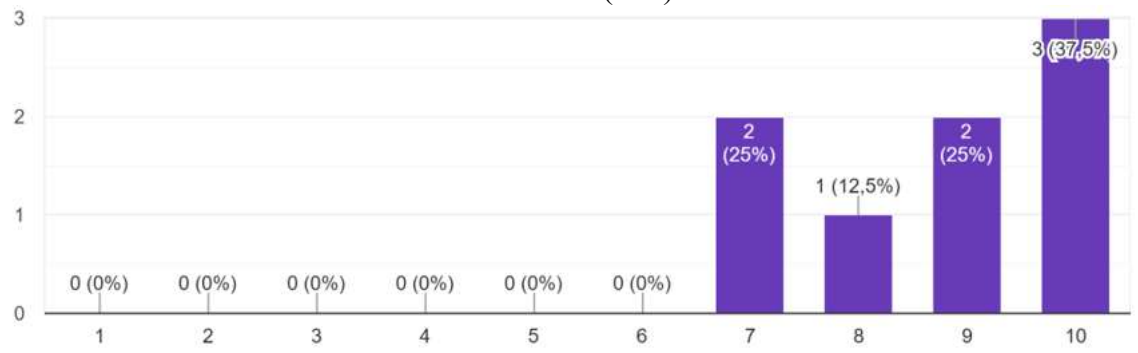
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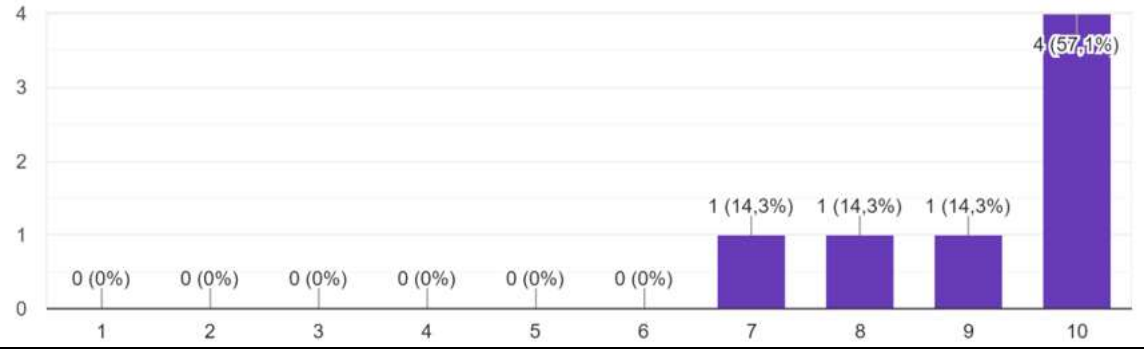
HIRVATİSTAN (n=11)



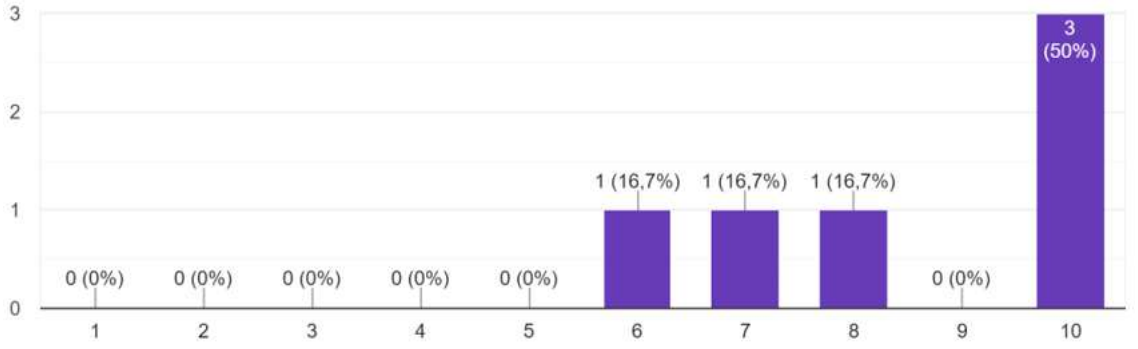
İSPANYA (n=8)



SLOVENYA (n=7)



BOSNA (n=6)

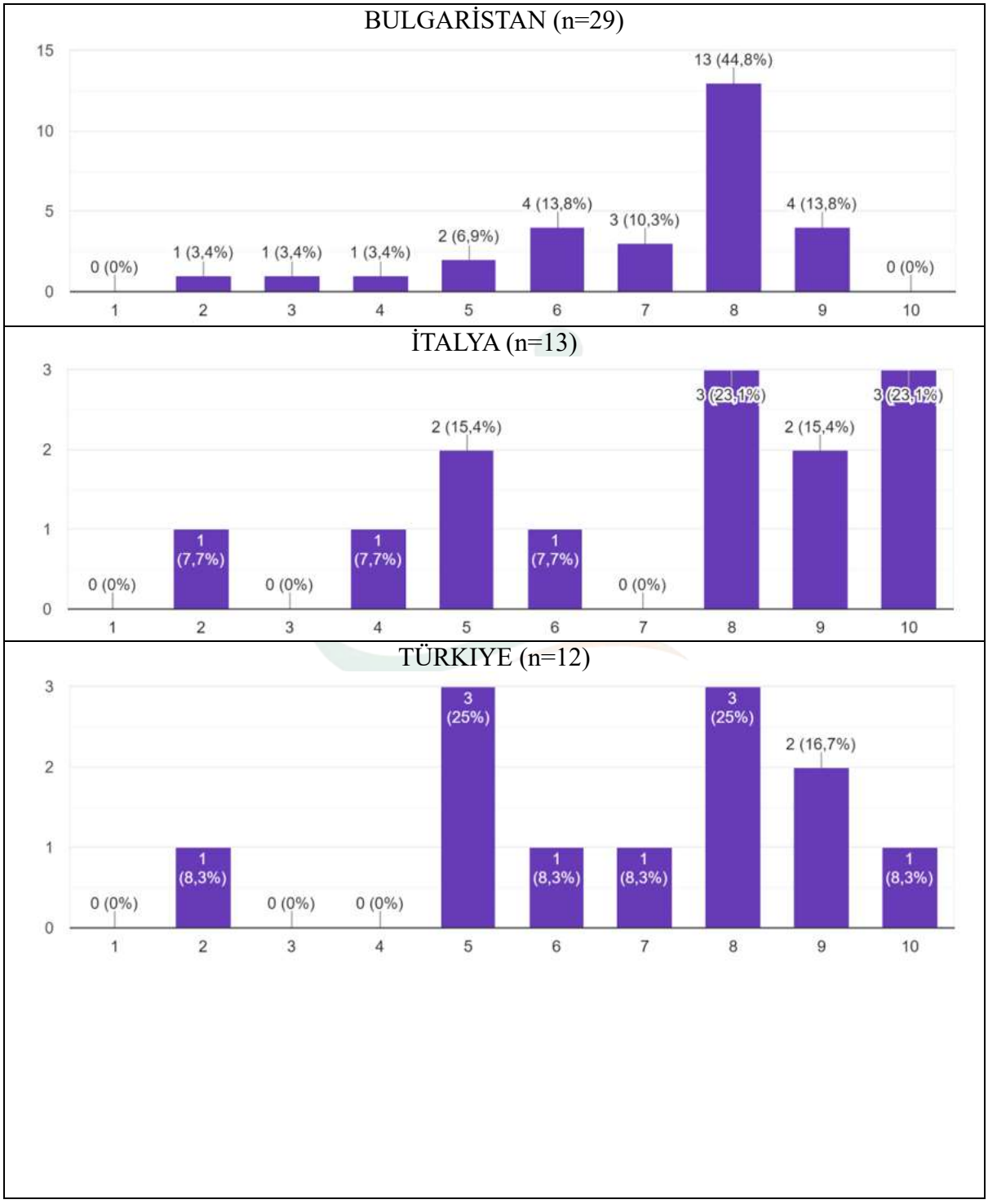


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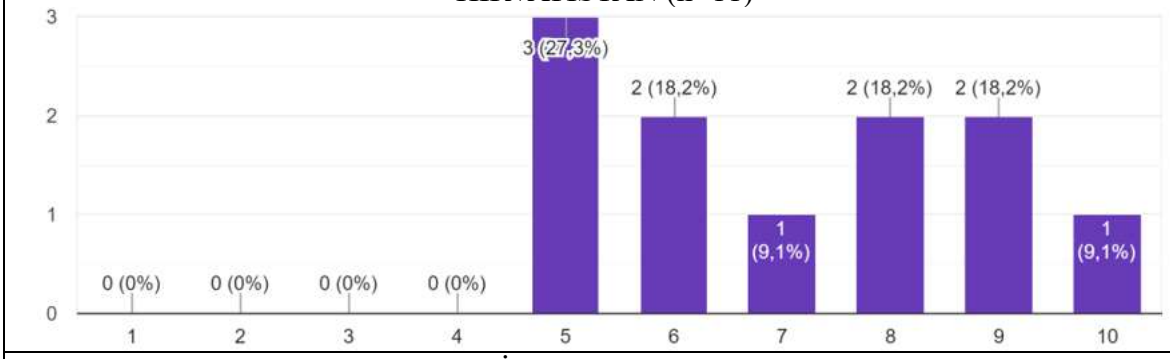
14. Kuruluşlardaki farklı profesyonellerin mevcut eğitim ve öğretimlerinin yeterli olduğunu düşünüyor musunuz?

Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (2-9), İtalya (2-10), Türkiye (2-10), Hırvatistan (5-10), İspanya (5-9), Slovenya (1-10) ve Bosna (4-8).

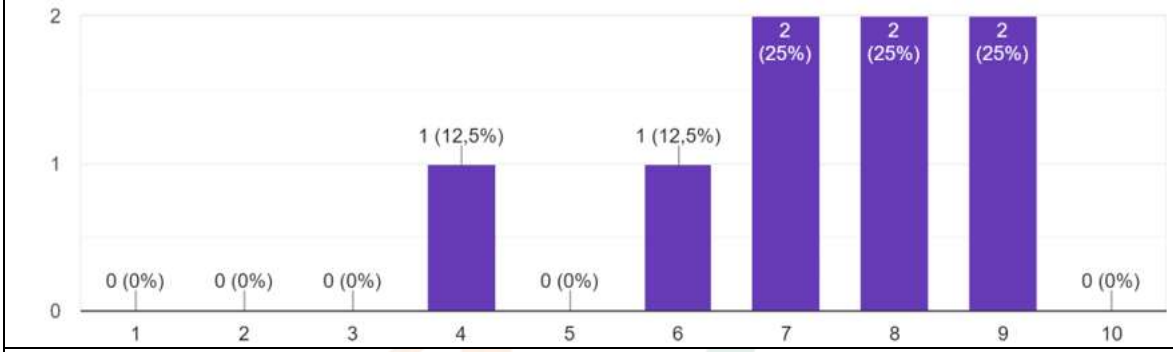


Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

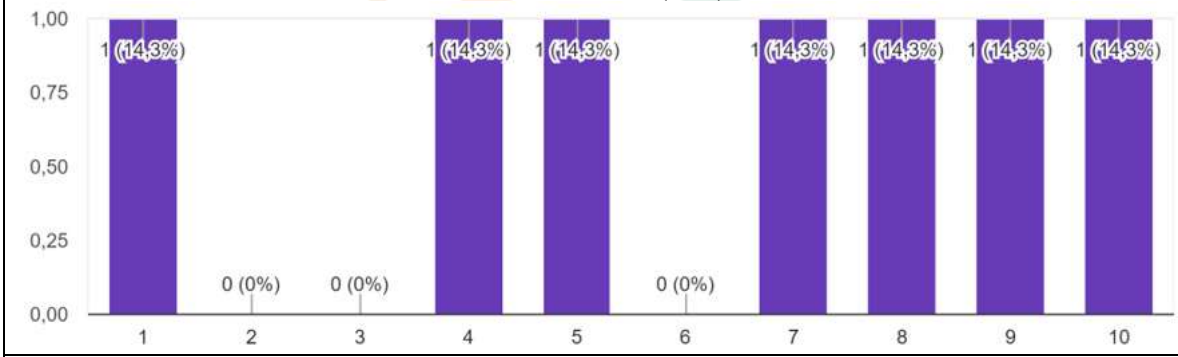
HIRVATİSTAN (n=11)



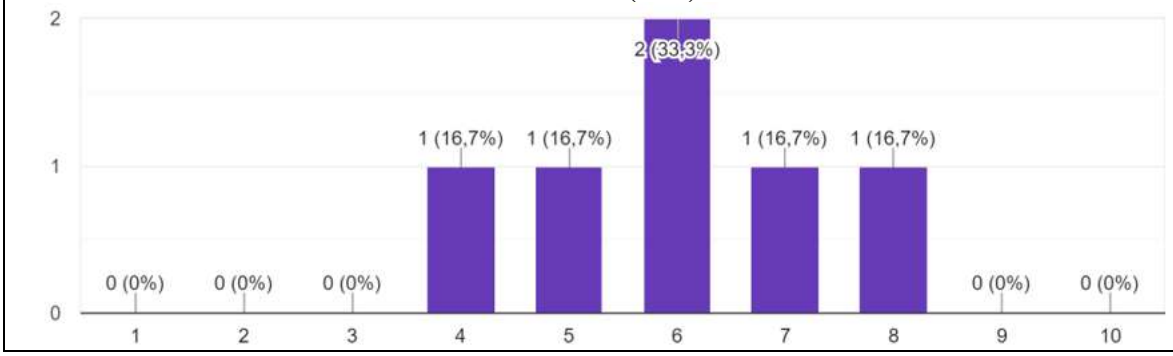
İSPANYA (n=8)



SLOVENYA (n=7)



BOSNA (n=6)

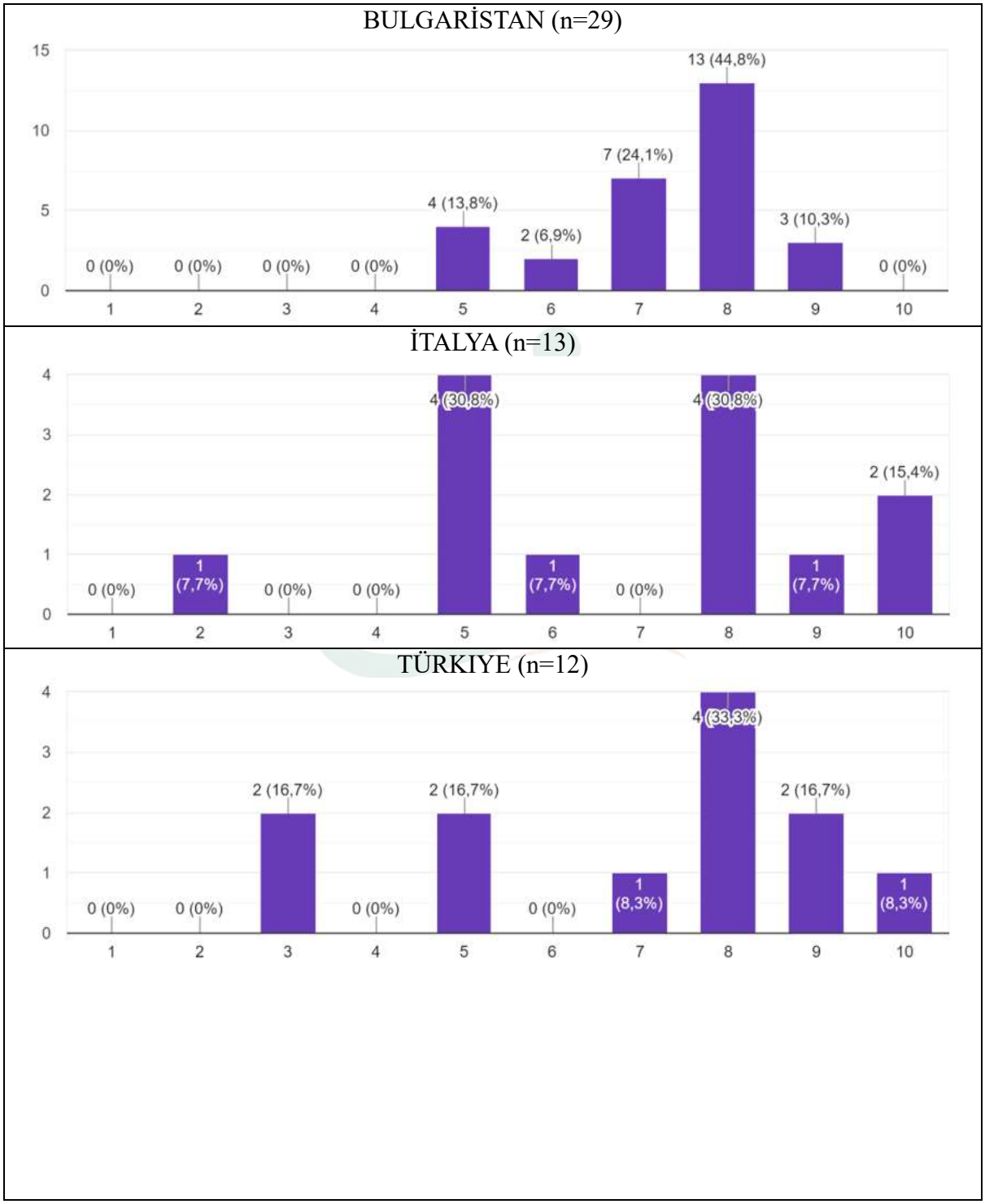


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15. Bu kuruluşların sunduğu eğitim materyallerinin anlaşılır, tutarlı bir yapıya sahip, konuyla ilgili ve güncel olduğunu düşünüyor musunuz?

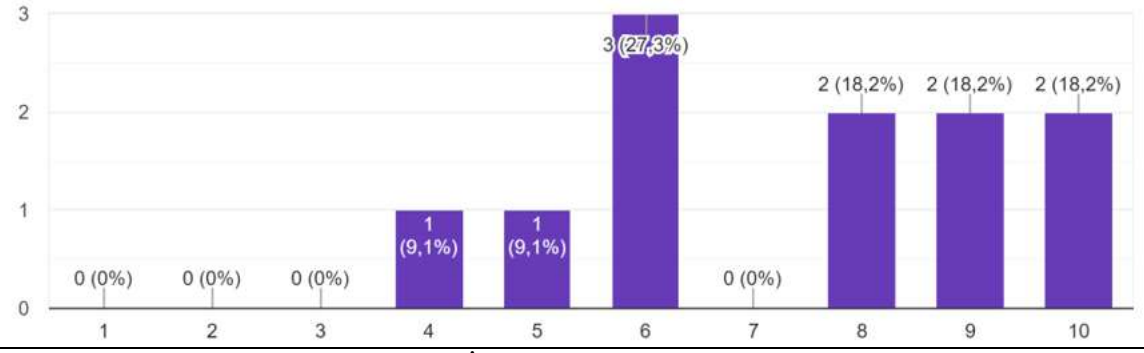
Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (5-9), İtalya (2-10), Türkiye (3-10), Hırvatistan (4-10), İspanya (4-9), Slovenya (3-10) ve Bosna (3-7).



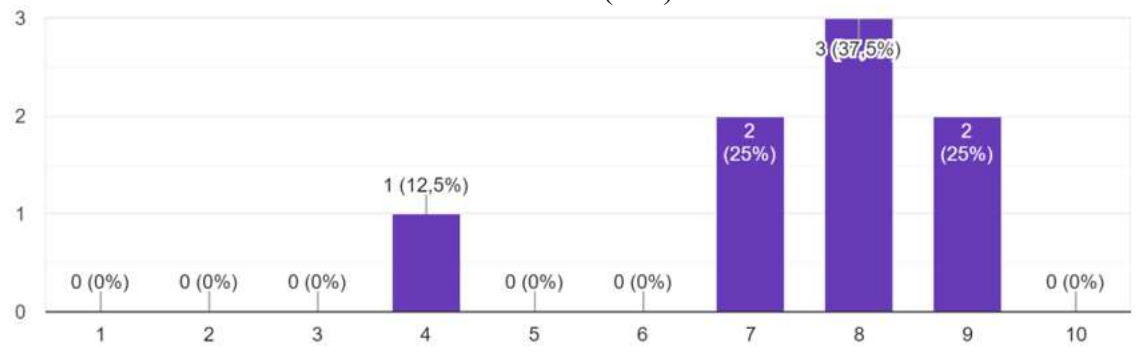
Co-funded by the European Union

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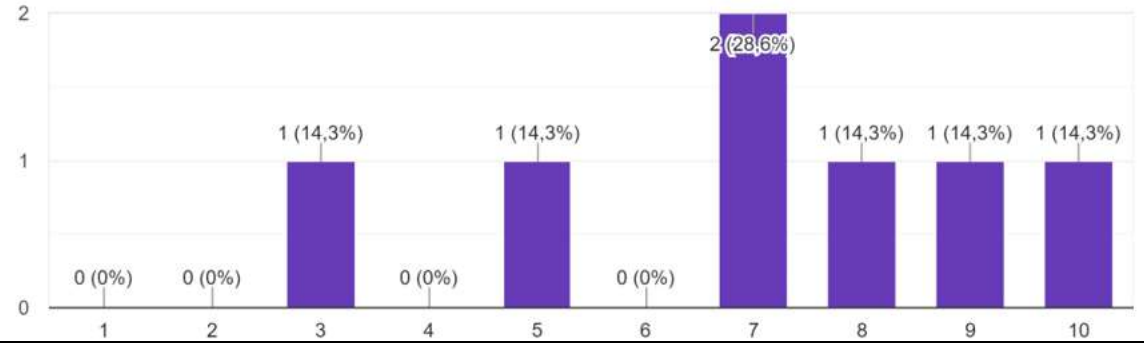
HIRVATİSTAN (n=11)



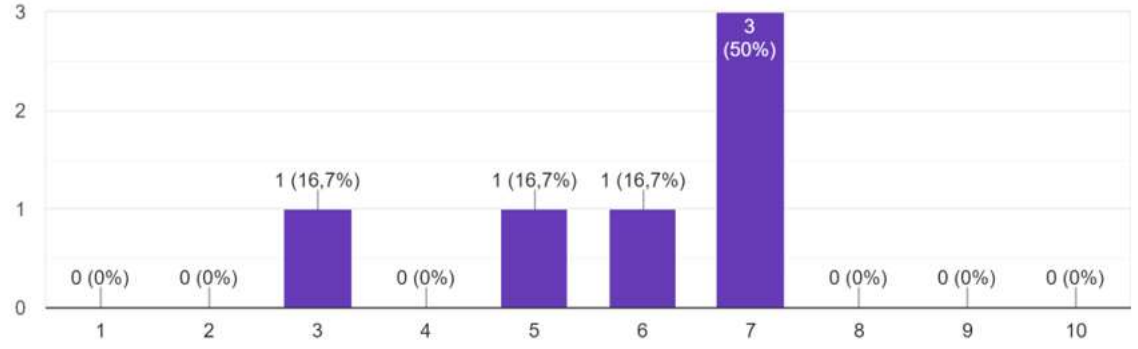
İSPANYA (n=8)



SLOVENYA (n=7)



BOSNA (n=6)



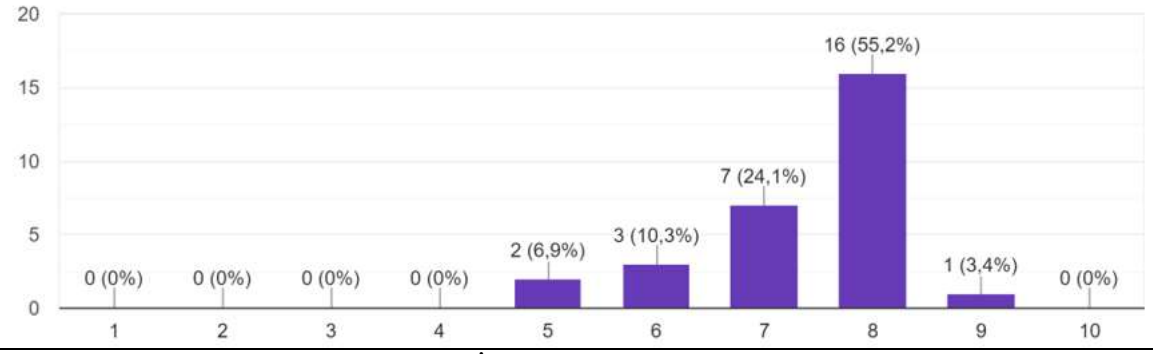
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Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

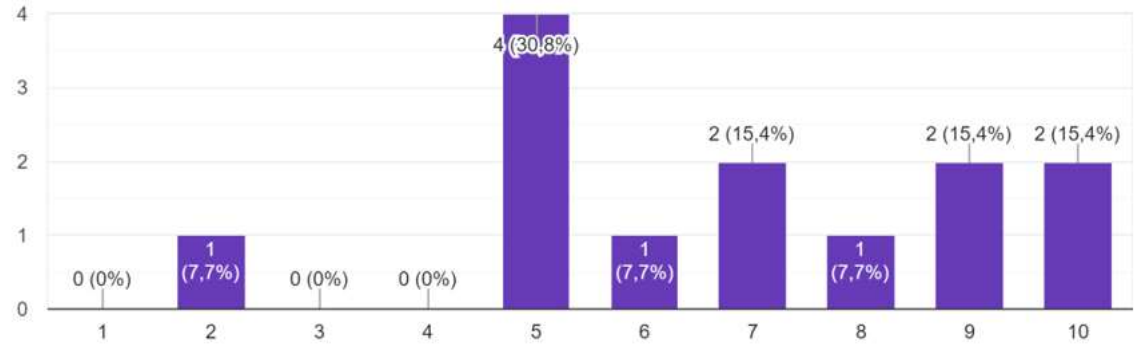
16. Uyarlanabilir ve kişiselleştirilmiş mi?

Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (5-9), İtalya (2-10), Türkiye (2-10), Hırvatistan (4-9), İspanya (4-8), Slovenya (3-9) ve Bosna (3-7).

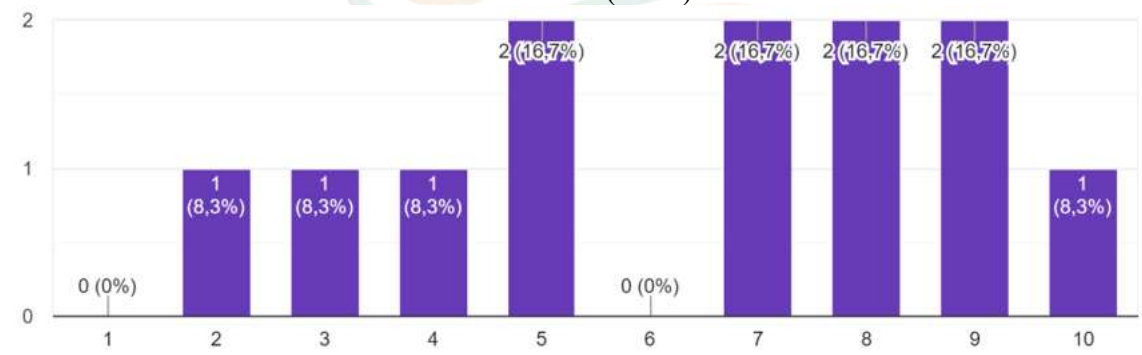
BULGARİSTAN (n=29)



İTALYA (n=13)

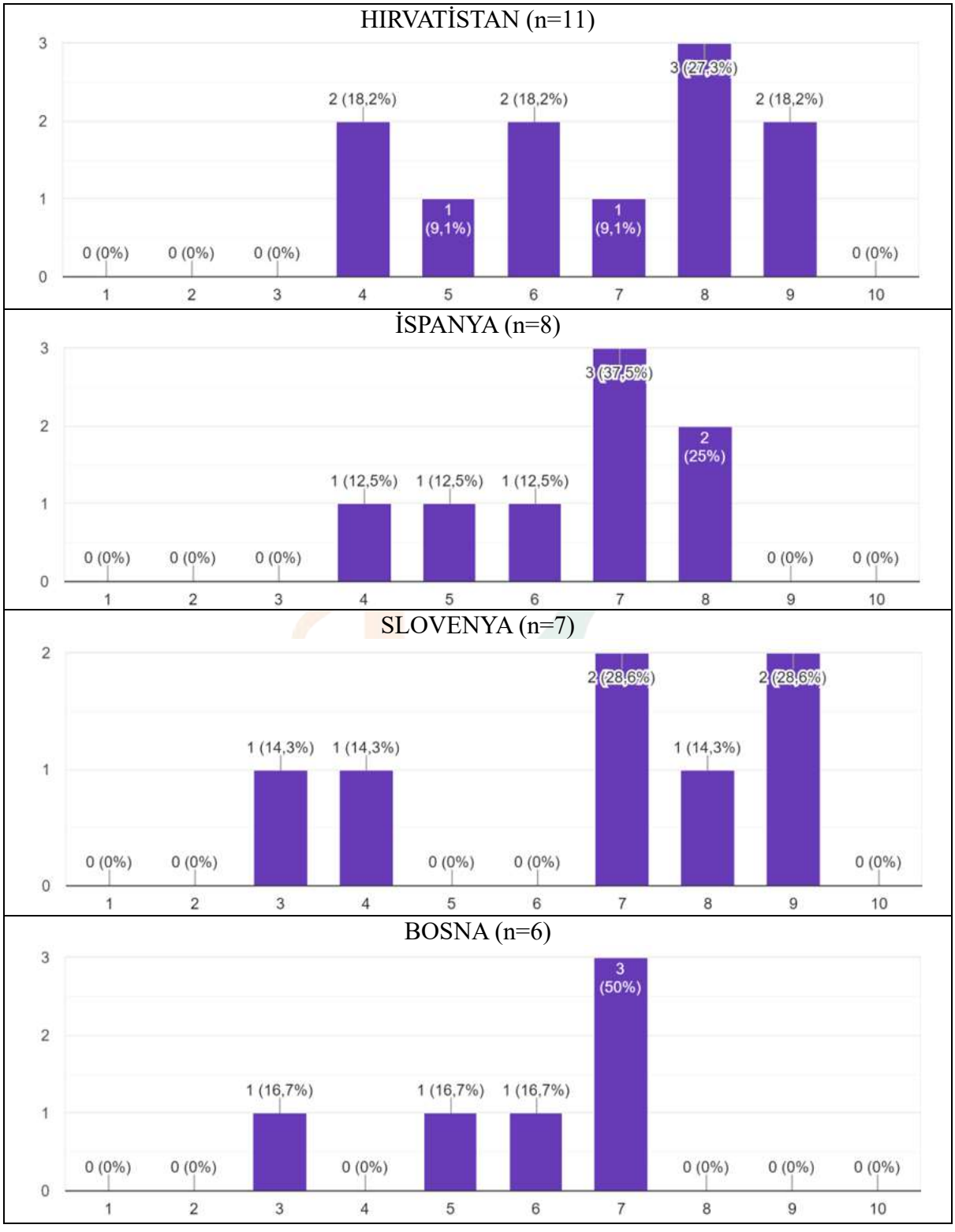


TÜRKIYE (n=12)



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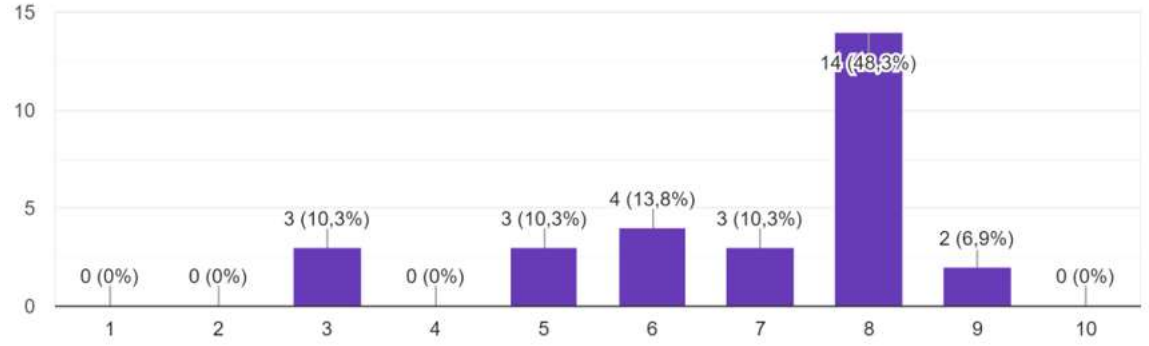
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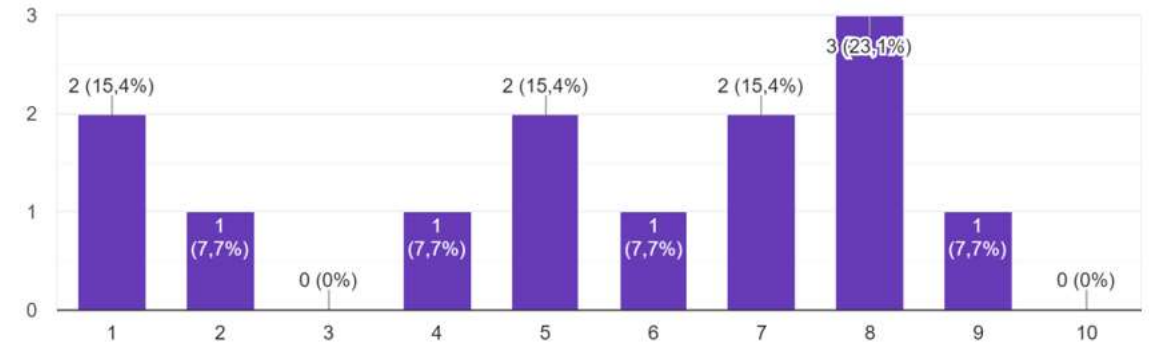
Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

17. Ailelerin mevcut eğitim ve öğretiminin yeterli olduğunu düşünüyor musunuz?
Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (3-9), İtalya (1-9), Türkiye (1-9), Hırvatistan (4-10), İspanya (5-9), Slovenya (1-8) ve Bosna (3-9).

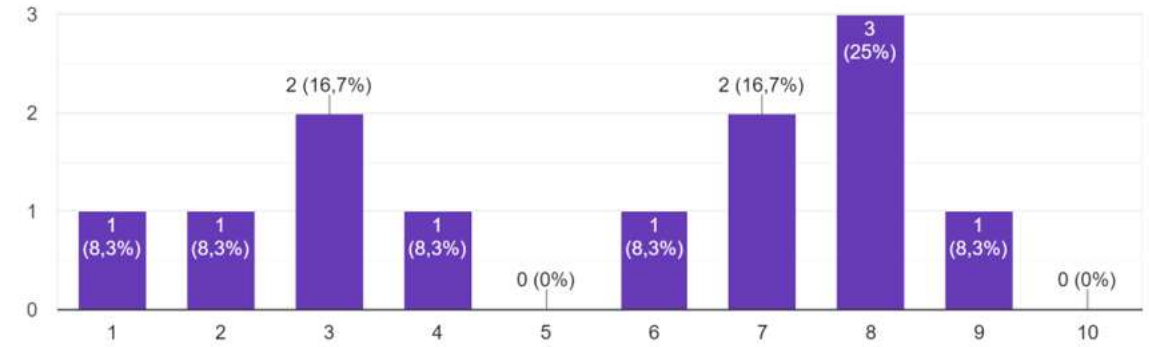
BULGARİSTAN (n=29)



İTALYA (n=13)

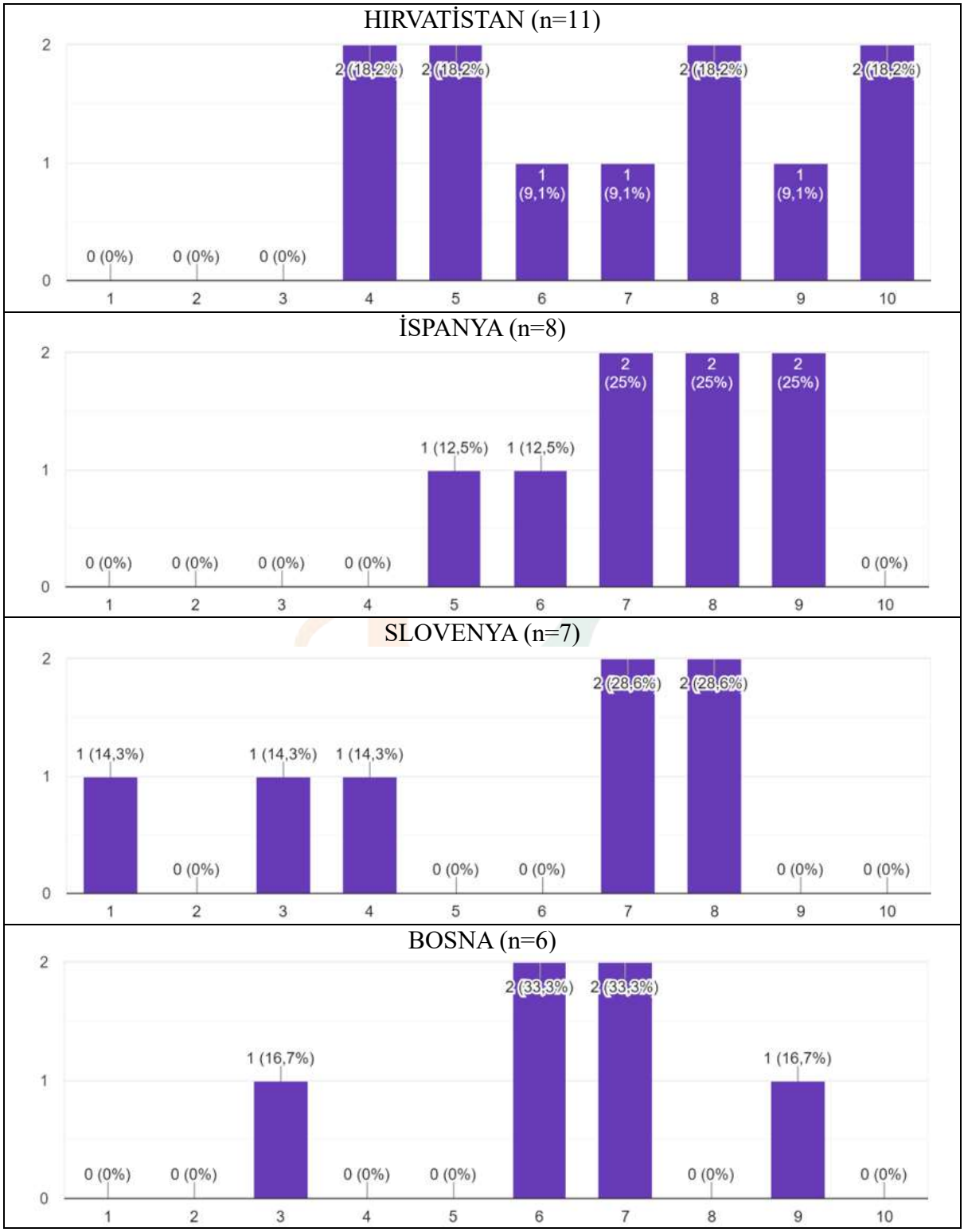


TÜRKIYE (n=12)



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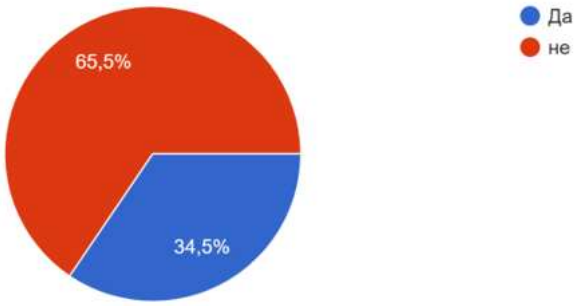
Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.



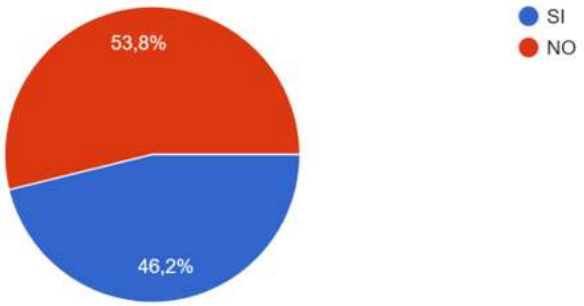
Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

18. Siz veya ailenizden herhangi bir üye, engelli kişileri destekleyen kuruluşların düzenlediği çalıştaylara, konferanslara veya diğer eğitim faaliyetlerine katıldınız mı?
Örneklemde eğitim faaliyetlerine katılan kişilerin yüzdesi ise şu şekilde oluştu: Bulgaristan (%34,5), İtalya (%46,2), Türkiye (%66,7), Hırvatistan (%63,6), İspanya (%87,5), Slovenya (%71,4) ve Bosna (%83,3).

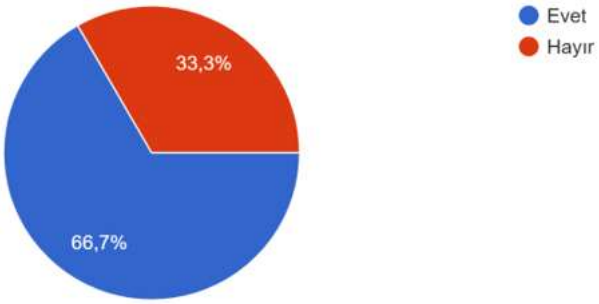
BULGARİSTAN (n=29)



İTALYA (n=13)



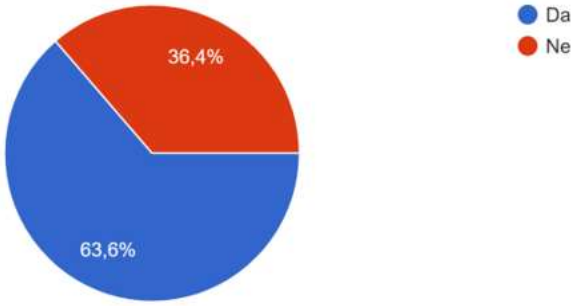
TÜRKIYE (n=12)



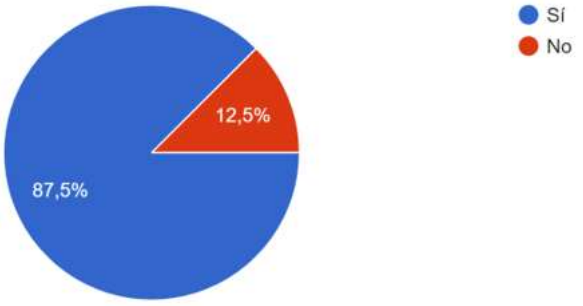
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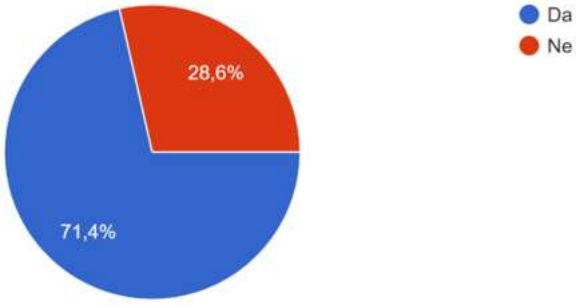
HIRVATİSTAN (n=11)



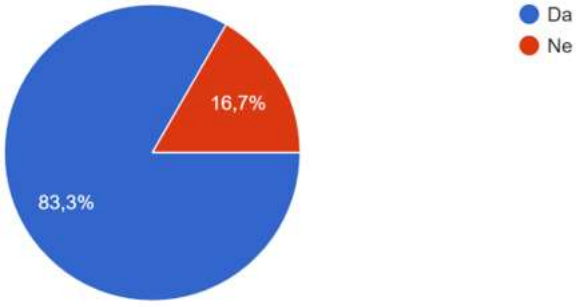
İSPANYA (n=8)



SLOVENYA (n=7)



BOSNA (n=6)



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BOYUT 4: KOORDİNASYON, ŞEFFAFLIK, İZLEME VE MEMNUNİYET.

19. Kuruluşun personeli arasındaki koordinasyona nasıl değer veriyorsunuz?

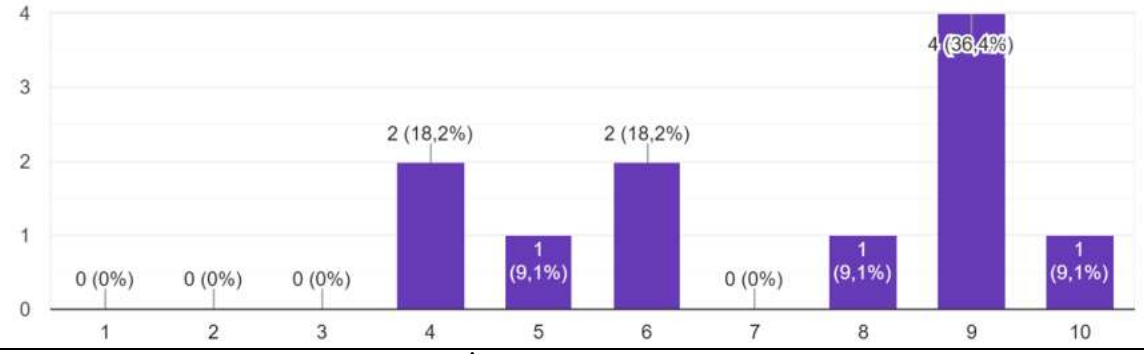
Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (5-9), İtalya (1-9), Türkiye (3-10), Hırvatistan (4-10), İspanya (6-9), Slovenya (3-10) ve Bosna (6-10).



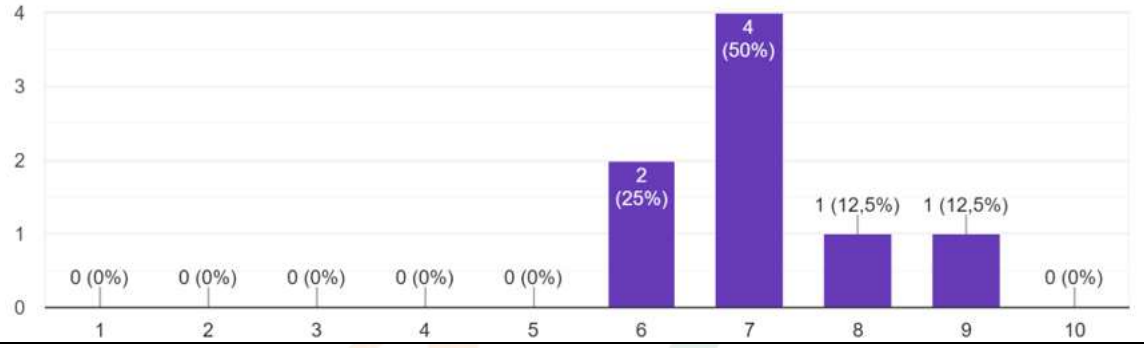
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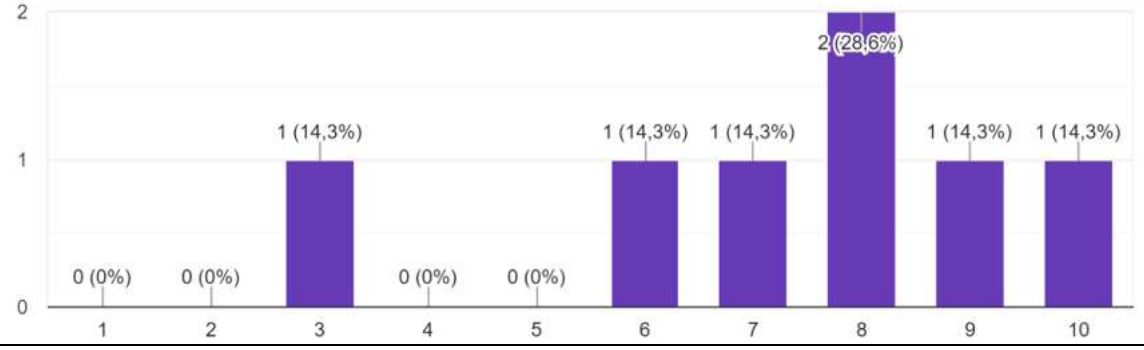
HIRVATİSTAN (n=11)



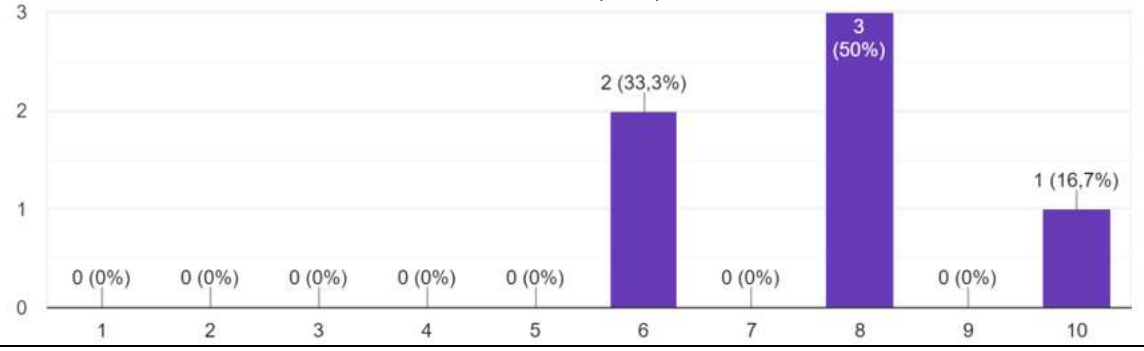
İSPANYA (n=8)



SLOVENYA (n=7)



BOSNA (n=6)

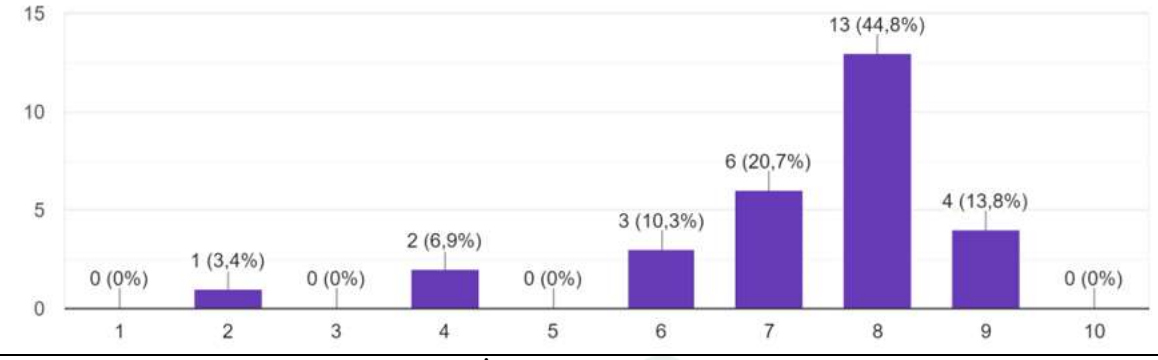


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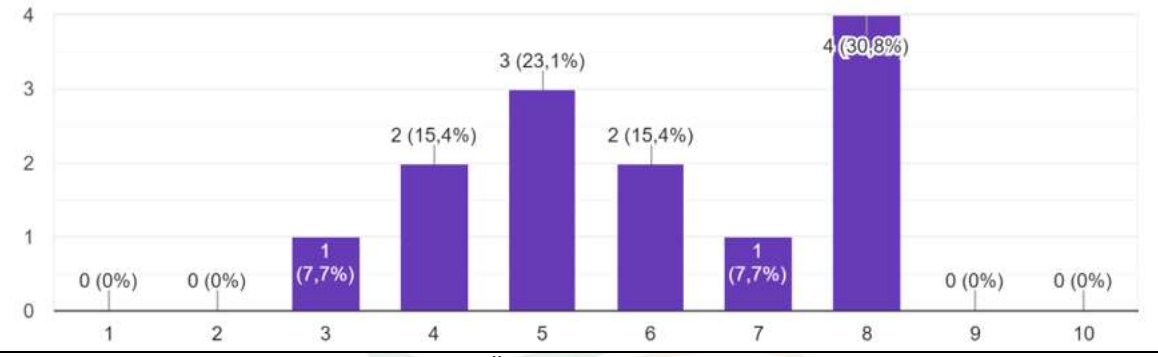
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20. Ailelere kapsamlı destek sağlamak amacıyla engelli bireyleri destekleyen kuruluşlar ile diğer sağlık hizmetleri arasındaki koordinasyon hakkında ne düşünüyorsunuz?
Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (2-9), İtalya (3-8), Türkiye (3-10), Hırvatistan (4-10), İspanya (2-6), Slovenya (2-10) ve Bosna (4-10).

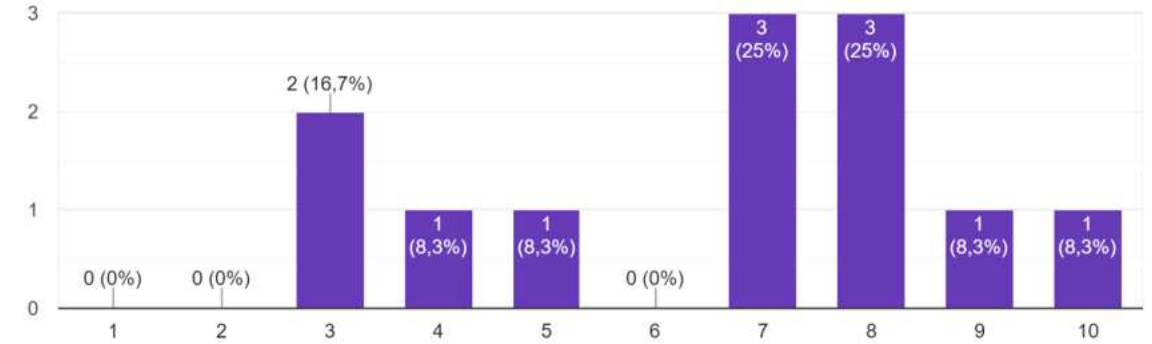
BULGARİSTAN (n=29)



İTALYA (n=13)

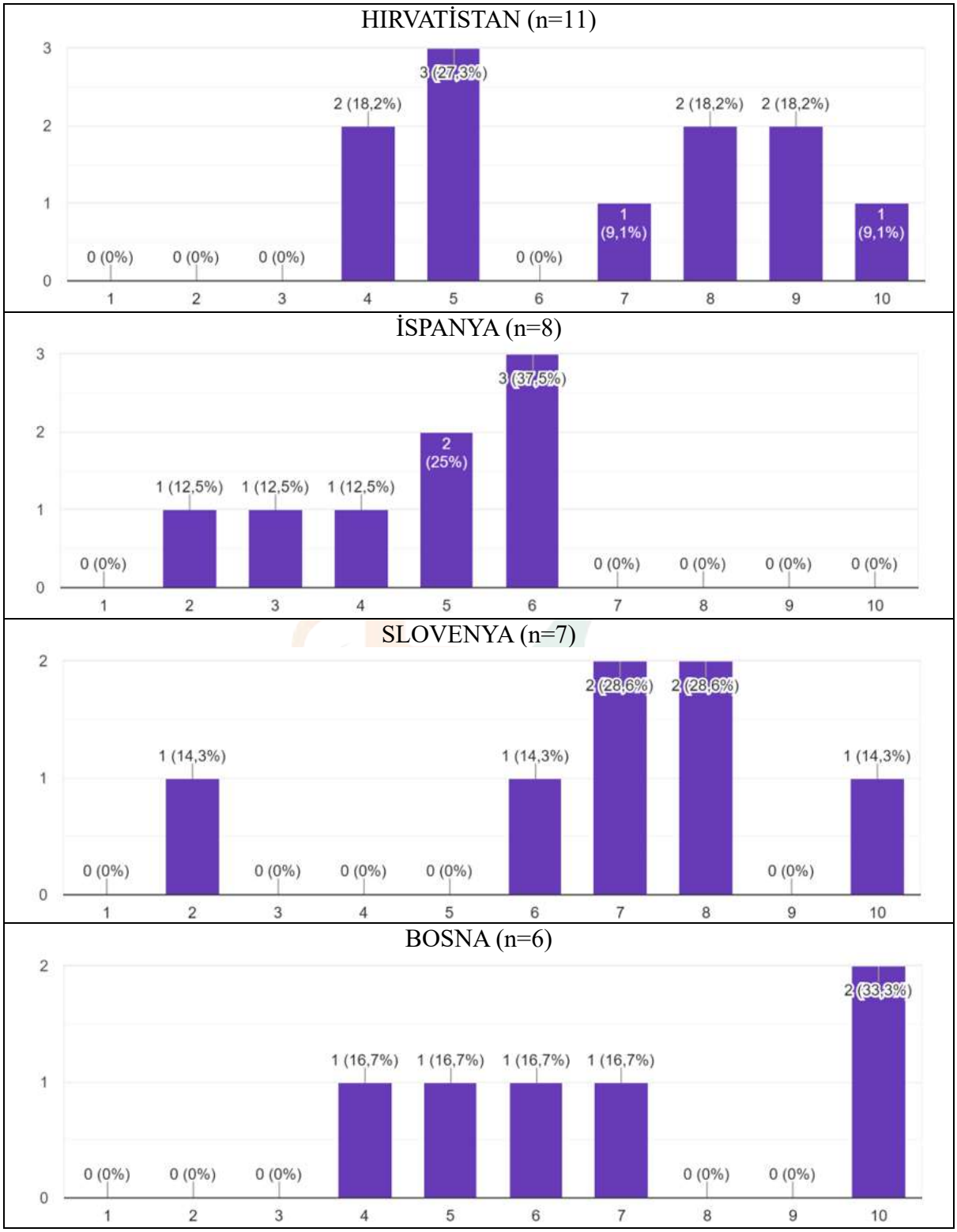


TÜRKIYE (n=12)



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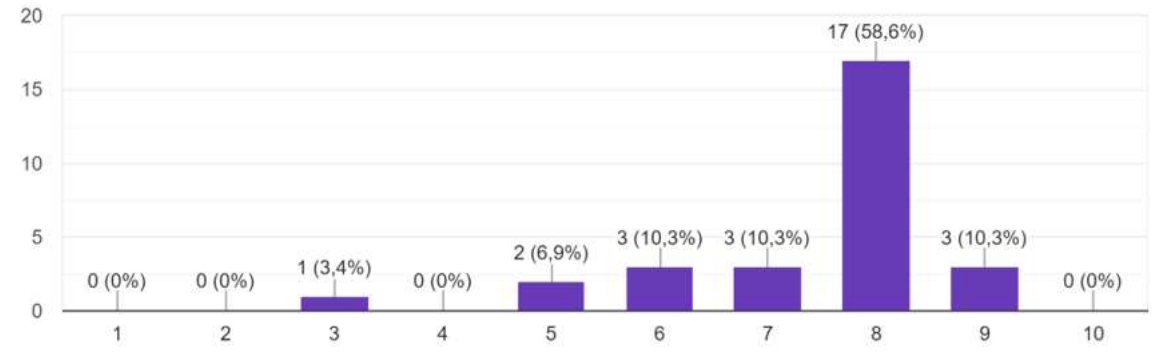


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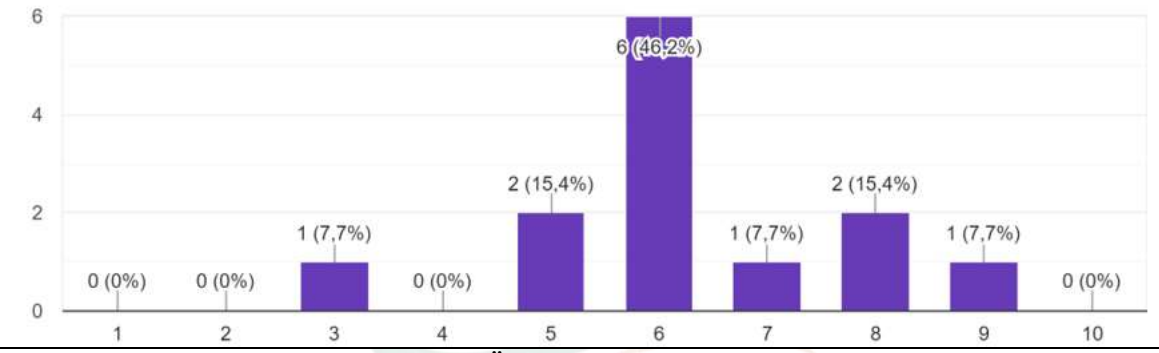
21. Bu kuruluşların engelli kişilerin bakımı ve desteğine ilişkin politika ve süreçlerini şeffaf buluyor musunuz?

Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (3-9), İtalya (3-9), Türkiye (3-10), Hırvatistan (4-10), İspanya (4-9), Slovenya (2-9) ve Bosna (4-10).

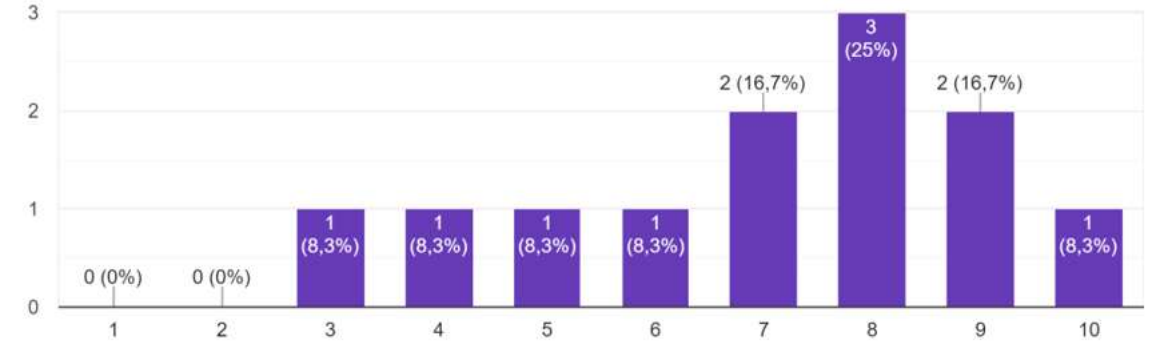
BULGARİSTAN (n=29)



İTALYA (n=13)

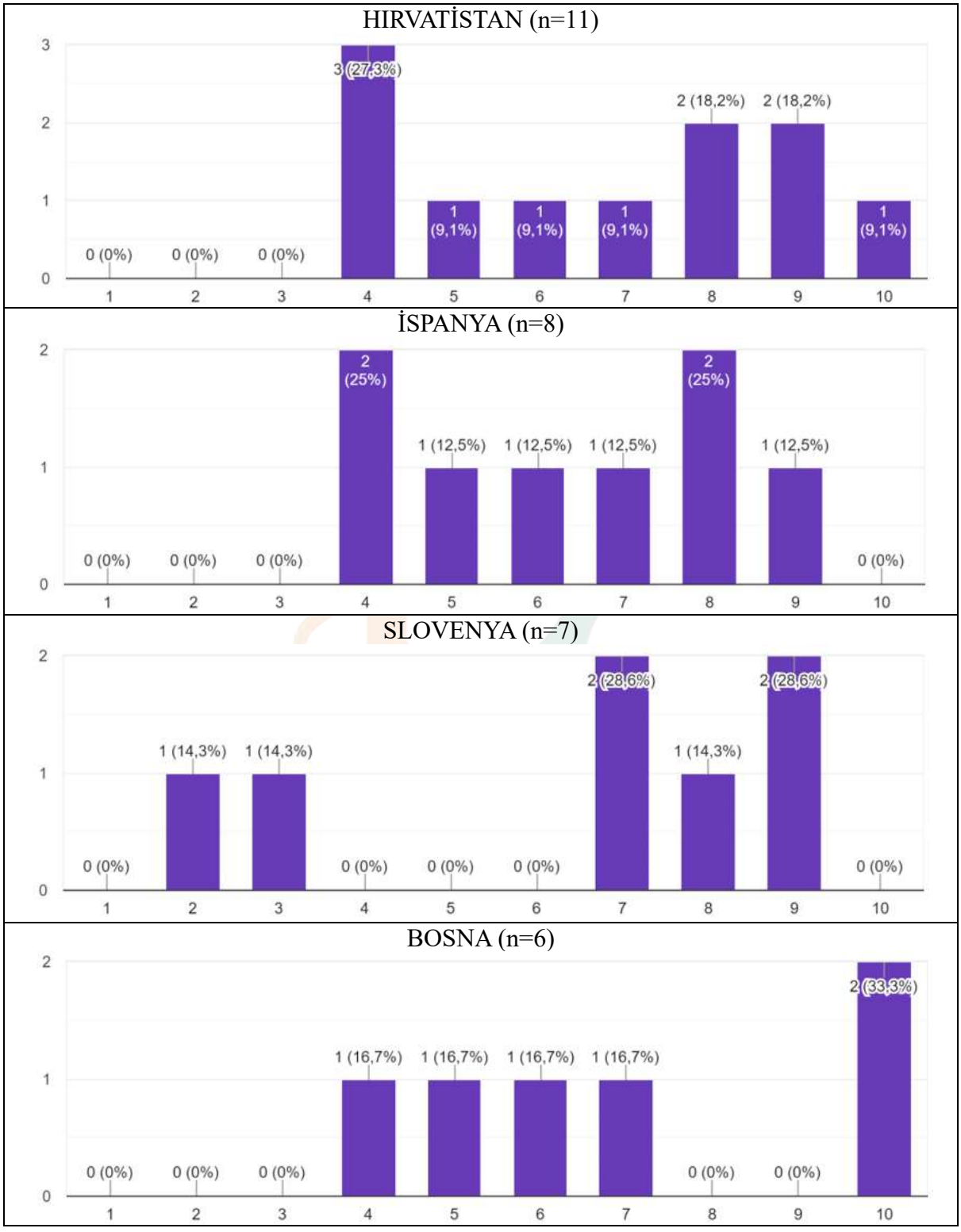


TÜRKIYE (n=12)



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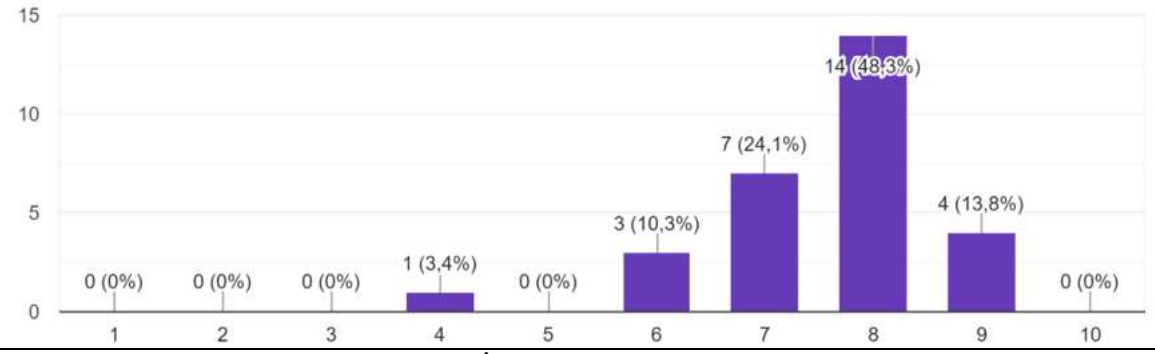


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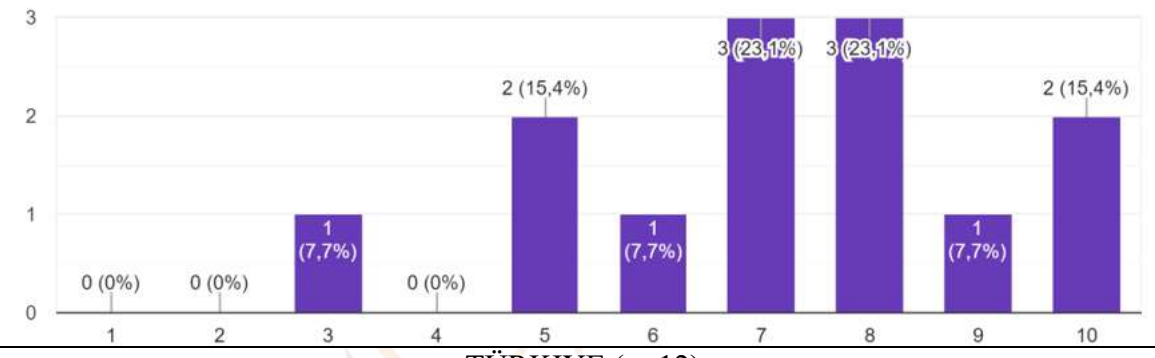
22. Kuruluşun çalışanlarından alınan takibi yeterli buluyor musunuz?

Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (4-9), İtalya (3-10), Türkiye (4-10), Hırvatistan (4-10), İspanya (5-9), Slovenya (2-9) ve Bosna (4-9).

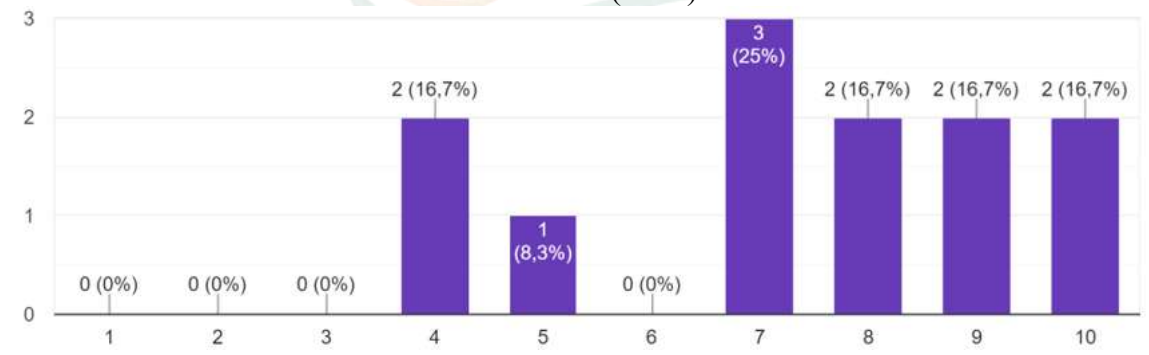
BULGARİSTAN (n=29)



İTALYA (n=13)



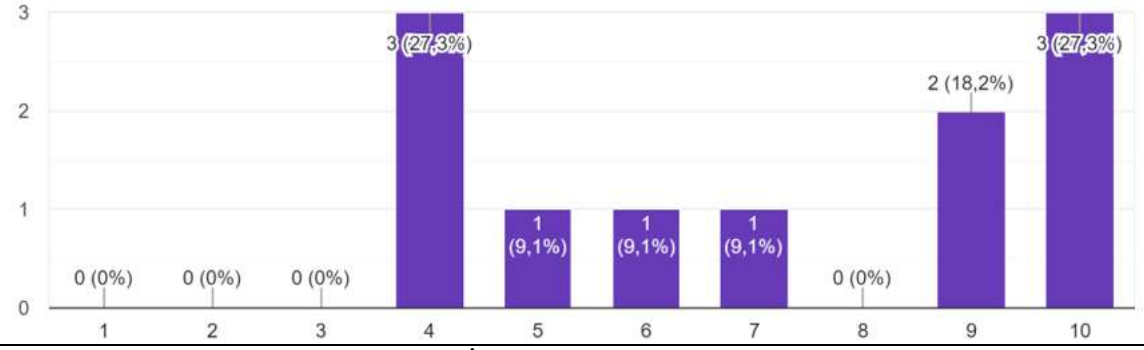
TÜRKIYE (n=12)



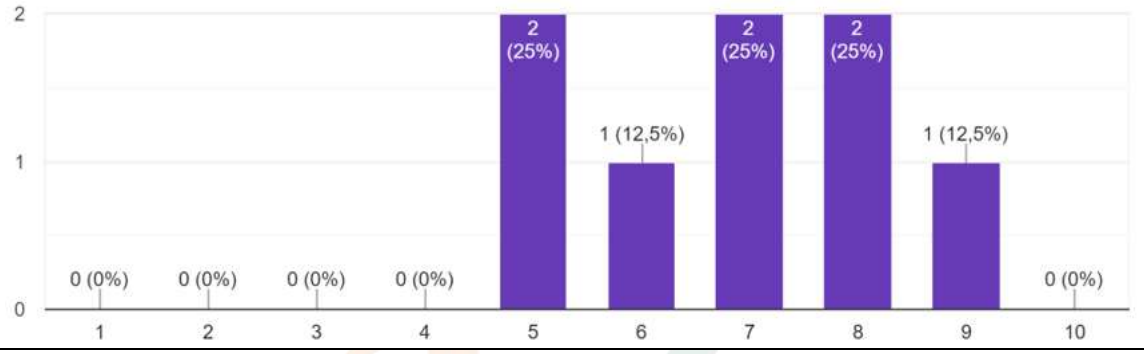
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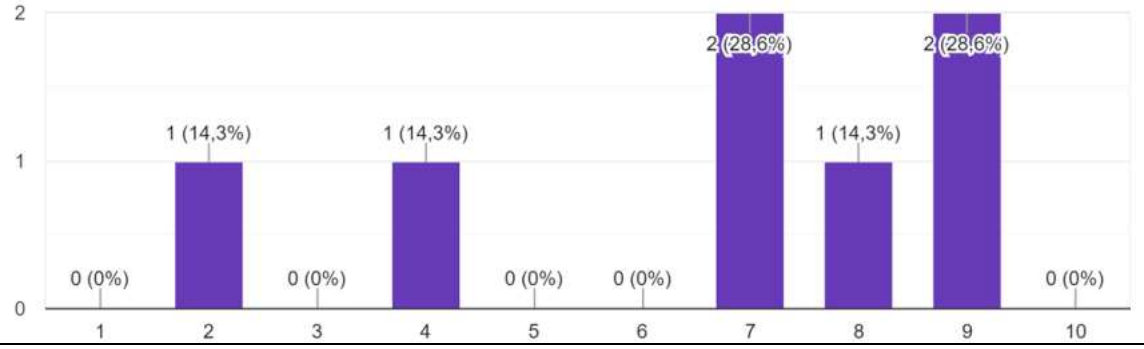
HIRVATİSTAN (n=11)



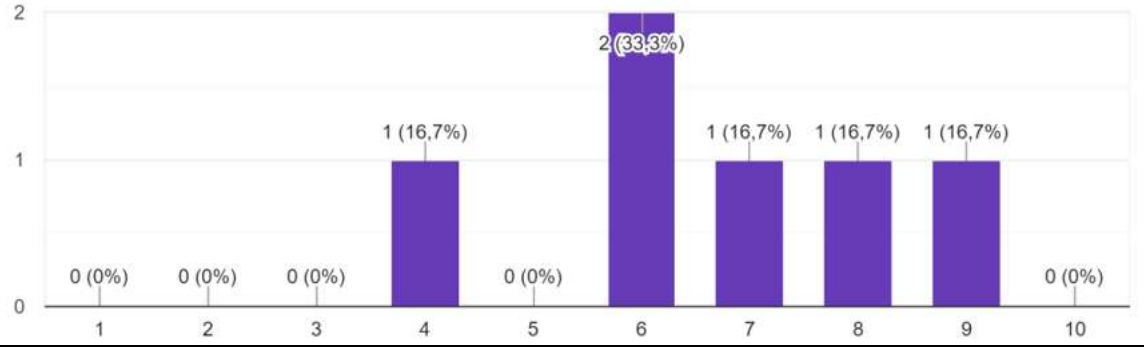
İSPANYA (n=8)



SLOVENYA (n=7)



BOSNA (n=6)



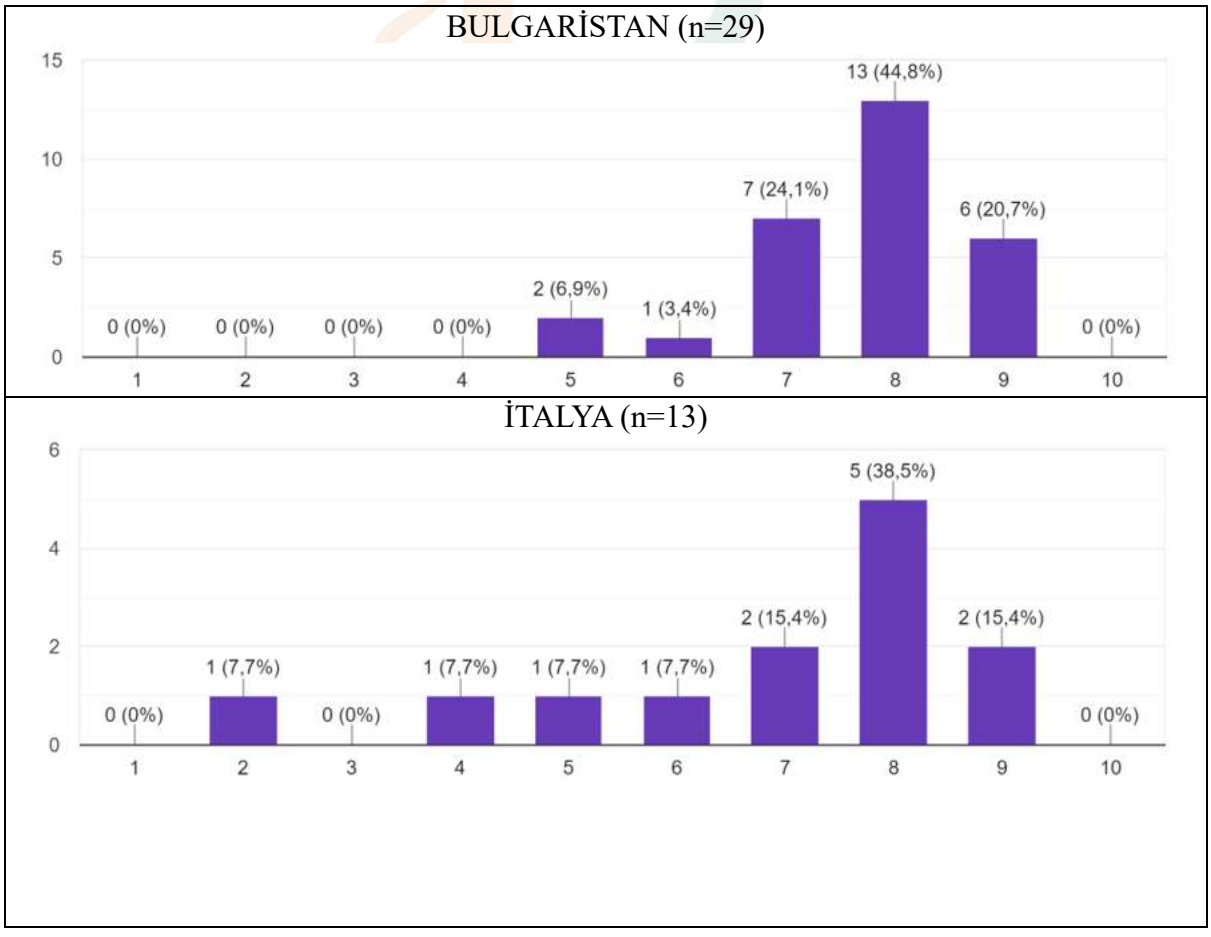
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23. İzleme sürecini iyileştirmek ve ihtiyaçlarınızın gelecekte etkili bir şekilde karşılanmasını sağlamak için ne gibi önerileriniz olur?

Bulgaristan'daki öneriler şunlardı: daha fazla şeffaflık; daha etkili kampanyalar; kuruluşların web sitelerinde bilgi ve gelecekteki girişimler; ebeveynlerle toplantı; bazı kuruluşların web sitelerinde daha iyi bilgi; kuruluşlarla daha sık toplantılar yapılması; daha fazla hizmet; daha yaygın/ortak faaliyetler; daha fazla çalışma girişimi; daha iyi finansman. İtalya'da herhangi bir öneri yoktu. Türkiye'deki öneriler şunlardı: eğitimin daha erişilebilir hale getirilmesi; etkili iletişim ve koordinasyon; Web sitelerini kullanın ve daha fazla e-posta gönderin. Hırvatistan'da herhangi bir öneri yoktu. İspanya'daki öneriler şunlardı: ailelerle daha fazla istişarede bulunmak; daha bireyselleştirilmiş ilgi; aylık takip toplantıları; daha iyi telefon hizmeti; ailelerle daha fazla toplantı yapın; personeli artırmak; Anketler veya kısa röportajlar yapın. Slovenya'da herhangi bir öneri yoktu. Bosna'daki öneriler şunlardı: daha net iletişim ve ailelerle iletişim ve çalışma konusunda daha fazla eğitim; Tam şeffaflık, mükemmel destek ve rehberlik.

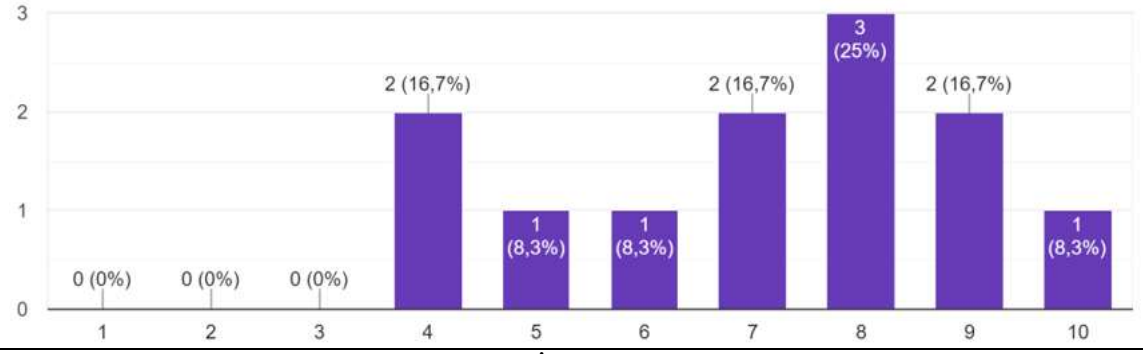
24. Kuruluşların gösterdiği ilgi ve bağlılık konusunda deneyiminiz ne kadar tatmin ediciydi?

Bu soruya ilişkin memnuniyet şu değerler arasında değişmektedir: Bulgaristan (5-9), İtalya (2-9), Türkiye (4-10), Hırvatistan (4-10), İspanya (5-9), Slovenya (1-9) ve Bosna (5-10).

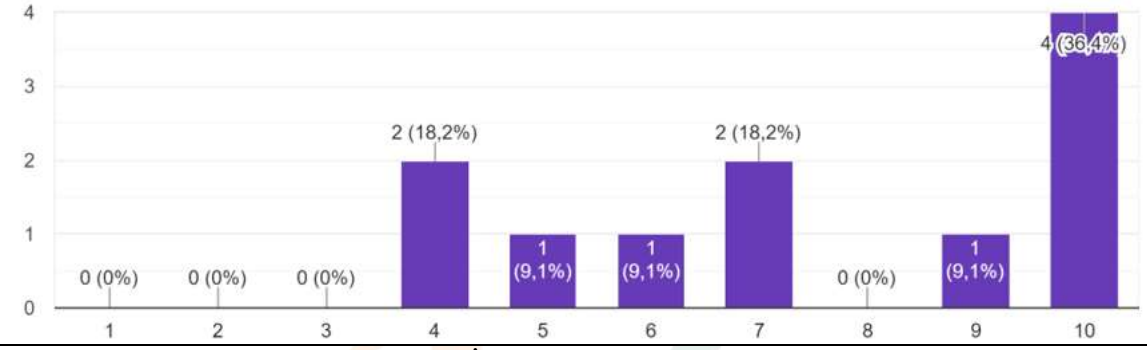


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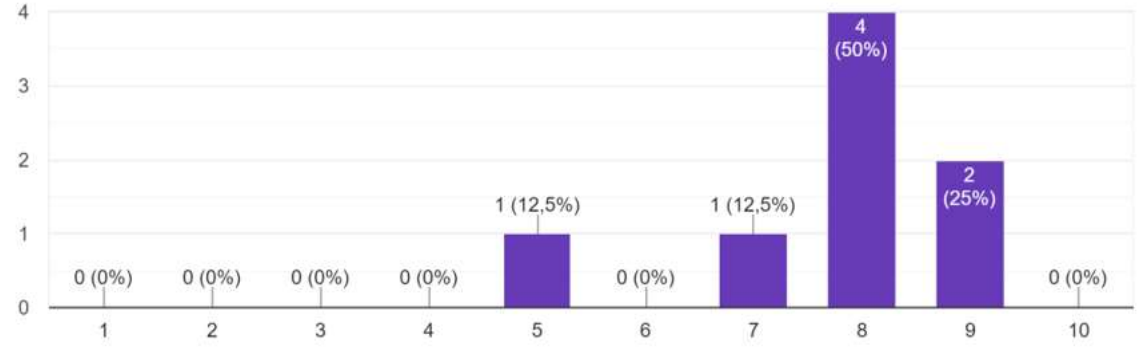
TÜRKIYE (n=12)



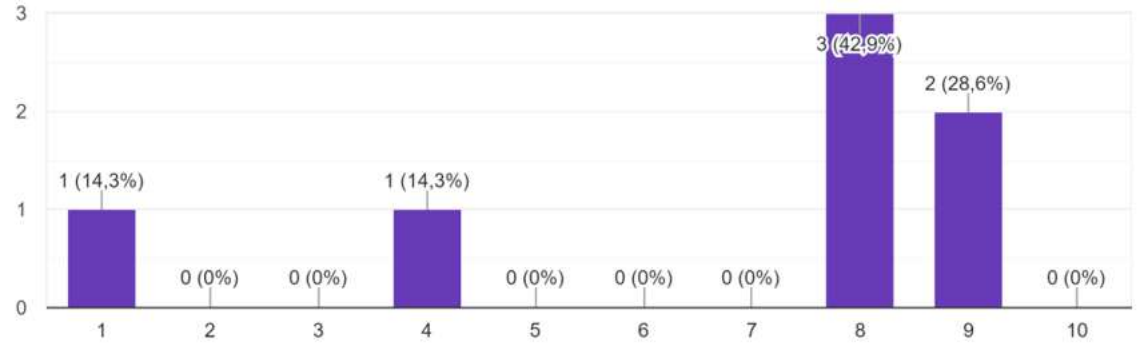
HIRVATİSTAN (n=11)



İSPANYA (n=8)

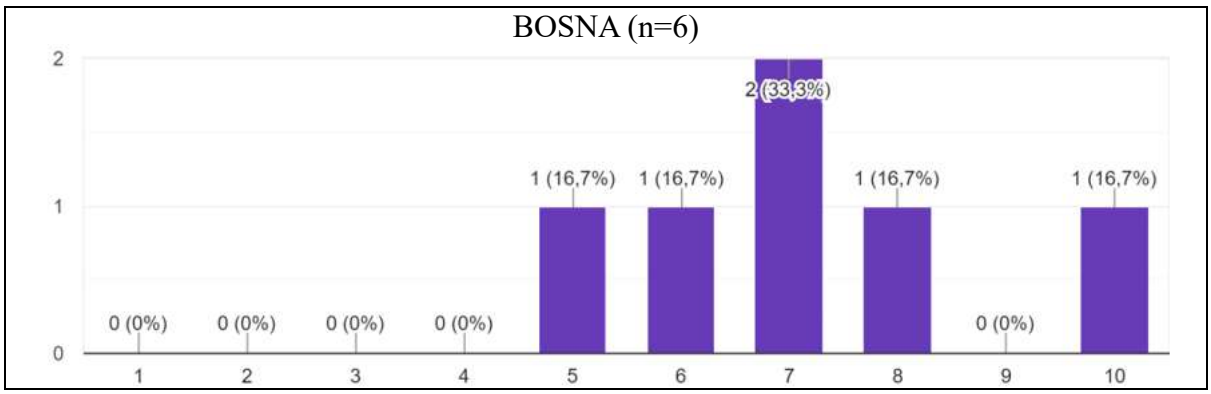


SLOVENYA (n=7)



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4. SONUÇLAR

Boyut 1'deki (iletişim ve bilgi) memnuniyet aşağıdaki değerler arasında değişmektedir: Bulgaristan (4-10), İtalya (1-10), Türkiye (1-10), Hırvatistan (5-10), İspanya (4-10), Slovenya (1-10) ve Bosna (2-9). 2. boyuttaki memnuniyet (kaynaklar, programlar ve hizmetler) şu değerler arasında değişmektedir: Bulgaristan (3-10), İtalya (1-10), Türkiye (1-10), Hırvatistan (4-10), İspanya (5 -10), Slovenya (1-10) ve Bosna (2-10). 3. boyuttaki (eğitim ve öğretim) memnuniyet şu değerler arasında değişmektedir: Bulgaristan (2-10), İtalya (1-10), Türkiye (1-10), Hırvatistan (4-10), İspanya (4-10), Slovenya (1-10) ve Bosna (3-10). 4. boyuttaki memnuniyet (koordinasyon, şeffaflık, izleme ve memnuniyet) şu değerler arasında değişmektedir: Bulgaristan (2-9), İtalya (1-10), Türkiye (3-10), Hırvatistan (4-10), İspanya (2) -9), Slovenya (1-10) ve Bosna (4-10).

Dolayısıyla tüm ülkelerde ve her boyutta yüksek ve düşük memnuniyet değerlerinin olduğu sonucuna varılmaktadır. Yüksek değerler kapsayıcı aile sporlarıyla ilgili iyi uygulamaların yapıldığını göstermektedir. Ancak değerlerin düşük olması, her boyutta ve her ülkede önemli ölçüde iyileştirme alanı bulunduğunu açıkça ortaya koyuyor.

Katılımcıların önerilerine göre bu iyileştirmeler aşağıdaki hususlara odaklanmalıdır: Daha fazla şeffaflık; daha etkili kampanyalar; kuruluşların web sitelerinde bilgi ve gelecekteki girişimler; ebeveynlerle toplantı; bazı kuruluşların web sitelerinde daha iyi bilgi; kuruluşlarla daha sık toplantılar yapılması; daha fazla hizmet; daha yaygın/ortak faaliyetler; daha fazla çalışma girişimi; daha iyi finansman; daha erişilebilir eğitim; etkili iletişim ve koordinasyon; web sitelerini kullanın ve daha fazla e-posta gönderin; ailelerle daha fazla istişarede bulunun; daha bireyselleştirilmiş ilgi; aylık takip toplantıları; daha iyi telefon hizmeti; ailelerle daha fazla toplantı yapın; personeli artırmak; anketler veya kısa röportajlar yürütmek; ailelerle iletişim ve çalışma konusunda daha net iletişim ve daha fazla eğitim; Tam şeffaflık, mükemmel destek ve rehberlik.

6-18 yaş arası engelli çocuk ve ergenlerde kapsayıcı aile sporları metodolojisindeki bu iyileştirmelerin gerçekleştirilmesi, şüphesiz katılımcıların ve ailelerinin spor aktivitelerinden memnuniyetlerini artıracak, bu da onların spor uygulamalarında artışa neden olacak ve dolayısıyla; Engelli çocuk ve ergenlerde hareketsiz yaşam tarzı ve obezite azalacaktır.

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5. KAYNAKLAR

Bloemen, M. A. T., Backx, F. J. G., Takken, T., Wittink, H., Benner, J., Mollema, J., & De Groot, J. F. (2015). Factors associated with physical activity in children and adolescents with a physical disability: a systematic review. *Developmental Medicine & Child Neurology*, *57*(2), 137–148.

Carbone, P. S., Smith, P. J., Lewis, C., & LeBlanc, C. (2021). Promoting the participation of children and adolescents with disabilities in sports, recreation, and physical activity. *Pediatrics*, *148*(6).

Li, R., Sit, C. H. P., Jane, J. Y., Duan, J. Z. J., Fan, T. C. M., McKenzie, T. L., & Wong, S. H. S. (2016). Correlates of physical activity in children and adolescents with physical disabilities: A systematic review. *Preventive Medicine*, *89*, 184–193.

MacEachern, S., Forkert, N. D., Lemay, J.-F., & Dewey, D. (2022). Physical activity participation and barriers for children and adolescents with disabilities. *International Journal of Disability, Development and Education*, *69*(1), 204–216.

Middelbeek, L., & Breda, J. (2013). Obesity and sedentarism: reviewing the current situation within the WHO European region. *Current Obesity Reports*, *2*, 42–49.

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MULTINACIONALNO ZAVRŠNO IZVJEŠĆE

1. UVOD

Inkluzivni obiteljski sport kod djece i adolescenata s teškoćama u razvoju od 6 do 18 godina od iznimne je važnosti za prevenciju sjedilačkog načina života i pretilosti u ovoj skupini (Carbone et al., 2021; Middelbeek & Breda, 2013). U tome je ključna uloga obitelji da prate, ohrabruju i motiviraju djecu i adolescente s teškoćama u razvoju da se bave i uživaju u sportu (Bloemen et al., 2015; Li et al., 2016; MacEachern et al., 2022).

Cilj ovog multinacionalnog završnog izvješća je analizirati dobre prakse i iskustva vezana uz metodologiju inkluzivnog obiteljskog sporta kod djece i adolescenata s teškoćama u razvoju od 6 do 18 godina u zemljama koje sudjeluju u projektu Train4Family. Ova analiza će omogućiti razvoj strategija za sprječavanje sjedilačkog načina života i pretilosti u ovoj skupini.

Hipoteza je da će postojati neke zajedničke točke u svim analiziranim zemljama, ali i razlike među njima, koje bi omogućile provođenje zajedničke strategije i intervencije, ali uz potrebne varijacije ovisno o specifičnom kontekstu i okolnostima svake zemlje.

2. METODE

2.1. Uzorak

Analizirano je sljedećih sedam zemalja: Bugarska (n=29), Italija (n=13), Turska (n=12), Hrvatska (n=11), Španjolska (n=8), Slovenija (n=7) i Bosna (n=6). Na taj je način ukupan uzorak sastavljen od 86 srodnika djece i adolescenata s teškoćama u razvoju od 6 do 18 godina koji se bave inkluzivnim sportom.

2.2. Instrument i postupak

U tu svrhu osmišljena je i primijenjena Anketa o zadovoljstvu obitelji za procjenu zadovoljstva obitelji organizacijama koje pružaju ove sportske usluge. Dimenzije procijenjene u ovom upitniku bile su sljedeće: Dimenzija 1: Komunikacija i informiranje; 2. dimenzija: Resursi, programi i usluge; Dimenzija 3: Obuka i kapaciteti; Dimenzija 4: Koordinacija, transparentnost, praćenje i zadovoljstvo. Upitnik ima ukupno 24 stavke, po 6 u svakoj dimenziji. Stavke se ocjenjuju na ljestvici od 1 do 10, gdje 1 znači "vrlo nezadovoljan", a 10 znači "vrlo zadovoljan". Upitnik je preveden na sedam jezika sedam zemalja sudionica, a sudionici su ga ispunili online.

2.3. Statistička analiza

Izračunate su učestalosti i postoci svake od stavki upitnika, također provedena segmentacija po zemlji kako bi se procijenile razlike između sedam zemalja sudionica. Rezultati su prikazani u obliku stupčastih dijagrama i kružnih dijagrama.

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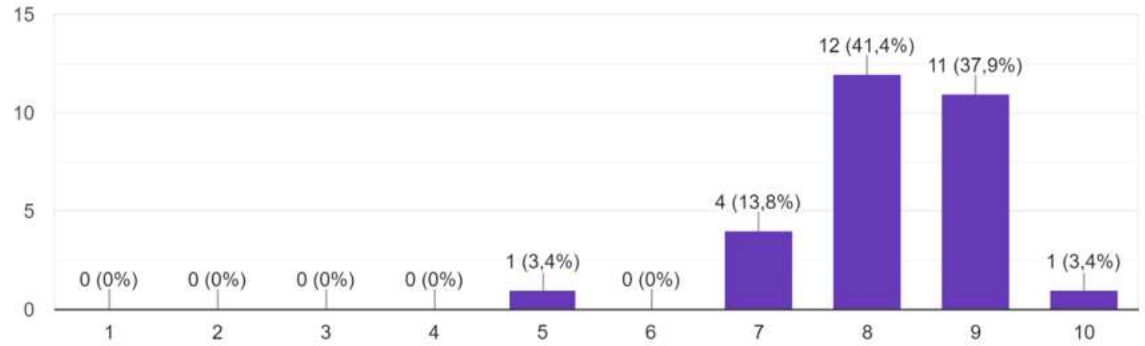
3. REZULTATI

1. DIMENZIJA: KOMUNIKACIJA I INFORMACIJE.

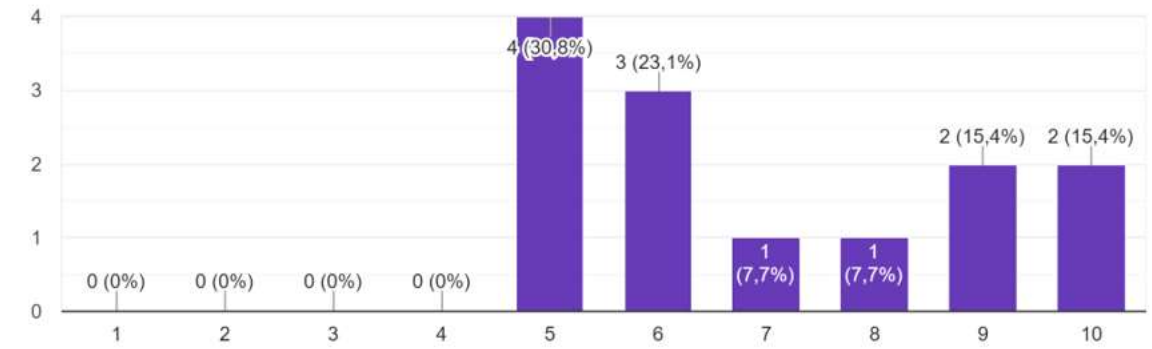
1. Kako biste ocijenili učinkovitost trenutne komunikacije s organizacijama koje podržavaju osobe s invaliditetom?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (5-10), Italija (5-10), Turska (4-10), Hrvatska (5-9), Španjolska (5-9), Slovenija (3-10), i Bosna (3-9).

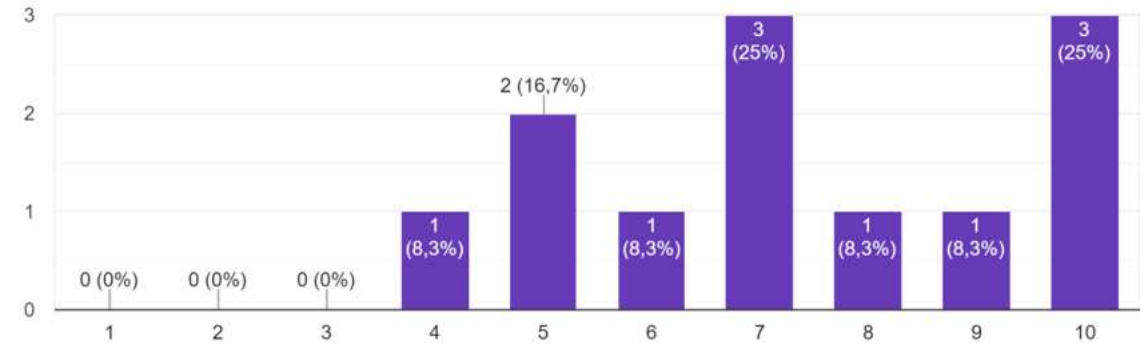
BUGARSKA (n=29)



ITALIJA (n=13)



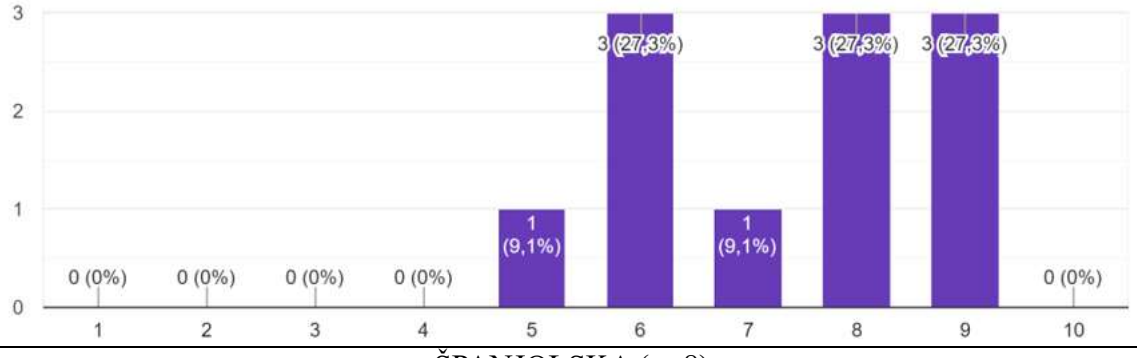
TURSKA (n=12)



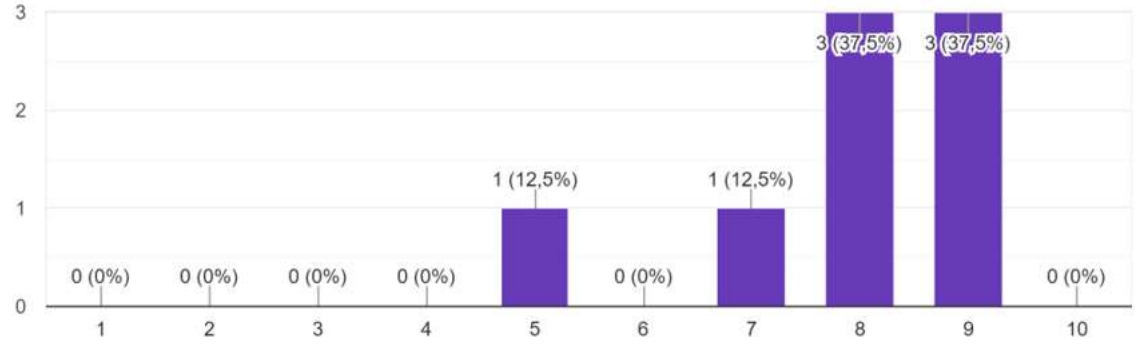
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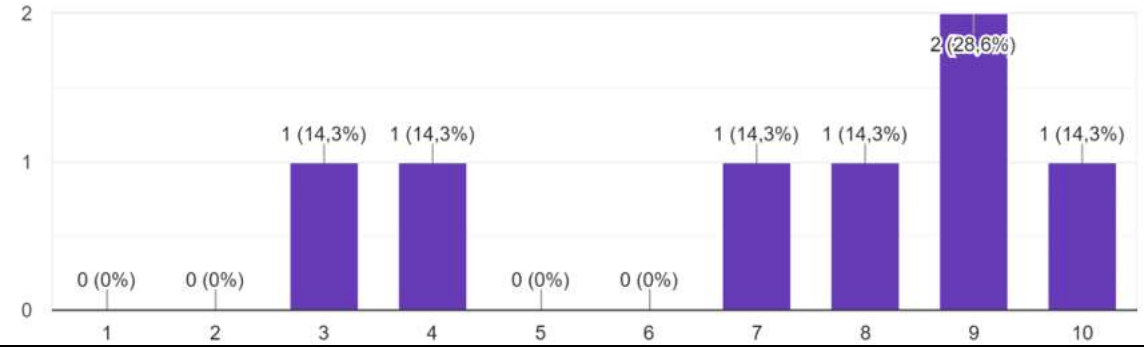
HRVATSKA (n=11)



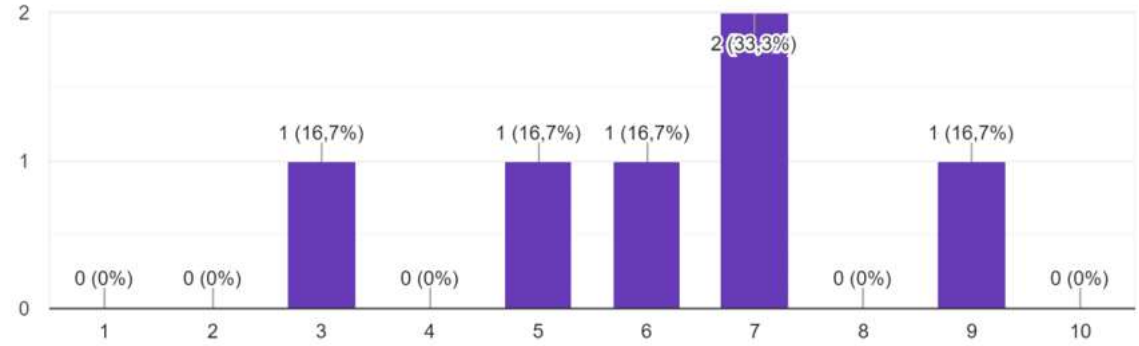
ŠPANJOLSKA (n=8)



SLOVENIJA (n=7)



BOSNA (n=6)

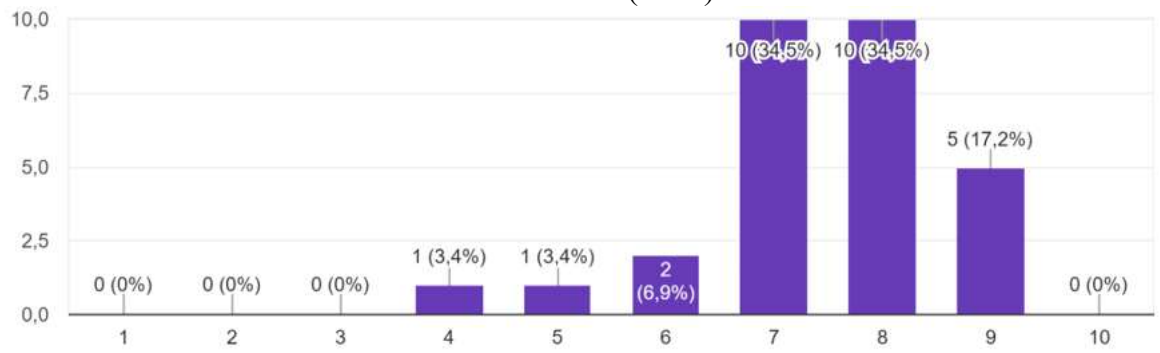


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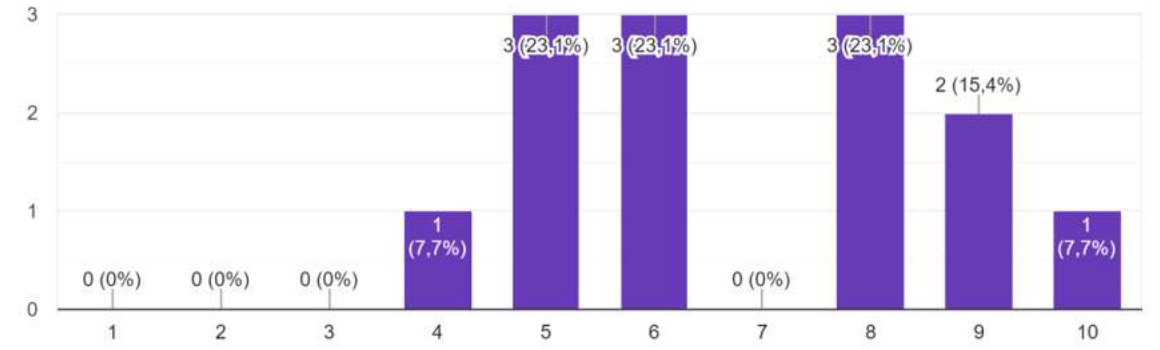
2. Što mislite o komunikacijskim kanalima koji su dostupni za interakciju s tim organizacijama?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (4-9), Italija (4-10), Turska (3-10), Hrvatska (5-10), Španjolska (4-9), Slovenija (3-10), i Bosna (3-8).

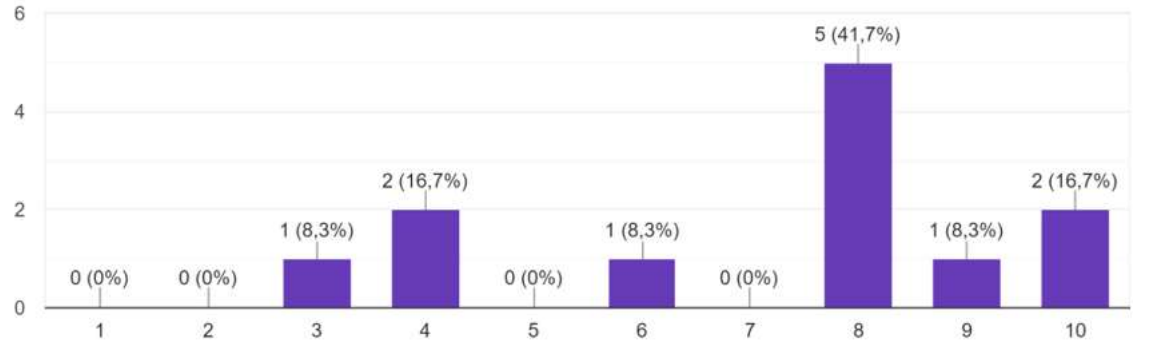
BUGARSKA (n=29)



ITALIJA (n=13)



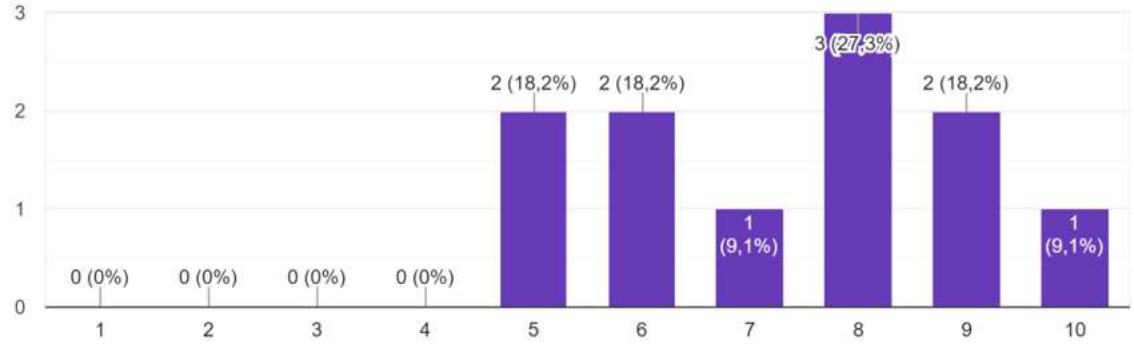
TURSKA (n=12)



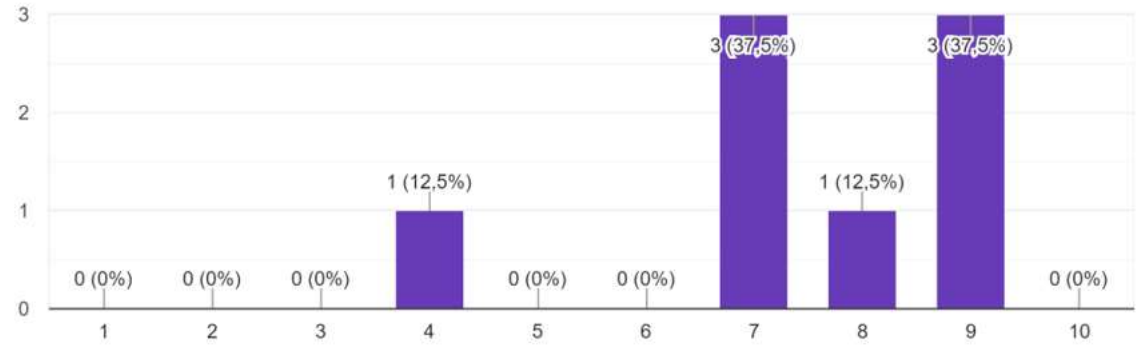
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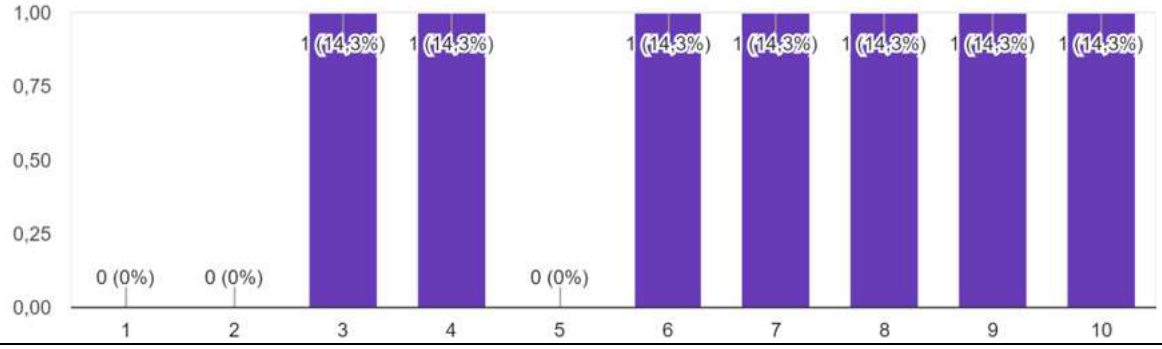
HRVATSKA (n=11)



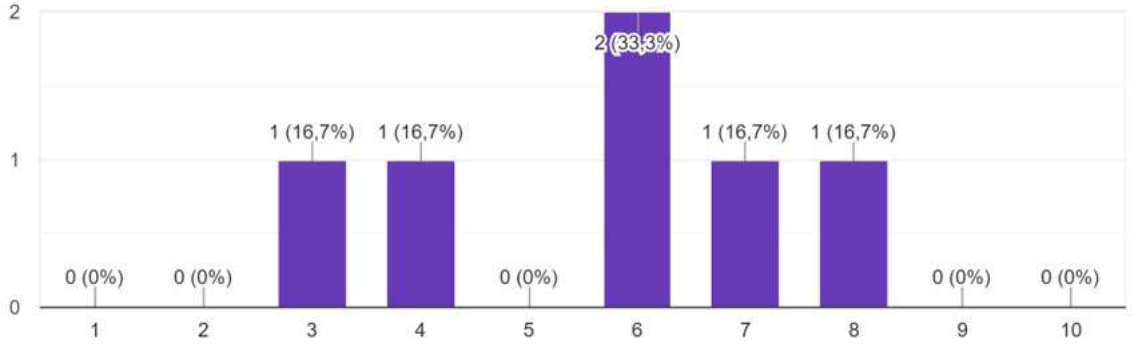
ŠPANJOLSKA (n=8)



SLOVENIJA (n=7)



BOSNA (n=6)



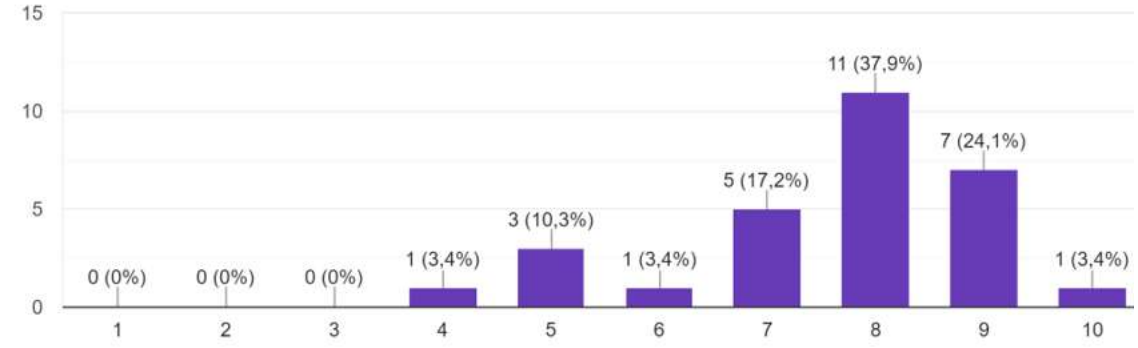
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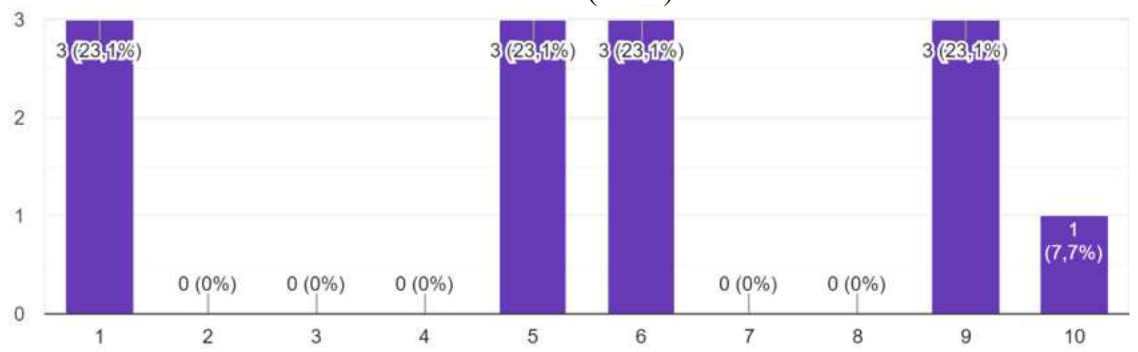
3. Smatrate li da su komunikacijski kanali dovoljni?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (4-10), Italija (1-10), Turska (1-10), Hrvatska (5-10), Španjolska (4-10), Slovenija (1-10), i Bosna (2-9).

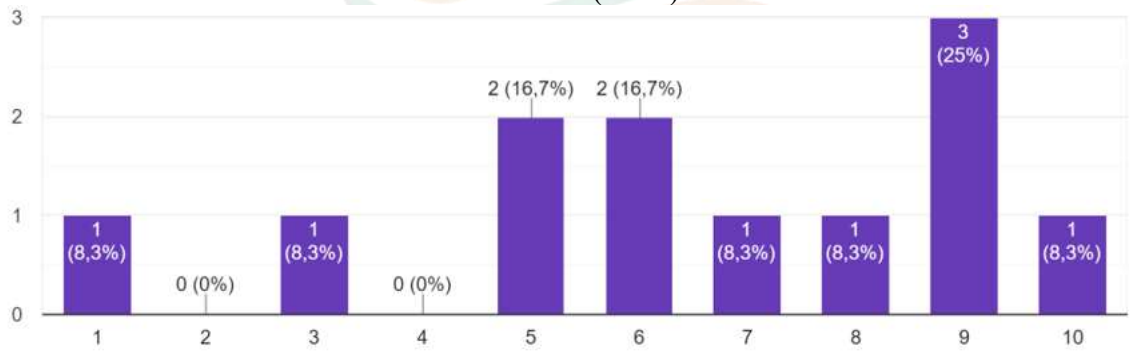
BUGARSKA (n=29)



ITALIJA (n=13)

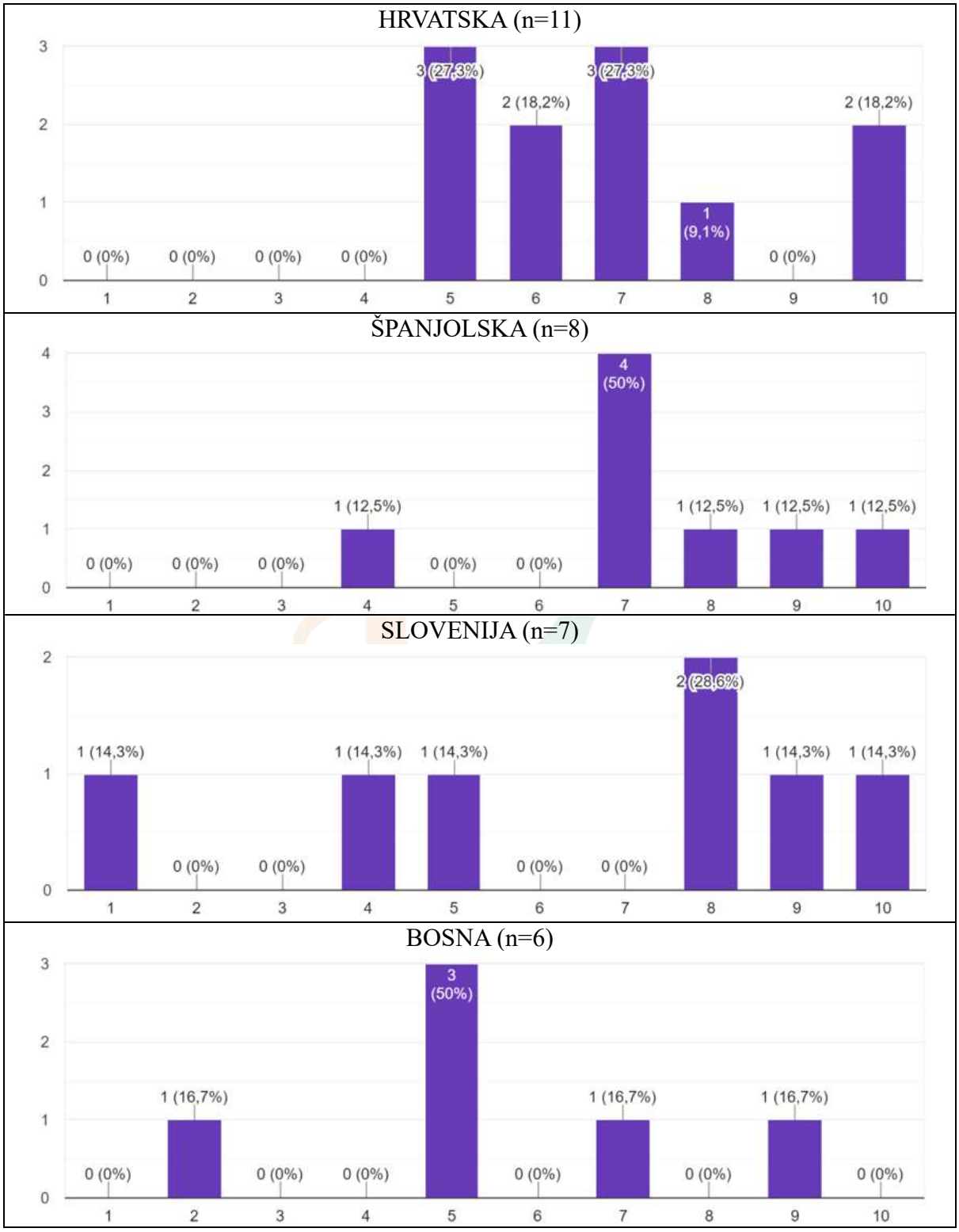


TURSKA (n=12)



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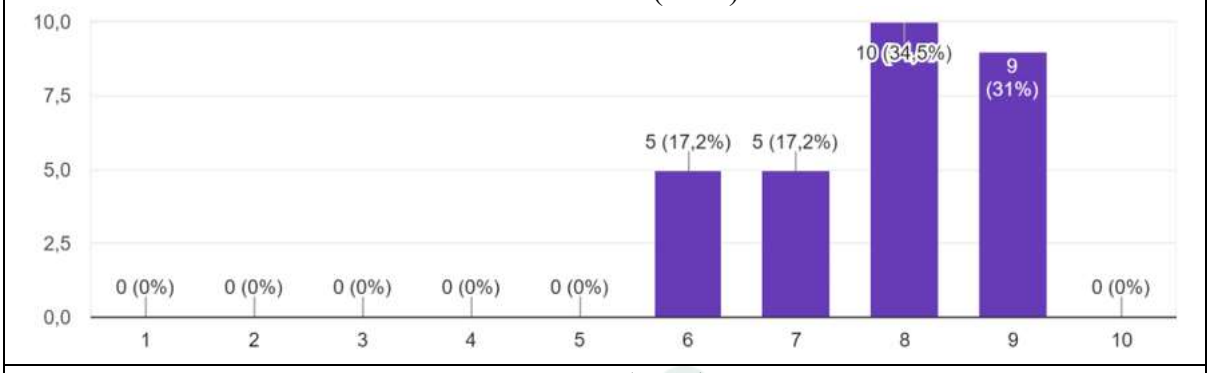


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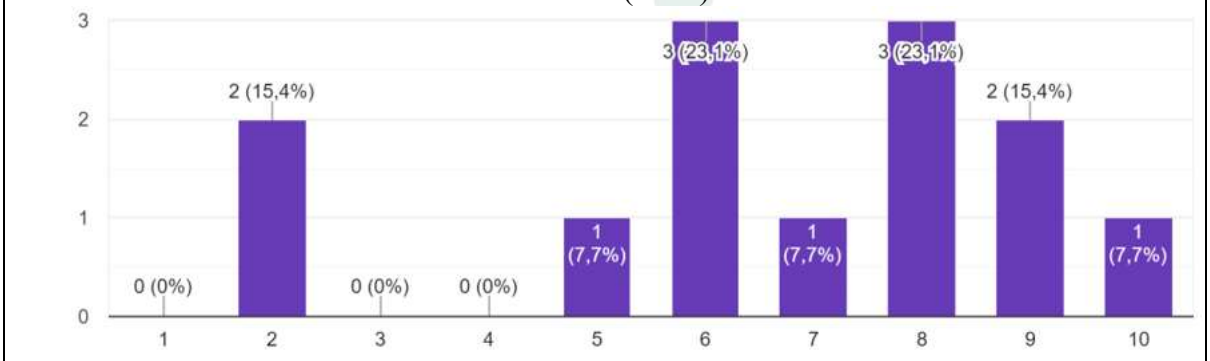
4. Koliko ste zadovoljni količinom i relevantnošću informacija koje dobivate od ovih organizacija?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (6-9), Italija (2-10), Turska (1-10), Hrvatska (5-10), Španjolska (5-9), Slovenija (3-10), i Bosna (5-9).

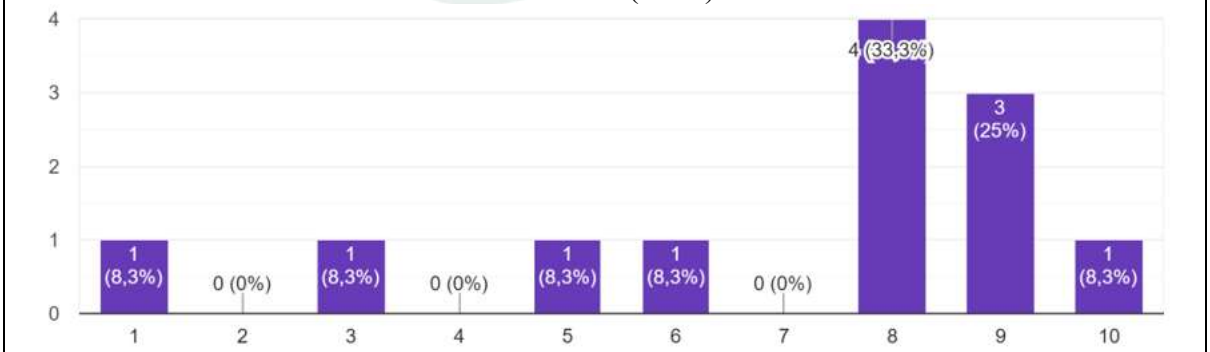
BUGARSKA (n=29)



ITALIJA (n=13)

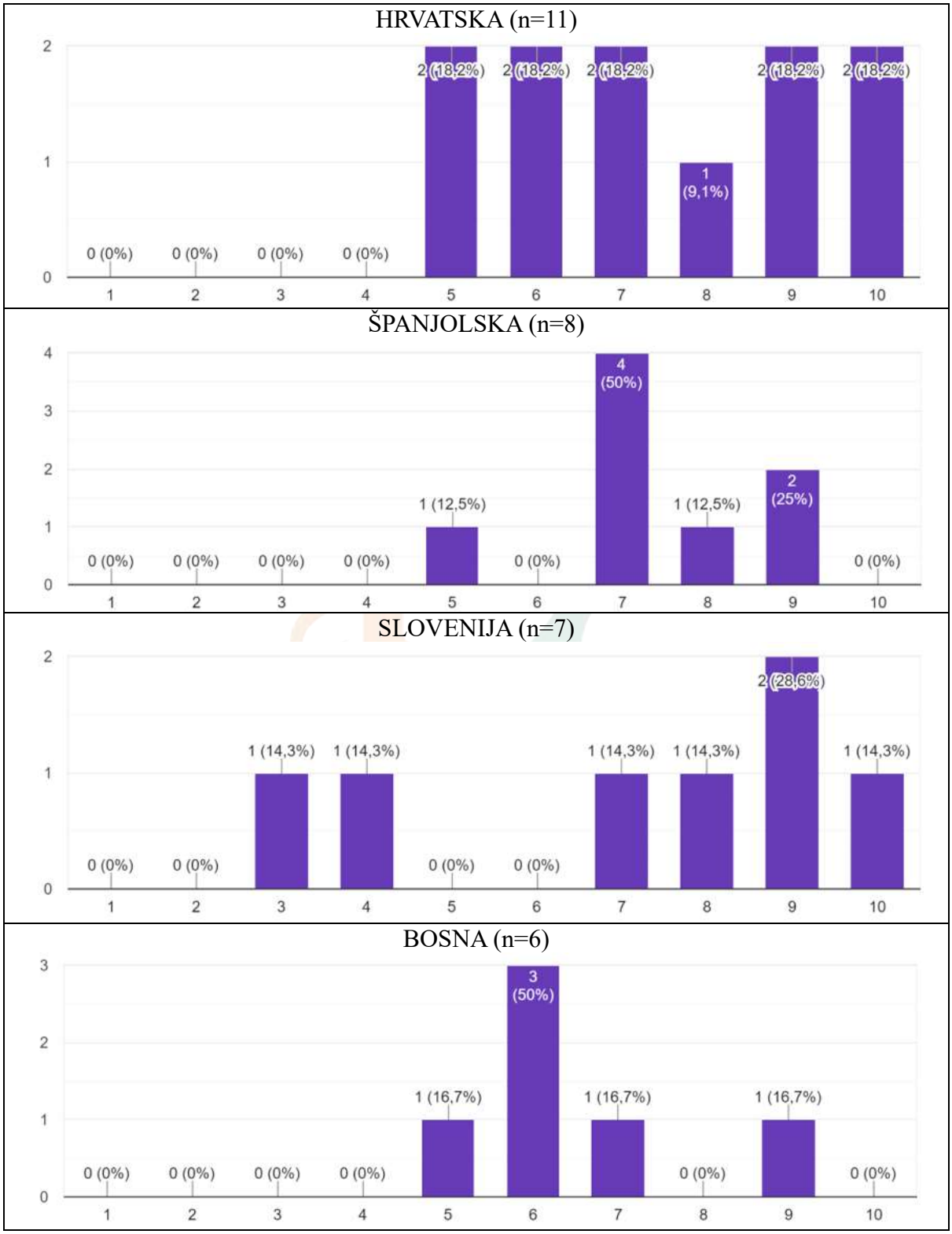


TURSKA (n=12)



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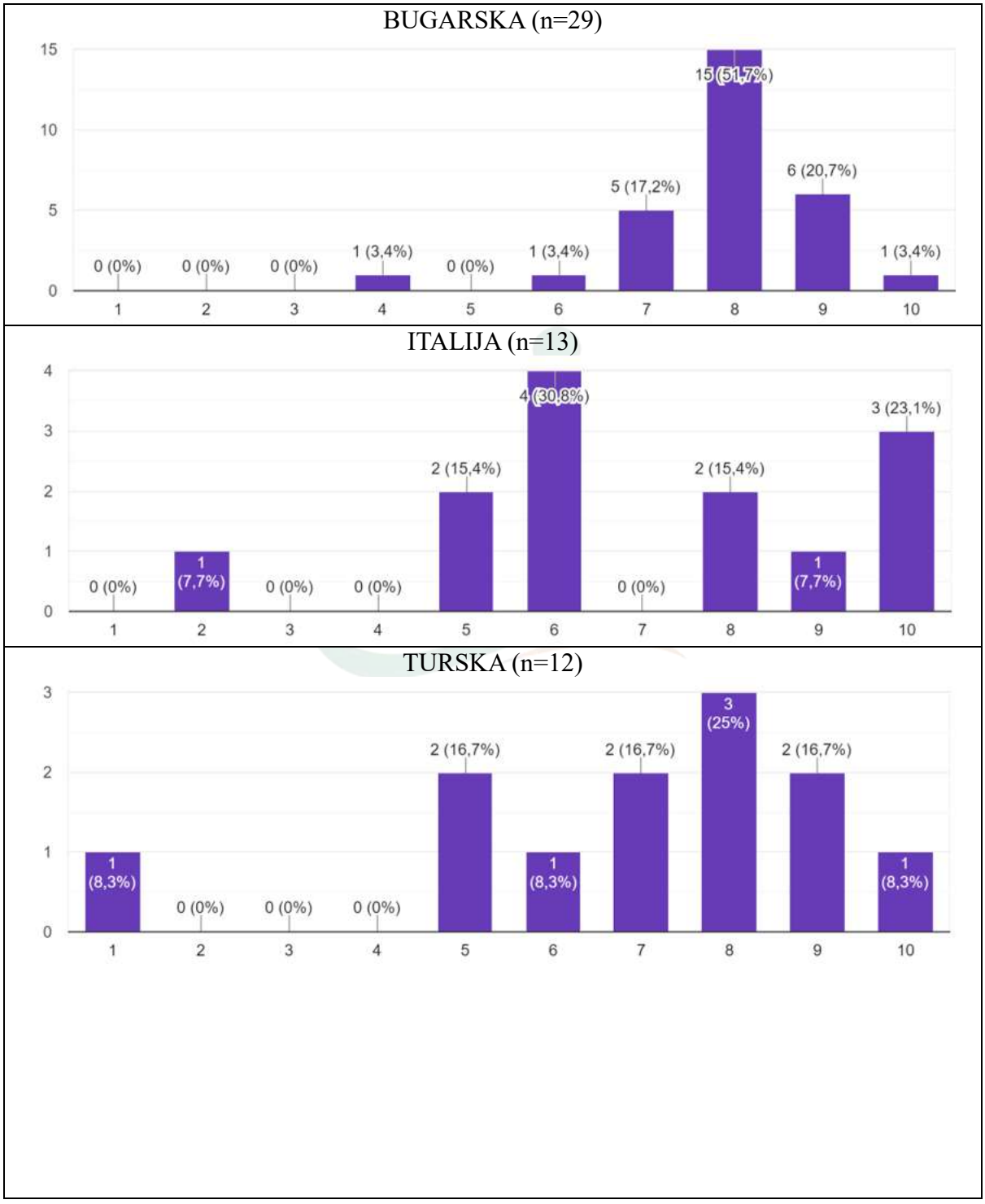
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5. Kako biste ocijenili jasnoću informacija koje pružaju organizacije koje podupiru osobe s invaliditetom?

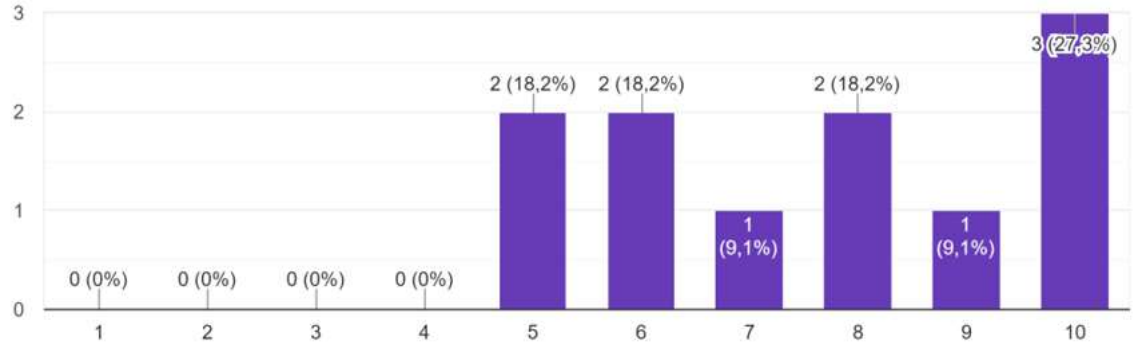
Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (4-10), Italija (2-10), Turska (1-10), Hrvatska (5-10), Španjolska (6-10), Slovenija (3-10), i Bosna (4-8).



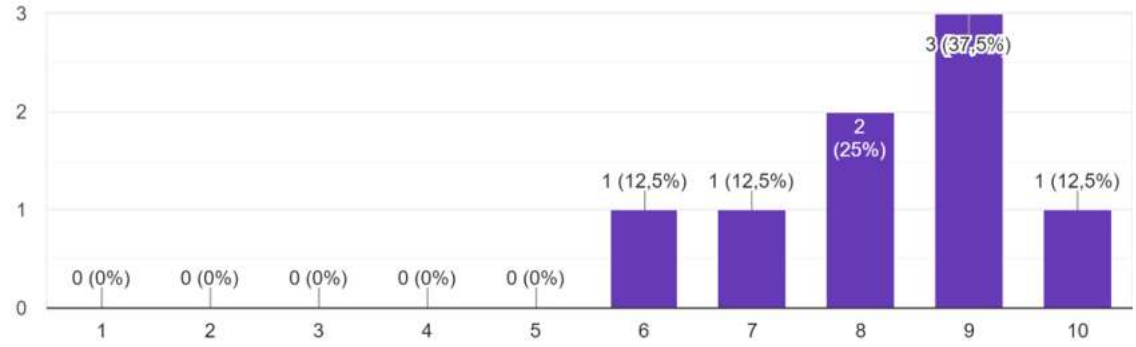
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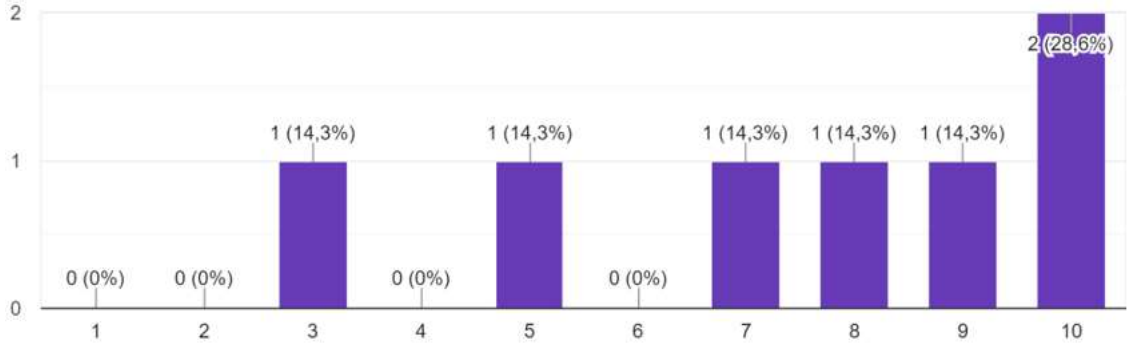
HRVATSKA (n=11)



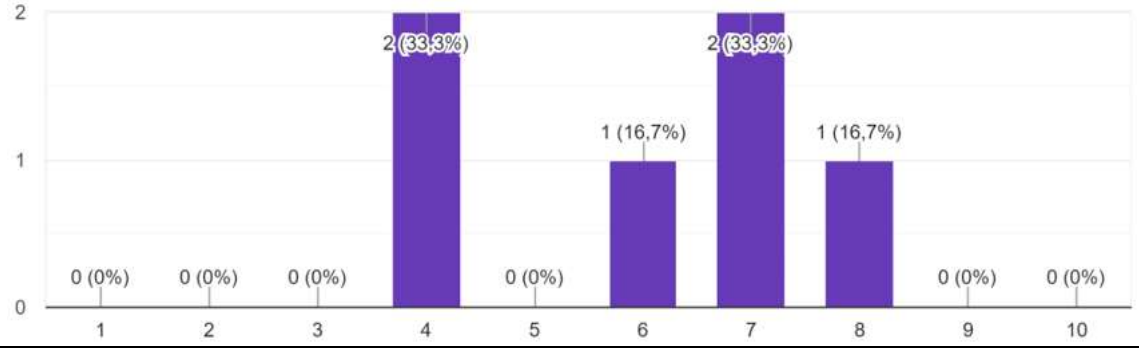
ŠPANJOLSKA (n=8)



SLOVENIJA (n=7)



BOSNA (n=6)

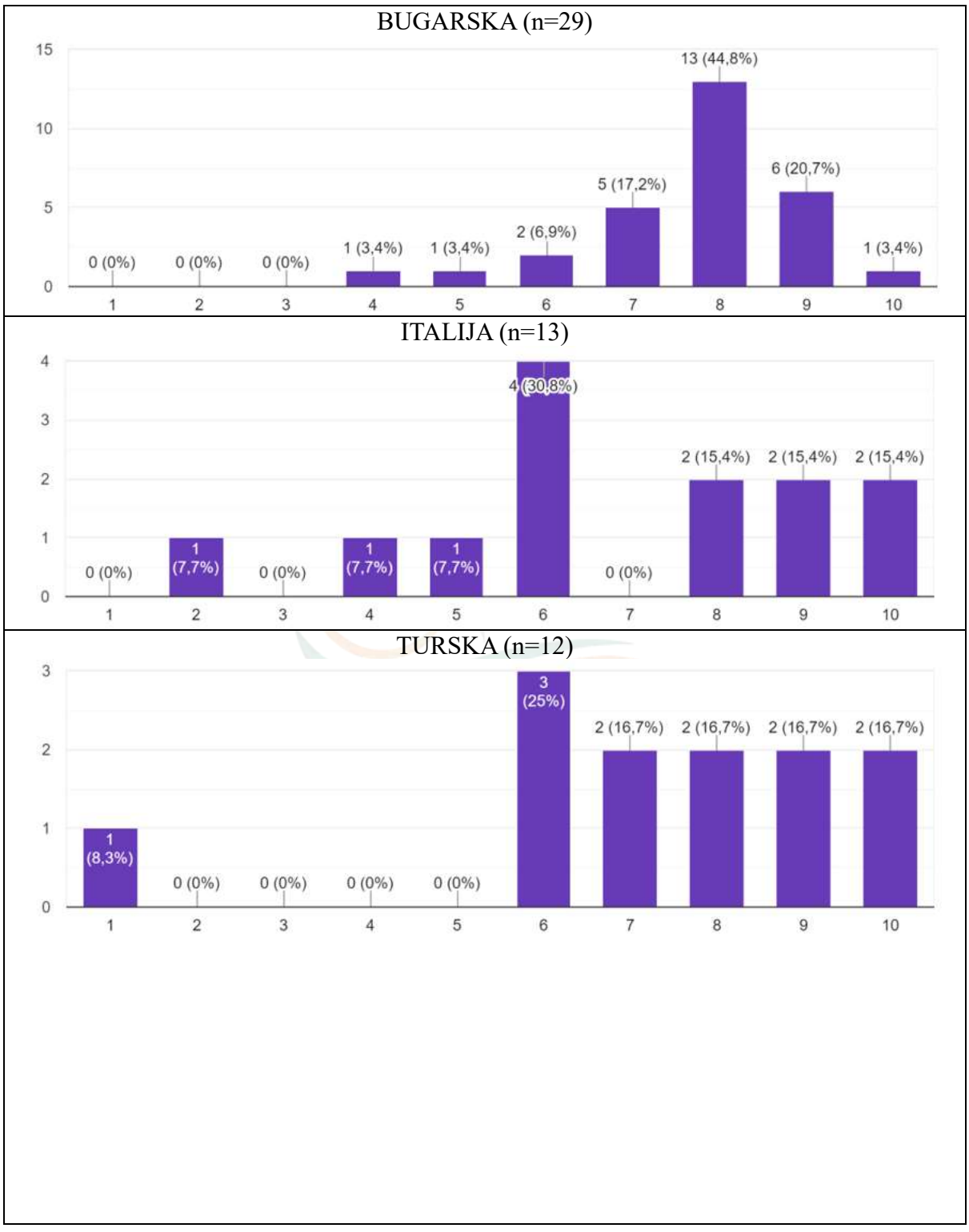


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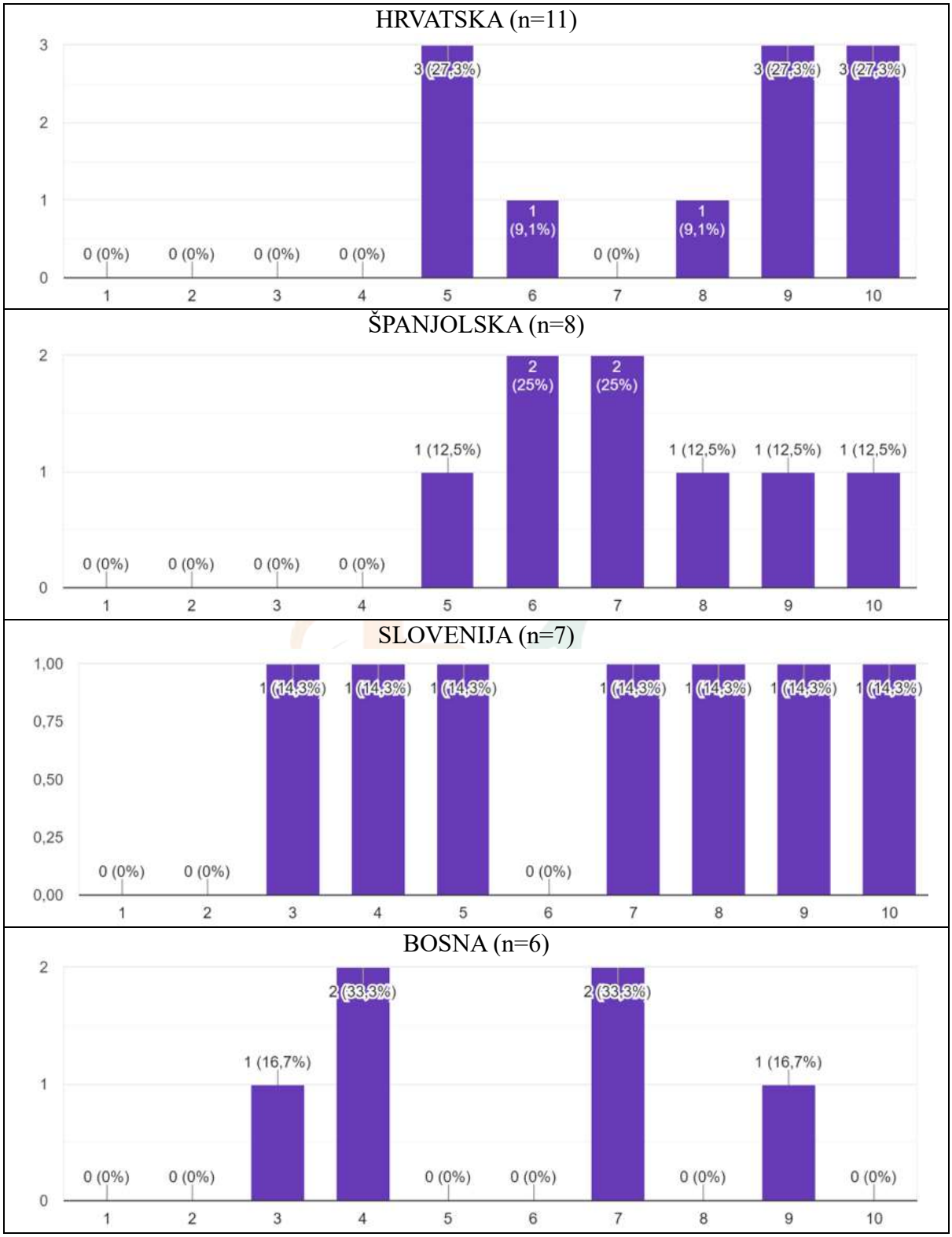
6. Kako te organizacije osiguravaju dostupnost informacija?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (4-10), Italija (2-10), Turska (1-10), Hrvatska (5-10), Španjolska (5-10), Slovenija (3-10), i Bosna (3-9).



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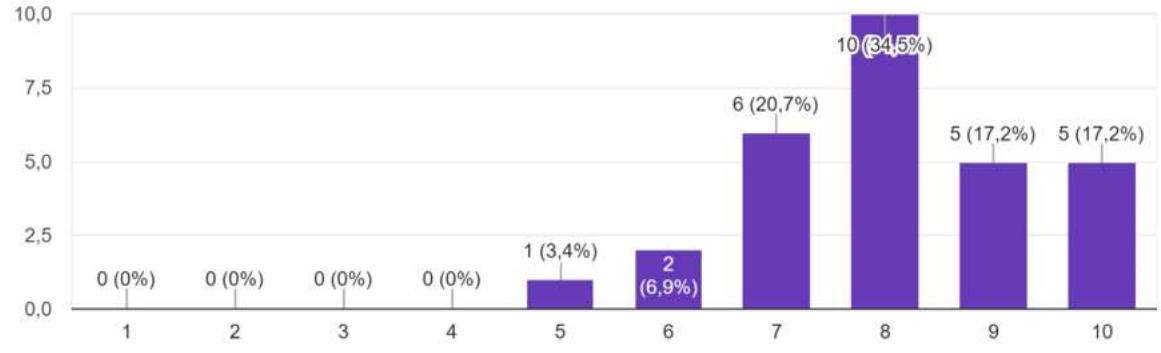
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2. DIMENZIJA: RESURSI, PROGRAMI I USLUGE.

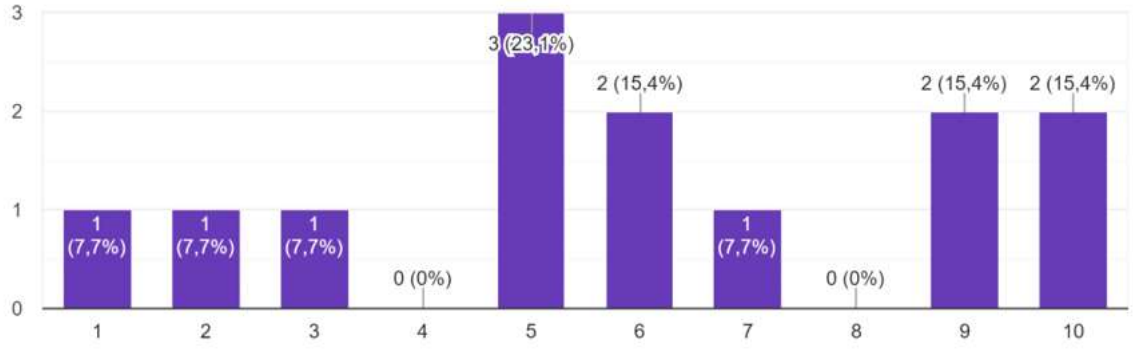
7. Što mislite o dostupnosti resursa i usluga za vašu obitelj u vezi s vašim invaliditetom?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (5-10), Italija (1-10), Turska (1-10), Hrvatska (4-10), Španjolska (5-9), Slovenija (1-10), i Bosna (2-9).

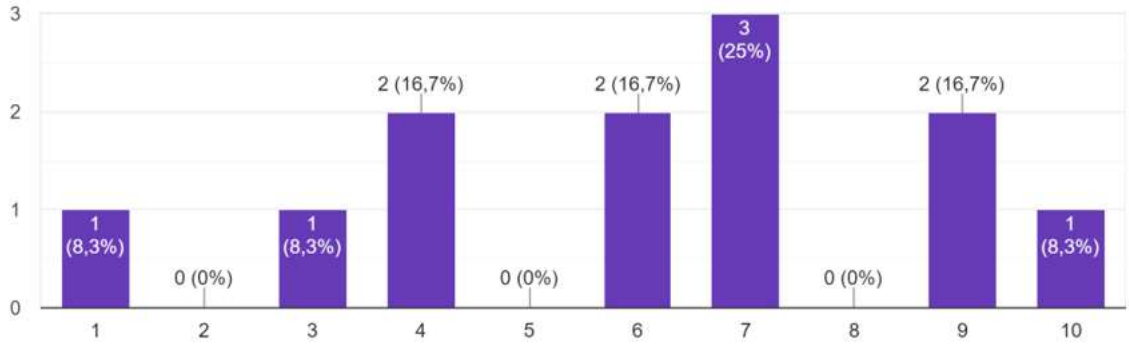
BUGARSKA (n=29)



ITALIJA (n=13)

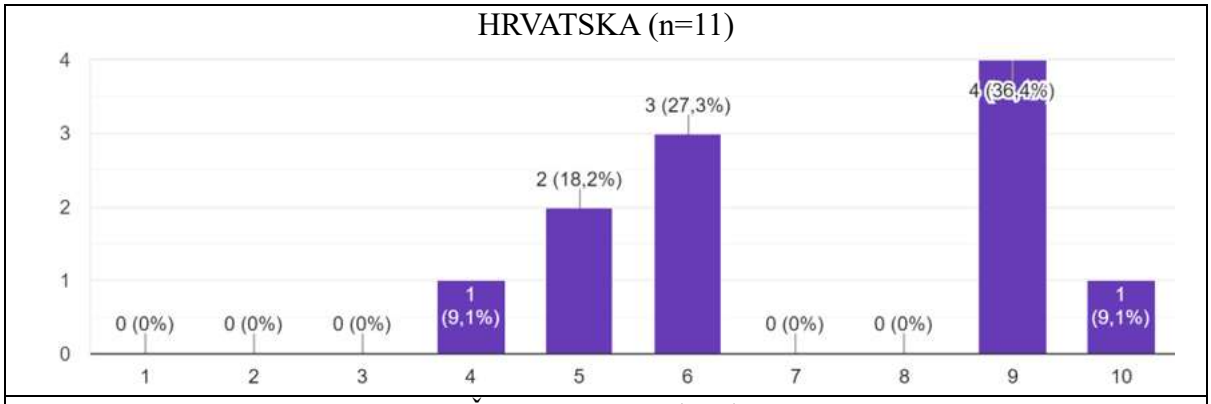


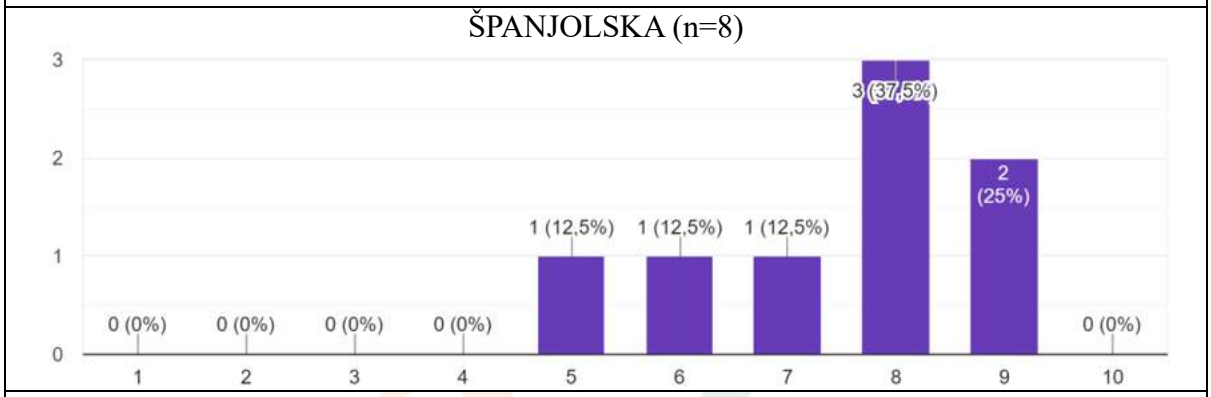
TURSKA (n=12)

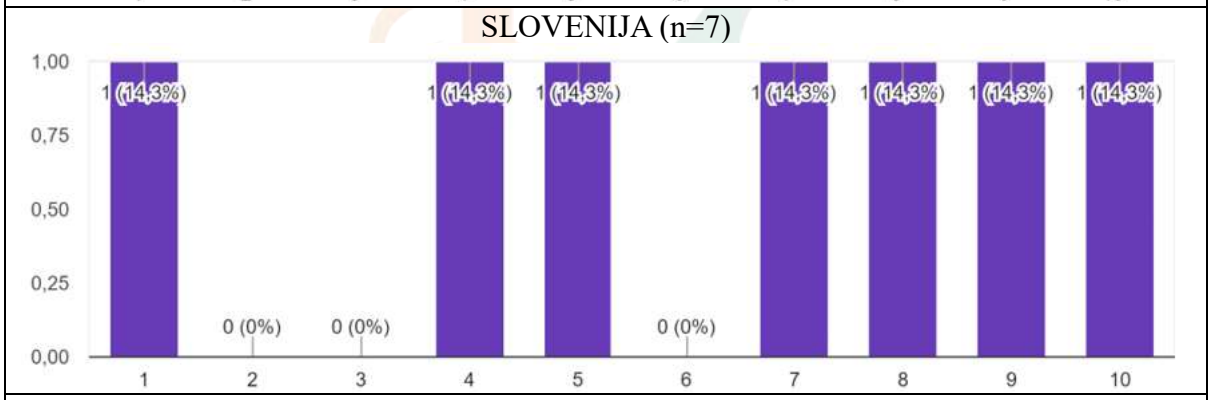


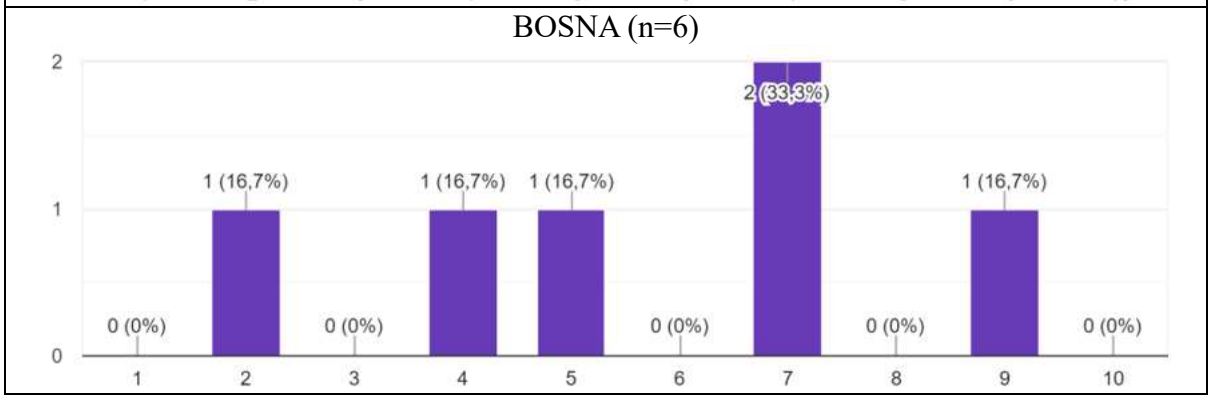
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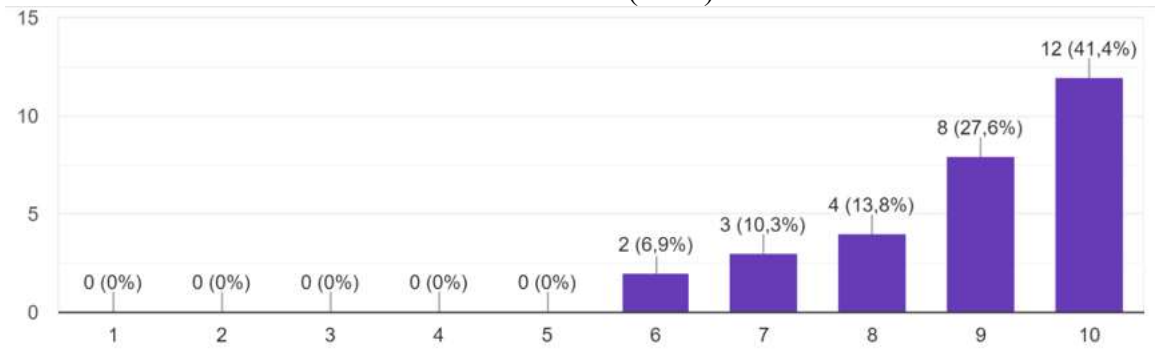


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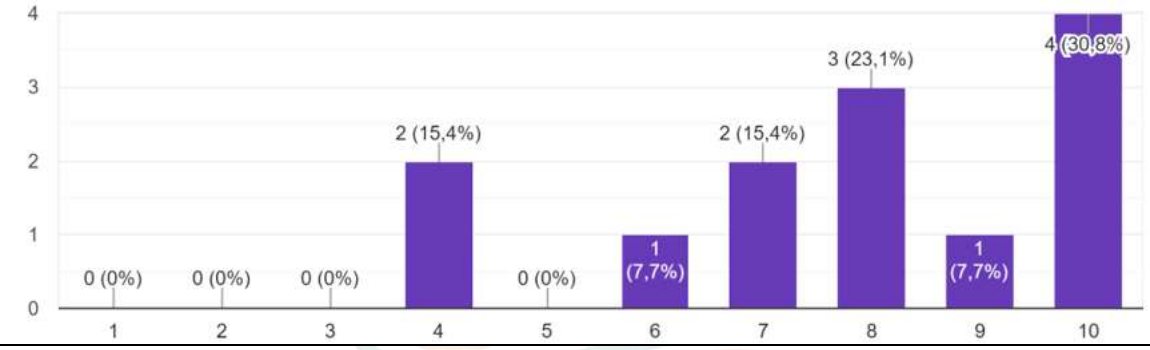
8. Koju važnost pridajete dostupnosti usluga i programa socijalne i emocionalne podrške za obitelji u ovoj situaciji?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (6-10), Italija (4-10), Turska (6-10), Hrvatska (6-10), Španjolska (6-10), Slovenija (7-10), i Bosna (2-9).

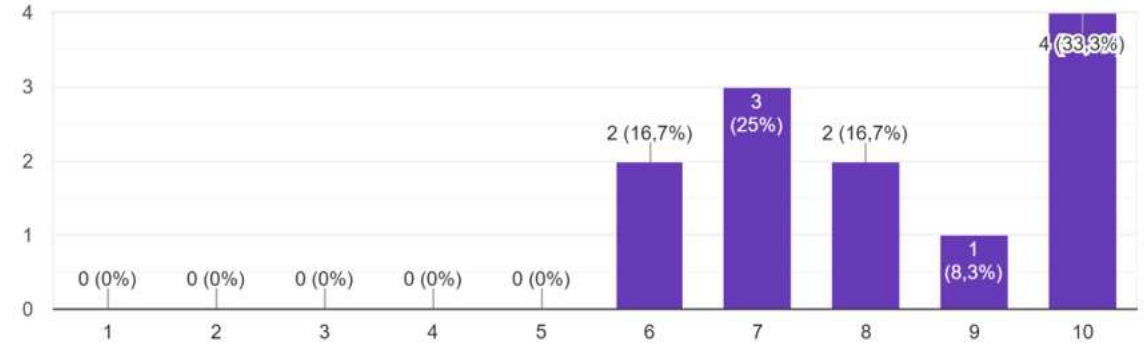
BUGARSKA (n=29)



ITALIJA (n=13)



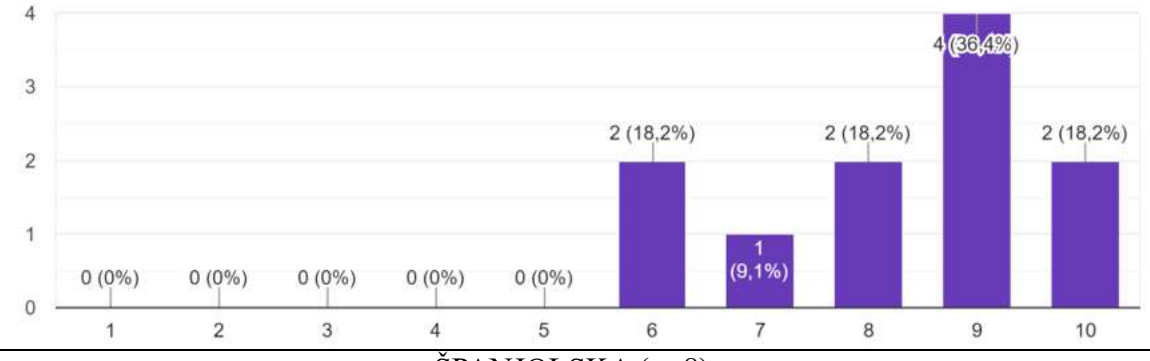
TURSKA (n=12)



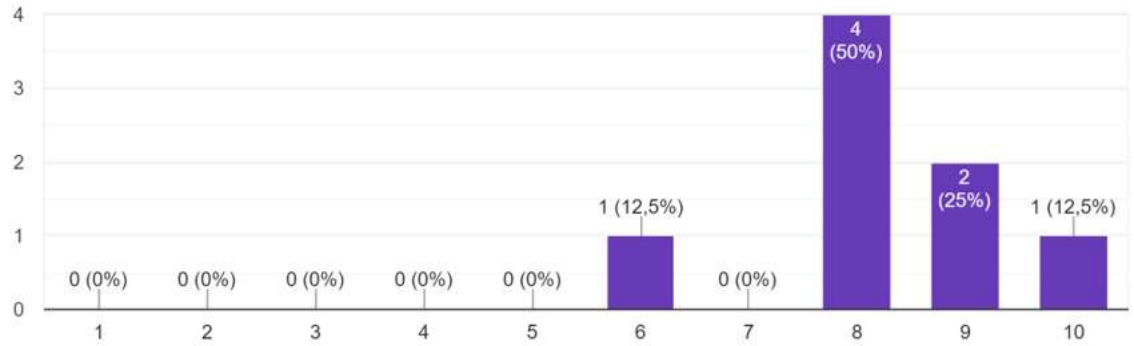
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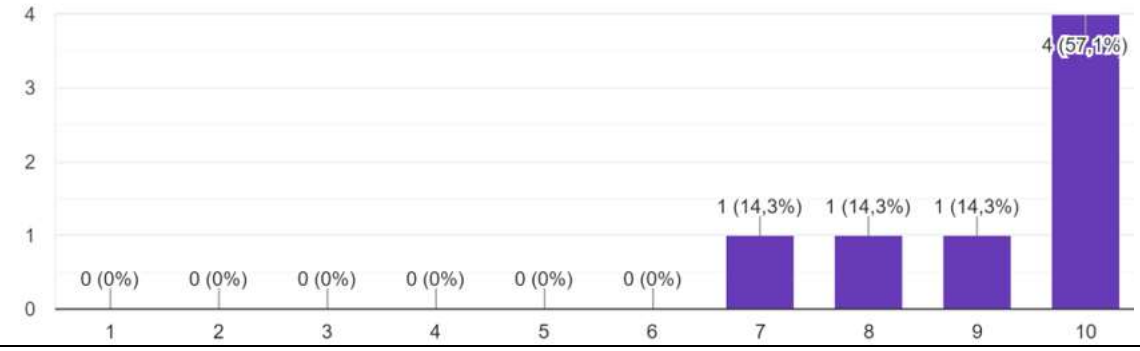
HRVATSKA (n=11)



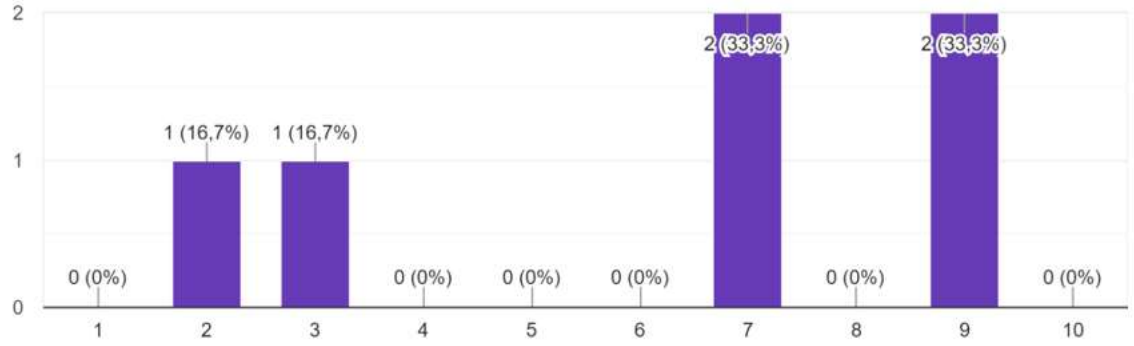
ŠPANJOLSKA (n=8)



SLOVENIJA (n=7)



BOSNA (n=6)

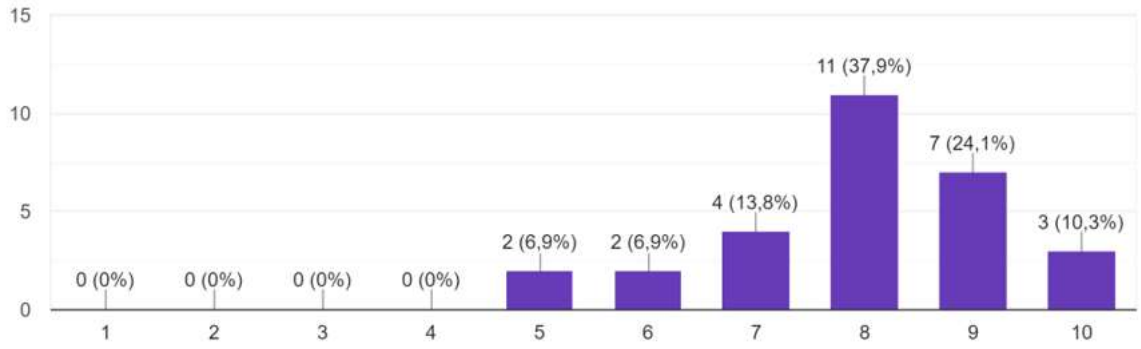


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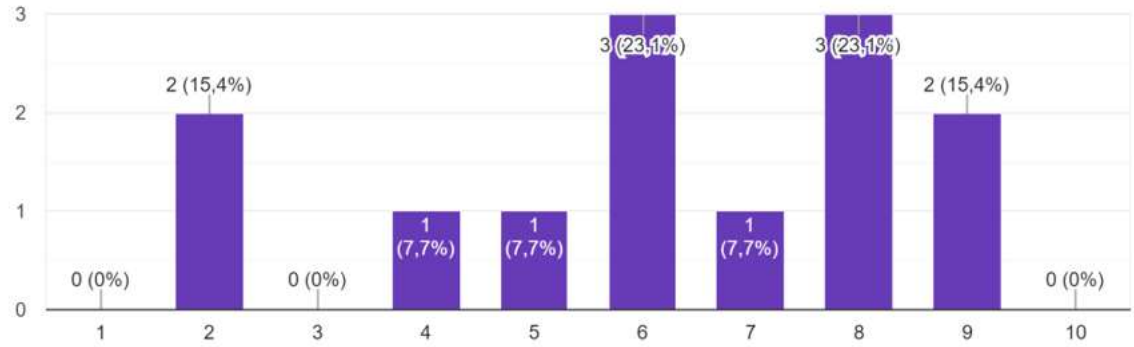
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9. Kako biste ocijenili odgovor ovih organizacija na vaše upite ili zahtjeve?
Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (5-10), Italija (2-9), Turska (4-10), Hrvatska (6-10), Španjolska (6-10), Slovenija (1-10), i Bosna (4-10).

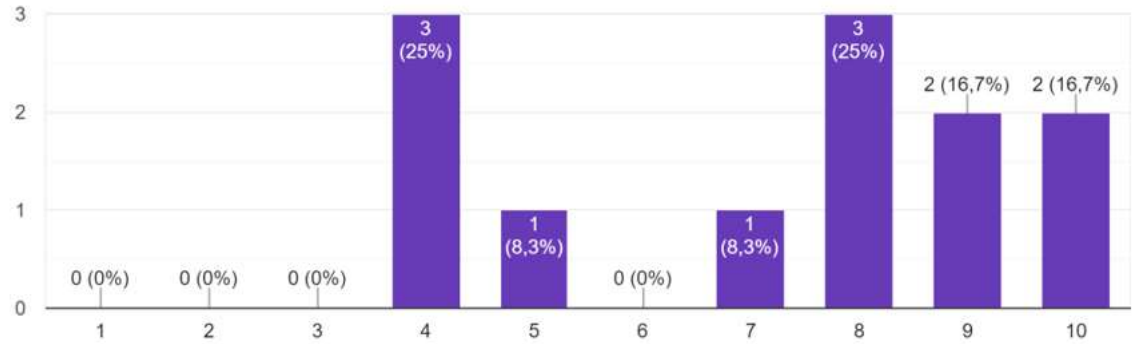
BUGARSKA (n=29)



ITALIJA (n=13)

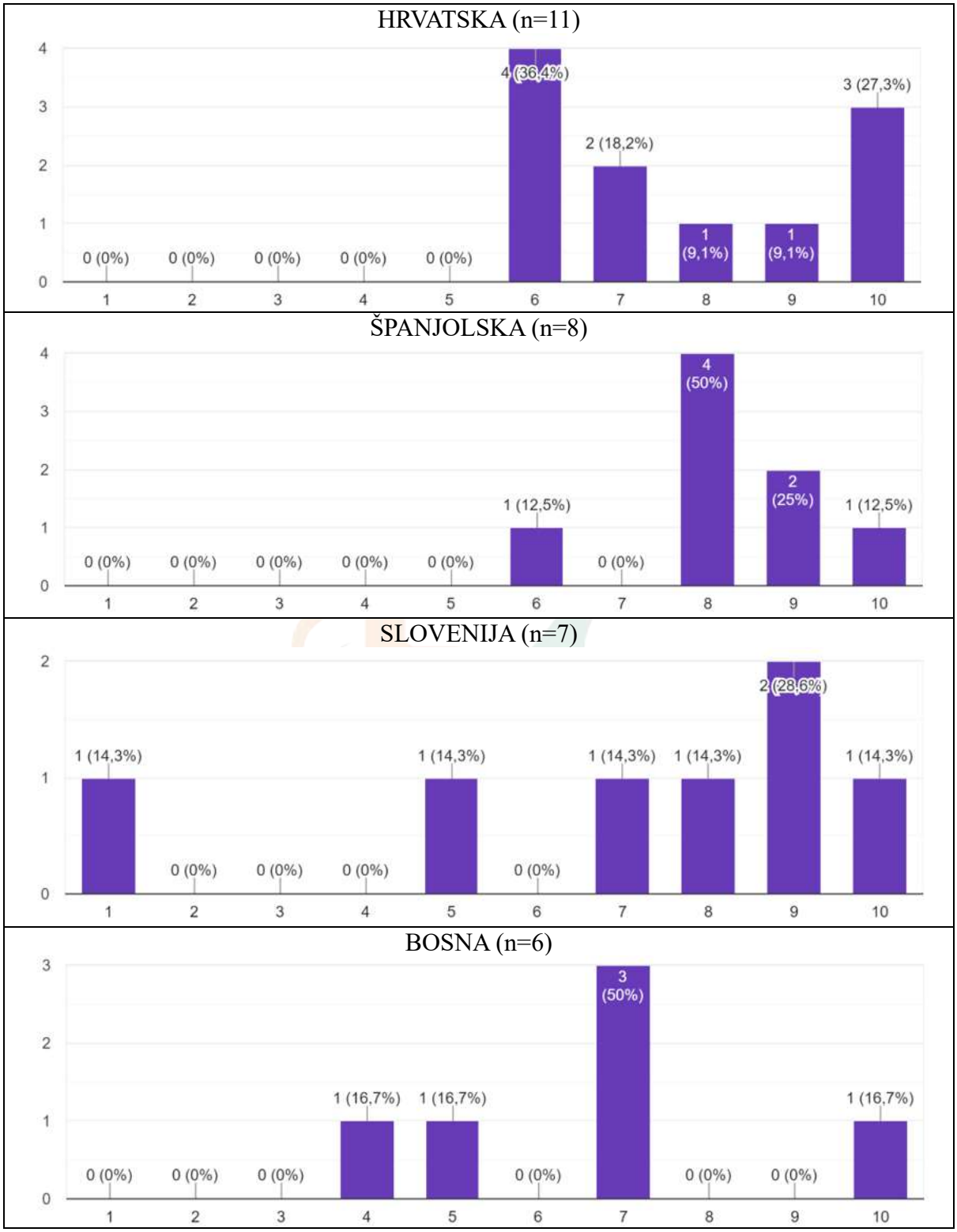


TURSKA (n=12)



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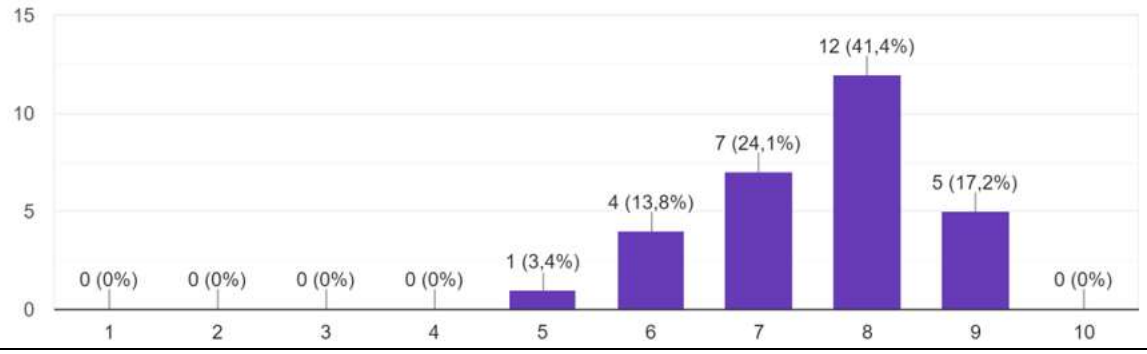


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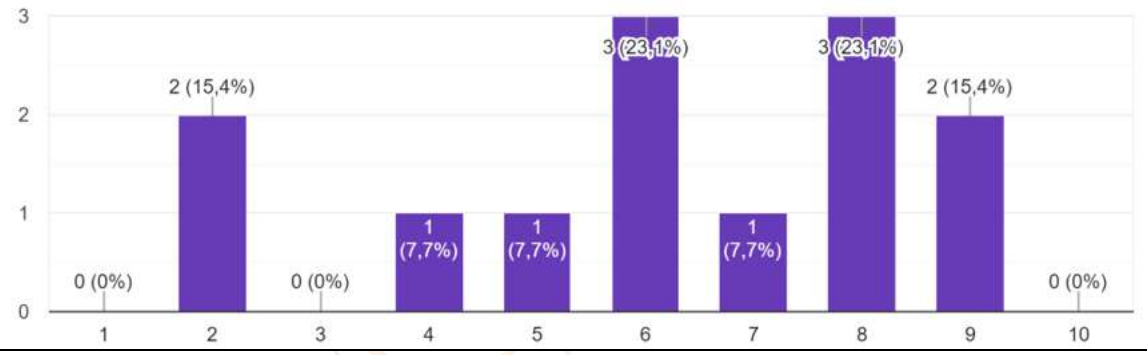
10. A što se tiče ažurnosti u odgovaranju na vaše upite?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (5-9), Italija (2-9), Turska (4-10), Hrvatska (5-9), Španjolska (6-10), Slovenija (1-10), i Bosna (4-10).

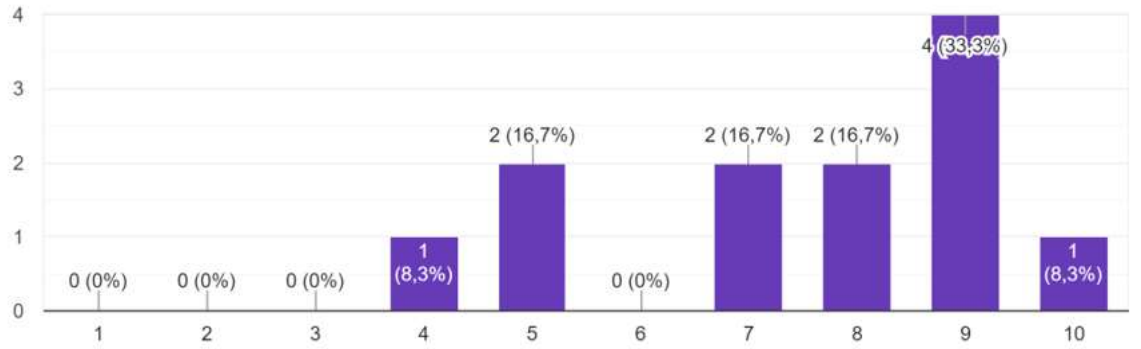
BUGARSKA (n=29)



ITALIJA (n=13)

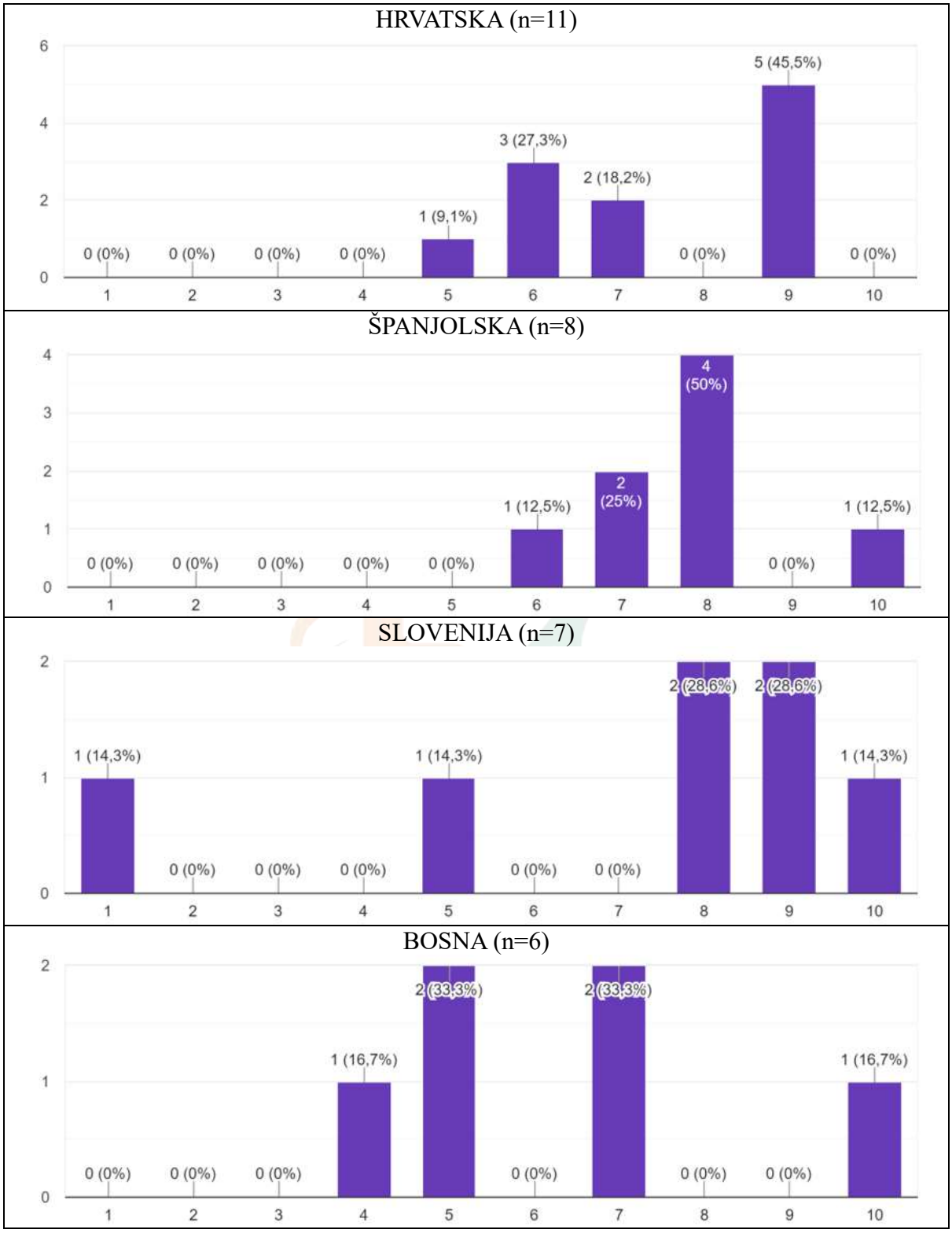


TURSKA (n=12)



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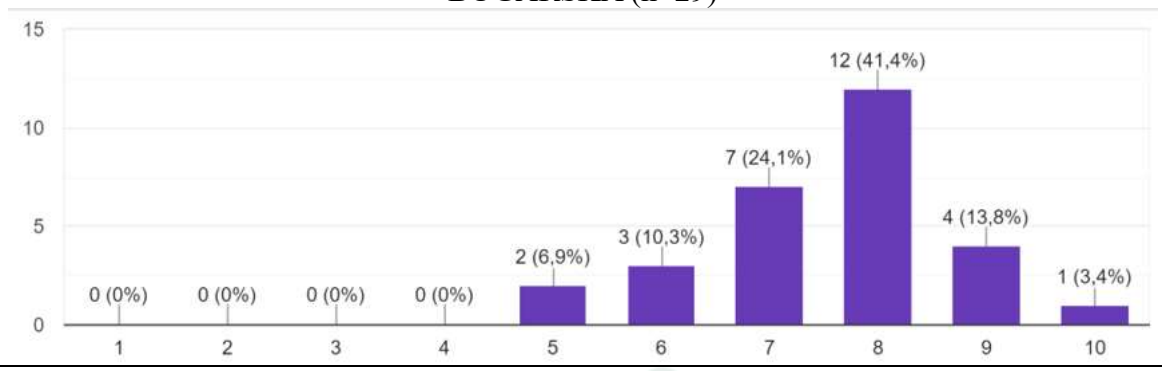


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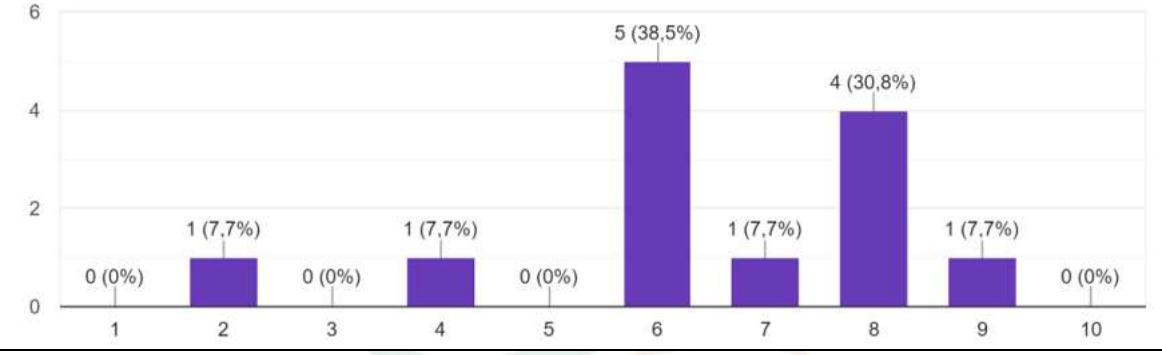
11. Smatrate li da su informativni materijali koje pružaju te organizacije jasni, privlačni, relevantni i ažurni?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (5-10), Italija (2-9), Turska (4-10), Hrvatska (4-10), Španjolska (5-10), Slovenija (4-10), i Bosna (3-9).

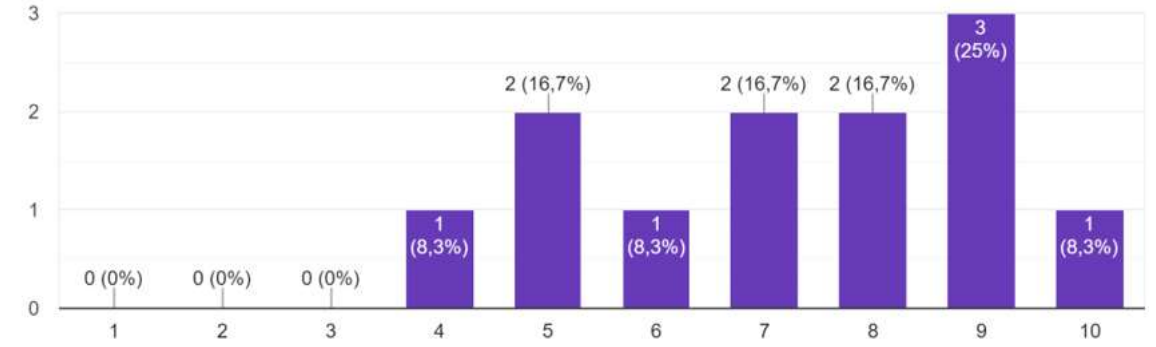
BUGARSKA (n=29)



ITALIJA (n=13)

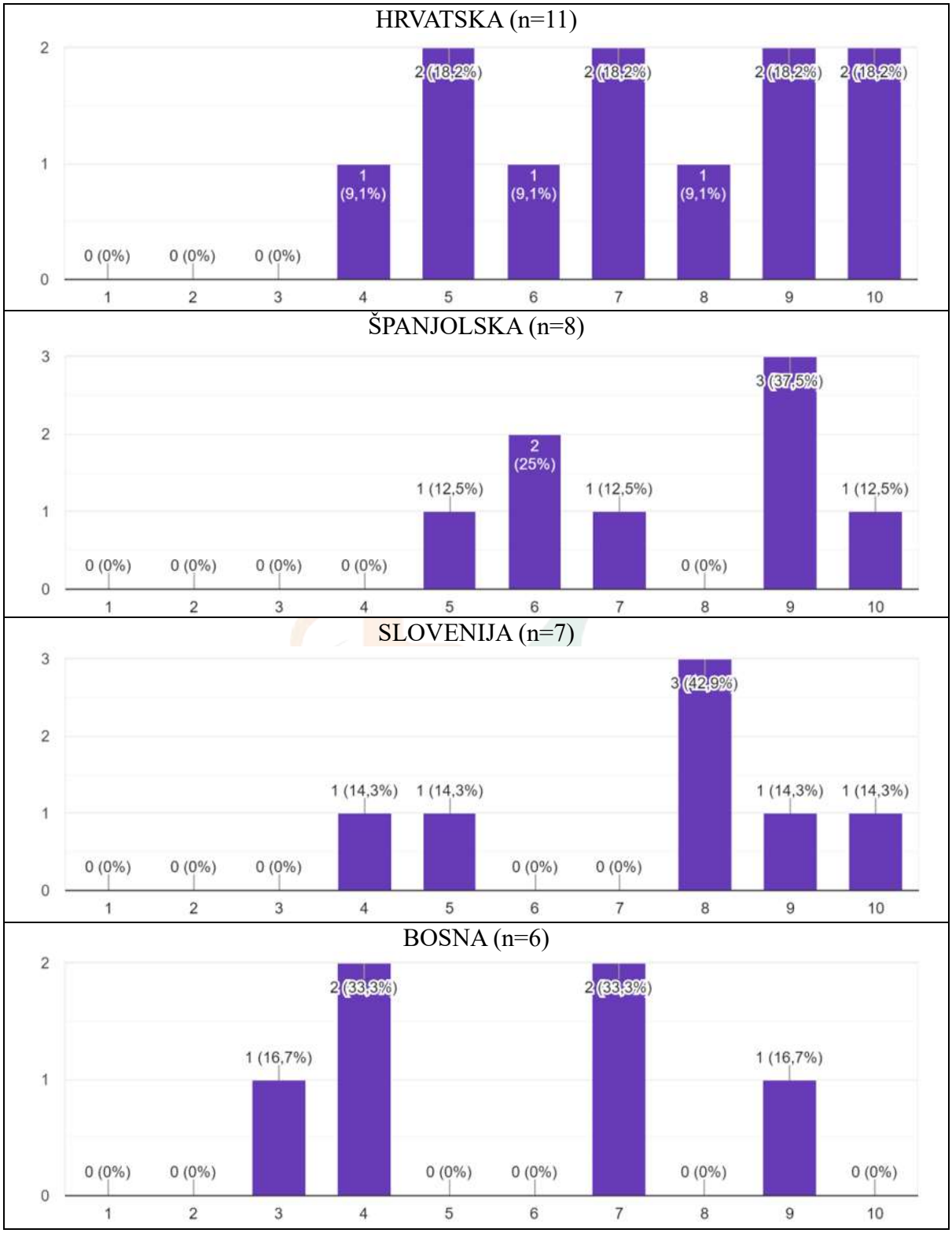


TURSKA (n=12)



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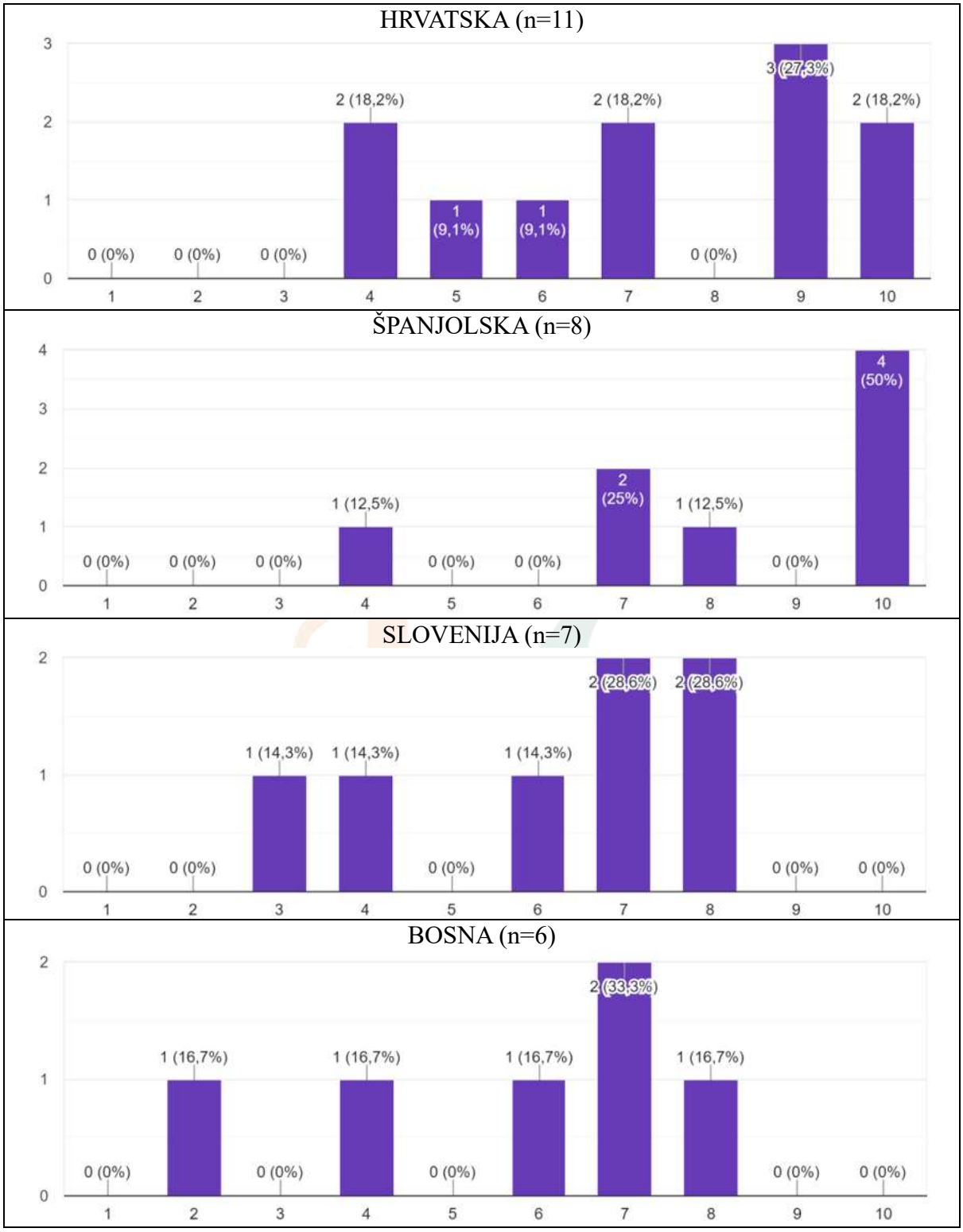
Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

12. Kako biste ocijenili uključivanje mišljenja i iskustava obitelji u osmišljavanje programa i usluga?

Zadovoljstvo ovim pitanjem kretalo se od sljedećih vrijednosti: Bugarska (3-10), Italija (2-9), Turska (5-10), Hrvatska (4-10), Španjolska (4-10), Slovenija (3-8), i Bosna (2-8).



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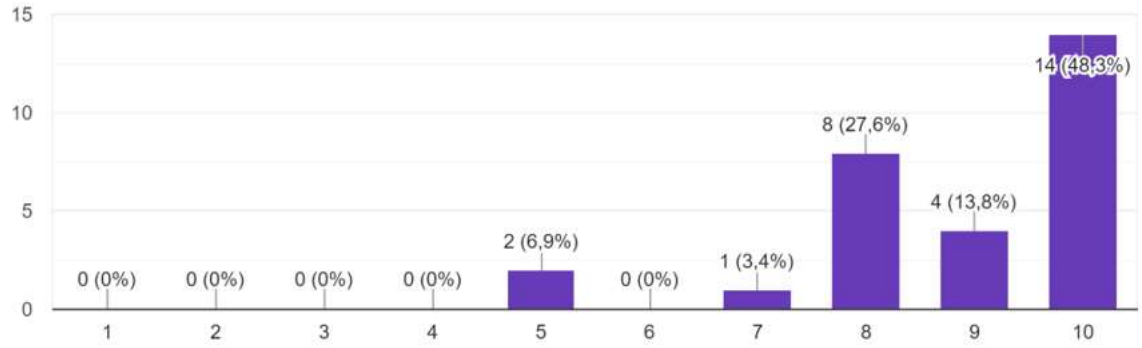
Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

3. DIMENZIJA: OBUKA I KAPACITETI.

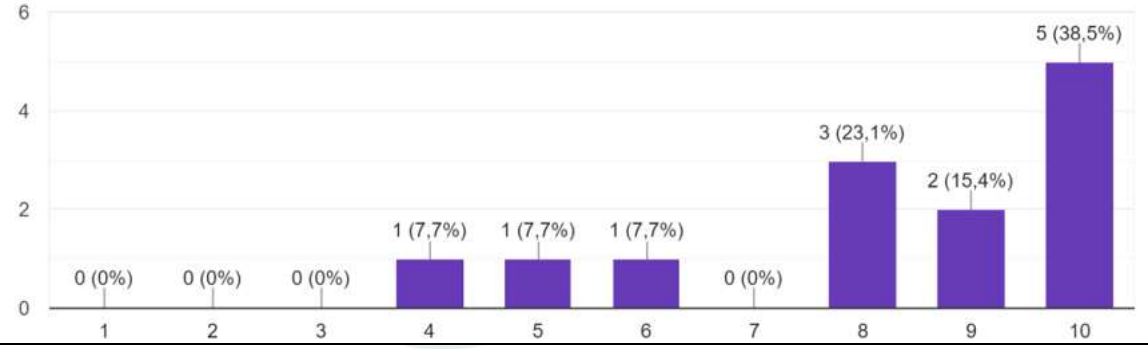
13. Koju važnost pridajete potrebi za obukom ili obukom za obitelji koje imaju članove s invaliditetom?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (5-10), Italija (4-10), Turska (3-10), Hrvatska (7-10), Španjolska (7-10), Slovenija (7-10), i Bosna (6-10).

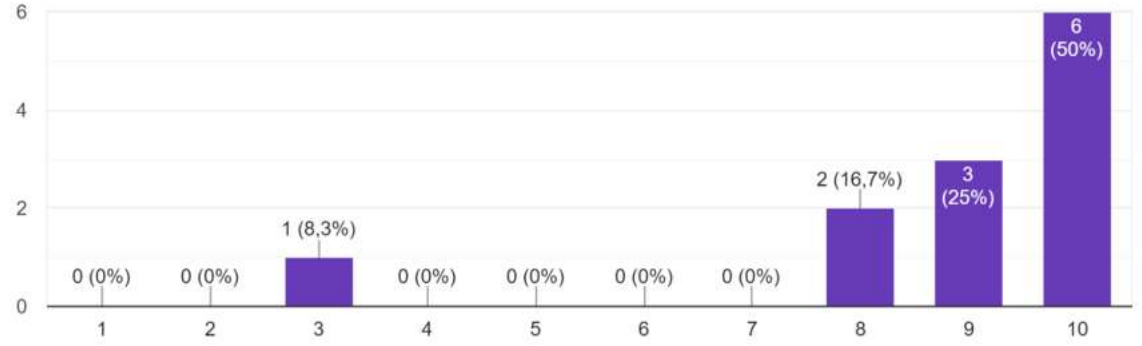
BUGARSKA (n=29)



ITALIJA (n=13)

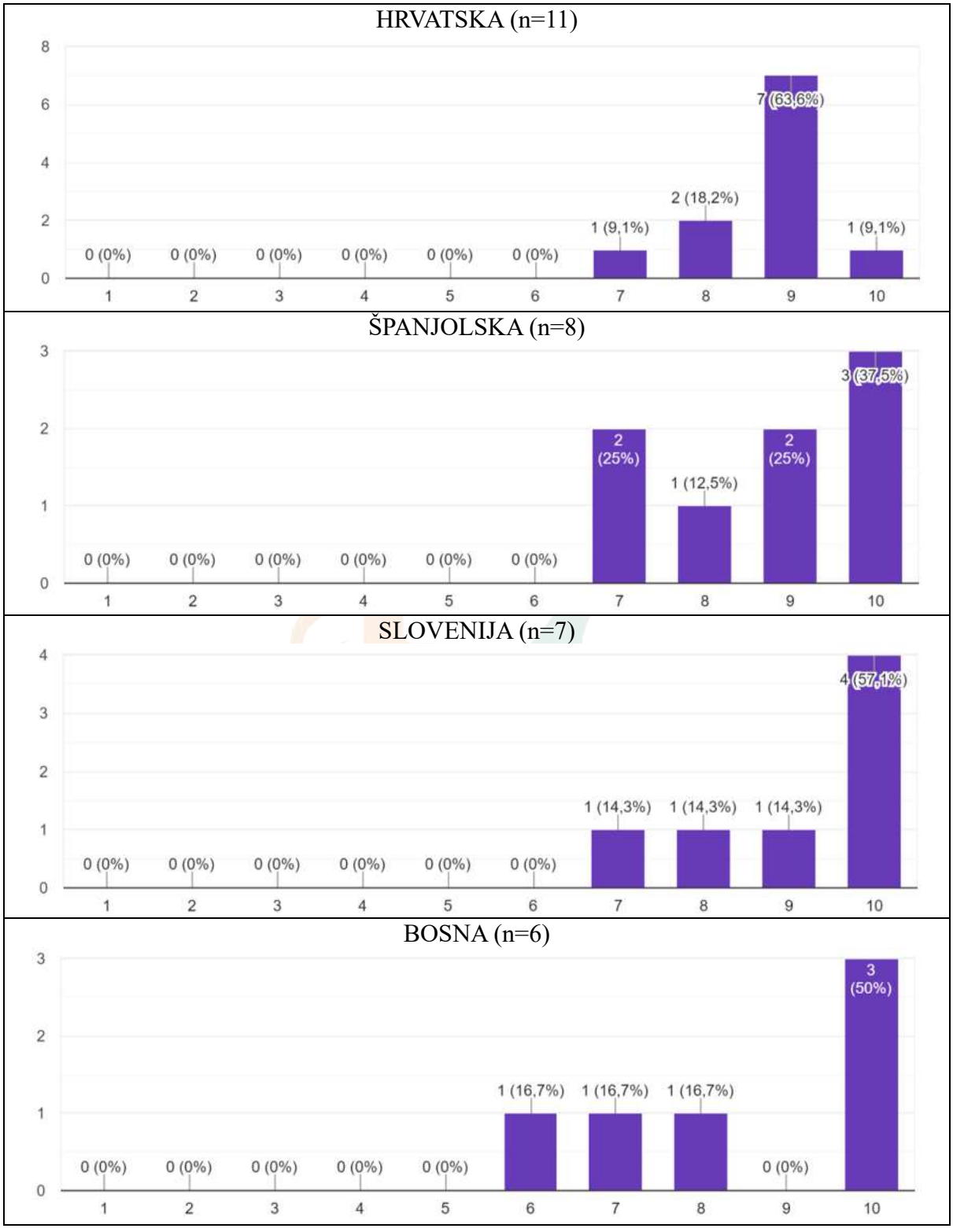


TURSKA (n=12)



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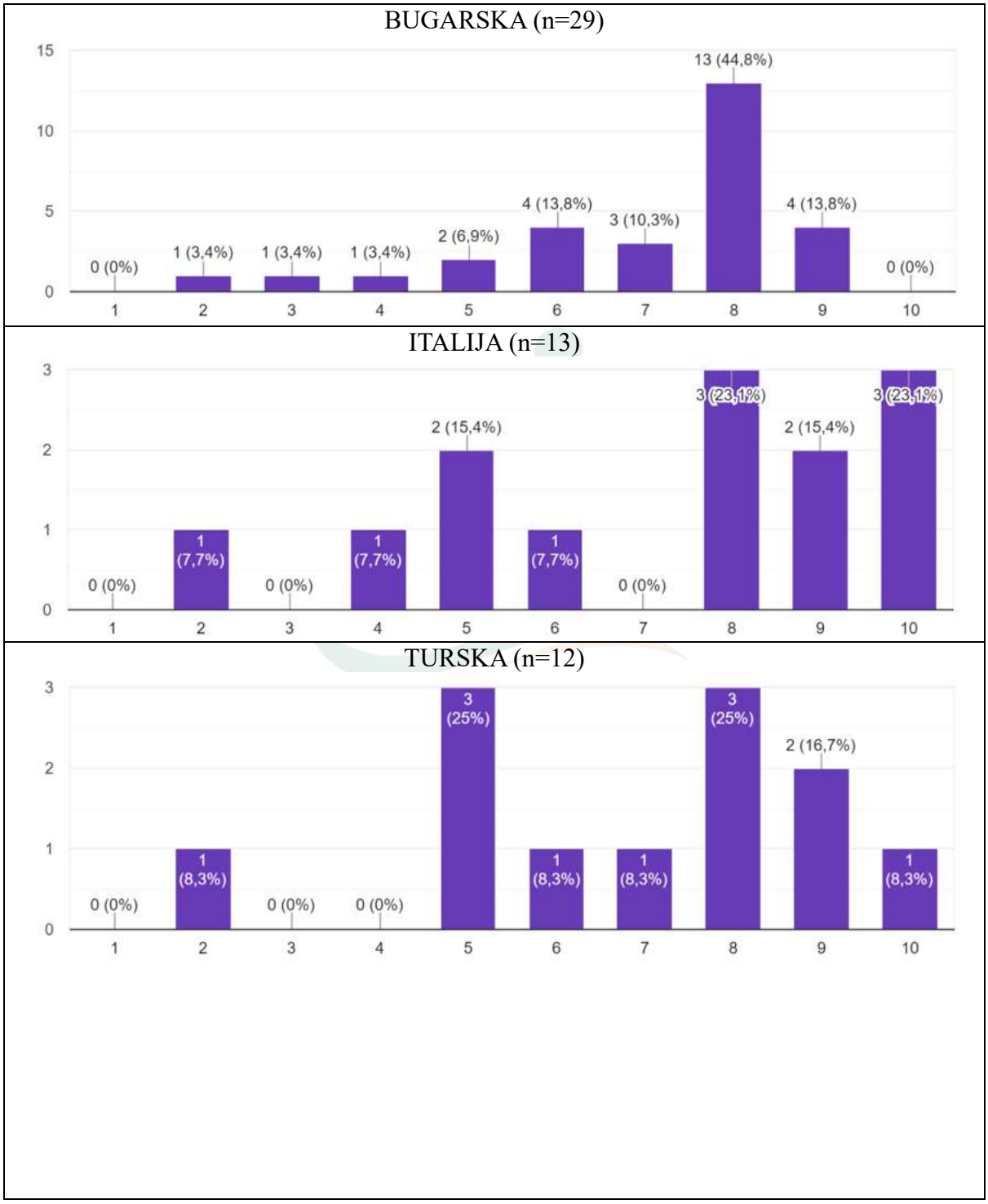
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14. Mislite li da je trenutna obuka i obuka različitih stručnjaka u organizacijama dovoljna?

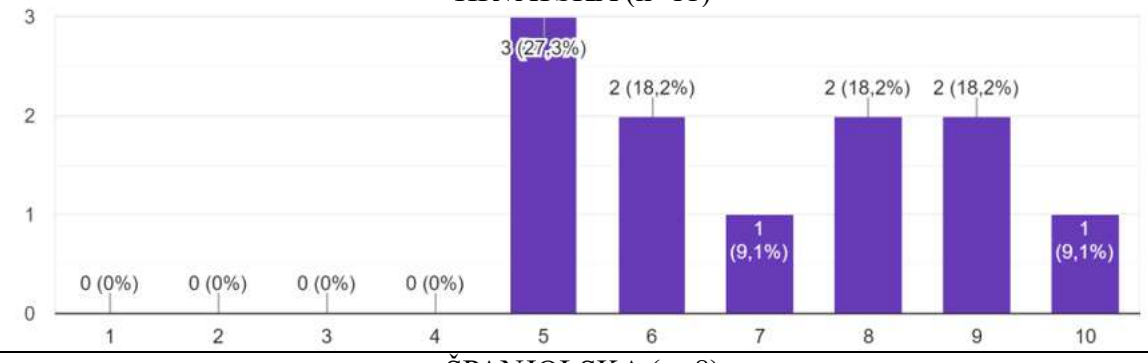
Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (2-9), Italija (2-10), Turska (2-10), Hrvatska (5-10), Španjolska (5-9), Slovenija (1-10), i Bosna (4-8).



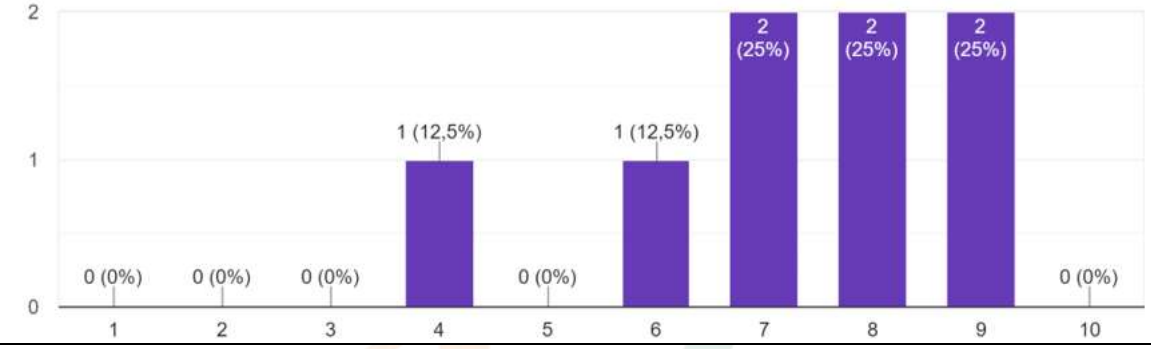
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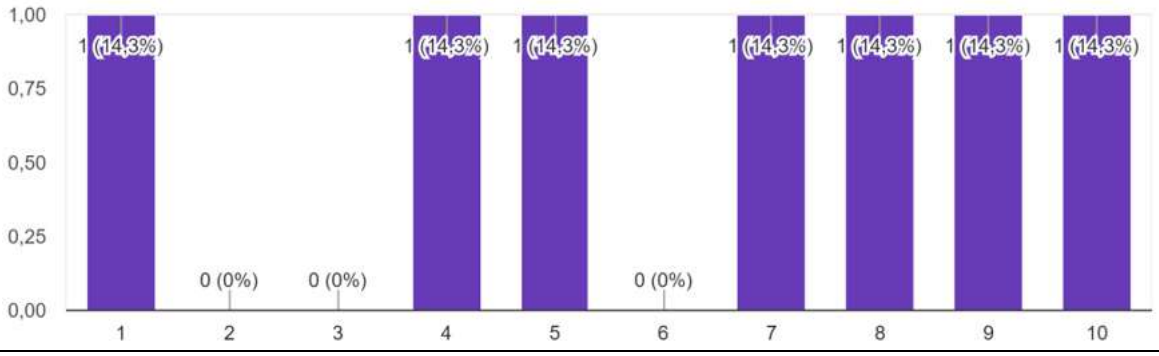
HRVATSKA (n=11)



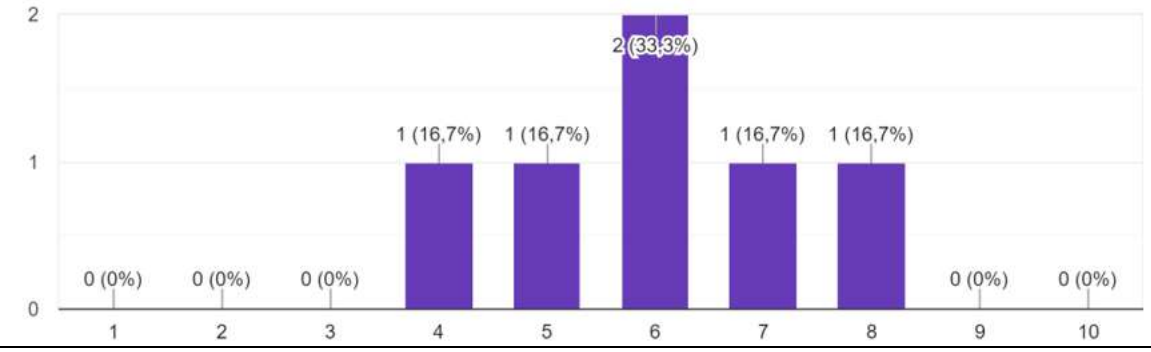
ŠPANJOLSKA (n=8)



SLOVENIJA (n=7)



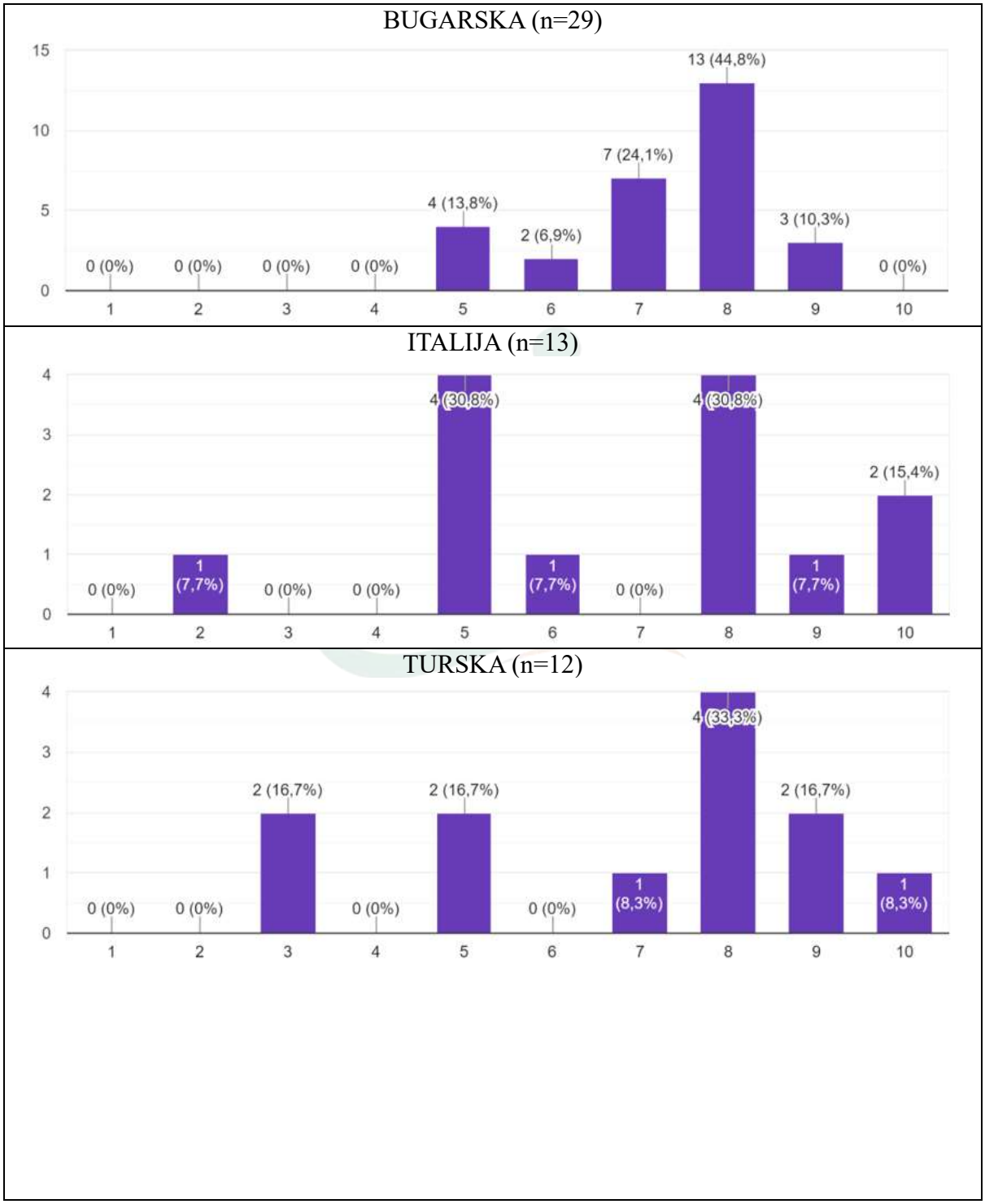
BOSNA (n=6)



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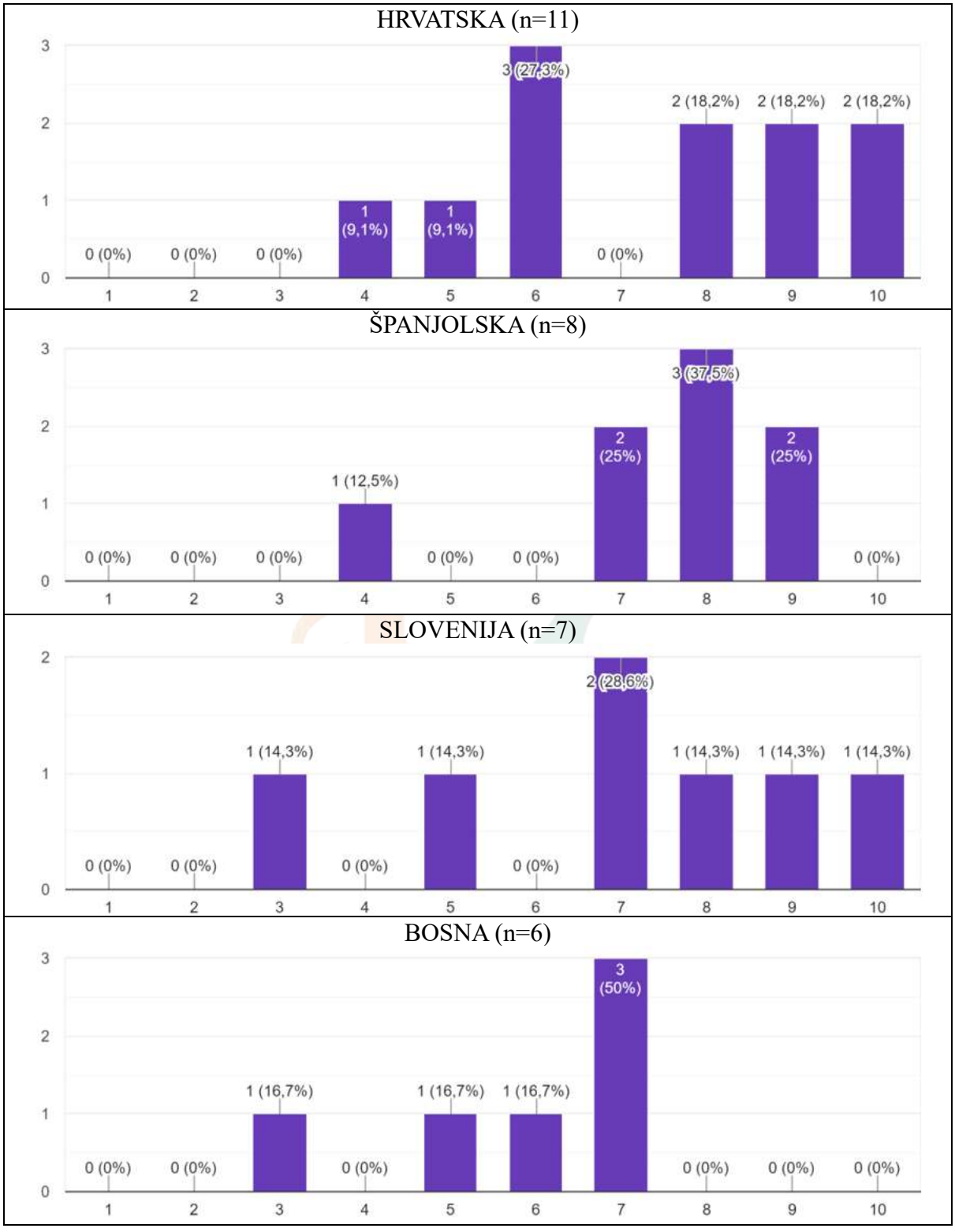
15. Smatrate li da su materijali za obuku koje pružaju te organizacije jasni, s koherentnom strukturom, relevantni i ažurni?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (5-9), Italija (2-10), Turska (3-10), Hrvatska (4-10), Španjolska (4-9), Slovenija (3-10), i Bosna (3-7).



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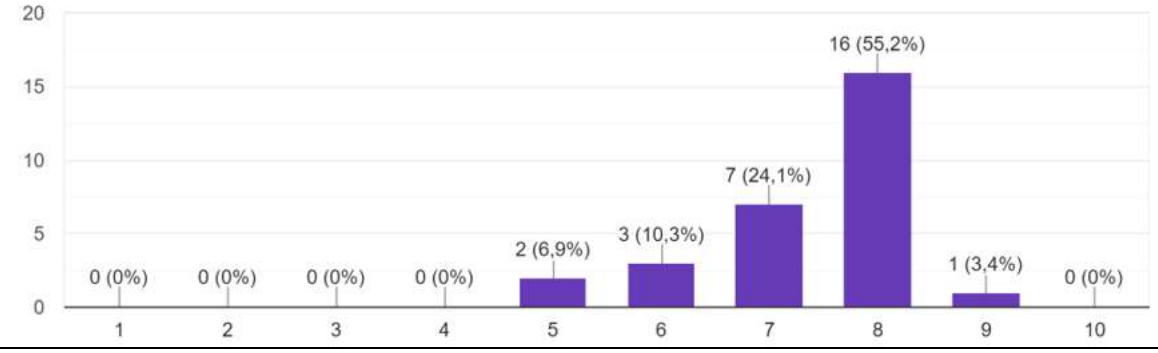


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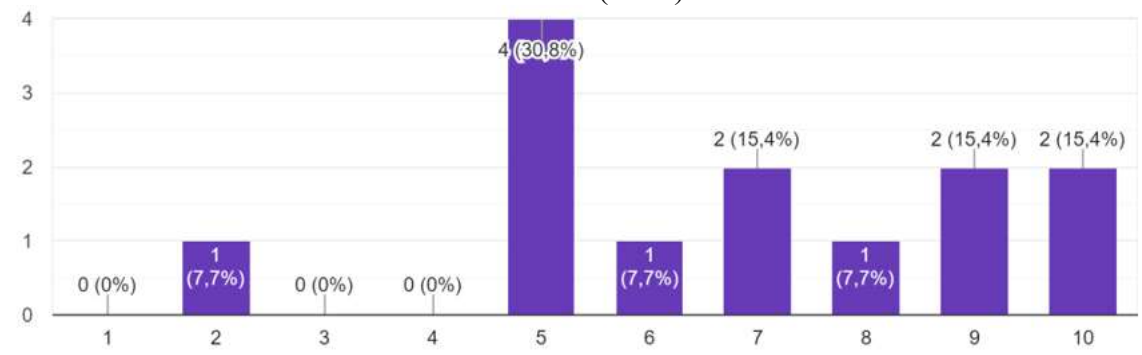
16. Jesu li prilagodljivi i personalizirani?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (5-9), Italija (2-10), Turska (2-10), Hrvatska (4-9), Španjolska (4-8), Slovenija (3-9), i Bosna (3-7).

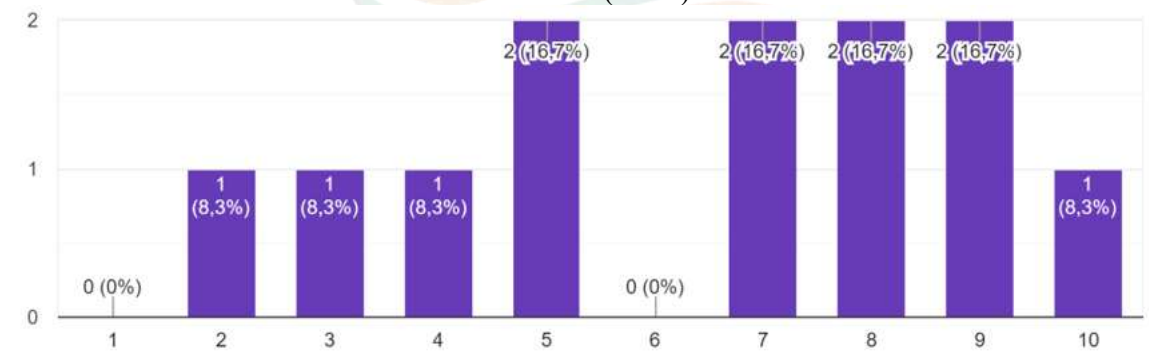
BUGARSKA (n=29)



ITALIJA (n=13)

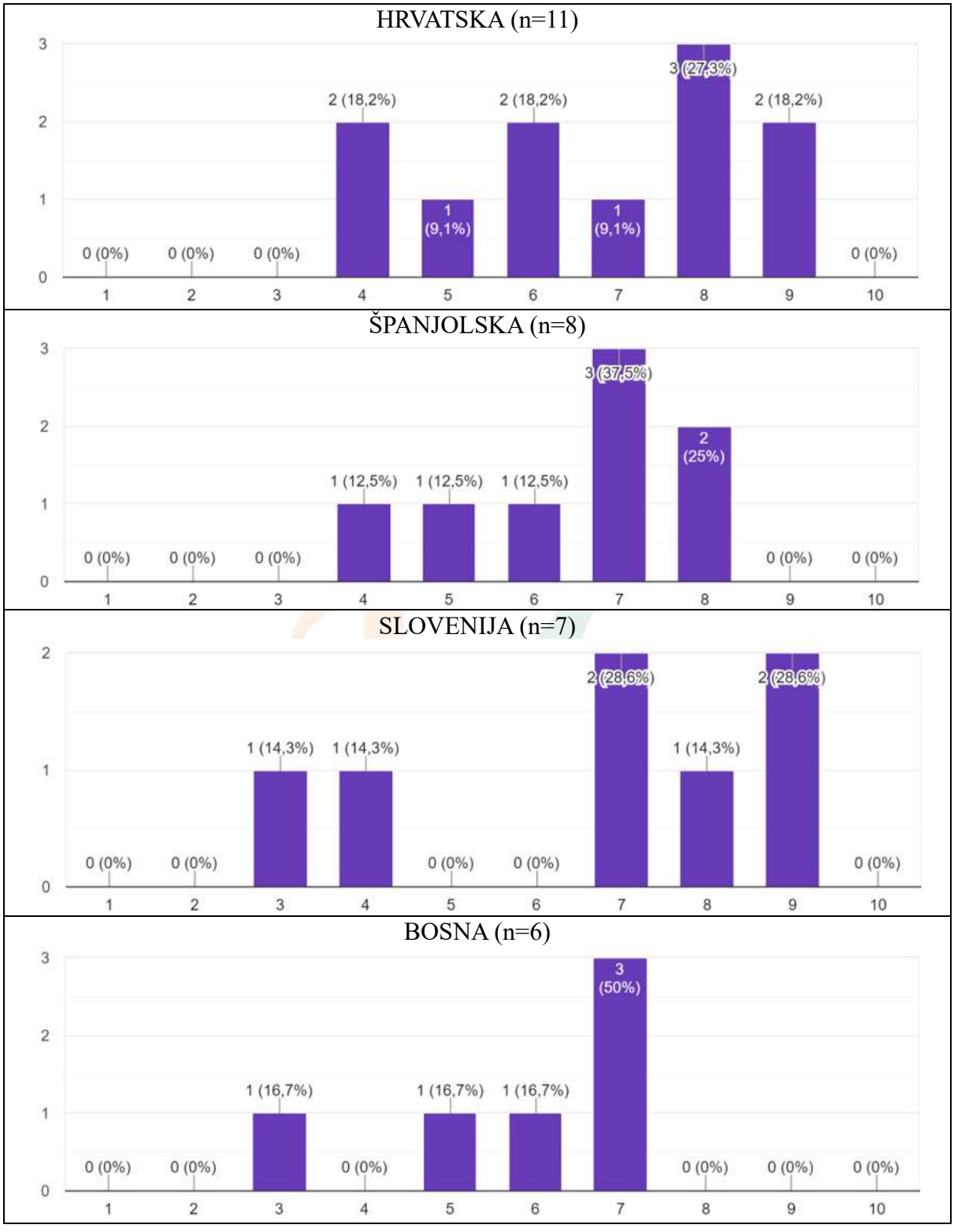


TURSKA (n=12)



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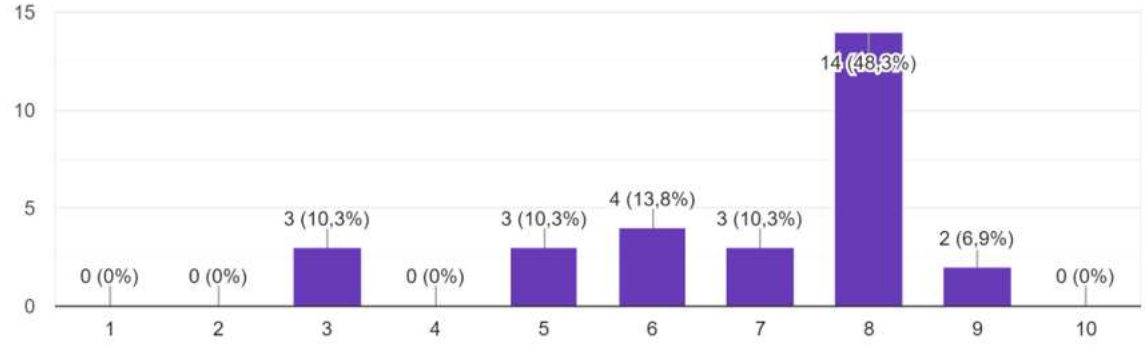
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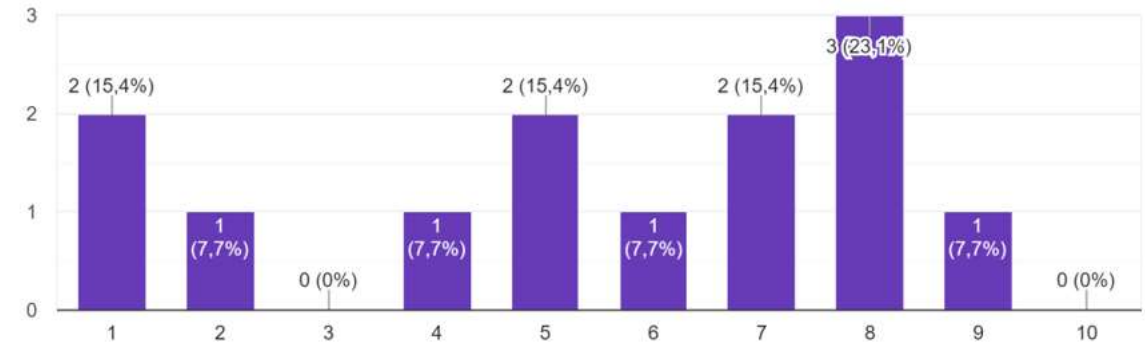
Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

17. Smatrate li da je trenutno obrazovanje i obuka obitelji dostatna?
Zadovoljstvo ovim pitanjem kretalo se od sljedećih vrijednosti: Bugarska (3-9), Italija (1-9), Turska (1-9), Hrvatska (4-10), Španjolska (5-9), Slovenija (1-8), i Bosna (3-9).

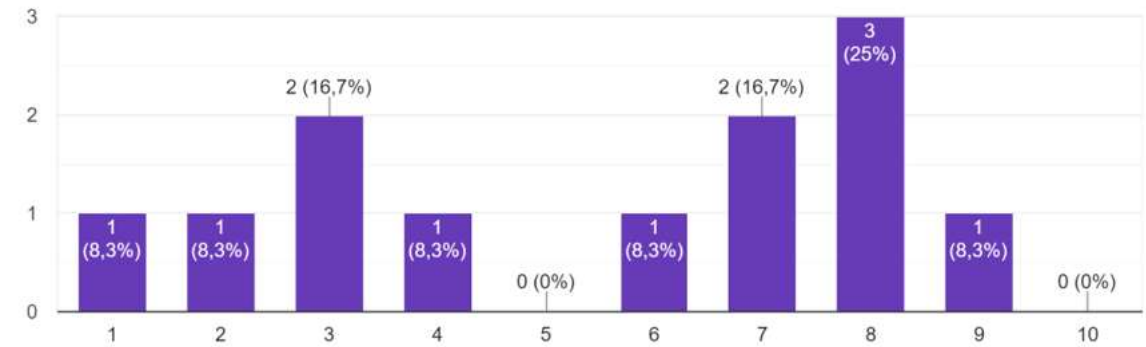
BUGARSKA (n=29)



ITALIJA (n=13)

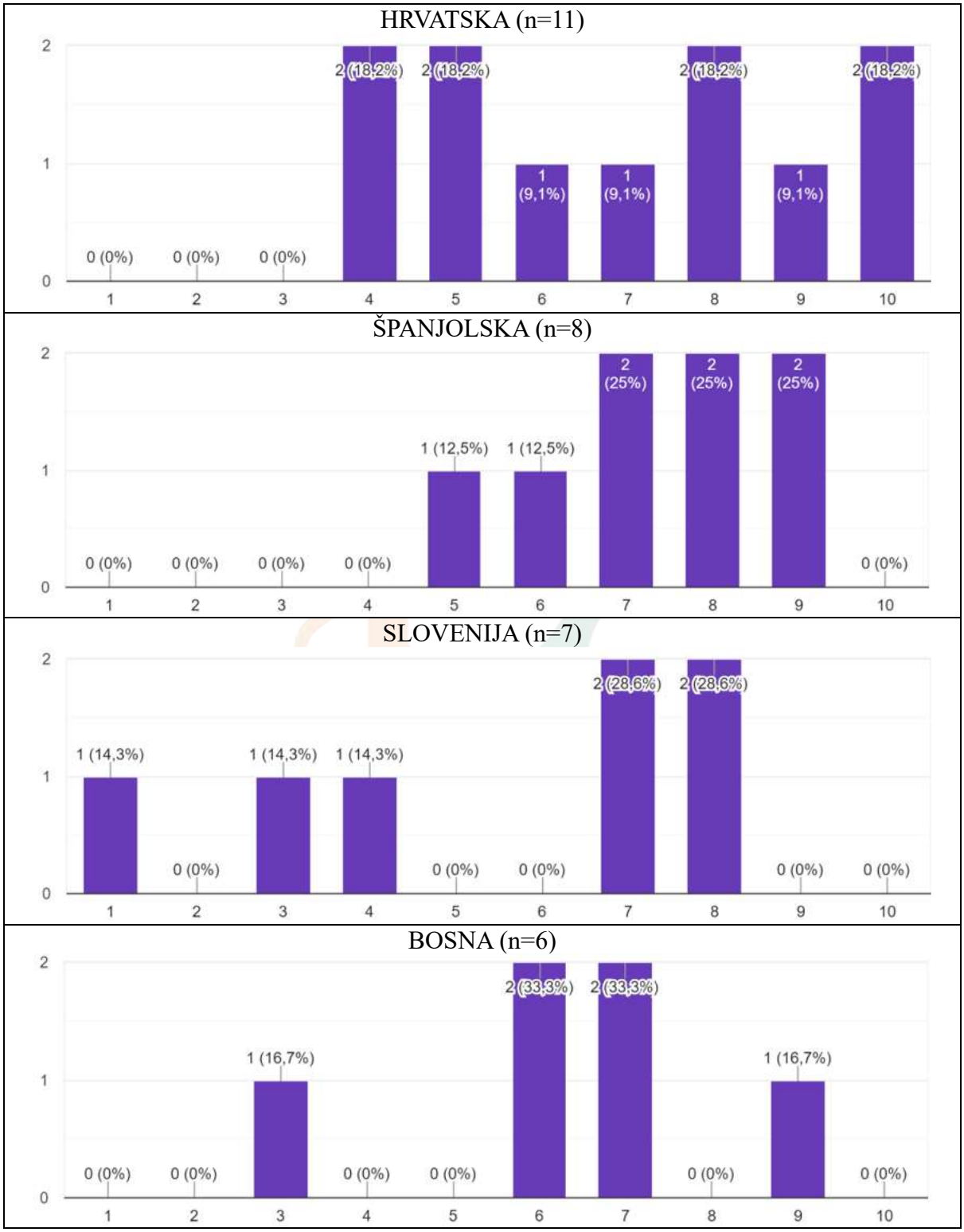


TURSKA (n=12)



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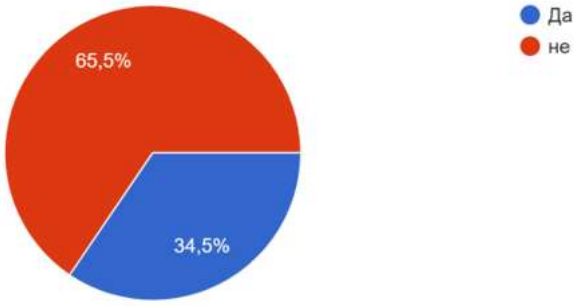


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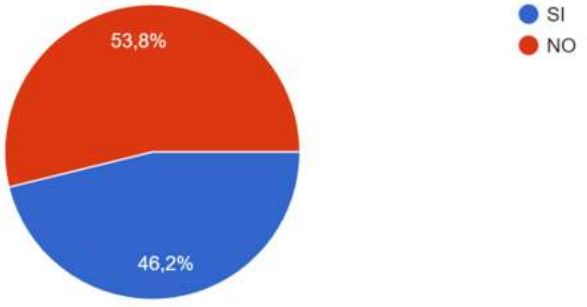
18. Jeste li vi ili bilo koji član vaše obitelji sudjelovali u radionicama, konferencijama ili drugim aktivnostima obuke koje su organizirale organizacije koje podupiru osobe s invaliditetom?

Postotak ljudi u uzorku koji su sudjelovali u aktivnostima obuke bio je sljedeći: Bugarska (34,5%), Italija (46,2%), Turska (66,7%), Hrvatska (63,6%), Španjolska (87,5%), Slovenija (71,4%), i Bosna (83,3%).

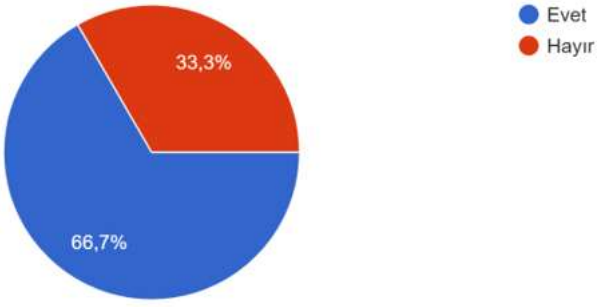
BUGARSKA (n=29)



ITALIJA (n=13)



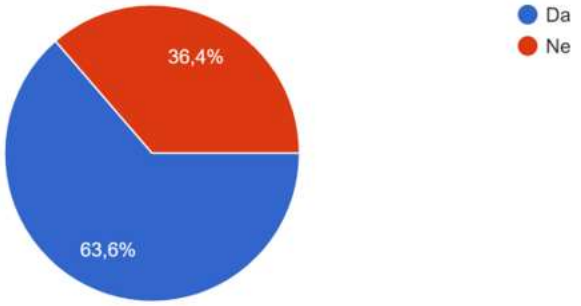
TURSKA (n=12)



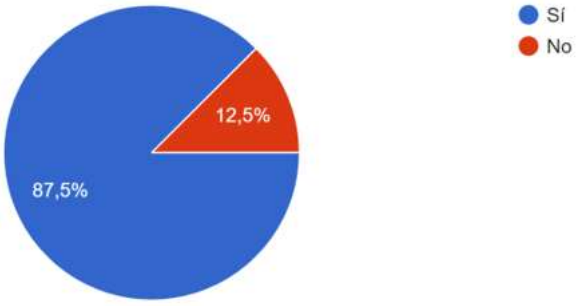
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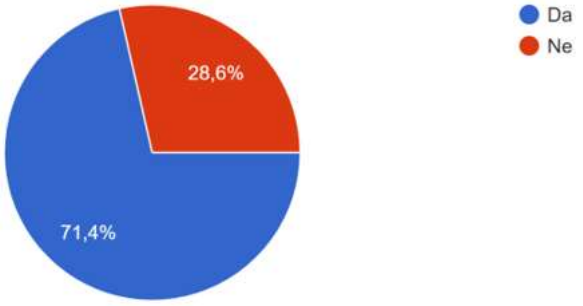
HRVATSKA (n=11)



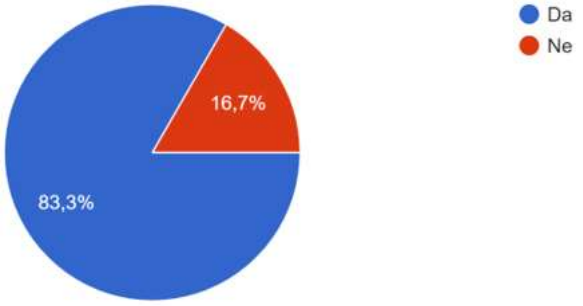
ŠPANJOLSKA (n=8)



SLOVENIJA (n=7)



BOSNA (n=6)



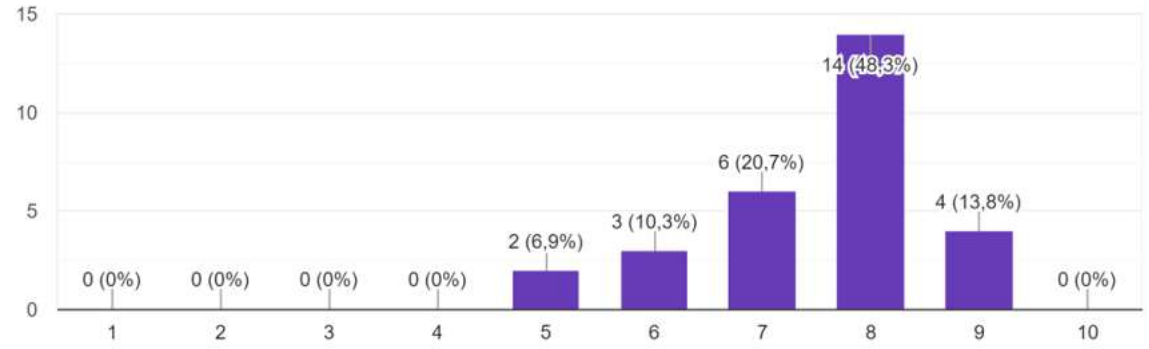
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4. DIMENZIJA: KOORDINACIJA, TRANSPARENTNOST, PRAĆENJE I ZADOVOLJSTVO.

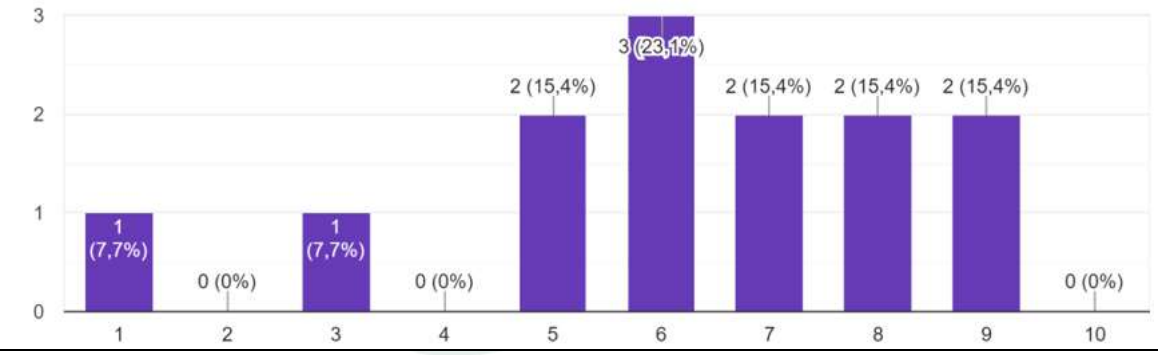
19. Kako cijenite koordinaciju između osoblja organizacije?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (5-9), Italija (1-9), Turska (3-10), Hrvatska (4-10), Španjolska (6-9), Slovenija (3-10), i Bosna (6-10).

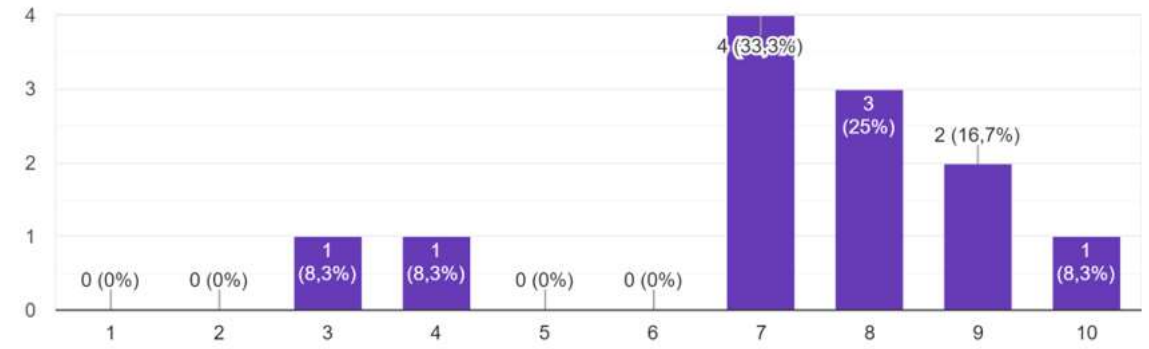
BUGARSKA (n=29)



ITALIJA (n=13)

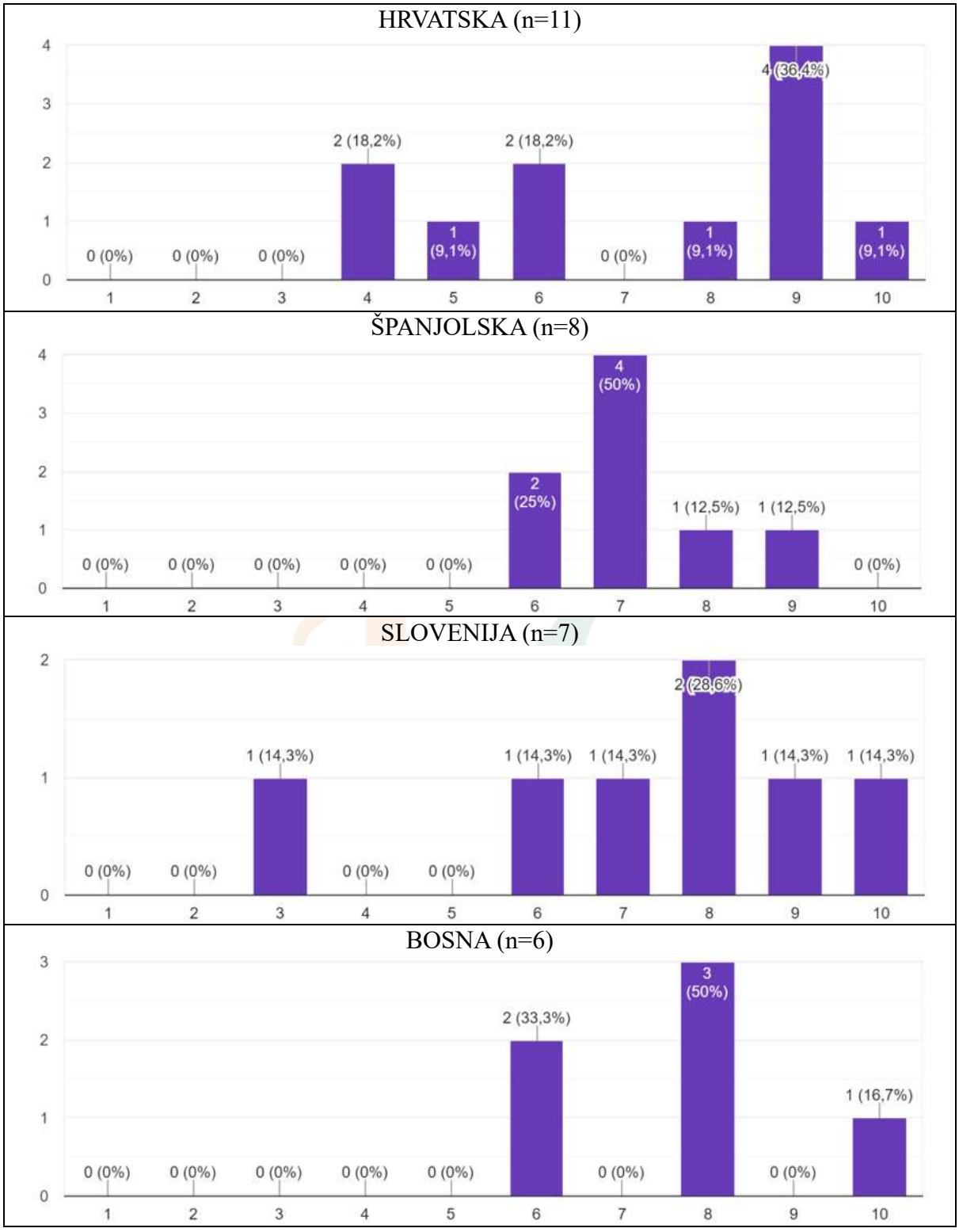


TURSKA (n=12)



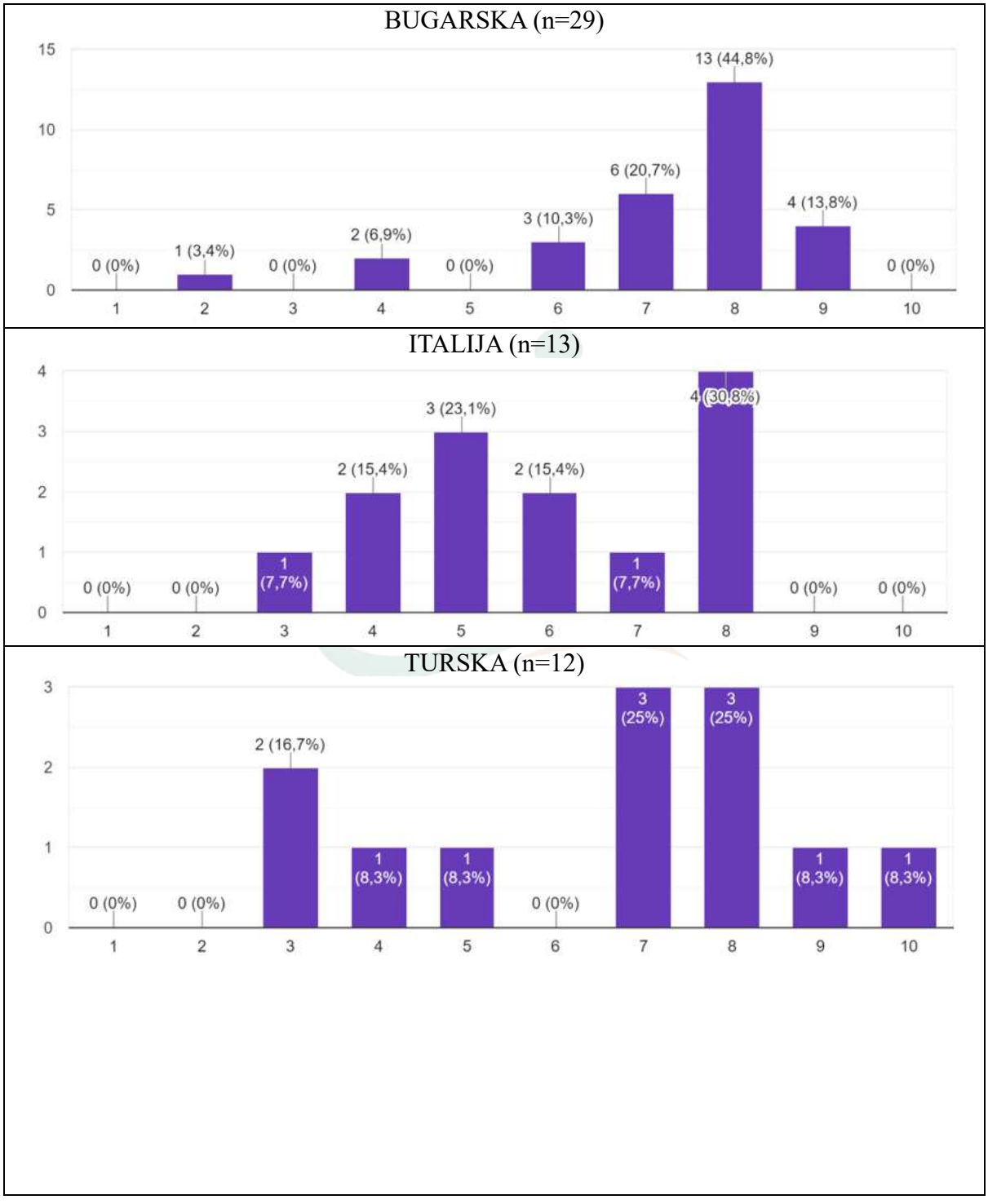
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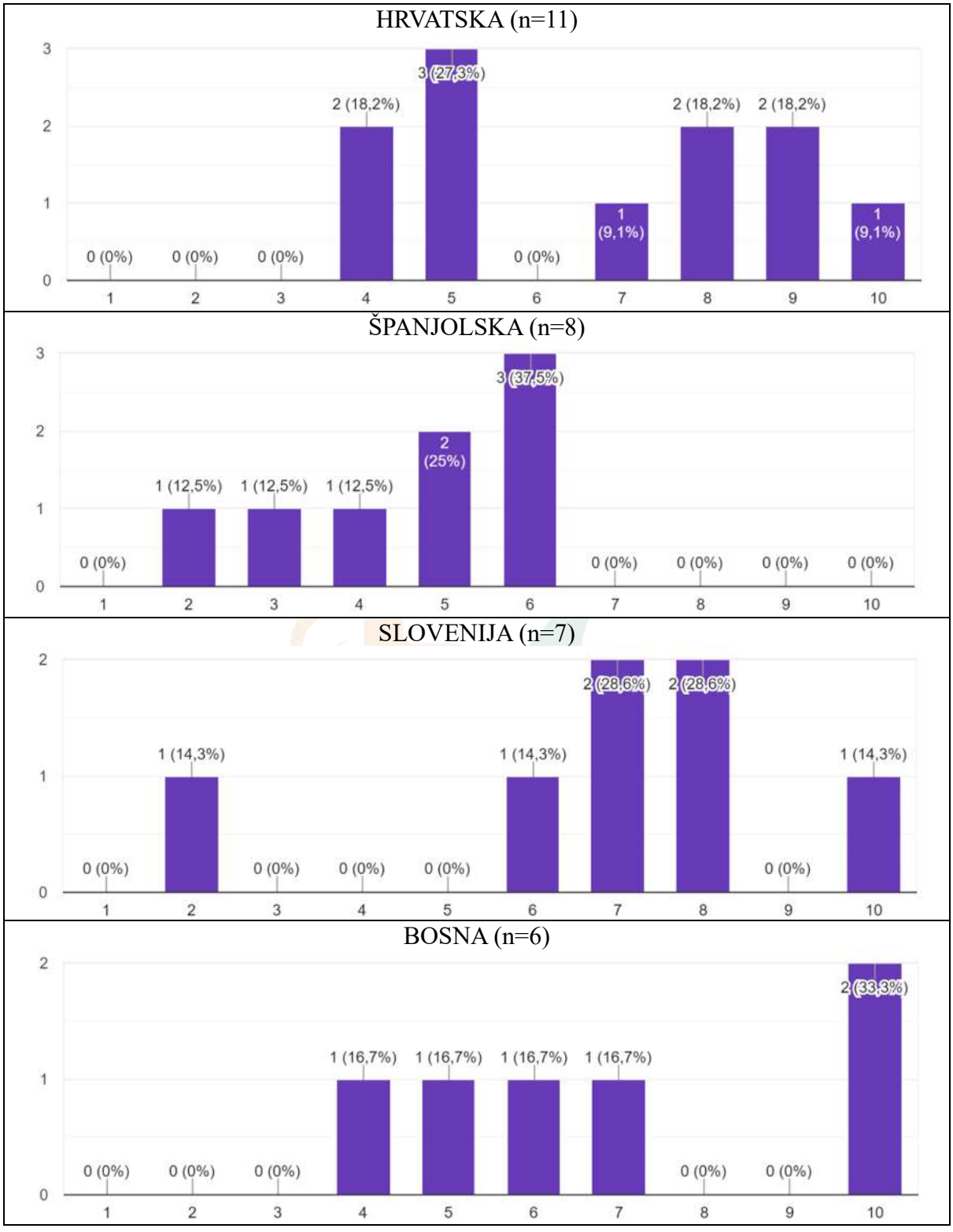
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20. Što mislite o koordinaciji između organizacija koje podupiru osobe s invaliditetom i drugih zdravstvenih službi za pružanje sveobuhvatne podrške obiteljima?
Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (2-9), Italija (3-8), Turska (3-10), Hrvatska (4-10), Španjolska (2-6), Slovenija (2-10), i Bosna (4-10).



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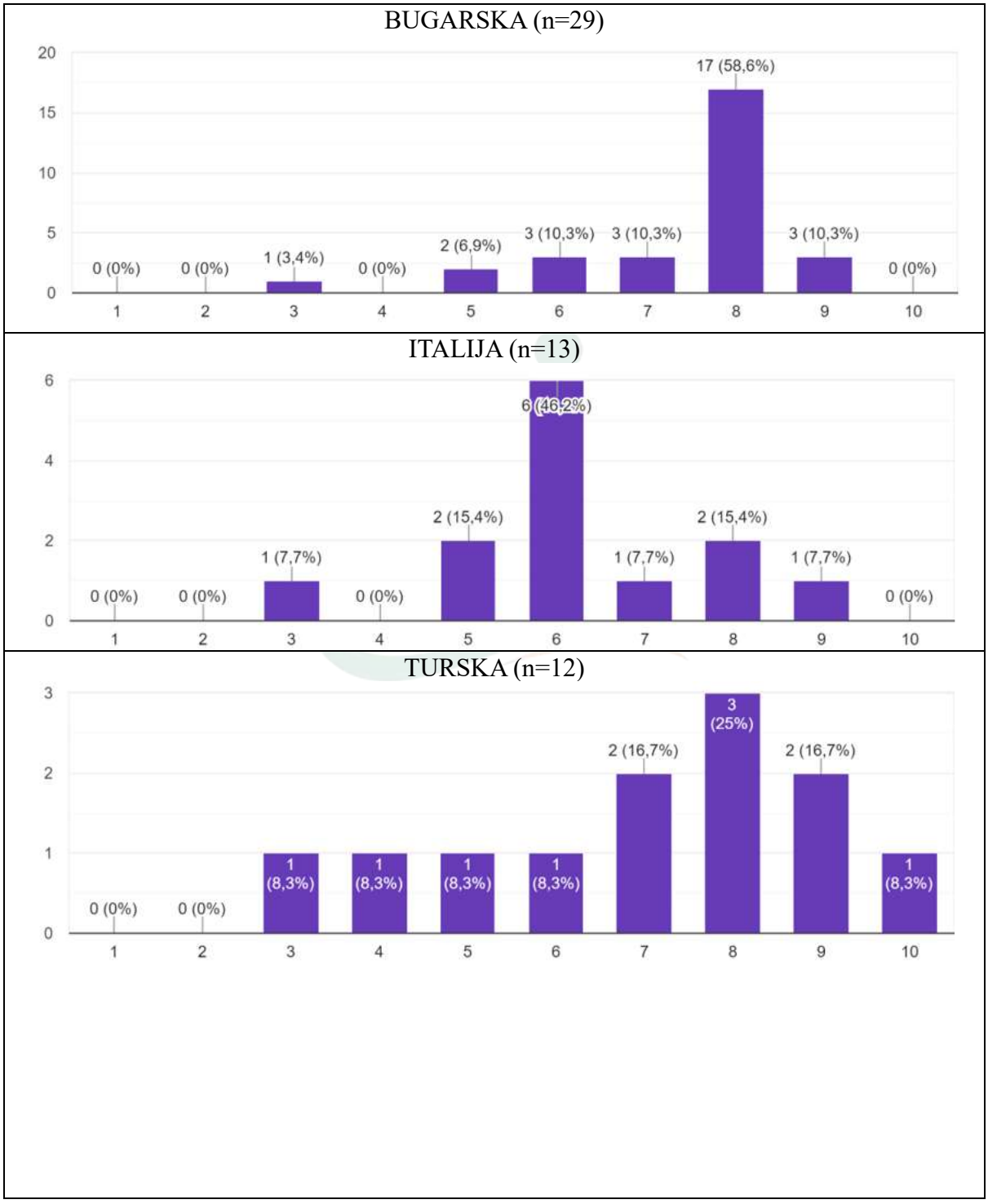
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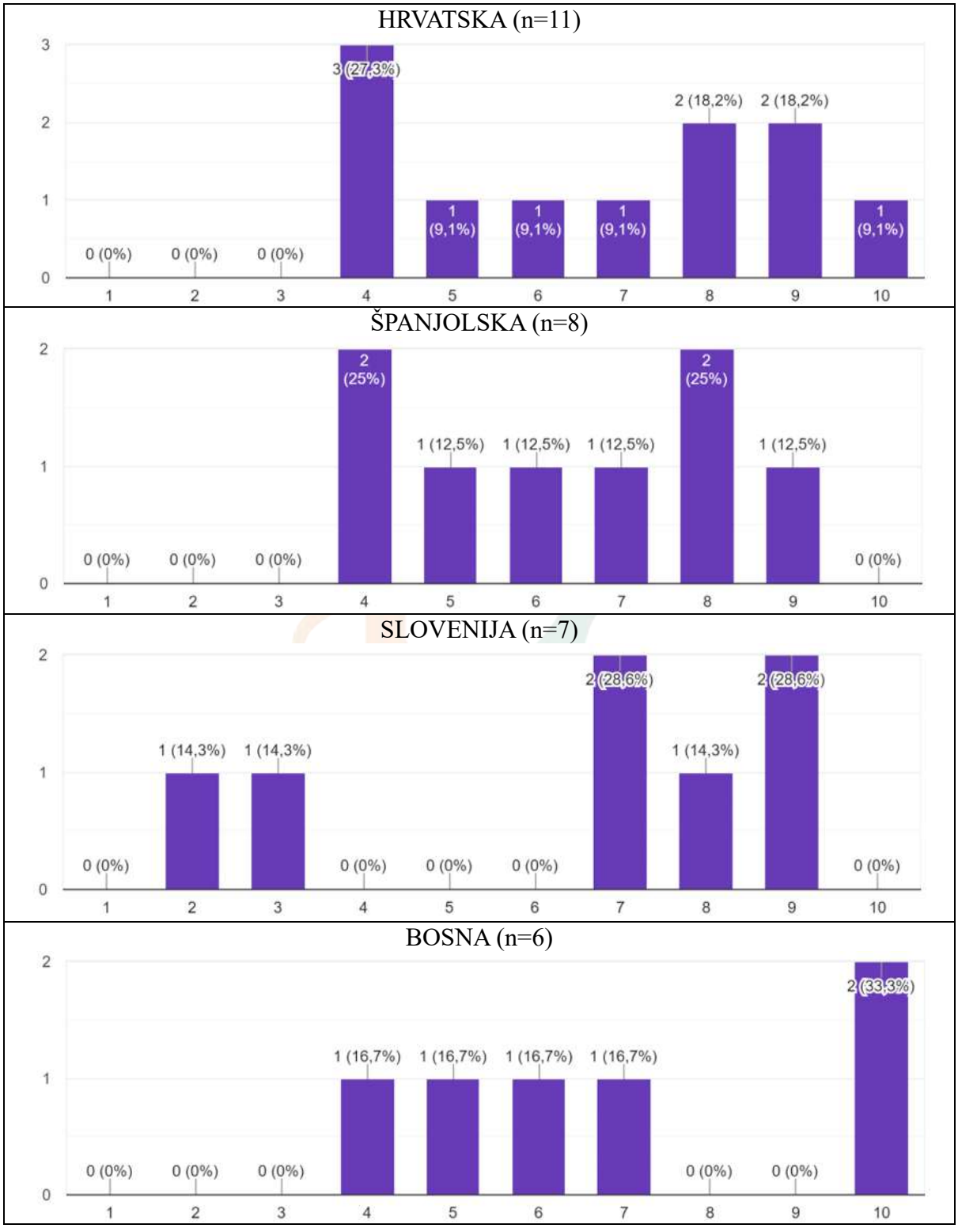
21. Smatrate li da su politike i procesi ovih organizacija transparentni u odnosu na skrb i podršku osobama s invaliditetom?

Zadovoljstvo ovim pitanjem kretalo se od sljedećih vrijednosti: Bugarska (3-9), Italija (3-9), Turska (3-10), Hrvatska (4-10), Španjolska (4-9), Slovenija (2-9), i Bosna (4-10).



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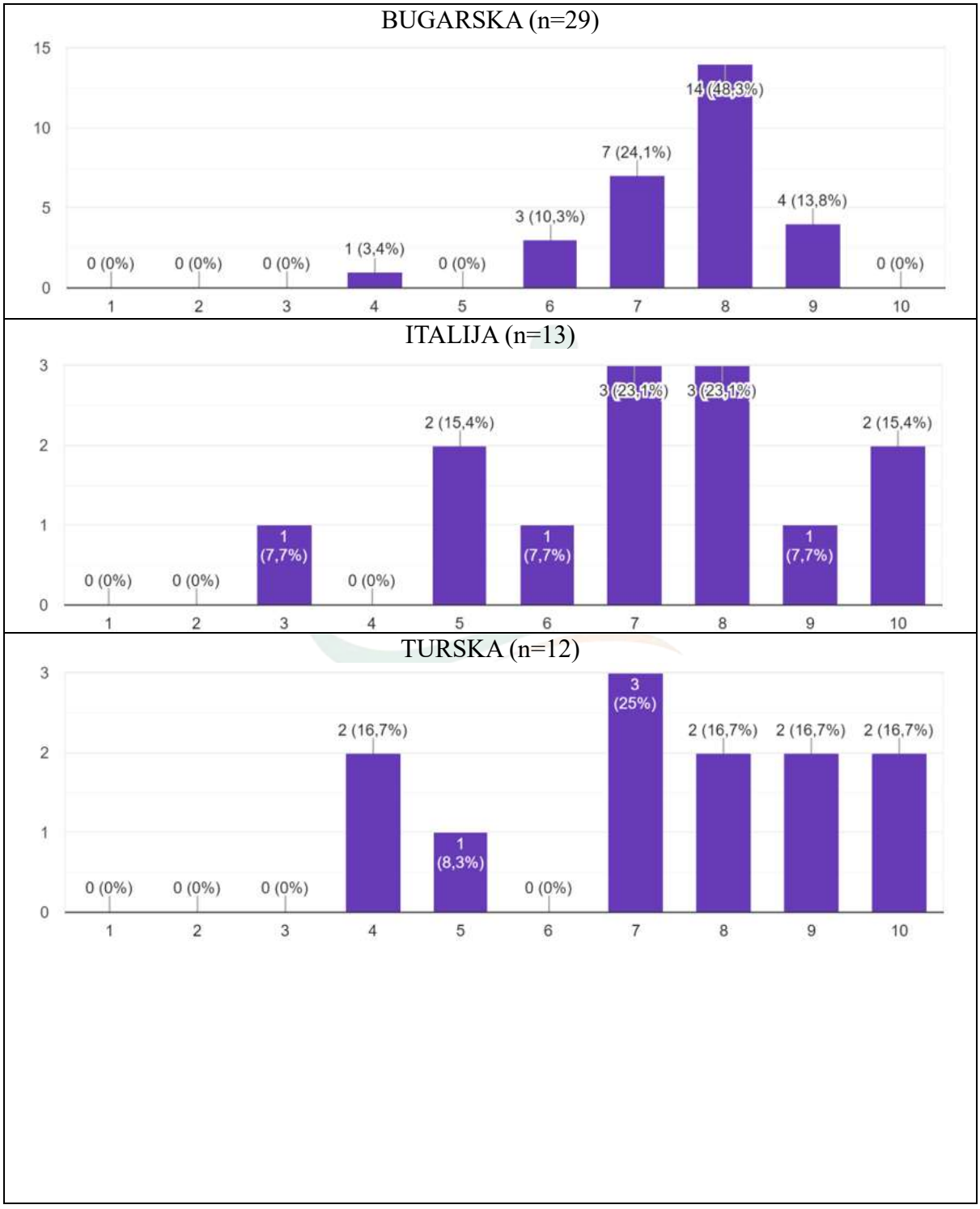
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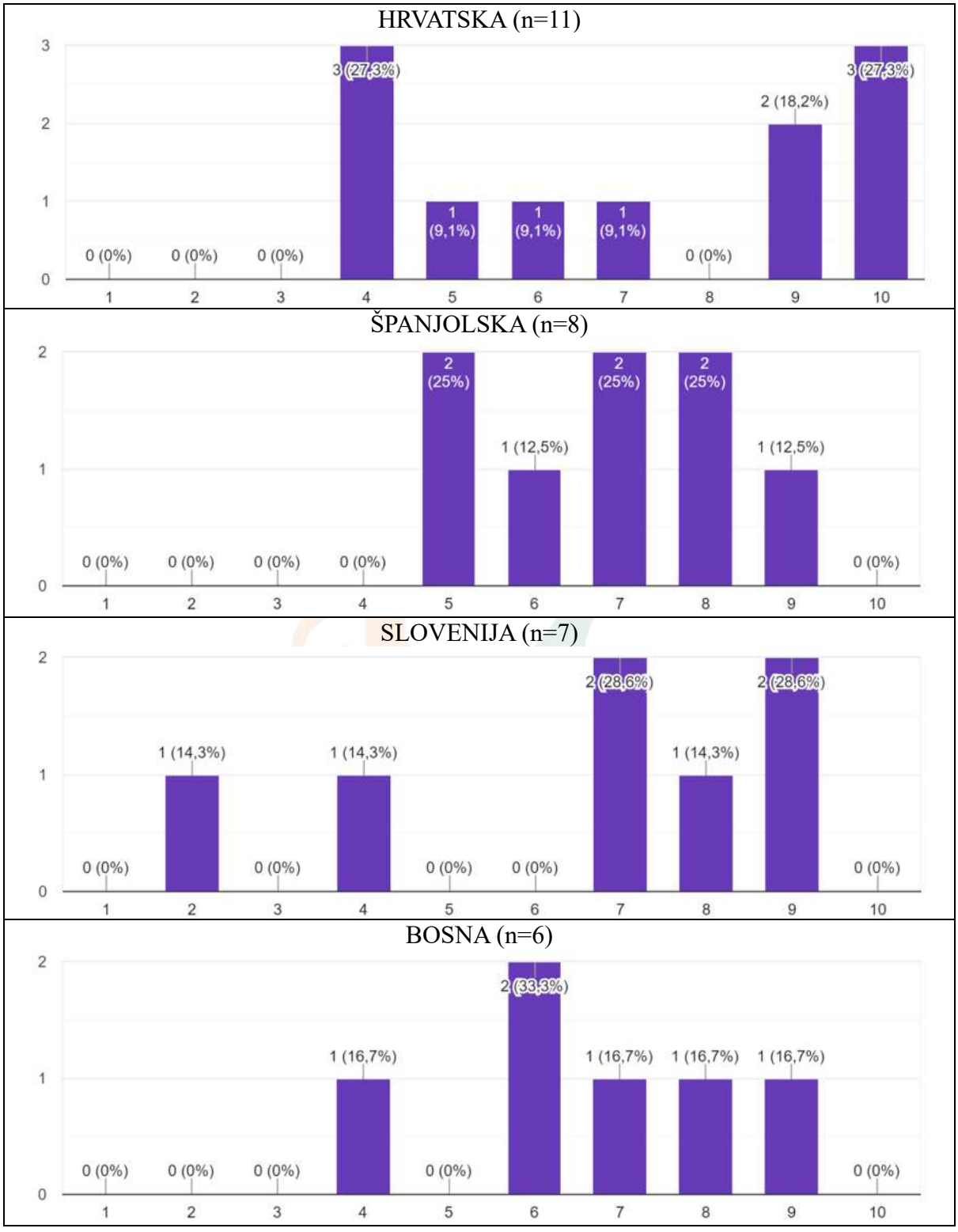
22. Smatrate li da su naknadne mjere primljene od strane osoblja organizacije primjerene?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (4-9), Italija (3-10), Turska (4-10), Hrvatska (4-10), Španjolska (5-9), Slovenija (2-9), i Bosna (4-9).



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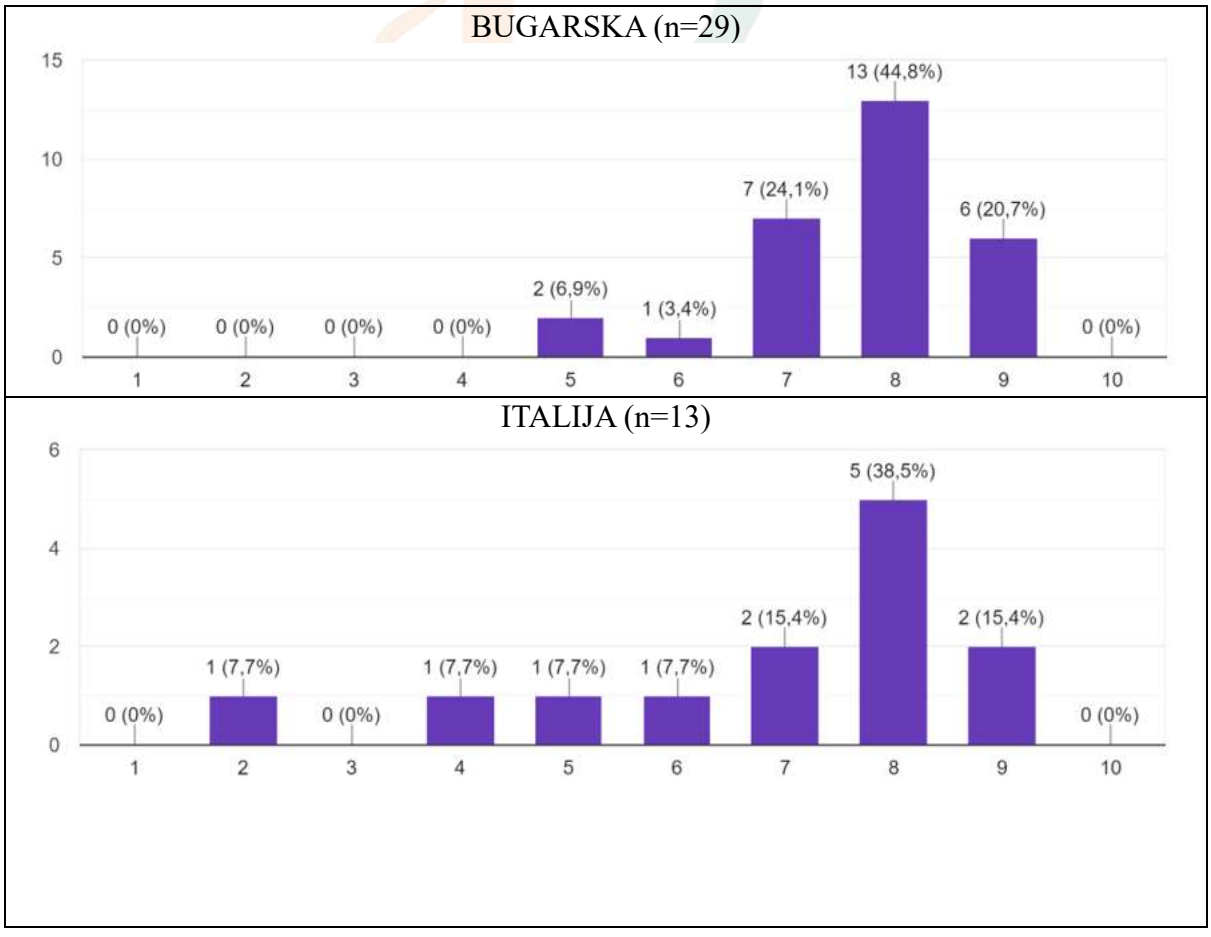
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23. Koje biste prijedloge imali za poboljšanje procesa praćenja i osiguranje učinkovitog zadovoljenja vaših potreba u budućnosti?

Prijedlozi u Bugarskoj bili su: veća transparentnost; učinkovitije kampanje; informacije i buduće inicijative na web stranicama organizacija; sastanak s roditeljima; bolje informiranje na stranicama nekih od organizacija; češći sastanci s organizacijama; više usluga; više zajedničkih/zajedničkih aktivnosti; više radnih inicijativa; bolje financiranje. U Italiji nije bilo prijedloga. Prijedlozi u Turskoj bili su: učiniti obuku pristupačnijom; učinkovita komunikacija i koordinacija; više koristiti web stranice i e-poštu. U Hrvatskoj nije bilo prijedloga. Prijedlozi u Španjolskoj bili su: više se savjetovati s obiteljima; više individualizirane pažnje; mjesečni naknadni sastanci; bolja telefonska usluga; održavati više sastanaka s obiteljima; povećati osoblje; Provedite ankete ili kratke intervjue. U Sloveniji nije bilo prijedloga. Prijedlozi u Bosni su bili: jasnija komunikacija i više obuke u komunikaciji i radu s obiteljima; Potpuna transparentnost, velika podrška i vodstvo.

24. Što se tiče pažnje i predanosti koje su iskazale organizacije, koliko je vaše iskustvo bilo zadovoljavajuće?

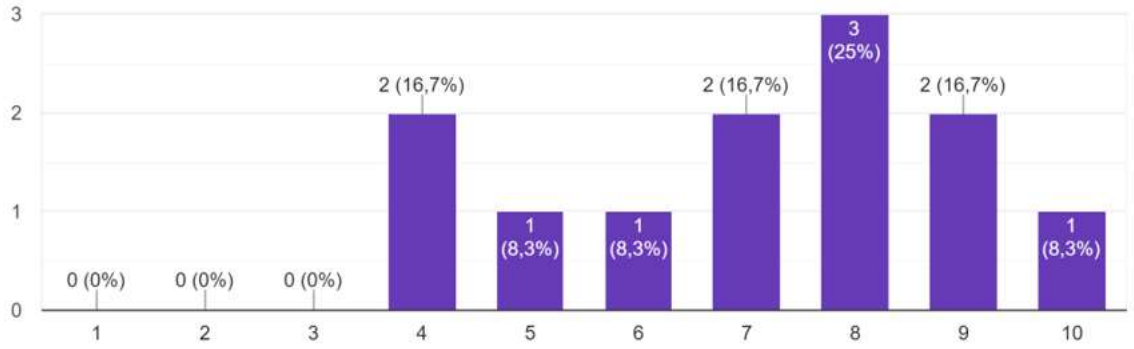
Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (5-9), Italija (2-9), Turska (4-10), Hrvatska (4-10), Španjolska (5-9), Slovenija (1-9), i Bosna (5-10).



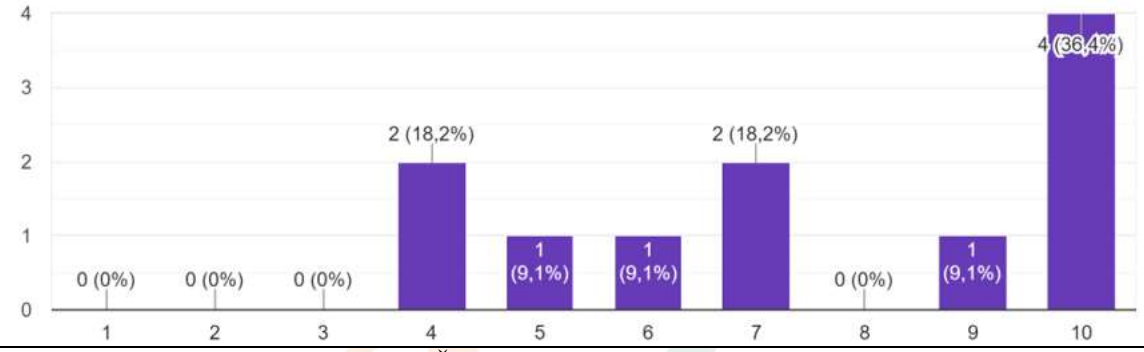
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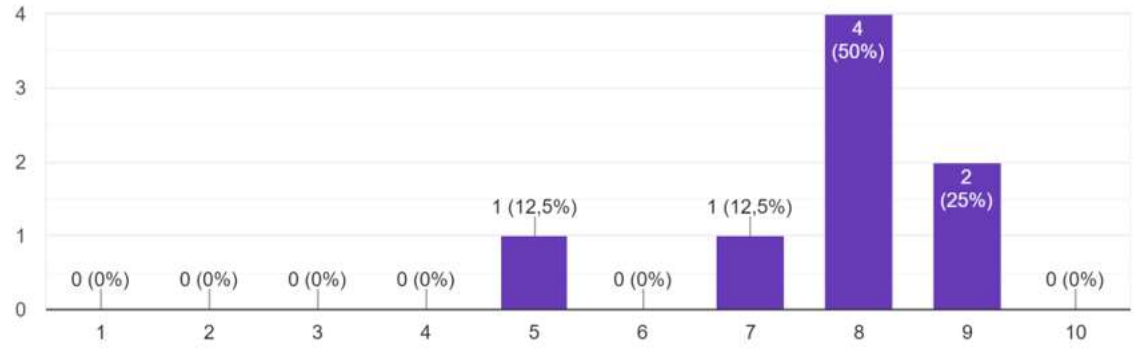
TURSKA (n=12)



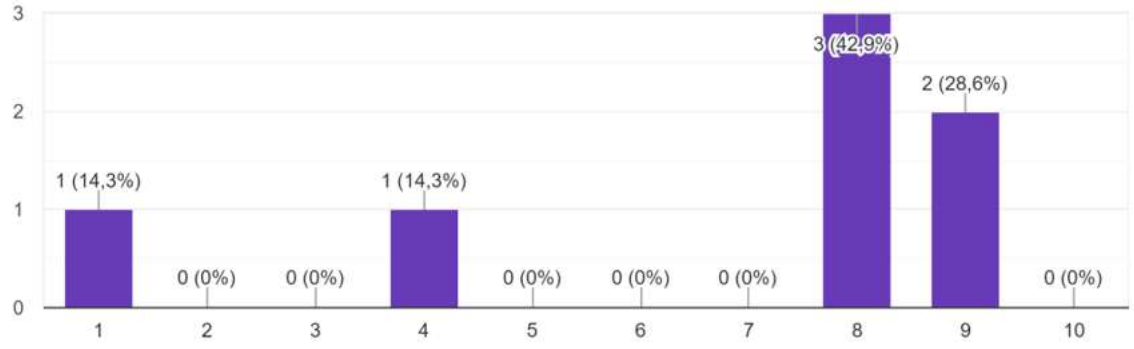
HRVATSKA (n=11)



ŠPANJOLSKA (n=8)

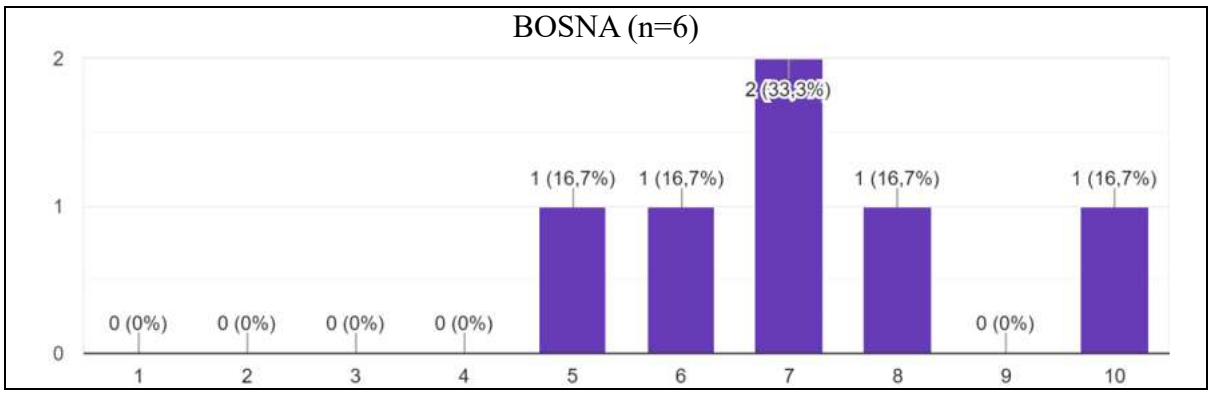


SLOVENIJA (n=7)



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4. ZAKLJUČCI

Zadovoljstvo u dimenziji 1 (komunikacija i informiranost) kretalo se između sljedećih vrijednosti: Bugarska (4-10), Italija (1-10), Turska (1-10), Hrvatska (5-10), Španjolska (4-10), Slovenija (1-10), i Bosna (2-9). Zadovoljstvo u dimenziji 2 (resursi, programi i usluge) kretalo se između sljedećih vrijednosti: Bugarska (3-10), Italija (1-10), Turska (1-10), Hrvatska (4-10), Španjolska (5-10), Slovenija (1-10) i Bosna (2-10). Zadovoljstvo u dimenziji 3 (trening i trening) kretalo se između sljedećih vrijednosti: Bugarska (2-10), Italija (1-10), Turska (1-10), Hrvatska (4-10), Španjolska (4-10), Slovenija (1-10), i Bosna (3-10). Zadovoljstvo u dimenziji 4 (koordinacija, transparentnost, praćenje i zadovoljstvo) kretalo se između sljedećih vrijednosti: Bugarska (2-9), Italija (1-10), Turska (3-10), Hrvatska (4-10), Španjolska (2 -9), Slovenija (1-10), i Bosna (4-10).

Stoga se zaključuje da u svim zemljama iu svim dimenzijama postoje visoke i niske vrijednosti zadovoljstva. Visoke vrijednosti pokazuju da se provode dobre prakse u vezi s uključivim obiteljskim sportom. Međutim, niske vrijednosti jasno pokazuju da postoji značajan prostor za poboljšanje u svim dimenzijama iu svim zemljama.

Prema prijedlozima sudionika, ova poboljšanja bi se trebala fokusirati na sljedeće aspekte: veća transparentnost; učinkovitije kampanje; informacije i buduće inicijative na web stranicama organizacija; sastanak s roditeljima; bolje informiranje na stranicama nekih od organizacija; češći sastanci s organizacijama; više usluga; više zajedničkih/zajedničkih aktivnosti; više radnih inicijativa; bolje financiranje; dostupnija obuka; učinkovita komunikacija i koordinacija; više koristiti web stranice i e-poštu; više se savjetovati s obiteljima; više individualizirane pažnje; mjesečni naknadni sastanci; bolja telefonska usluga; održavati više sastanaka s obiteljima; povećati osoblje; provoditi ankete ili kratke intervjue; jasnija komunikacija i više obuke u komunikaciji i radu s obiteljima; Potpuna transparentnost, velika podrška i vodstvo.

Provođenje ovih poboljšanja u metodologiji inkluzivnog obiteljskog sporta kod djece i adolescenata s teškoćama u razvoju od 6 do 18 godina nedvojbeno će povećati zadovoljstvo sudionika i njihovih obitelji u sportskim aktivnostima, što će proizvesti povećanje njihovog bavljenja sportom i, posljedično, sjedilački način života i pretilost će se smanjiti kod djece i adolescenata s invaliditetom.

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Carbone, P. S., Smith, P. J., Lewis, C., & LeBlanc, C. (2021). Promoting the participation of children and adolescents with disabilities in sports, recreation, and physical activity. *Pediatrics*, *148*(6).

Li, R., Sit, C. H. P., Jane, J. Y., Duan, J. Z. J., Fan, T. C. M., McKenzie, T. L., & Wong, S. H. S. (2016). Correlates of physical activity in children and adolescents with physical disabilities: A systematic review. *Preventive Medicine*, *89*, 184–193.

MacEachern, S., Forkert, N. D., Lemay, J.-F., & Dewey, D. (2022). Physical activity participation and barriers for children and adolescents with disabilities. *International Journal of Disability, Development and Education*, *69*(1), 204–216.

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INFORME FINAL MULTINACIONAL

1. INTRODUCCIÓN

El deporte inclusivo familiar en niños y adolescentes con discapacidad de 6 a 18 años es de suma importancia para prevenir el sedentarismo y la obesidad en dicho colectivo (Carbone et al., 2021; Middelbeek & Breda, 2013). Para esto, es fundamental el papel de las familias, para que acompañen, animen y motiven a los niños y adolescentes con discapacidad a realizar y disfrutar la práctica deportiva (Bloemen et al., 2015; Li et al., 2016; MacEachern et al., 2022).

El objetivo del presente informe final multinacional es analizar en los países participantes en el proyecto Train4Family buenas prácticas y experiencias relacionadas con la metodología del deporte inclusivo familiar en niños y adolescentes con discapacidad de 6 a 18 años. Este análisis permitirá desarrollar estrategias de prevención del sedentarismo y la obesidad en dicho colectivo.

La hipótesis es que habrá algunos puntos comunes en todos los países analizados pero también diferencias entre los mismos, lo que permitiría llevar a cabo una estrategia e intervención común pero con las variaciones necesarias dependiendo del contexto y circunstancias específicas de cada país.

2. MÉTODOS

2.1. Muestra

Se analizaron los siguiente siete países: Bulgaria (n=29), Italia (n=13), Turquía (n=12), Croacia (n=11), España (n=8), Eslovenia (n=7), y Bosnia (n=6). De esta forma, la muestra total estuvo compuesta por 86 familiares de niños y adolescentes con discapacidad de 6 a 18 años que practican deporte inclusivo.

2.2. Instrumento y procedimiento

A tal efecto, se diseñó y aplicó una Encuesta de Satisfacción Familiar para evaluar la satisfacción de las familias con las organizaciones que prestan estos servicios deportivos. Las dimensiones evaluadas en este cuestionario fueron las siguientes: Dimensión 1: Comunicación e información; Dimensión 2: Recursos, programas y servicios; Dimensión 3: Formación y capacitación; Dimensión 4: Coordinación, transparencia, seguimiento y satisfacción. El cuestionario tiene un total de 24 ítems, 6 en cada dimension. Los ítems se valoran utilizando una escala del 1 al 10, donde 1 significa "muy insatisfecho" y 10 significa "muy satisfecho". El cuestionario fue traducido a los siete idiomas de los siete países participantes y fue complimentado en línea por los participantes.

2.3. Análisis estadístico

Se calcularon las frecuencias y porcentajes de cada uno de los ítems del cuestionario, realizando además una segmentación por países para poder evaluar las diferencias entre los siete países participantes. Los resultados se presentan en gráficos de barras y diagramas de sectores.

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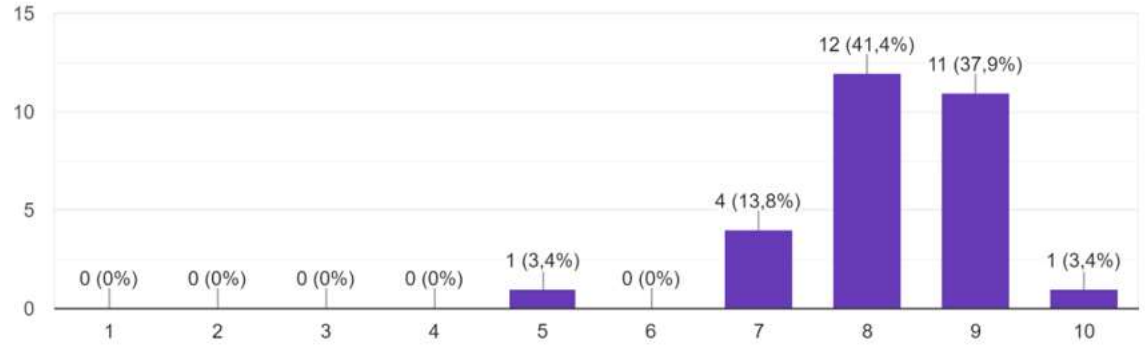
3. RESULTADOS

DIMENSIÓN 1: COMUNICACIÓN E INFORMACIÓN.

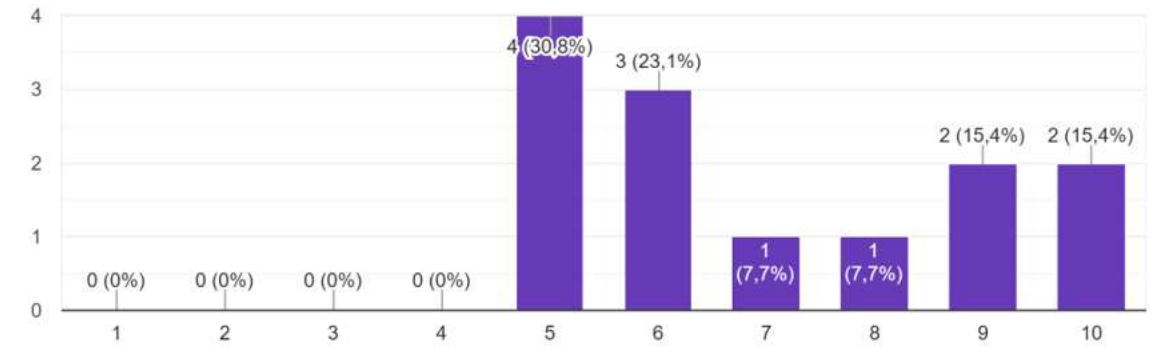
1. ¿Cómo calificaría la efectividad de la comunicación actual con las organizaciones que apoyan a personas con discapacidad?

La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (5-10), Italia (5-10), Turquía (4-10), Croacia (5-9), España (5-9), Eslovenia (3-10), y Bosnia (3-9).

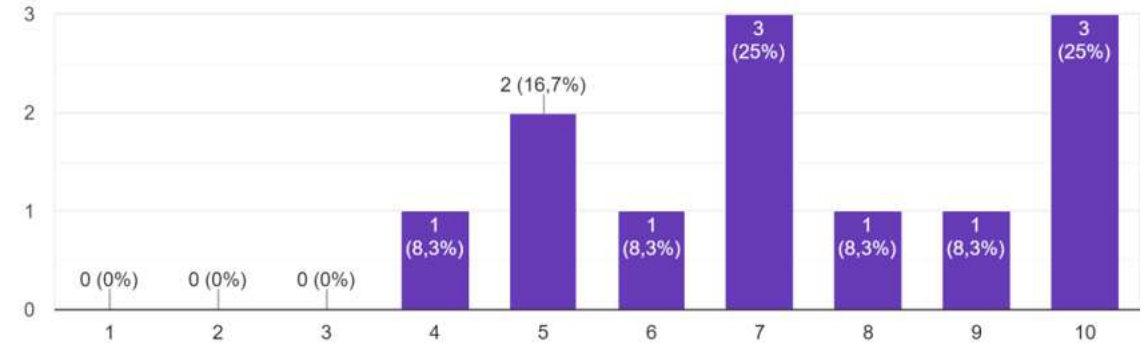
BULGARIA (n=29)



ITALIA (n=13)

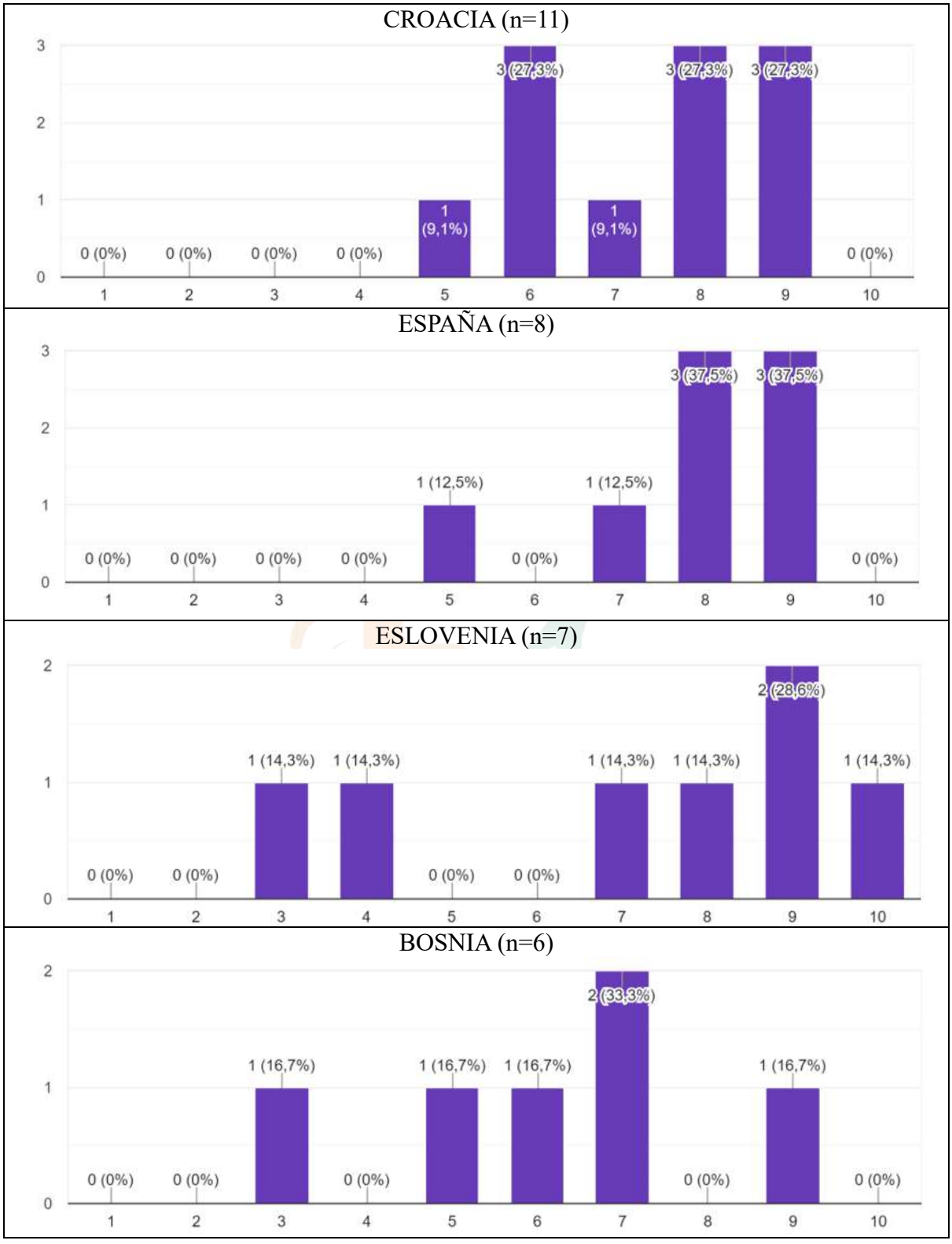


TURQUÍA (n=12)



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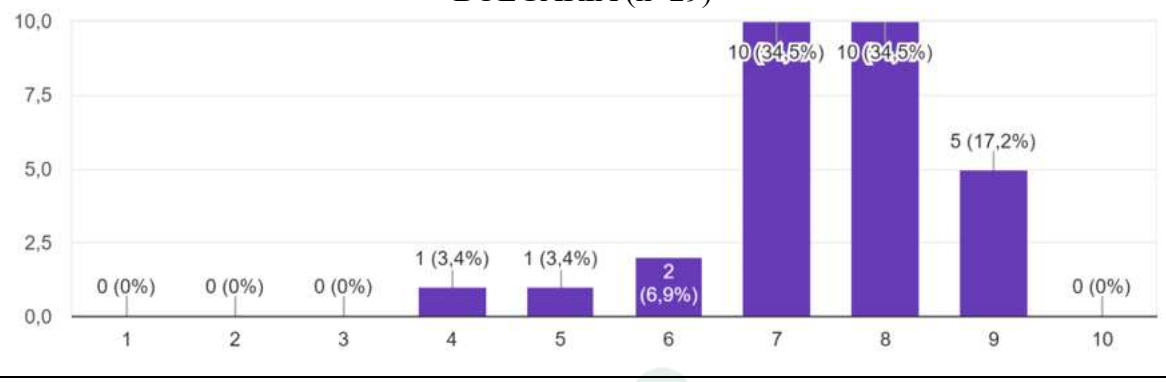


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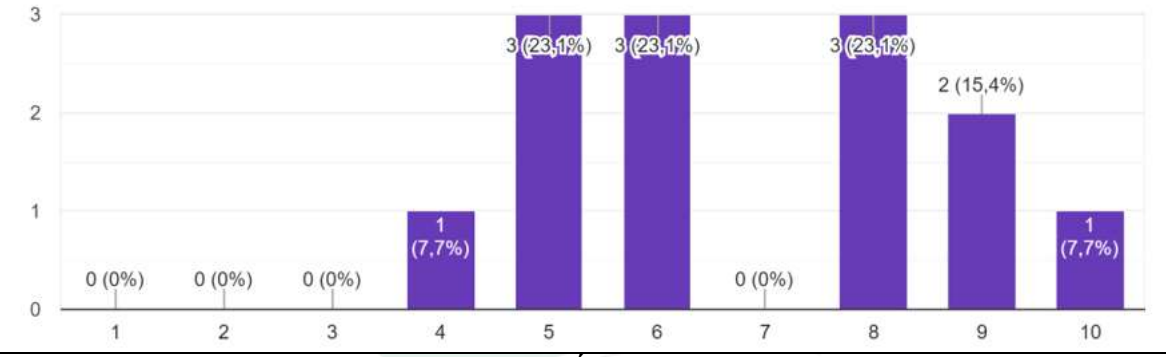
2. ¿Qué le parecen los canales de comunicación disponibles para interactuar con estas organizaciones?

La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (4-9), Italia (4-10), Turquía (3-10), Croacia (5-10), España (4-9), Eslovenia (3-10), y Bosnia (3-8).

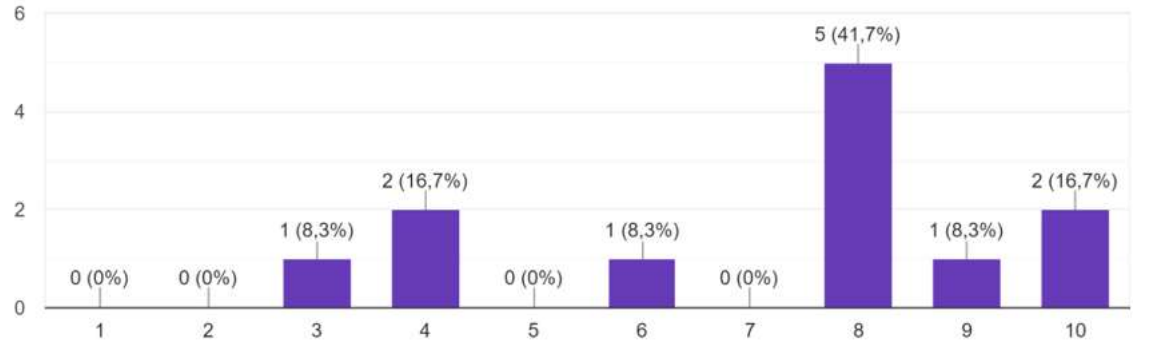
BULGARIA (n=29)



ITALIA (n=13)



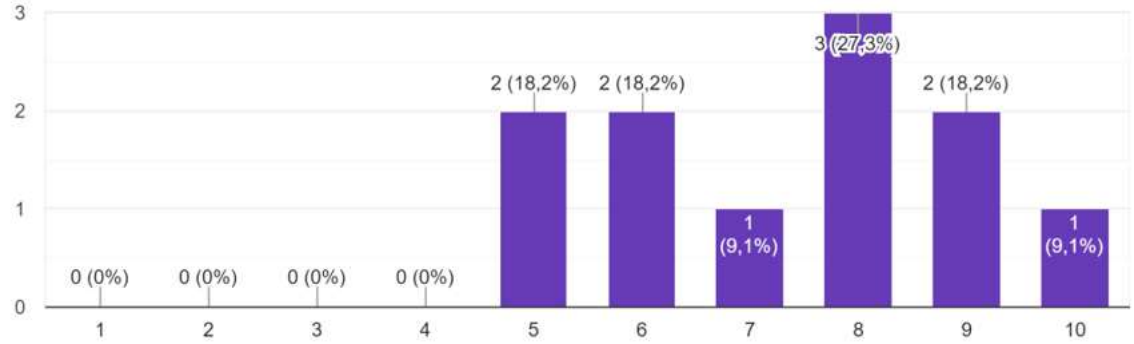
TURQUÍA (n=12)



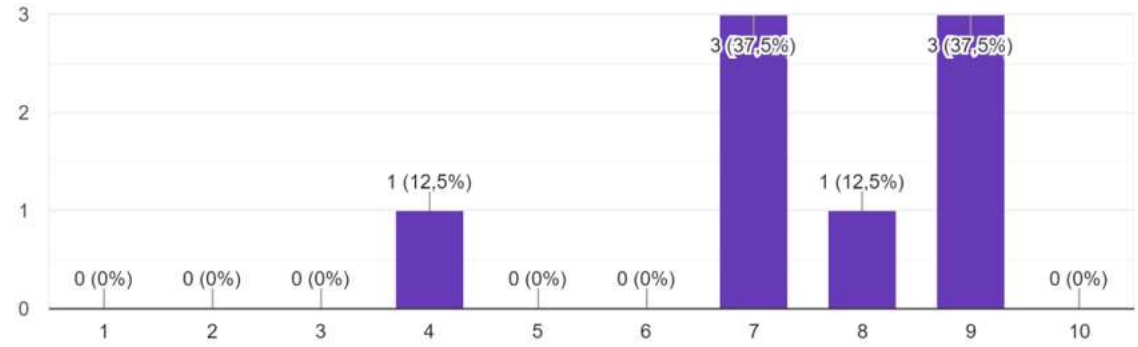
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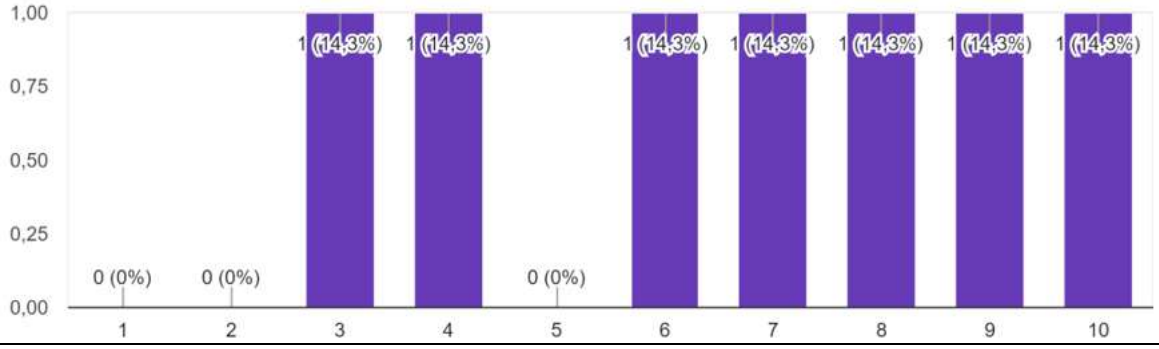
CROACIA (n=11)



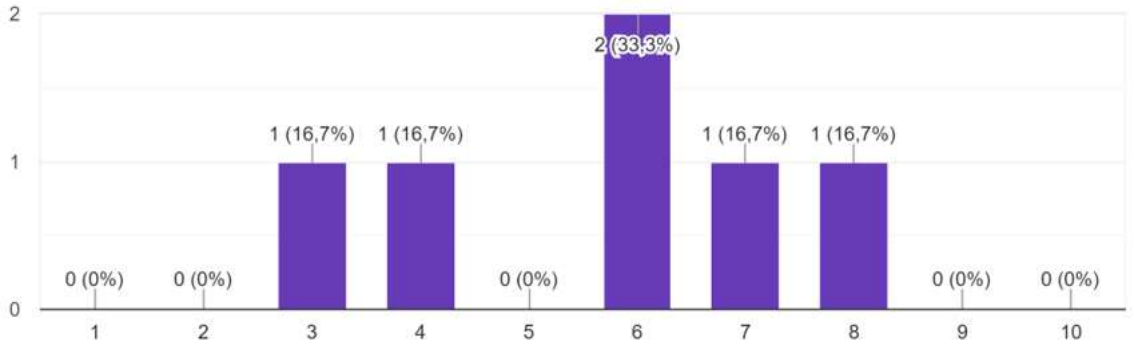
ESPAÑA (n=8)



ESLOVENIA (n=7)



BOSNIA (n=6)



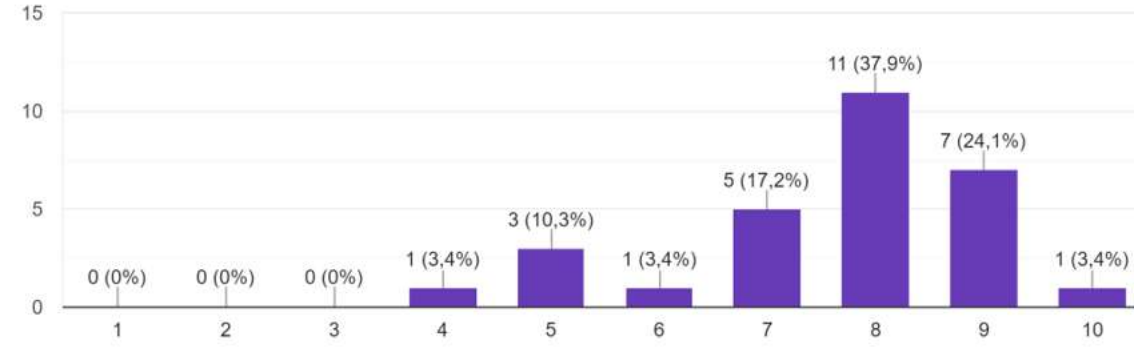
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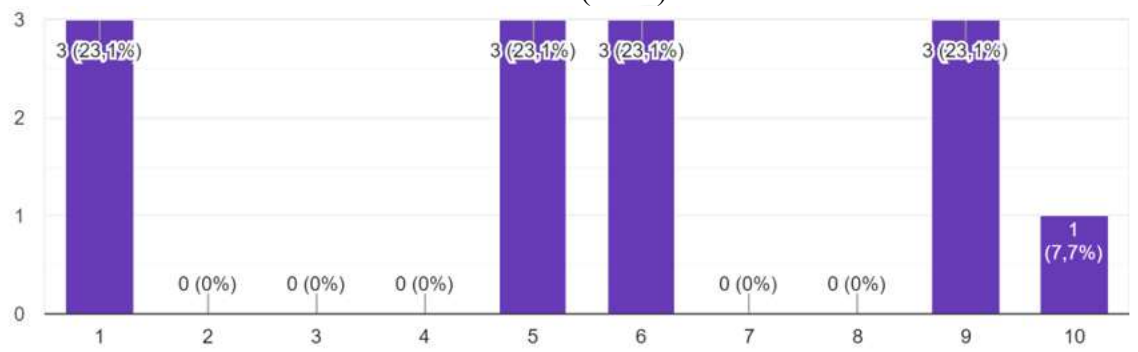
3. ¿Considera que los canales de comunicación son suficientes?

La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (4-10), Italia (1-10), Turquía (1-10), Croacia (5-10), España (4-10), Eslovenia (1-10), y Bosnia (2-9).

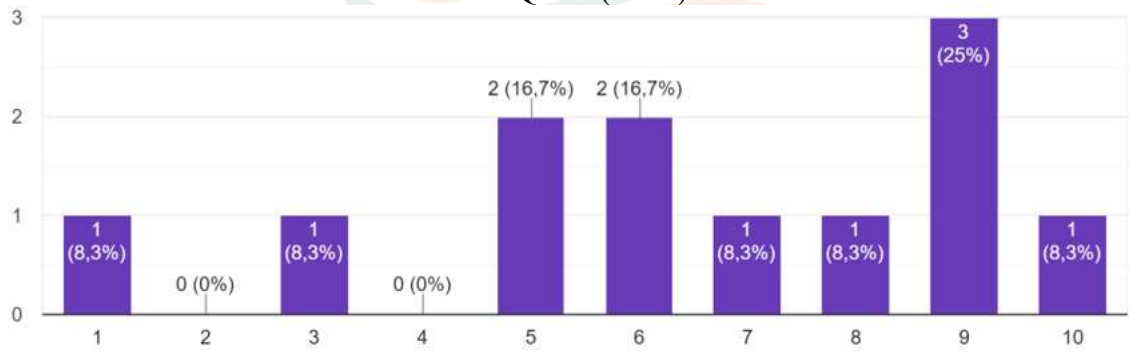
BULGARIA (n=29)



ITALIA (n=13)

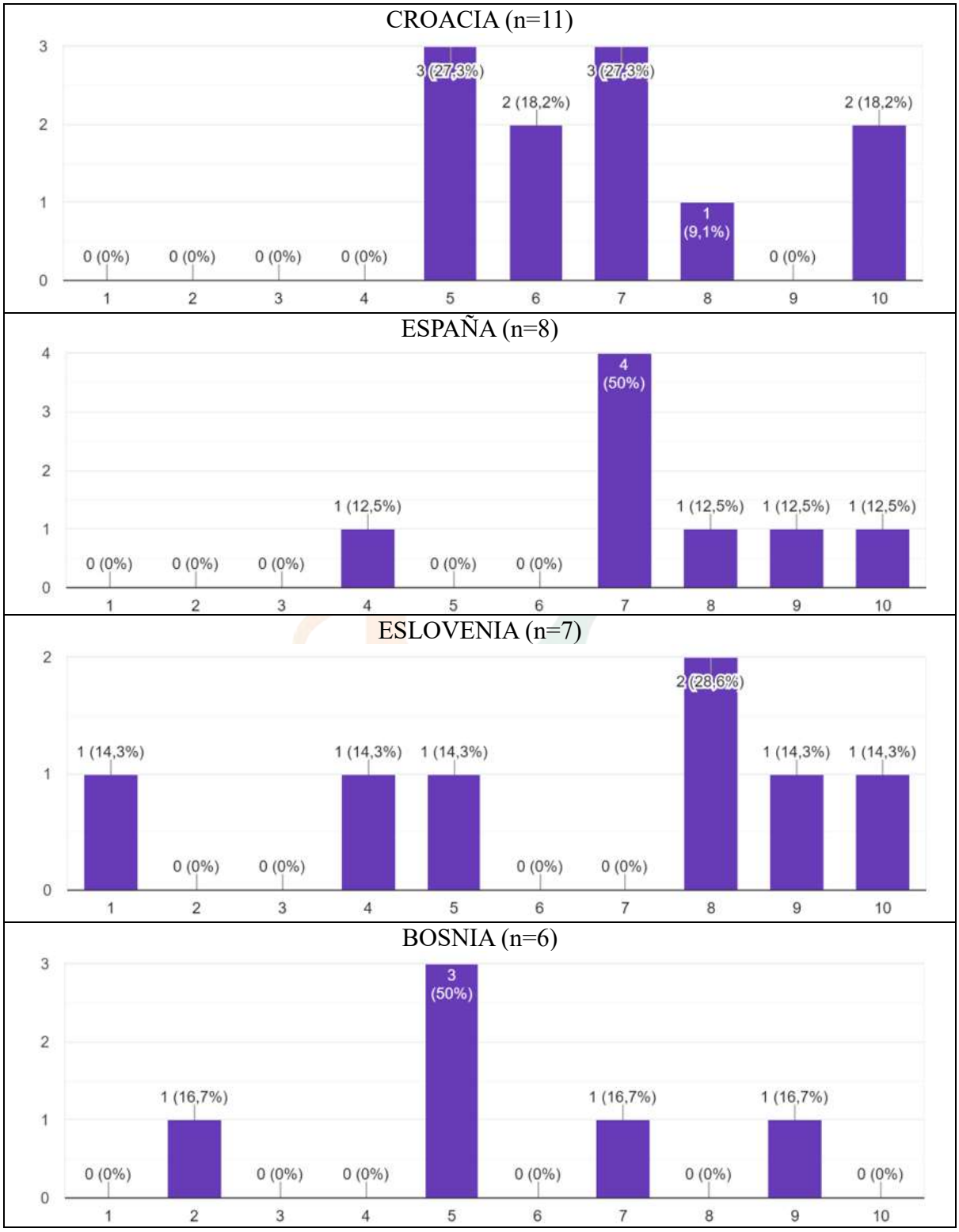


TURQUÍA (n=12)



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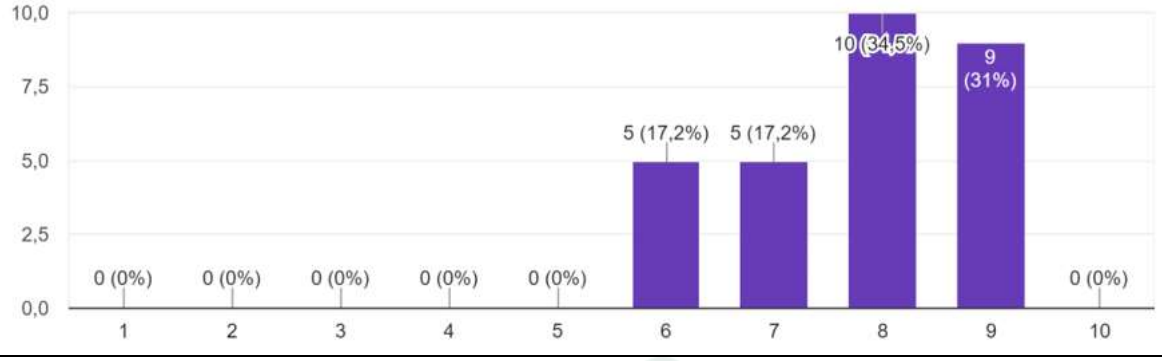


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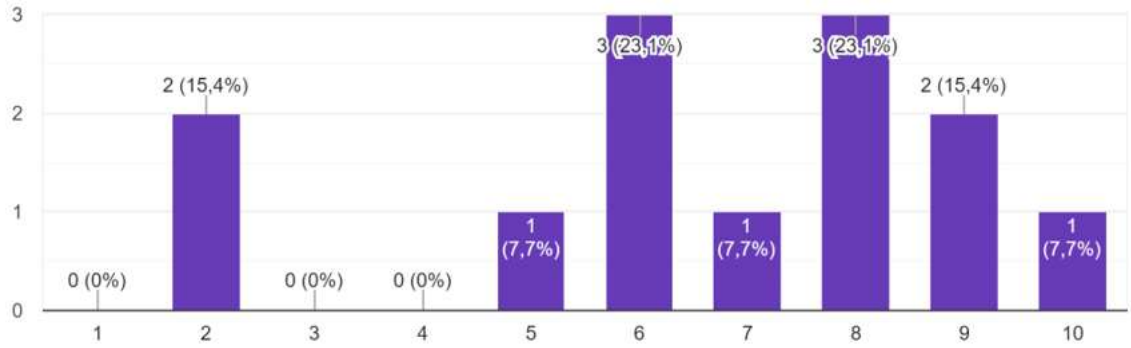
4. ¿Cuál es su satisfacción con respecto a la cantidad y relevancia de información que recibe de estas organizaciones?

La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (6-9), Italia (2-10), Turquía (1-10), Croacia (5-10), España (5-9), Eslovenia (3-10), y Bosnia (5-9).

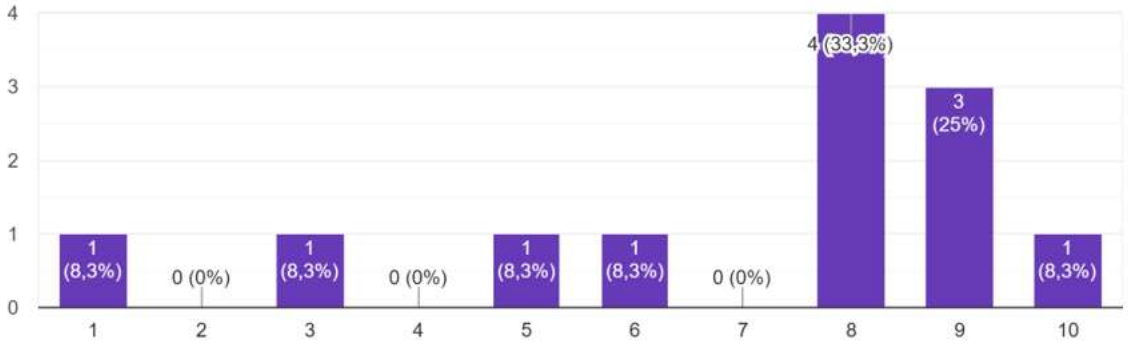
BULGARIA (n=29)



ITALIA (n=13)

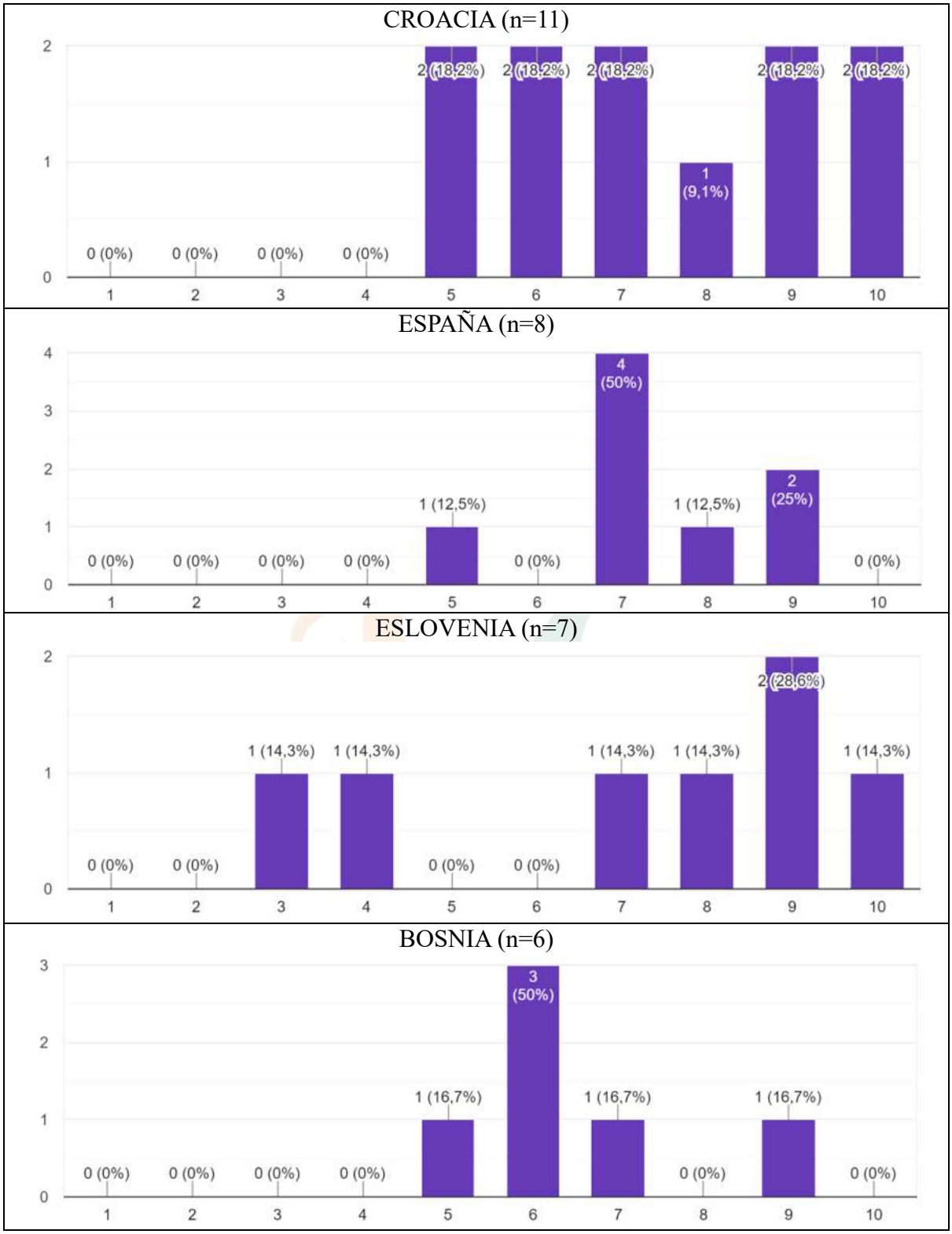


TURQUÍA (n=12)



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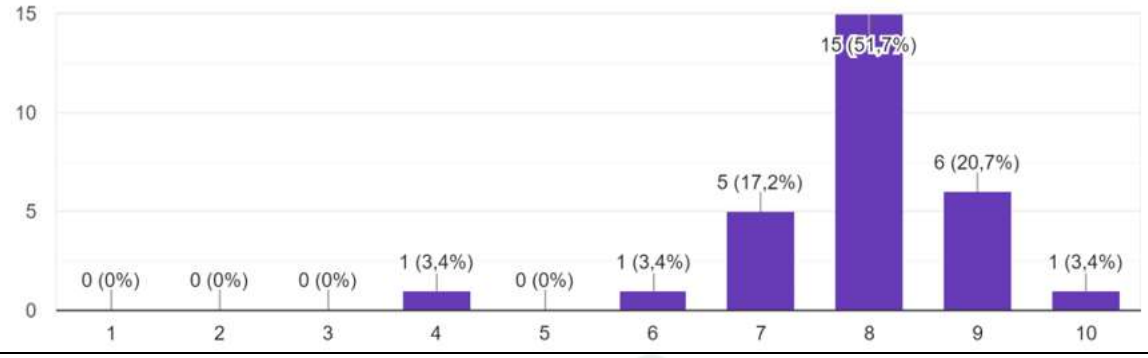
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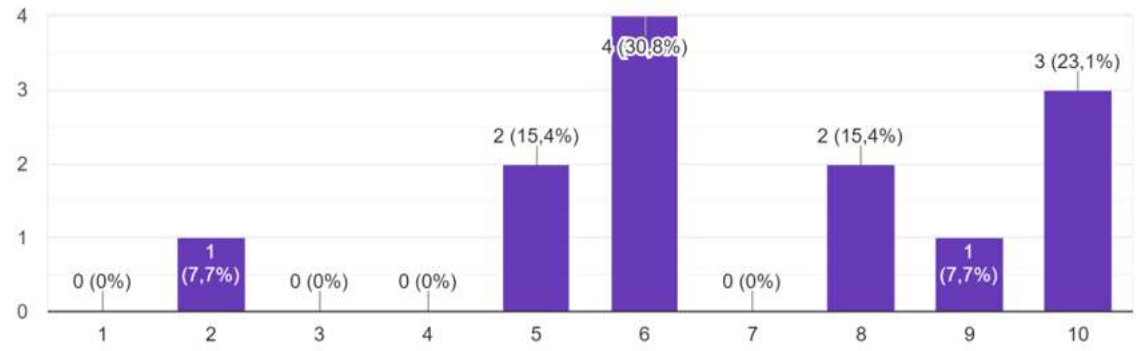
5. ¿Cómo evaluaría la claridad de la información proporcionada por las organizaciones que apoyan a personas con discapacidad?

La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (4-10), Italia (2-10), Turquía (1-10), Croacia (5-10), España (6-10), Eslovenia (3-10), y Bosnia (4-8).

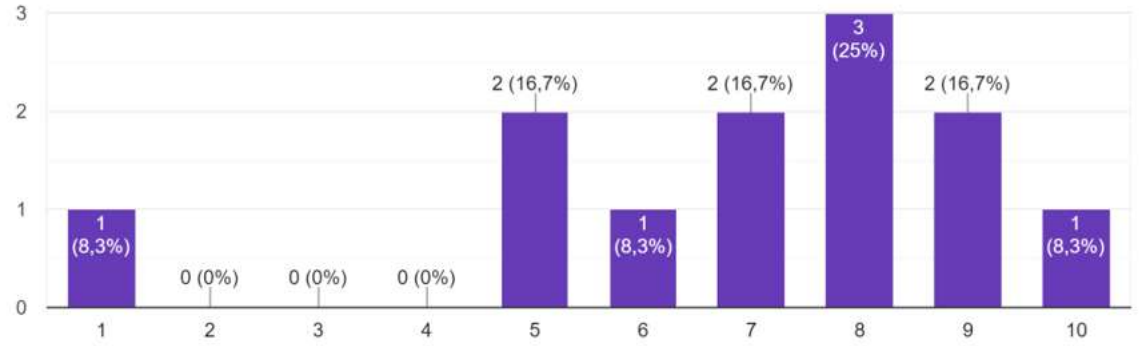
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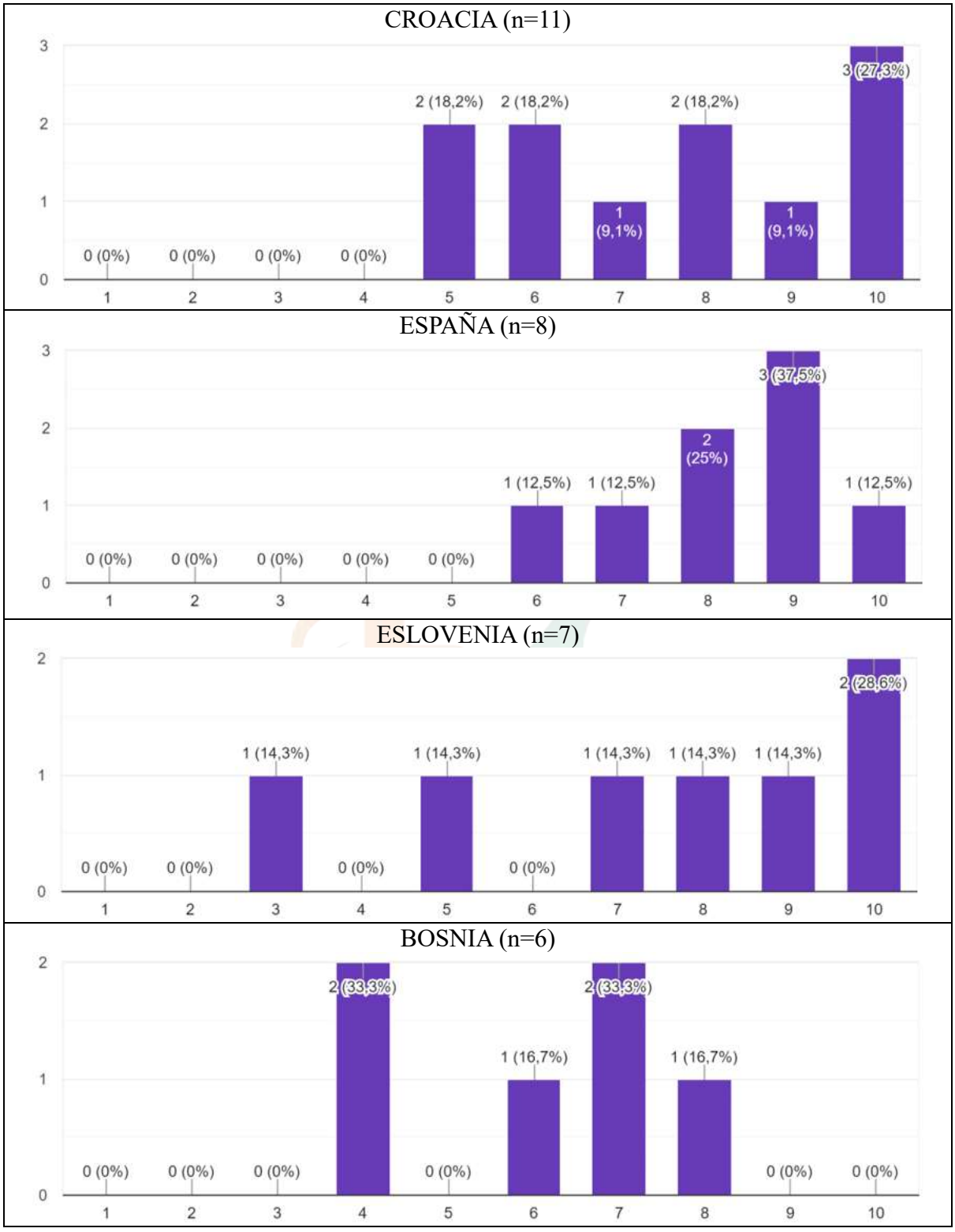


TURQUÍA (n=12)



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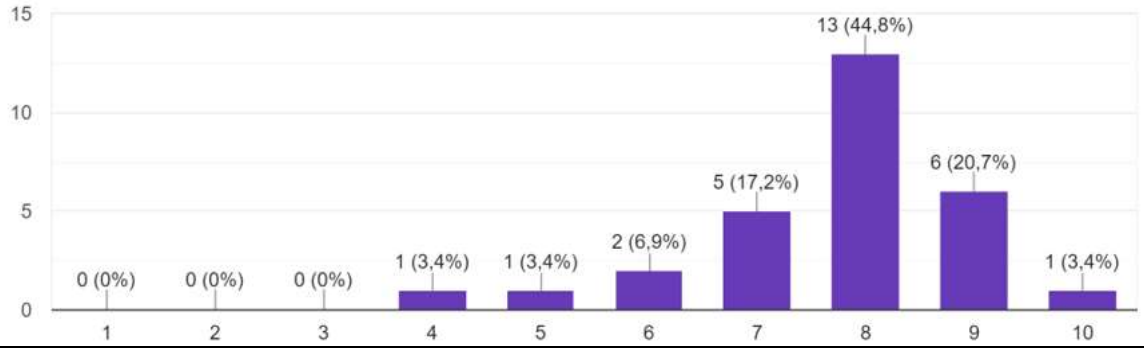
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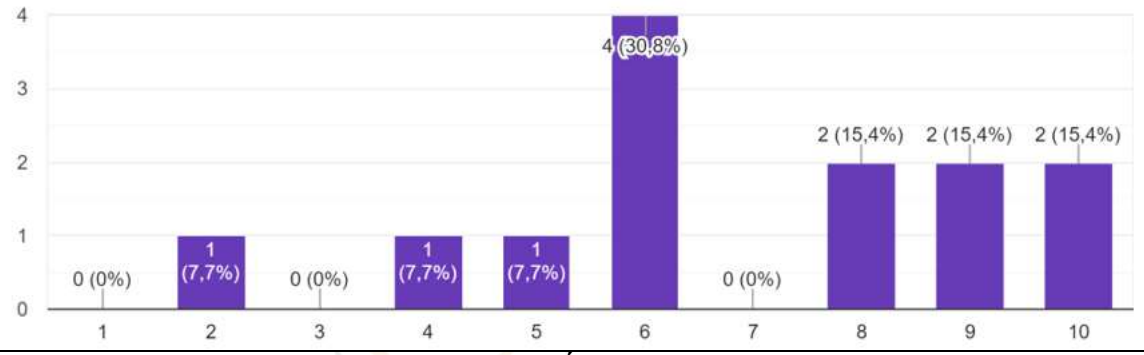
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6. ¿Qué tal es la accesibilidad a la información proporcionada por estas organizaciones?
La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (4-10), Italia (2-10), Turquía (1-10), Croacia (5-10), España (5-10), Eslovenia (3-10), y Bosnia (3-9).

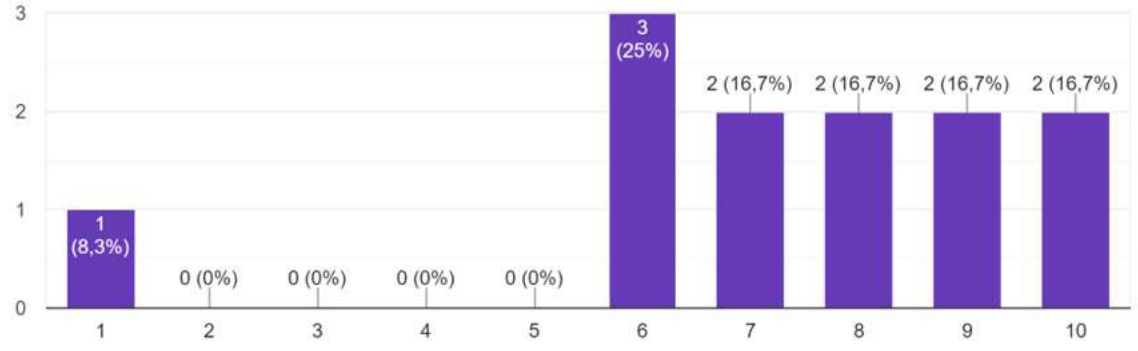
BULGARIA (n=29)



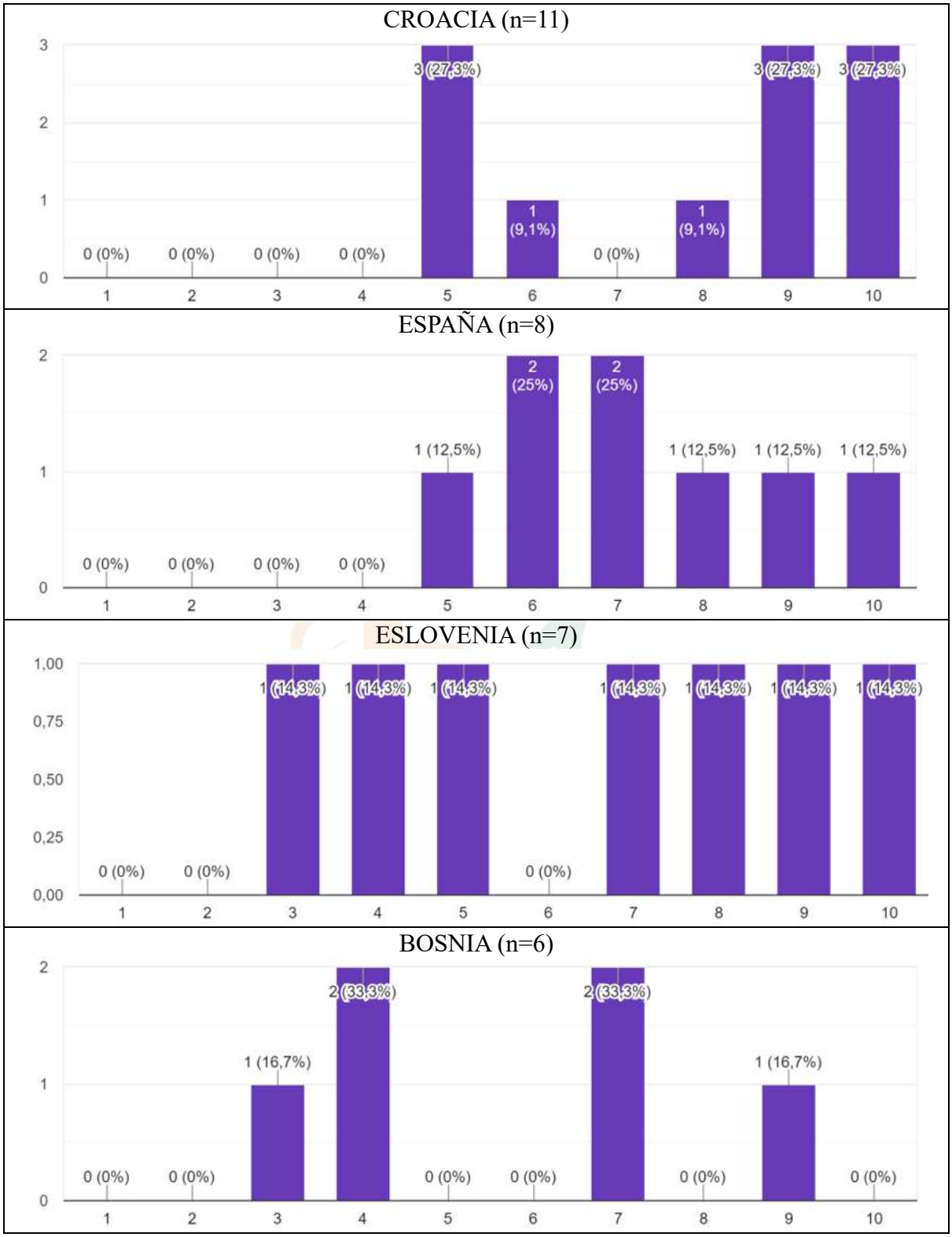
ITALIA (n=13)



TURQUÍA (n=12)



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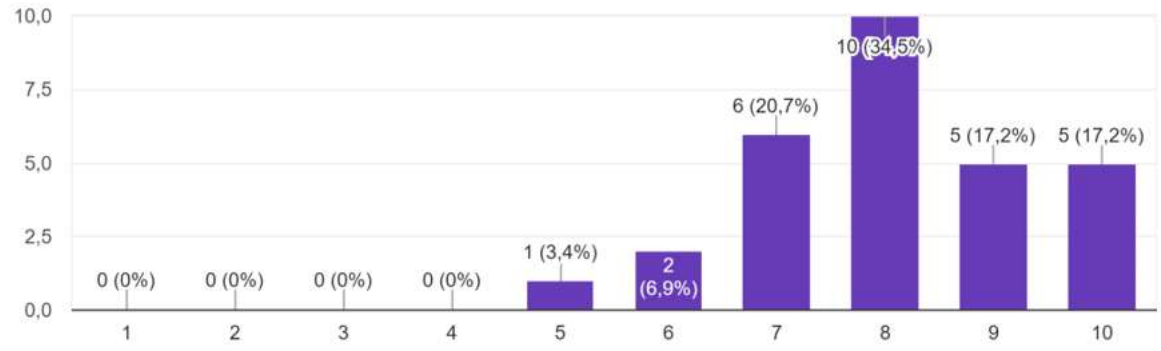
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DIMENSIÓN 2: RECURSOS, PROGRAMAS Y SERVICIOS.

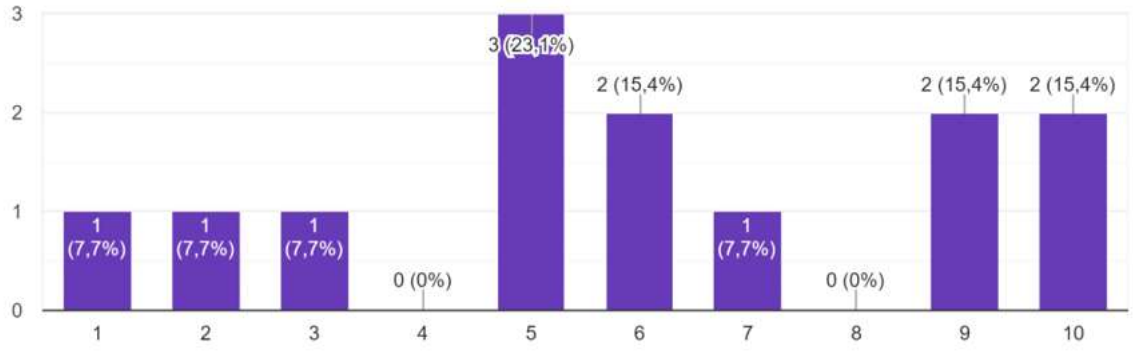
7. ¿Qué le parece la disponibilidad de recursos y servicios para su familia con respecto a su discapacidad?

La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (5-10), Italia (1-10), Turquía (1-10), Croacia (4-10), España (5-9), Eslovenia (1-10), y Bosnia (2-9).

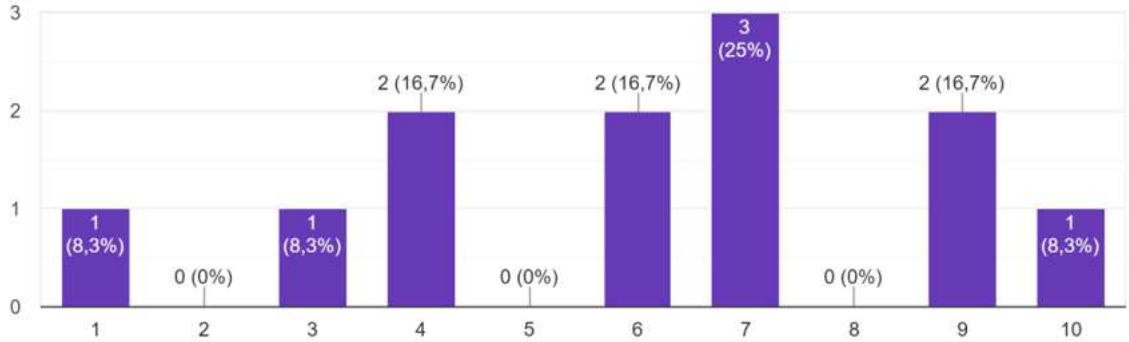
BULGARIA (n=29)



ITALIA (n=13)



TURQUÍA (n=12)



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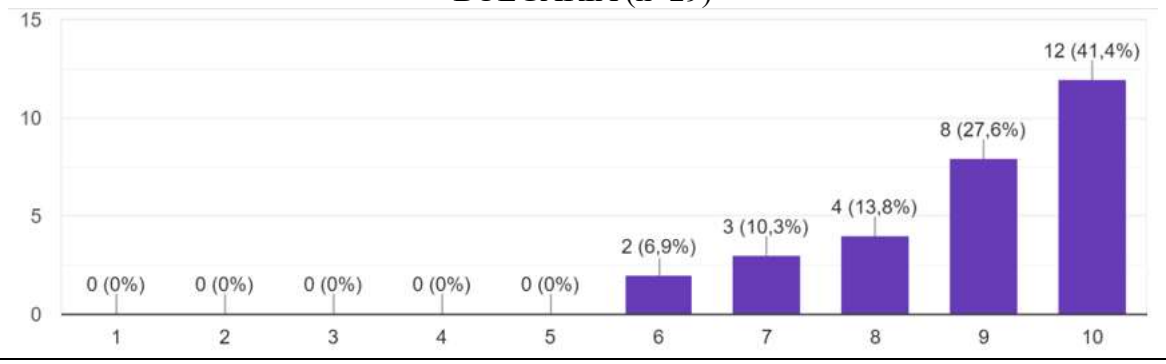


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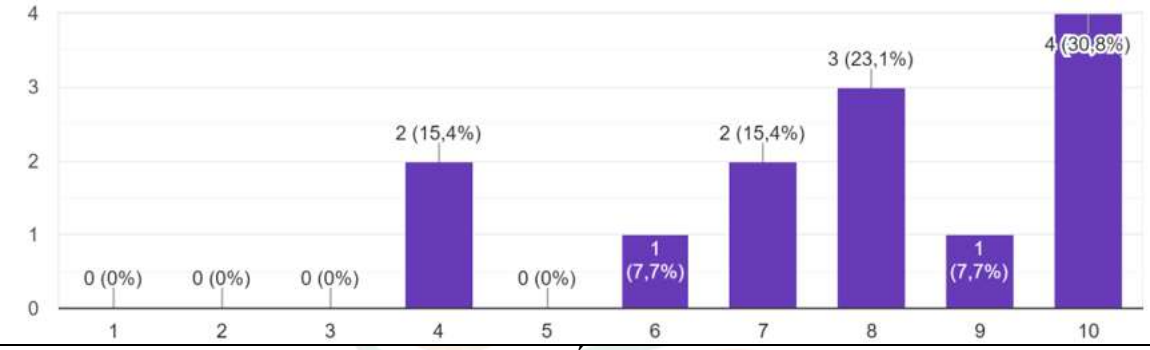
8. ¿Qué importancia le da a la disponibilidad de servicios y programas de apoyo social y emocional para las familias en esta situación?

La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (6-10), Italia (4-10), Turquía (6-10), Croacia (6-10), España (6-10), Eslovenia (7-10), y Bosnia (2-9).

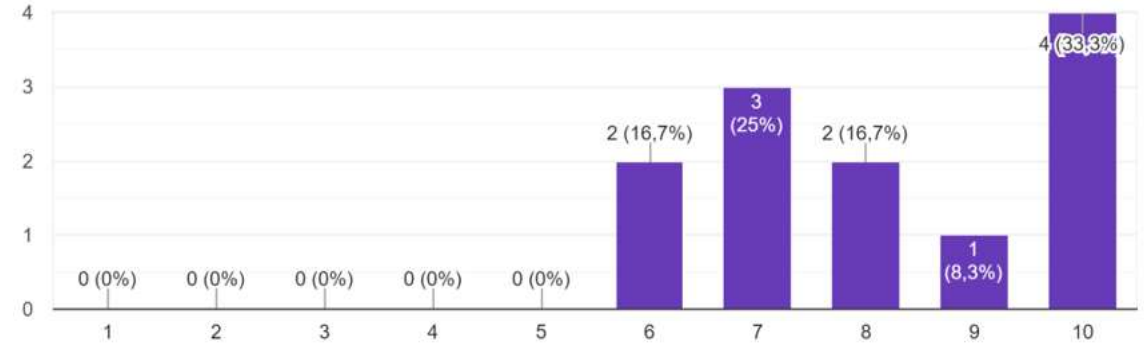
BULGARIA (n=29)



ITALIA (n=13)



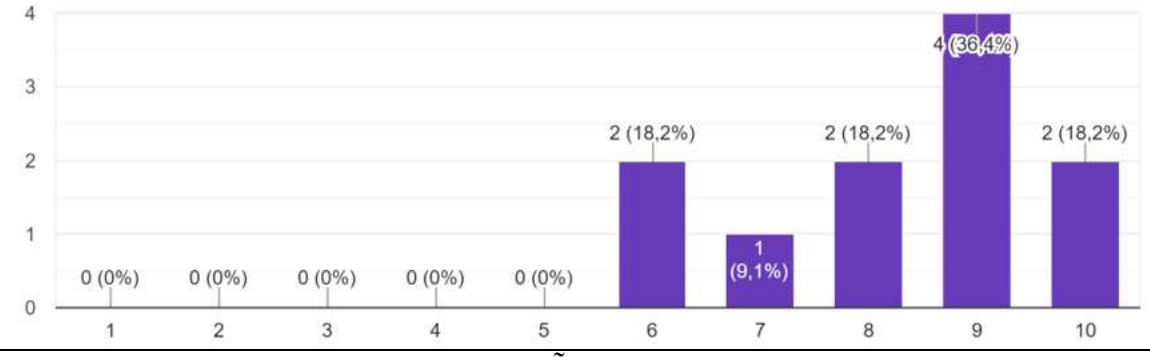
TURQUÍA (n=12)



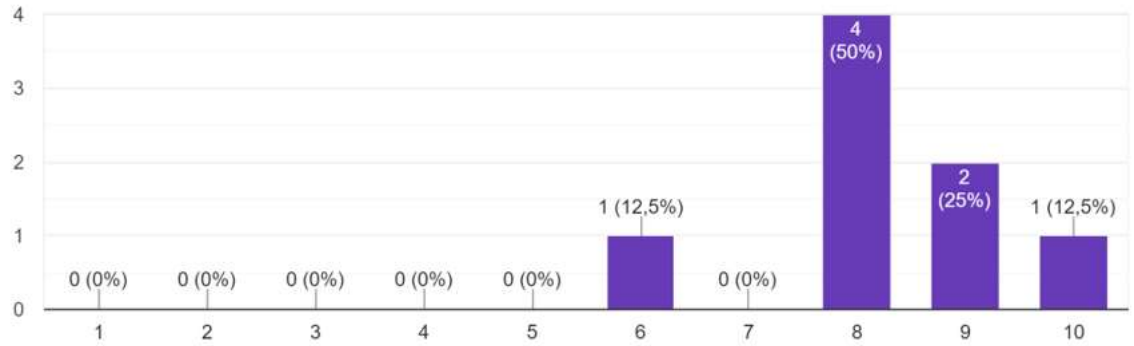
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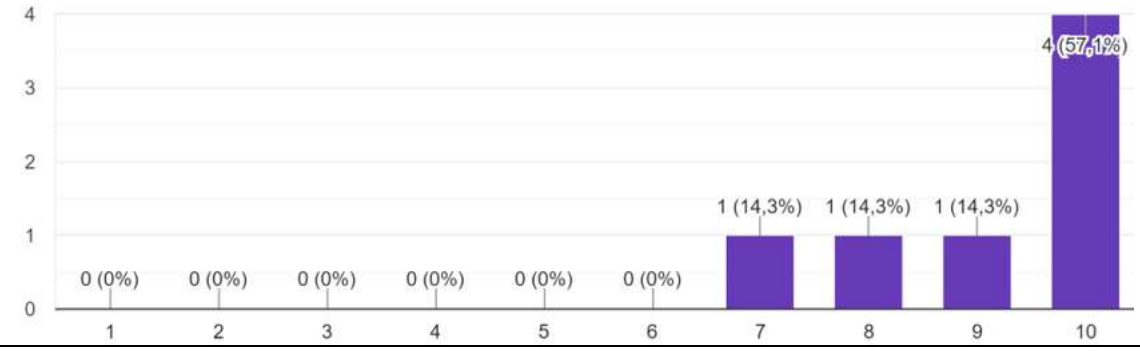
CROACIA (n=11)



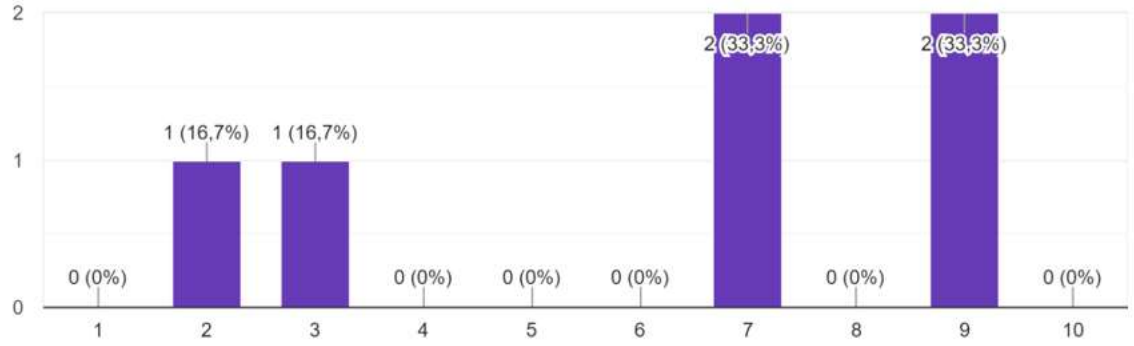
ESPAÑA (n=8)



ESLOVENIA (n=7)



BOSNIA (n=6)



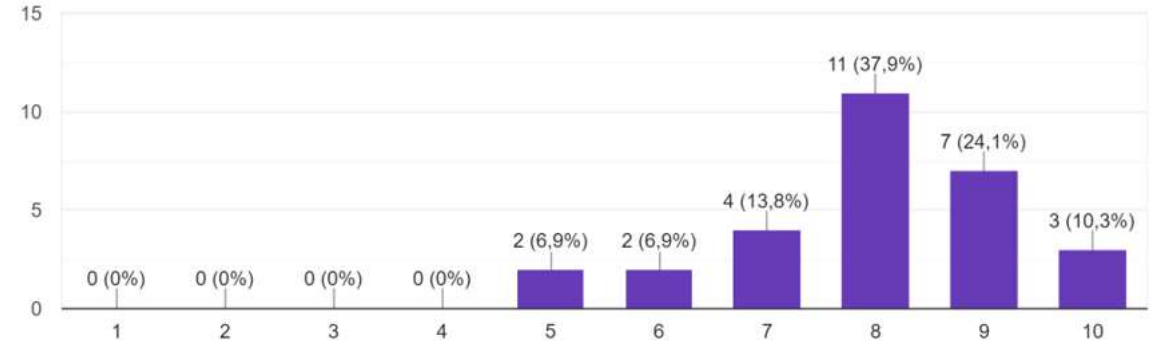
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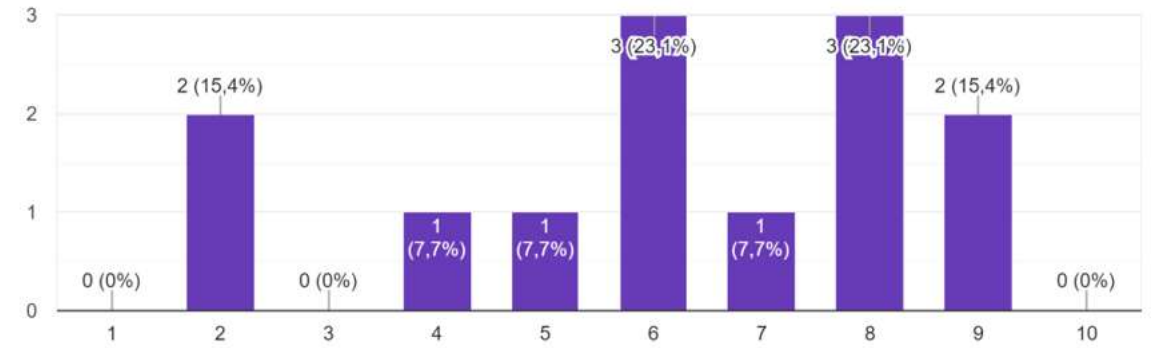
9. ¿Qué valoración le daría a la respuesta de estas organizaciones a sus consultas o solicitudes?

La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (5-10), Italia (2-9), Turquía (4-10), Croacia (6-10), España (6-10), Eslovenia (1-10), y Bosnia (4-10).

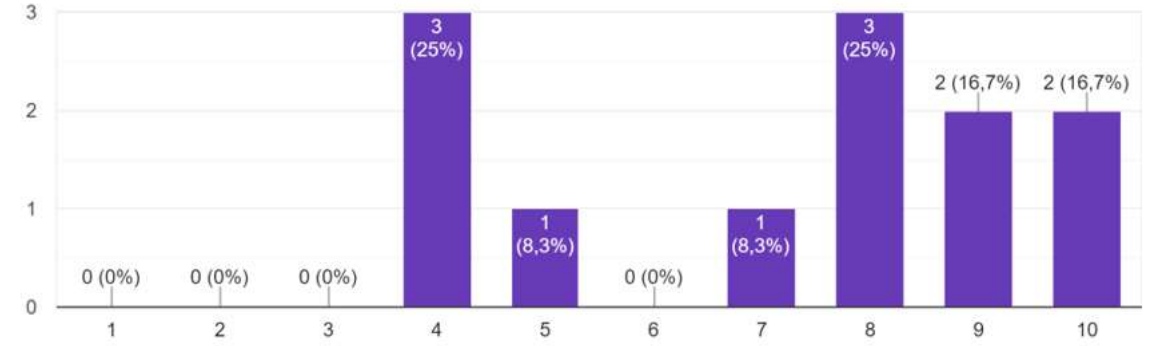
BULGARIA (n=29)



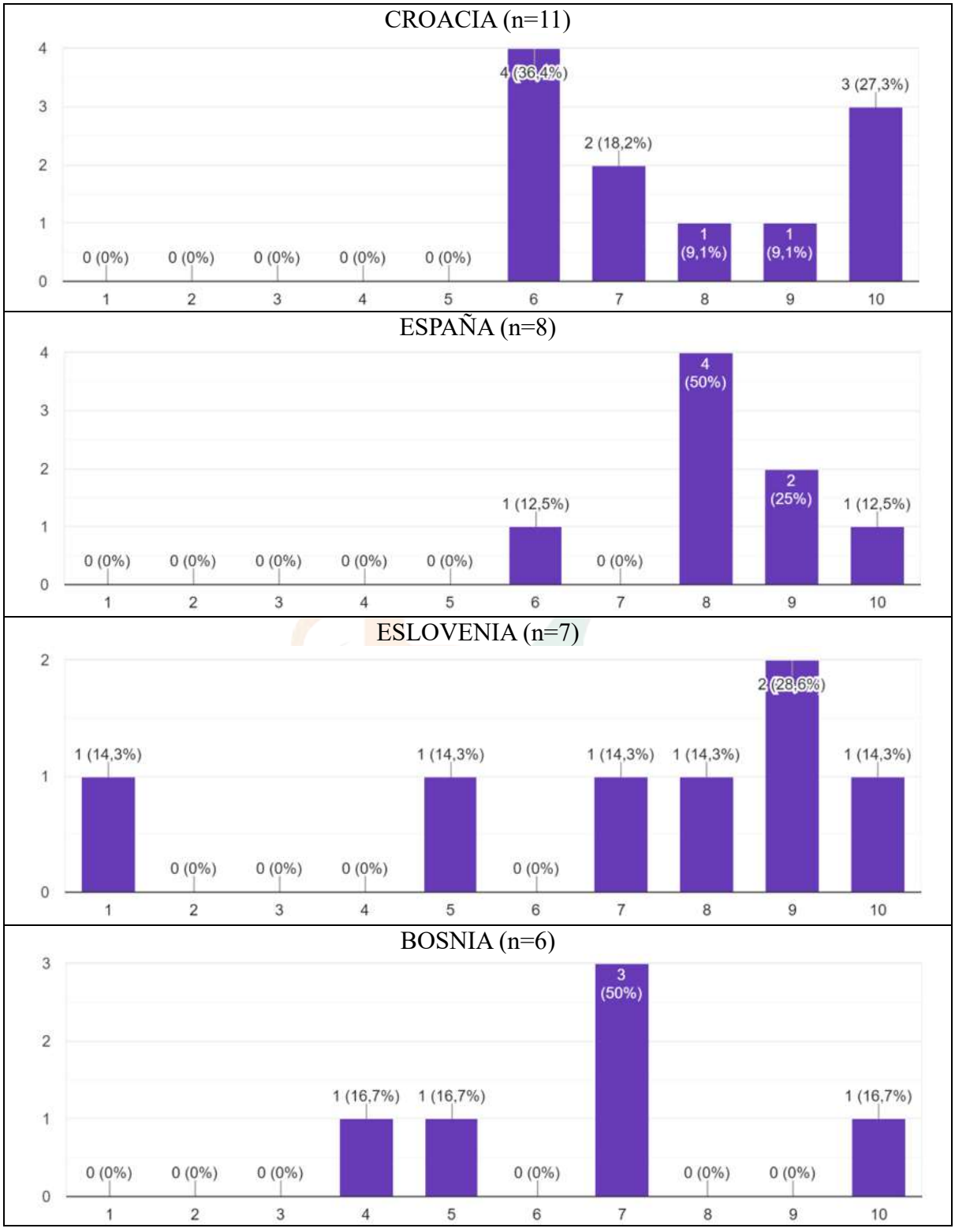
ITALIA (n=13)



TURQUÍA (n=12)



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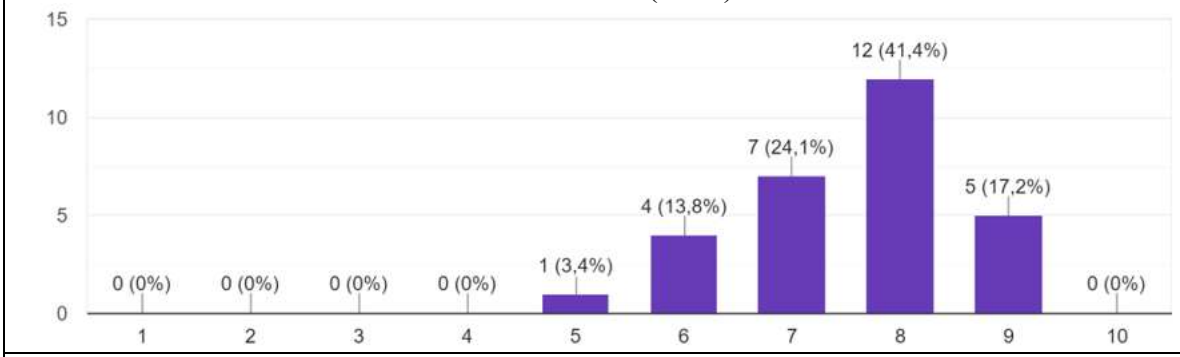


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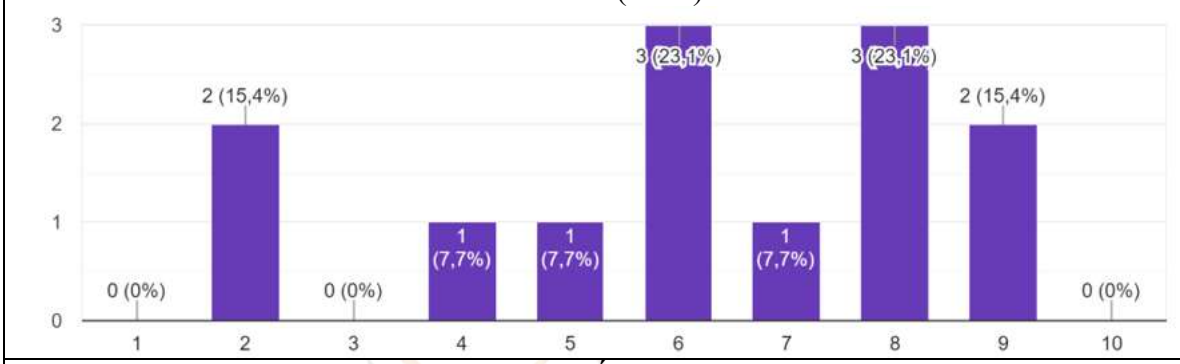
10. ¿Y con respecto a la prontitud en la atención de sus consultas?

La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (5-9), Italia (2-9), Turquía (4-10), Croacia (5-9), España (6-10), Eslovenia (1-10), y Bosnia (4-10).

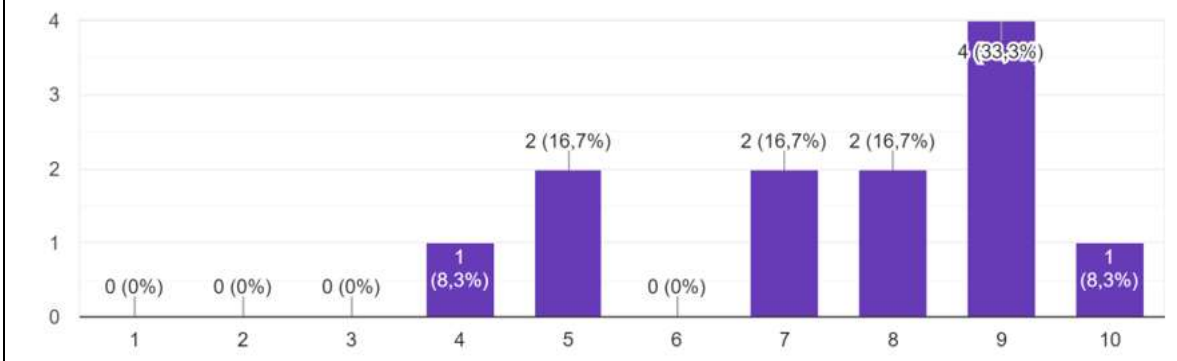
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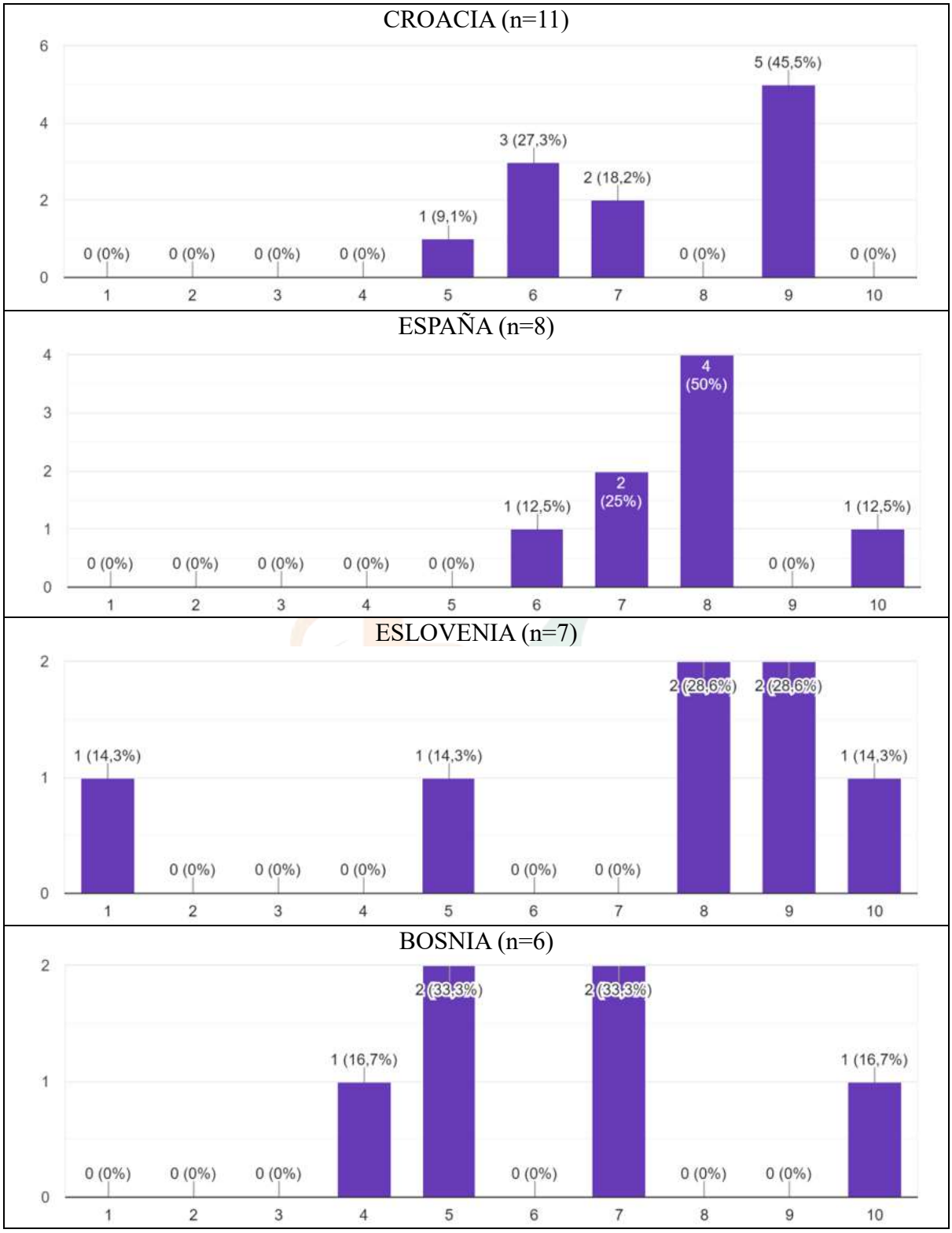


TURQUÍA (n=12)



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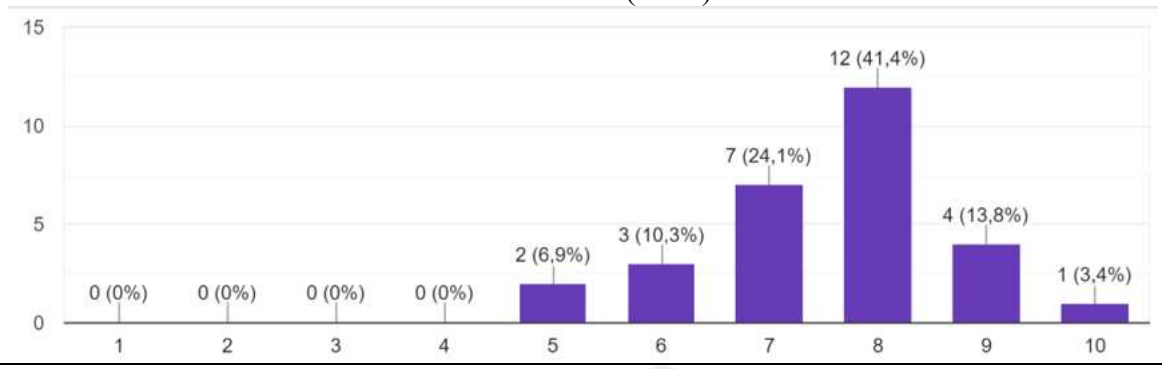


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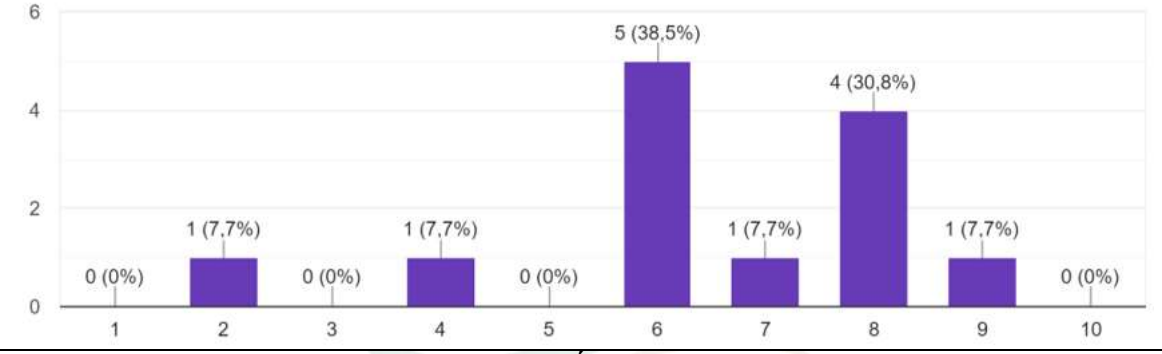
11. ¿Considera los materiales informativos proporcionados por estas organizaciones claros, atractivos, relevantes y actualizados?

La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (5-10), Italia (2-9), Turquía (4-10), Croacia (4-10), España (5-10), Eslovenia (4-10), y Bosnia (3-9).

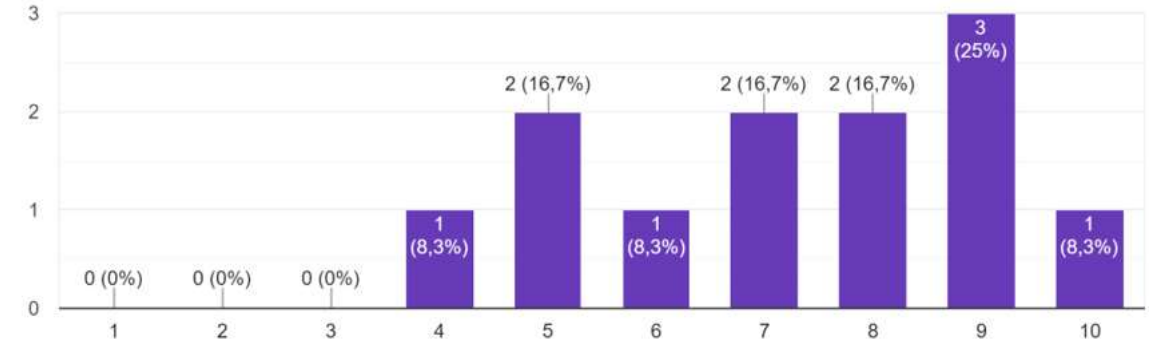
BULGARIA (n=29)



ITALIA (n=13)

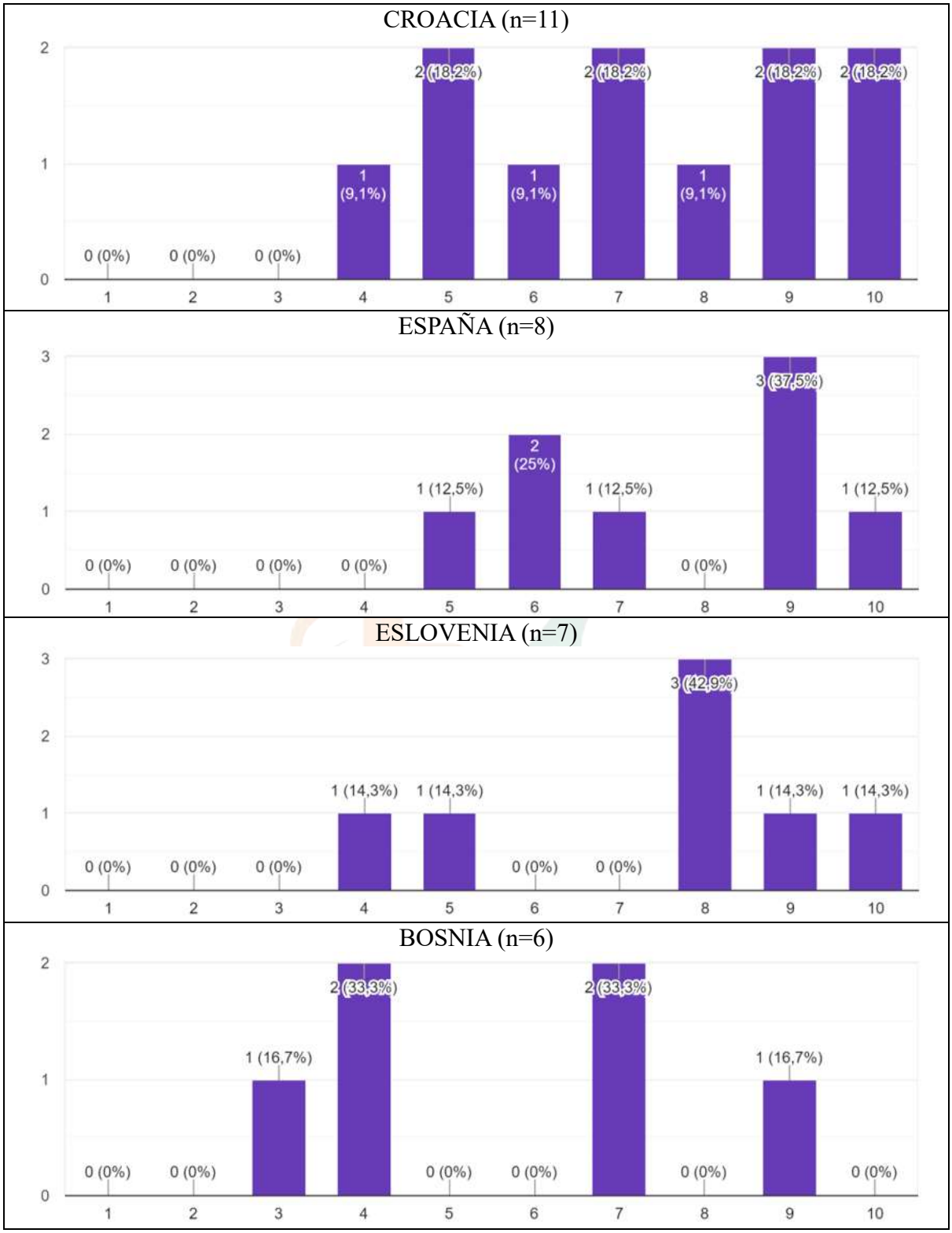


TURQUÍA (n=12)



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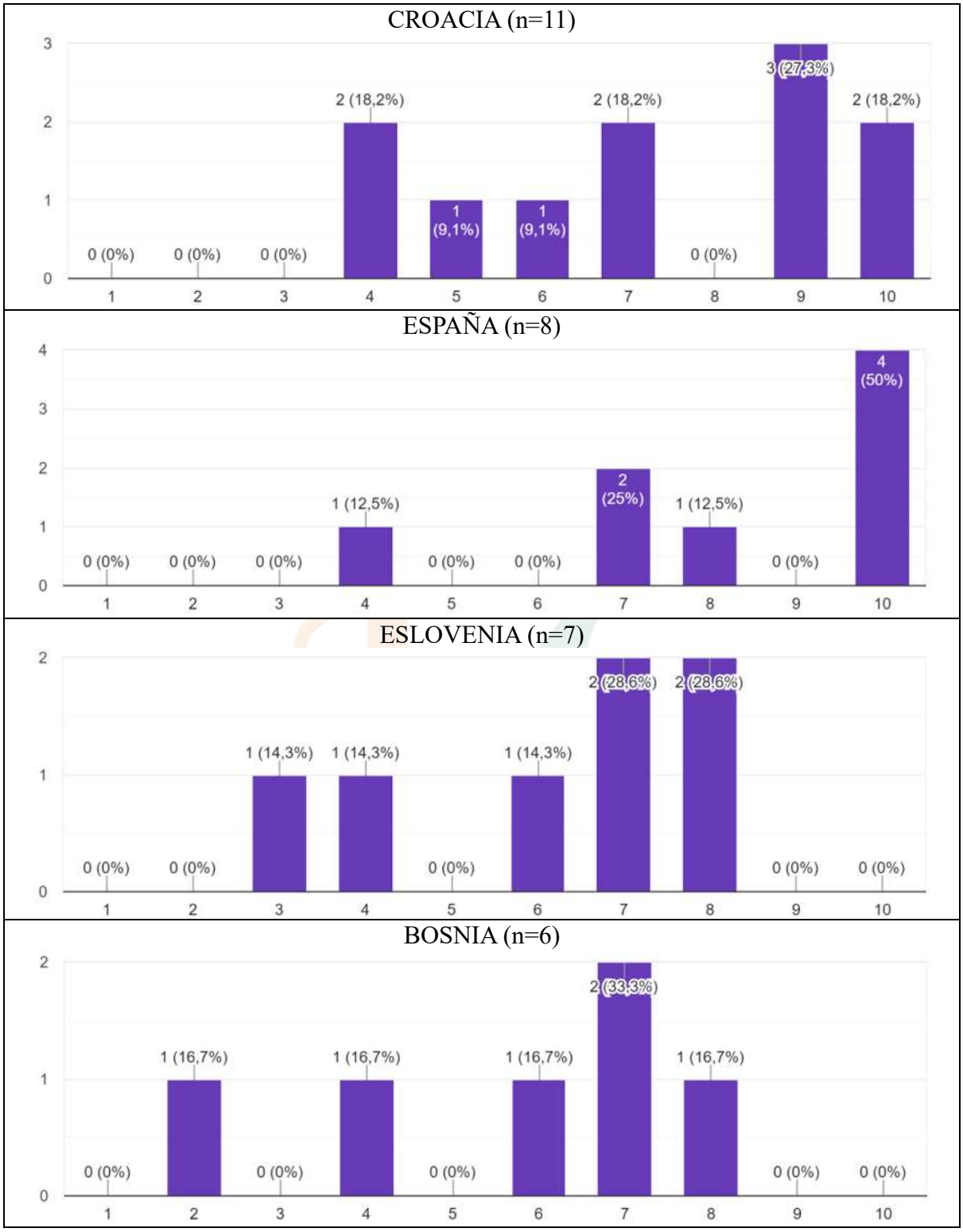
12. ¿Cómo valoraría la inclusión de opiniones y experiencias de las familias en el diseño de programas y servicios?

La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (3-10), Italia (2-9), Turquía (5-10), Croacia (4-10), España (4-10), Eslovenia (3-8), y Bosnia (2-8).



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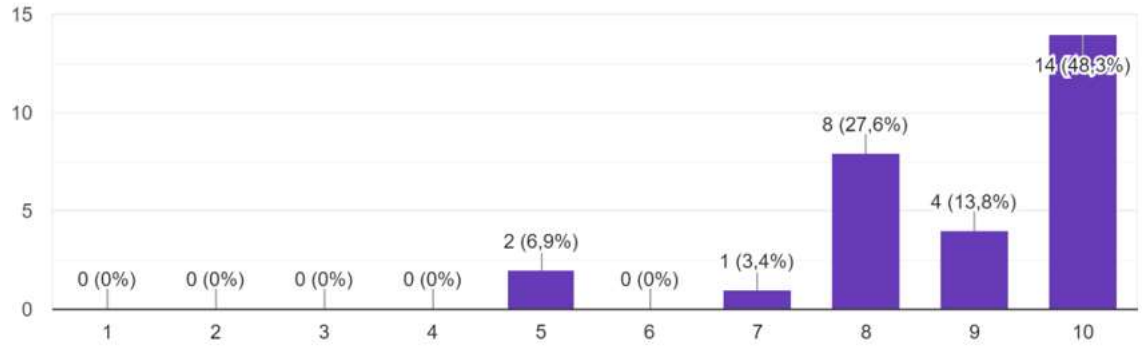
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DIMENSIÓN 3: FORMACIÓN Y CAPACITACIÓN.

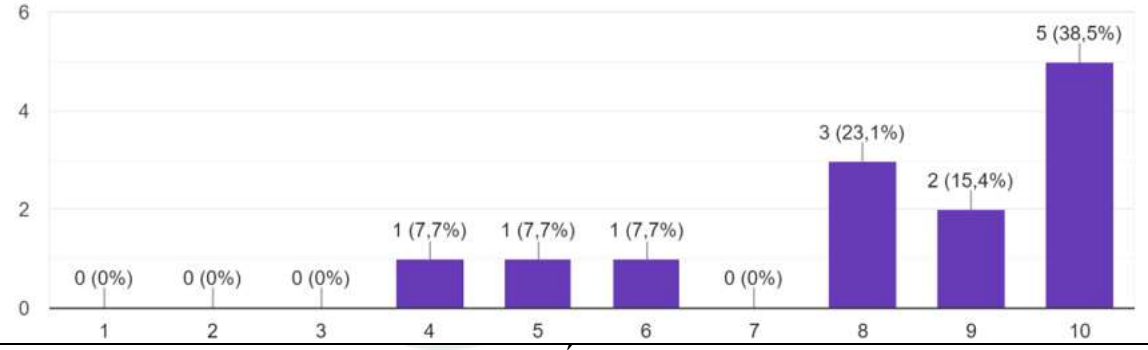
13. ¿Qué importancia le da a la necesidad de formación o capacitación para las familias que tienen miembros con alguna discapacidad?

La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (5-10), Italia (4-10), Turquía (3-10), Croacia (7-10), España (7-10), Eslovenia (7-10), y Bosnia (6-10).

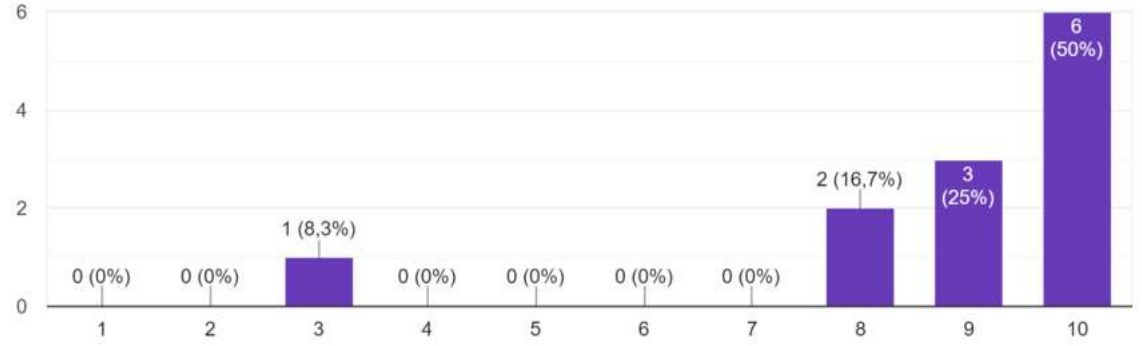
BULGARIA (n=29)



ITALIA (n=13)

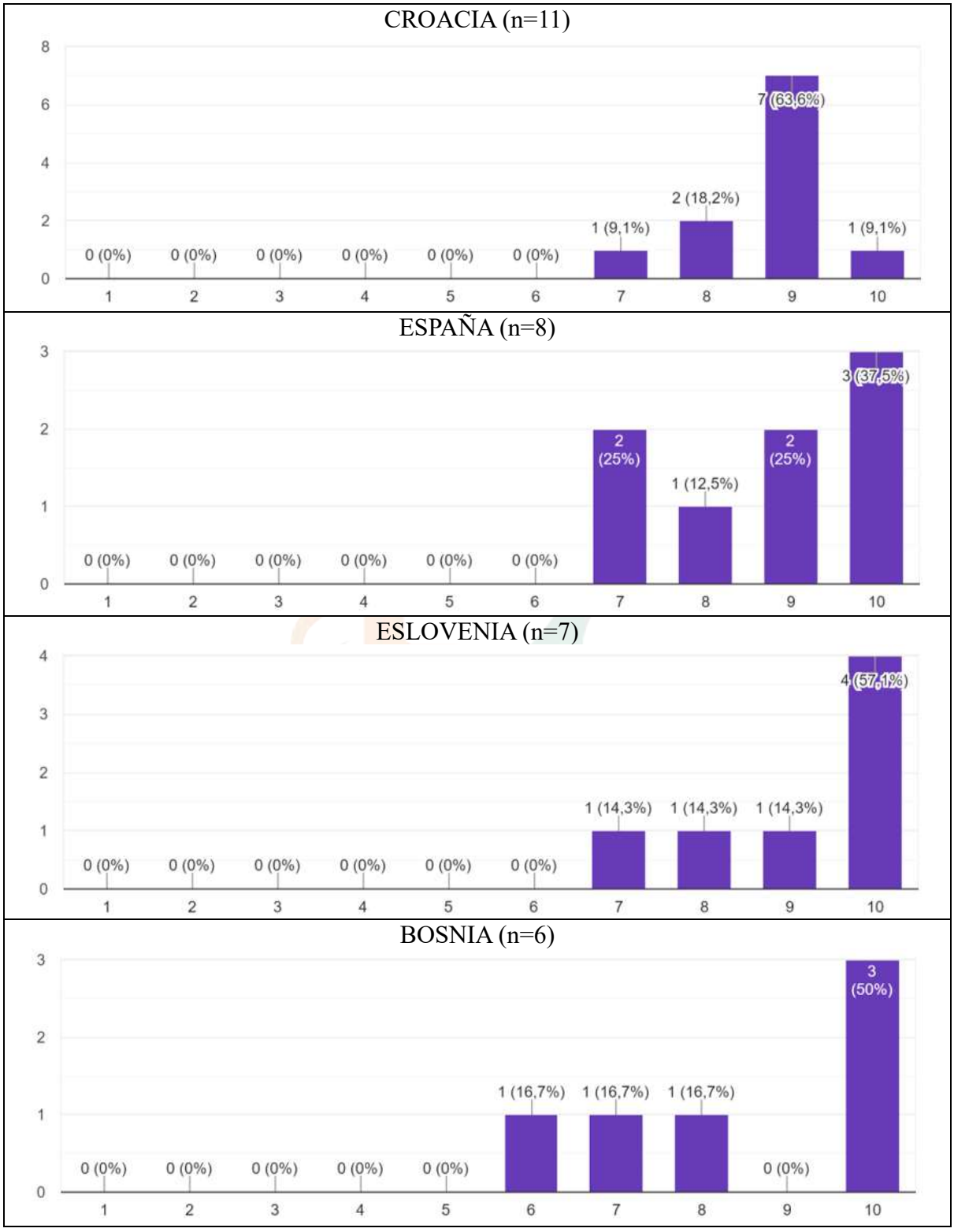


TURQUÍA (n=12)



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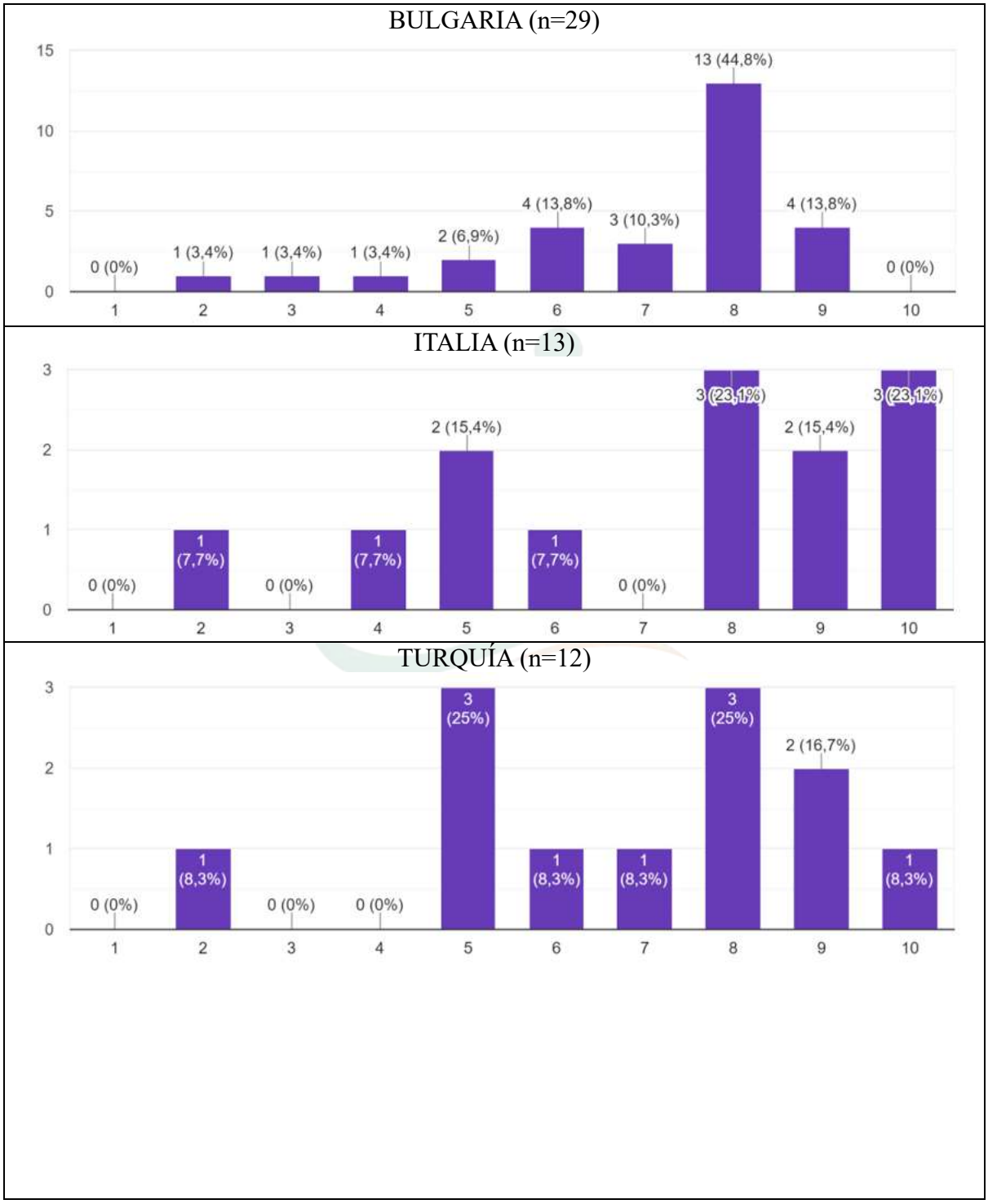
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14. ¿Le parece suficiente la formación y capacitación actual de los distintos profesionales de las organizaciones?

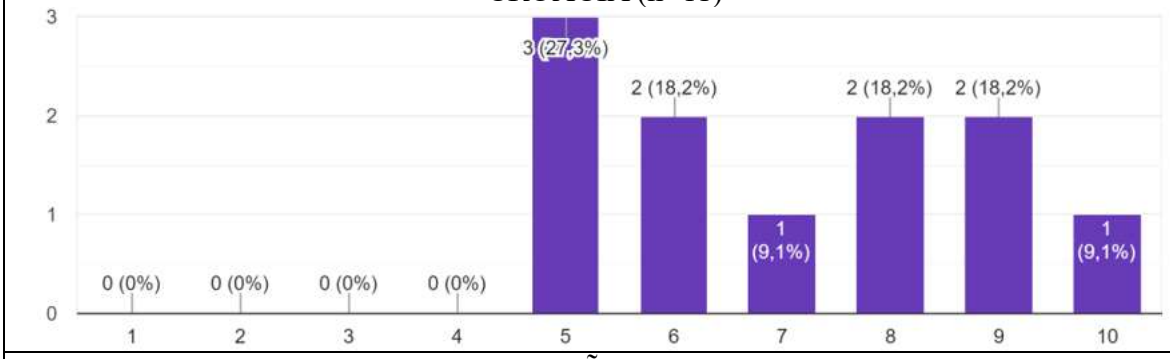
La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (2-9), Italia (2-10), Turquía (2-10), Croacia (5-10), España (5-9), Eslovenia (1-10), y Bosnia (4-8).



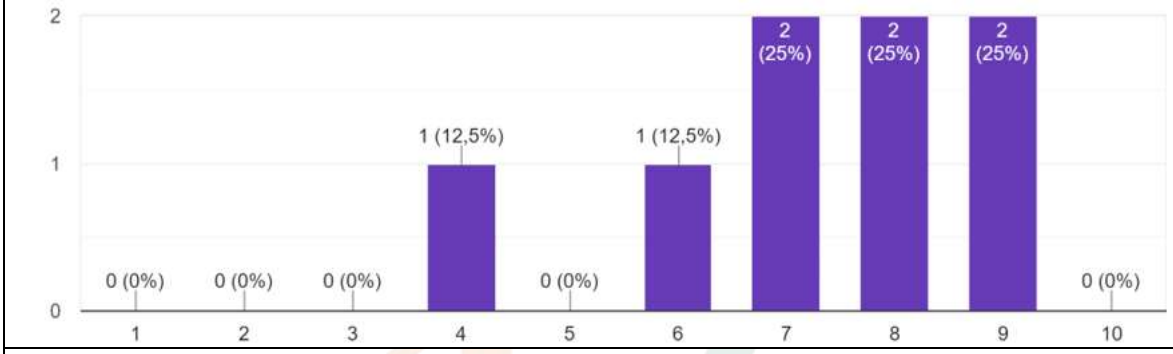
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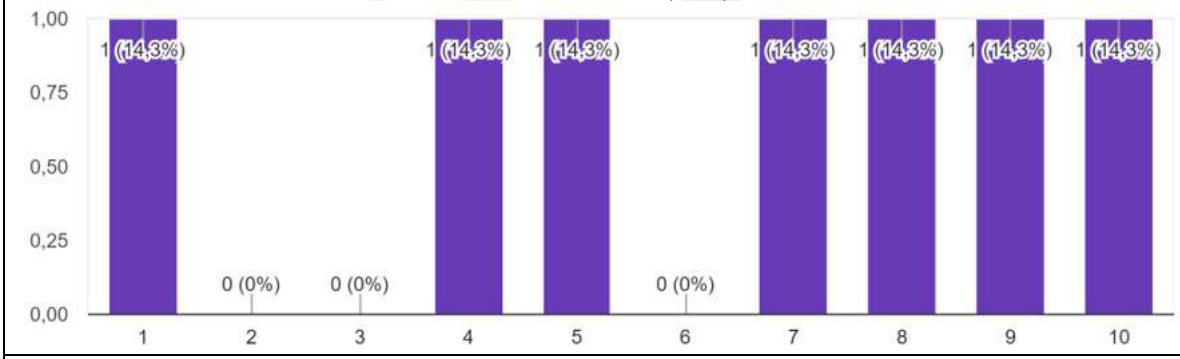
CROACIA (n=11)



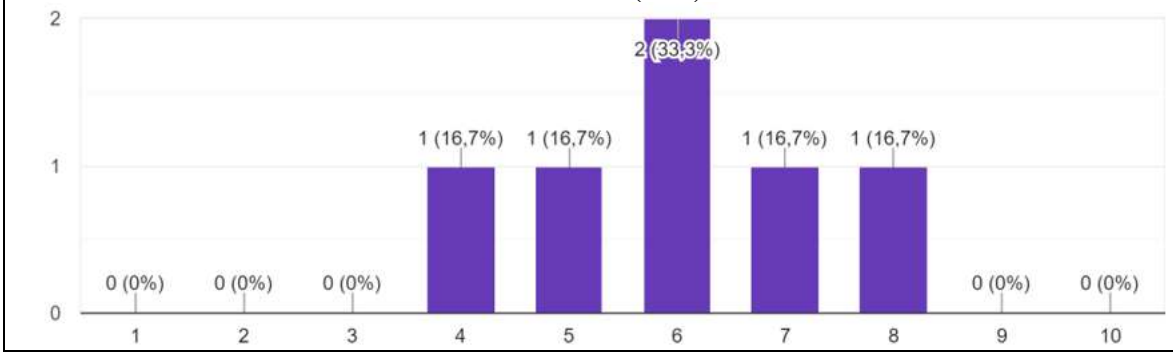
ESPAÑA (n=8)



ESLOVENIA (n=7)



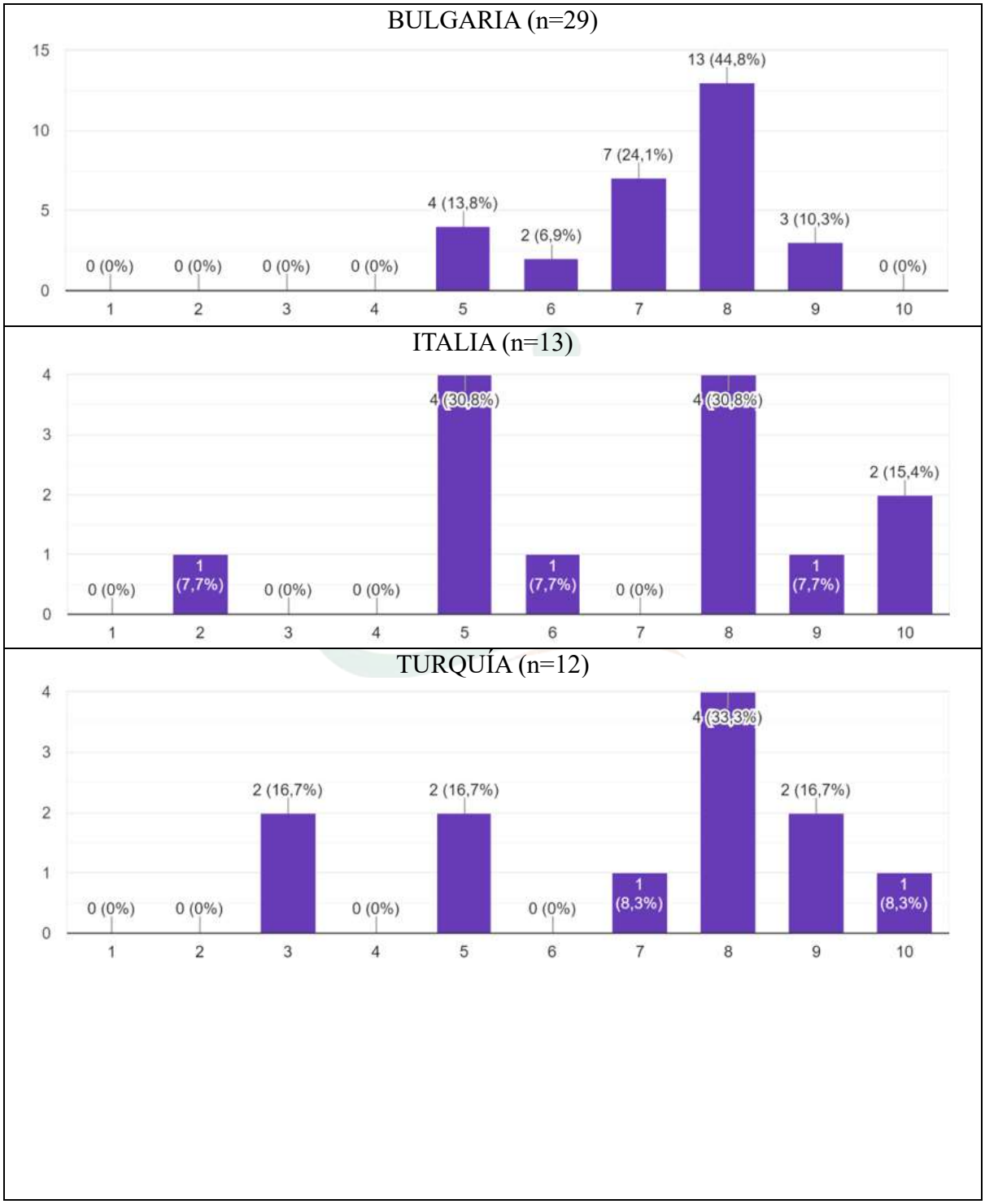
BOSNIA (n=6)



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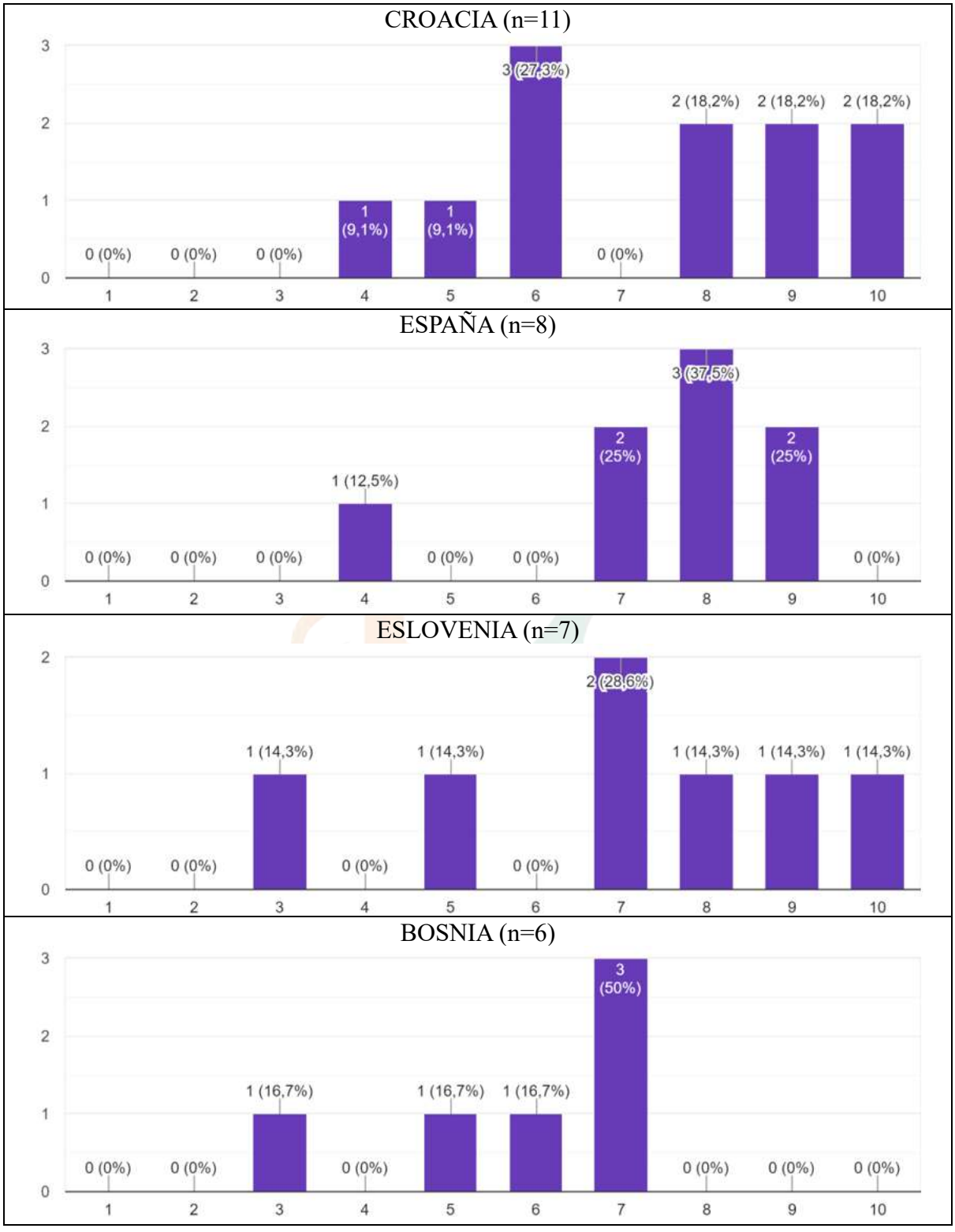
15. ¿Considera los materiales formativos proporcionados por estas organizaciones claros, con una estructura coherente, relevantes y actualizados?

La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (5-9), Italia (2-10), Turquía (3-10), Croacia (4-10), España (4-9), Eslovenia (3-10), y Bosnia (3-7).



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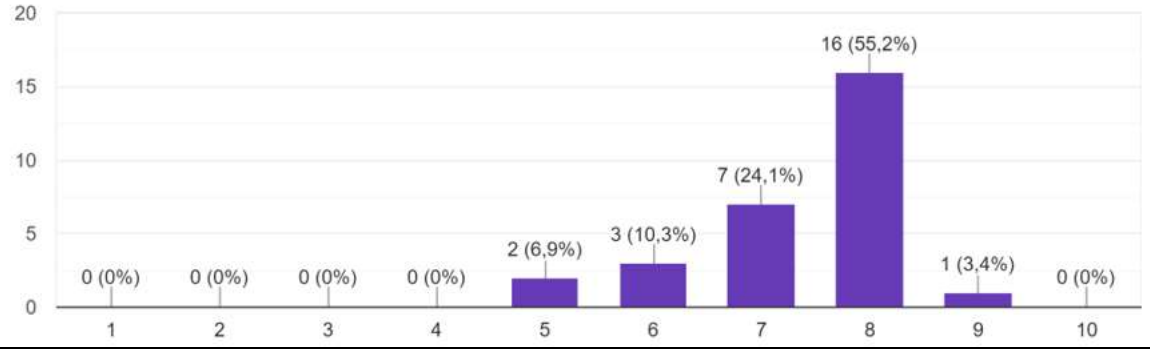


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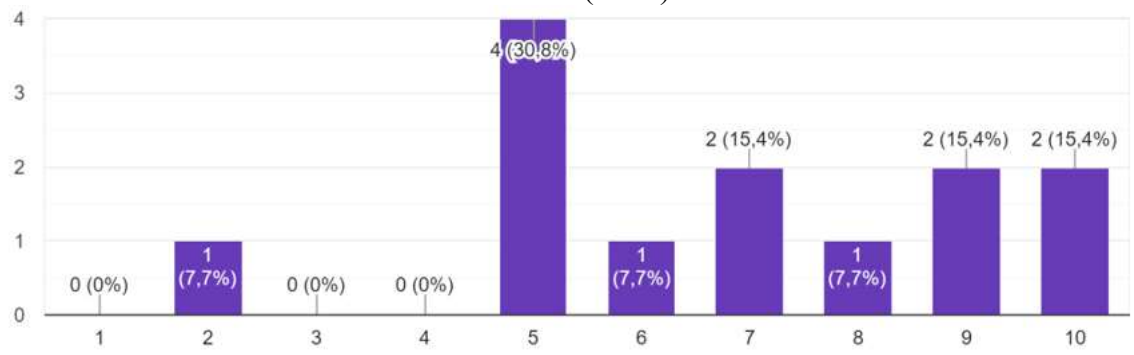
16. ¿Son adaptables y personalizados?

La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (5-9), Italia (2-10), Turquía (2-10), Croacia (4-9), España (4-8), Eslovenia (3-9), y Bosnia (3-7).

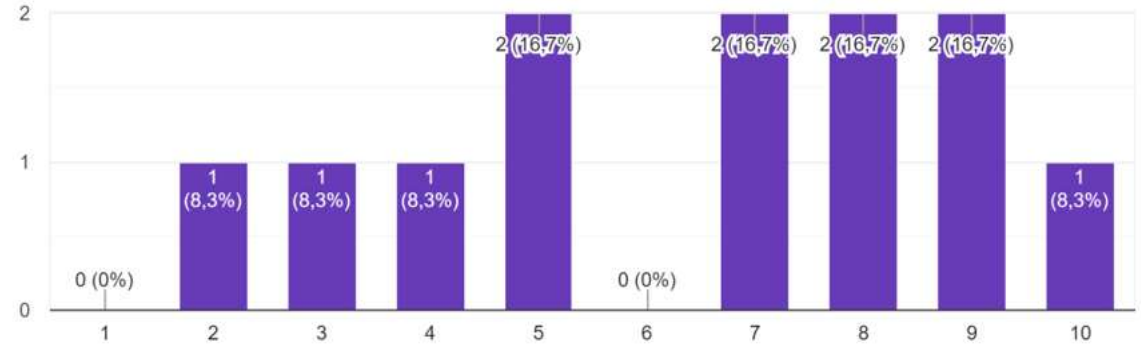
BULGARIA (n=29)



ITALIA (n=13)

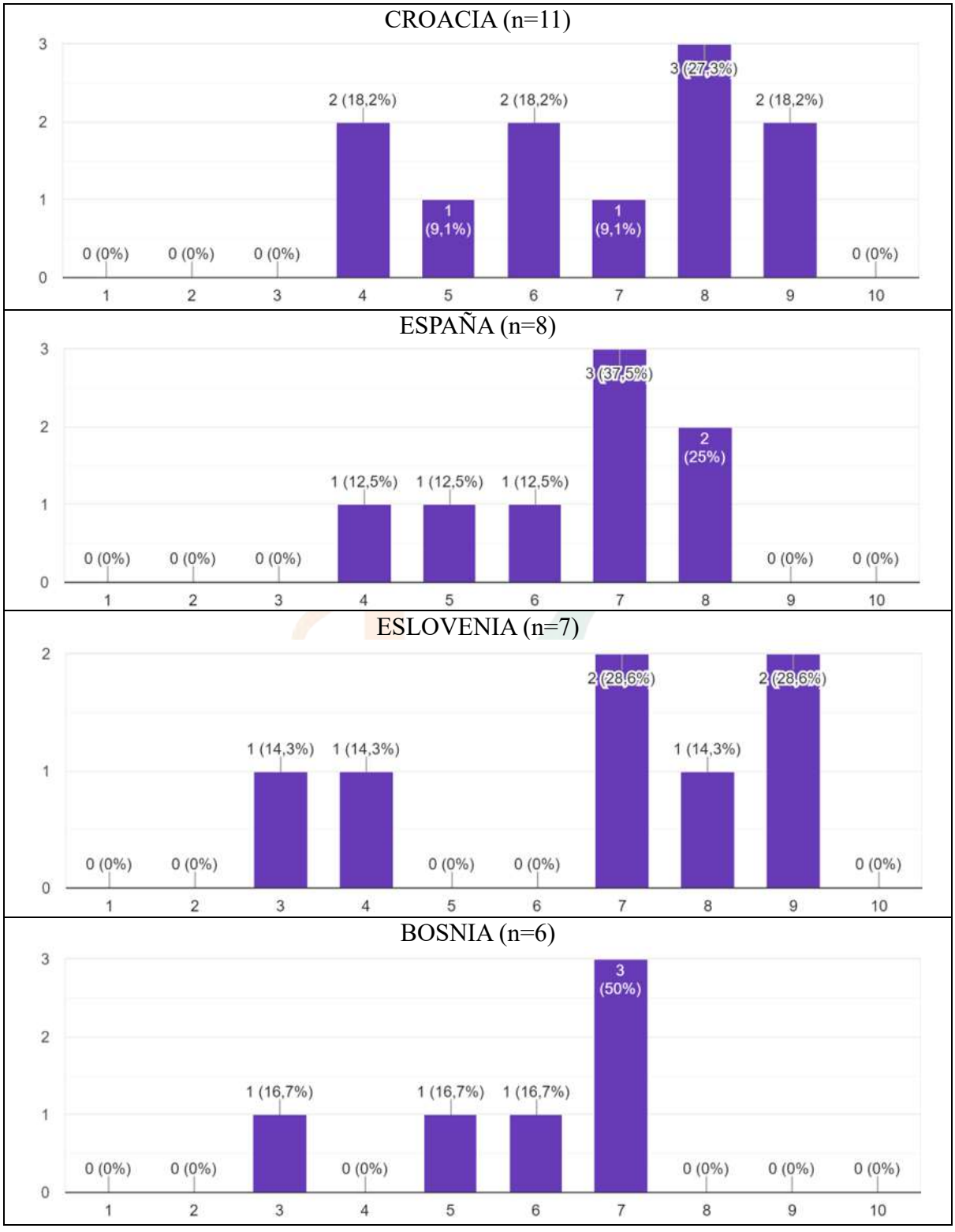


TURQUÍA (n=12)



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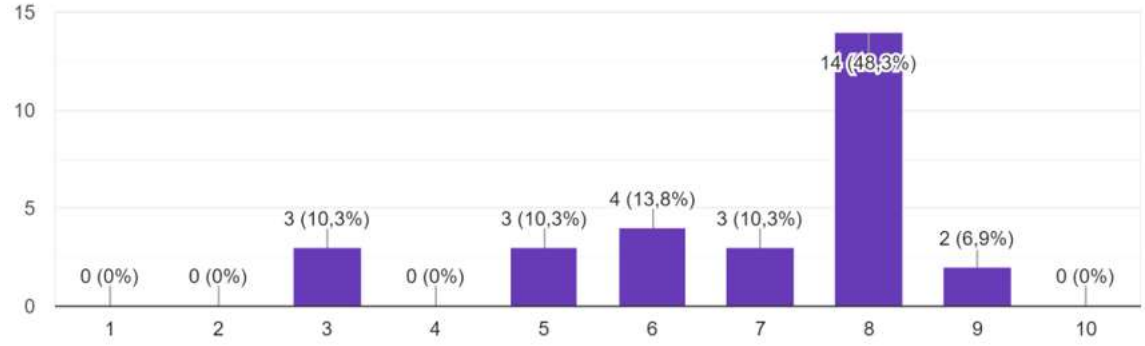
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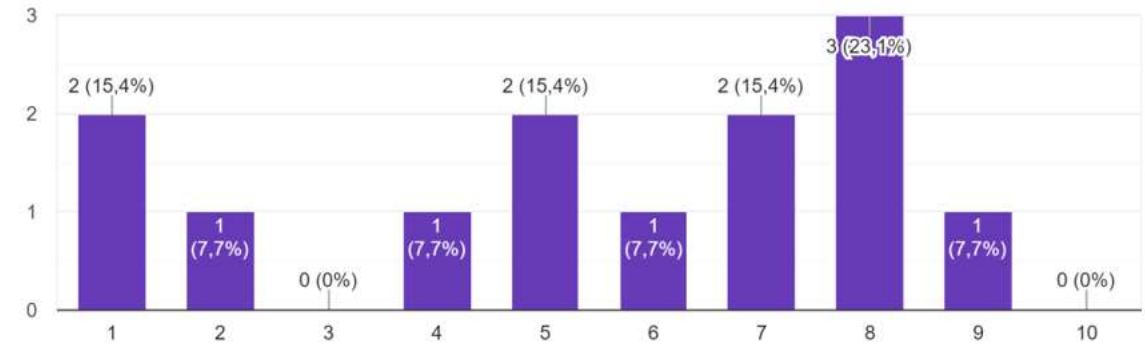
Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

17. ¿Le parece suficiente la formación y capacitación actual de las familias?
La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (3-9), Italia (1-9), Turquía (1-9), Croacia (4-10), España (5-9), Eslovenia (1-8), y Bosnia (3-9).

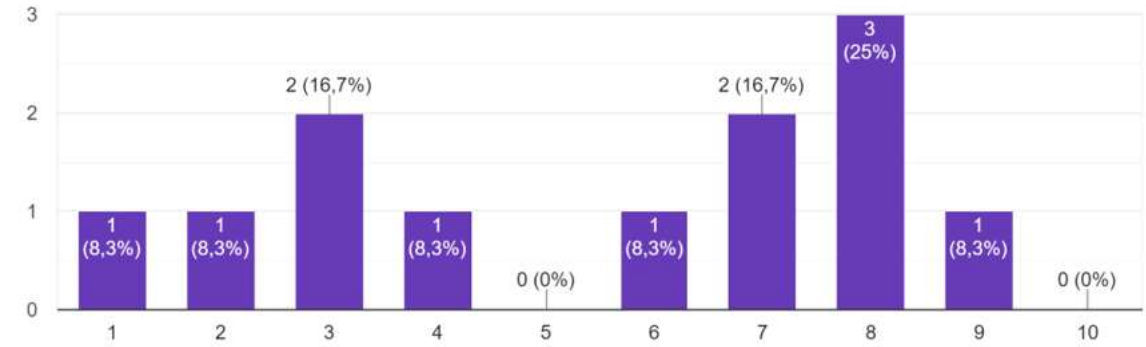
BULGARIA (n=29)



ITALIA (n=13)

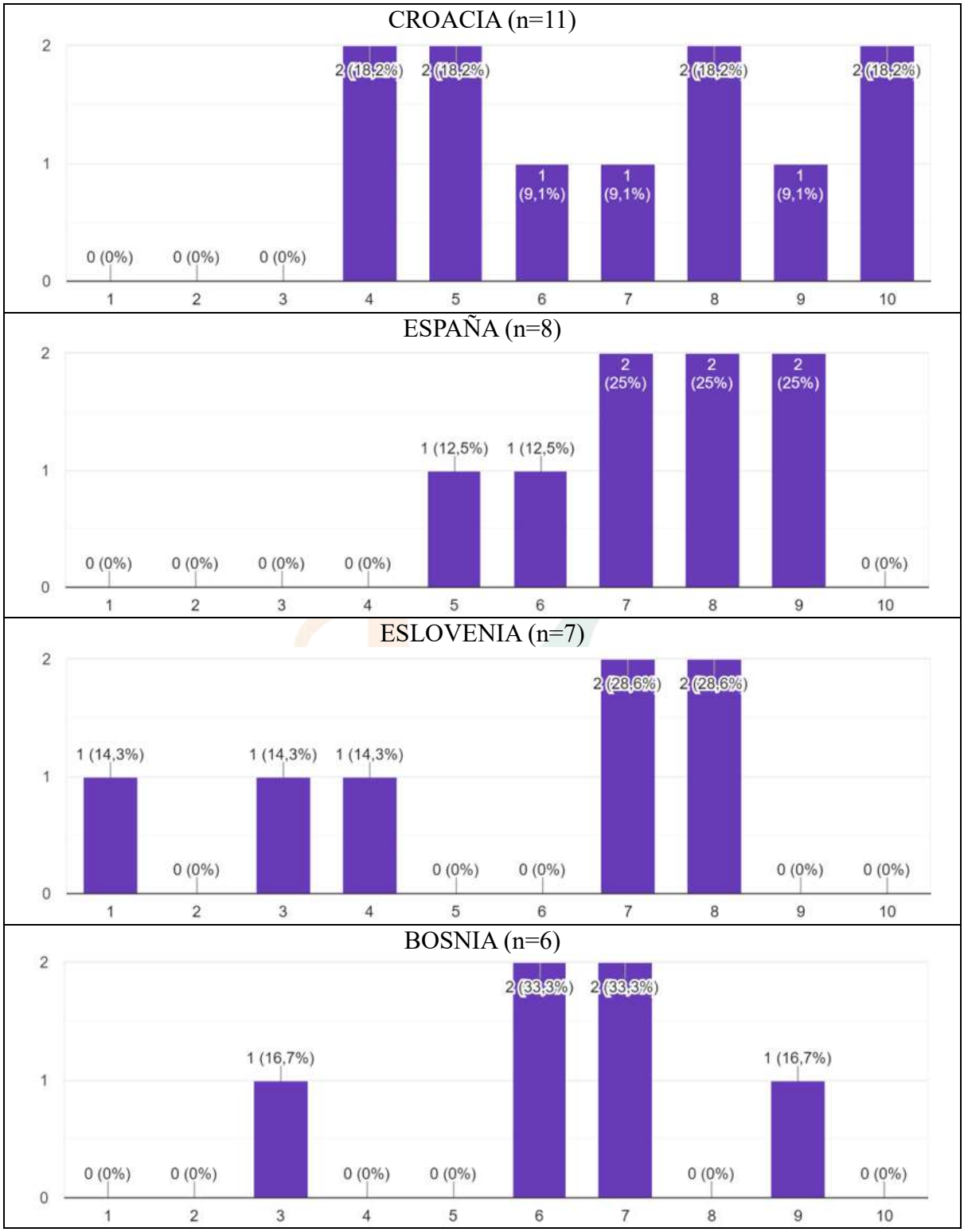


TURQUÍA (n=12)



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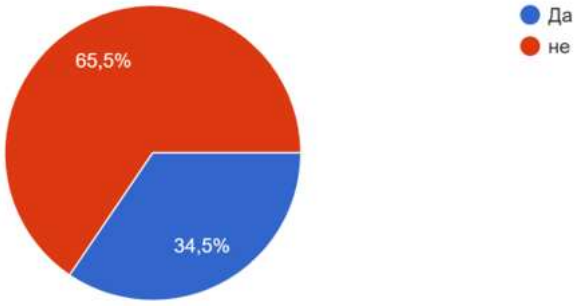


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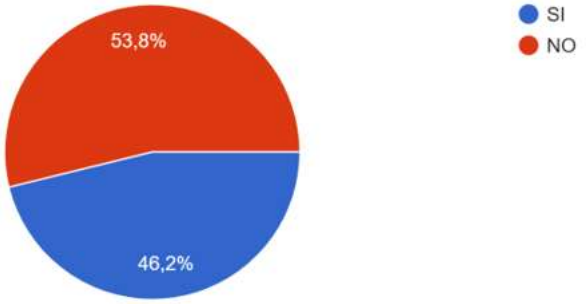
18. ¿Ha participado usted o algún miembro de su familia en talleres, conferencias u otras actividades de formación organizadas por las organizaciones que apoyan a personas con discapacidad?

El porcentaje de personas de la muestra que participó en actividades de formación fue el siguiente: Bulgaria (34,5%), Italia (46,2%), Turquía (66,7%), Croacia (63,6%), España (87,5%), Eslovenia (71,4%), y Bosnia (83,3%).

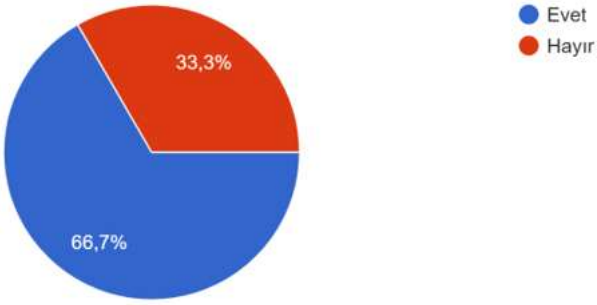
BULGARIA (n=29)



ITALIA (n=13)



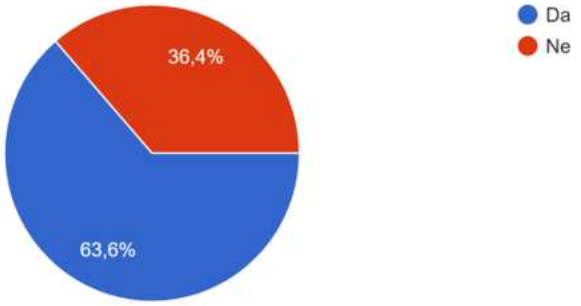
TURQUÍA (n=12)



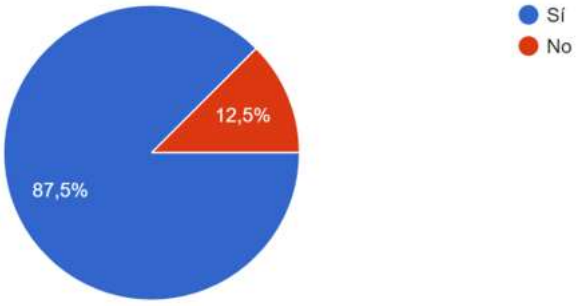
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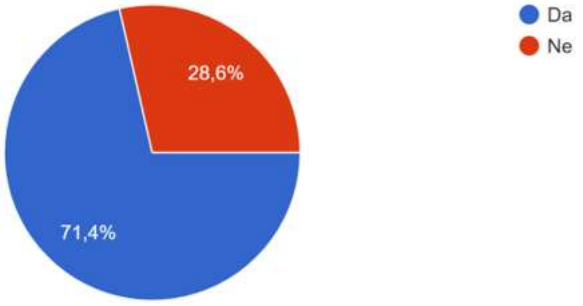
CROACIA (n=11)



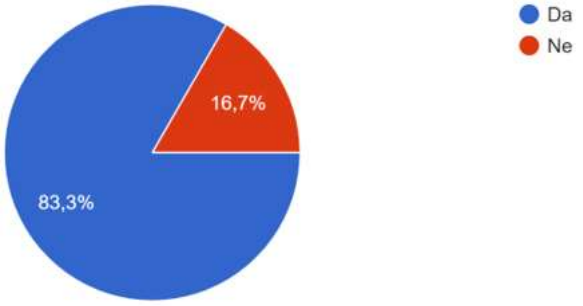
ESPAÑA (n=8)



ESLOVENIA (n=7)



BOSNIA (n=6)



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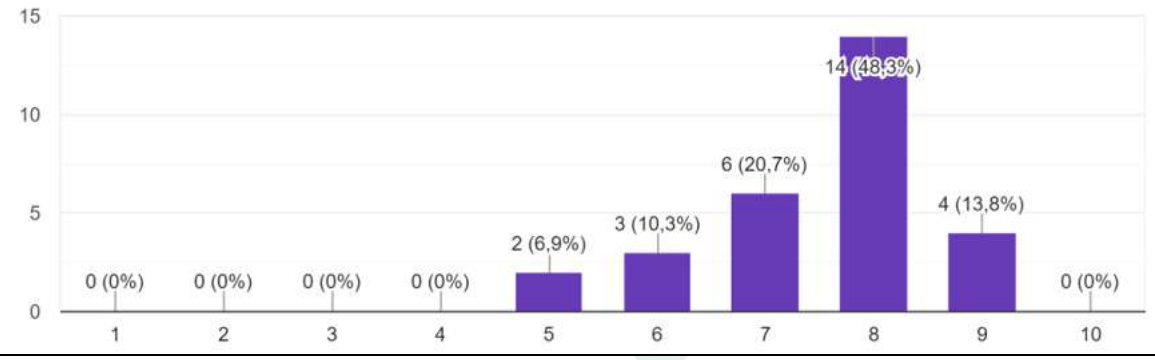
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DIMENSIÓN 4: COORDINACIÓN, TRANSPARENCIA, SEGUIMIENTO Y SATISFACCIÓN.

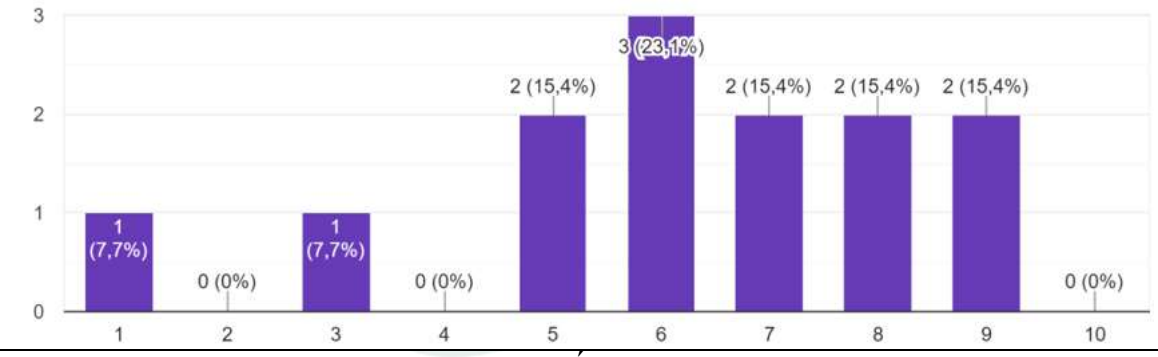
19. ¿Cómo valora la coordinación entre el personal de las organizaciones?

La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (5-9), Italia (1-9), Turquía (3-10), Croacia (4-10), España (6-9), Eslovenia (3-10), y Bosnia (6-10).

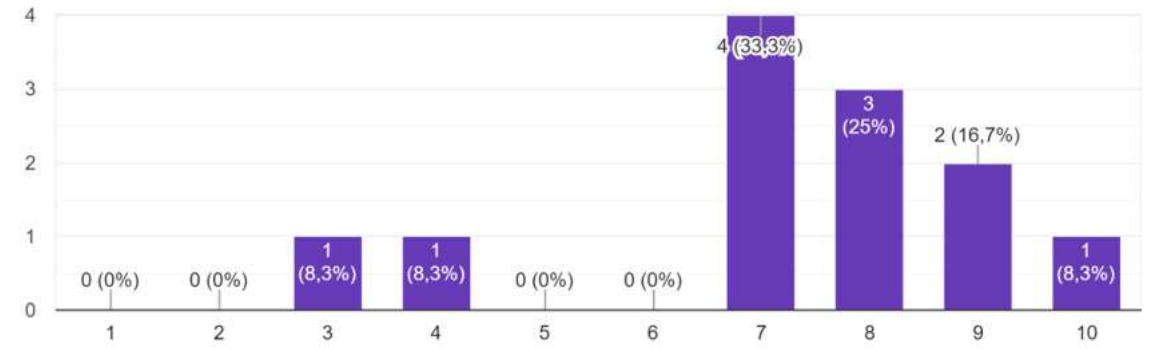
BULGARIA (n=29)



ITALIA (n=13)

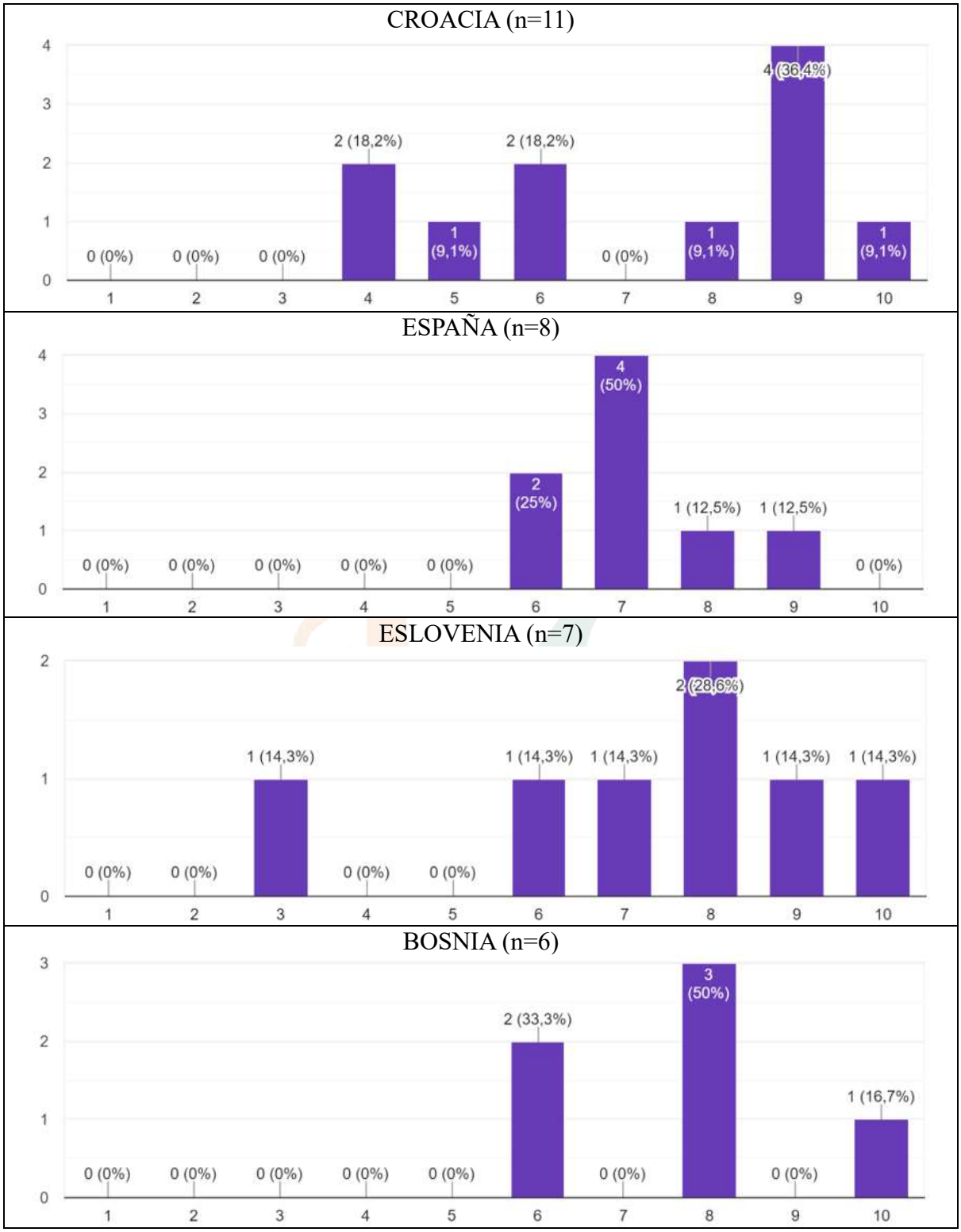


TURQUÍA (n=12)



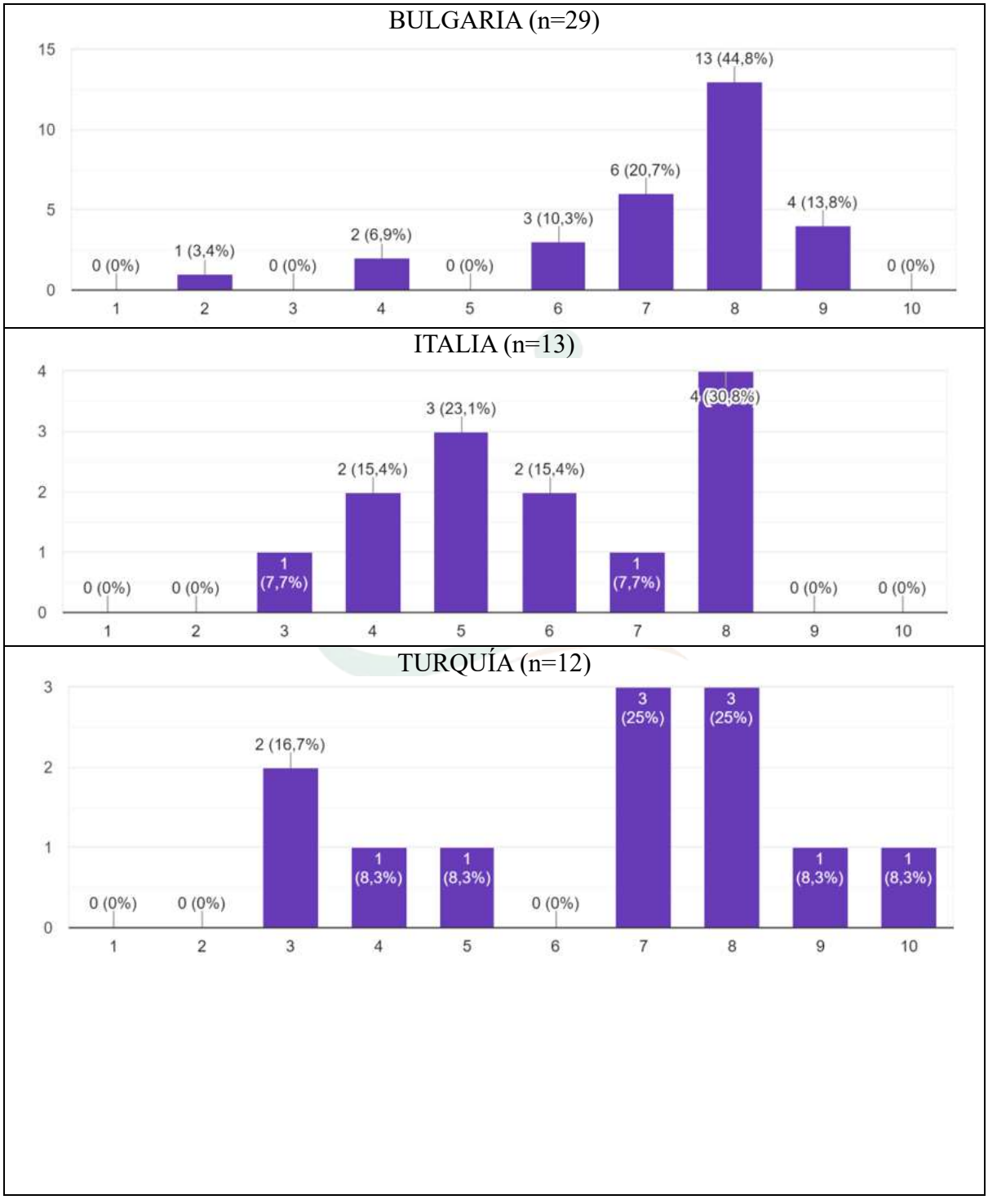
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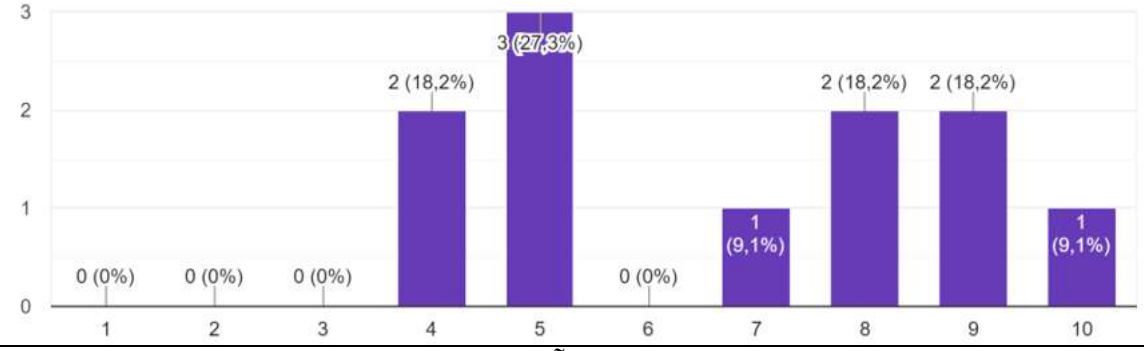
20. ¿Qué le parece la coordinación entre las organizaciones que apoyan a personas con discapacidad y otros servicios de salud para prestar un apoyo integral a las familias?
La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (2-9), Italia (3-8), Turquía (3-10), Croacia (4-10), España (2-6), Eslovenia (2-10), y Bosnia (4-10).



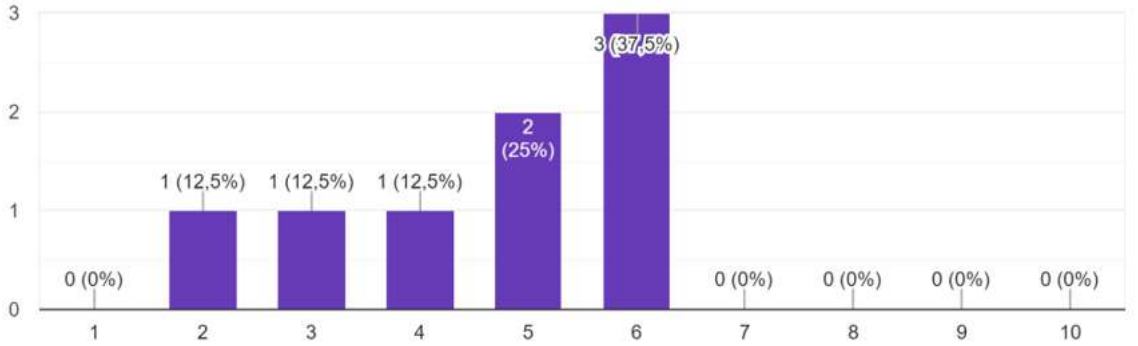
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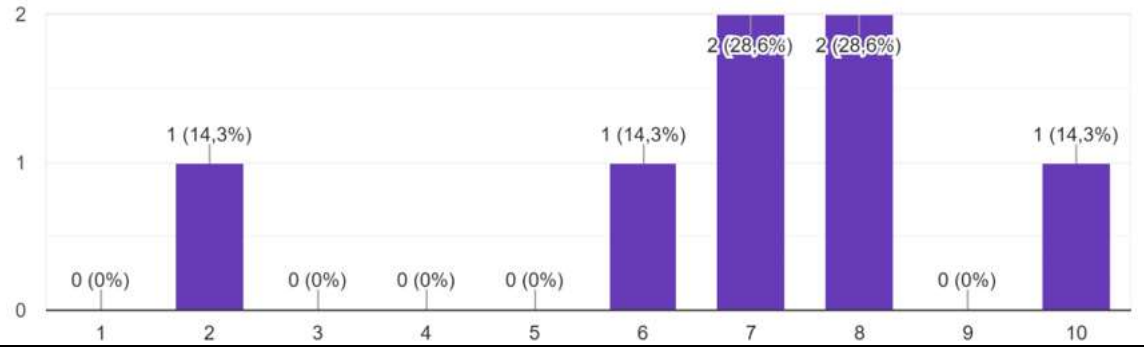
CROACIA (n=11)



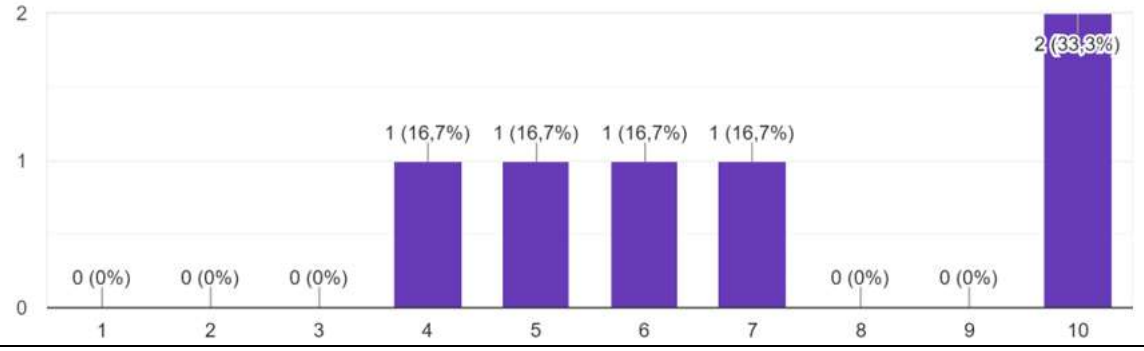
ESPAÑA (n=8)



ESLOVENIA (n=7)



BOSNIA (n=6)



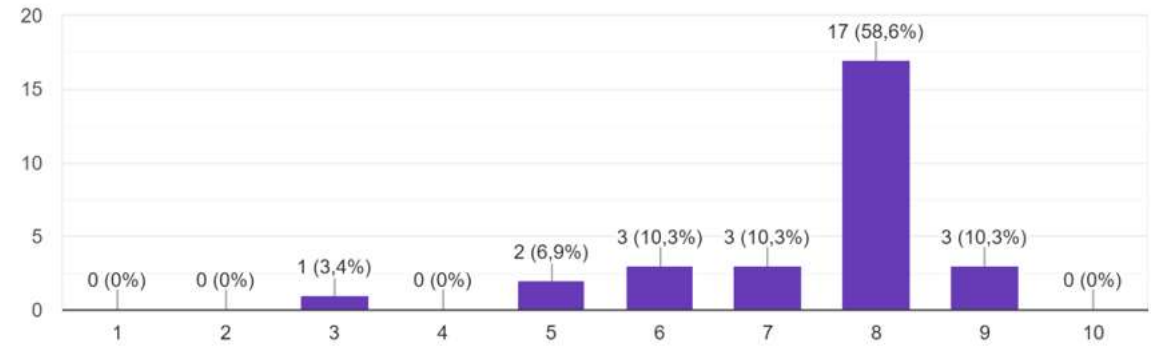
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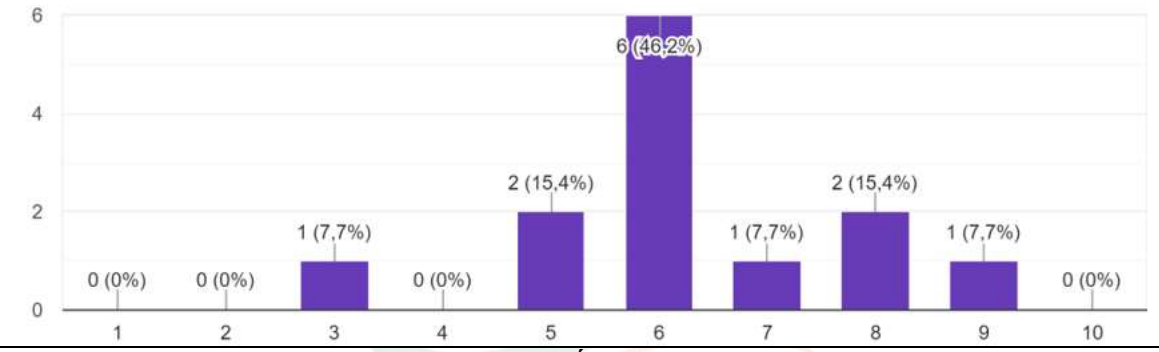
21. ¿Le parecen transparentes las políticas y procesos de estas organizaciones en relación con la atención y el apoyo a las personas con discapacidad?

La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (3-9), Italia (3-9), Turquía (3-10), Croacia (4-10), España (4-9), Eslovenia (2-9), y Bosnia (4-10).

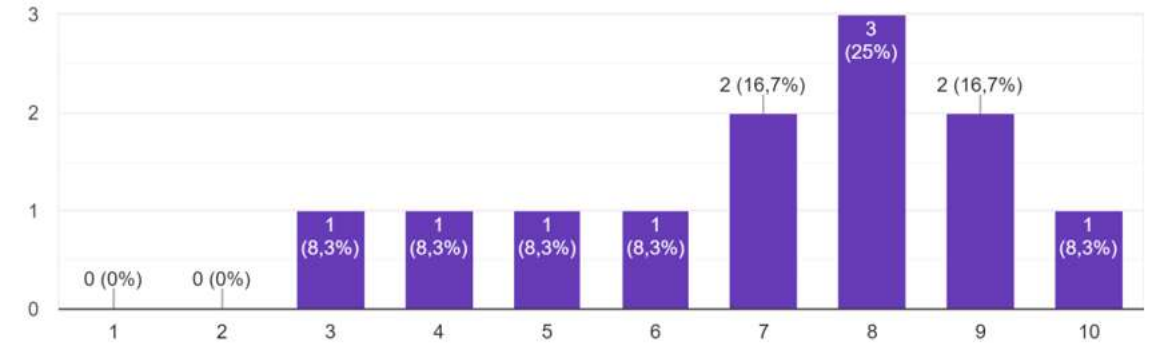
BULGARIA (n=29)



ITALIA (n=13)



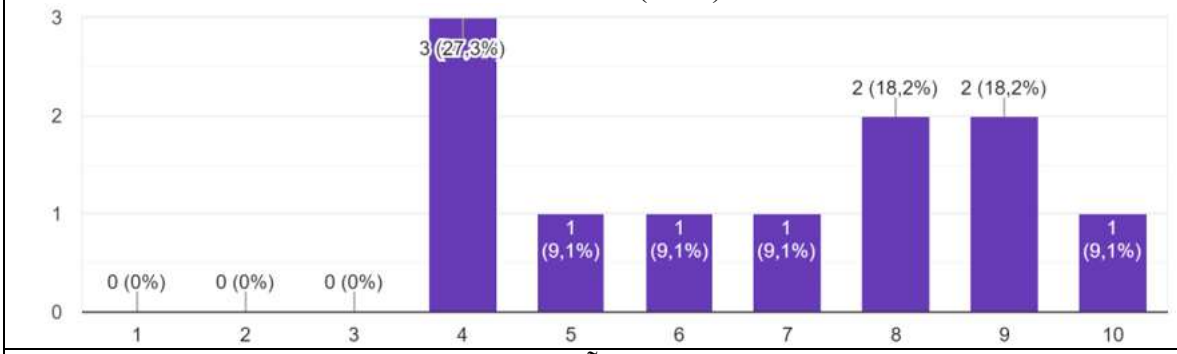
TURQUÍA (n=12)



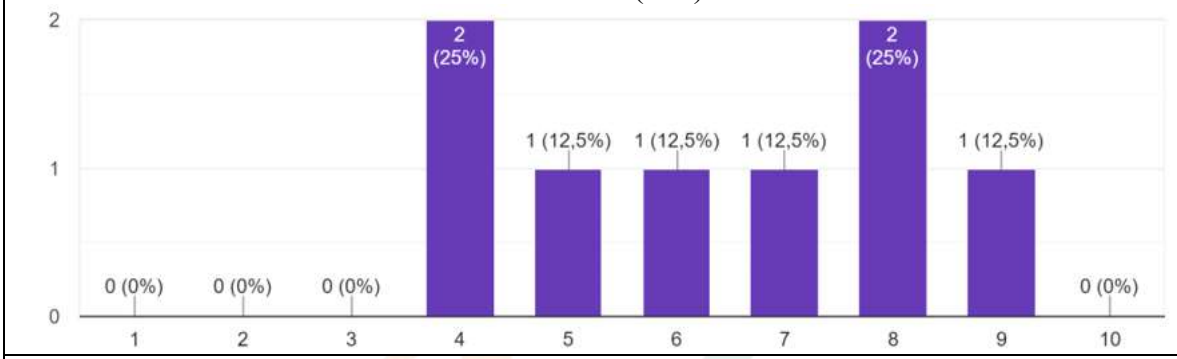
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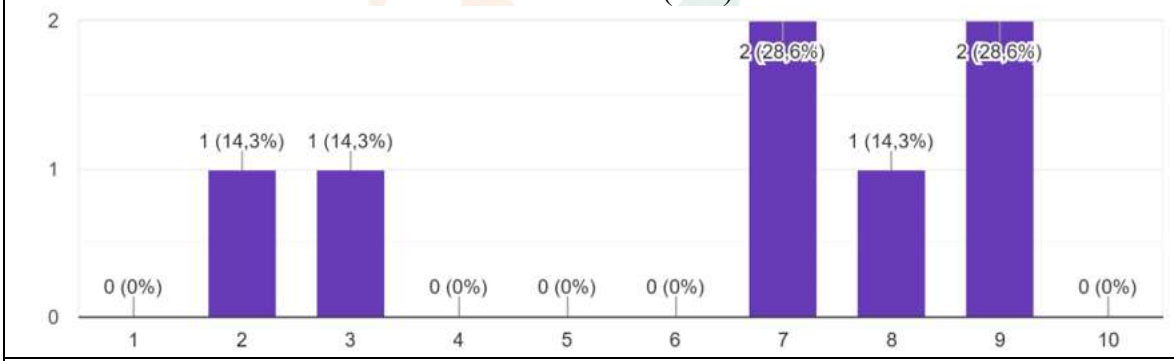
CROACIA (n=11)



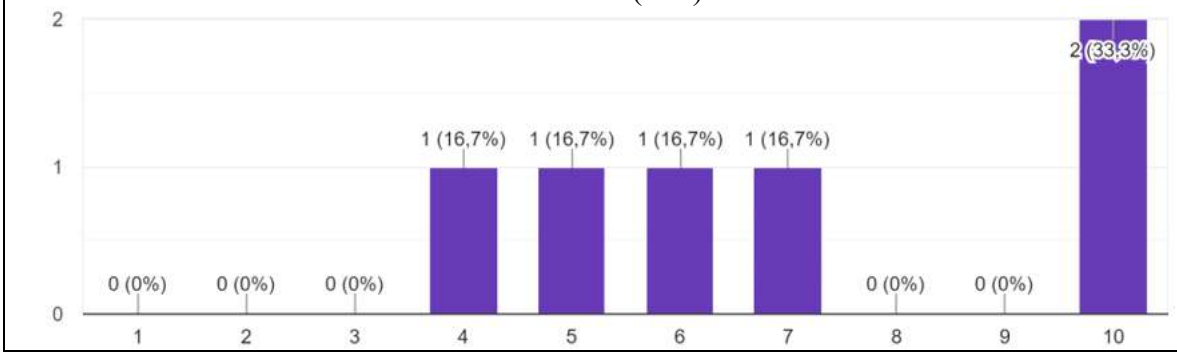
ESPAÑA (n=8)



ESLOVENIA (n=7)



BOSNIA (n=6)

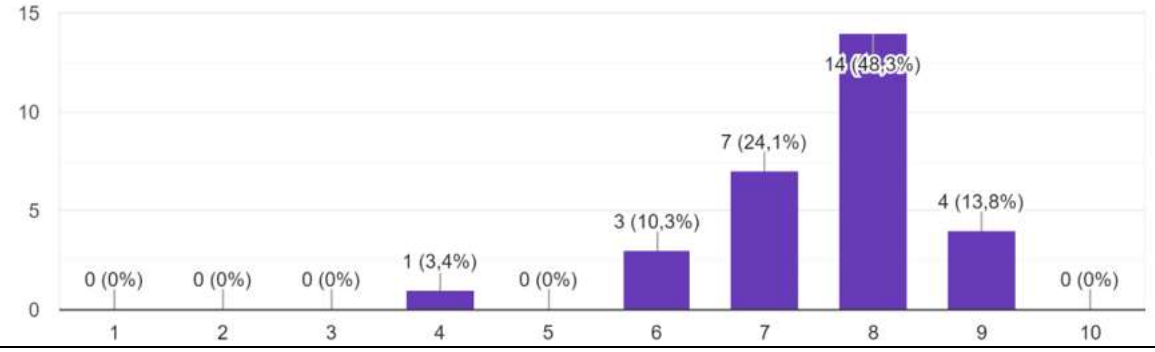


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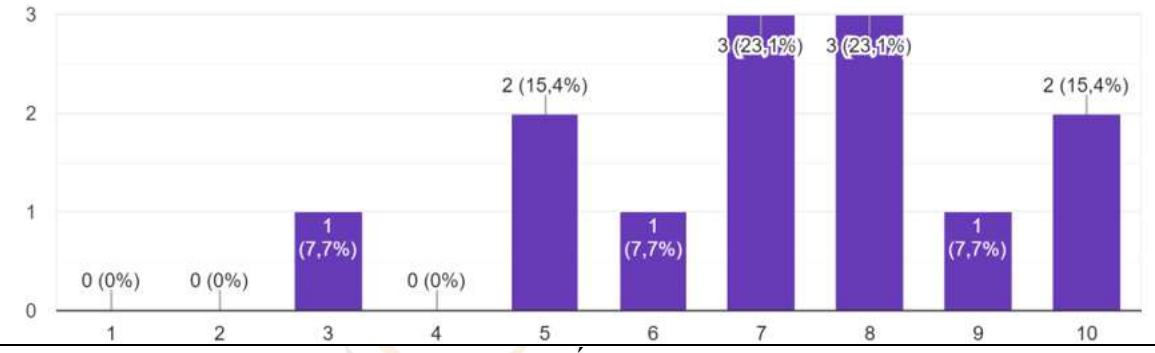
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22. ¿Considera adecuado el seguimiento recibido desde el personal de las organizaciones?
La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (4-9), Italia (3-10), Turquía (4-10), Croacia (4-10), España (5-9), Eslovenia (2-9), y Bosnia (4-9).

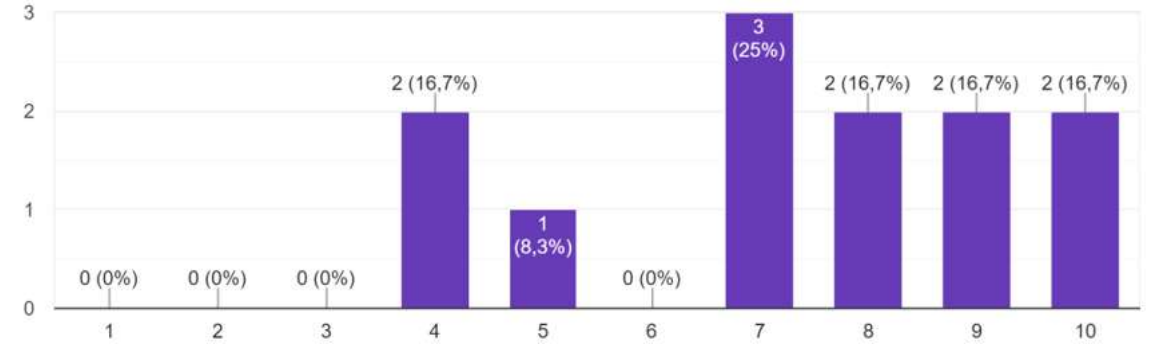
BULGARIA (n=29)



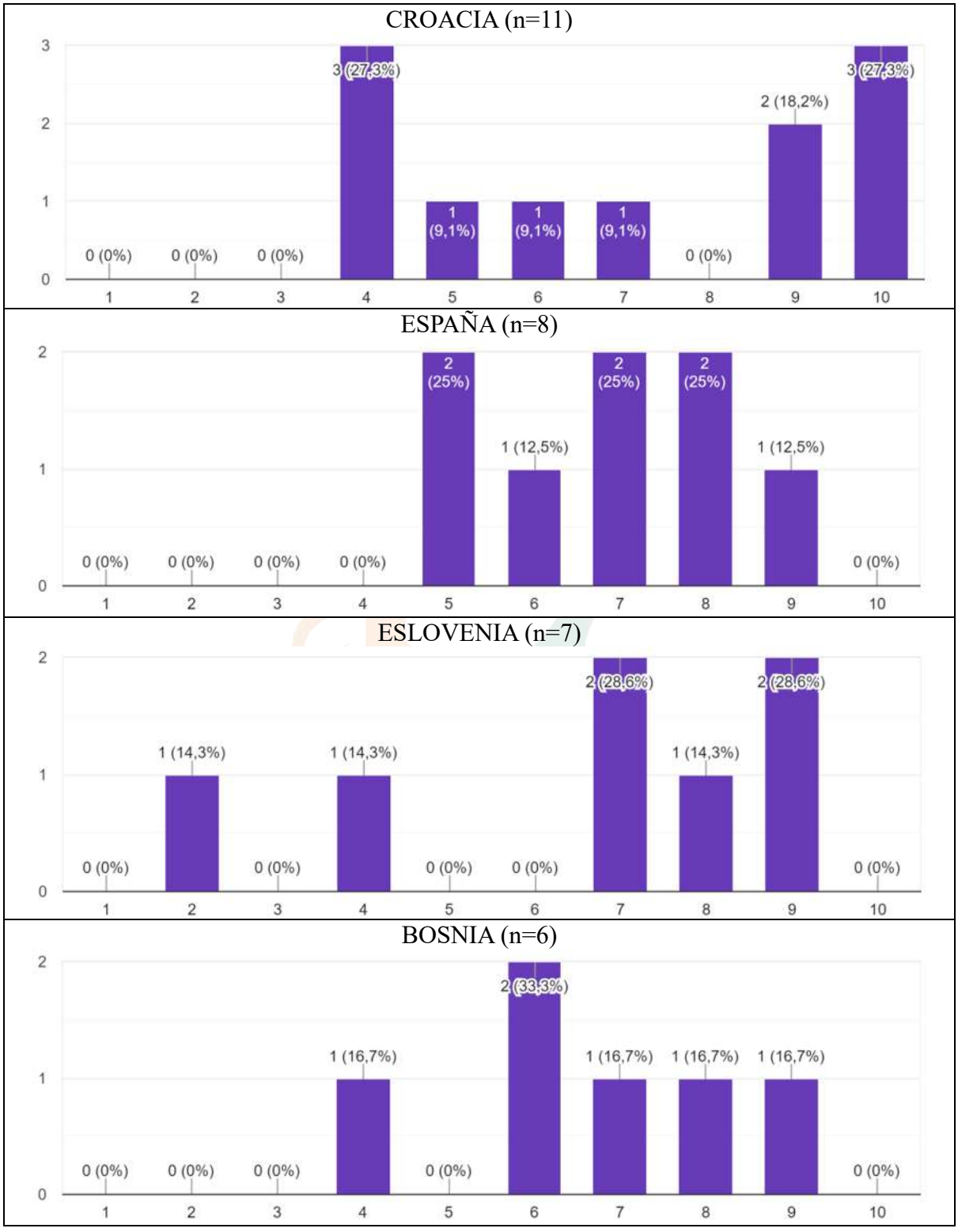
ITALIA (n=13)



TURQUÍA (n=12)



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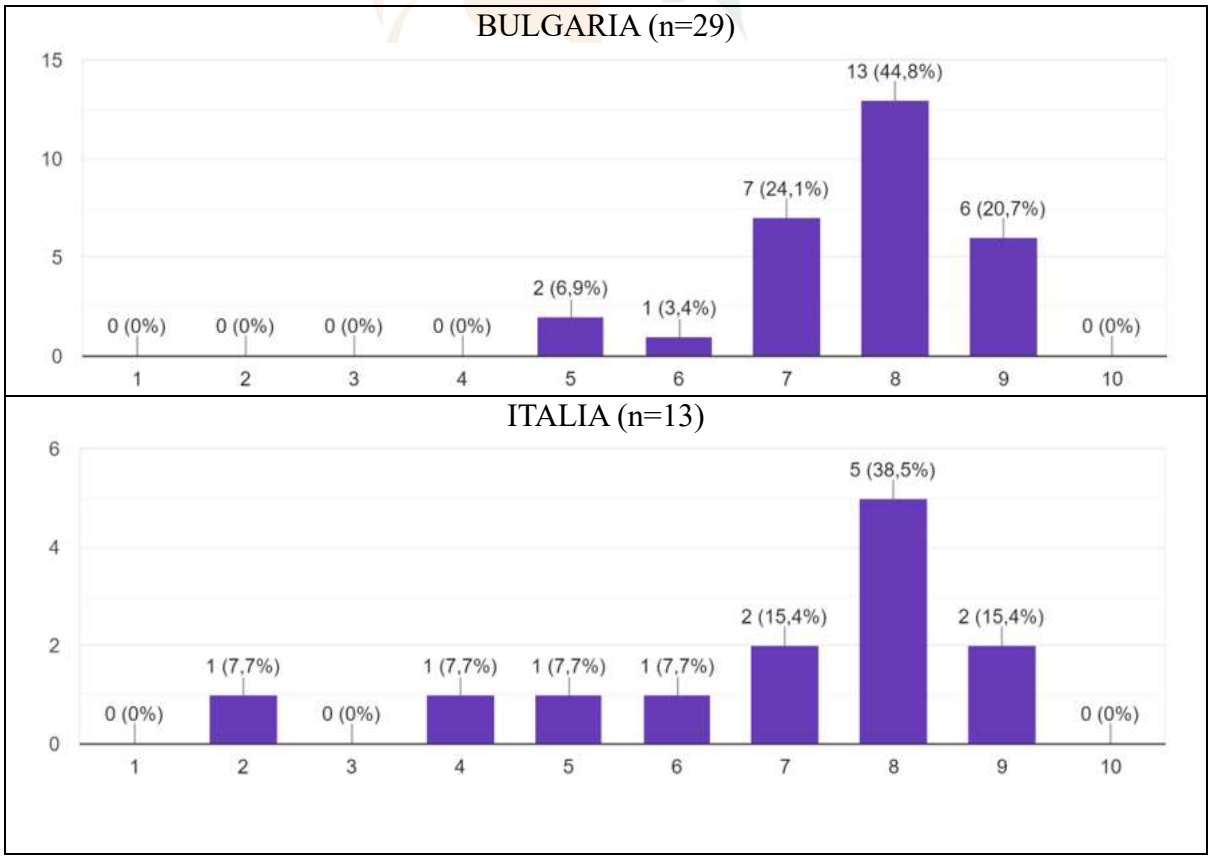
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23. ¿Qué sugerencias tendría para mejorar el proceso de seguimiento y asegurar que sus necesidades sean atendidas de manera efectiva en el futuro?

Las sugerencias en Bulgaria fueron: mayor transparencia; campañas más efectivas; información e iniciativas futuras en las páginas web de las organizaciones; reunión con los padres; mejor información en las páginas web de algunas de las organizaciones; reuniones más frecuentes con las organizaciones; más servicios; más actividades comunes/conjuntas; más iniciativas de trabajo; mejor financiación. En Italia no hubo sugerencias. Las sugerencias en Turquía fueron: hacer la formación más accessible; comunicación efectiva y coordinación; utilizar más las páginas webs y el correo electrónico. En Croacia no hubo sugerencias. Las sugerencias en España fueron: consultar más a las familias; atención más individualizada; reuniones mensuales de seguimiento; mejor atención telefónica; realizar más reuniones con las familias; aumentar el personal; realizar encuestas o entrevistas de corta duración. En Eslovenia no hubo sugerencias. Las sugerencias en Bosnia fueron: comunicación más clara y más formación en comunicación y trabajo con familias; transparencia total, gran apoyo y orientación.

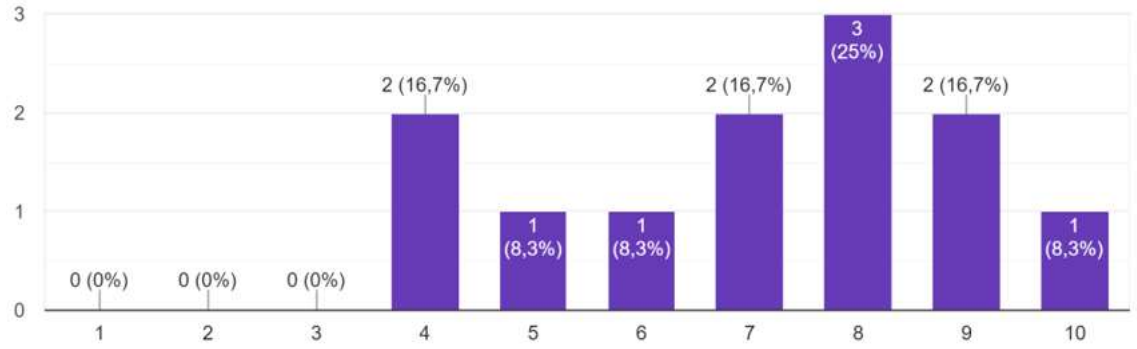
24. Con respecto a la atención y al compromiso mostrado por las organizaciones ¿Cómo de satisfactoria ha sido su experiencia?

La satisfacción con esta pregunta osciló entre los siguientes valores: Bulgaria (5-9), Italia (2-9), Turquía (4-10), Croacia (4-10), España (5-9), Eslovenia (1-9), y Bosnia (5-10).

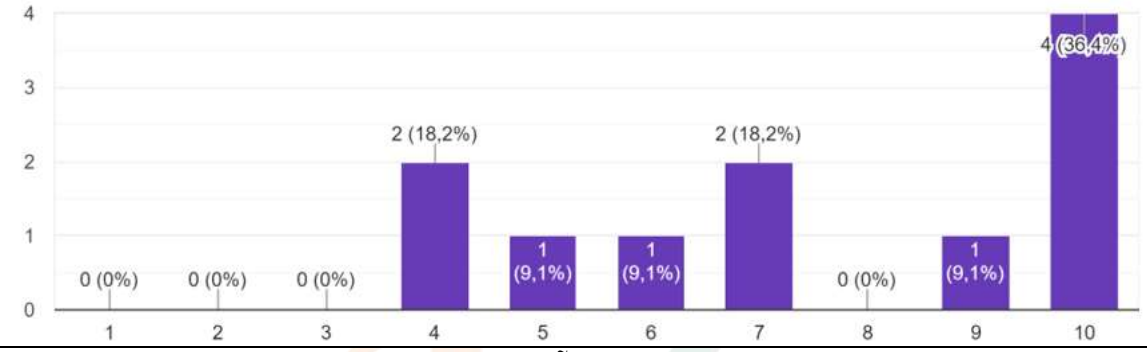


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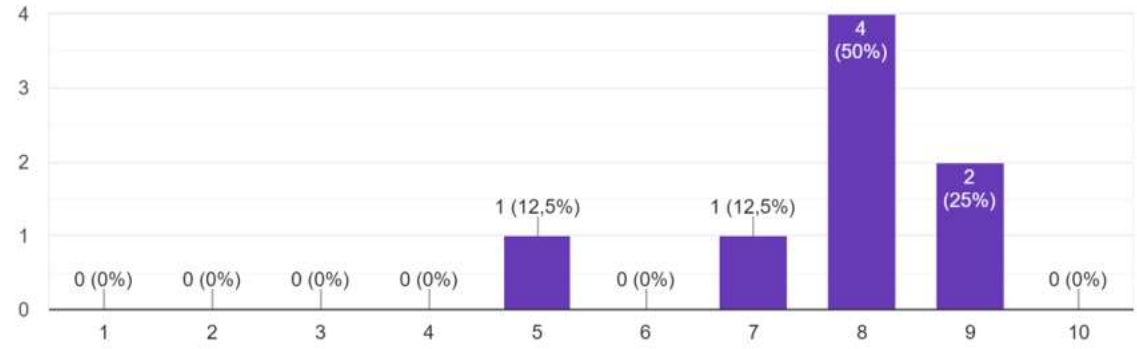
TURQUÍA (n=12)



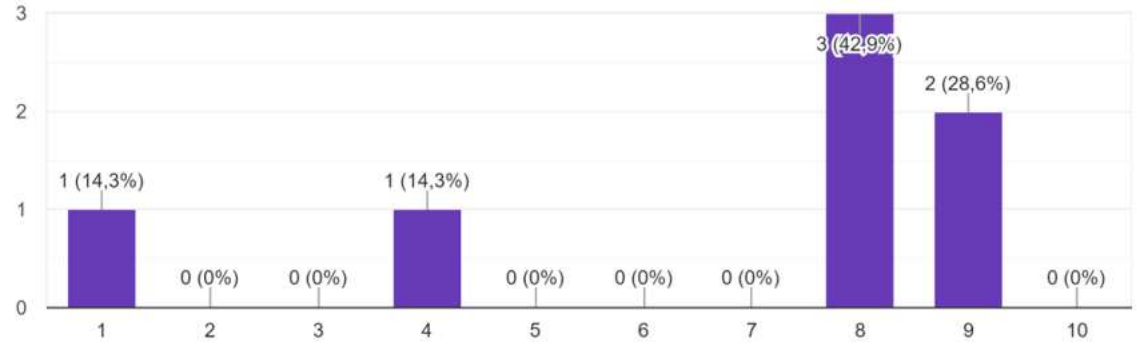
CROACIA (n=11)



ESPAÑA (n=8)

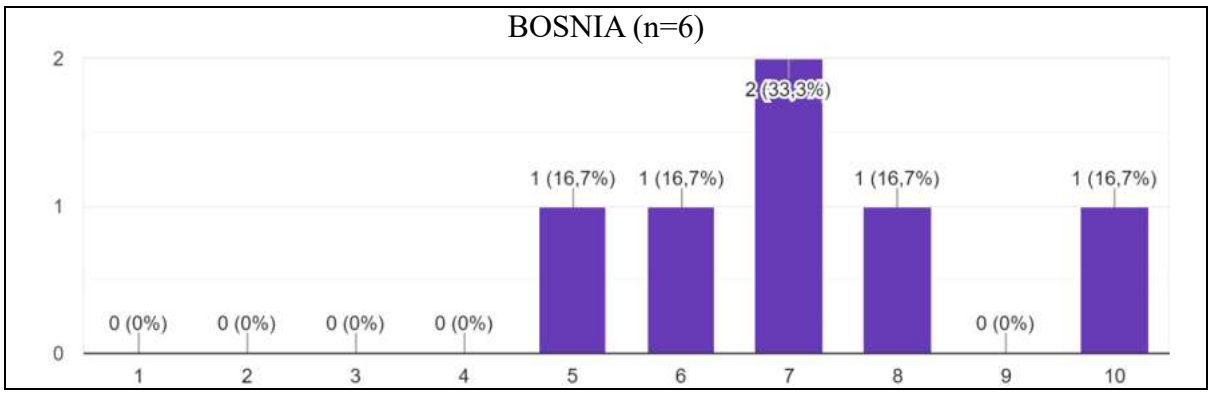


ESLOVENIA (n=7)



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4. CONCLUSIONES

La satisfacción en la dimension 1 (comunicación e información) osciló entre los siguientes valores: Bulgaria (4-10), Italia (1-10), Turquía (1-10), Croacia (5-10), España (4-10), Eslovenia (1-10), y Bosnia (2-9). La satisfacción en la dimension 2 (recursos, programas y servicios) osciló entre los siguientes valores: Bulgaria (3-10), Italia (1-10), Turquía (1-10), Croacia (4-10), España (5-10), Eslovenia (1-10), y Bosnia (2-10). La satisfacción en la dimension 3 (formación y capacitación) osciló entre los siguientes valores: Bulgaria (2-10), Italia (1-10), Turquía (1-10), Croacia (4-10), España (4-10), Eslovenia (1-10), y Bosnia (3-10). La satisfacción en la dimension 4 (coordinación, transparencia, seguimiento y satisfacción) osciló entre los siguientes valores: Bulgaria (2-9), Italia (1-10), Turquía (3-10), Croacia (4-10), España (2-9), Eslovenia (1-10), y Bosnia (4-10).

Se concluye por tanto que, en todos los países y en todas las dimensiones, hay valores altos y bajos de satisfacción. Los valores altos indican que se están llevando a cabo buenas prácticas en relación al deporte inclusivo familiar. Sin embargo, los valores bajos dejan claro que hay bastante margen de mejora en todas las dimensiones y en todos los países.

De acuerdo a las sugerencias de los participantes, estas mejoras deben centrarse en los siguientes aspectos: mayor transparencia; campañas más efectivas; información e iniciativas futuras en las páginas web de las organizaciones; reunión con los padres; mejor información en las páginas web de algunas de las organizaciones; reuniones más frecuentes con las organizaciones; más servicios; más actividades comunes/conjuntas; más iniciativas de trabajo; mejor financiación; formación más accessible; comunicación efectiva y coordinación; utilizar más las páginas webs y el correo electrónico; consultar más a las familias; atención más individualizada; reuniones mensuales de seguimiento; mejor atención telefónica; realizar más reuniones con las familias; aumentar el personal; realizar encuestas o entrevistas de corta duración; comunicación más clara y más formación en comunicación y trabajo con familias; transparencia total, gran apoyo y orientación.

Llevar a cabo estas mejoras en la metodología del deporte inclusivo familiar en niños y adolescentes con discapacidad de 6 a 18 años sin duda aumentará la satisfacción de los participantes y sus familiar en las actividades deportivas, lo que producirá un aumento de su práctica deportiva y, en consecuencia, disminuirá el sedentarismo y la obesidad en los niños y adolescentes con discapacidad.

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VEČNACIONALNO KONČNO POROČILO

1. UVOD

Inkluzivni družinski šport pri otrocih in mladostnikih s posebnimi potrebami od 6. do 18. leta je izrednega pomena za preprečevanje sedečega načina življenja in debelosti v tej skupini (Carbone et al., 2021; Middelbeek & Breda, 2013). Pri tem je bistvena vloga družine, da otroke in mladostnike s posebnimi potrebami spremlja, spodbuja in motivira za vadbo in uživanje v športu (Bloemen et al., 2015; Li et al., 2016; MacEachern et al., 2022).

Cilj tega večnacionalnega končnega poročila je analizirati dobre prakse in izkušnje v zvezi z metodologijo inkluzivnega družinskega športa pri otrocih in mladostnikih s posebnimi potrebami od 6. do 18. leta v državah, ki sodelujejo v projektu Train4Family. Ta analiza bo omogočila razvoj strategij za preprečevanje sedečega načina življenja in debelosti v tej skupini.

Hipoteza je, da bodo v vseh analiziranih državah obstajale nekatere skupne točke, a tudi razlike med njimi, kar bi omogočilo izvedbo skupne strategije in intervencije, vendar s potrebnimi različicami glede na poseben kontekst in okoliščine vsake države.

2. METODE

2.1. Vzorec

Analiziranih je bilo naslednjih sedem držav: Bolgarija (n=29), Italija (n=13), Turčija (n=12), Hrvaška (n=11), Španija (n=8), Slovenija (n=7) in Bosna (n=6). Tako je bil skupni vzorec sestavljen iz 86 svojcev otrok in mladostnikov s posebnimi potrebami od 6 do 18 let, ki se ukvarjajo z inkluzivnim športom.

2.2. Instrument in postopek

V ta namen je bila zasnovana in uporabljena Anketa o zadovoljstvu družin, ki ocenjuje zadovoljstvo družin z organizacijami, ki ponujajo te športne storitve. V tem vprašalniku so bile ovrednotene naslednje dimenzije: 1. dimenzija: komunikacija in informacije; 2. dimenzija: viri, programi in storitve; 3. dimenzija: Usposabljanje in usposabljanje; 4. dimenzija: Usklajenost, preglednost, spremljanje in zadovoljstvo. Vprašalnik ima skupaj 24 postavk, po 6 v vsaki dimenziji. Elementi so ocenjeni na lestvici od 1 do 10, kjer 1 pomeni "zelo nezadovoljen", 10 pa "zelo zadovoljen". Vprašalnik je bil preveden v sedem jezikov sedmih sodelujočih držav in so ga udeleženci izpolnili na spletu.

23. Statistična analiza

Izračunane so bile pogostosti in odstotki vsake postavke vprašalnika, izvedena je bila tudi segmentacija po državah, da bi ocenili razlike med sedmimi sodelujočimi državami. Rezultati so predstavljeni v paličnih in tortnih diagramih.

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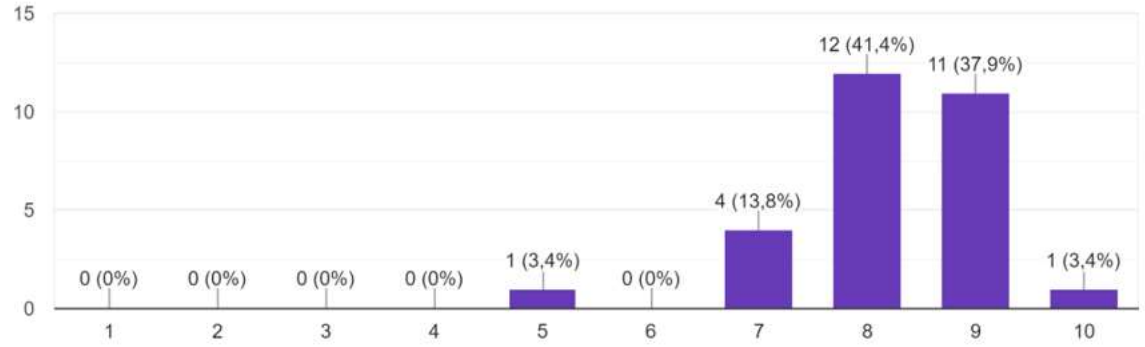
3. REZULTATI

1. DIMENZIJA: KOMUNICIRANJE IN INFORMACIJE.

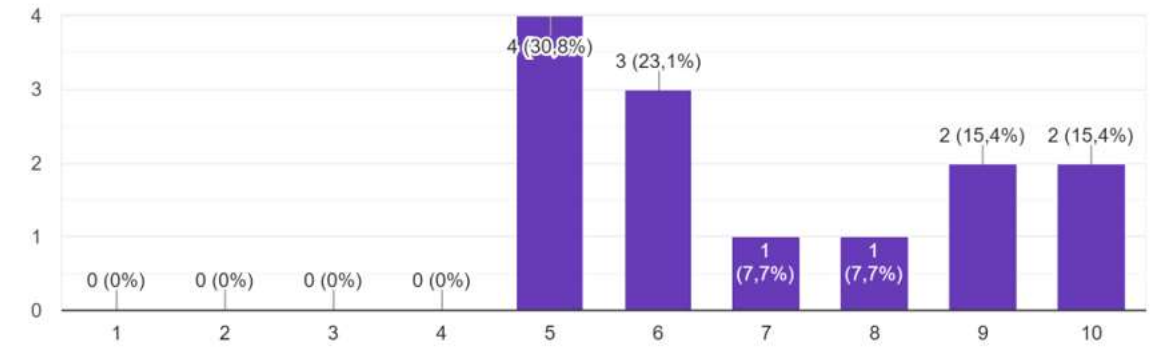
1. Kako bi ocenili učinkovitost trenutne komunikacije z organizacijami, ki podpirajo osebe s posebnimi potrebami?

Zadovoljstvo s tem vprašanjem se giblje med naslednjimi vrednostmi: Bolgarija (5-10), Italija (5-10), Turčija (4-10), Hrvaška (5-9), Španija (5-9), Slovenija (3-10), in Bosna (3-9).

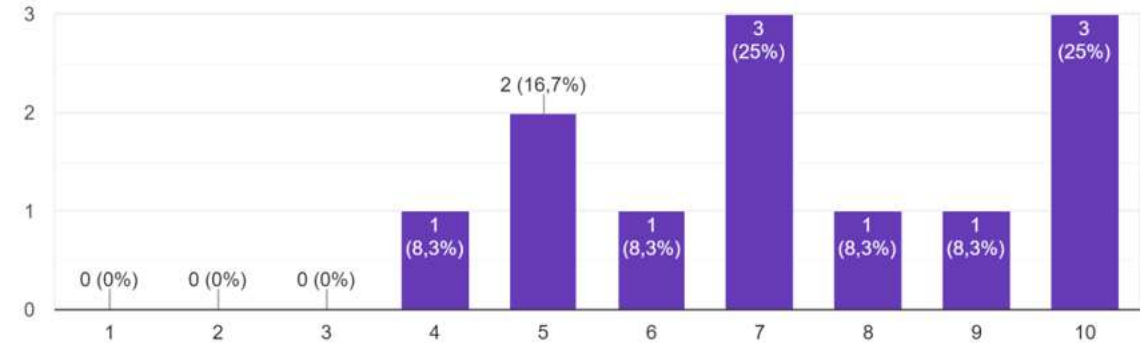
BOLGARIJA (n=29)



ITALIJA (n=13)

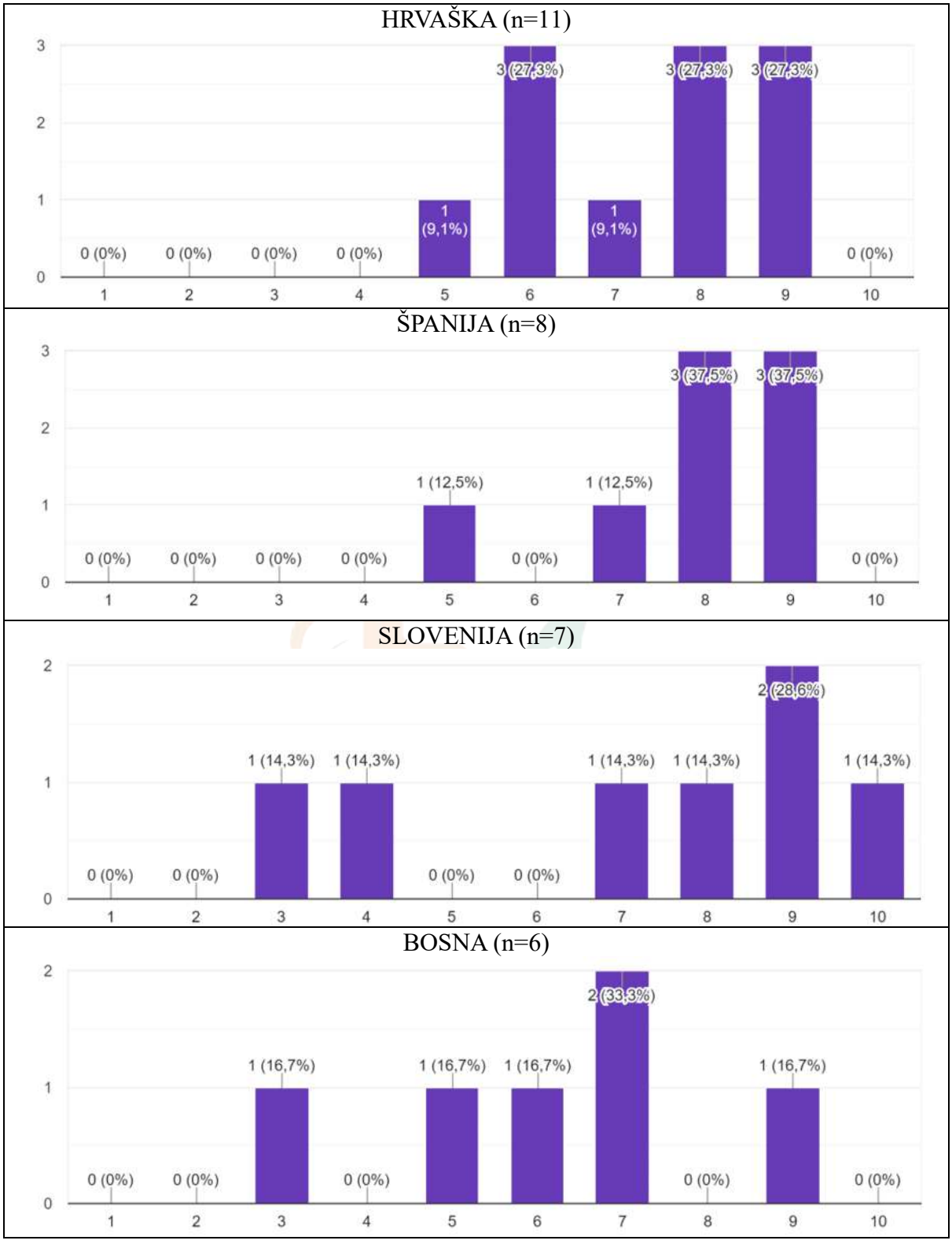


TURČIJA (n=12)



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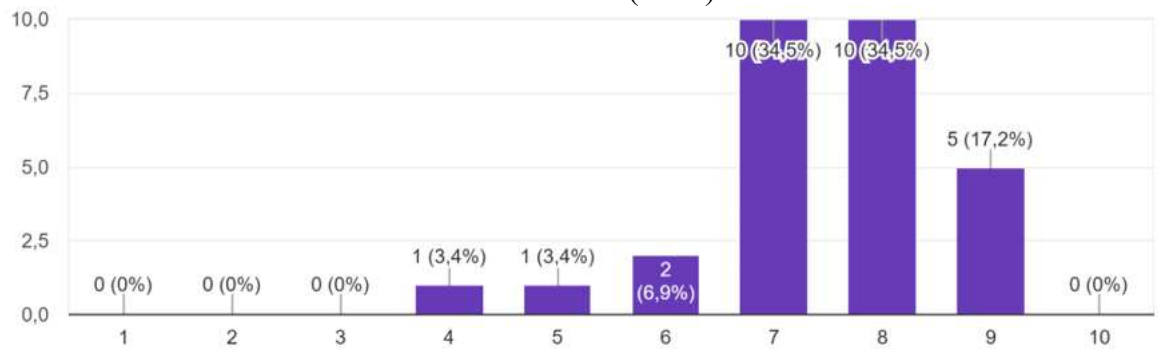


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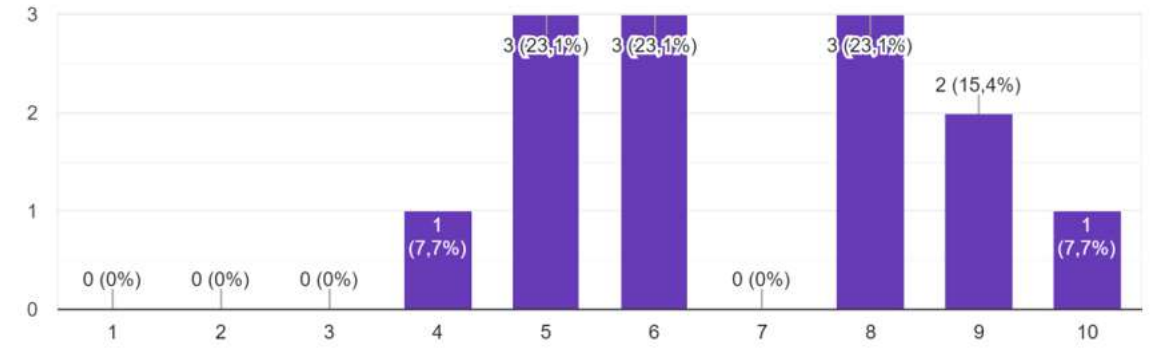
2. Kaj menite o komunikacijskih kanalih, ki so na voljo za interakcijo s temi organizacijami?

Zadovoljstvo s tem vprašanjem se giblje med naslednjimi vrednostmi: Bolgarija (4-9), Italija (4-10), Turčija (3-10), Hrvaška (5-10), Španija (4-9), Slovenija (3-10), in Bosna (3-8).

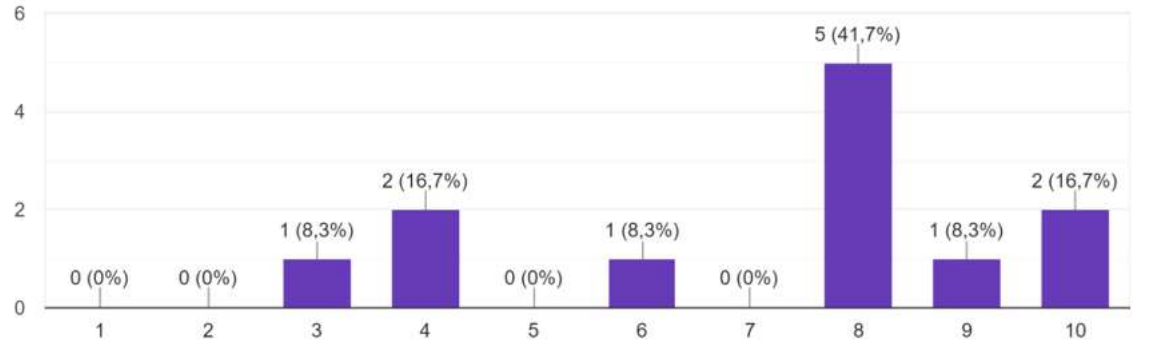
BOLGARIJA (n=29)



ITALIJA (n=13)



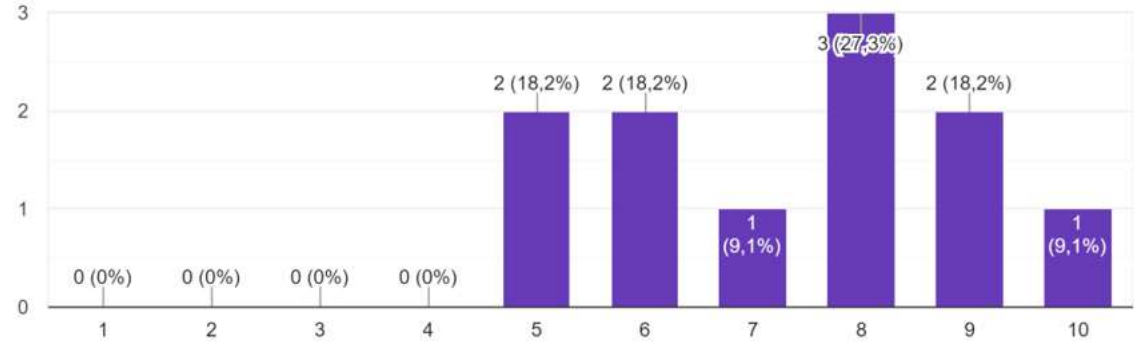
TURČIJA (n=12)



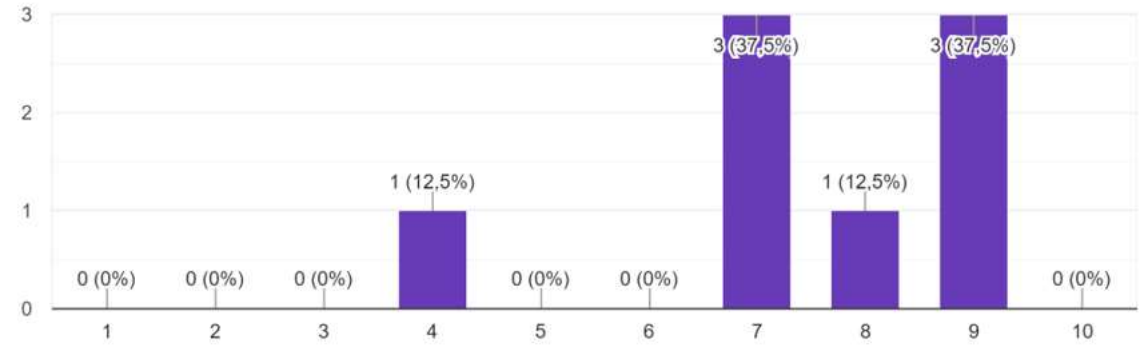
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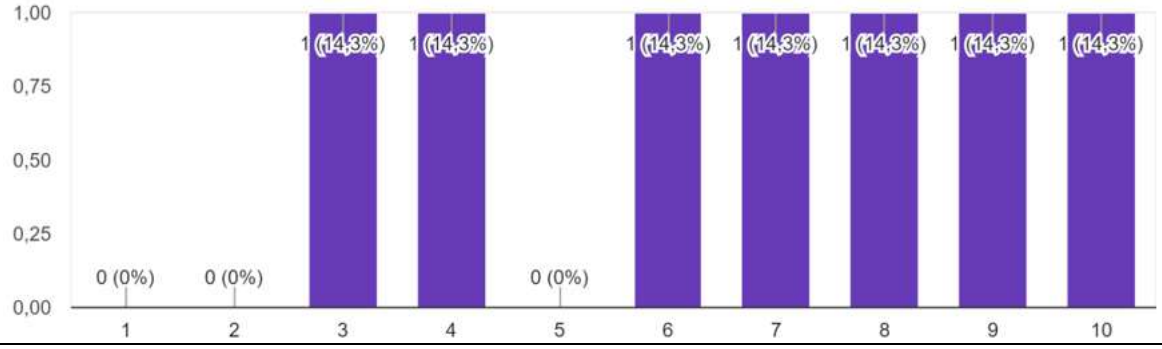
HRVAŠKA (n=11)



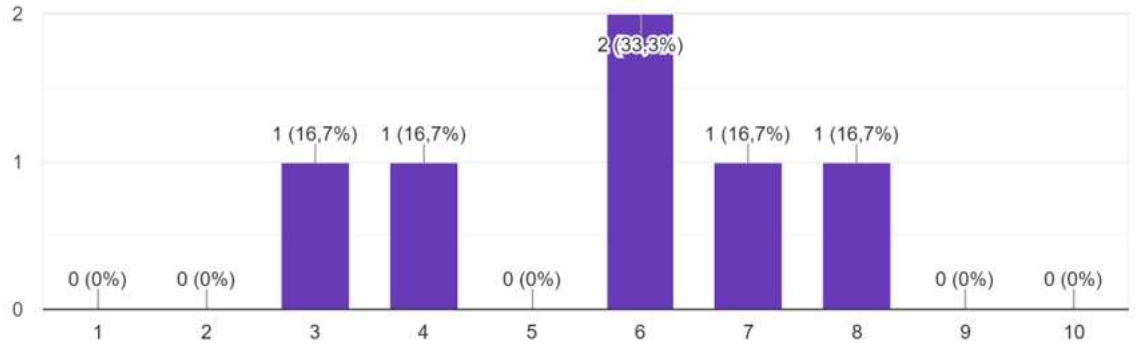
ŠPANIJA (n=8)



SLOVENIJA (n=7)



BOSNA (n=6)

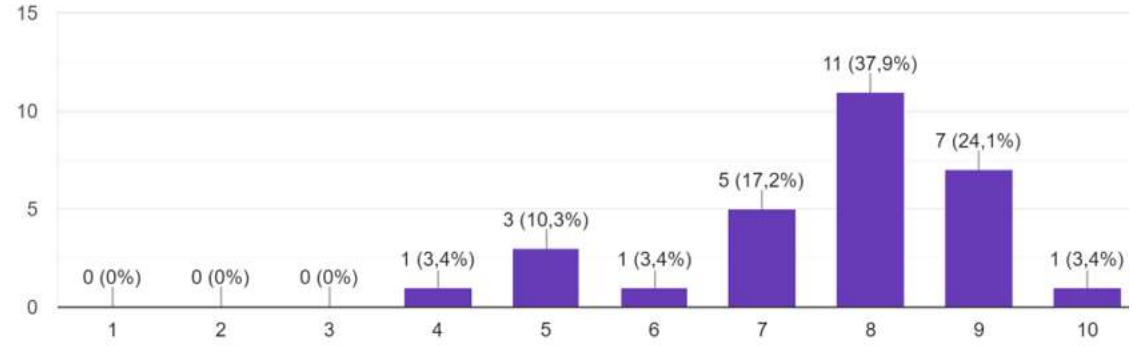


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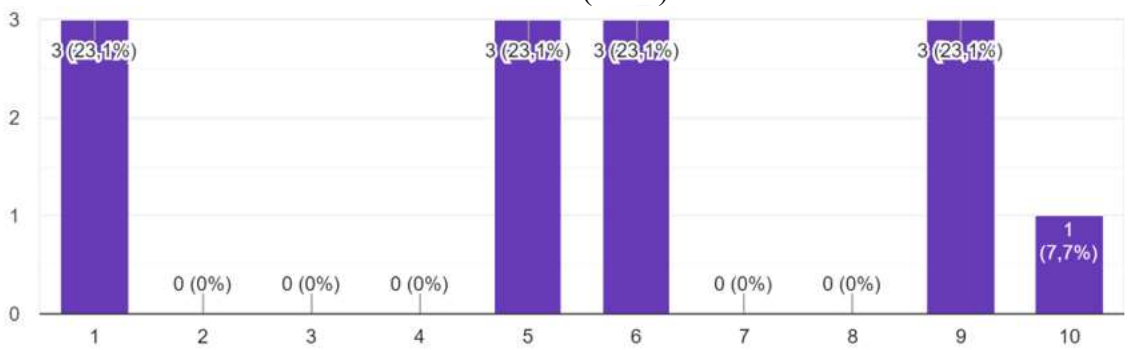
3. Ali menite, da so komunikacijski kanali zadostni?

Zadovoljstvo s tem vprašanjem se giblje med naslednjimi vrednostmi: Bolgarija (4-10), Italija (1-10), Turčija (1-10), Hrvaška (5-10), Španija (4-10), Slovenija (1-10), in Bosna (2-9).

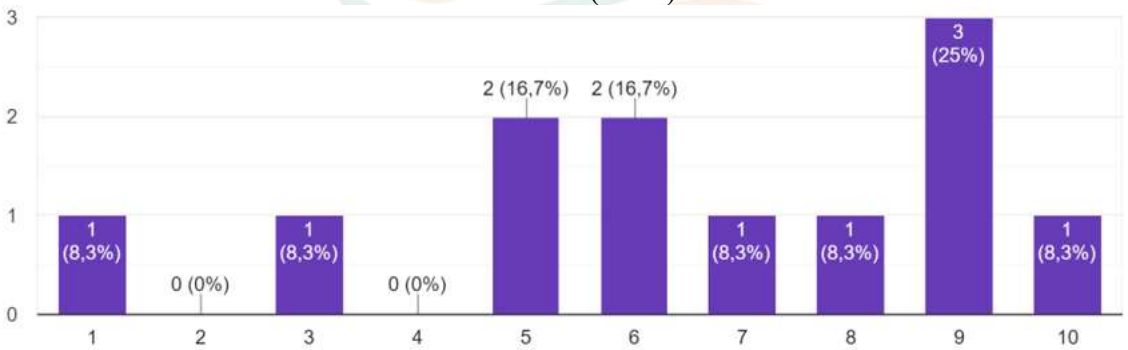
BOLGARIJA (n=29)



ITALIJA (n=13)

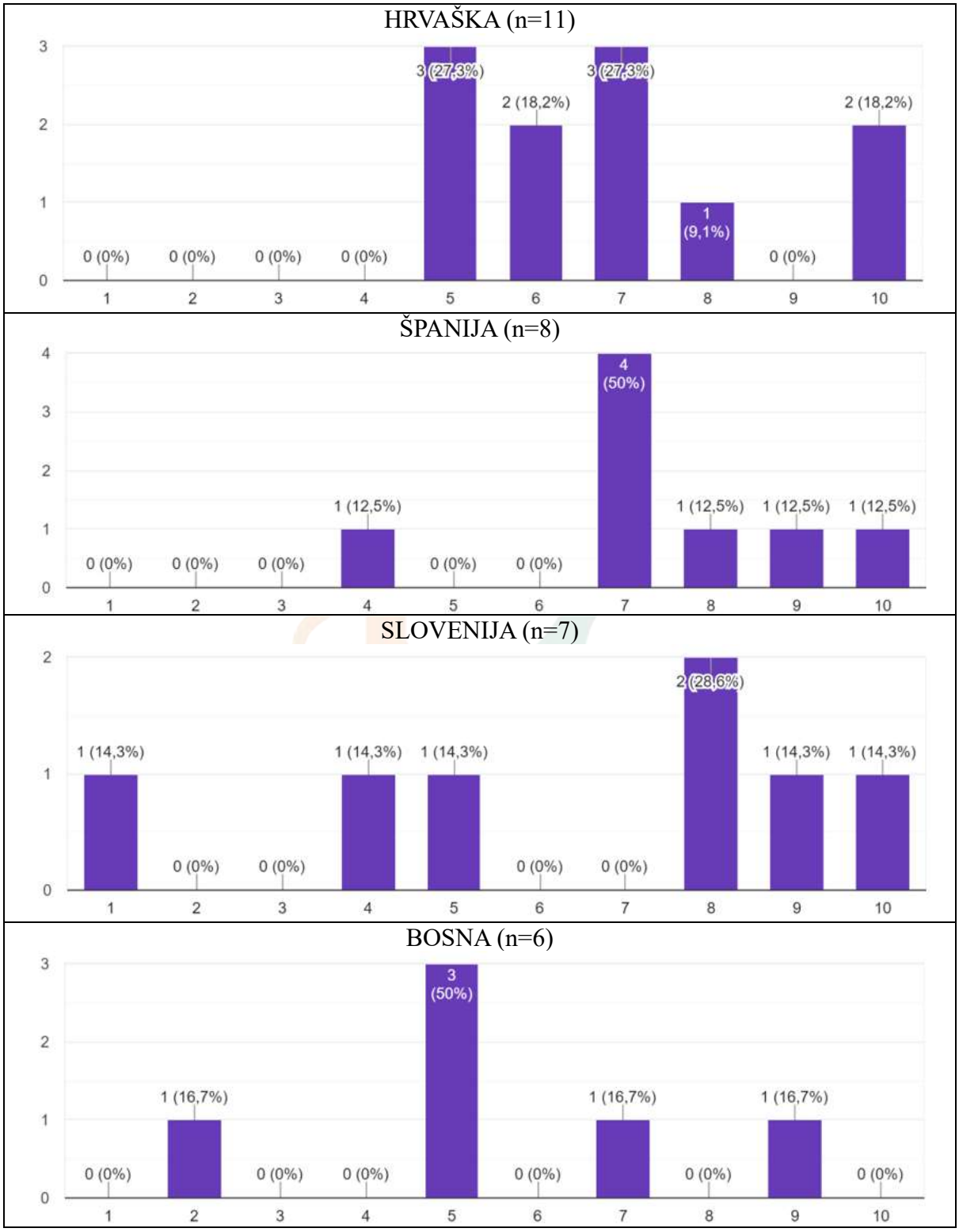


TURČIJA (n=12)



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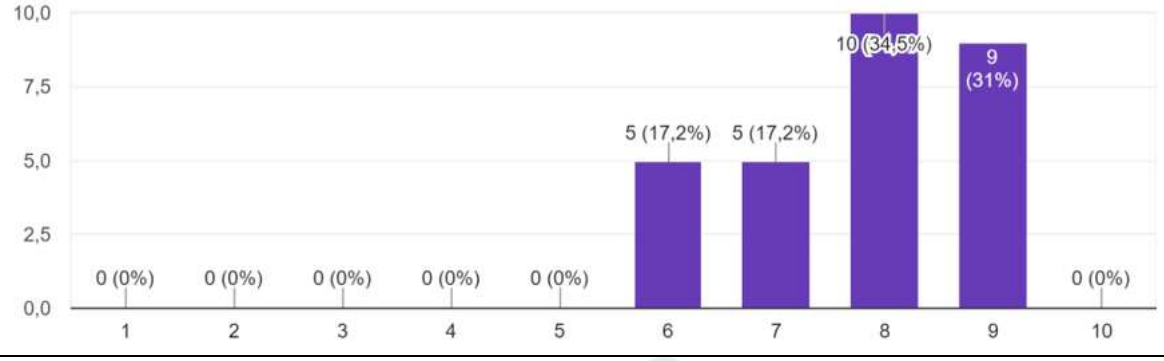
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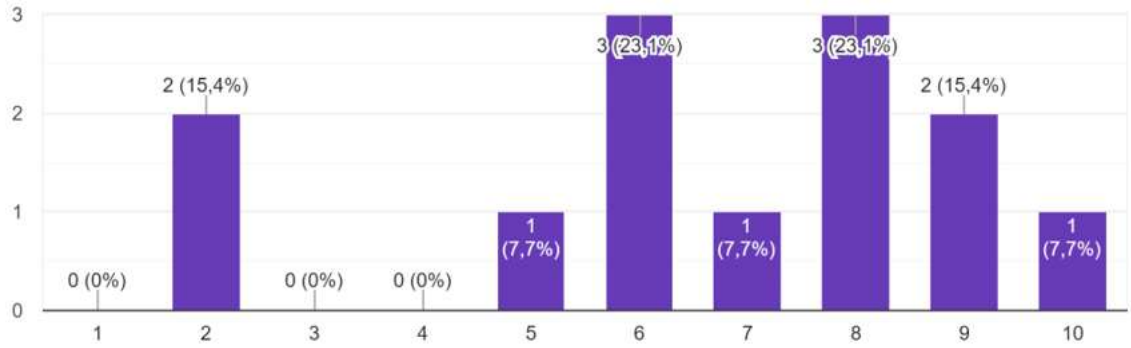
4. Kako zadovoljni ste s količino in ustreznostjo informacij, ki jih prejmete od teh organizacij?

Zadovoljstvo s tem vprašanjem se giblje med naslednjimi vrednostmi: Bolgarija (6-9), Italija (2-10), Turčija (1-10), Hrvaška (5-10), Španija (5-9), Slovenija (3-10) in Bosna (5-9).

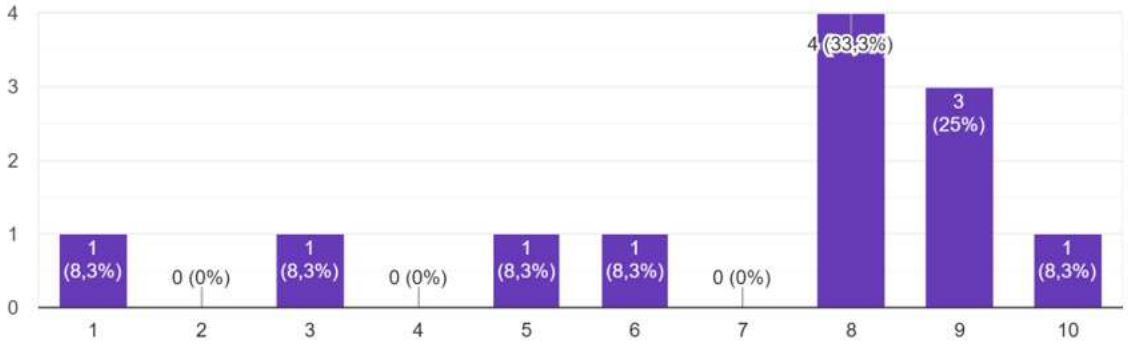
BOLGARIJA (n=29)



ITALIJA (n=13)

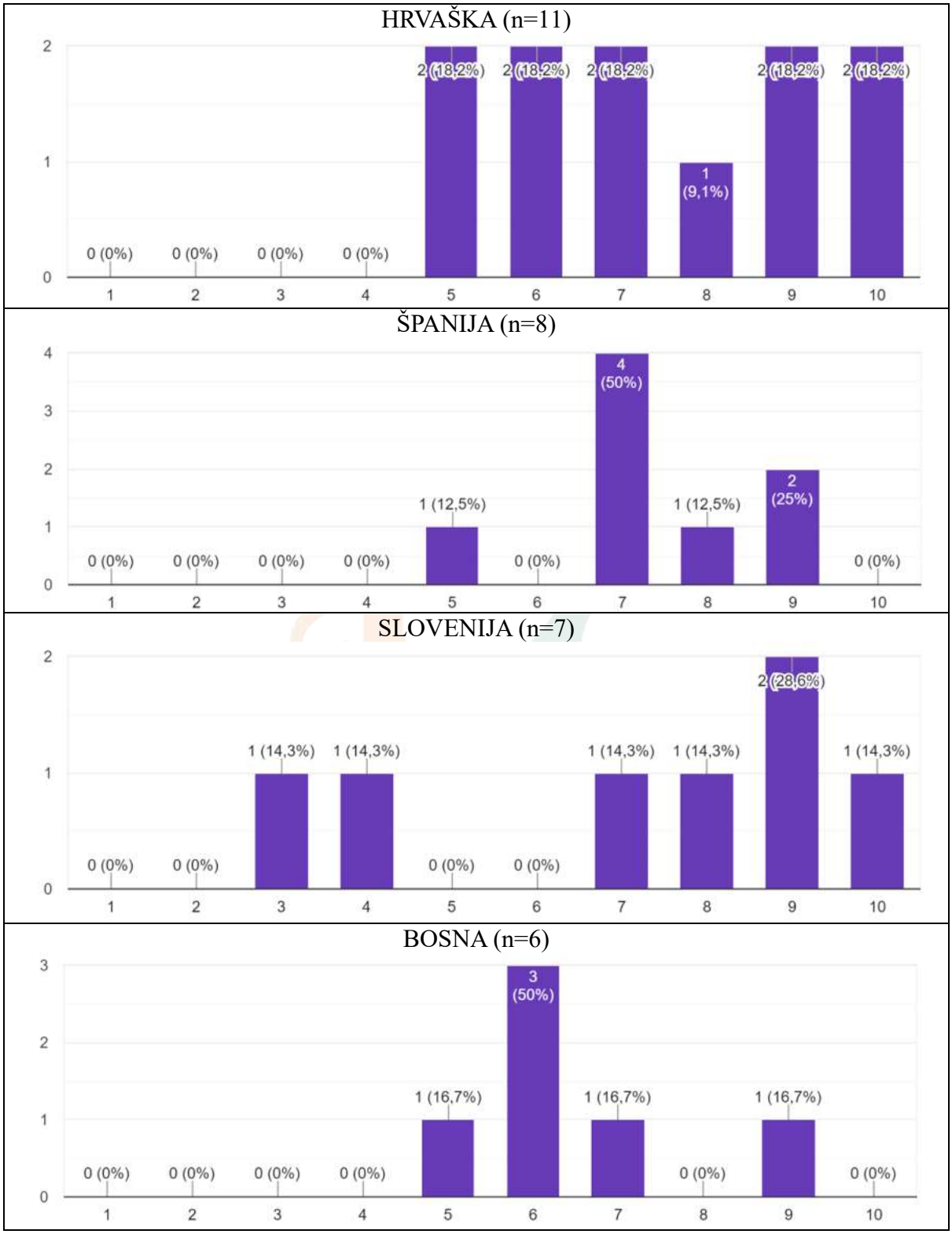


TURČIJA (n=12)



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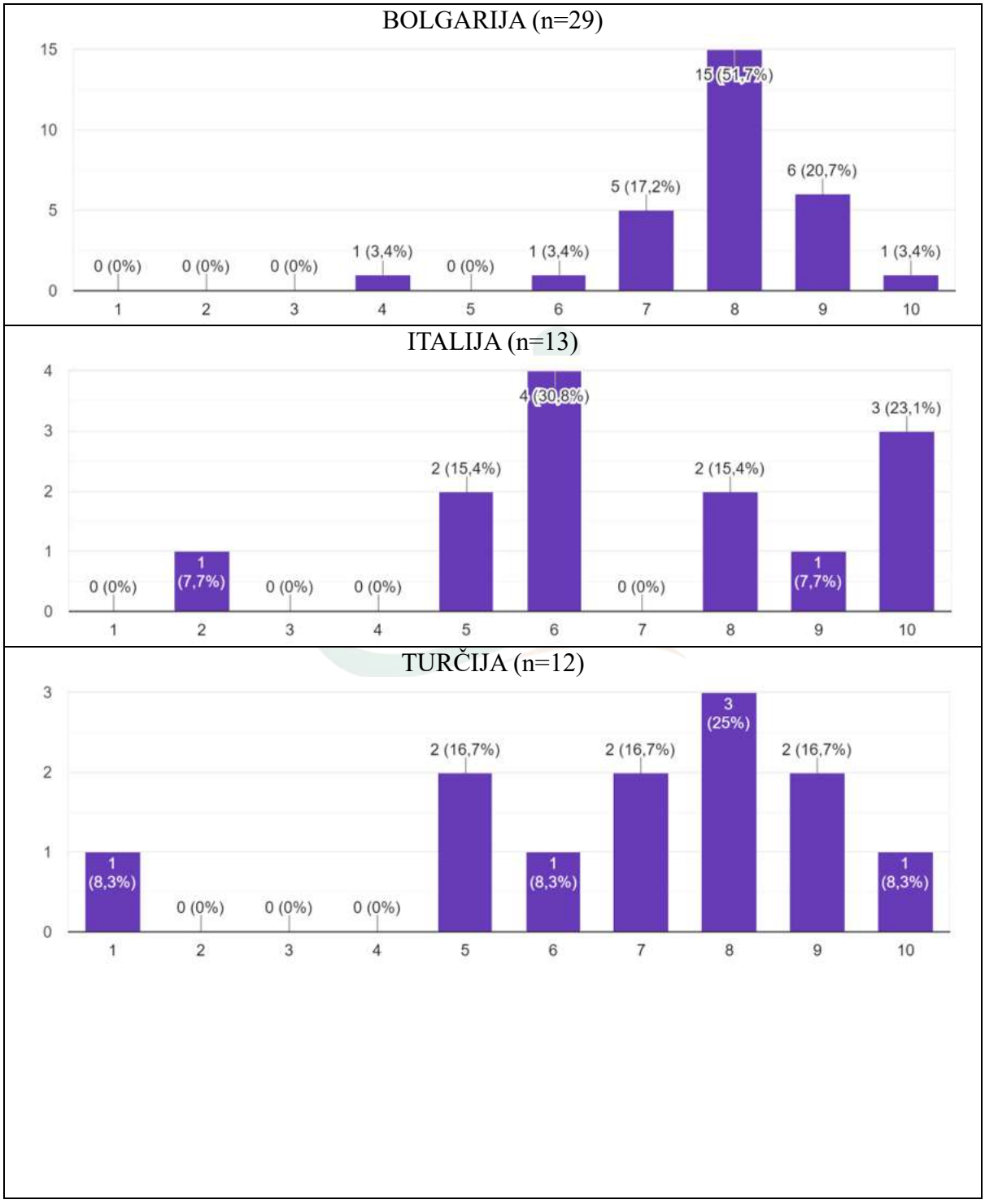


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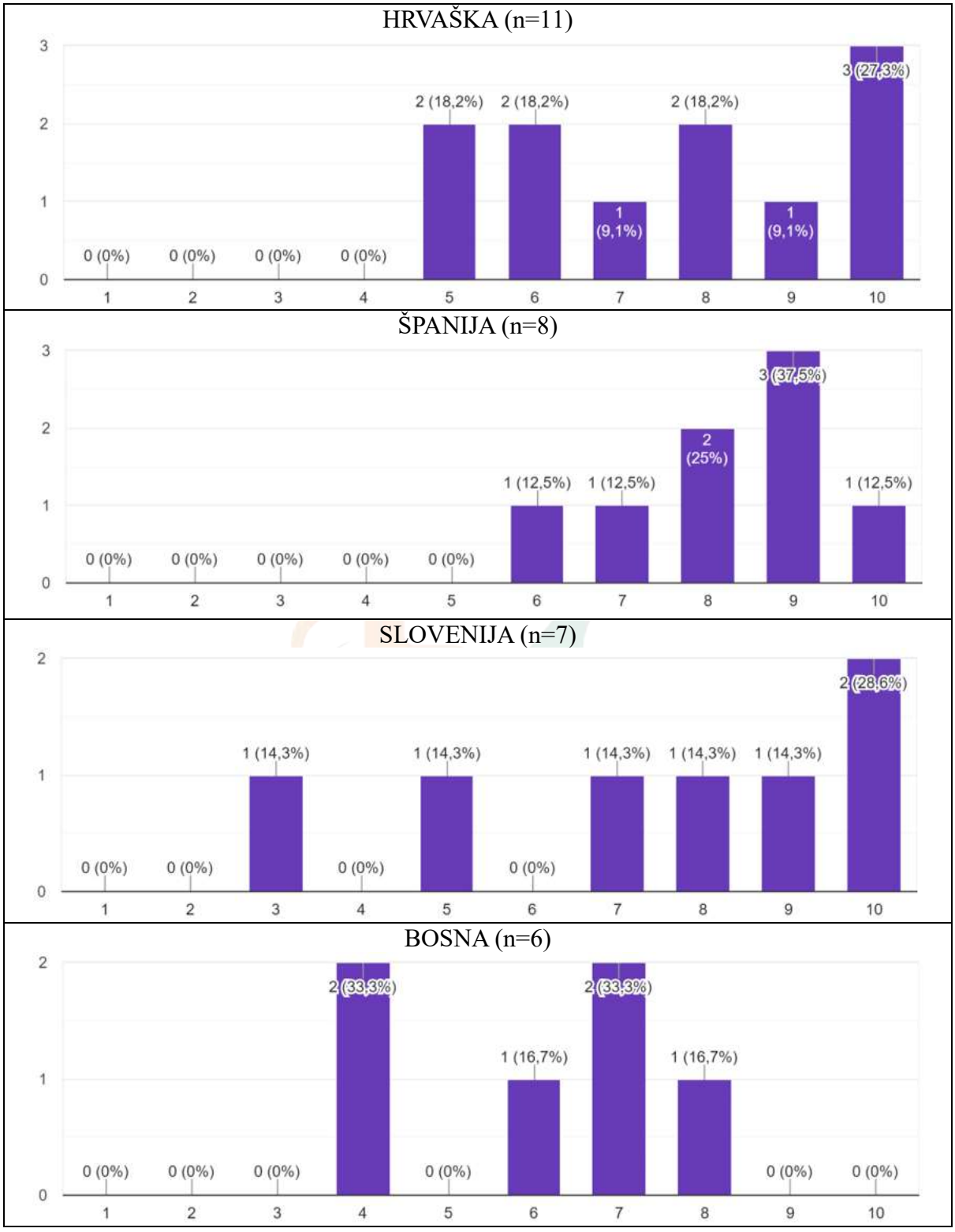
5. Kako bi ocenili jasnost informacij, ki jih posredujejo organizacije, ki podpirajo osebe s posebnimi potrebami?

Zadovoljstvo s tem vprašanjem se giblje med naslednjimi vrednostmi: Bolgarija (4-10), Italija (2-10), Turčija (1-10), Hrvaška (5-10), Španija (6-10), Slovenija (3-10), in Bosna (4-8).



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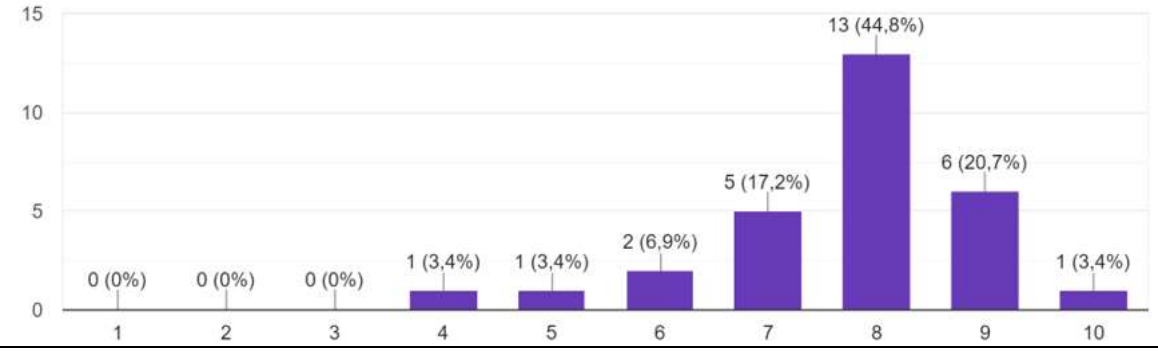
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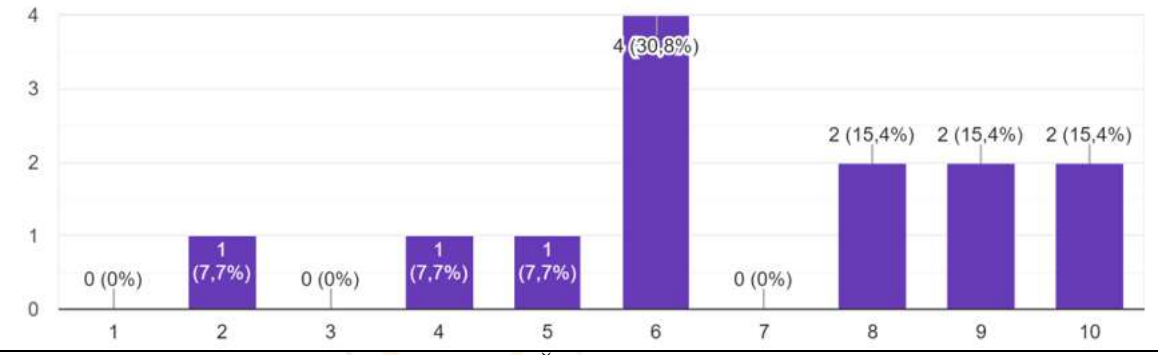
Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

6. Kakšna je dostopnost informacij, ki jih zagotavljajo te organizacije?
Zadovoljstvo s tem vprašanjem se giblje med naslednjimi vrednostmi: Bolgarija (4-10), Italija (2-10), Turčija (1-10), Hrvaška (5-10), Španija (5-10), Slovenija (3-10), in Bosna (3-9).

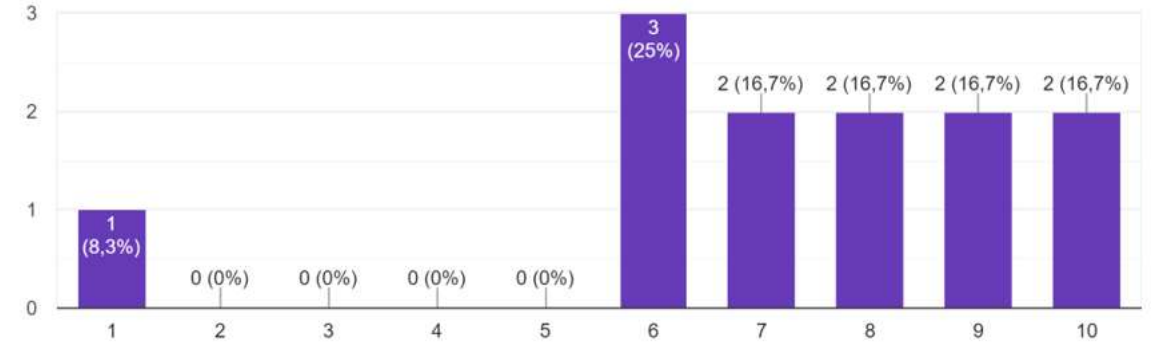
BOLGARIJA (n=29)



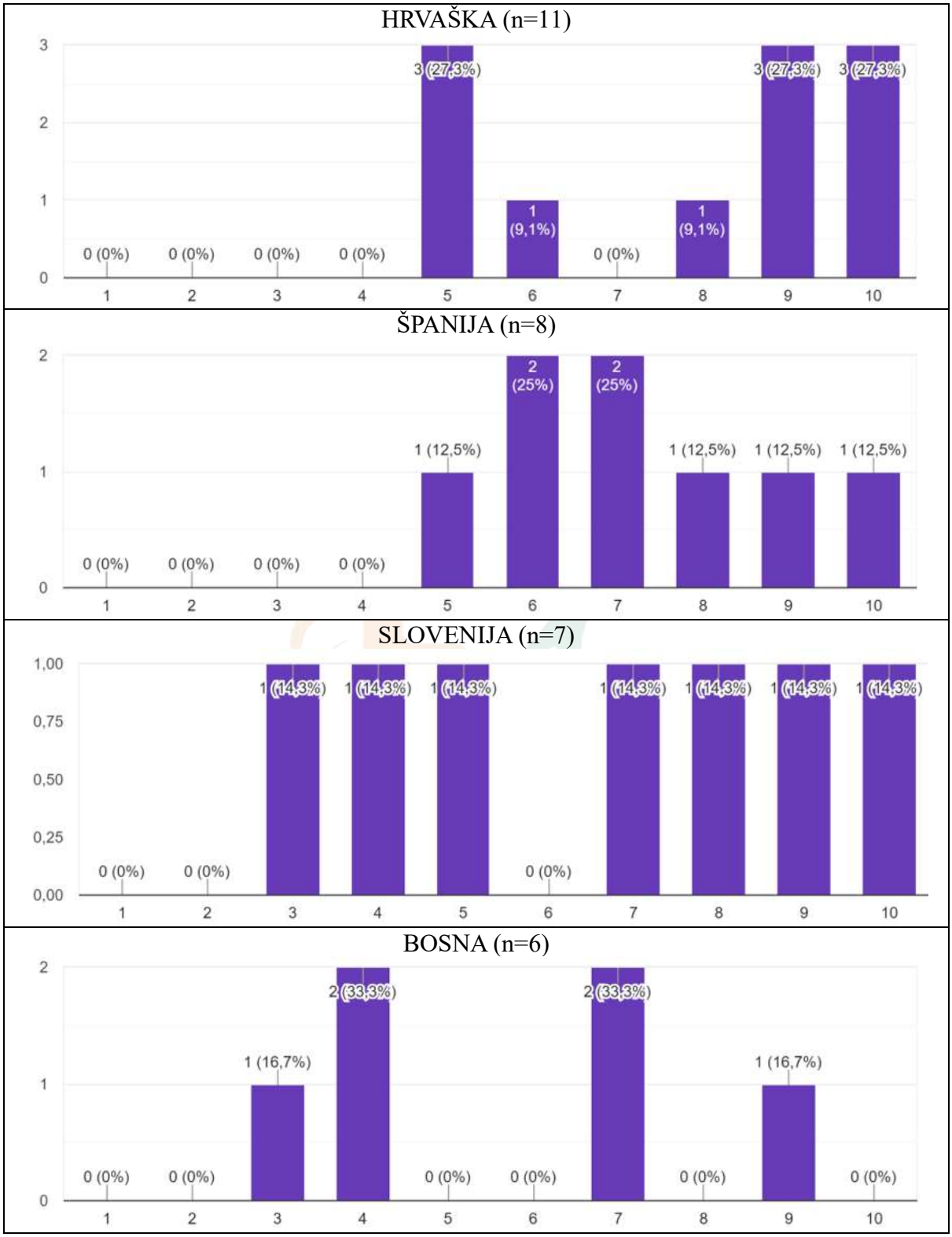
ITALIJA (n=13)



TURČIJA (n=12)



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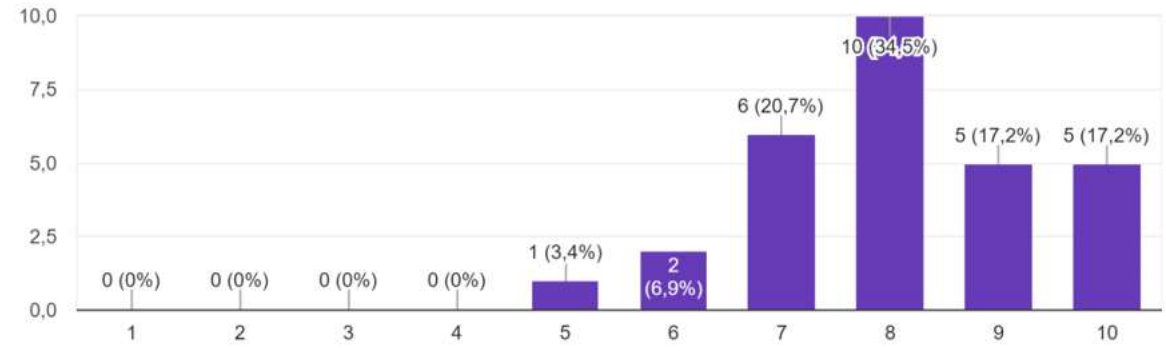
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2. DIMENZIJA: VIRI, PROGRAMI IN STORITVE.

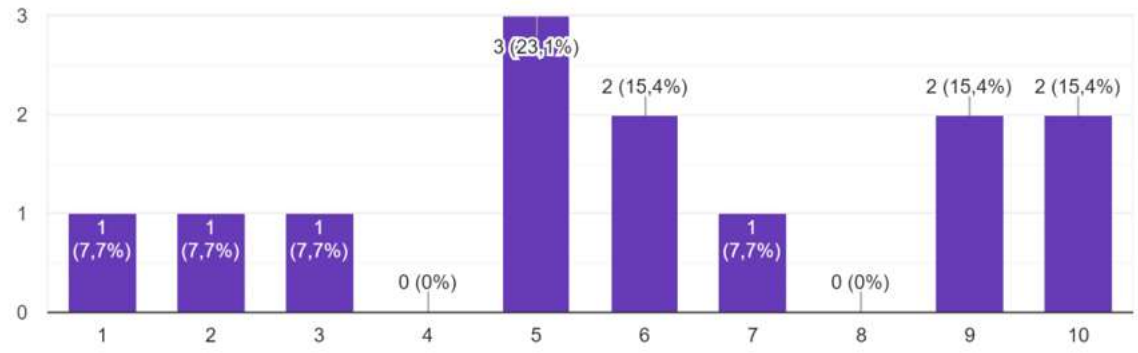
7. Kako menite o razpoložljivosti sredstev in storitev za vašo družino glede vaše invalidnosti?

Zadovoljstvo s tem vprašanjem se giblje med naslednjimi vrednostmi: Bolgarija (5-10), Italija (1-10), Turčija (1-10), Hrvaška (4-10), Španija (5-9), Slovenija (1-10), in Bosna (2-9).

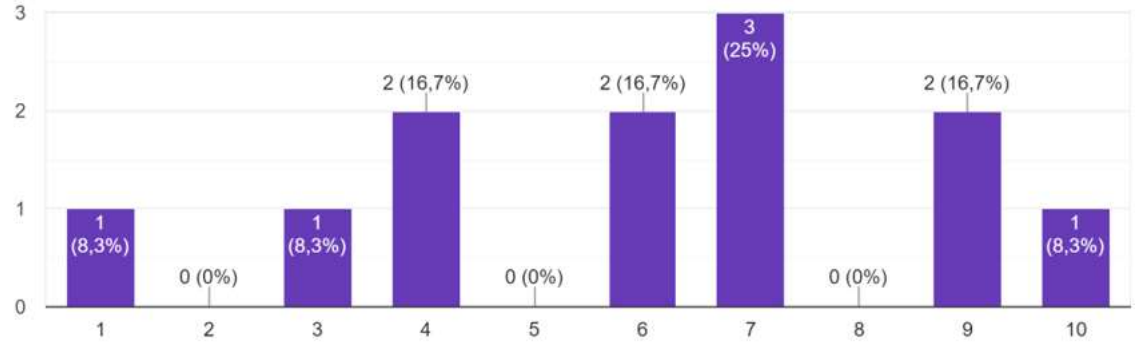
BOLGARIJA (n=29)



ITALIJA (n=13)



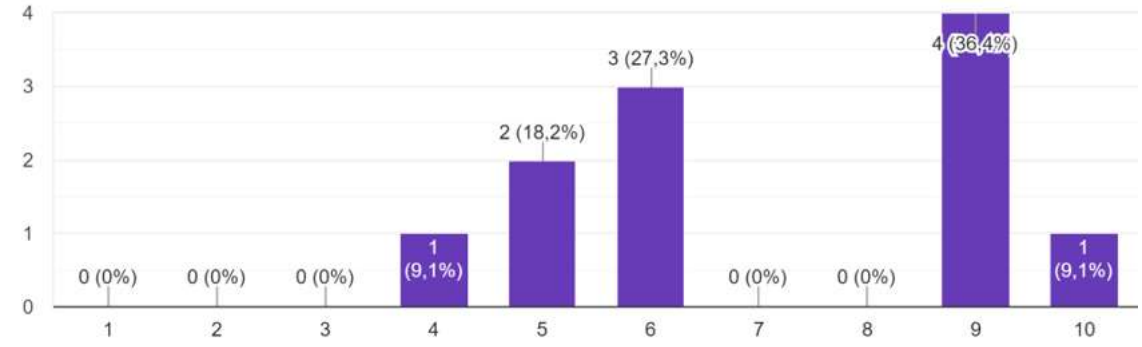
TURČIJA (n=12)



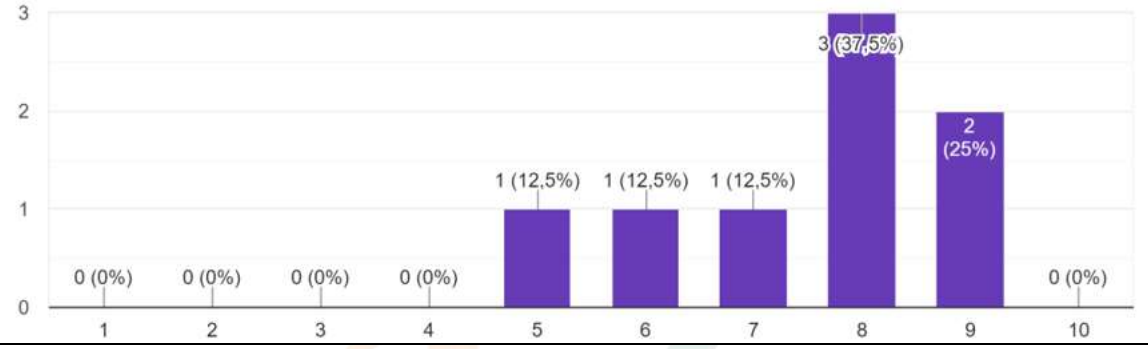
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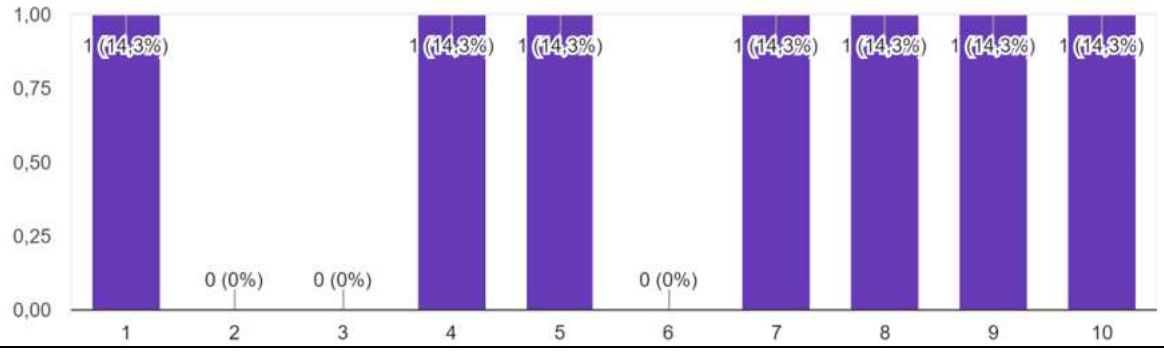
HRVAŠKA (n=11)



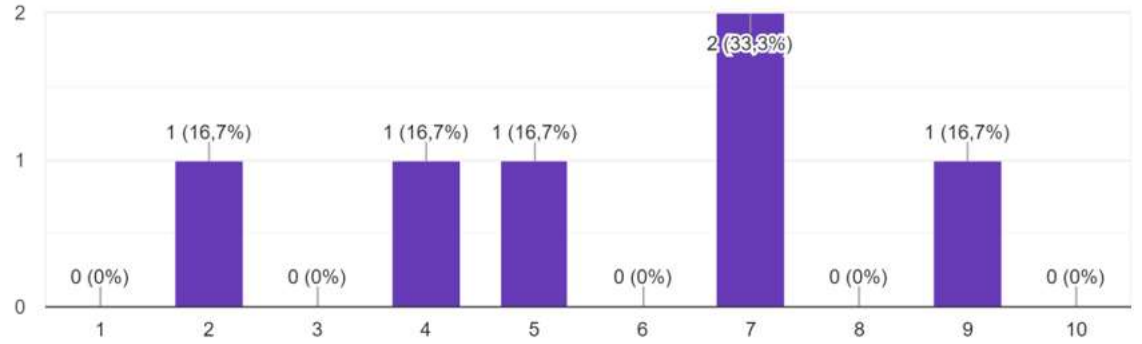
ŠPANIJA (n=8)



SLOVENIJA (n=7)



BOSNA (n=6)

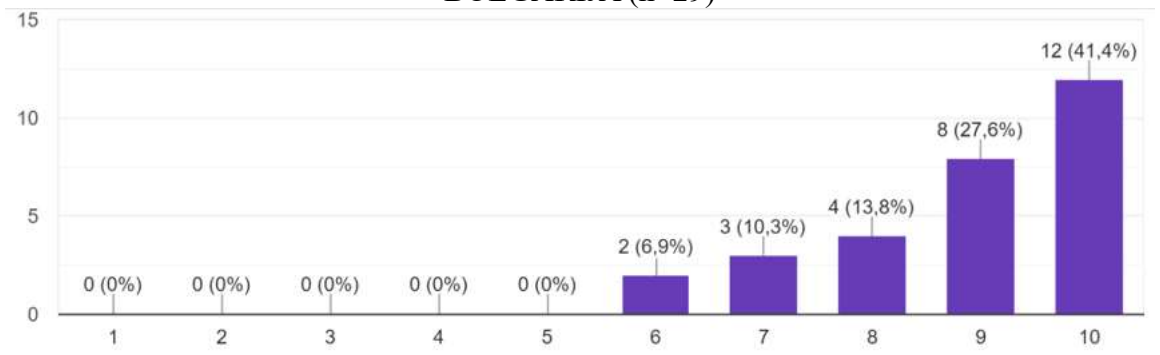


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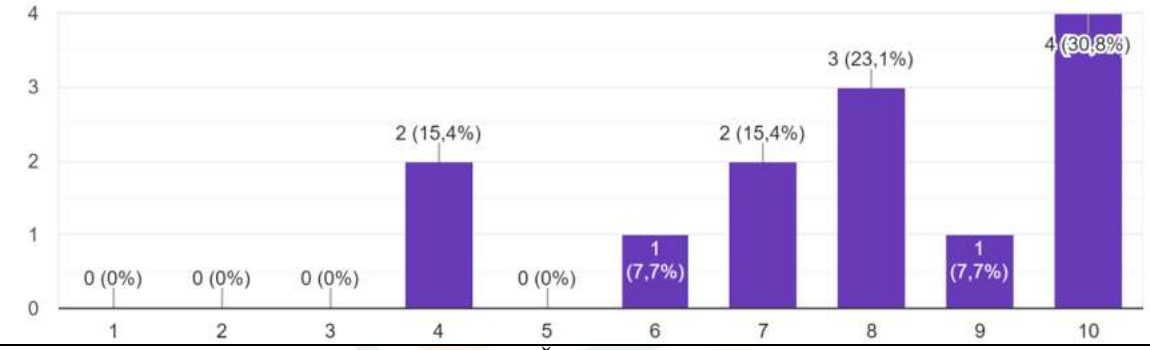
8. Kakšen pomen pripisujete dostopnosti storitev in programov socialne in čustvene podpore za družine v tej situaciji?

Zadovoljstvo s tem vprašanjem se giblje med naslednjimi vrednostmi: Bolgarija (6-10), Italija (4-10), Turčija (6-10), Hrvaška (6-10), Španija (6-10), Slovenija (7-10), in Bosna (2-9).

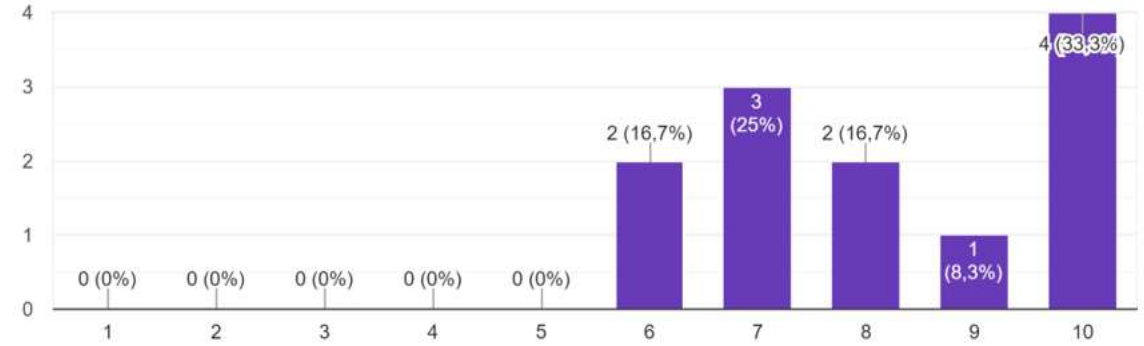
BOLGARIJA (n=29)



ITALIJA (n=13)

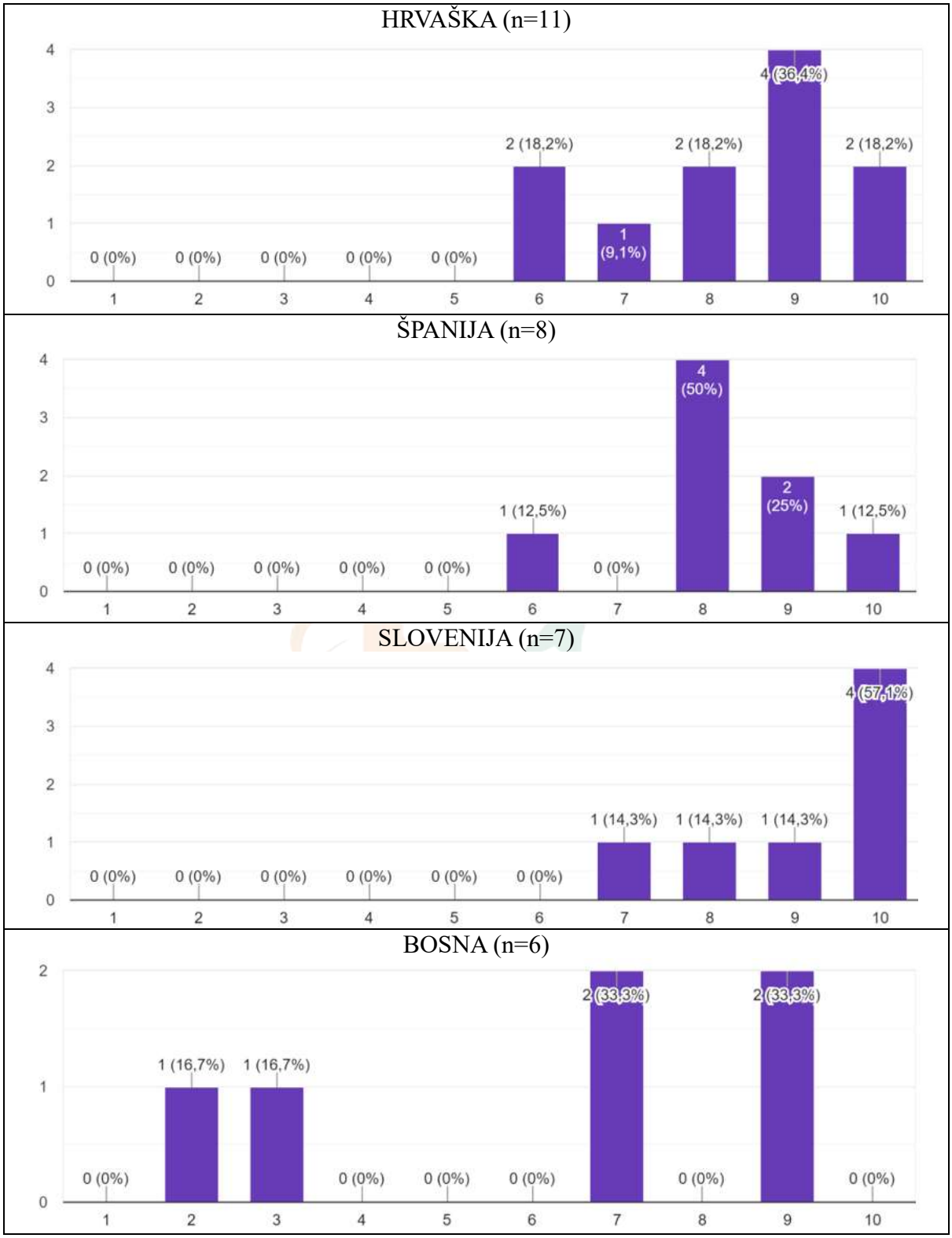


TURČIJA (n=12)



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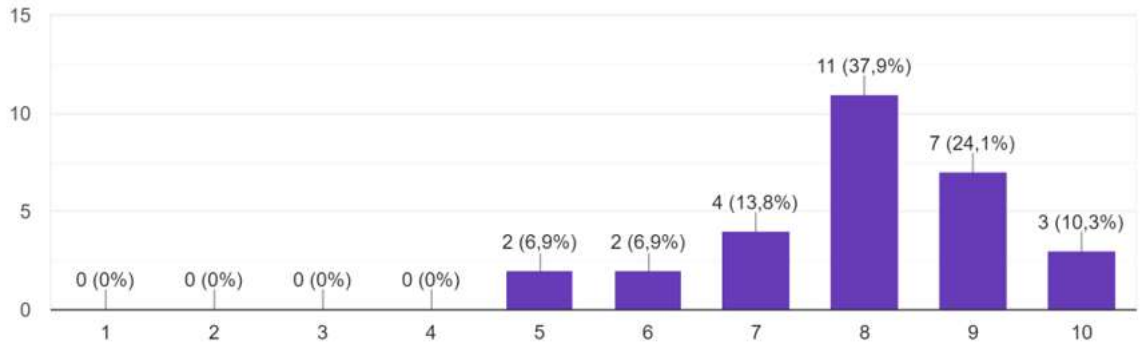
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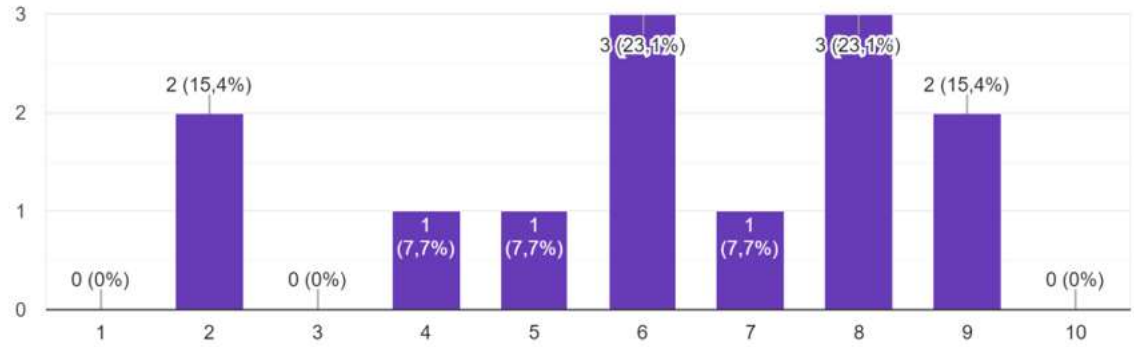
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9. Kako bi ocenili odziv teh organizacij na vaša vprašanja oziroma zahteve?
Zadovoljstvo s tem vprašanjem se giblje med naslednjimi vrednostmi: Bolgarija (5-10), Italija (2-9), Turčija (4-10), Hrvaška (6-10), Španija (6-10), Slovenija (1-10), in Bosna (4-10).

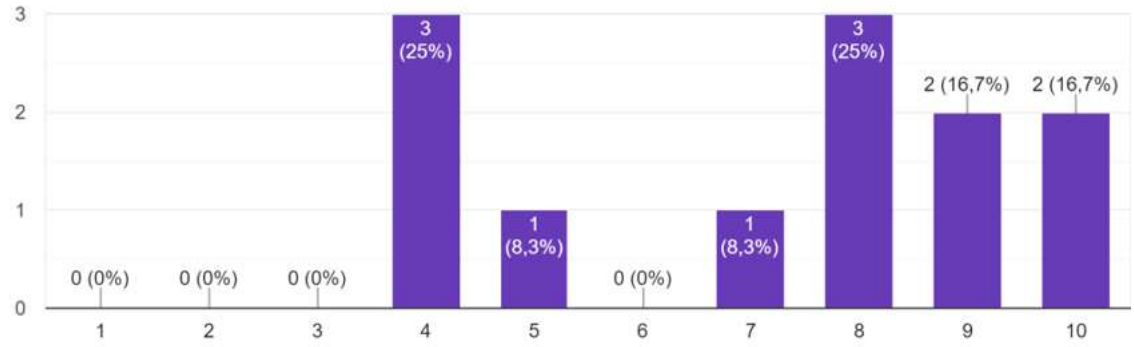
BOLGARIJA (n=29)



ITALIJA (n=13)

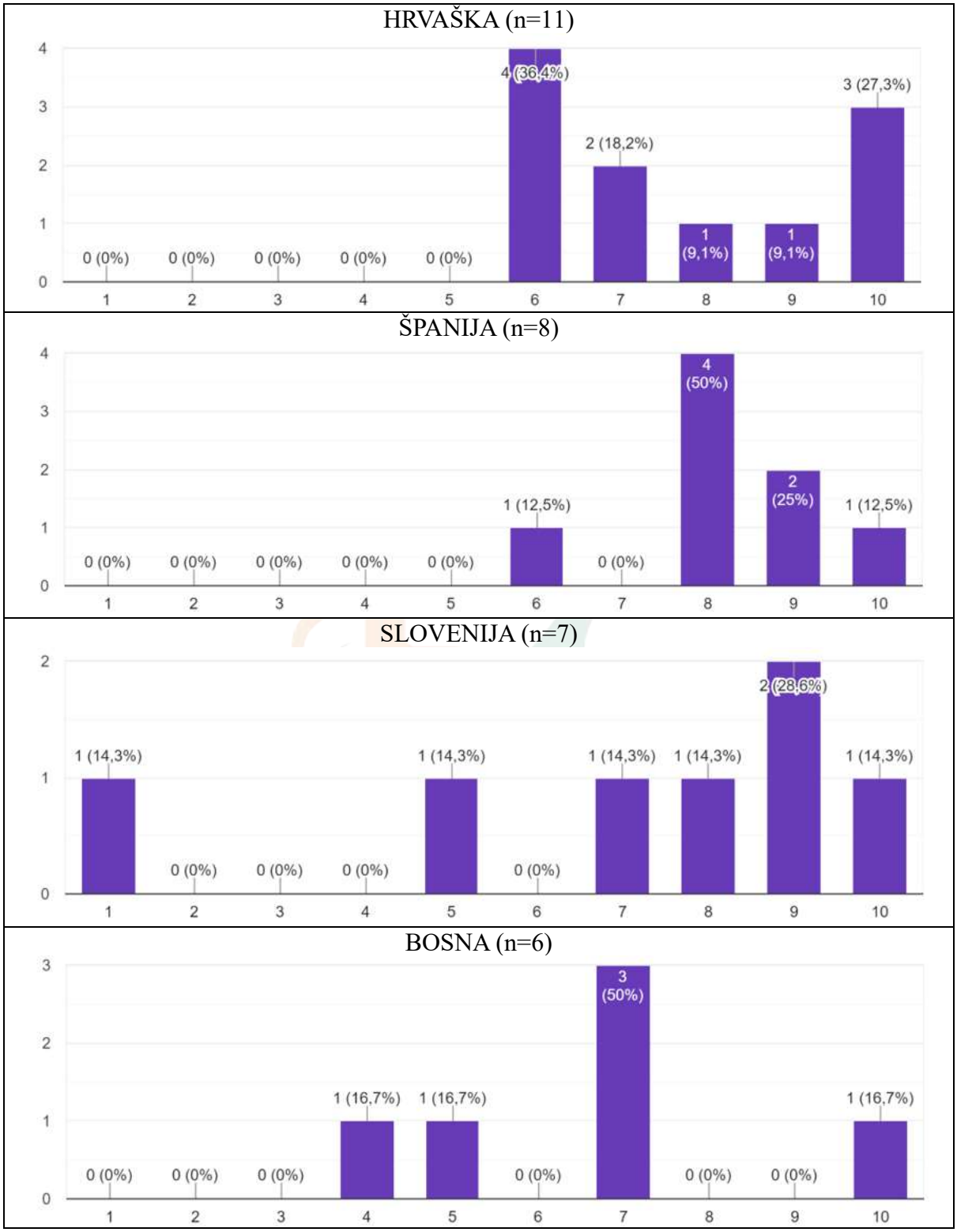


TURČIJA (n=12)



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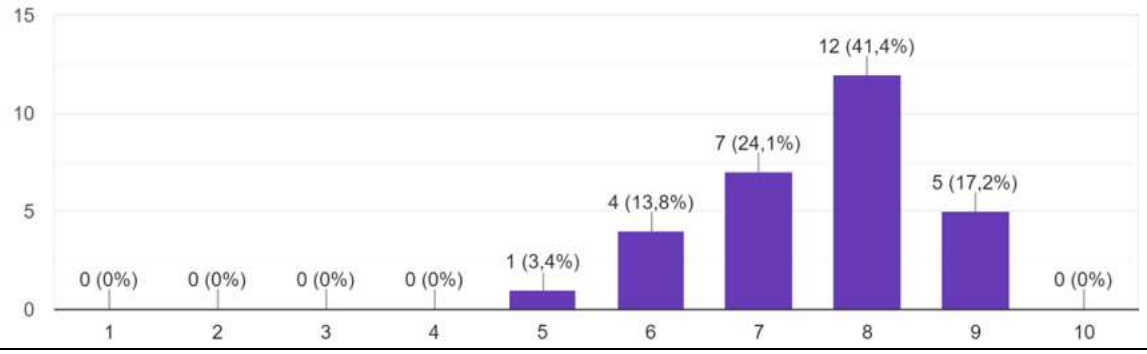


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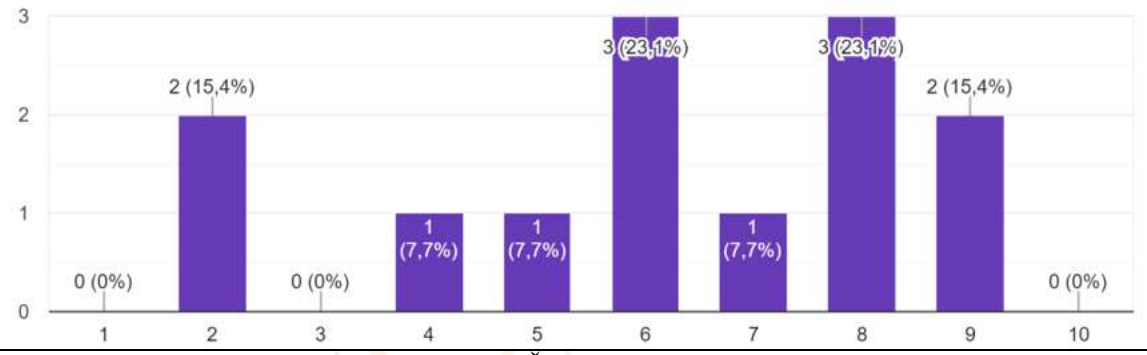
10. In glede ažurnosti pri odgovarjanju na vaša vprašanja?

Zadovoljstvo s tem vprašanjem se giblje med naslednjimi vrednostmi: Bolgarija (5-9), Italija (2-9), Turčija (4-10), Hrvaška (5-9), Španija (6-10), Slovenija (1-10), in Bosna (4-10).

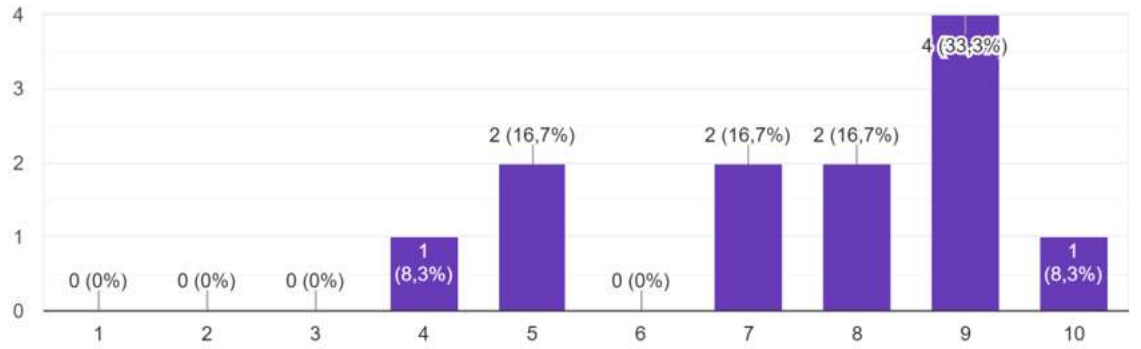
BOLGARIJA (n=29)



ITALIJA (n=13)



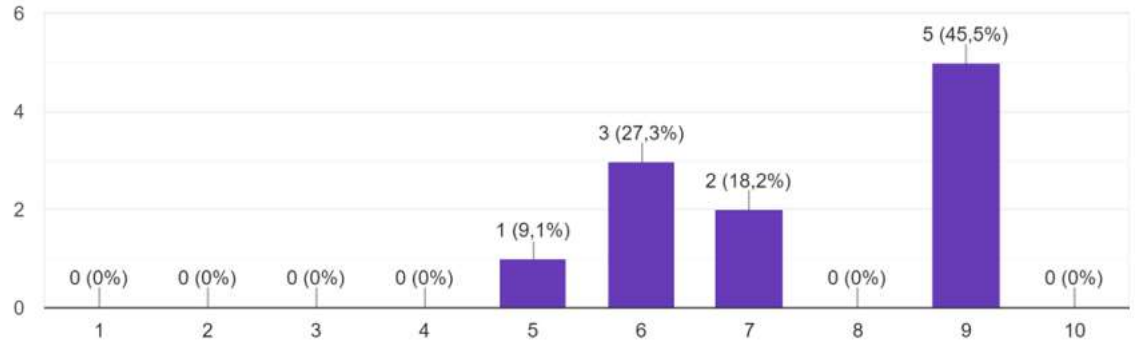
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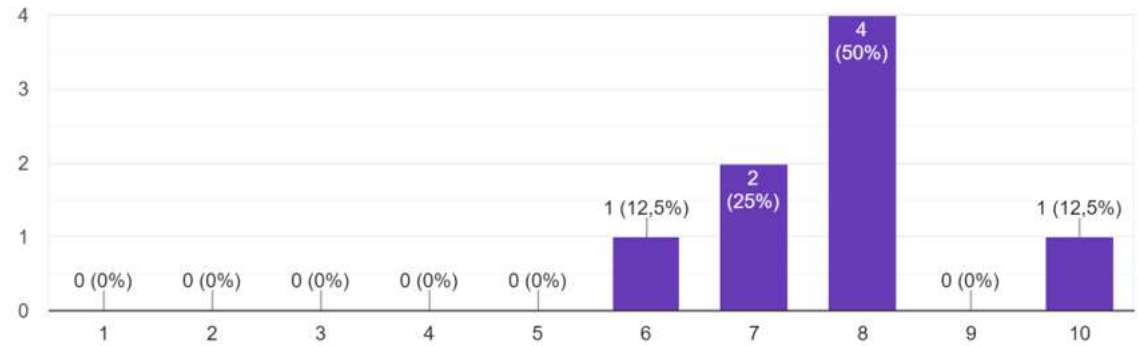
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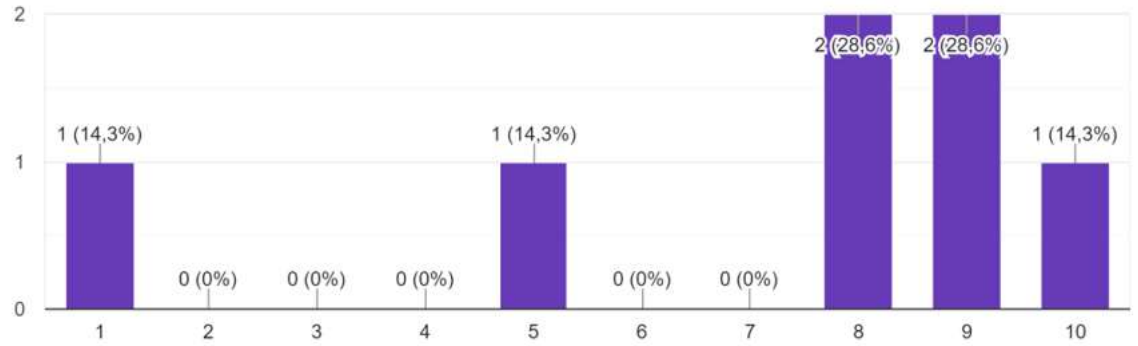
HRVAŠKA (n=11)



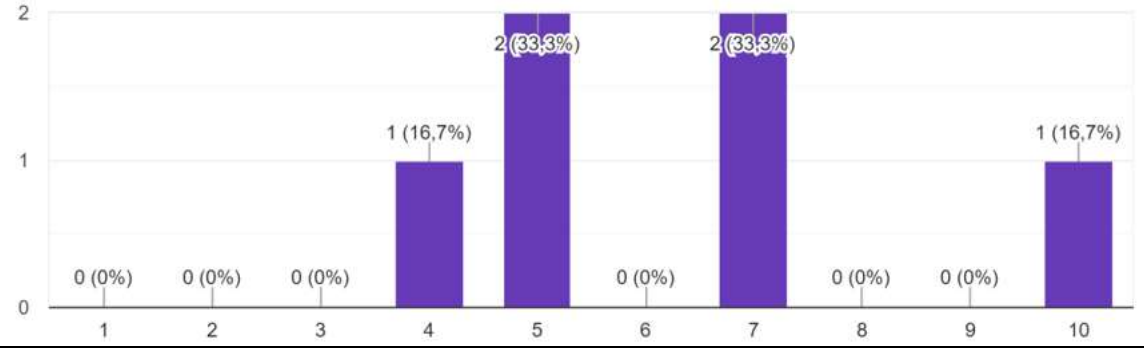
ŠPANIJA (n=8)



SLOVENIJA (n=7)



BOSNA (n=6)



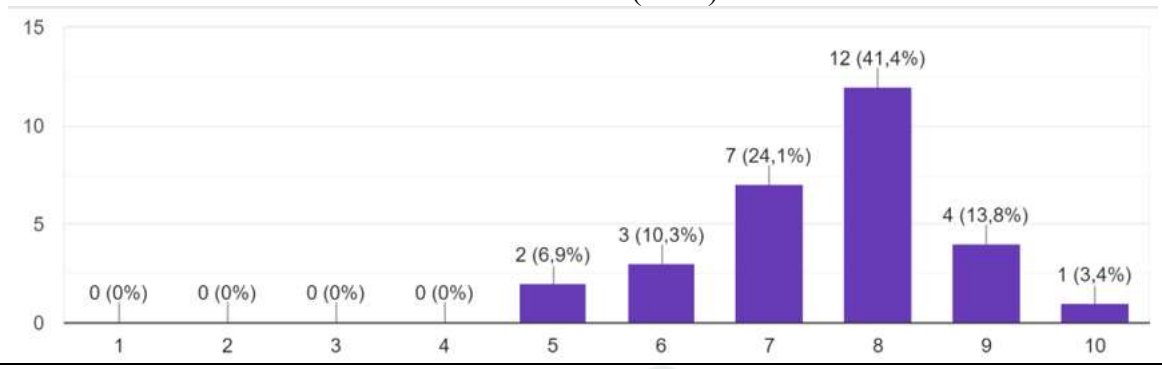
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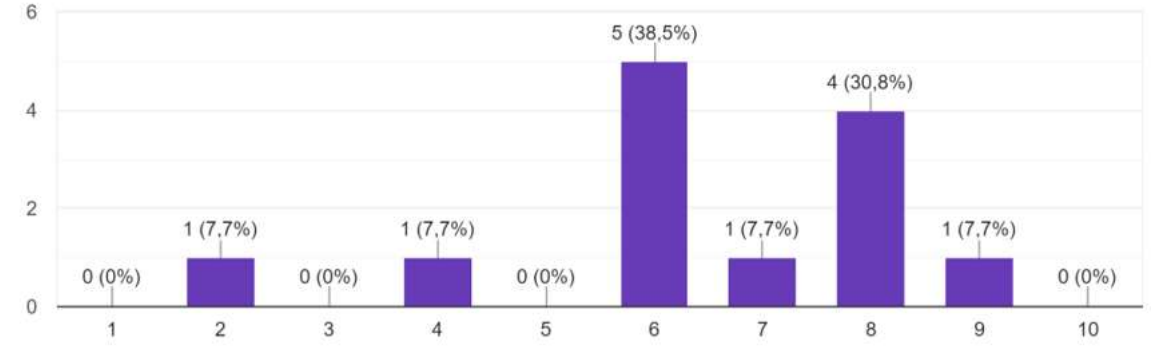
11. Ali se vam zdijo informacijska gradiva, ki jih zagotavljajo te organizacije, jasna, privlačna, ustrezna in posodobljena?

Zadovoljstvo s tem vprašanjem se giblje med naslednjimi vrednostmi: Bolgarija (5-10), Italija (2-9), Turčija (4-10), Hrvaška (4-10), Španija (5-10), Slovenija (4-10), in Bosna (3-9).

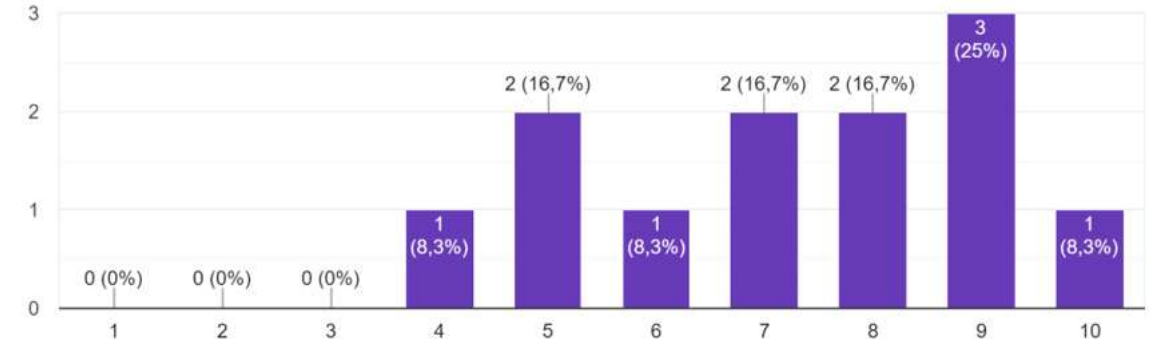
BOLGARIJA (n=29)



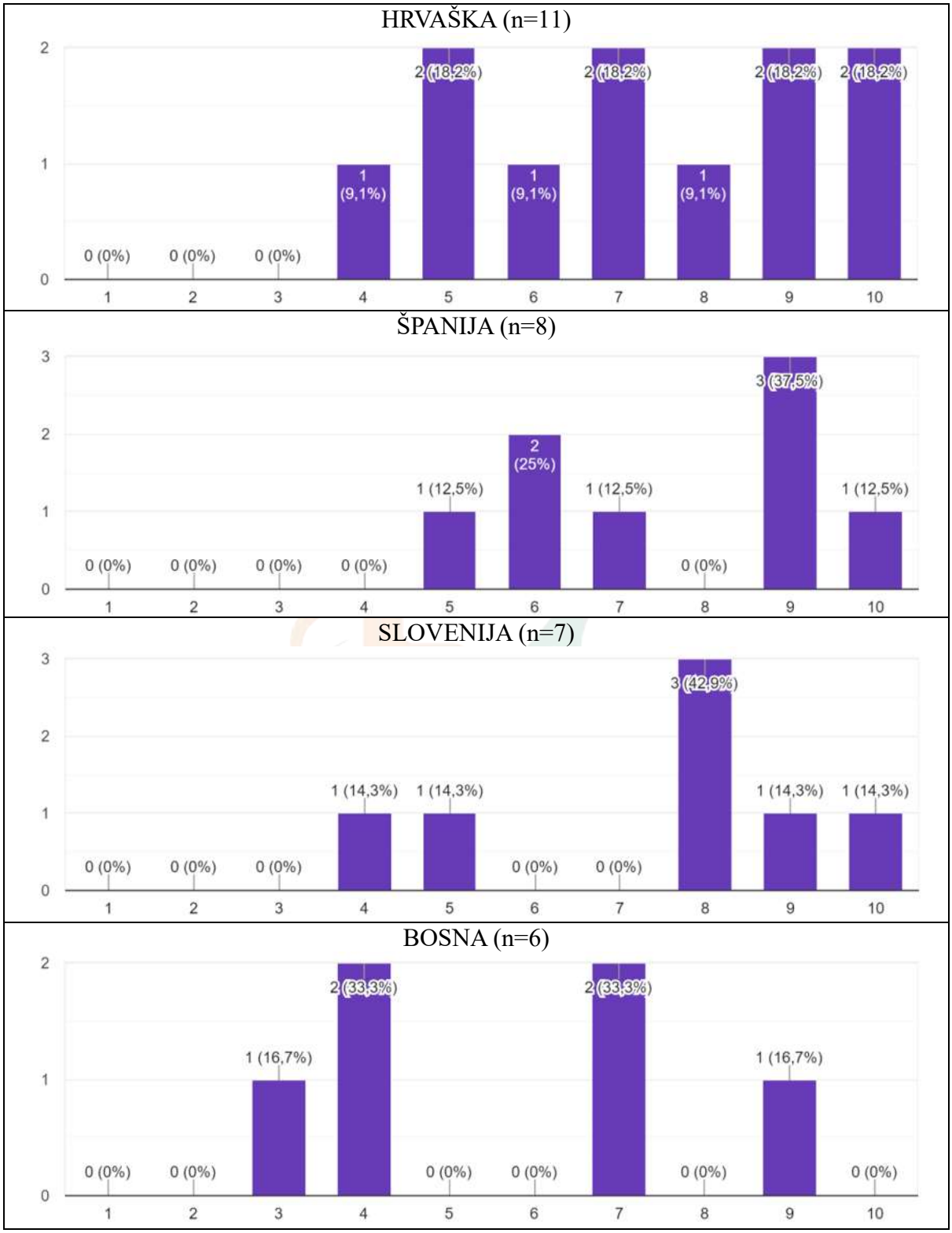
ITALIJA (n=13)



TURČIJA (n=12)



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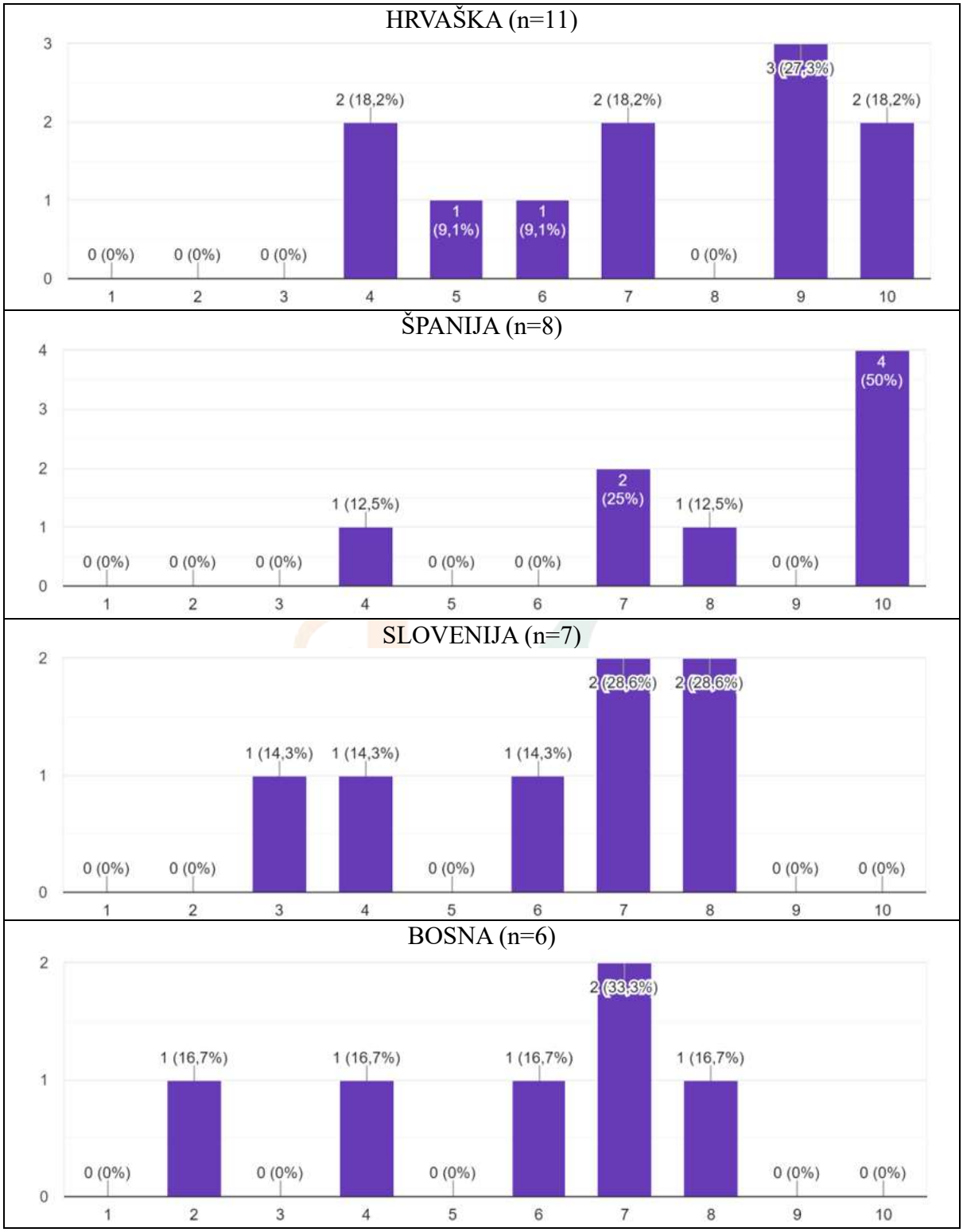
12. Kako bi ocenili vključitev mnenj in izkušenj družin v oblikovanje programov in storitev?

Zadovoljstvo s tem vprašanjem se je gibalo med naslednjimi vrednostmi: Bolgarija (3-10), Italija (2-9), Turčija (5-10), Hrvaška (4-10), Španija (4-10), Slovenija (3-8), in Bosna (2-8).



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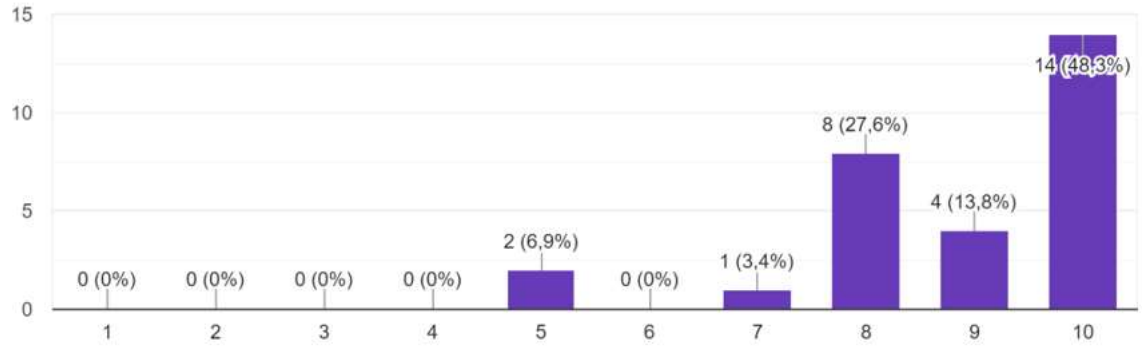
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3. DIMENZIJA: USPOSABLJANJE IN USPOSABLJANJE.

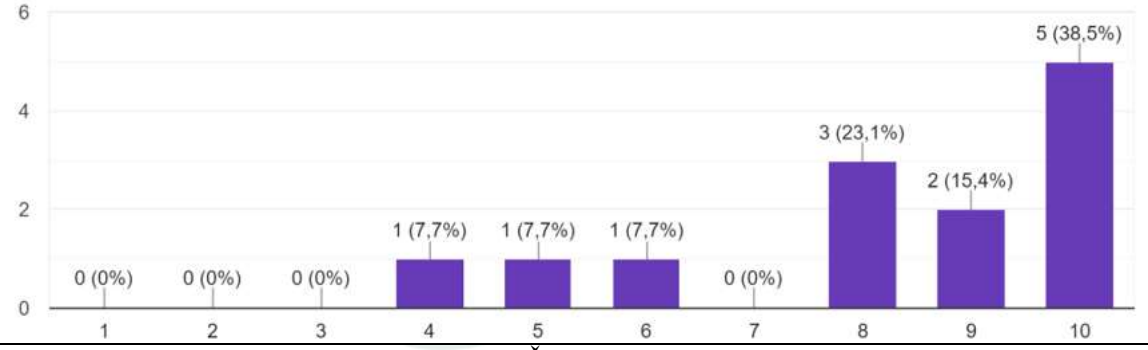
13. Kakšen pomen pripisujete potrebi po usposabljanju oziroma usposabljanju družin, ki imajo člane osebe s posebnimi potrebami?

Zadovoljstvo s tem vprašanjem se giblje med naslednjimi vrednostmi: Bolgarija (5-10), Italija (4-10), Turčija (3-10), Hrvaška (7-10), Španija (7-10), Slovenija (7-10), in Bosna (6-10).

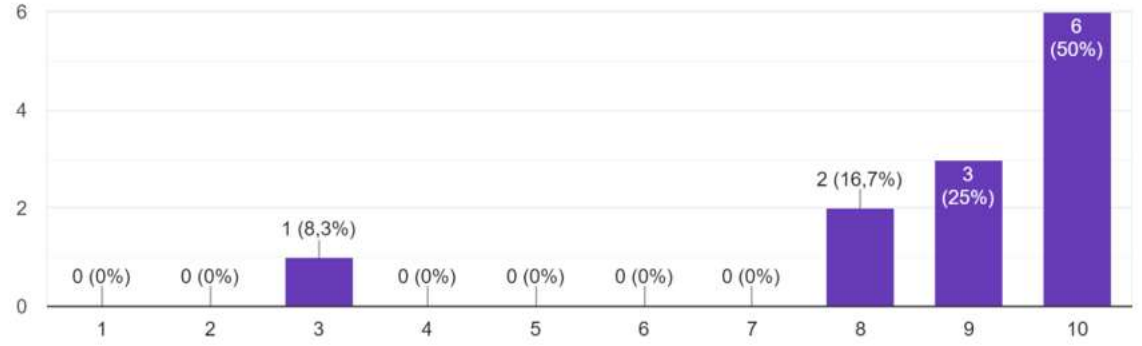
BOLGARIJA (n=29)



ITALIJA (n=13)



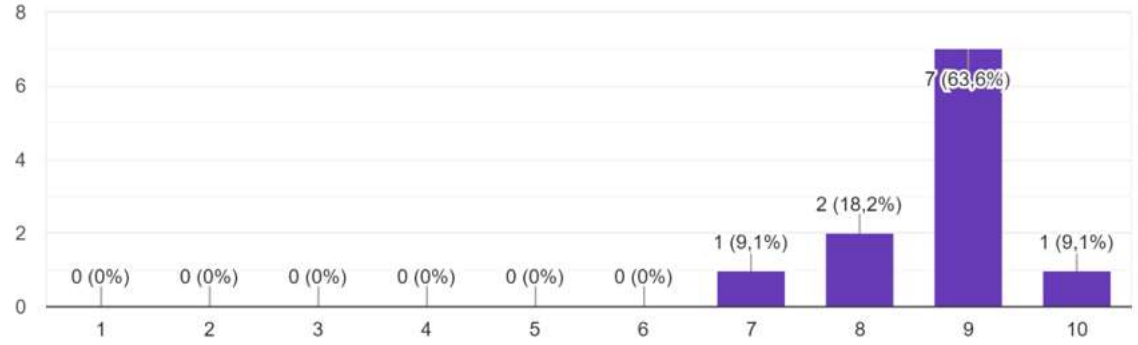
TURČIJA (n=12)



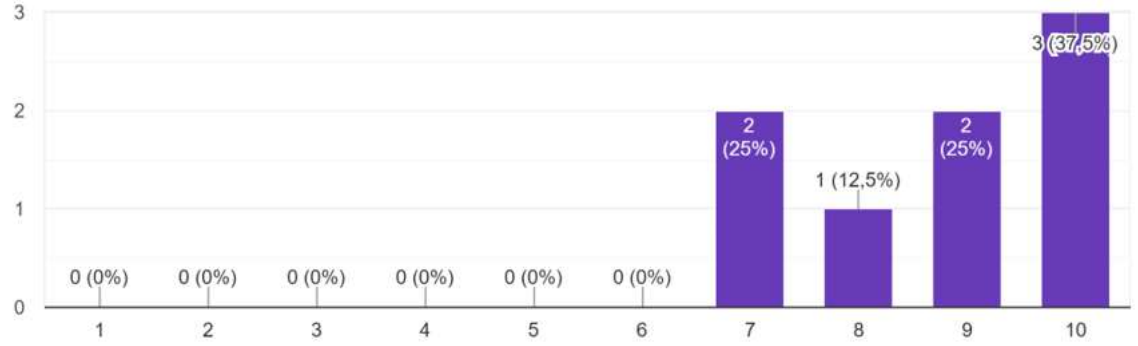
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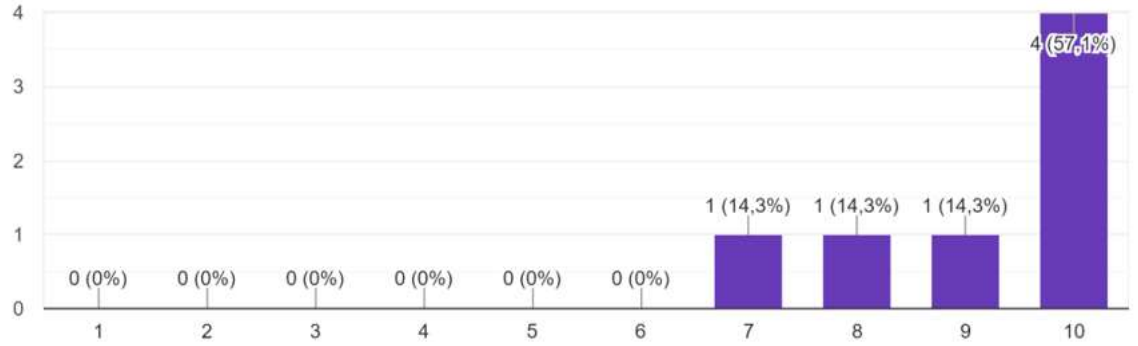
HRVAŠKA (n=11)



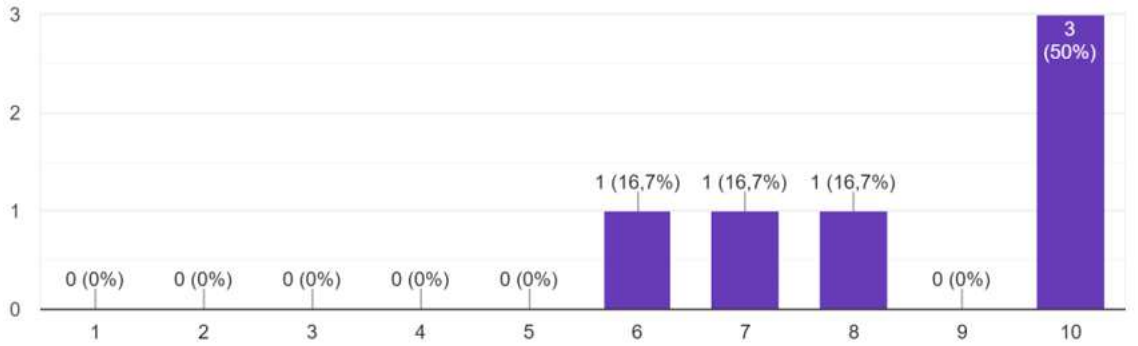
ŠPANIJA (n=8)



SLOVENIJA (n=7)



BOSNA (n=6)

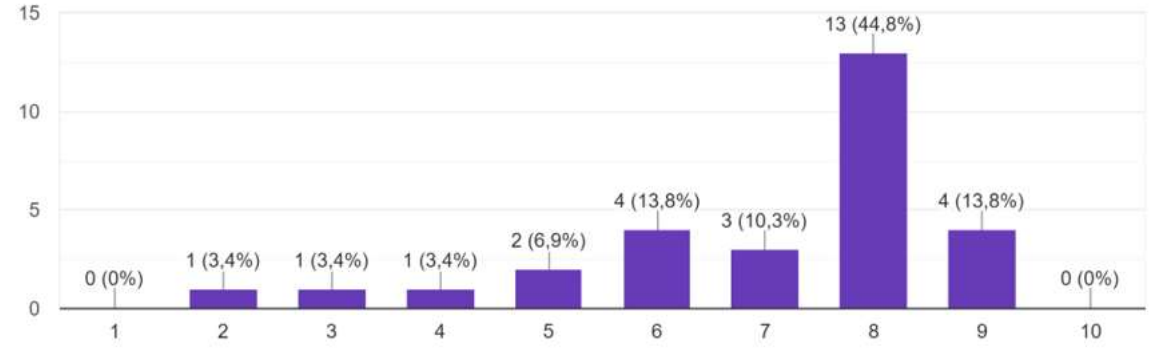


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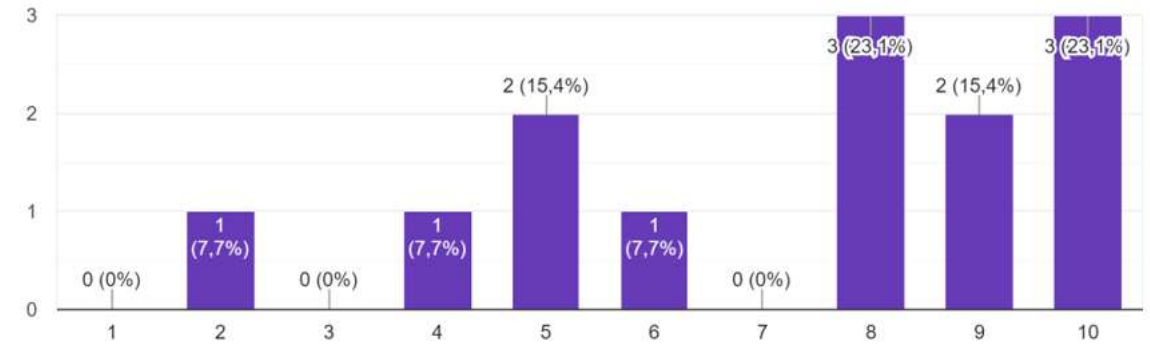
14. Ali menite, da je trenutno usposabljanje in usposabljanje različnih strokovnjakov v organizacijah zadostno?

Zadovoljstvo s tem vprašanjem se giblje med naslednjimi vrednostmi: Bolgarija (2-9), Italija (2-10), Turčija (2-10), Hrvaška (5-10), Španija (5-9), Slovenija (1-10), in Bosna (4-8).

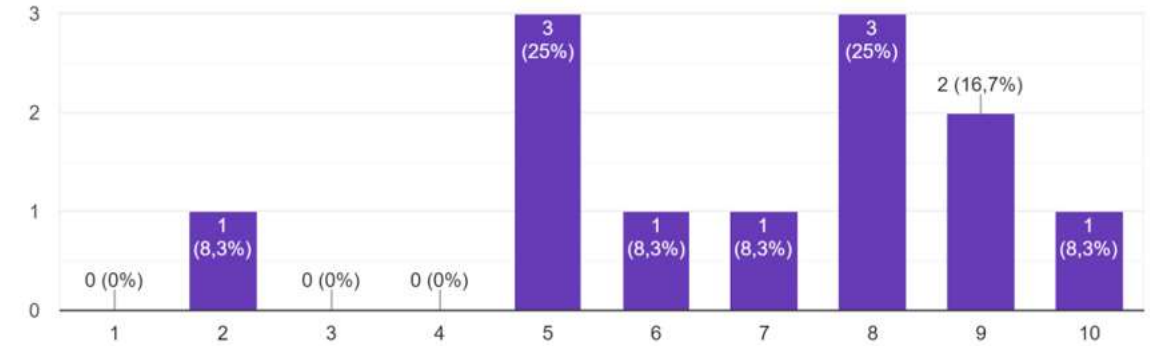
BOLGARIJA (n=29)



ITALIJA (n=13)



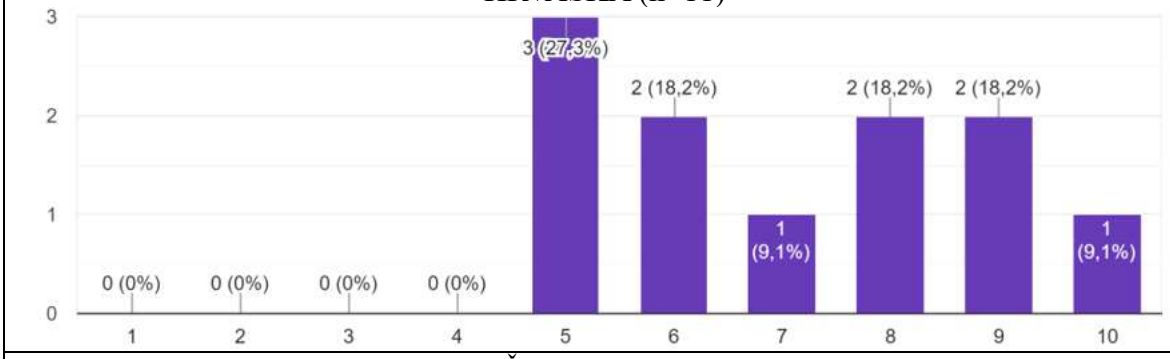
TURČIJA (n=12)



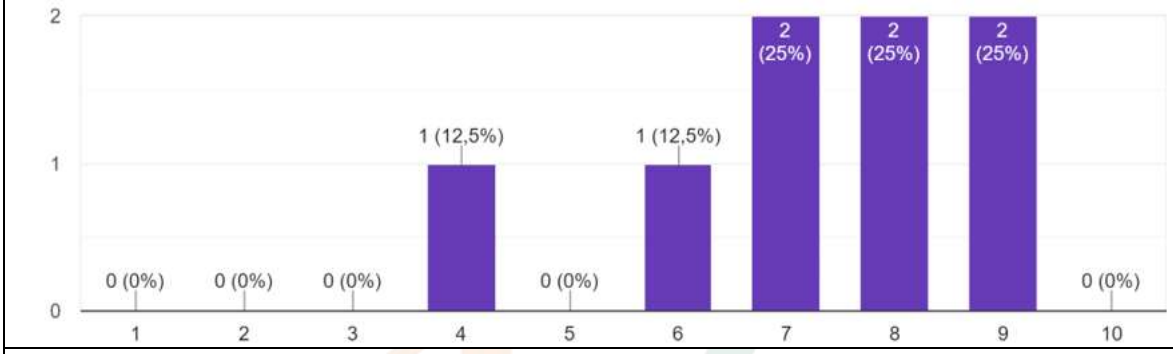
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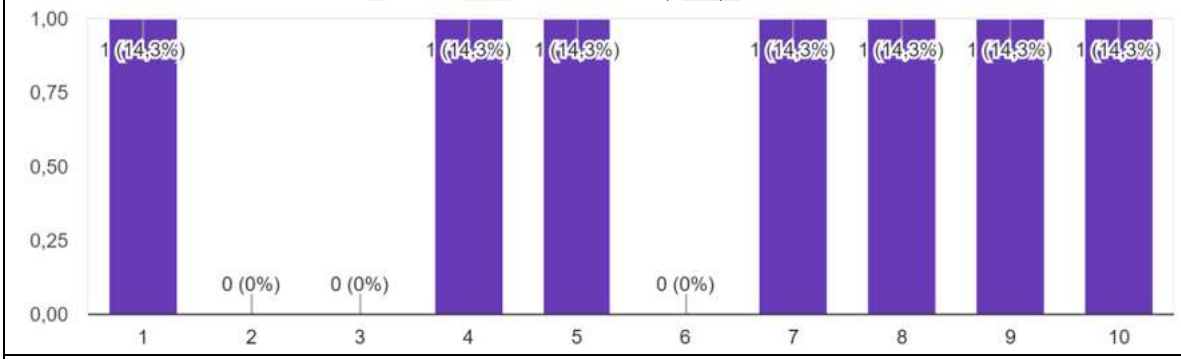
HRVAŠKA (n=11)



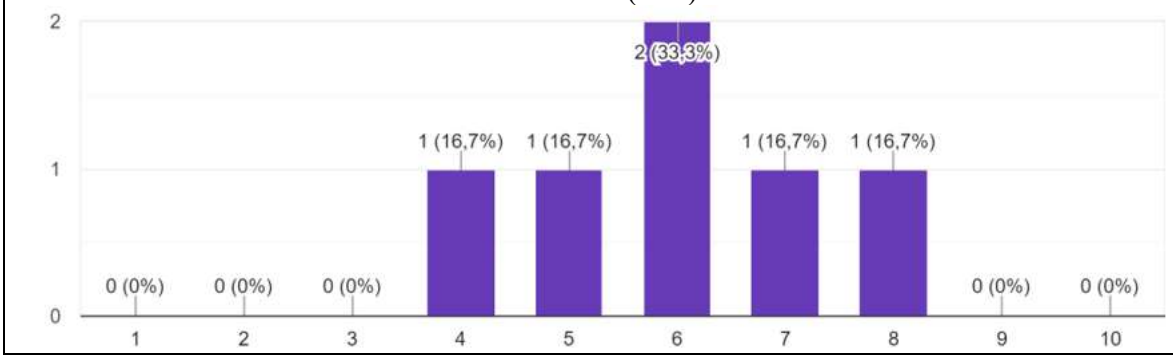
ŠPANIJA (n=8)



SLOVENIJA (n=7)



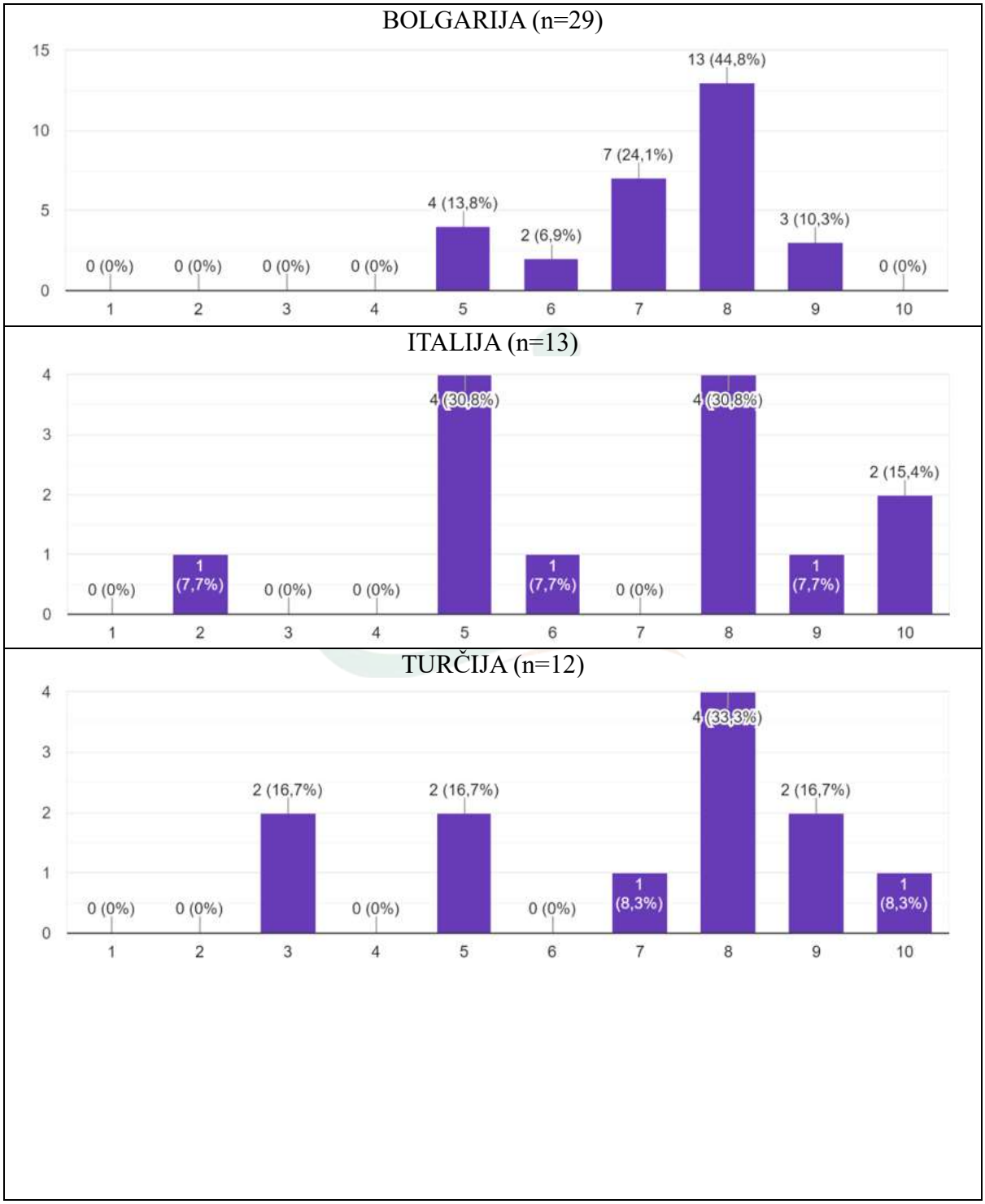
BOSNA (n=6)



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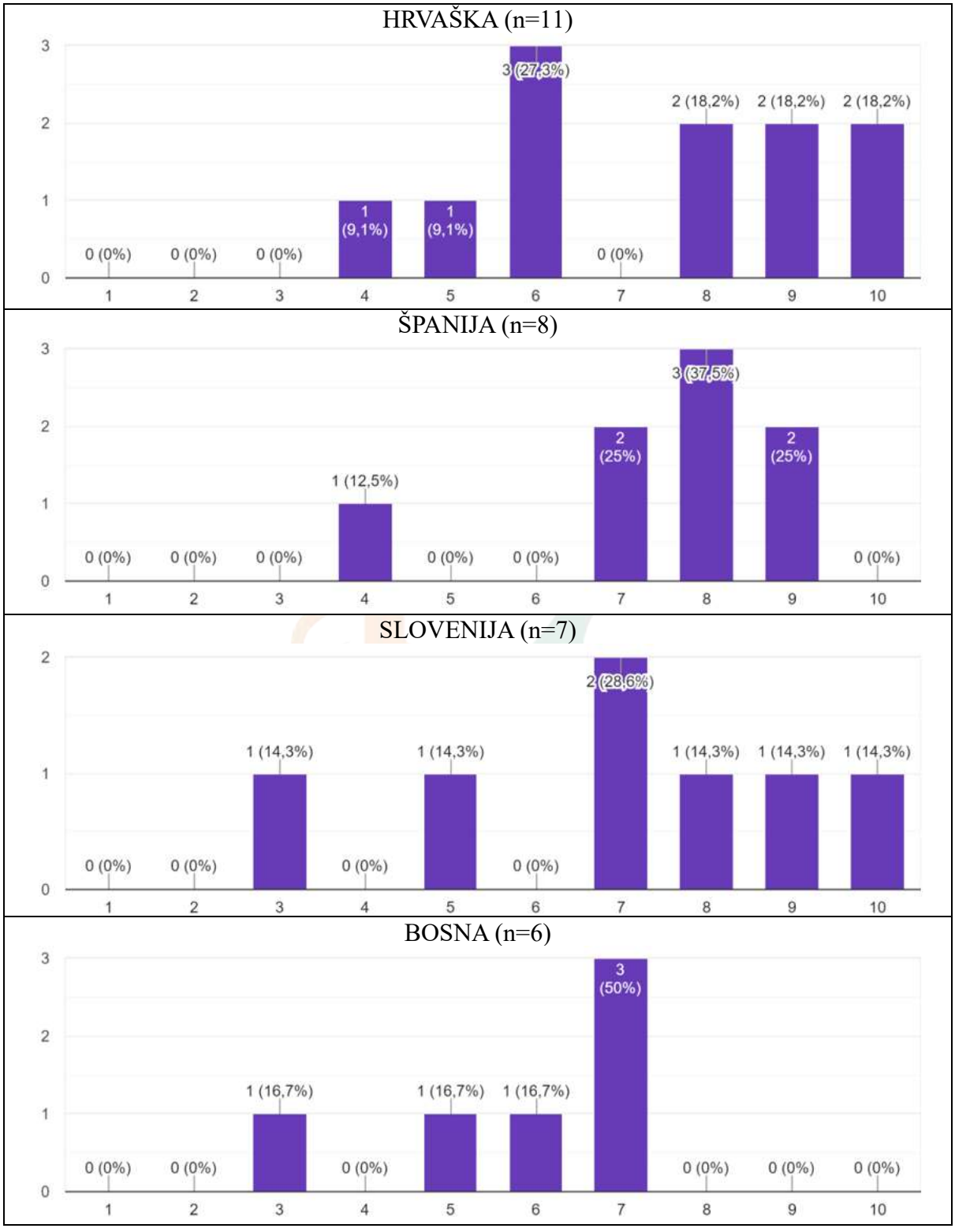
15. Ali menite, da je gradivo za usposabljanje, ki ga zagotavljajo te organizacije, jasno, s skladno strukturo, ustrezno in posodobljeno?

Zadovoljstvo s tem vprašanjem se giblje med naslednjimi vrednostmi: Bolgarija (5-9), Italija (2-10), Turčija (3-10), Hrvaška (4-10), Španija (4-9), Slovenija (3-10), in Bosna (3-7).



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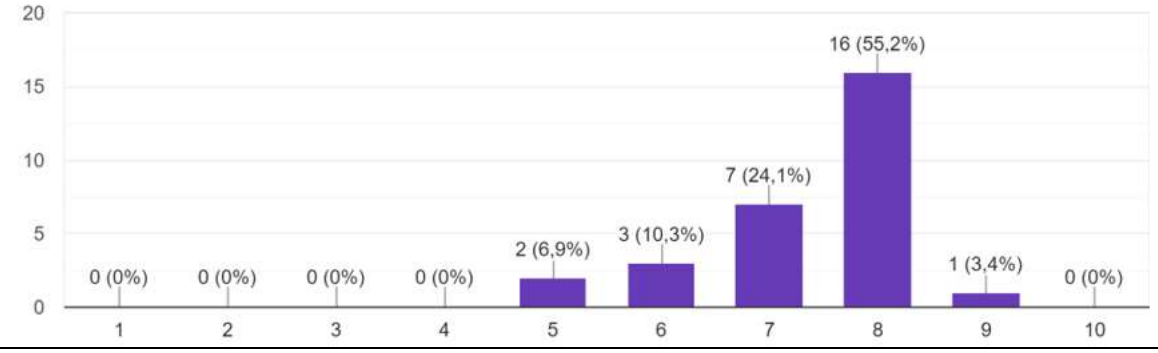


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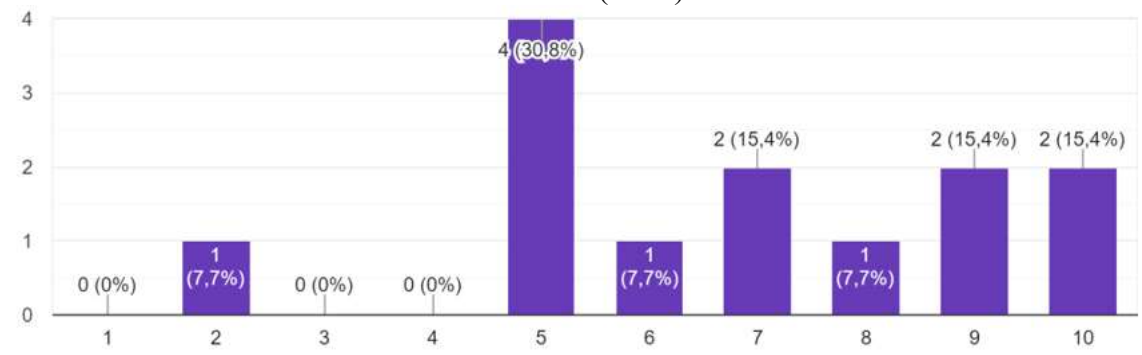
16. Ali so prilagodljivi in personalizirani?

Zadovoljstvo s tem vprašanjem se giblje med naslednjimi vrednostmi: Bolgarija (5-9), Italija (2-10), Turčija (2-10), Hrvaška (4-9), Španija (4-8), Slovenija (3-9), in Bosna (3-7).

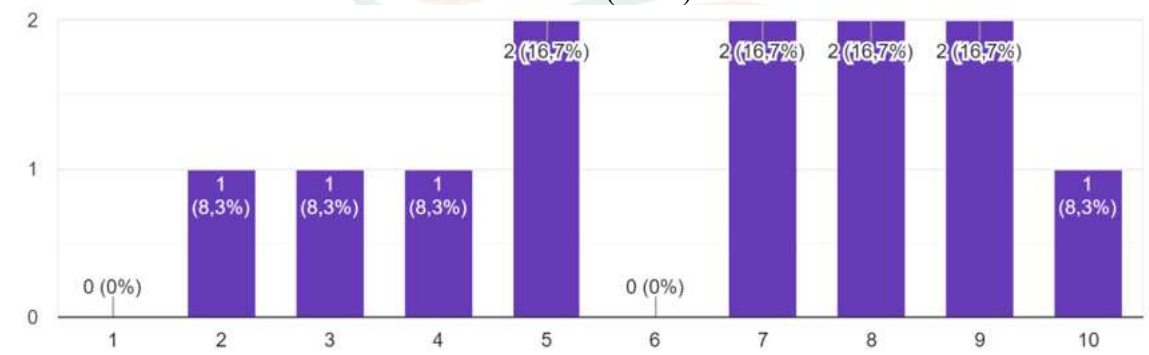
BOLGARIJA (n=29)



ITALIJA (n=13)

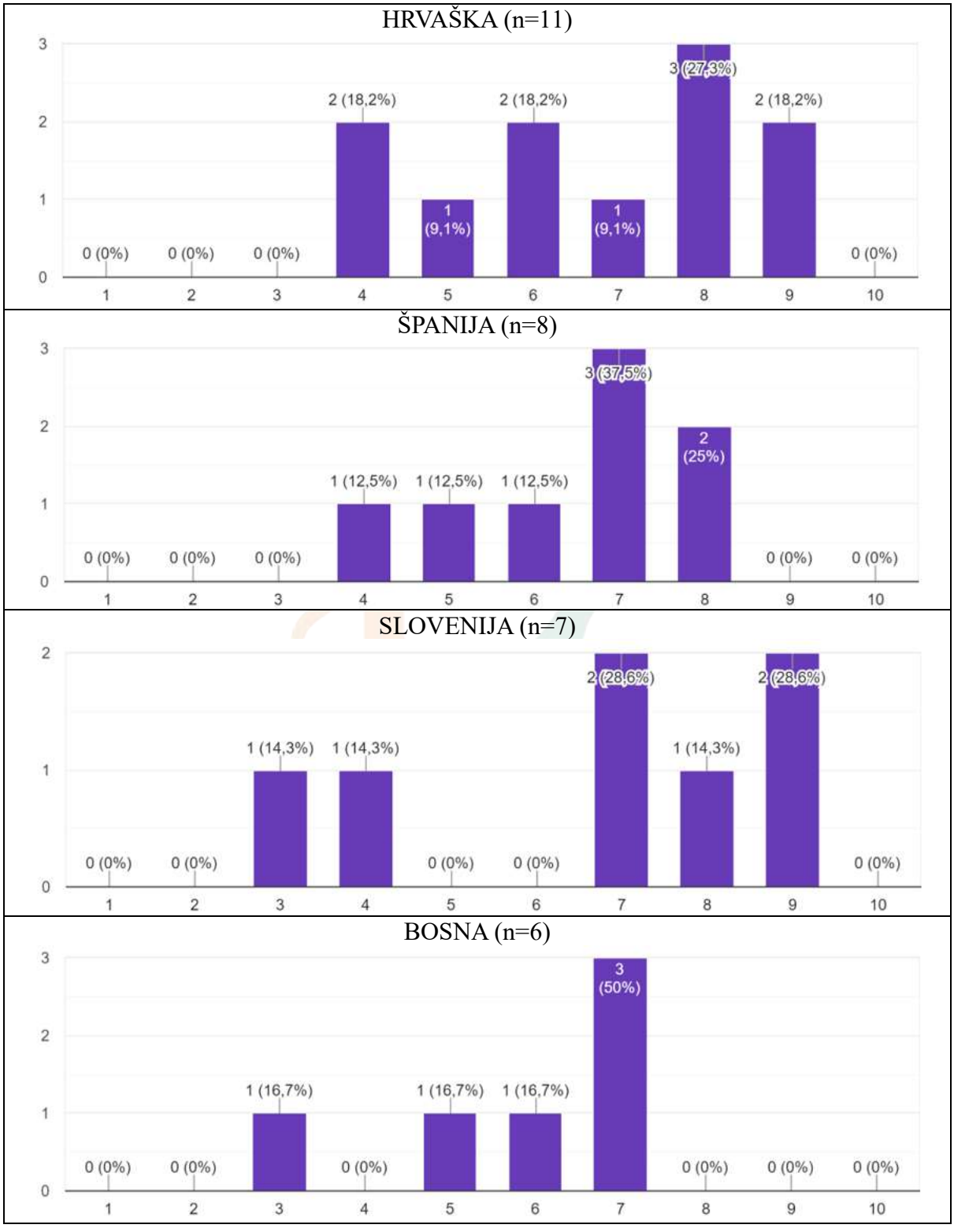


TURČIJA (n=12)



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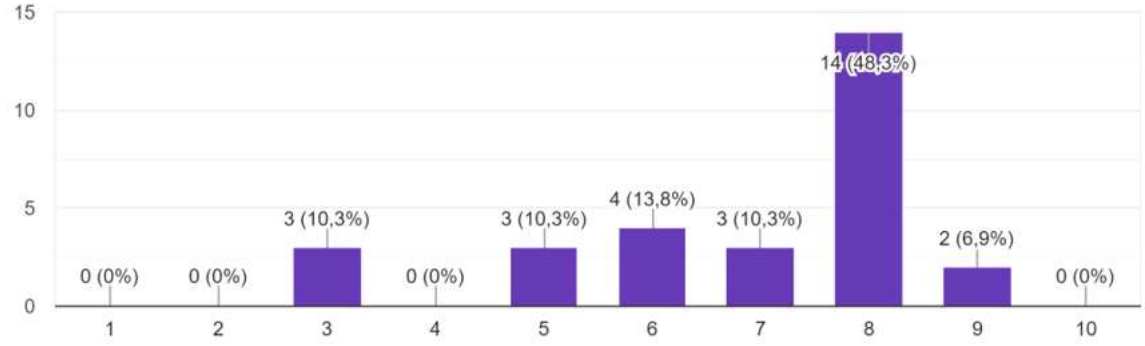
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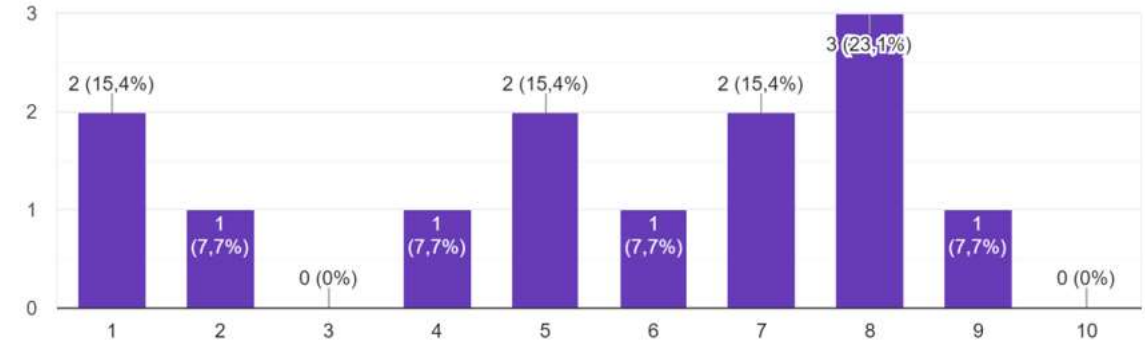
Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

17. Ali menite, da je trenutno izobraževanje in usposabljanje družin zadostno?
Zadovoljstvo s tem vprašanjem se giblje od naslednjih vrednosti: Bolgarija (3-9), Italija (1-9), Turčija (1-9), Hrvaška (4-10), Španija (5-9), Slovenija (1-8), in Bosna (3-9).

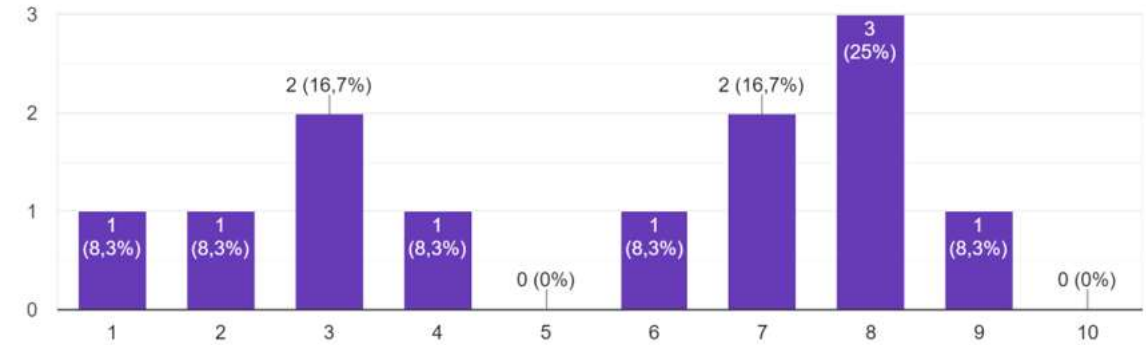
BOLGARIJA (n=29)



ITALIJA (n=13)

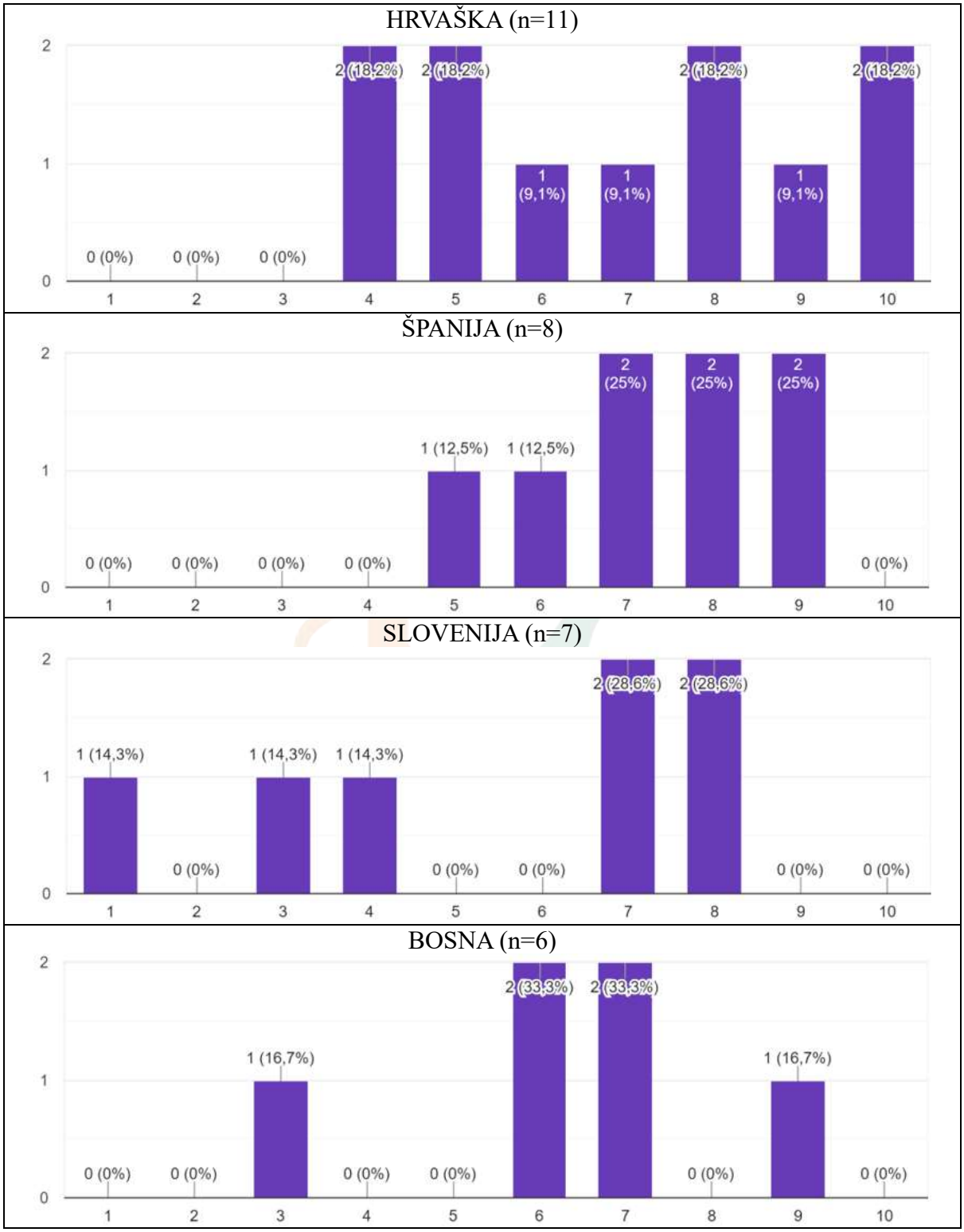


TURČIJA (n=12)



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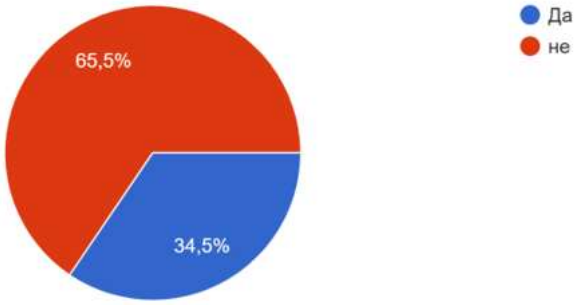


18. Ali ste se vi ali kateri koli član vaše družine udeležili delavnic, konferenc ali drugih dejavnosti usposabljanja, ki so jih organizirale organizacije, ki podpirajo invalide?

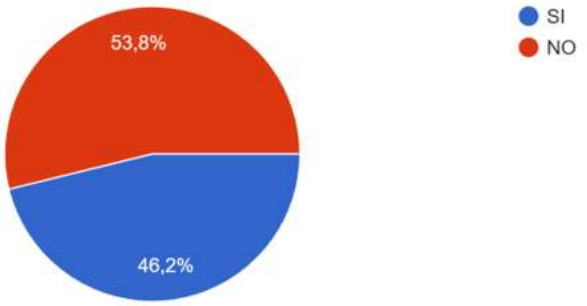
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Delež oseb v vzorcu, ki so se udeležile aktivnosti usposabljanja, je bil naslednji: Bolgarija (34,5 %), Italija (46,2 %), Turčija (66,7 %), Hrvaška (63,6 %), Španija (87,5 %), Slovenija (71,4 %), in Bosna (83,3 %).

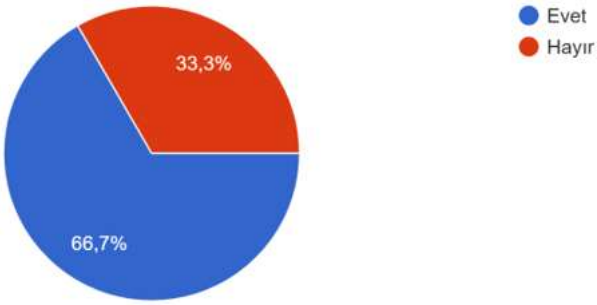
BOLGARIJA (n=29)



ITALIJA (n=13)



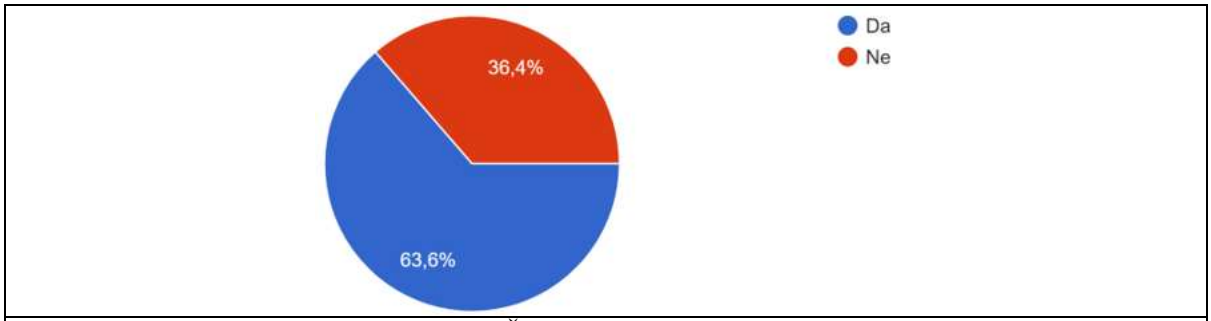
TURČIJA (n=12)



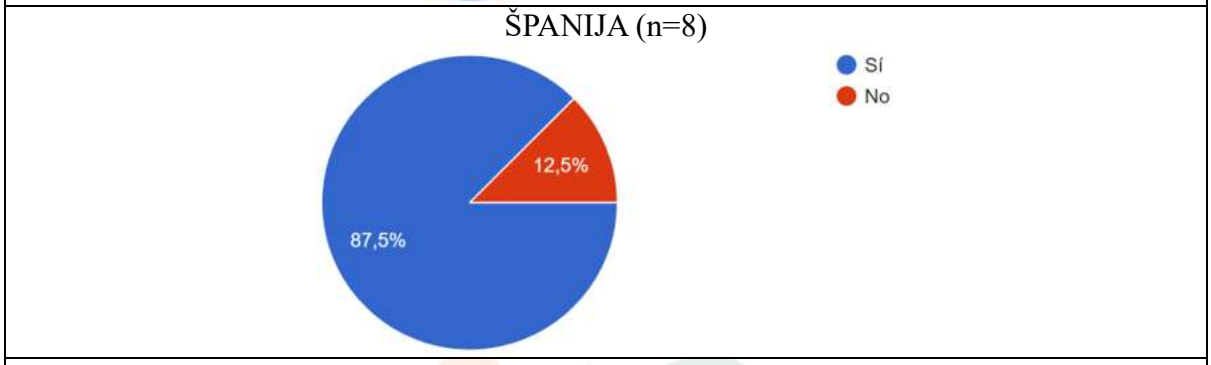
HRVAŠKA (n=11)

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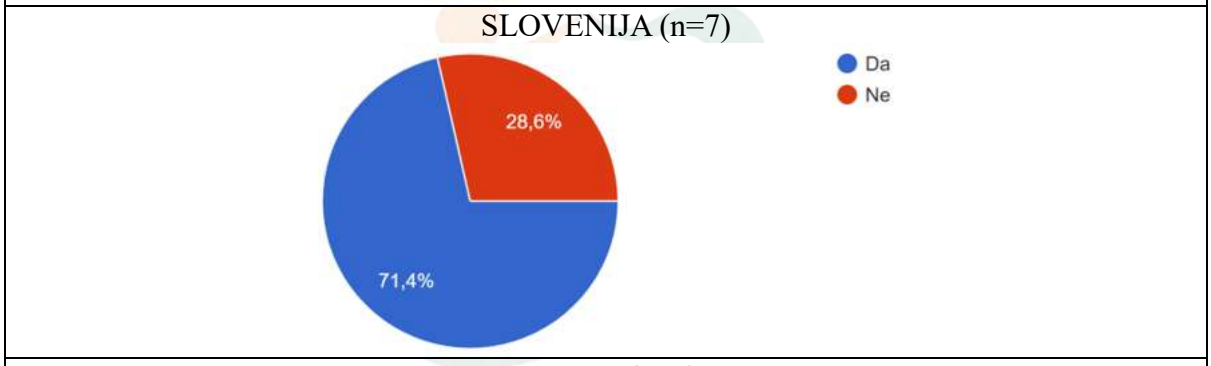
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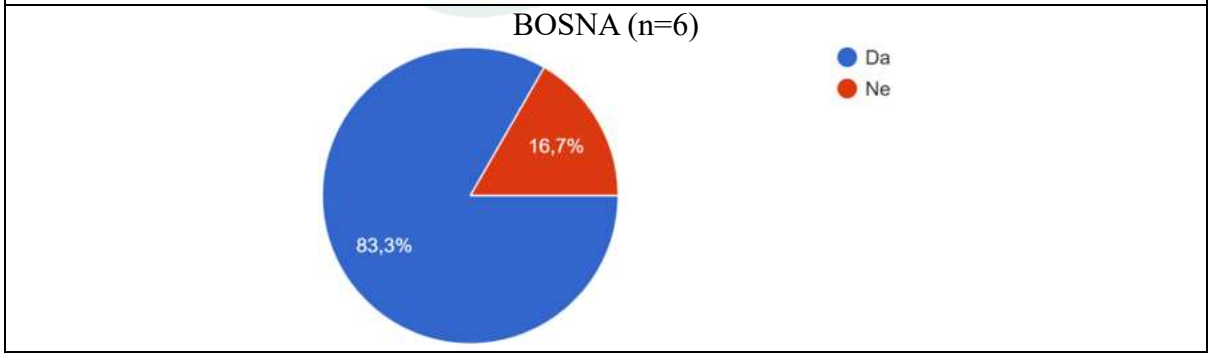
ŠPANIJA (n=8)



SLOVENIJA (n=7)



BOSNA (n=6)



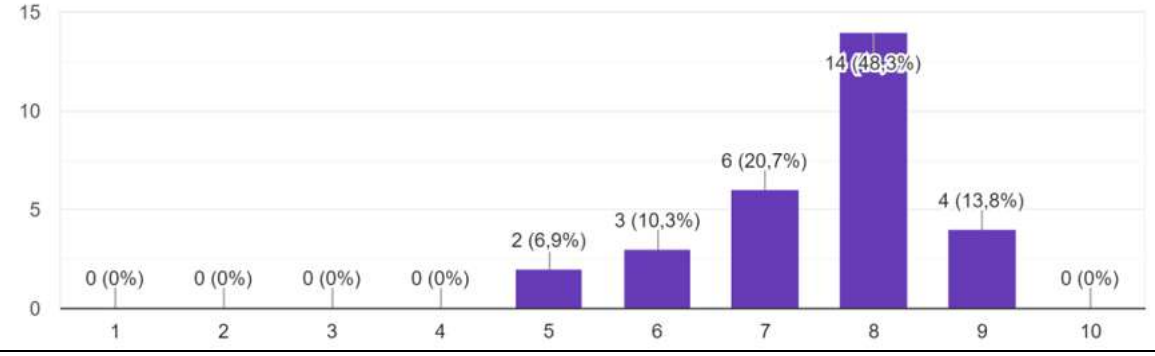
4. DIMENZIJA: USKLAJEVANJE, PREGLEDNOST, SPREMLJANJE IN ZADOVOLJSTVO.

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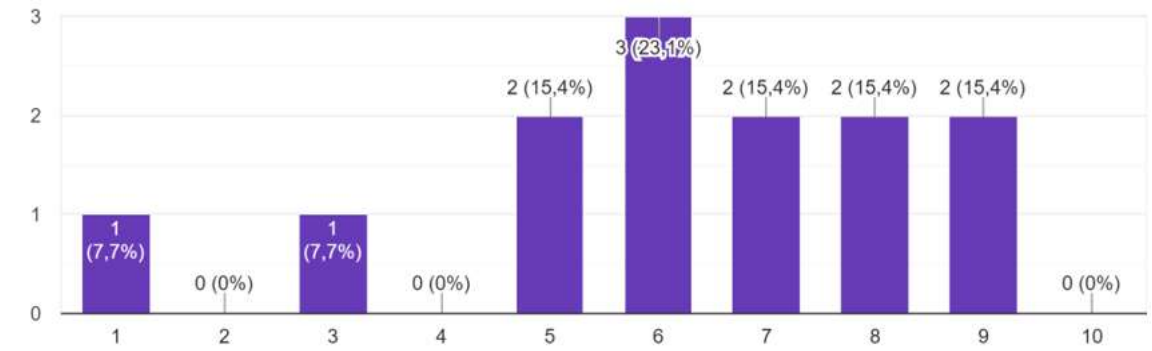
19. Kako cenite usklajevanje med osebjem organizacije?

Zadovoljstvo s tem vprašanjem se giblje med naslednjimi vrednostmi: Bolgarija (5-9), Italija (1-9), Turčija (3-10), Hrvaška (4-10), Španija (6-9), Slovenija (3-10), in Bosna (6-10).

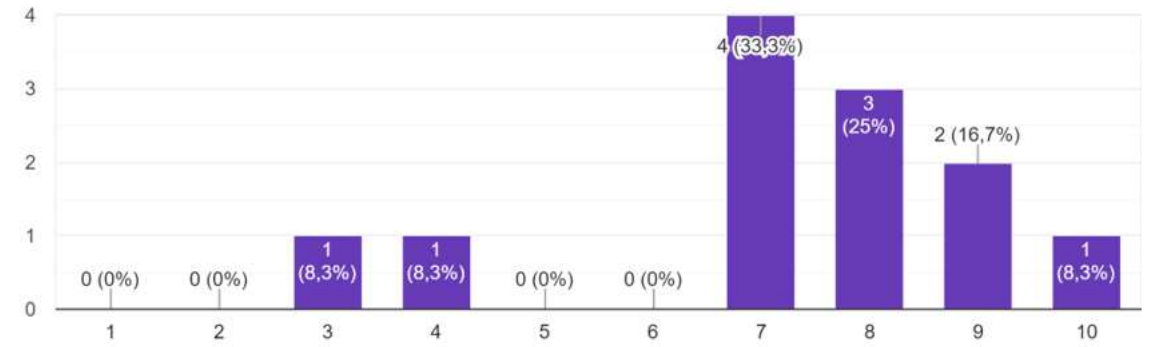
BOLGARIJA (n=29)



ITALIJA (n=13)



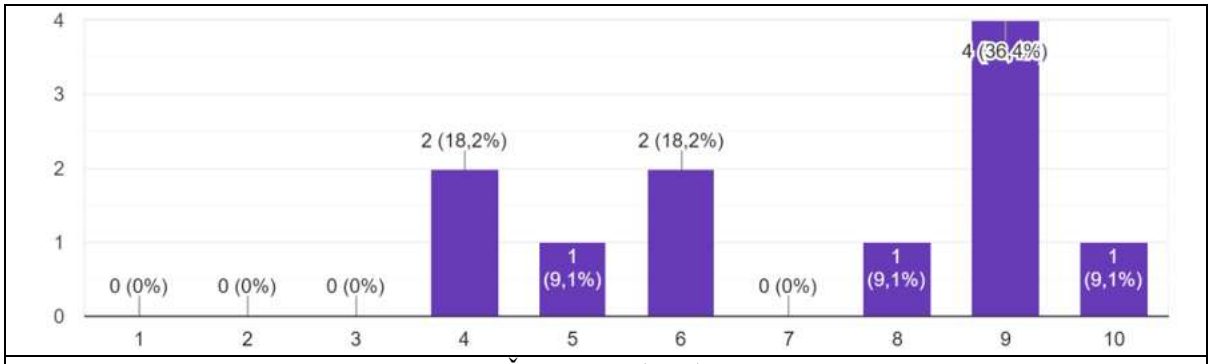
TURČIJA (n=12)



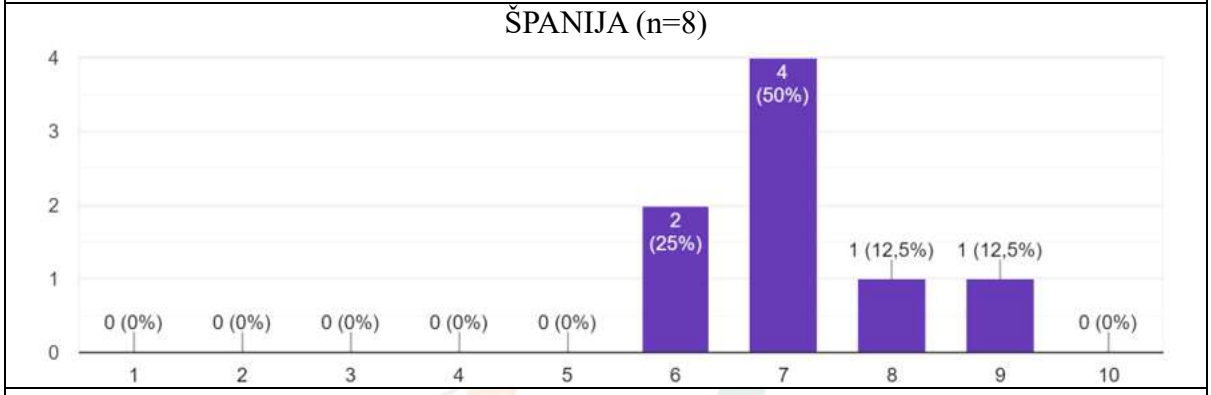
HRVAŠKA (n=11)

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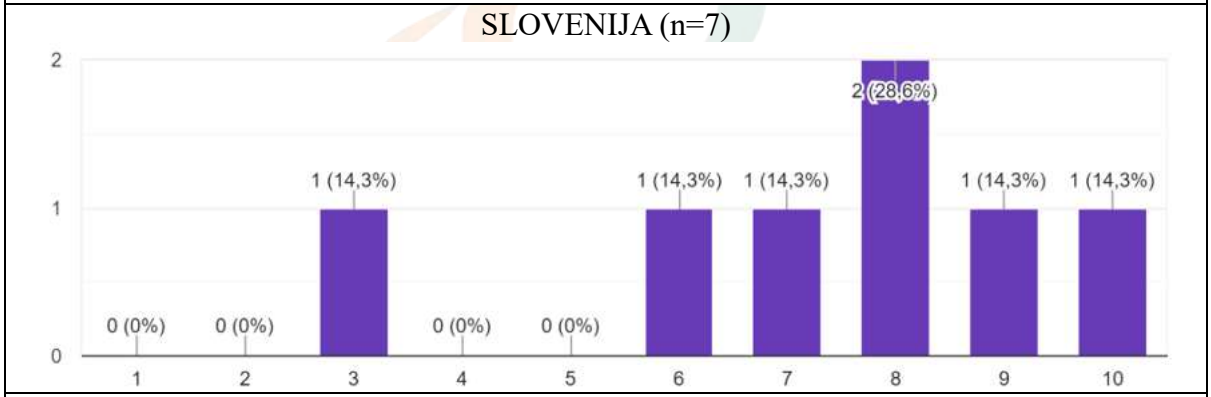
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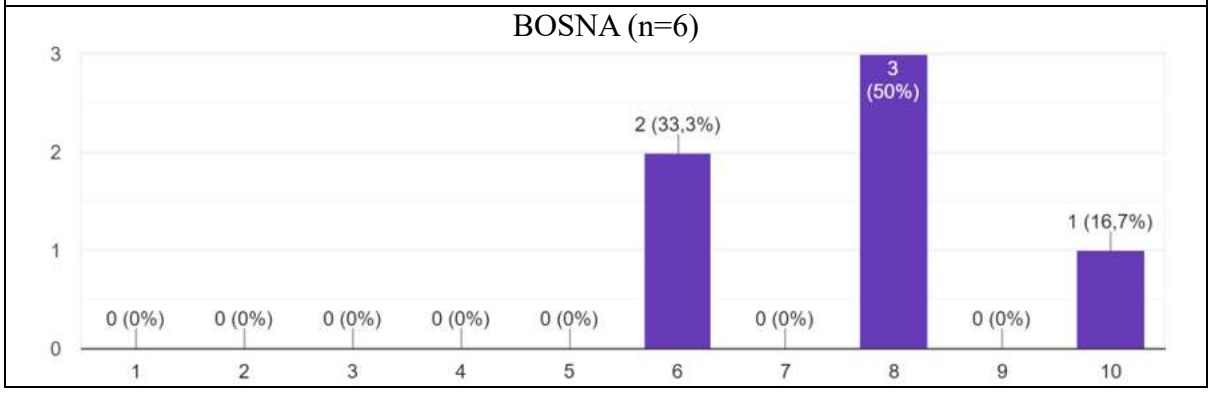
ŠPANIJA (n=8)



SLOVENIJA (n=7)



BOSNA (n=6)



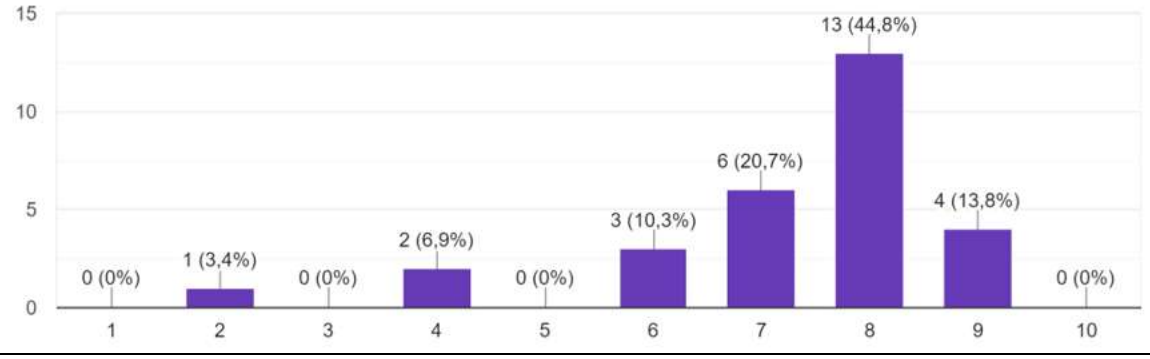
20. Kaj menite o koordinaciji med organizacijami, ki podpirajo invalide, in drugimi zdravstvenimi službami za zagotavljanje celovite podpore družinam?

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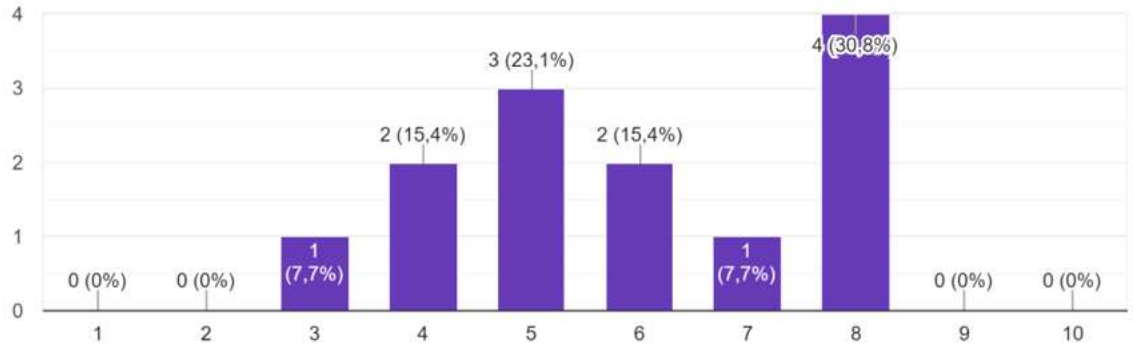
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Zadovoljstvo s tem vprašanjem se giblje med naslednjimi vrednostmi: Bolgarija (2-9), Italija (3-8), Turčija (3-10), Hrvaška (4-10), Španija (2-6), Slovenija (2-10), in Bosna (4-10).

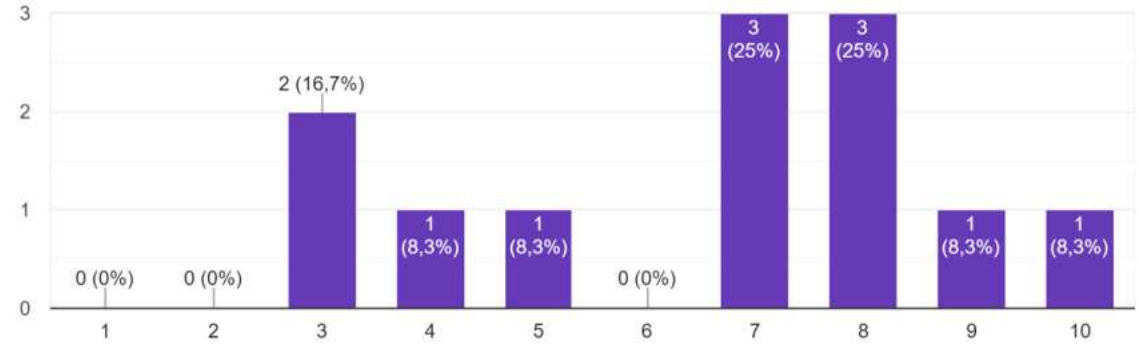
BOLGARIJA (n=29)



ITALIJA (n=13)



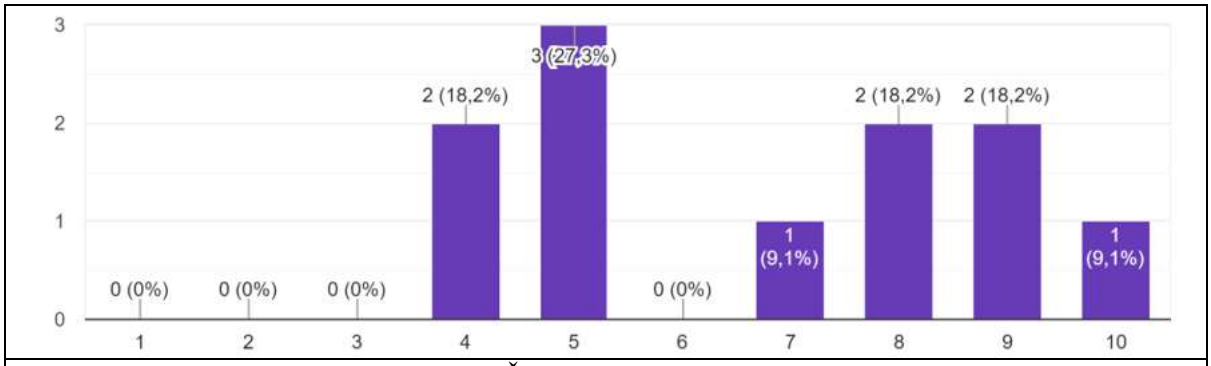
TURČIJA (n=12)



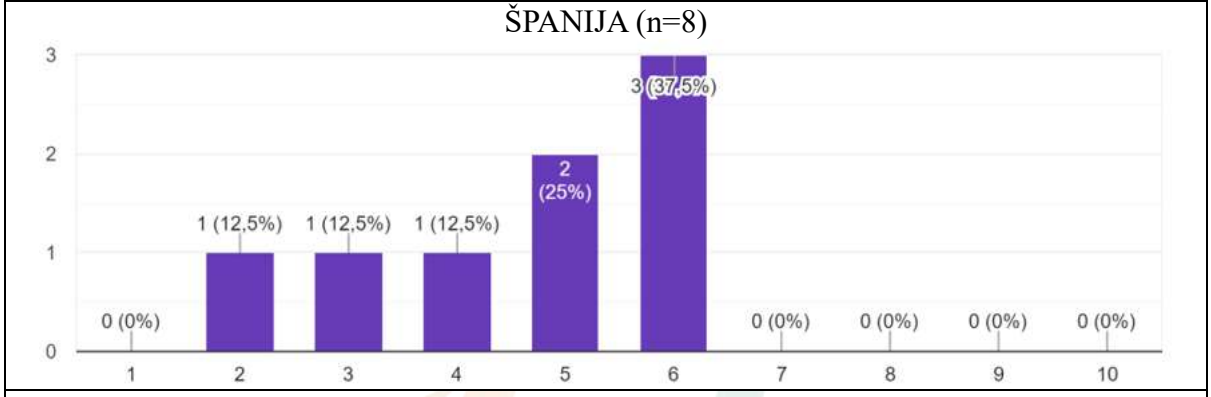
HRVAŠKA (n=11)

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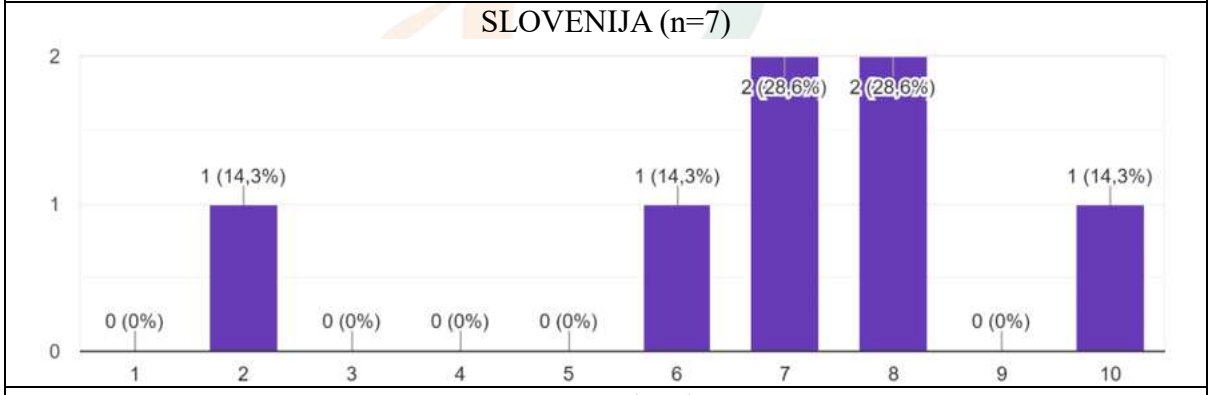
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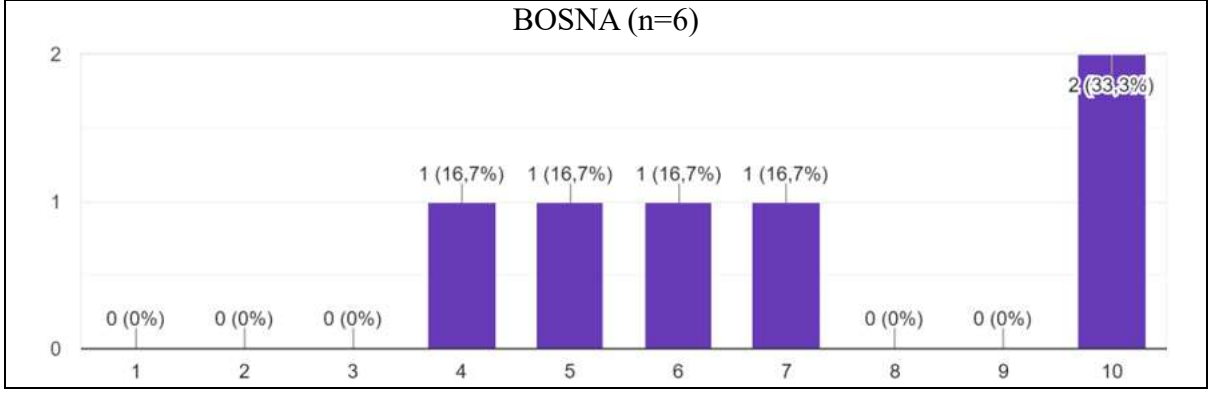
ŠPANIJA (n=8)



SLOVENIJA (n=7)



BOSNA (n=6)

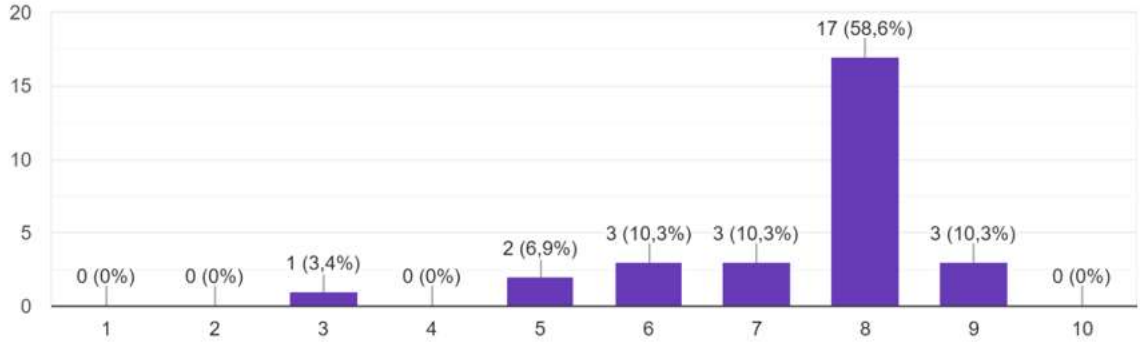


21. Ali se vam zdijo politike in procesi teh organizacij pregledni v zvezi z oskrbo in podporo osebam s posebnimi potrebami?

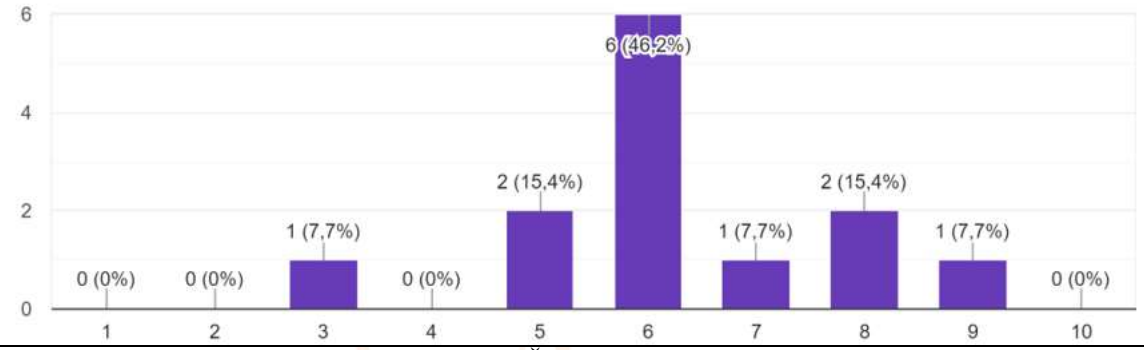
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Zadovoljstvo s tem vprašanjem se giblje od naslednjih vrednosti: Bolgarija (3-9), Italija (3-9), Turčija (3-10), Hrvaška (4-10), Španija (4-9), Slovenija (2-9), in Bosna (4-10).

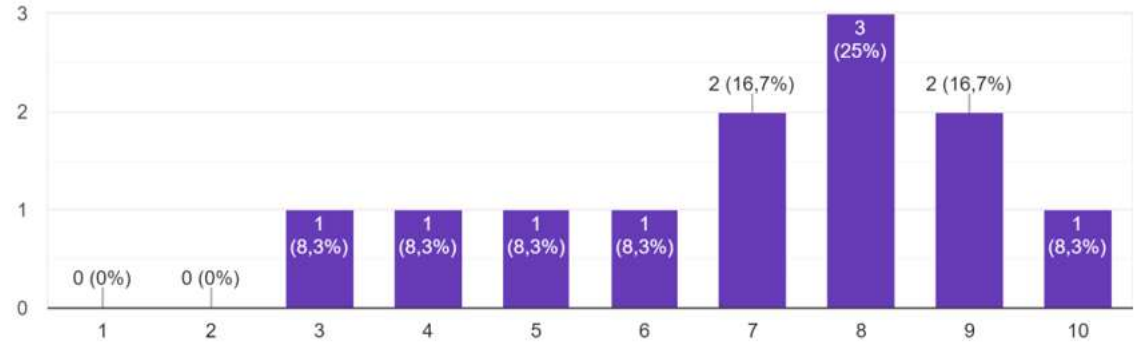
BOLGARIJA (n=29)



ITALIJA (n=13)



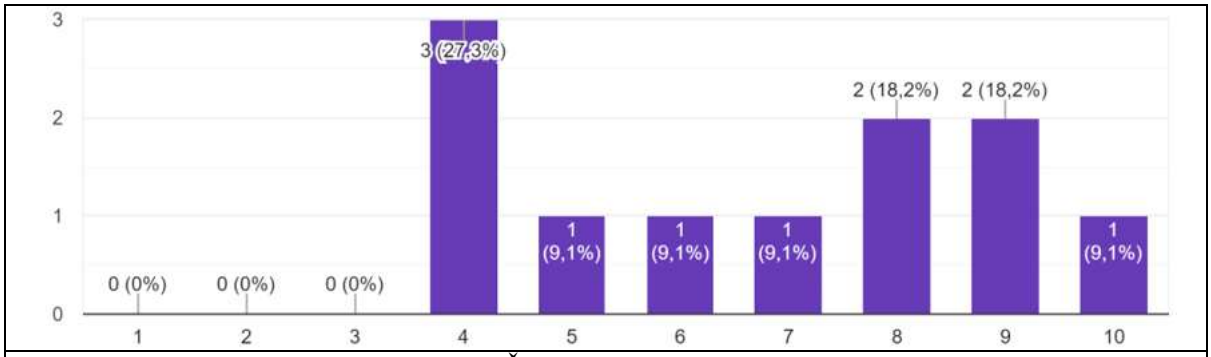
TURČIJA (n=12)



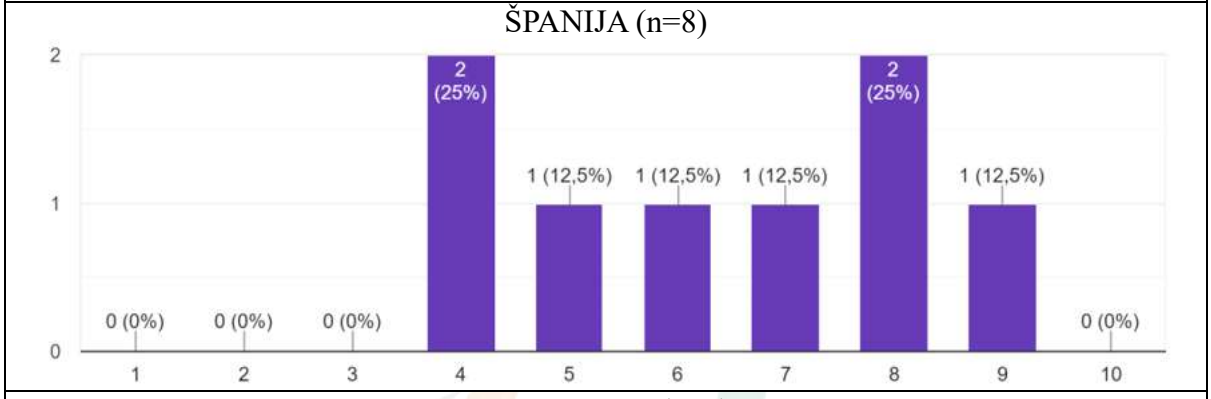
HRVAŠKA (n=11)

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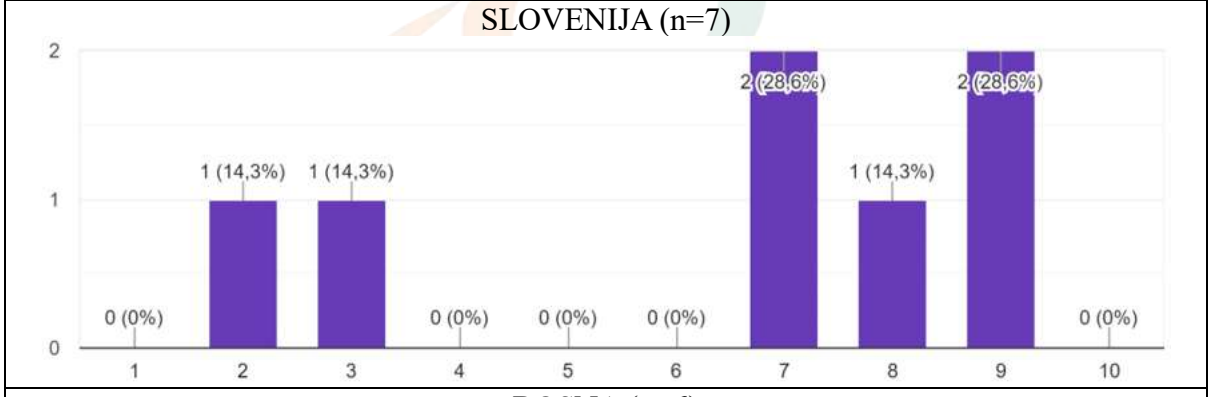
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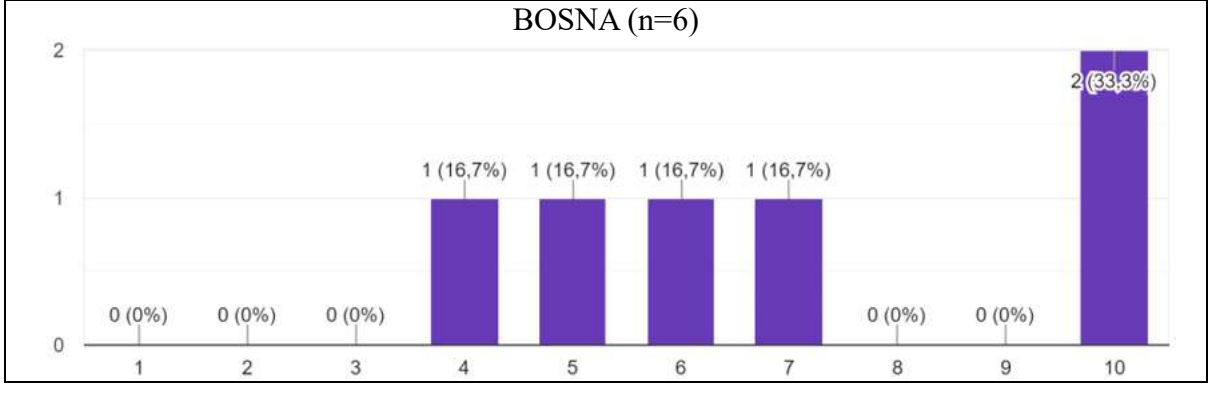
ŠPANIJA (n=8)



SLOVENIJA (n=7)



BOSNA (n=6)



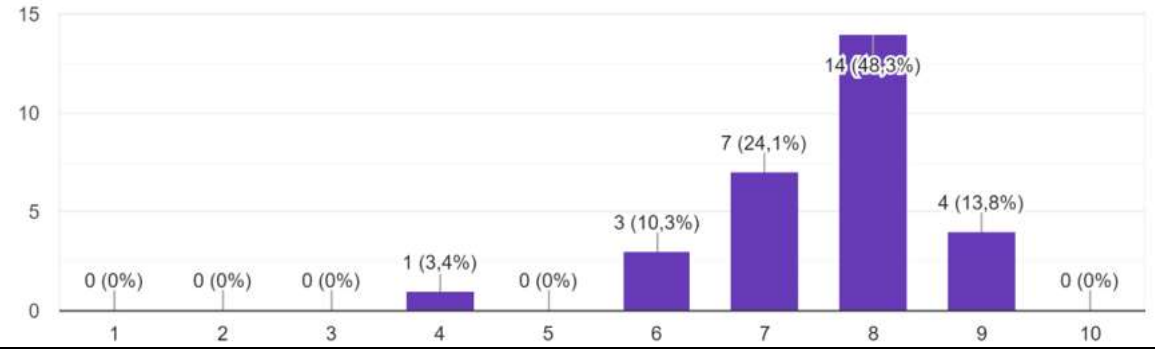
22. Ali menite, da je nadaljnje ukrepanje osebja organizacije ustrezno?

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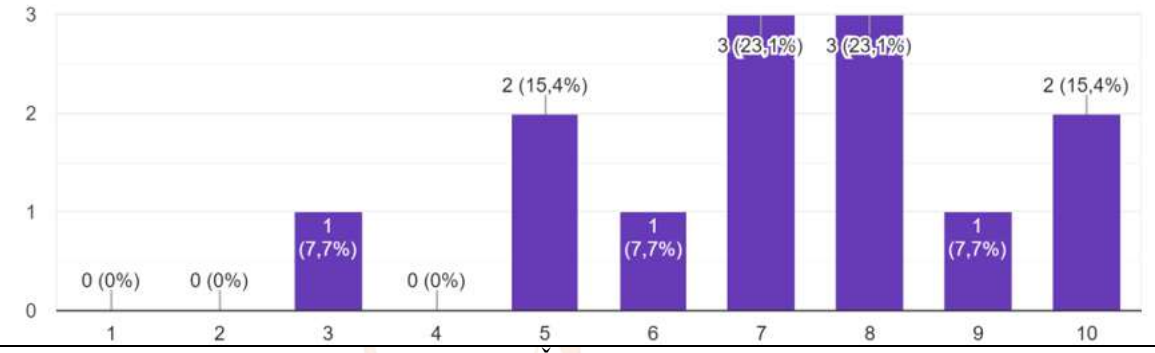
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Zadovoljstvo s tem vprašanjem se giblje med naslednjimi vrednostmi: Bolgarija (4-9), Italija (3-10), Turčija (4-10), Hrvaška (4-10), Španija (5-9), Slovenija (2-9), in Bosna (4-9).

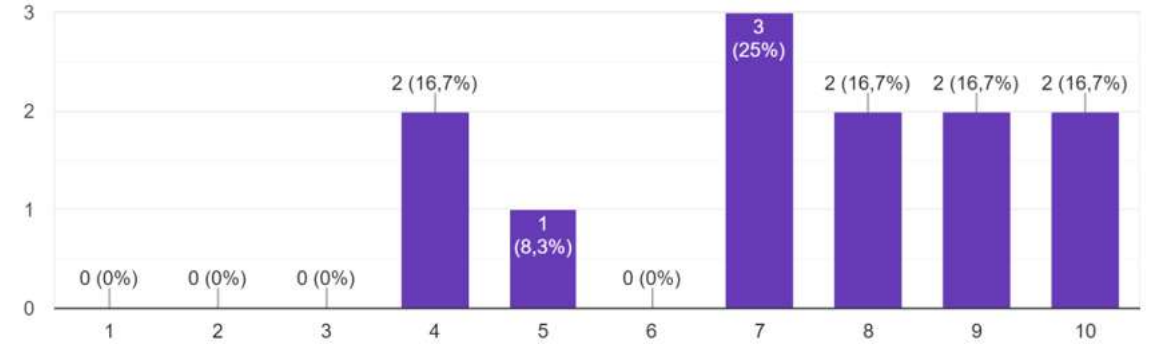
BOLGARIJA (n=29)



ITALIJA (n=13)



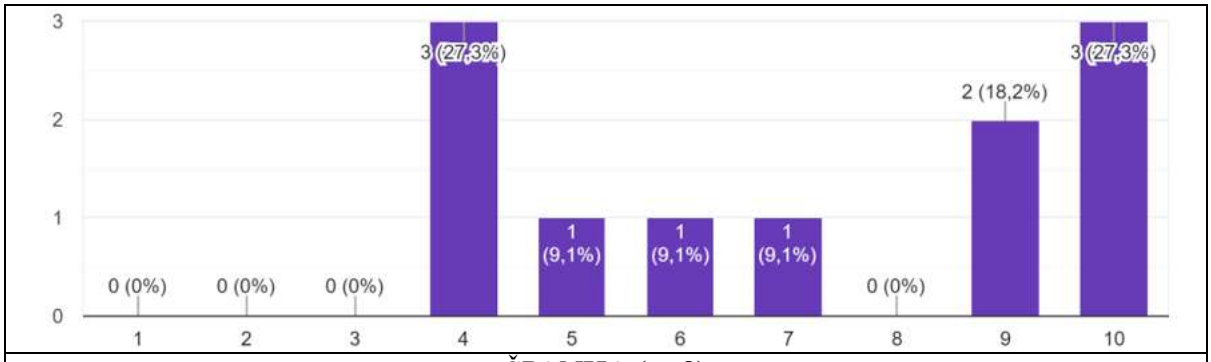
TURČIJA (n=12)



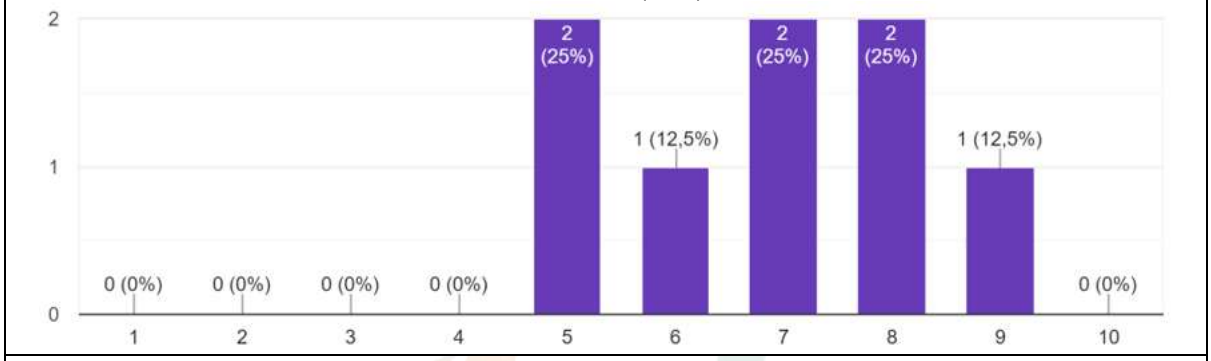
HRVAŠKA (n=11)

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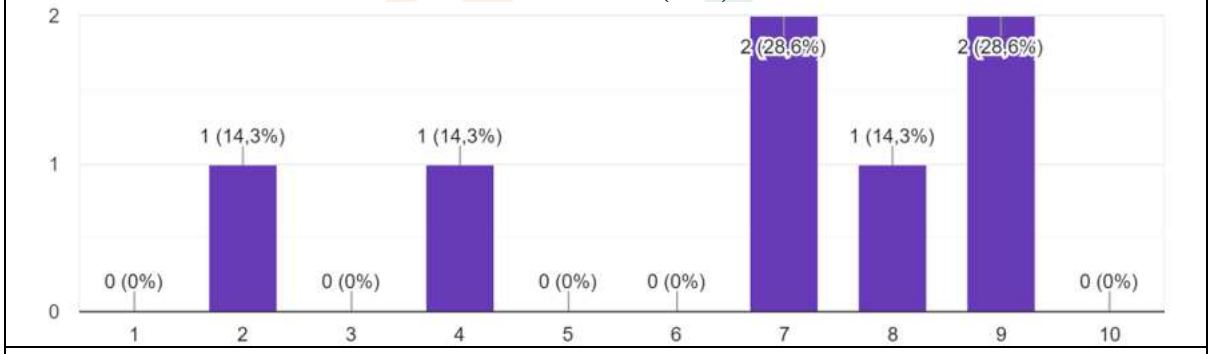
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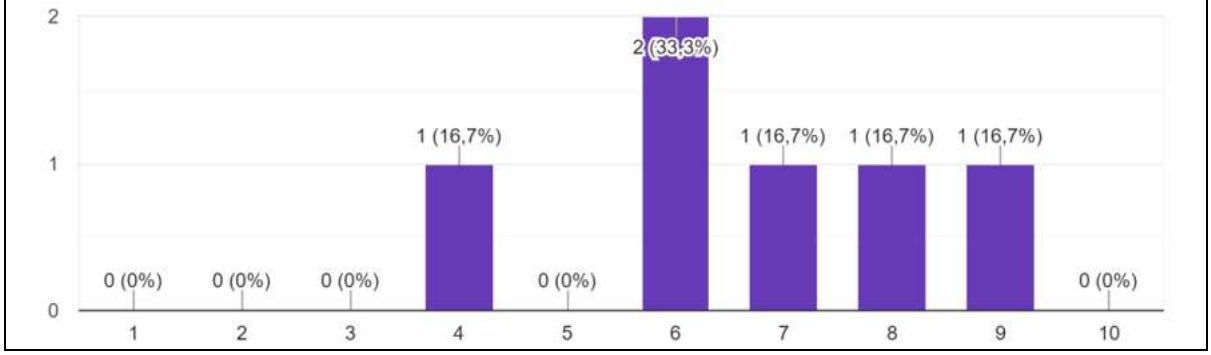
ŠPANIJA (n=8)



SLOVENIJA (n=7)



BOSNA (n=6)



23. Katere predloge bi imeli za izboljšanje postopka spremljanja in zagotovitev učinkovitega izpolnjevanja vaših potreb v prihodnosti?

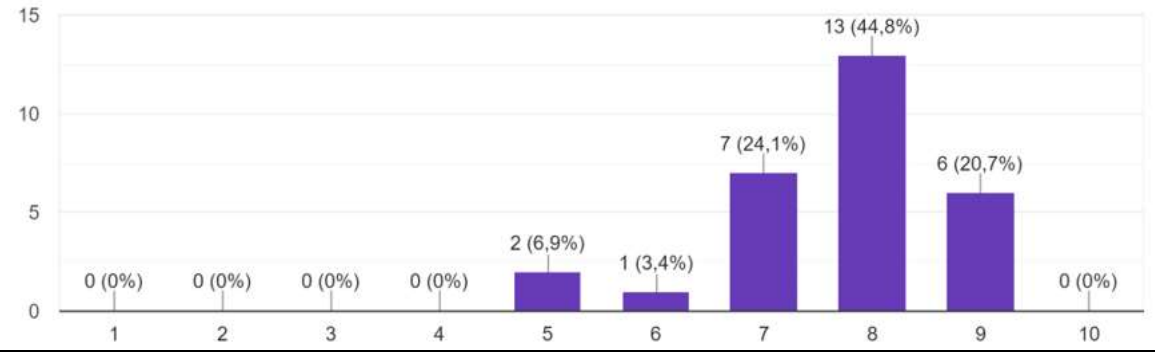
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Predlogi v Bolgariji so bili: večja preglednost; učinkovitejše kampanje; informacije in prihodnje pobude na spletnih straneh organizacij; srečanje s starši; boljše informacije na spletnih straneh nekaterih organizacij; pogostejša srečanja z organizacijami; več storitev; več skupnih/skupnih dejavnosti; več delovnih pobud; boljše financiranje. V Italiji ni bilo predlogov. Predlogi v Turčiji so bili: narediti usposabljanje bolj dostopno; učinkovita komunikacija in koordinacija; več uporabljajte spletna mesta in e-pošto. Na Hrvaškem ni bilo predlogov. Predlogi v Španiji so bili: več posvetovanja z družinami; bolj individualizirana pozornost; mesečna nadaljnja srečanja; boljše telefonske storitve; imejte več srečanj z družinami; povečanje osebja; Izvedite ankete ali kratke intervjuje. V Sloveniji predlogov ni bilo. Predlogi v Bosni so bili: jasnejša komunikacija in več usposabljanja za komunikacijo in delo z družinami; Popolna preglednost, odlična podpora in vodenje.

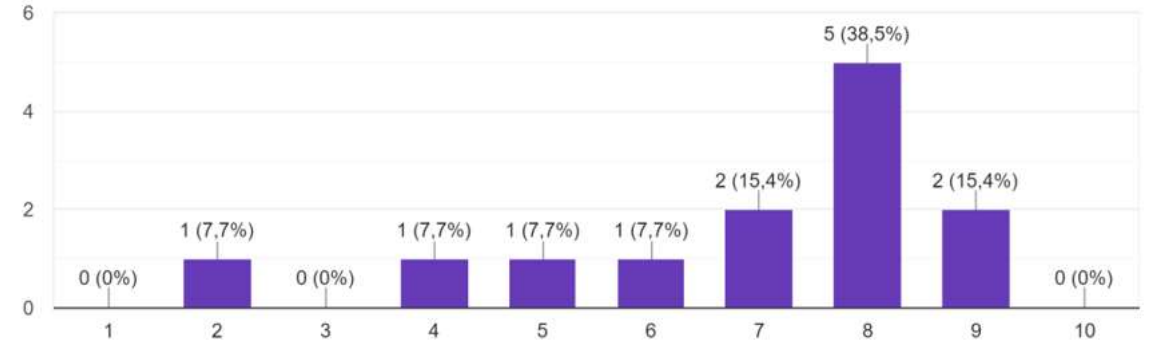
24. Kako zadovoljive so bile vaše izkušnje glede pozornosti in predanosti, ki so ju izkazale organizacije?

Zadovoljstvo s tem vprašanjem se giblje med naslednjimi vrednostmi: Bolgarija (5-9), Italija (2-9), Turčija (4-10), Hrvaška (4-10), Španija (5-9), Slovenija (1-9), in Bosna (5-10).

BOLGARIJA (n=29)



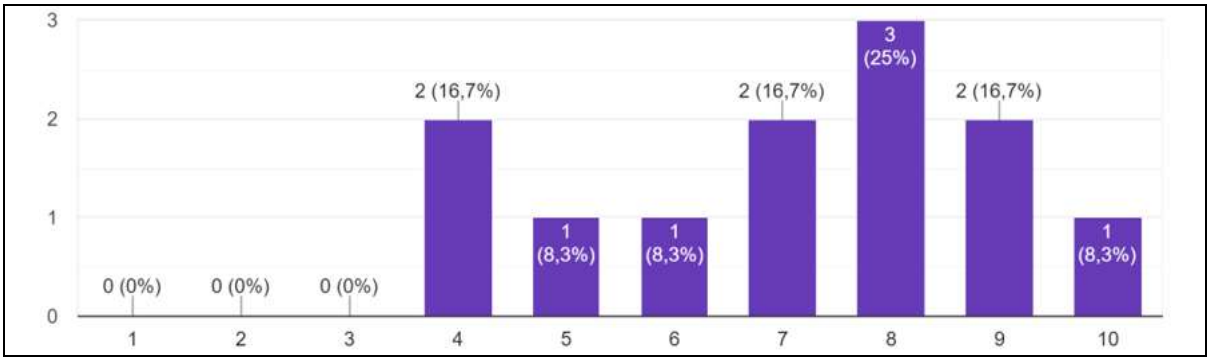
ITALIJA (n=13)



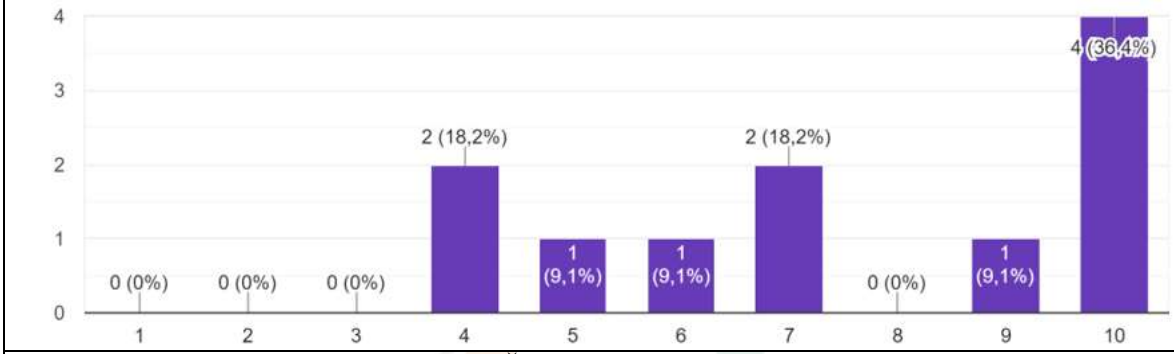
TURČIJA (n=12)

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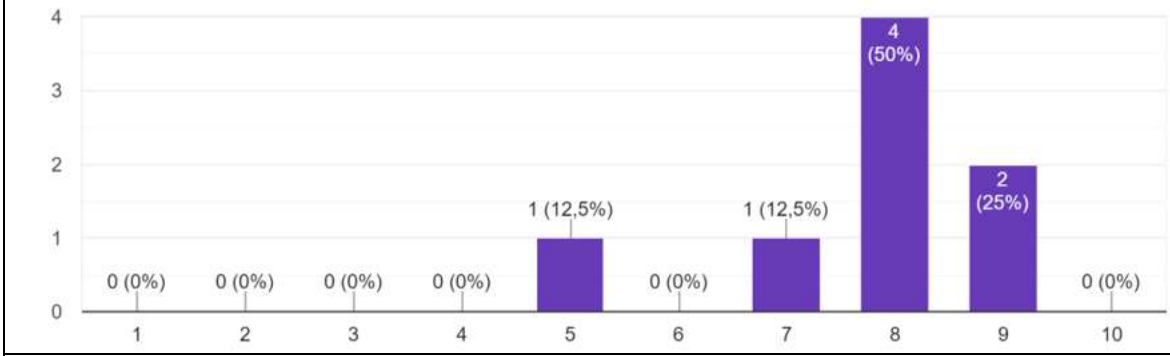
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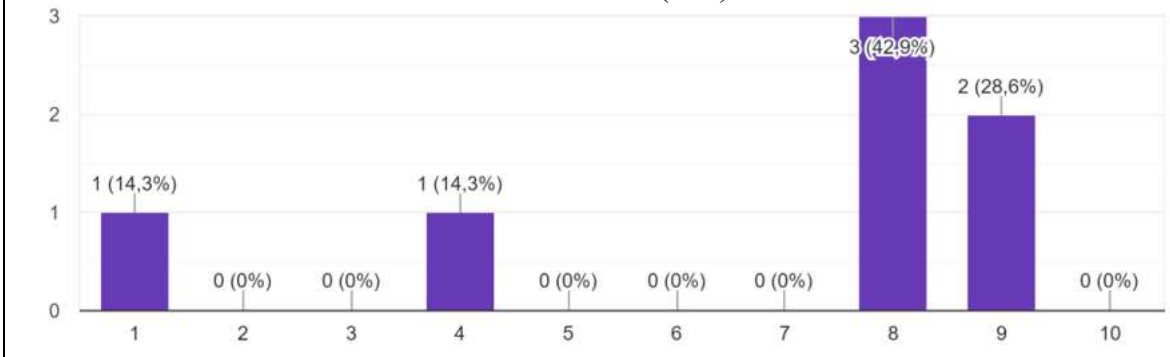
HRVAŠKA (n=11)



ŠPANIJA (n=8)

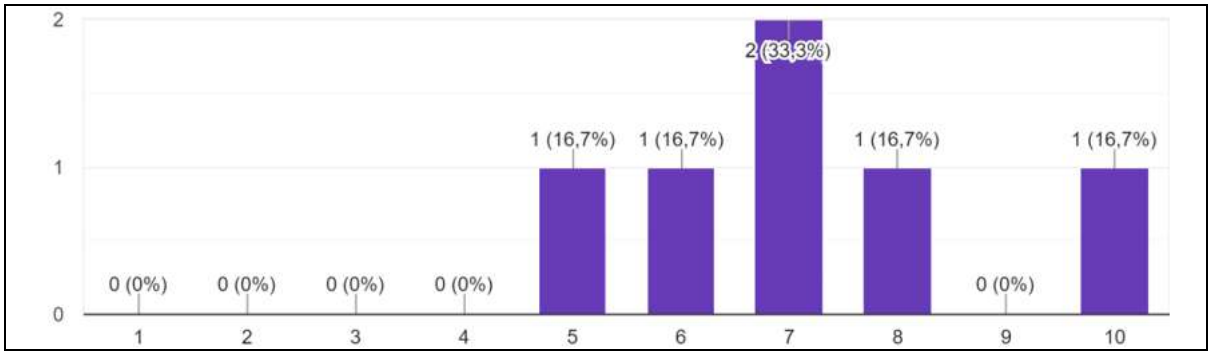


SLOVENIJA (n=7)



BOSNA (n=6)

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4. SKLEPI

Zadovoljstvo v dimenziji 1 (komunikacija in informiranost) se giblje med naslednjimi vrednostmi: Bolgarija (4-10), Italija (1-10), Turčija (1-10), Hrvaška (5-10), Španija (4-10), Slovenija (1-10) in Bosna (2-9). Zadovoljstvo v dimenziji 2 (viri, programi in storitve) se giblje med naslednjimi vrednostmi: Bolgarija (3-10), Italija (1-10), Turčija (1-10), Hrvaška (4-10), Španija (5-10), Slovenija (1-10) in Bosna (2-10). Zadovoljstvo v dimenziji 3 (usposabljanje in usposabljanje) se giblje med naslednjimi vrednostmi: Bolgarija (2-10), Italija (1-10), Turčija (1-10), Hrvaška (4-10), Španija (4-10), Slovenija (1-10) in Bosna (3-10). Zadovoljstvo v dimenziji 4 (usklajenost, transparentnost, spremljanje in zadovoljstvo) se giblje med naslednjimi vrednostmi: Bolgarija (2-9), Italija (1-10), Turčija (3-10), Hrvaška (4-10), Španija (2-9), Slovenija (1-10) in Bosna (4-10).

Ugotovimo torej, da v vseh državah in v vseh dimenzijah obstajajo visoke in nizke vrednosti zadovoljstva. Visoke vrednosti kažejo, da se izvajajo dobre prakse v zvezi z inkluzivnim družinskim športom. Vendar pa nizke vrednosti jasno kažejo, da obstaja veliko prostora za izboljšave v vseh dimenzijah in v vseh državah.

Po predlogih udeležencev naj bi se te izboljšave osredotočale na naslednje vidike: večja transparentnost; učinkovitejše kampanje; informacije in prihodnje pobude na spletnih straneh organizacij; srečanje s starši; boljše informacije na spletnih straneh nekaterih organizacij; pogostejša srečanja z organizacijami; več storitev; več skupnih/skupnih dejavnosti; več delovnih pobud; boljše financiranje; bolj dostopno usposabljanje; učinkovita komunikacija in koordinacija; več uporabljajte spletne strani in e-pošto; več posvetovanja z družinami; bolj individualizirana pozornost; mesečna nadaljnja srečanja; boljše telefonske storitve; imejte več srečanj z družinami; povečanje osebja; izvajati ankete ali kratke intervjuje; jasnejša komunikacija in več usposabljanja za komunikacijo in delo z družinami; Popolna preglednost, odlična podpora in vodenje.

Izvedba teh izboljšav v metodologiji inkluzivnega družinskega športa pri otrocih in mladostnikih s posebnimi potrebami od 6 do 18 let bo nedvomno povečala zadovoljstvo udeležencev in njihovih družin v športnih aktivnostih, kar bo povzročilo povečanje njihove športne vadbe in posledično sedeči način življenja in debelost se bosta zmanjšala pri otrocih in mladostnikih s posebnimi potrebami.

5. REFERENCE

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Bloemen, M. A. T., Backx, F. J. G., Takken, T., Wittink, H., Benner, J., Mollema, J., & De Groot, J. F. (2015). Factors associated with physical activity in children and adolescents with a physical disability: a systematic review. *Developmental Medicine & Child Neurology*, *57*(2), 137–148.

Carbone, P. S., Smith, P. J., Lewis, C., & LeBlanc, C. (2021). Promoting the participation of children and adolescents with disabilities in sports, recreation, and physical activity. *Pediatrics*, *148*(6).

Li, R., Sit, C. H. P., Jane, J. Y., Duan, J. Z. J., Fan, T. C. M., McKenzie, T. L., & Wong, S. H. S. (2016). Correlates of physical activity in children and adolescents with physical disabilities: A systematic review. *Preventive Medicine*, *89*, 184–193.

MacEachern, S., Forkert, N. D., Lemay, J.-F., & Dewey, D. (2022). Physical activity participation and barriers for children and adolescents with disabilities. *International Journal of Disability, Development and Education*, *69*(1), 204–216.

Middelbeek, L., & Breda, J. (2013). Obesity and sedentarism: reviewing the current situation within the WHO European region. *Current Obesity Reports*, *2*, 42–49.

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MULTINACIONALNI ZAVRŠNI IZVJEŠTAJ

1. UVOD

Inkluzivni porodični sport kod dece i adolescenata sa smetnjama u razvoju od 6 do 18 godina je od najveće važnosti za prevenciju sedentarnog načina života i gojaznosti u ovoj grupi (Carbone et al., 2021; Middelbeek & Breda, 2013). Za to je bitna uloga porodice, koja prati, podstiče i motiviše decu i adolescente sa smetnjama u razvoju da se bave i uživaju u sportu (Bloemen et al., 2015; Li et al., 2016; MacEachern et al., 2022).

Cilj ovog multinacionalnog završnog izvještaja je analiza dobrih praksi i iskustava vezanih za metodologiju inkluzivnog porodičnog sporta kod djece i adolescenata sa smetnjama u razvoju od 6 do 18 godina u zemljama učesnicama projekta Train4Family. Ova analiza će omogućiti razvoj strategija za prevenciju sjedilačkog načina života i gojaznosti u ovoj grupi.

Hipoteza je da će postojati neke zajedničke tačke u svim analiziranim zemljama, ali i razlike među njima, što bi omogućilo izvođenje zajedničke strategije i intervencije, ali sa potrebnim varijacijama u zavisnosti od specifičnog konteksta i okolnosti svake zemlje.

2. METODE

2.1. Uzorak

Analizirano je sljedećih sedam zemalja: Bugarska (n=29), Italija (n=13), Turska (n=12), Hrvatska (n=11), Španjolska (n=8), Slovenija (n=7) i Bosna (n=6). Na ovaj način ukupan uzorak je sačinjen od 86 srodnika djece i adolescenata sa smetnjama u razvoju od 6 do 18 godina koji se bave inkluzivnim sportom.

2.2. Instrument i procedura

U tu svrhu osmišljena je i primijenjena Anketa o zadovoljstvu porodice kako bi se ocijenilo zadovoljstvo porodica organizacijama koje pružaju ove sportske usluge. Dimenzije koje su evaluirane u ovom upitniku bile su sljedeće: Dimenzija 1: Komunikacija i informacije; Dimenzija 2: Resursi, programi i usluge; Dimenzija 3: Obuka i obuka; Dimenzija 4: Koordinacija, transparentnost, praćenje i zadovoljstvo. Upitnik ima ukupno 24 stavke, po 6 u svakoj dimenziji. Stavke se ocjenjuju na skali od 1 do 10, pri čemu 1 znači "veoma nezadovoljan", a 10 "veoma zadovoljan". Upitnik je preveden na sedam jezika sedam zemalja učesnica, a učesnici su ga popunili online.

23. Statistička analiza

Izračunate su učestalosti i procenti svake od stavki upitnika, a takođe je izvršena segmentacija po zemljama kako bi se procijenile razlike između sedam zemalja učesnica. Rezultati su predstavljeni u obliku grafikona i tortnih grafikona.

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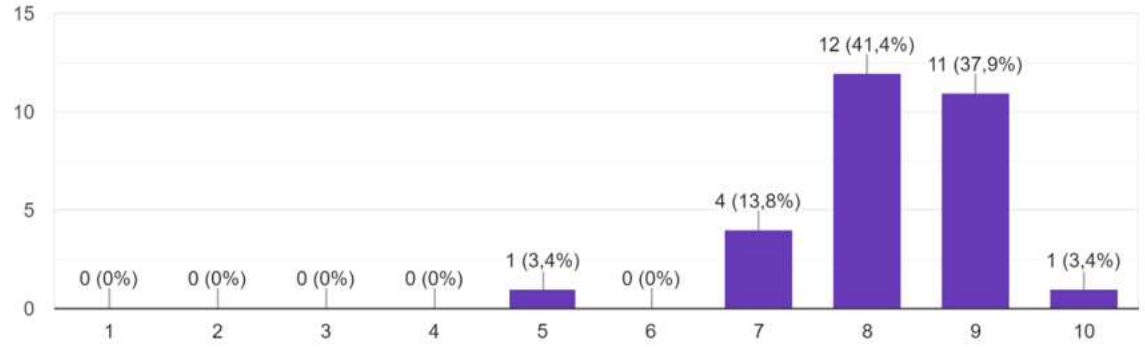
3. REZULTATI

DIMENZIJA 1: KOMUNIKACIJA I INFORMACIJE.

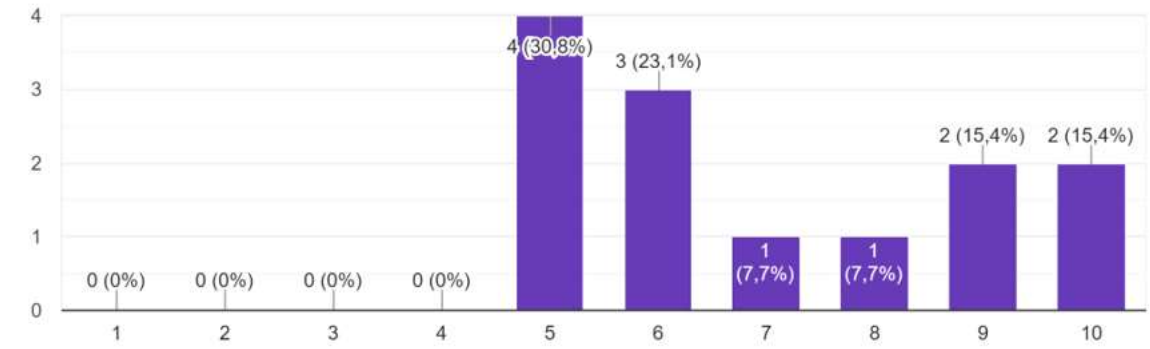
1. Kako biste ocijenili efikasnost trenutne komunikacije sa organizacijama koje podržavaju osobe sa invaliditetom?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (5-10), Italija (5-10), Turska (4-10), Hrvatska (5-9), Španija (5-9), Slovenija (3-10), i Bosna (3-9).

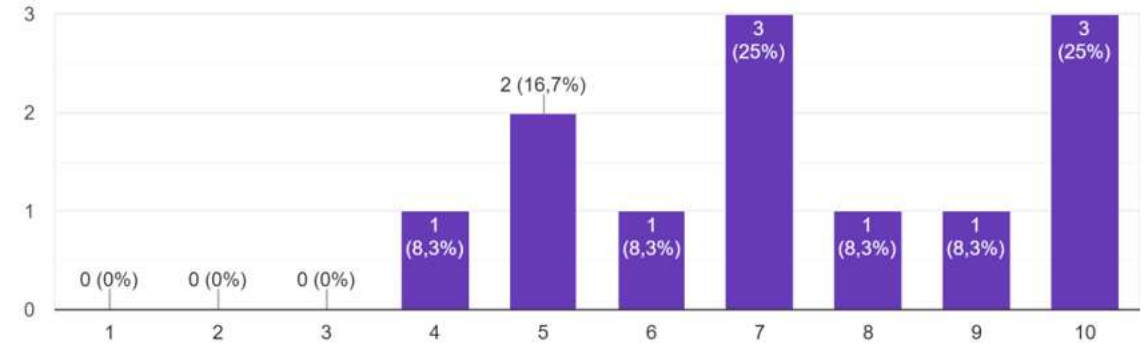
BUGARSKA (n=29)



ITALIJA (n=13)

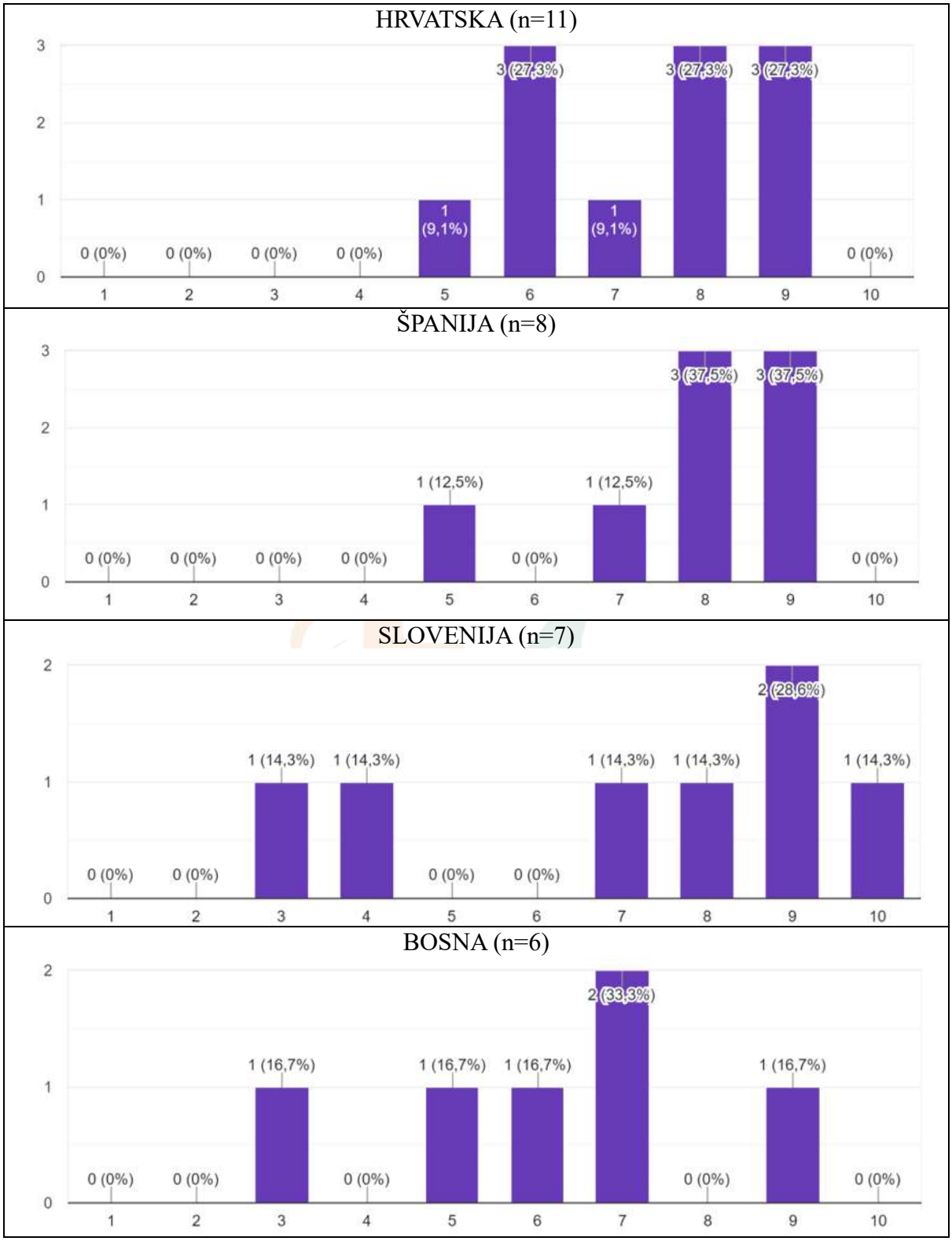


TURSKA (n=12)



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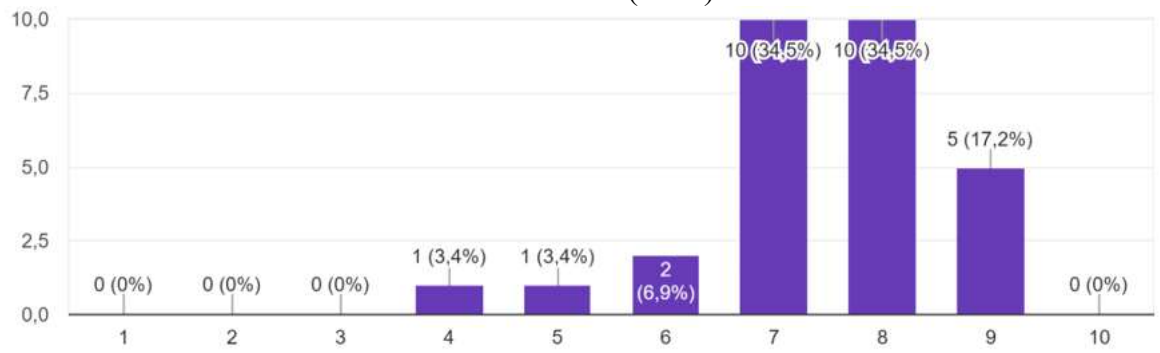


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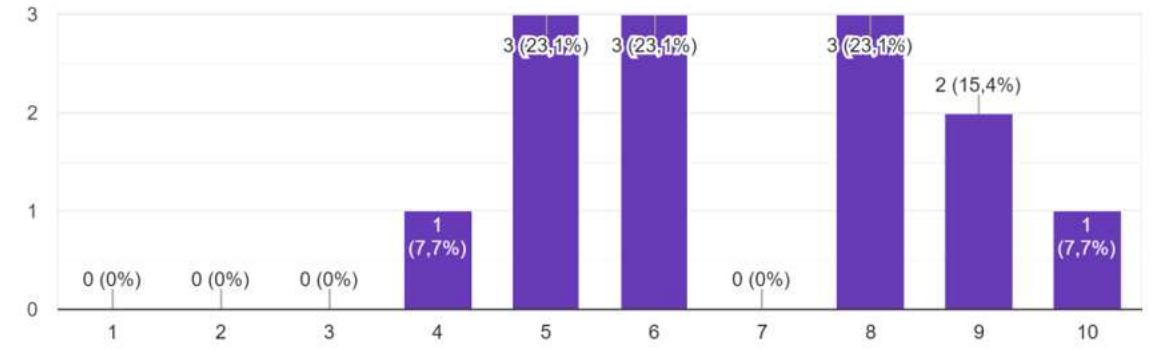
2. Šta mislite o dostupnim komunikacijskim kanalima za interakciju sa ovim organizacijama?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (4-9), Italija (4-10), Turska (3-10), Hrvatska (5-10), Španija (4-9), Slovenija (3-10), i Bosna (3-8).

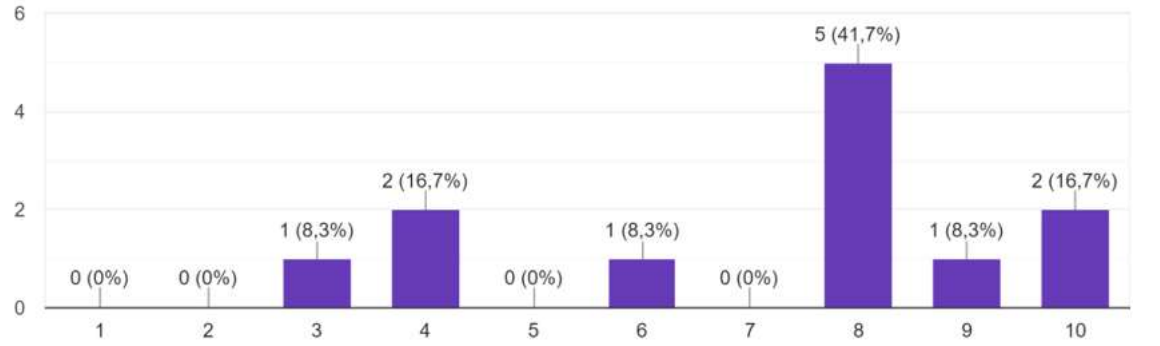
BUGARSKA (n=29)



ITALIJA (n=13)



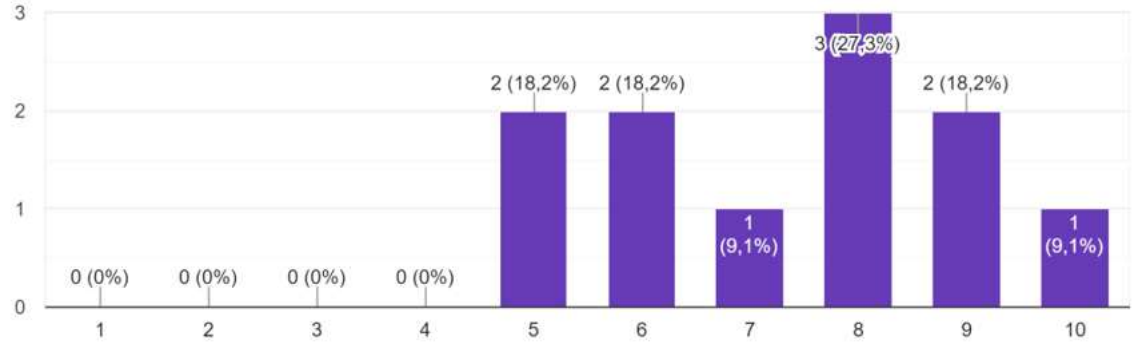
TURSKA (n=12)



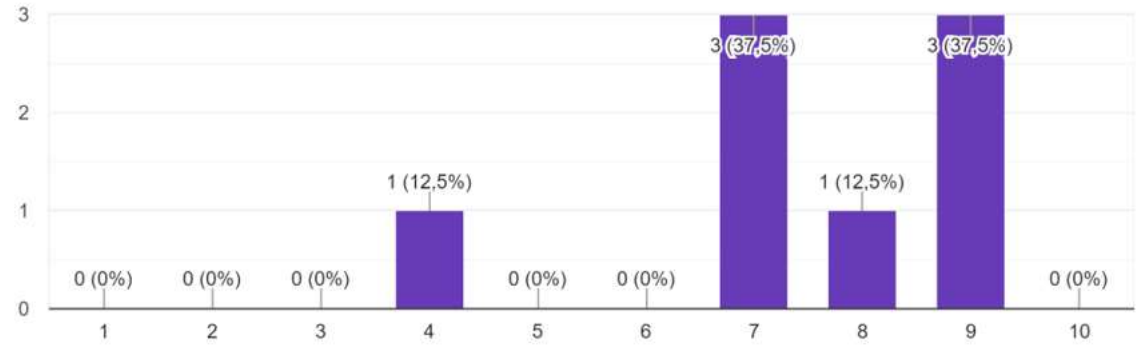
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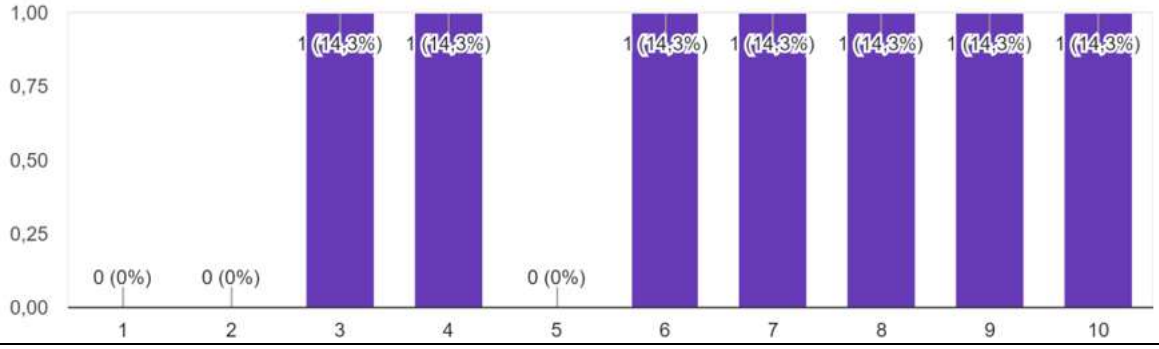
HRVATSKA (n=11)



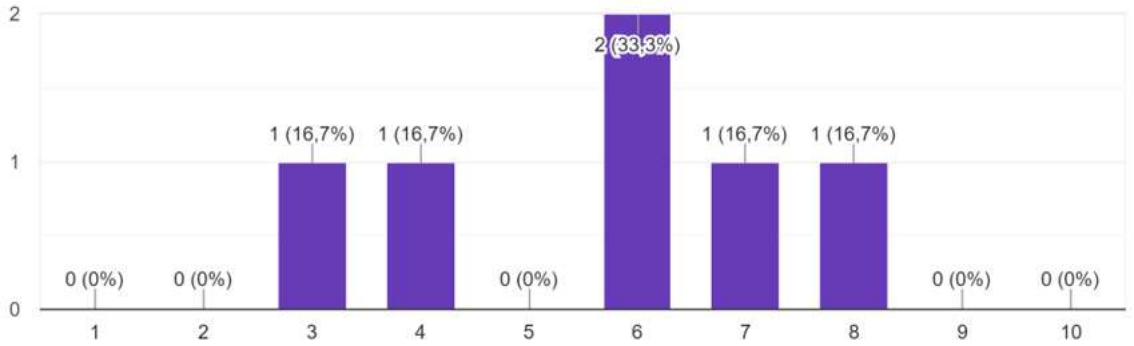
ŠPANIJA (n=8)



SLOVENIJA (n=7)



BOSNA (n=6)



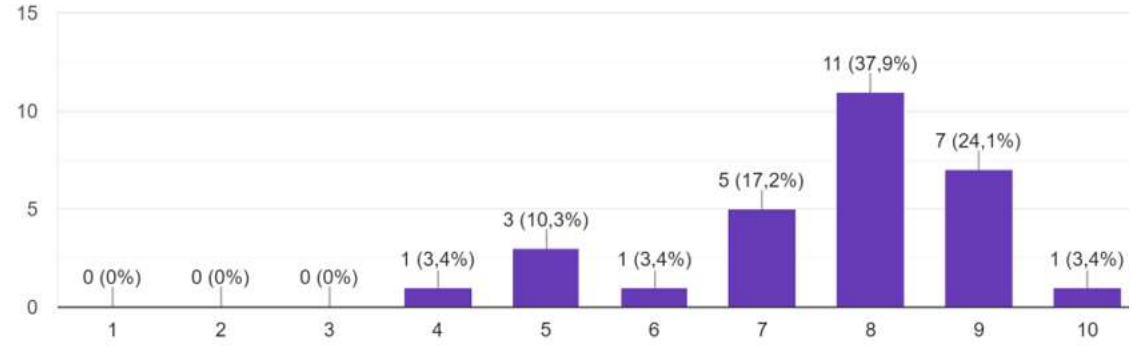
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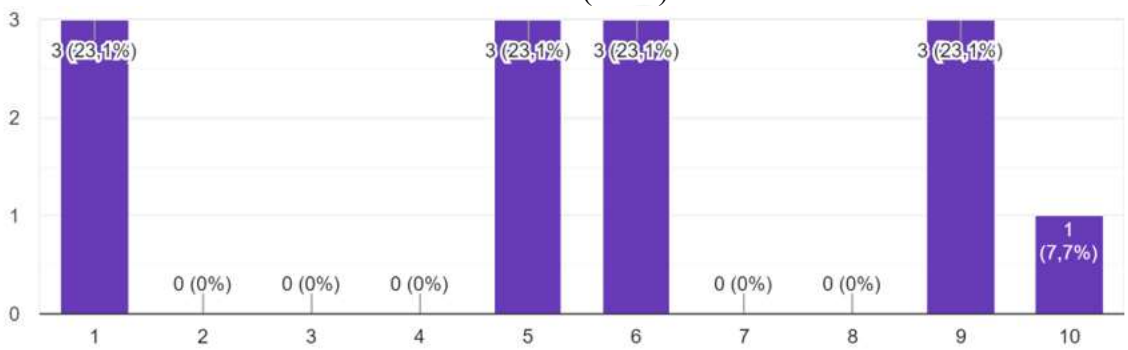
3. Smatrate li da su kanali komunikacije dovoljni?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (4-10), Italija (1-10), Turska (1-10), Hrvatska (5-10), Španjolska (4-10), Slovenija (1-10).), i Bosna (2-9).

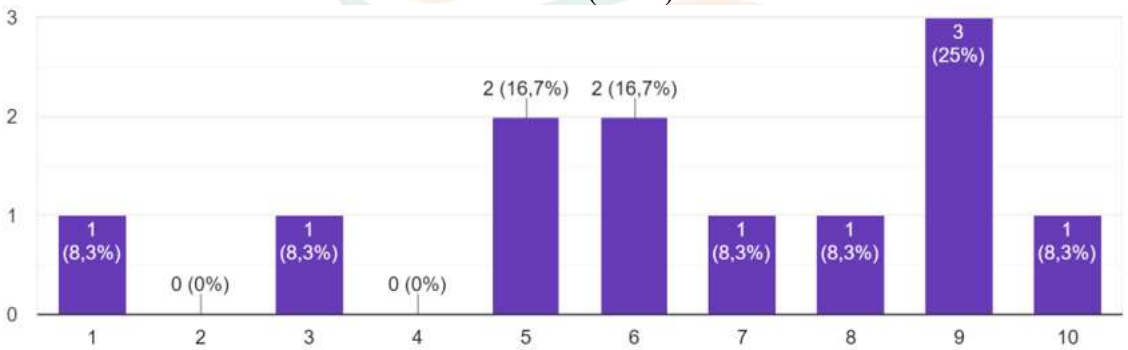
BUGARSKA (n=29)



ITALIJA (n=13)

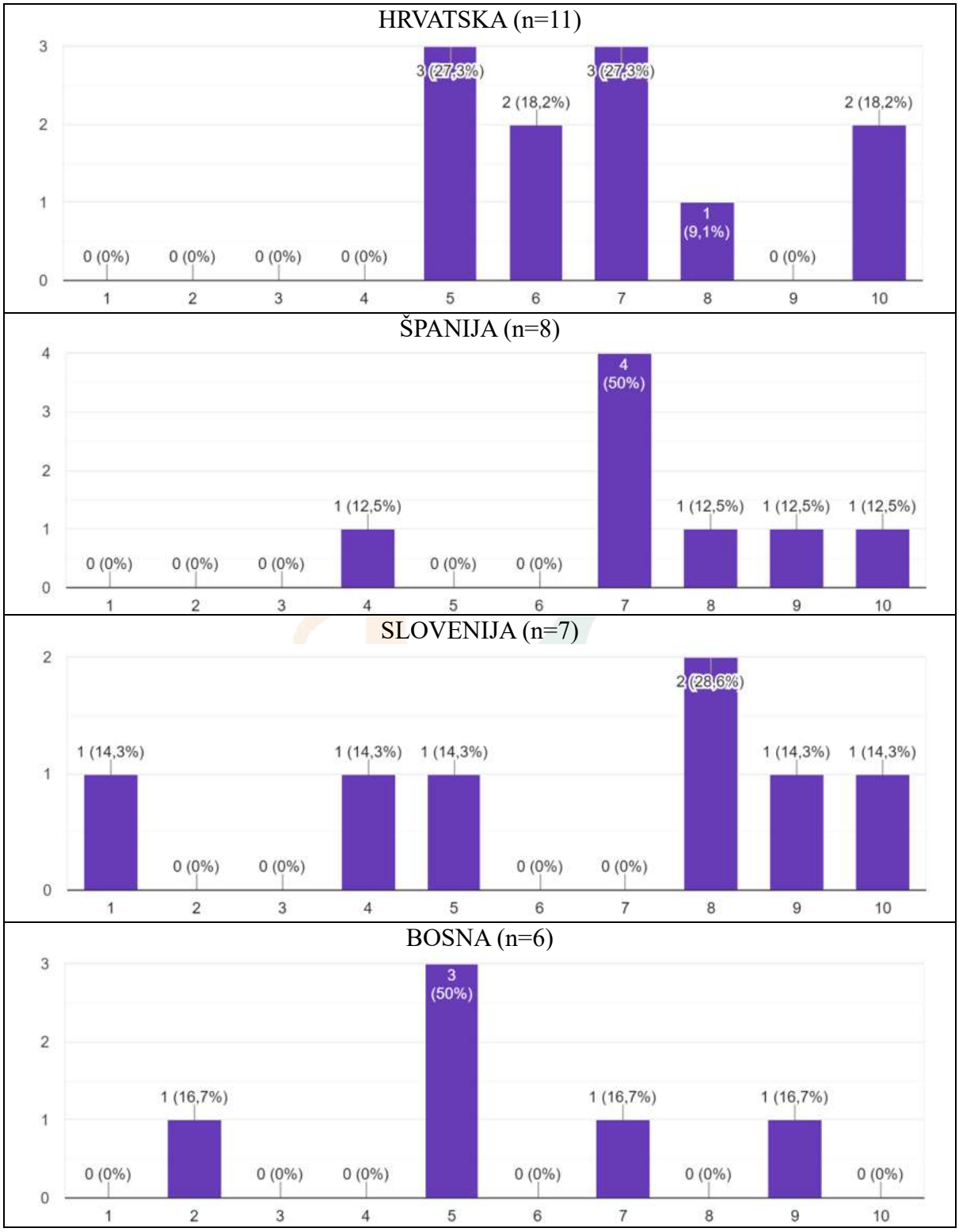


TURSKA (n=12)



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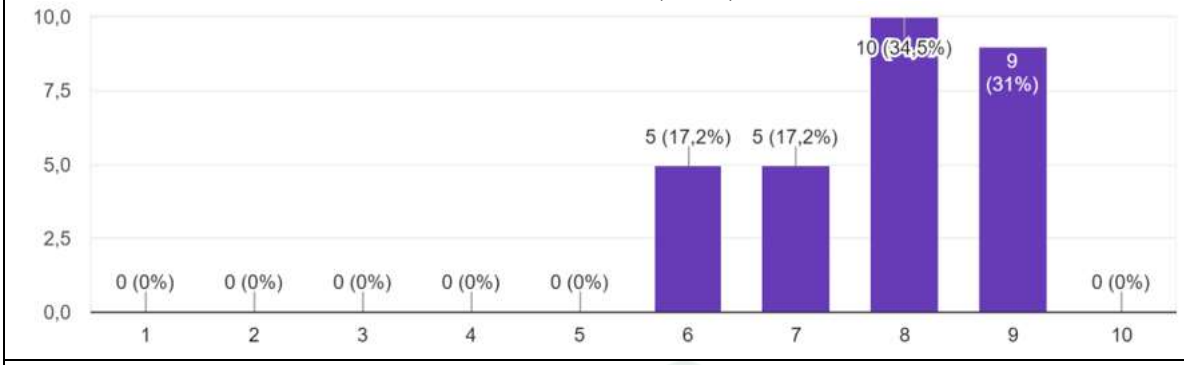


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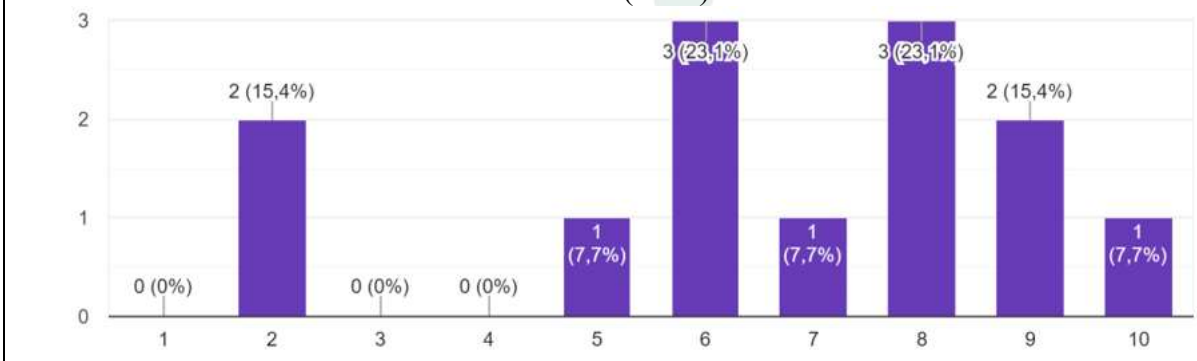
4. Koliko ste zadovoljni količinom i relevantnošću informacija koje dobijate od ovih organizacija?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (6-9), Italija (2-10), Turska (1-10), Hrvatska (5-10), Španija (5-9), Slovenija (3-10), i Bosna (5-9).

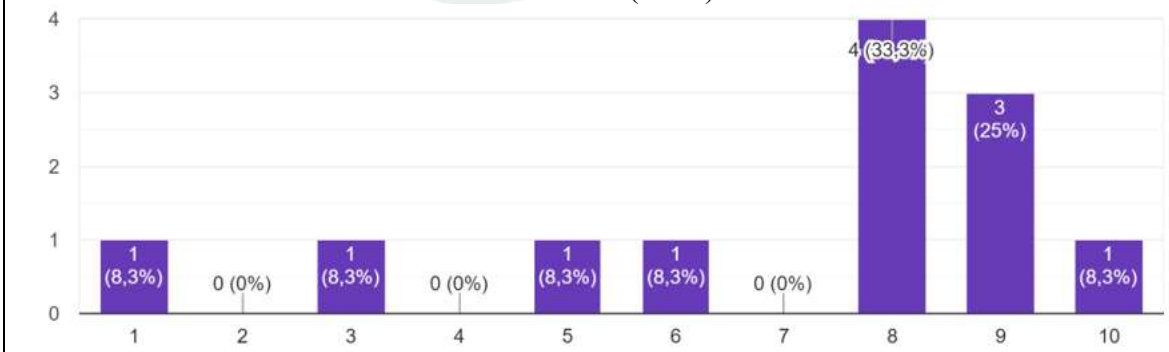
BUGARSKA (n=29)



ITALIJA (n=13)

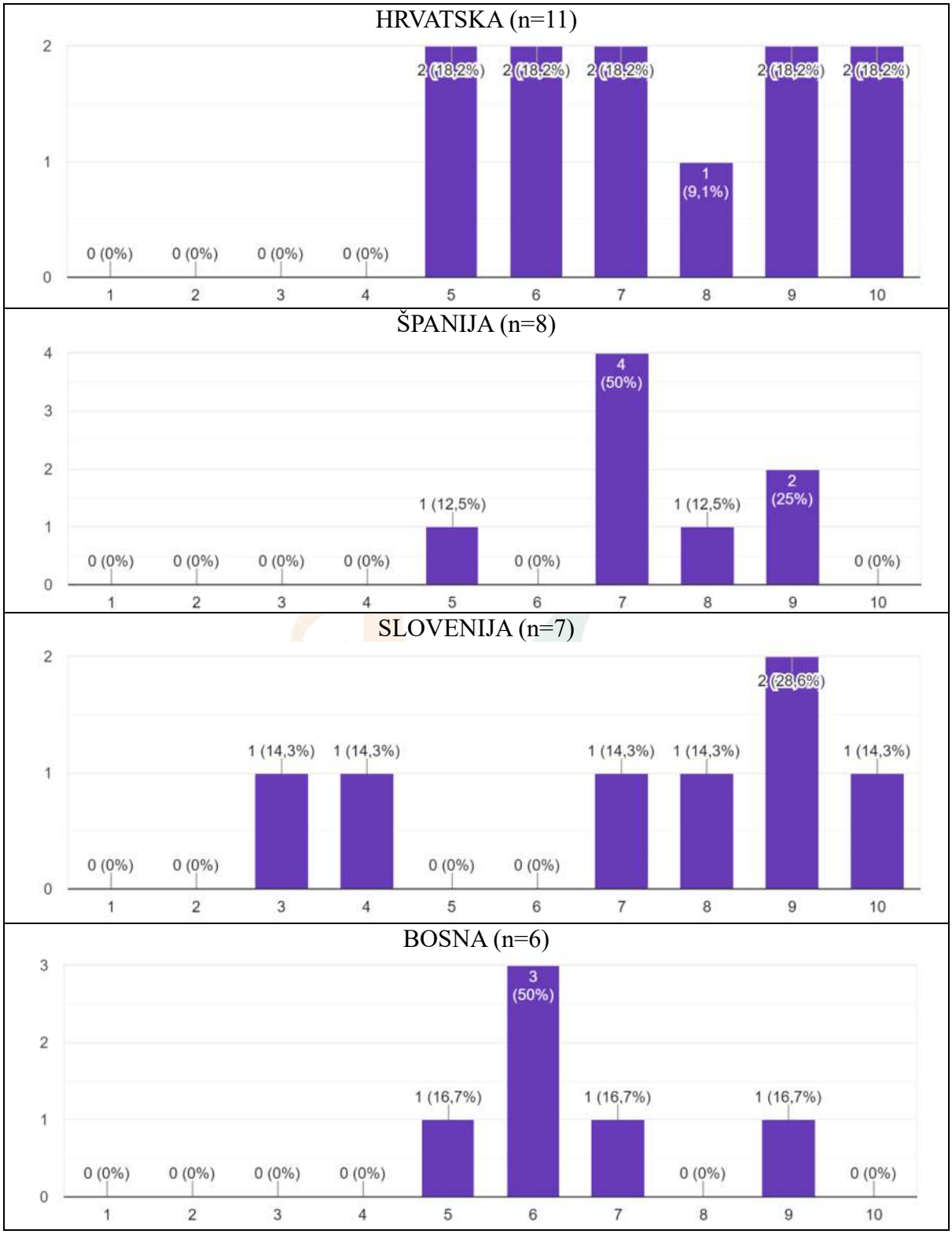


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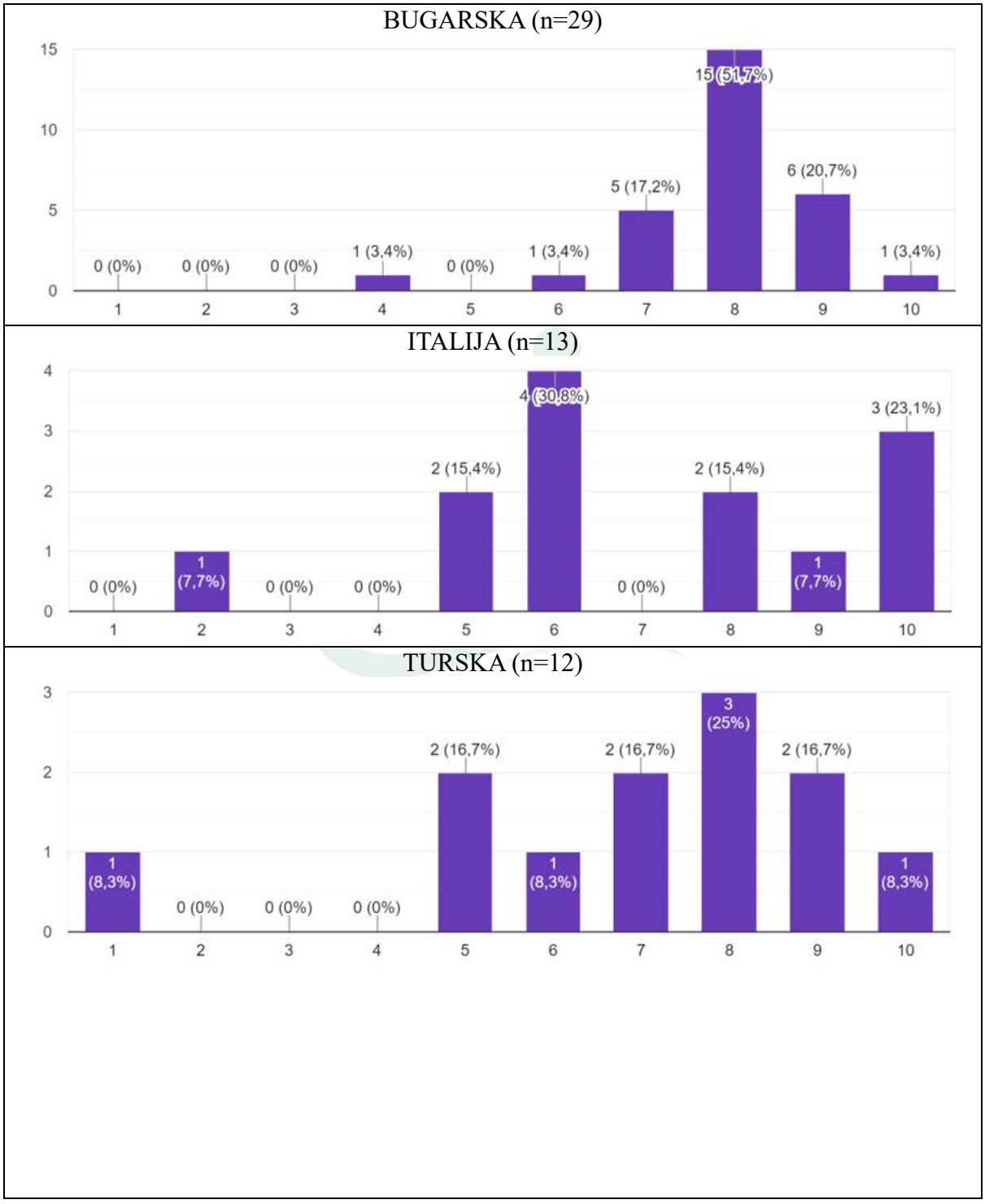


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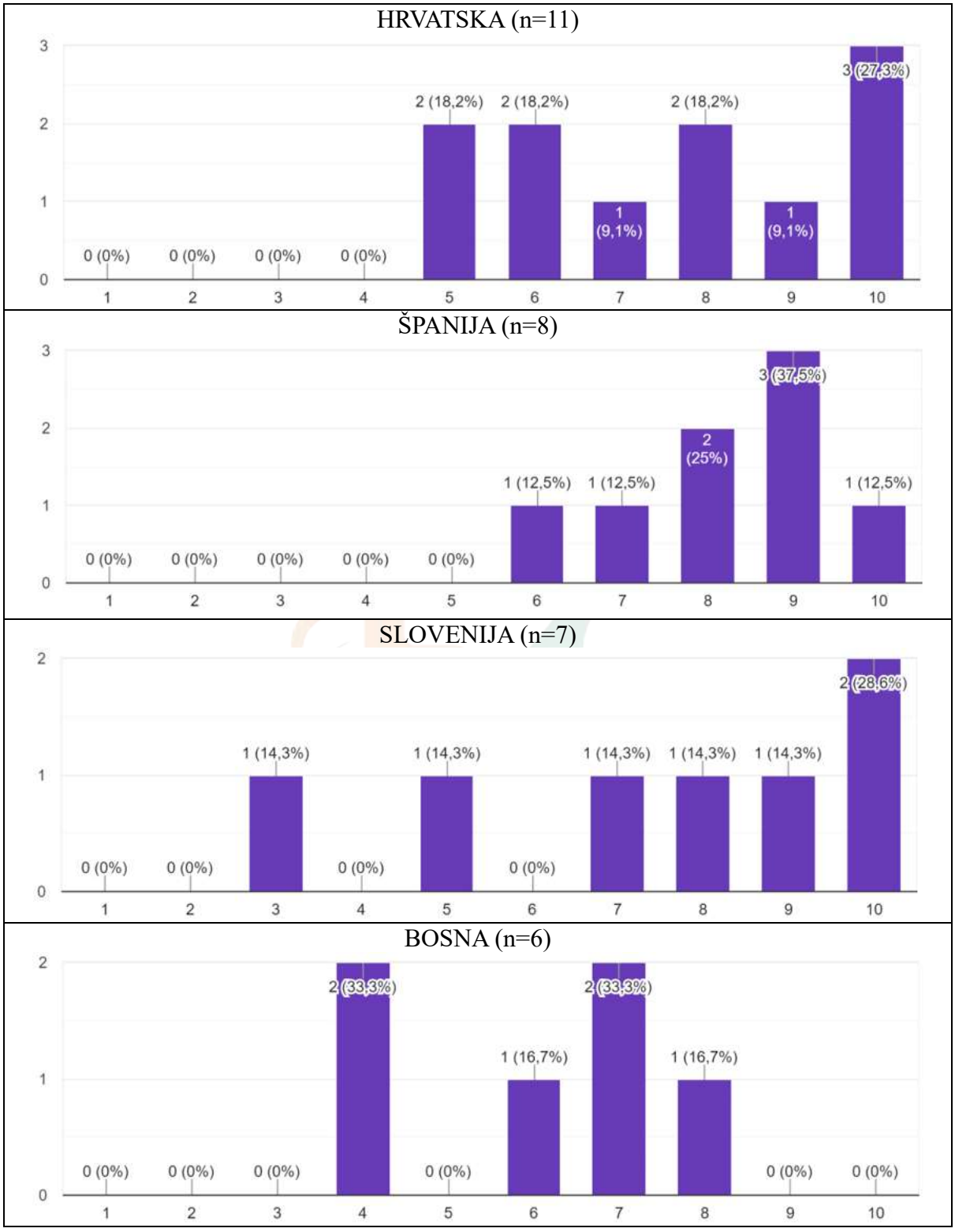
5. Kako biste ocijenili jasnoću informacija koje pružaju organizacije koje podržavaju osobe sa invaliditetom?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (4-10), Italija (2-10), Turska (1-10), Hrvatska (5-10), Španjolska (6-10), Slovenija (3-10), i Bosna (4-8).



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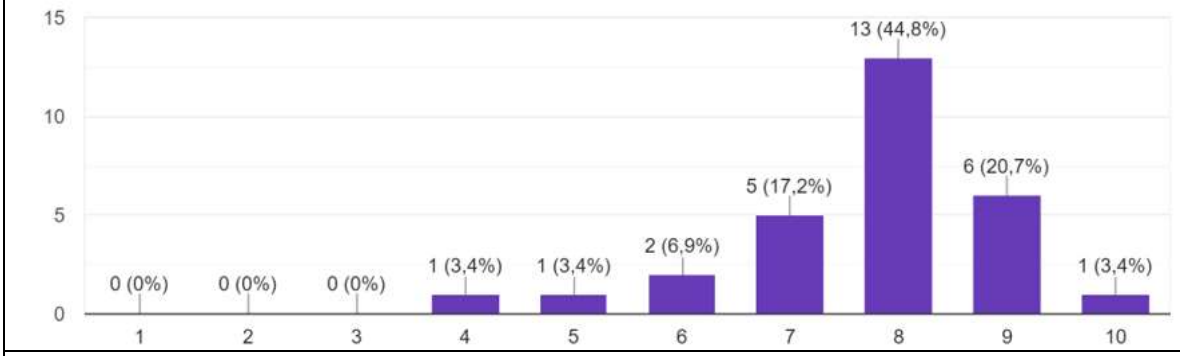
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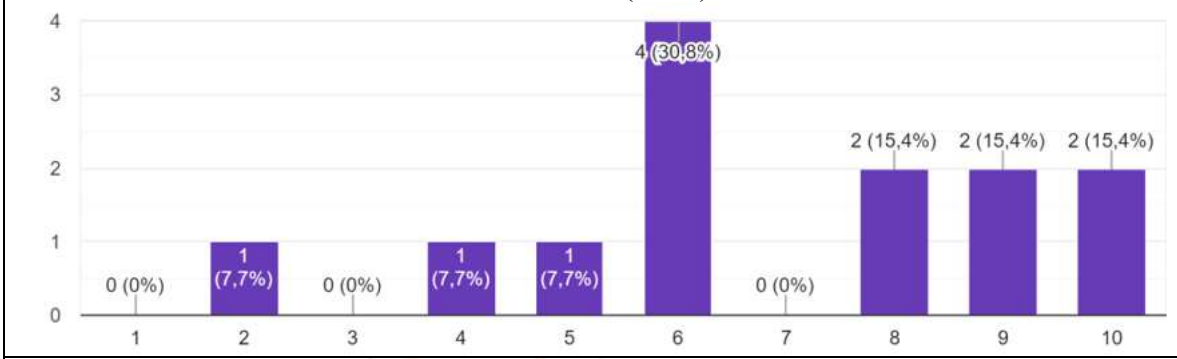
Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

6. Kako je dostupnost informacija koje pružaju ove organizacije?
Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (4-10), Italija (2-10), Turska (1-10), Hrvatska (5-10), Španjolska (5-10), Slovenija (3-10), i Bosna (3-9).

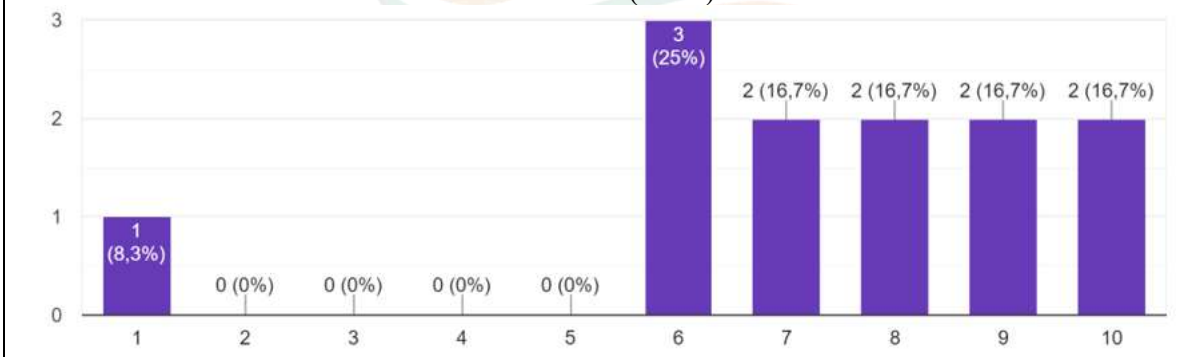
BUGARSKA (n=29)



ITALIJA (n=13)

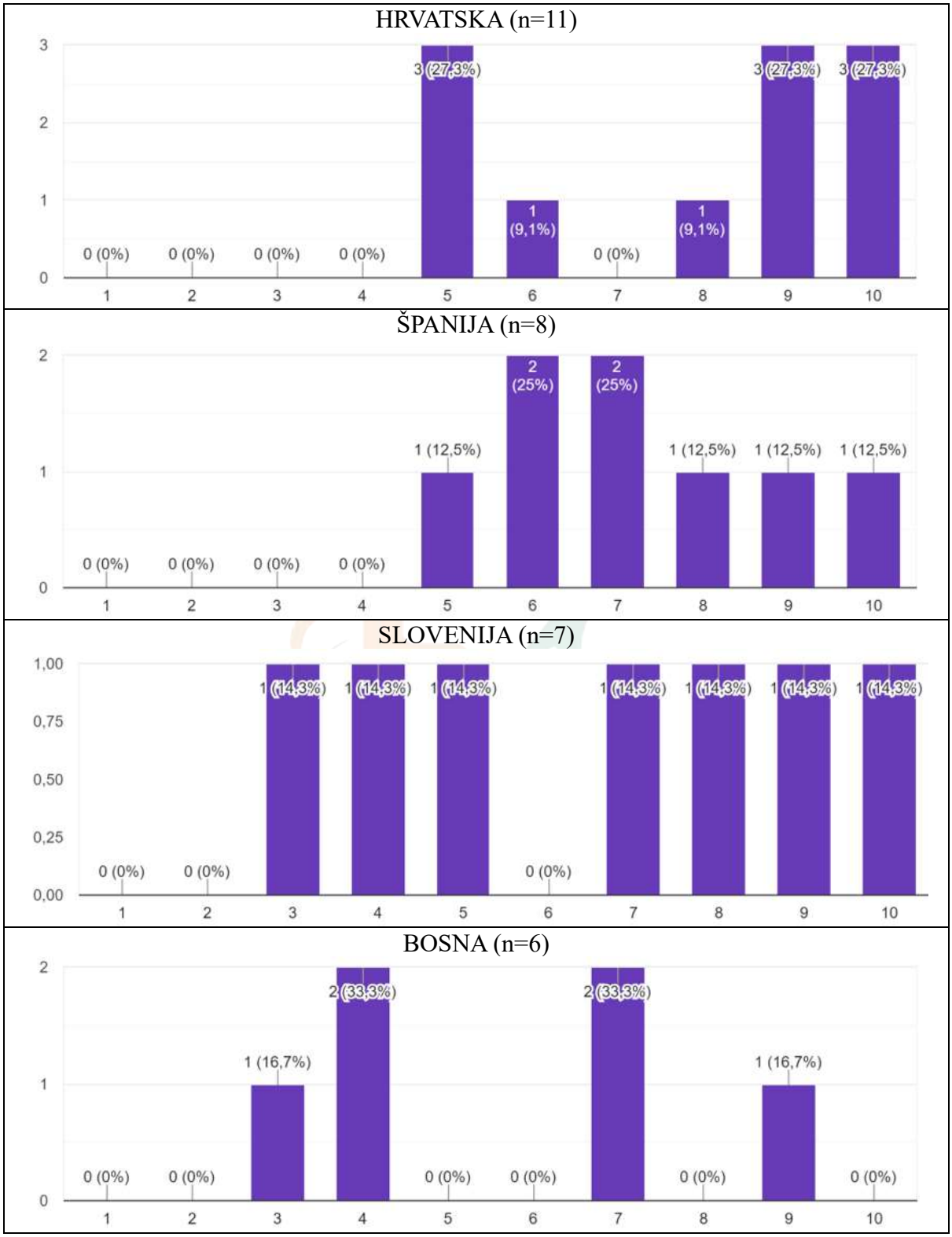


TURSKA (n=12)



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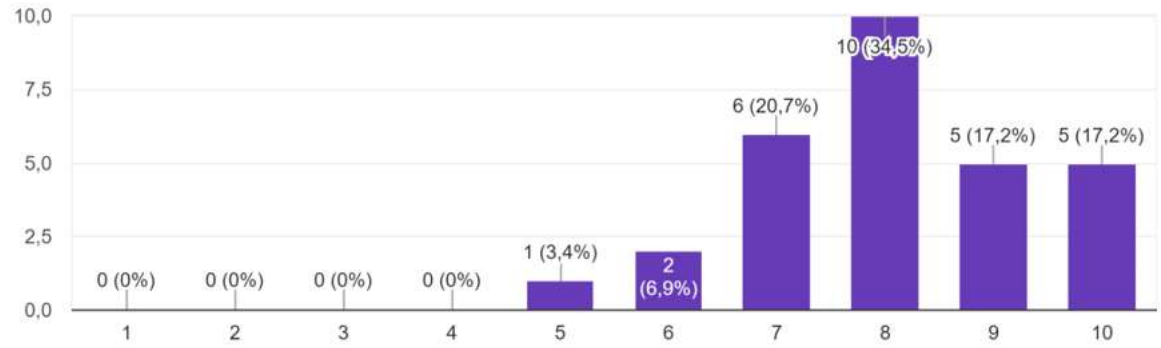
Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

DIMENZIJA 2: RESURSI, PROGRAMI I USLUGE.

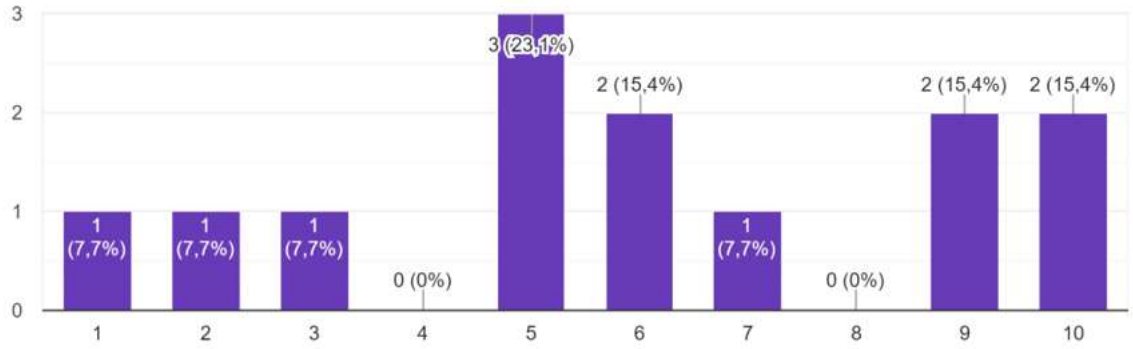
7. Šta mislite o dostupnosti resursa i usluga za vašu porodicu u vezi sa vašim invaliditetom?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (5-10), Italija (1-10), Turska (1-10), Hrvatska (4-10), Španija (5-9), Slovenija (1-10), i Bosna (2-9).

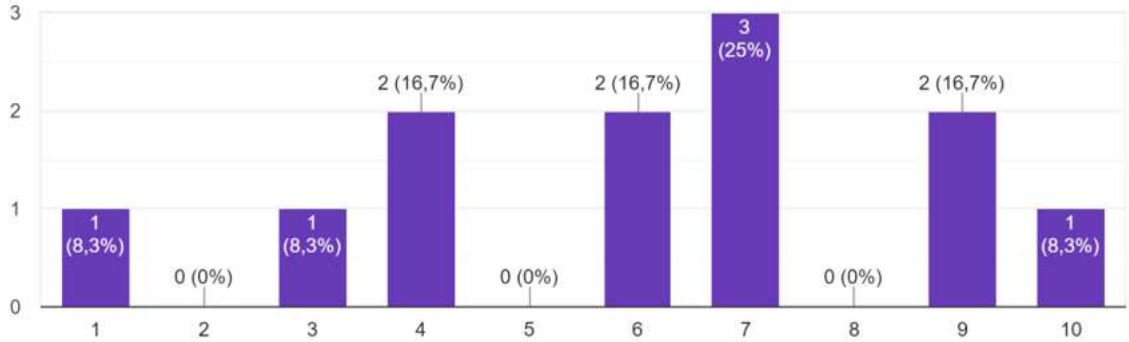
BUGARSKA (n=29)



ITALIJA (n=13)



TURSKA (n=12)



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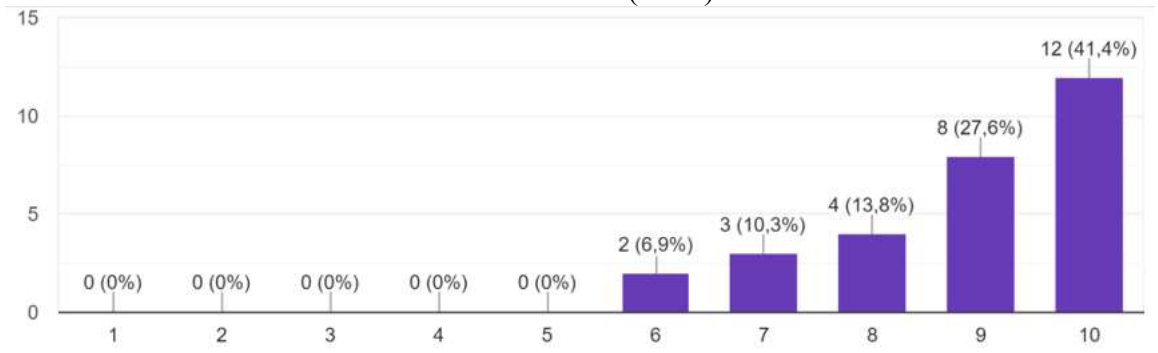


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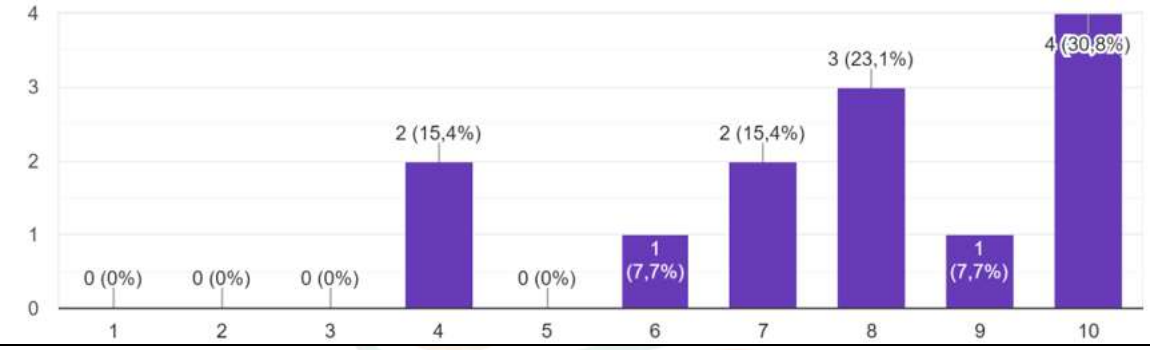
8. Kakav značaj pridajete dostupnosti usluga i programa socijalne i emocionalne podrške za porodice u ovoj situaciji?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (6-10), Italija (4-10), Turska (6-10), Hrvatska (6-10), Španija (6-10), Slovenija (7-10), i Bosna (2-9).

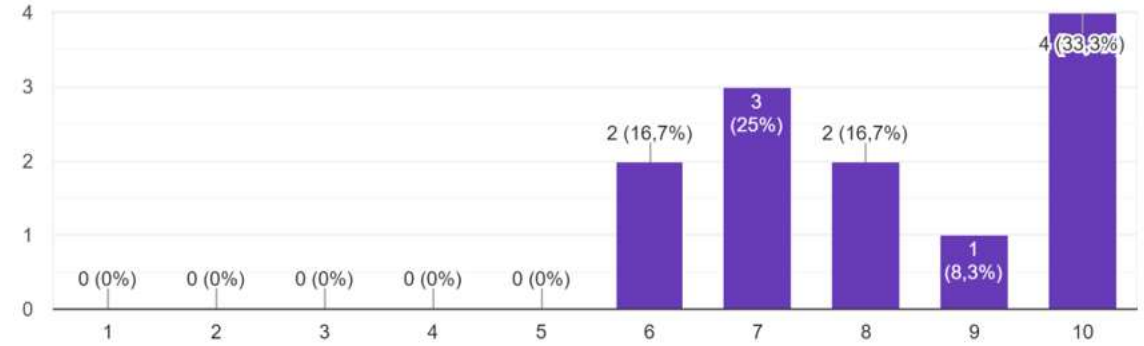
BUGARSKA (n=29)



ITALIJA (n=13)



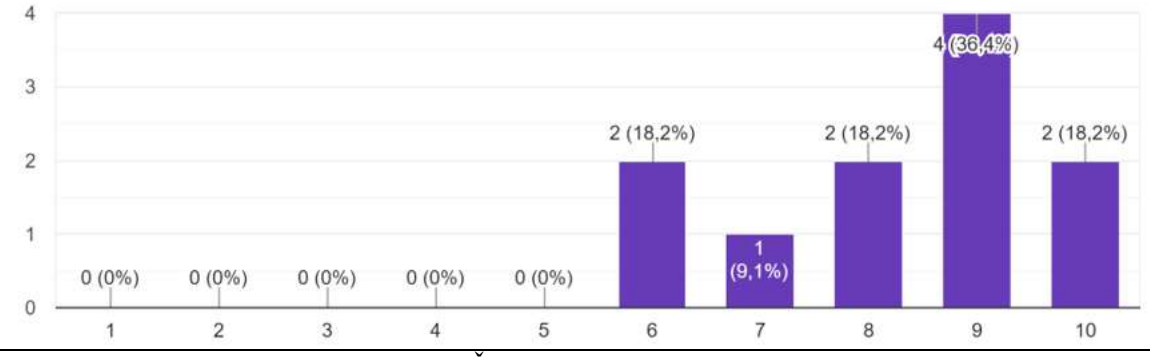
TURSKA (n=12)



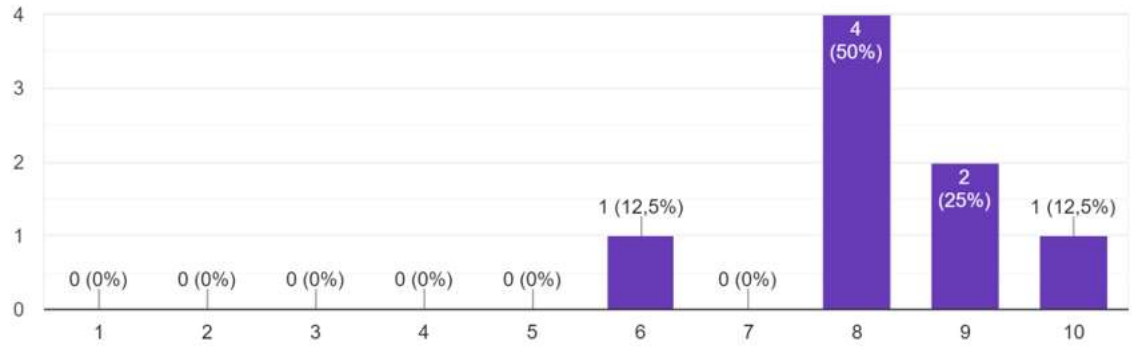
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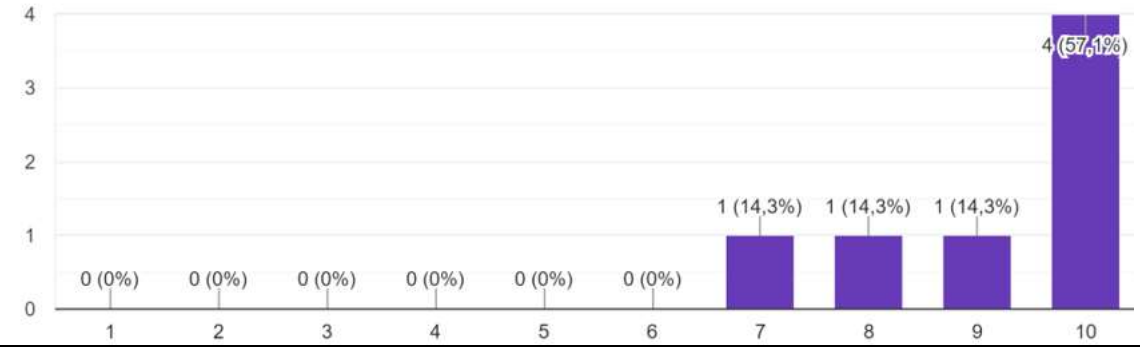
HRVATSKA (n=11)



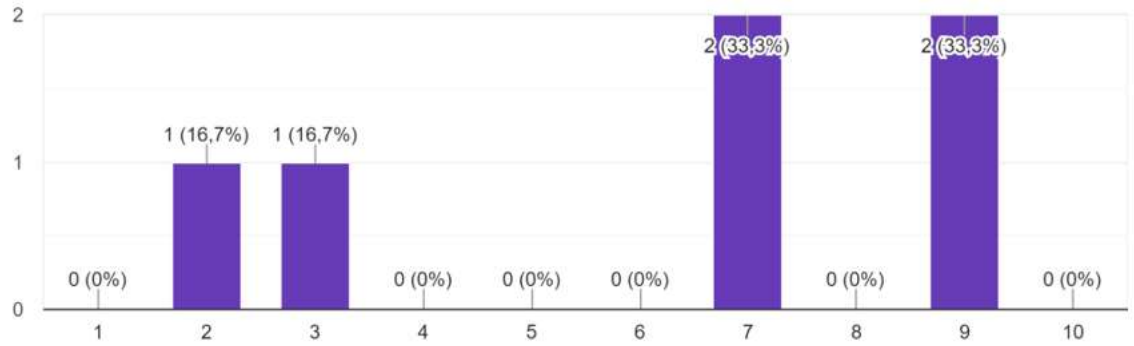
ŠPANIJA (n=8)



SLOVENIJA (n=7)



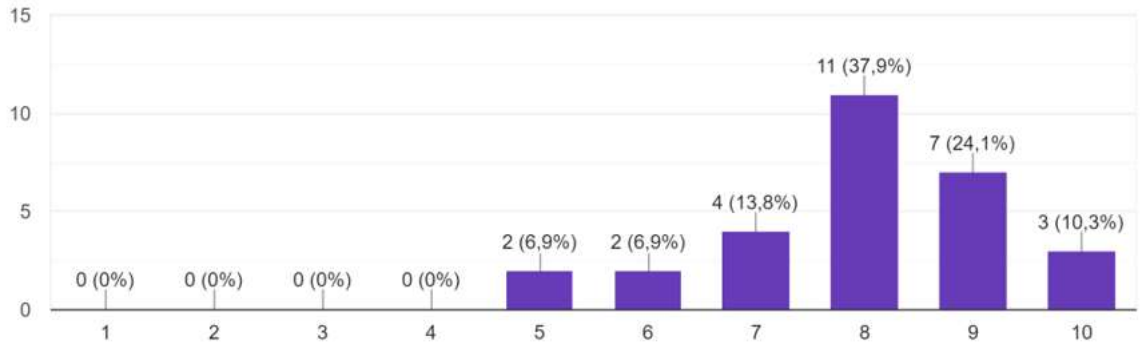
BOSNA (n=6)



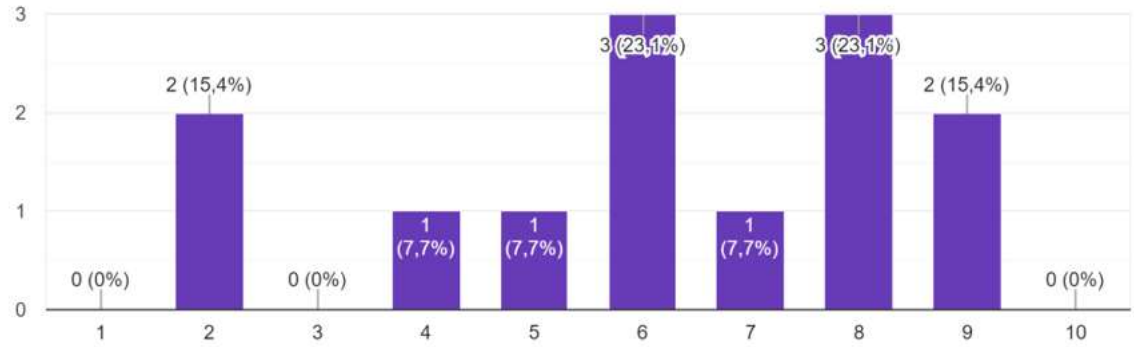
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9. Kakvu biste ocjenu dali odgovoru ovih organizacija na vaše upite ili zahtjeve?
Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (5-10), Italija (2-9), Turska (4-10), Hrvatska (6-10), Španjolska (6-10), Slovenija (1-10), i Bosna (4-10).

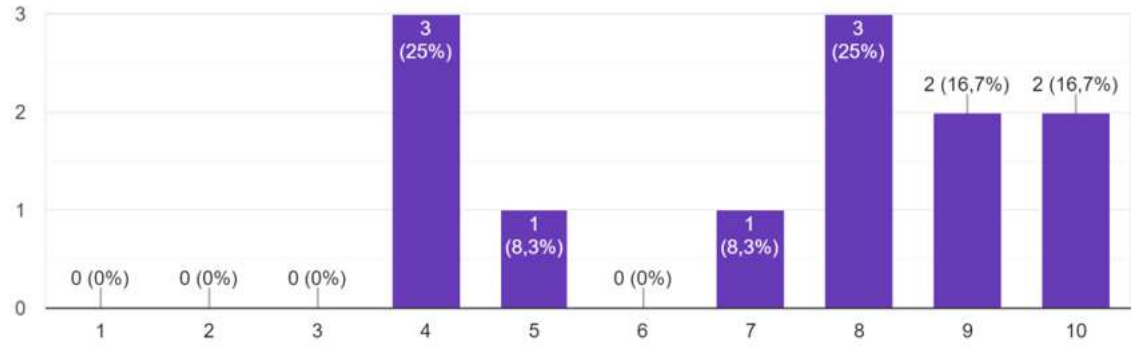
BUGARSKA (n=29)



ITALIJA (n=13)

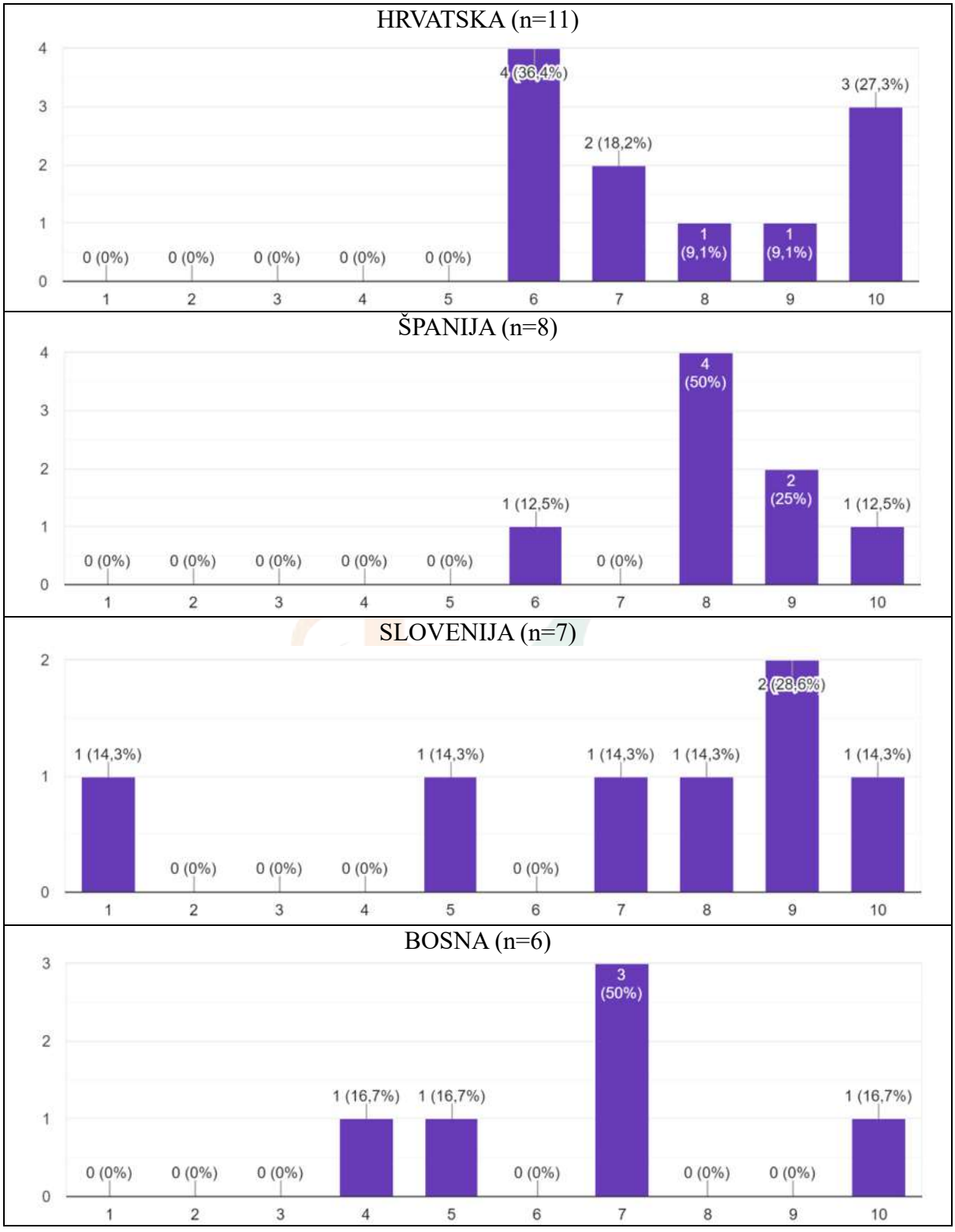


TURSKA (n=12)



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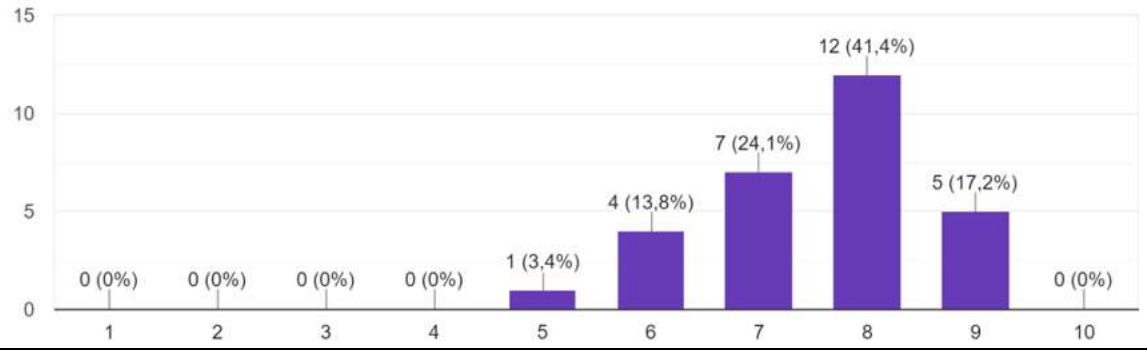
Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.



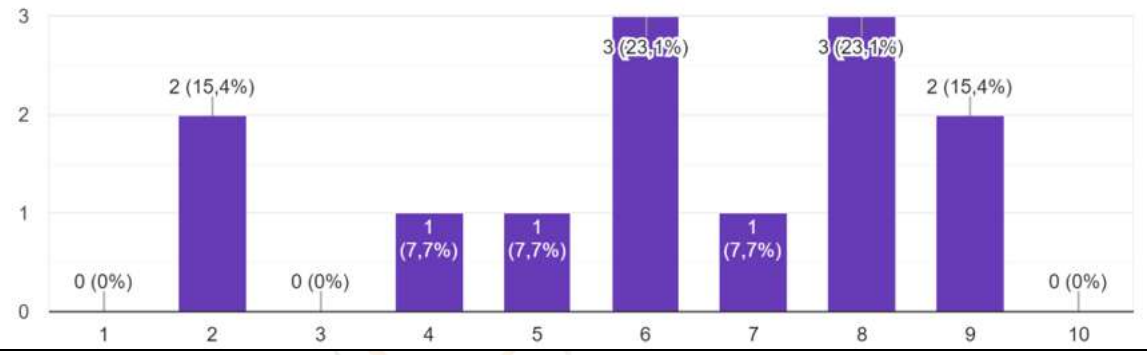
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10. A što se tiče ažurnosti u odgovaranju na vaše upite?
Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (5-9), Italija (2-9), Turska (4-10), Hrvatska (5-9), Španija (6-10), Slovenija (1-10), i Bosna (4-10).

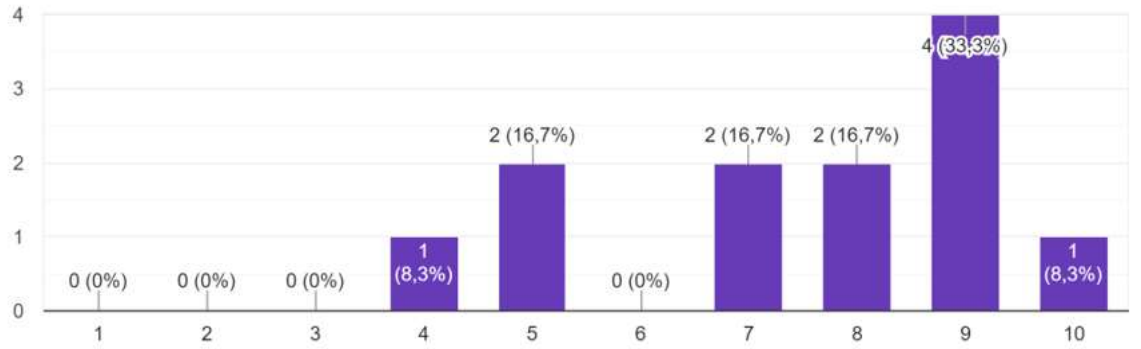
BUGARSKA (n=29)



ITALIJA (n=13)

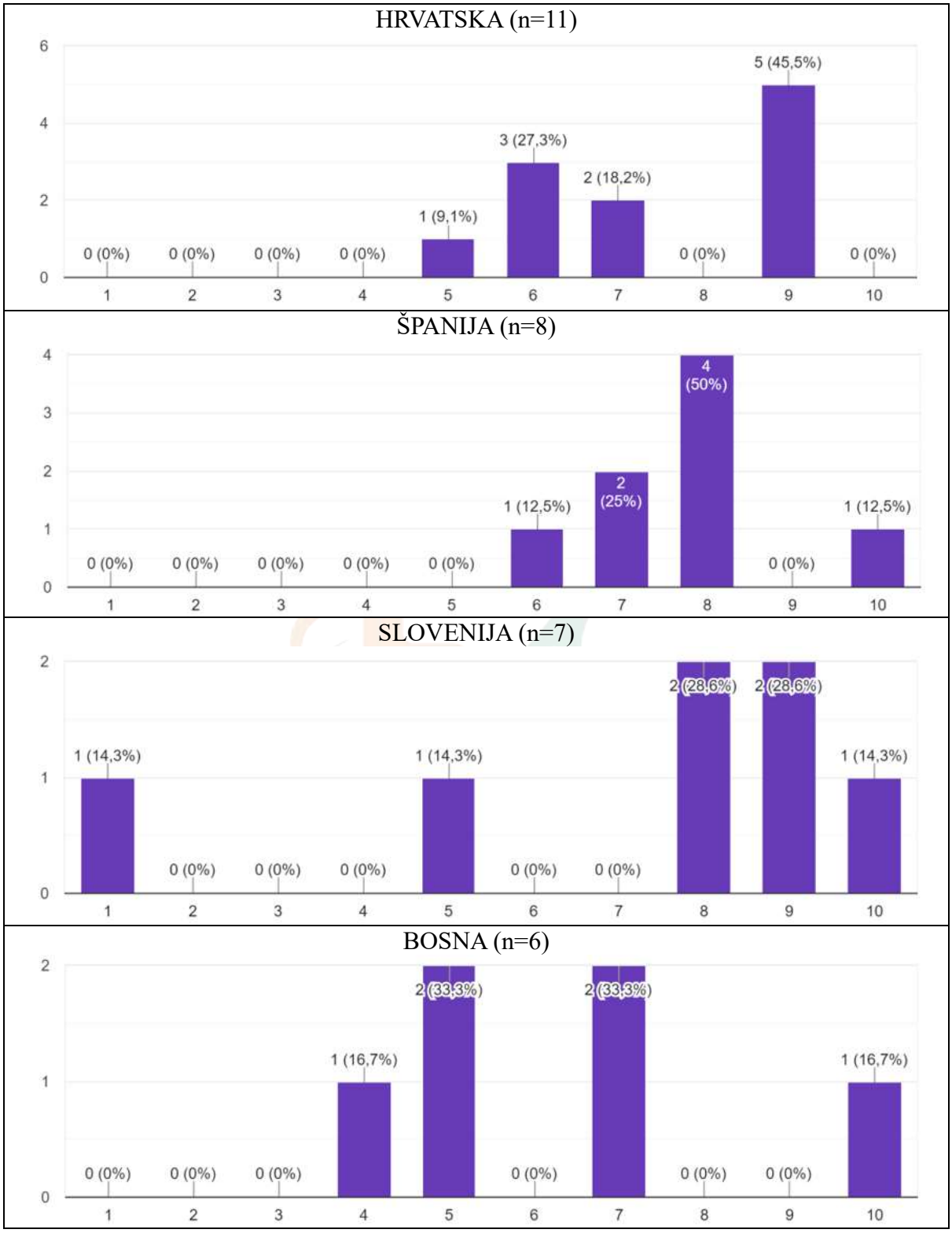


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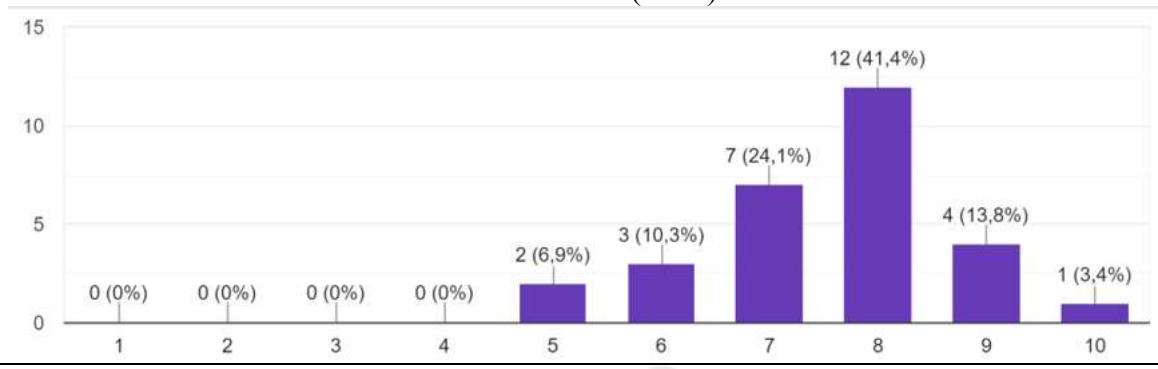


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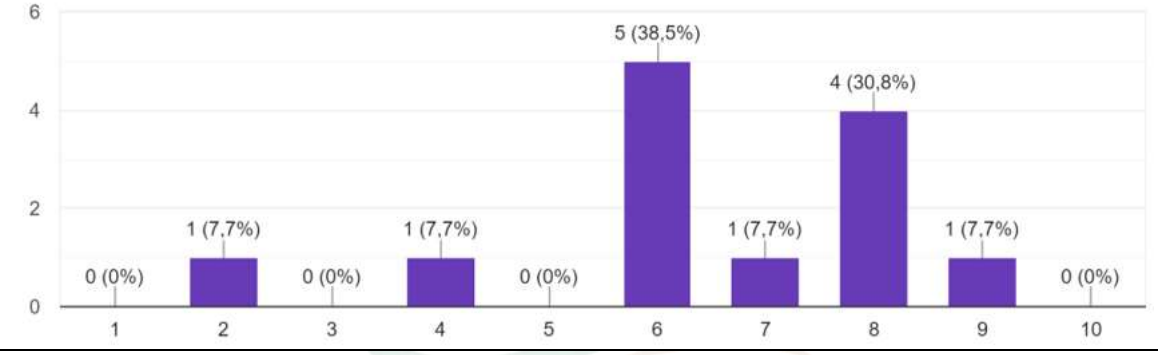
11. Da li smatrate da su informativni materijali koje pružaju ove organizacije jasni, atraktivni, relevantni i ažurni?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (5-10), Italija (2-9), Turska (4-10), Hrvatska (4-10), Španija (5-10), Slovenija (4-10), i Bosna (3-9).

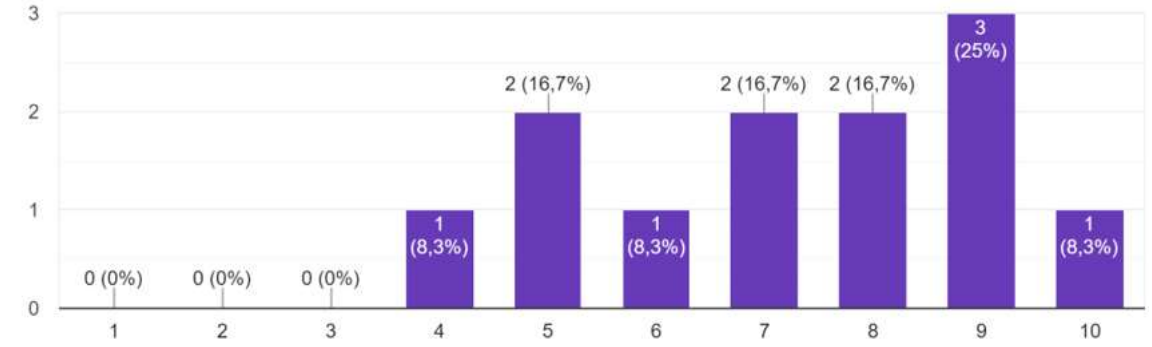
BUGARSKA (n=29)



ITALIJA (n=13)

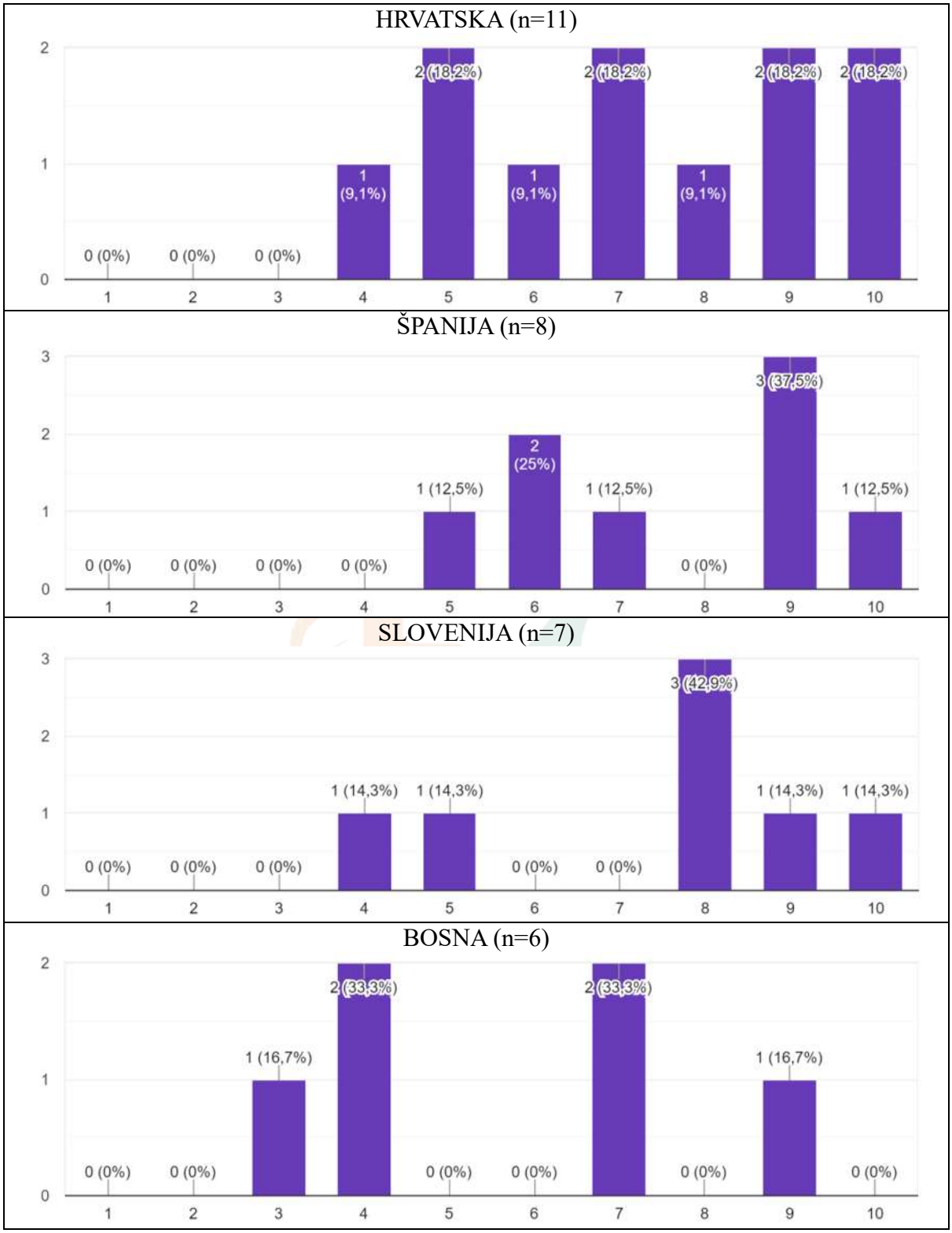


TURSKA (n=12)



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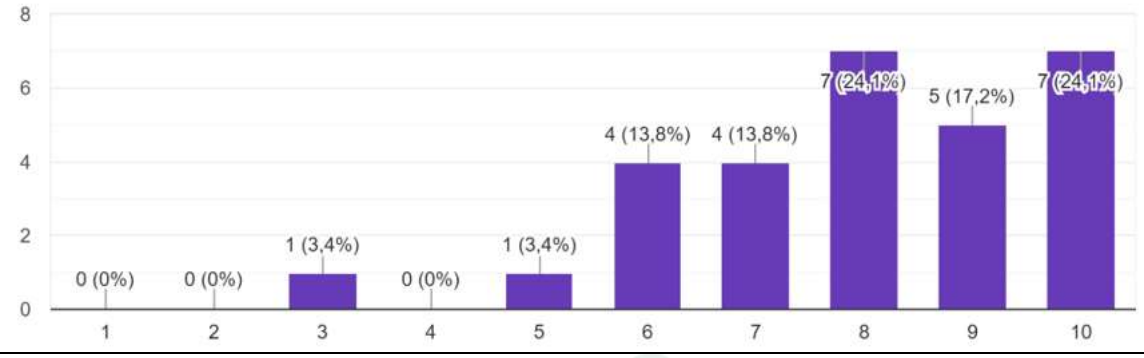


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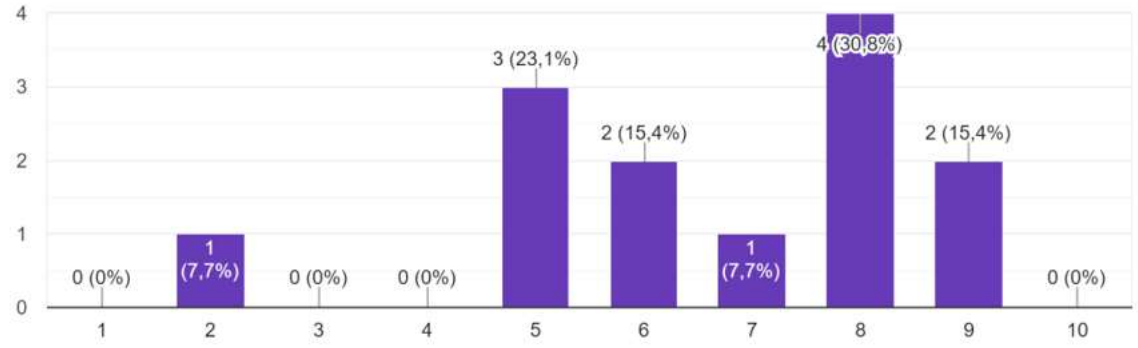
12. Kako biste ocijenili uključivanje mišljenja i iskustava porodica u dizajn programa i usluga?

Zadovoljstvo ovim pitanjem kretalo se od sljedećih vrijednosti: Bugarska (3-10), Italija (2-9), Turska (5-10), Hrvatska (4-10), Španija (4-10), Slovenija (3-8), i Bosna (2-8).

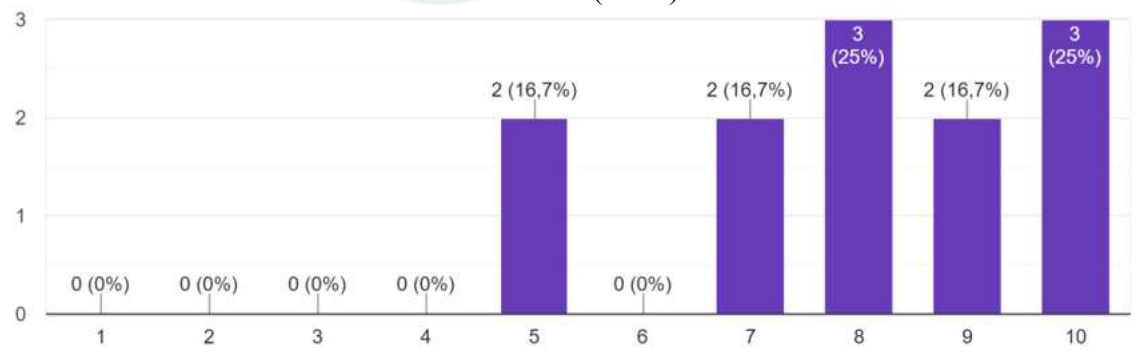
BUGARSKA (n=29)



ITALIJA (n=13)



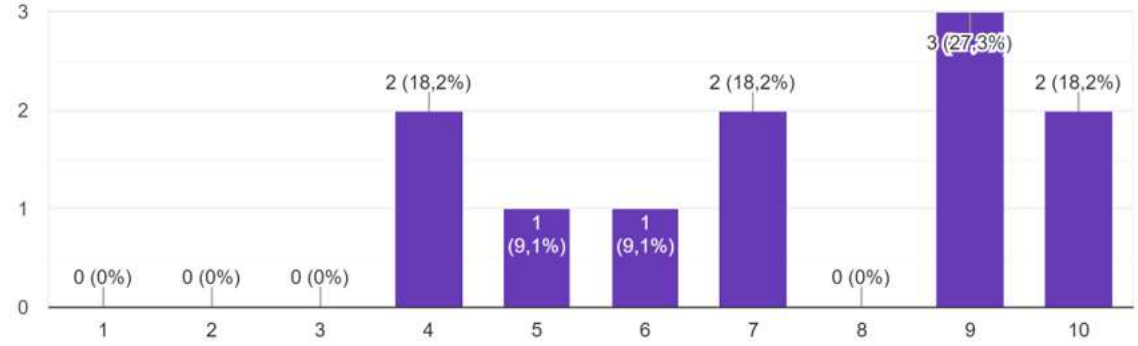
TURSKA (n=12)



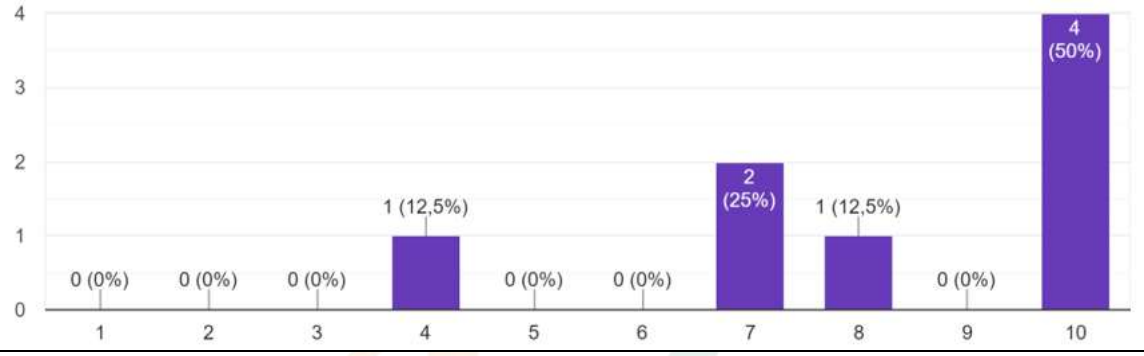
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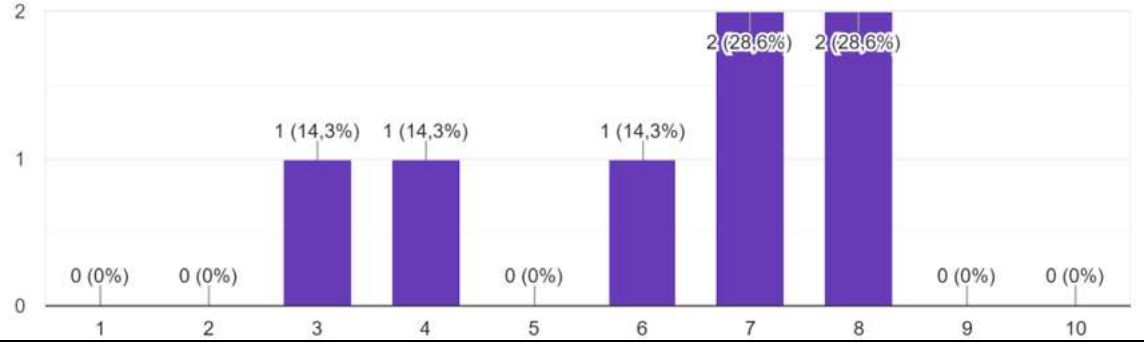
HRVATSKA (n=11)



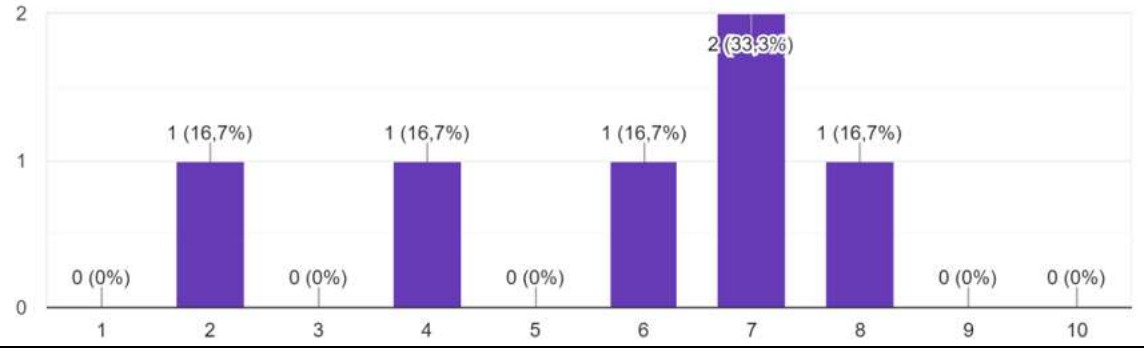
ŠPANIJA (n=8)



SLOVENIJA (n=7)



BOSNA (n=6)



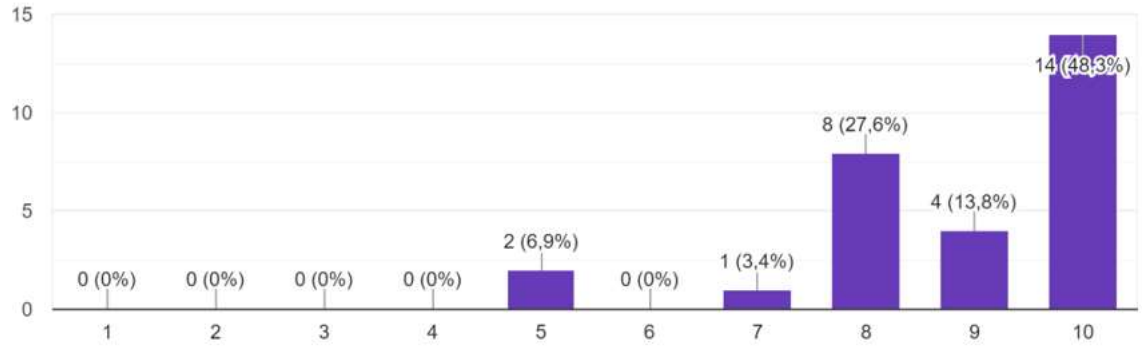
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DIMENZIJA 3: OBUKA I OBUKA.

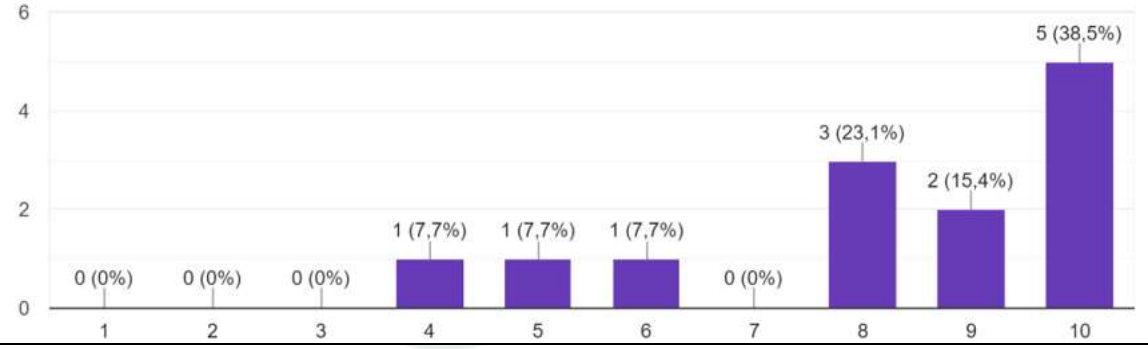
13. Kakav značaj pridajete potrebi obuke ili obuke za porodice koje imaju članove sa invaliditetom?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (5-10), Italija (4-10), Turska (3-10), Hrvatska (7-10), Španjolska (7-10), Slovenija (7-10), i Bosna (6-10).

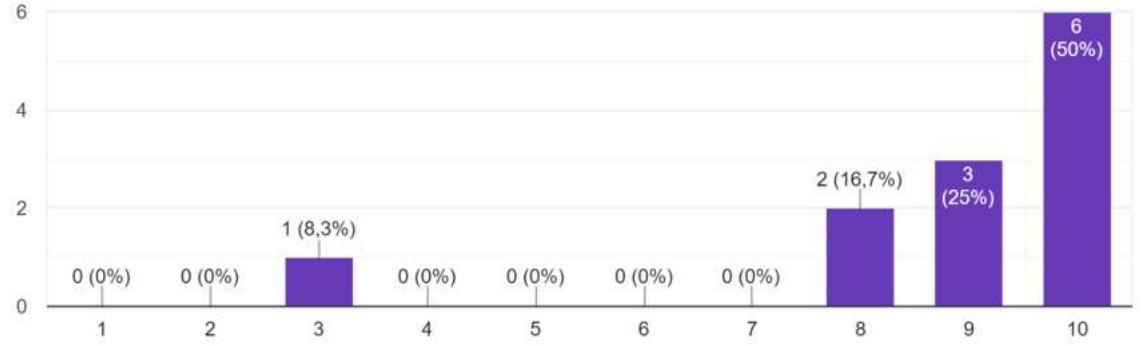
BUGARSKA (n=29)



ITALIJA (n=13)

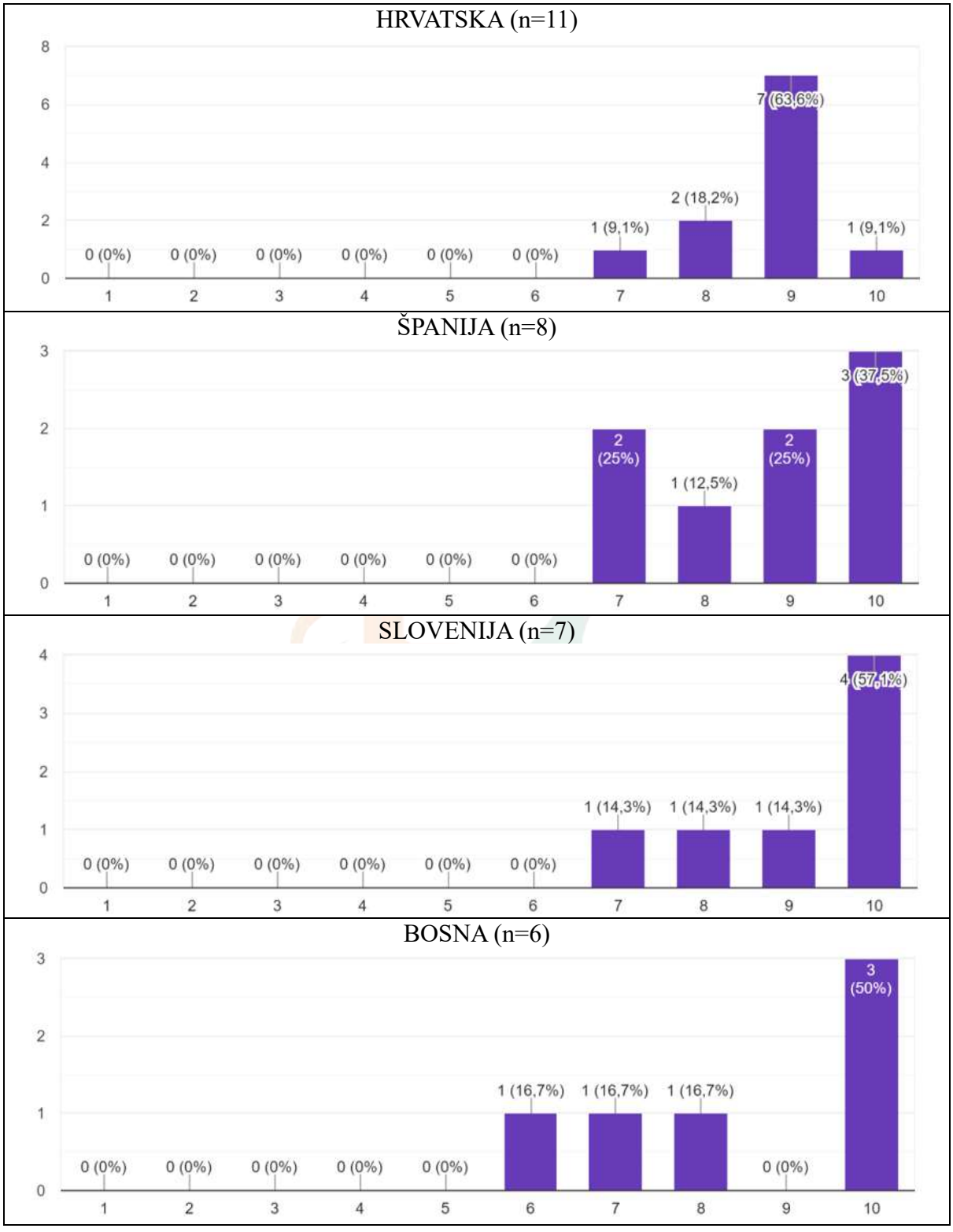


TURSKA (n=12)



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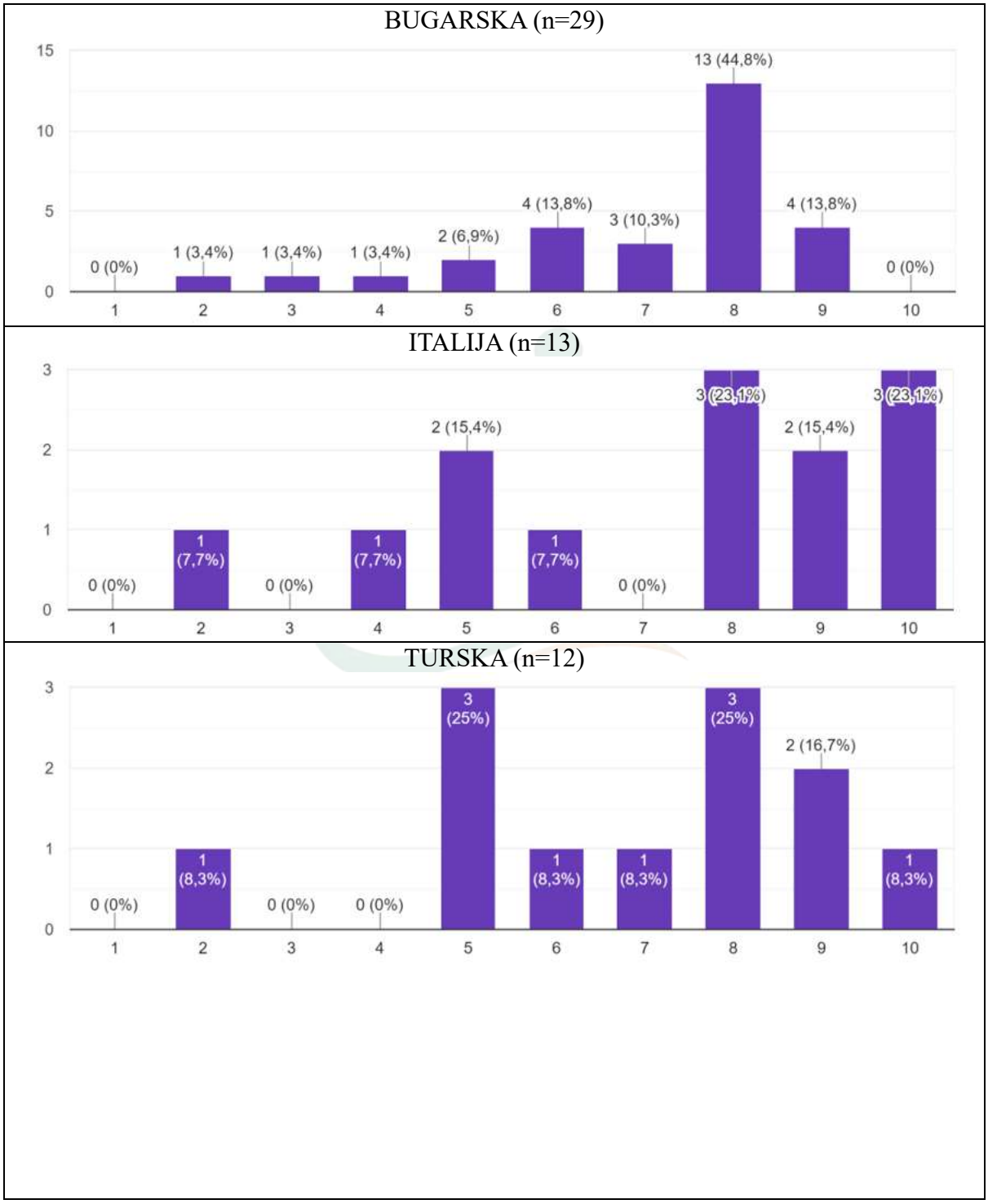
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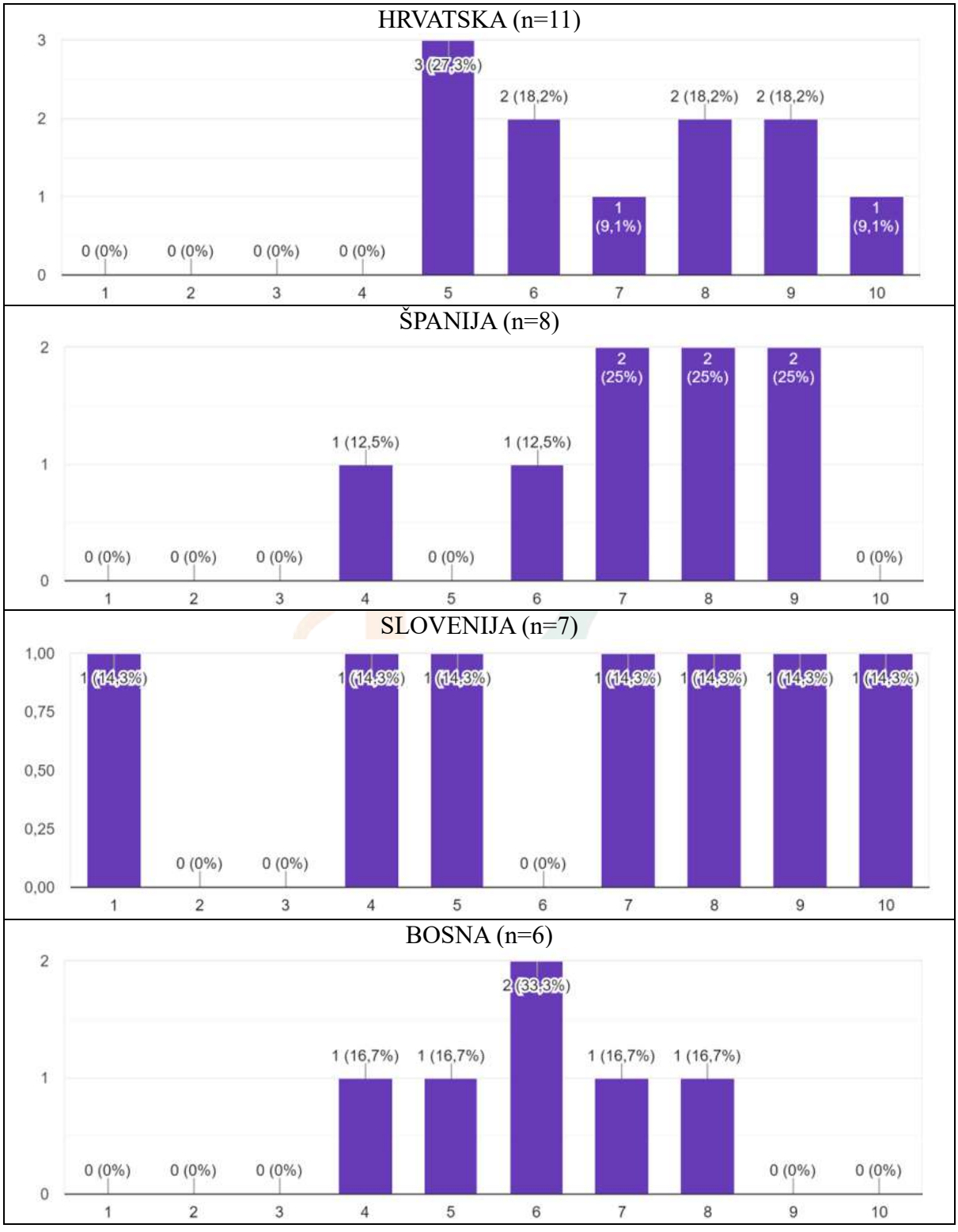
Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

14. Da li mislite da je trenutna obuka i obuka različitih profesionalaca u organizacijama dovoljna?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (2-9), Italija (2-10), Turska (2-10), Hrvatska (5-10), Španjolska (5-9), Slovenija (1-10), i Bosna (4-8).



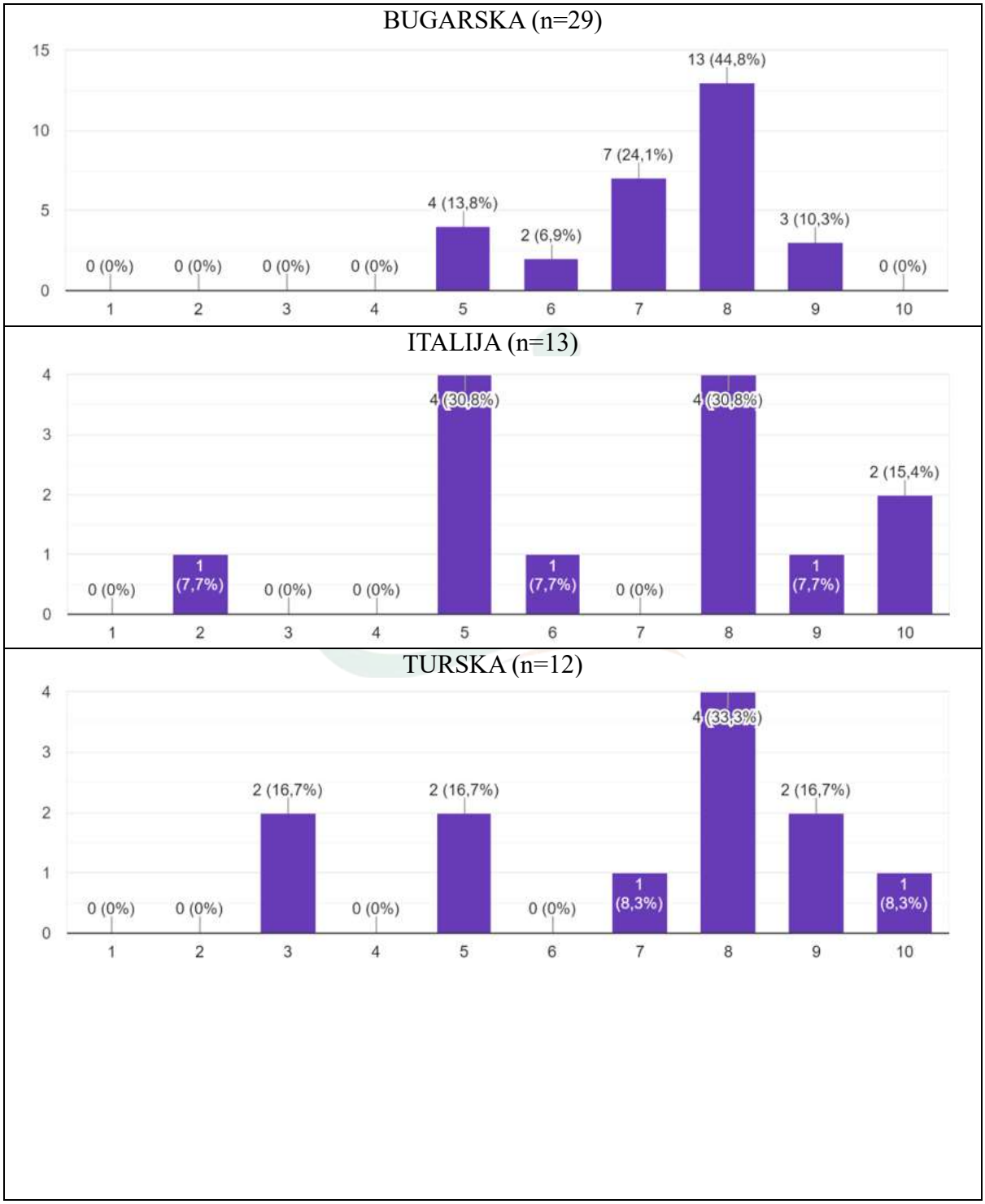
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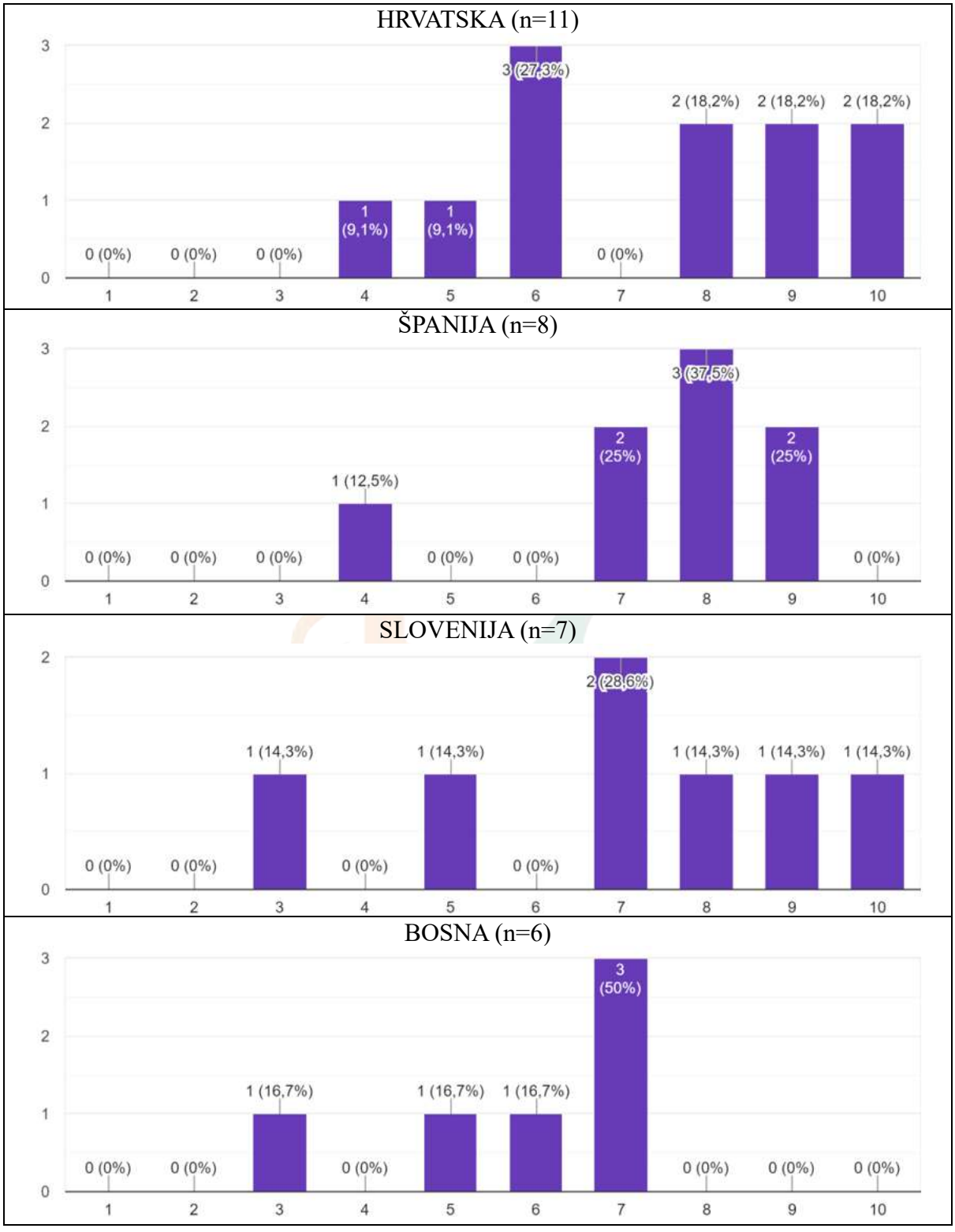
15. Da li smatrate da su materijali za obuku koje obezbeđuju ove organizacije jasni, sa koherentnom strukturom, relevantni i ažurni?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (5-9), Italija (2-10), Turska (3-10), Hrvatska (4-10), Španija (4-9), Slovenija (3-10), i Bosna (3-7).



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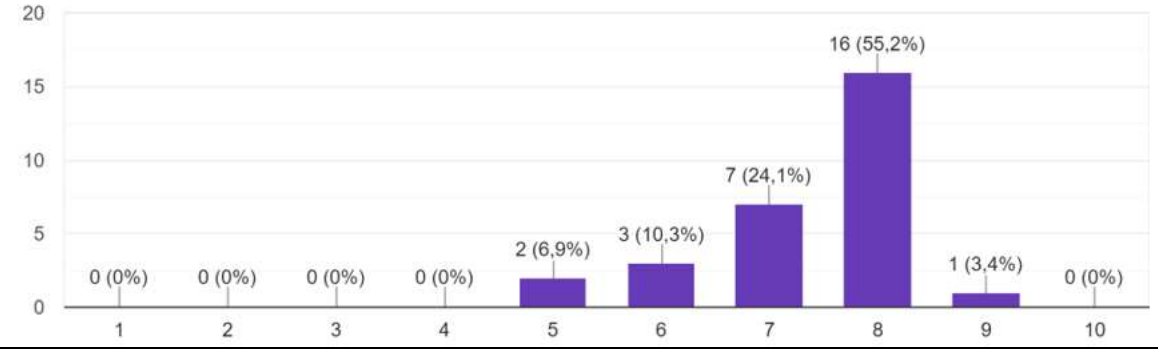


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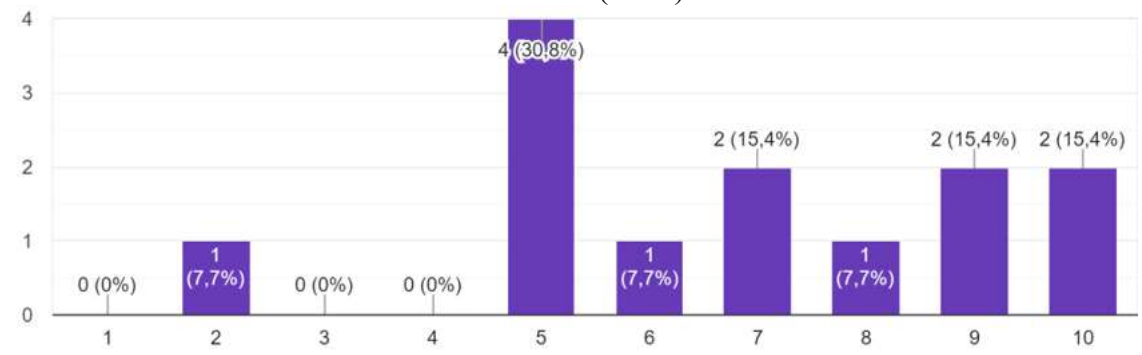
16. Da li su prilagodljivi i personalizovani?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (5-9), Italija (2-10), Turska (2-10), Hrvatska (4-9), Španjolska (4-8), Slovenija (3-9), i Bosna (3-7).

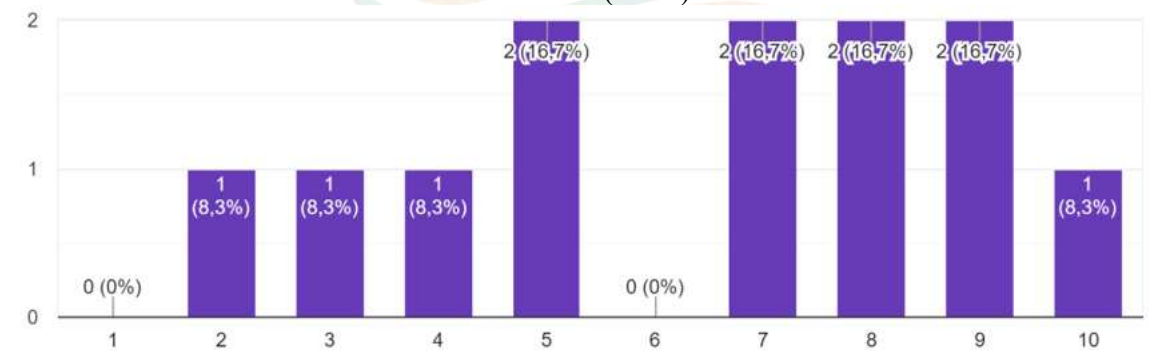
BUGARSKA (n=29)



ITALIJA (n=13)

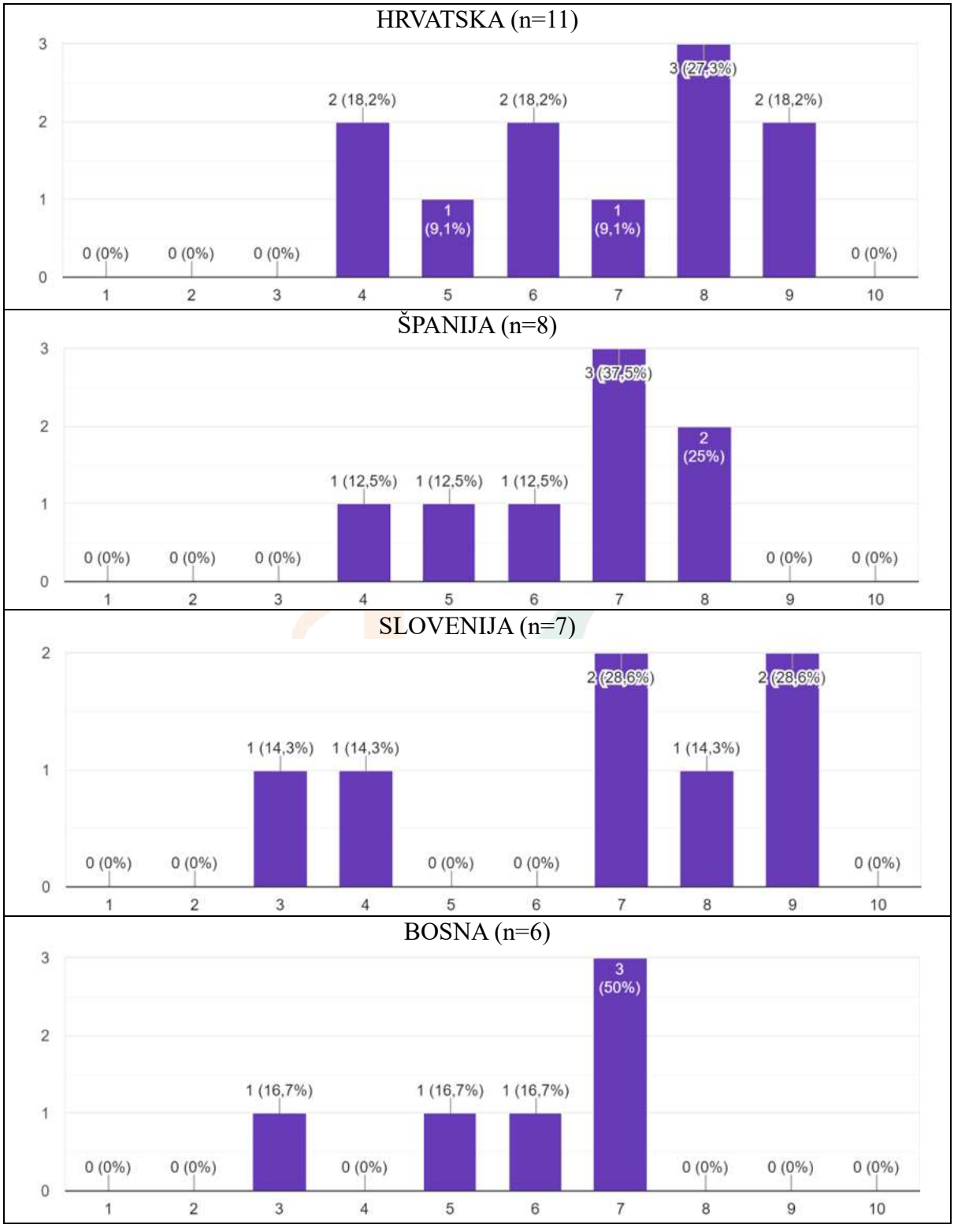


TURSKA (n=12)



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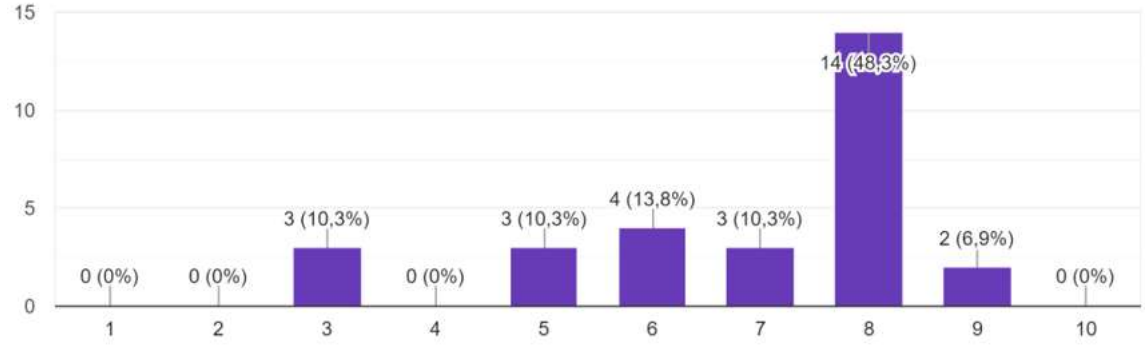
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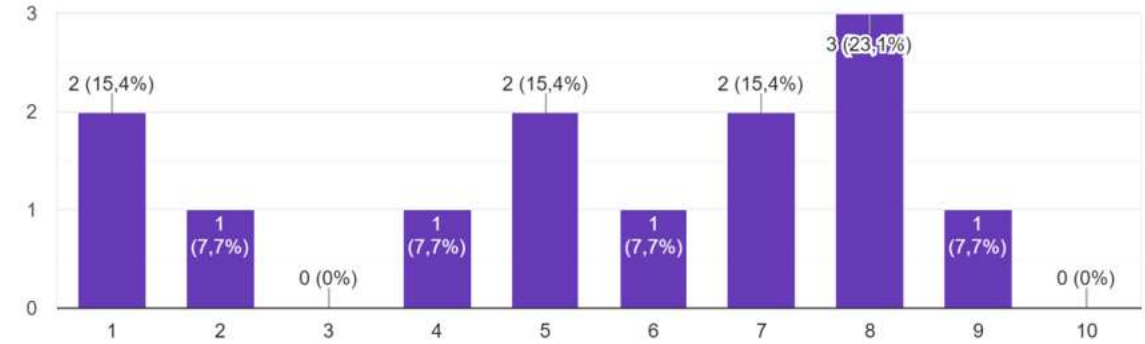
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17. Da li mislite da je trenutno obrazovanje i obuka porodica dovoljna?
Zadovoljstvo ovim pitanjem kretalo se u sledećim vrednostima: Bugarska (3-9), Italija (1-9), Turska (1-9), Hrvatska (4-10), Španija (5-9), Slovenija (1-8), i Bosna (3-9).

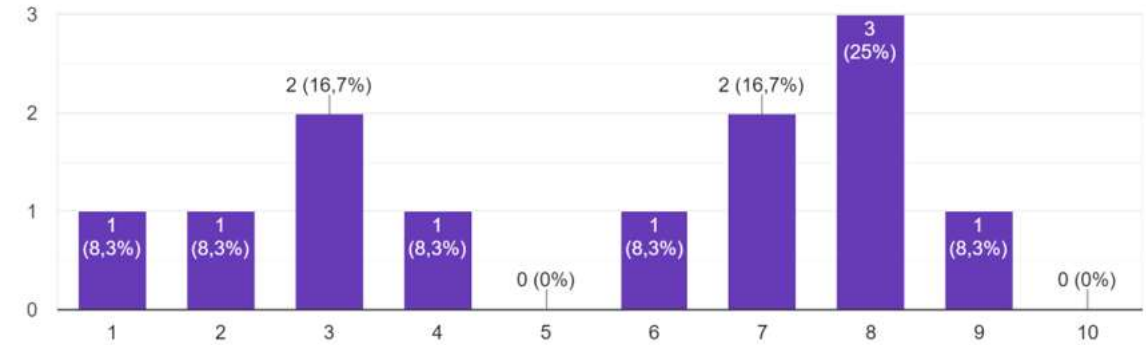
BUGARSKA (n=29)



ITALIJA (n=13)

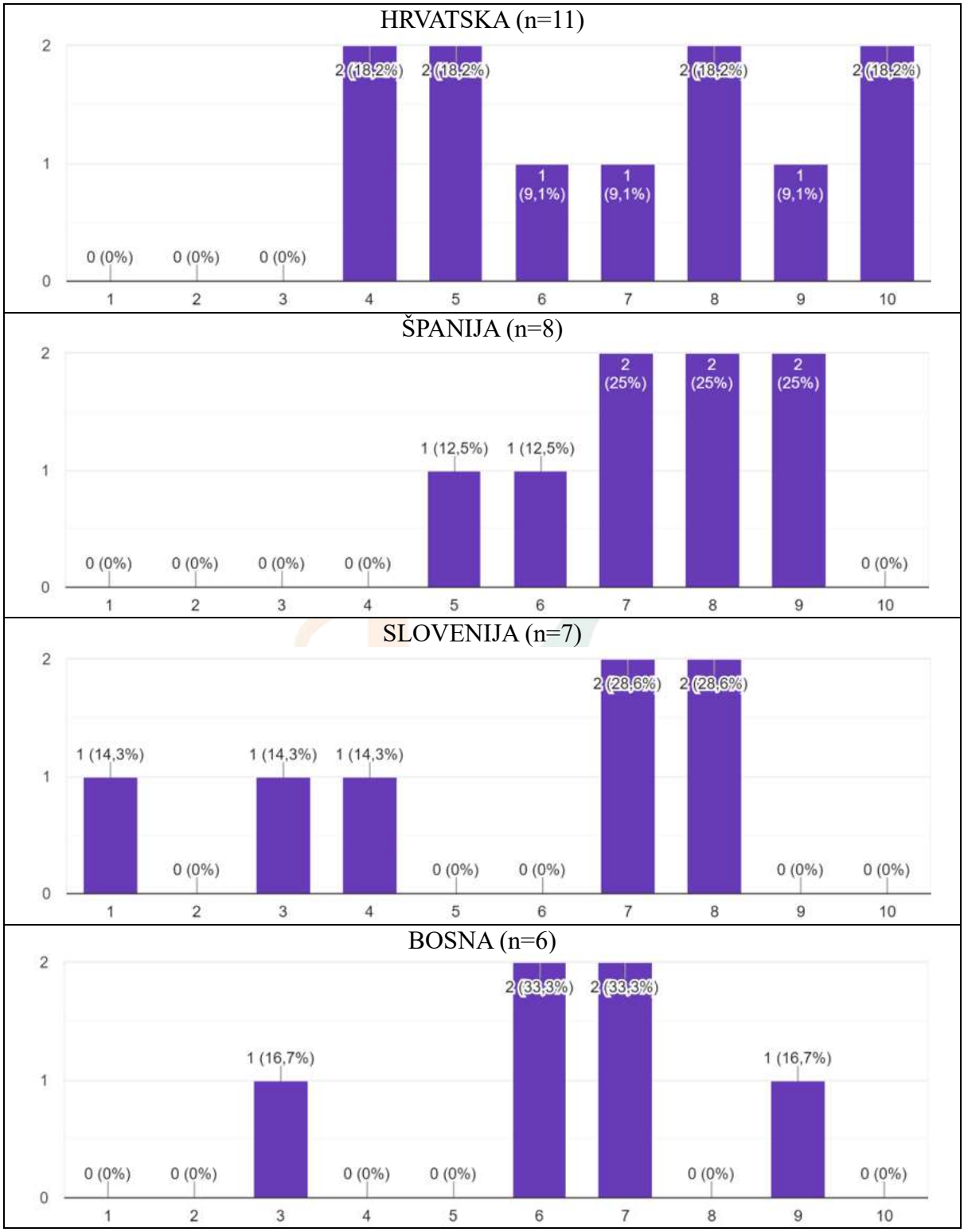


TURSKA (n=12)



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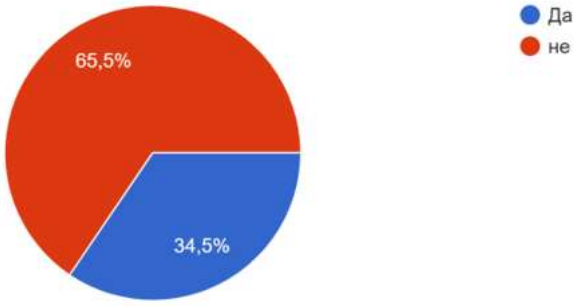


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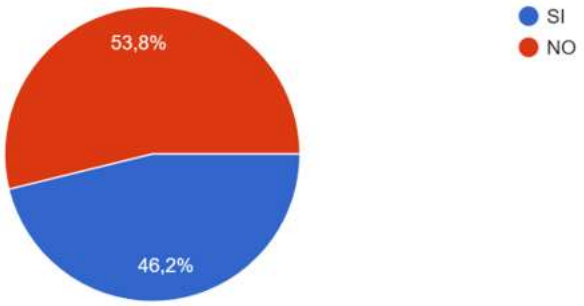
18. Da li ste vi ili bilo koji član vaše porodice učestvovali u radionicama, konferencijama ili drugim aktivnostima obuke koje su organizovale organizacije koje podržavaju osobe sa invaliditetom?

Procenat ljudi u uzorku koji su učestvovali u aktivnostima obuke bio je sljedeći: Bugarska (34,5%), Italija (46,2%), Turska (66,7%), Hrvatska (63,6%), Španija (87,5%), Slovenija (71,4%), i BiH (83,3%).

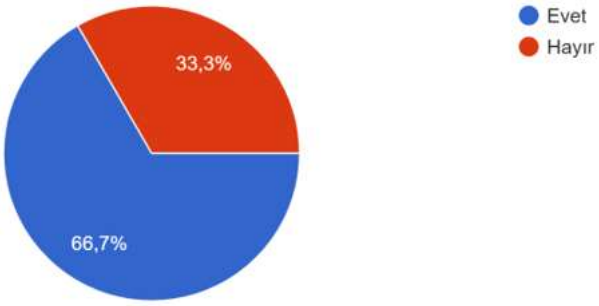
BUGARSKA (n=29)



ITALIJA (n=13)

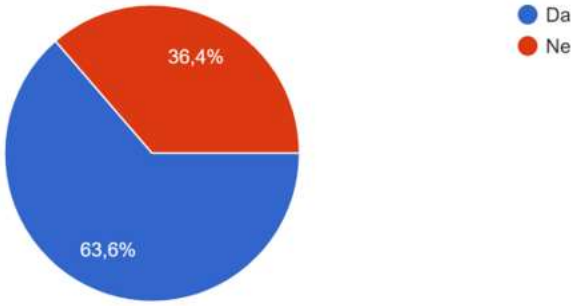


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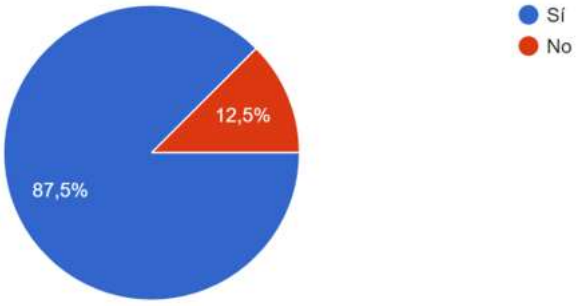


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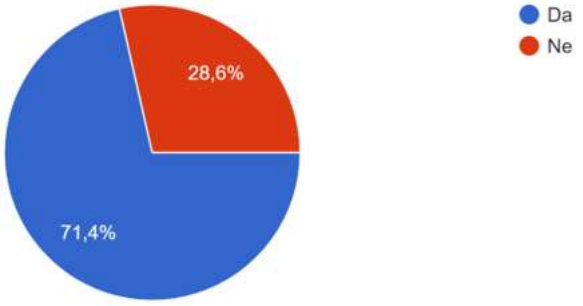
HRVATSKA (n=11)



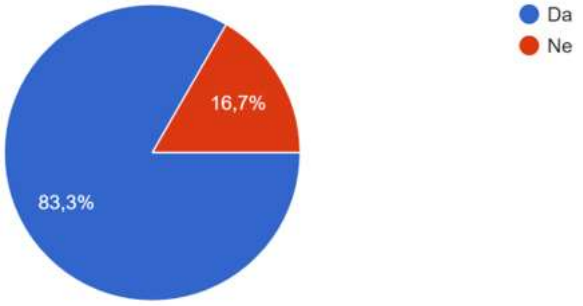
ŠPANIJA (n=8)



SLOVENIJA (n=7)



BOSNA (n=6)



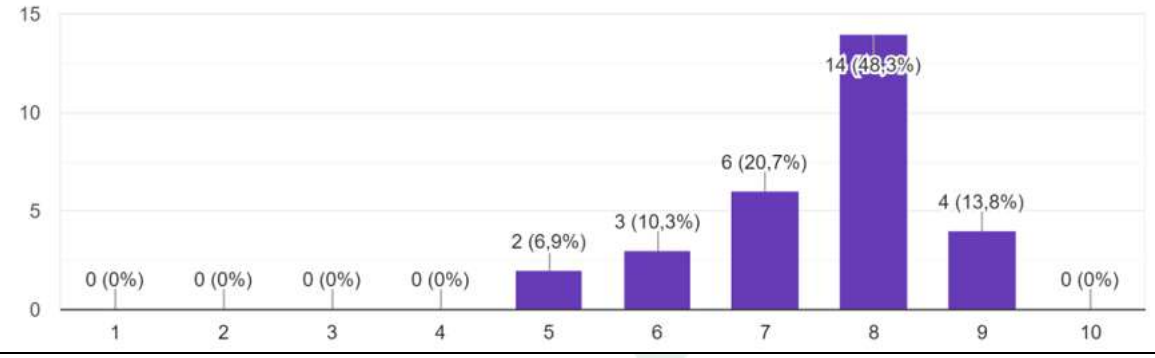
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DIMENZIJA 4: KOORDINACIJA, TRANSPARENTNOST, MONITORING I ZADOVOLJSTVO.

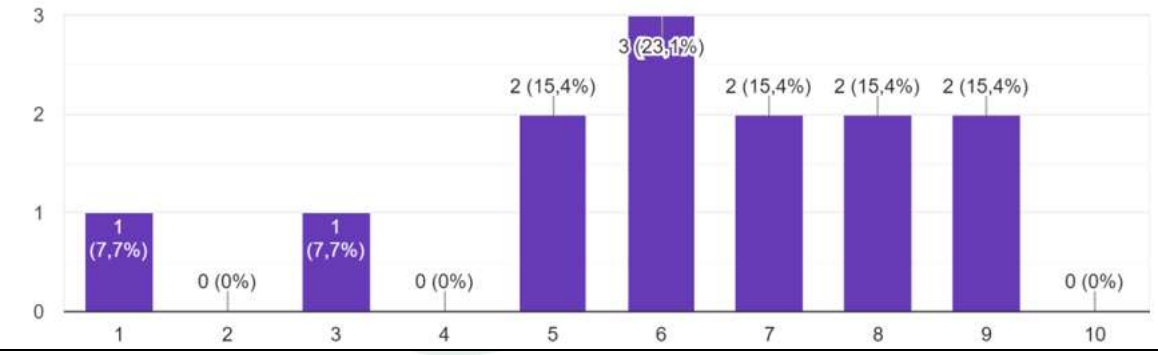
19. Kako cijenite koordinaciju između osoblja organizacije?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (5-9), Italija (1-9), Turska (3-10), Hrvatska (4-10), Španija (6-9), Slovenija (3-10), i Bosna (6-10).

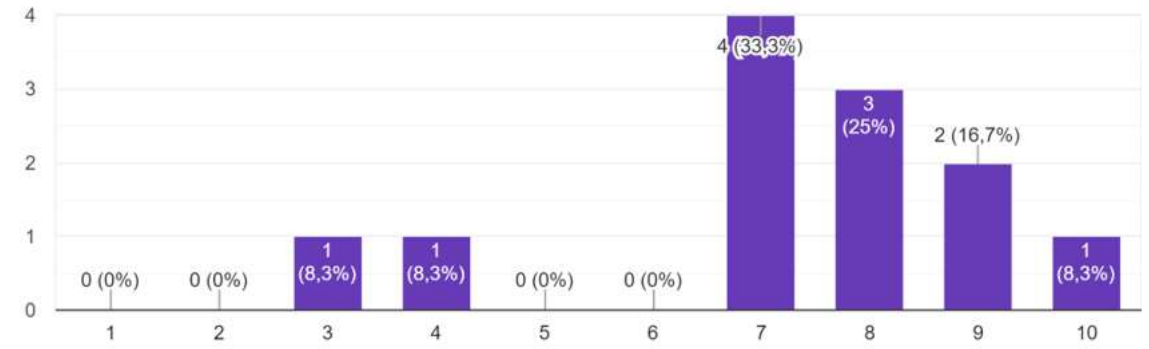
BUGARSKA (n=29)



ITALIJA (n=13)

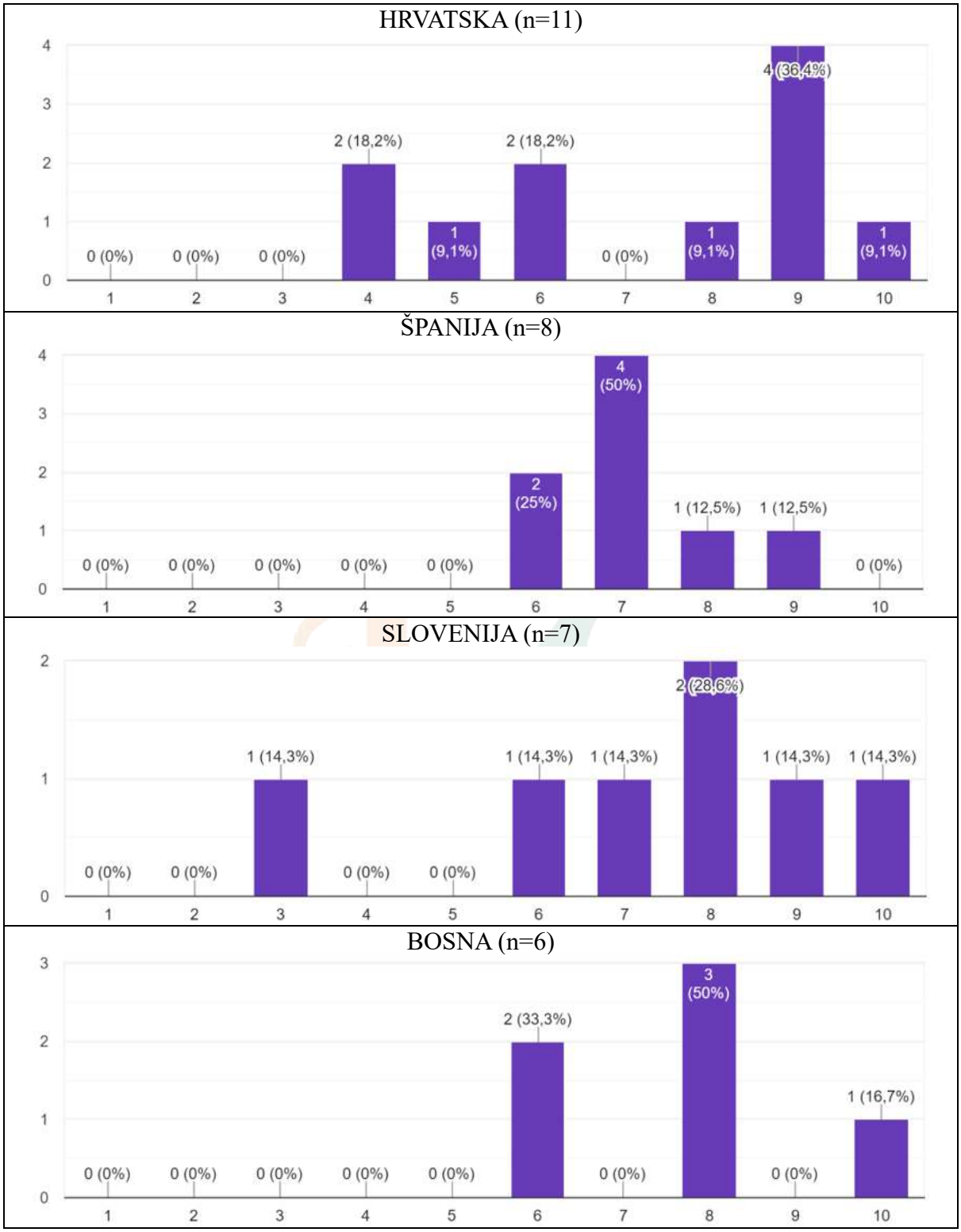


TURSKA (n=12)



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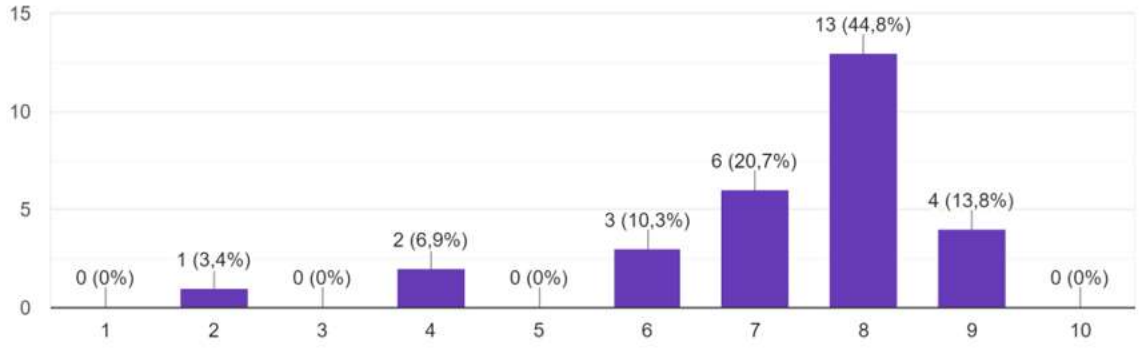
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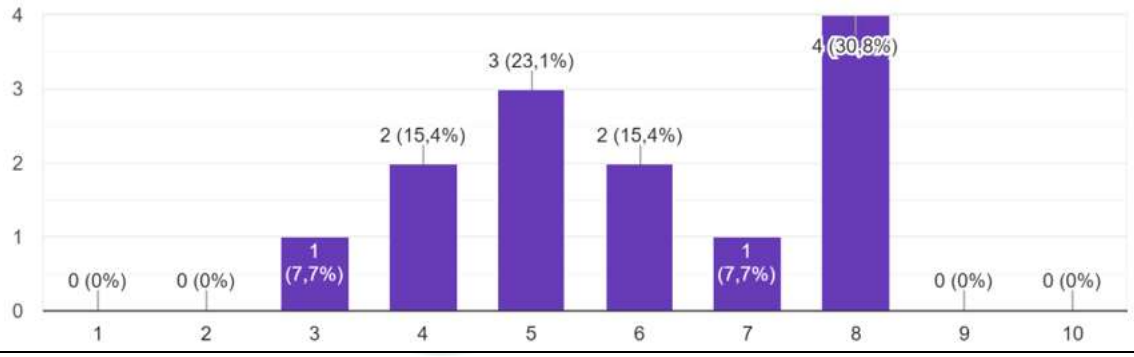
20. Šta mislite o koordinaciji između organizacija koje pružaju podršku osobama sa invaliditetom i drugih zdravstvenih usluga u pružanju sveobuhvatne podrške porodicama?

Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (2-9), Italija (3-8), Turska (3-10), Hrvatska (4-10), Španija (2-6), Slovenija (2-10), i Bosna (4-10).

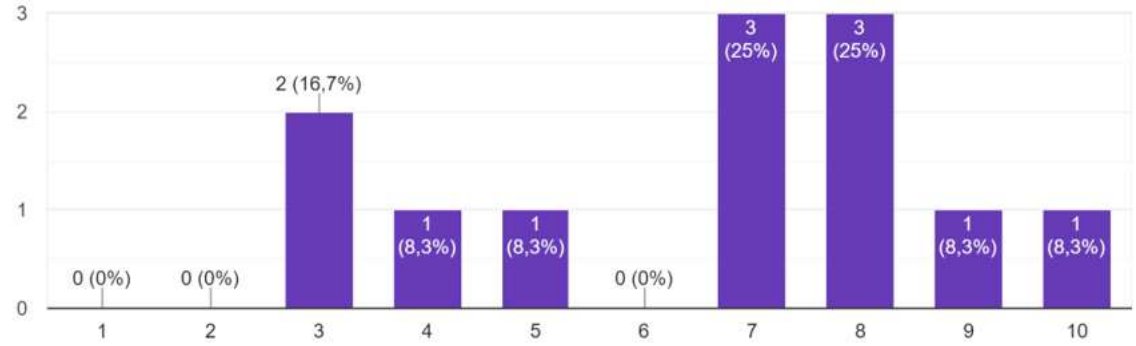
BUGARSKA (n=29)



ITALIJA (n=13)

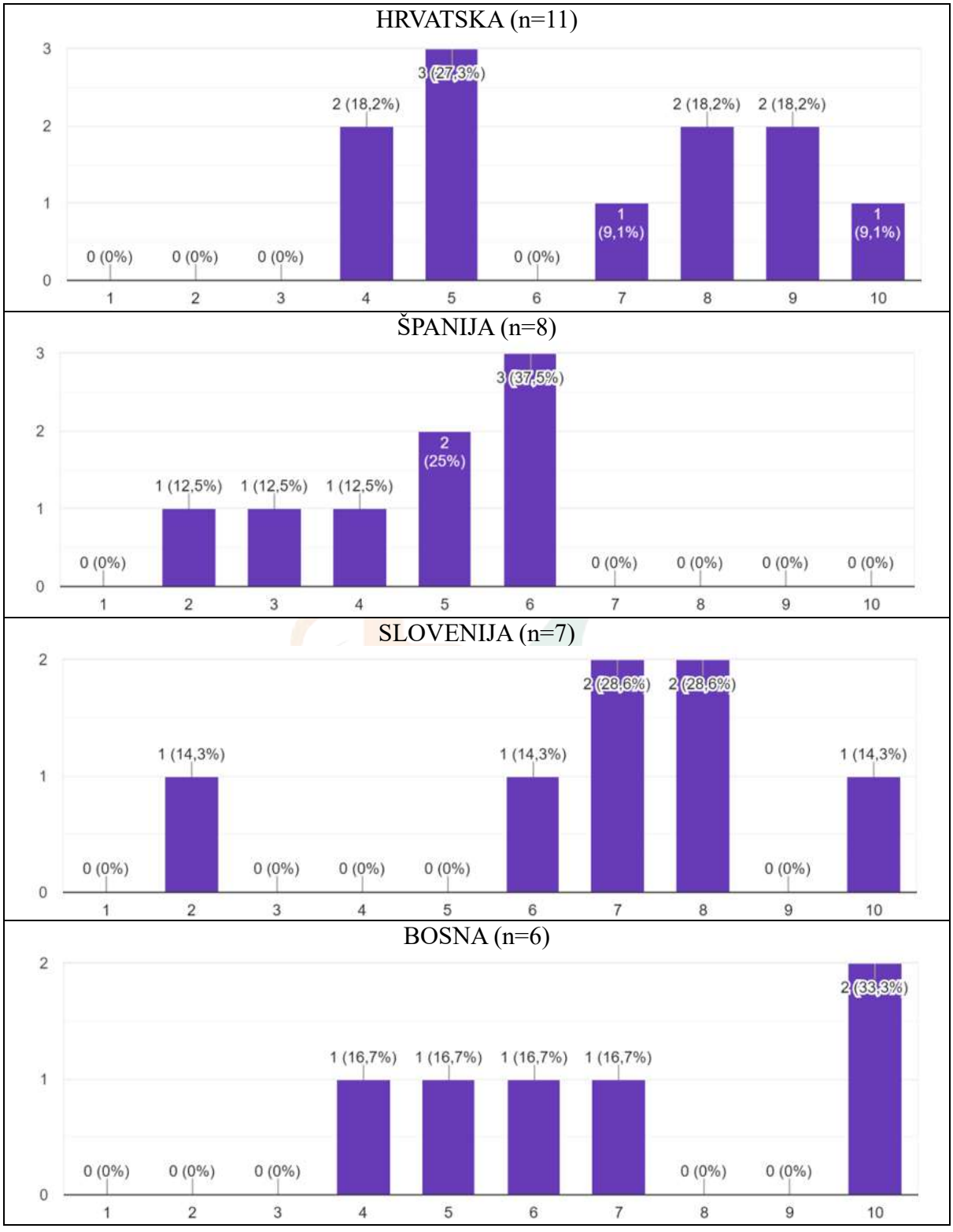


TURSKA (n=12)



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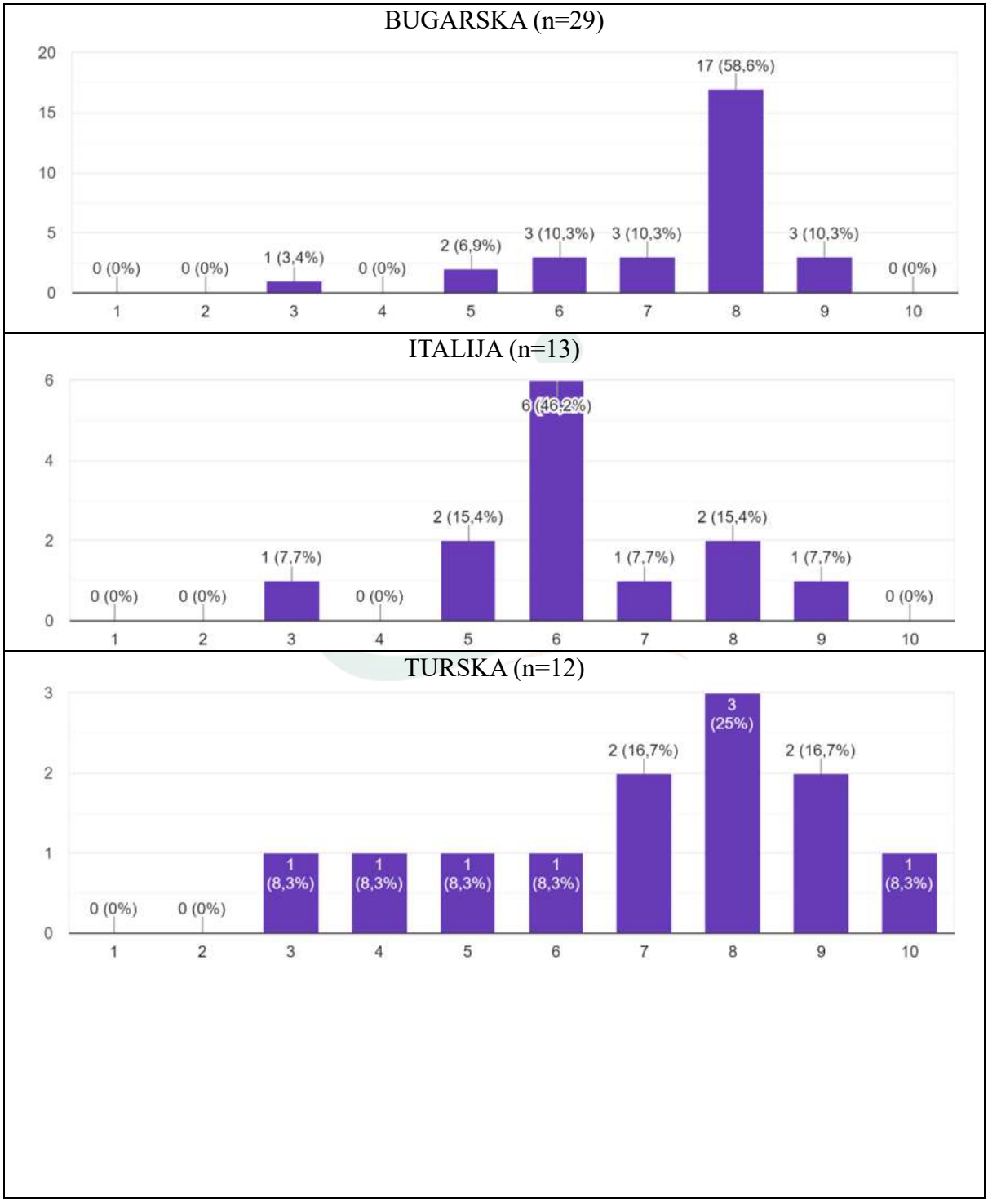
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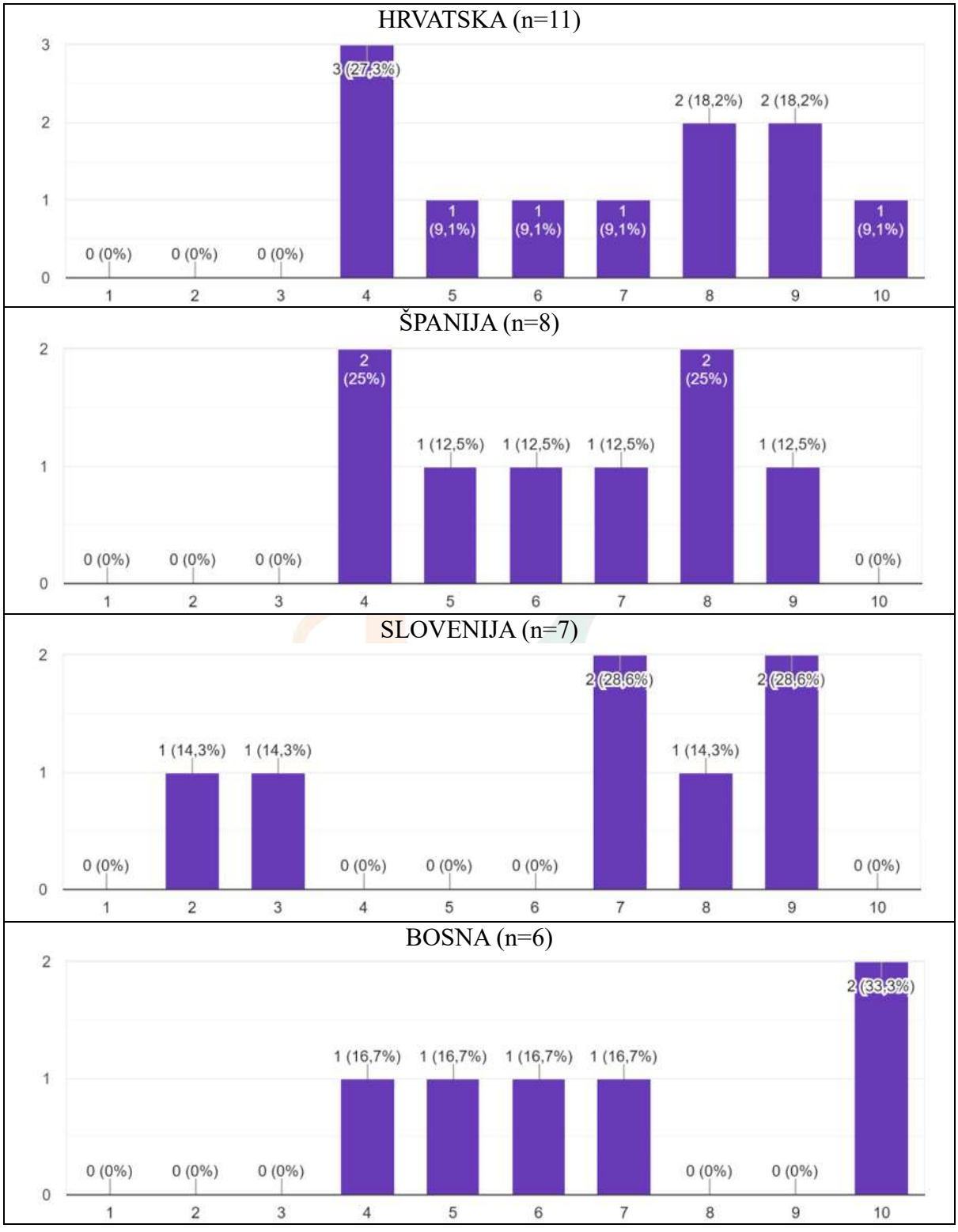
21. Da li smatrate da su politike i procesi ovih organizacija transparentni u odnosu na brigu i podršku osobama sa invaliditetom?

Zadovoljstvo ovim pitanjem kretalo se u sledećim vrednostima: Bugarska (3-9), Italija (3-9), Turska (3-10), Hrvatska (4-10), Španija (4-9), Slovenija (2-9), i Bosna (4-10).



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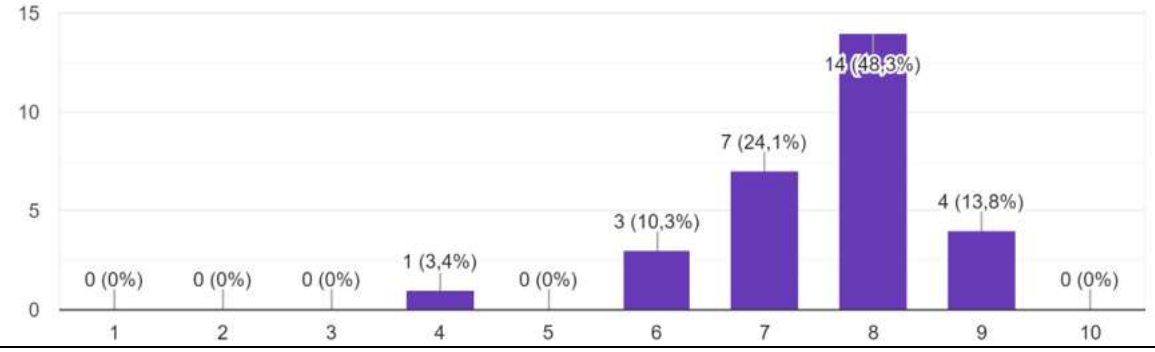
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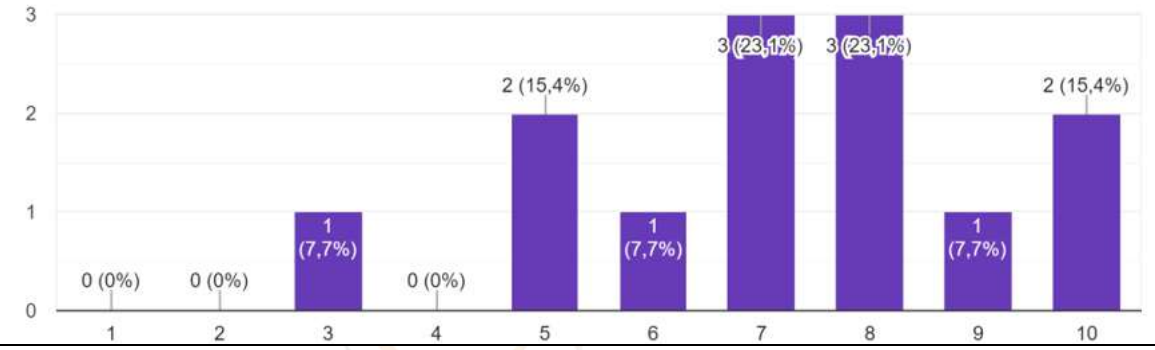
Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

22. Da li smatrate da je praćenje primljeno od osoblja organizacije adekvatno?
Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (4-9), Italija (3-10), Turska (4-10), Hrvatska (4-10), Španija (5-9), Slovenija (2-9), i Bosna (4-9).

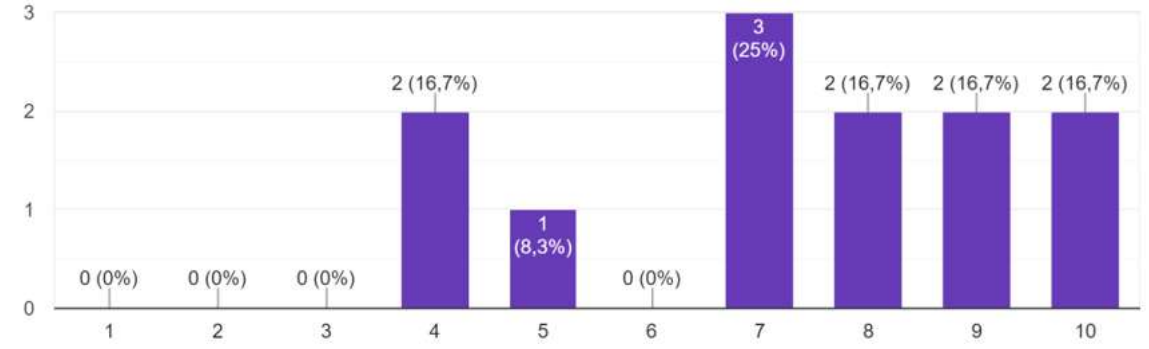
BUGARSKA (n=29)



ITALIJA (n=13)

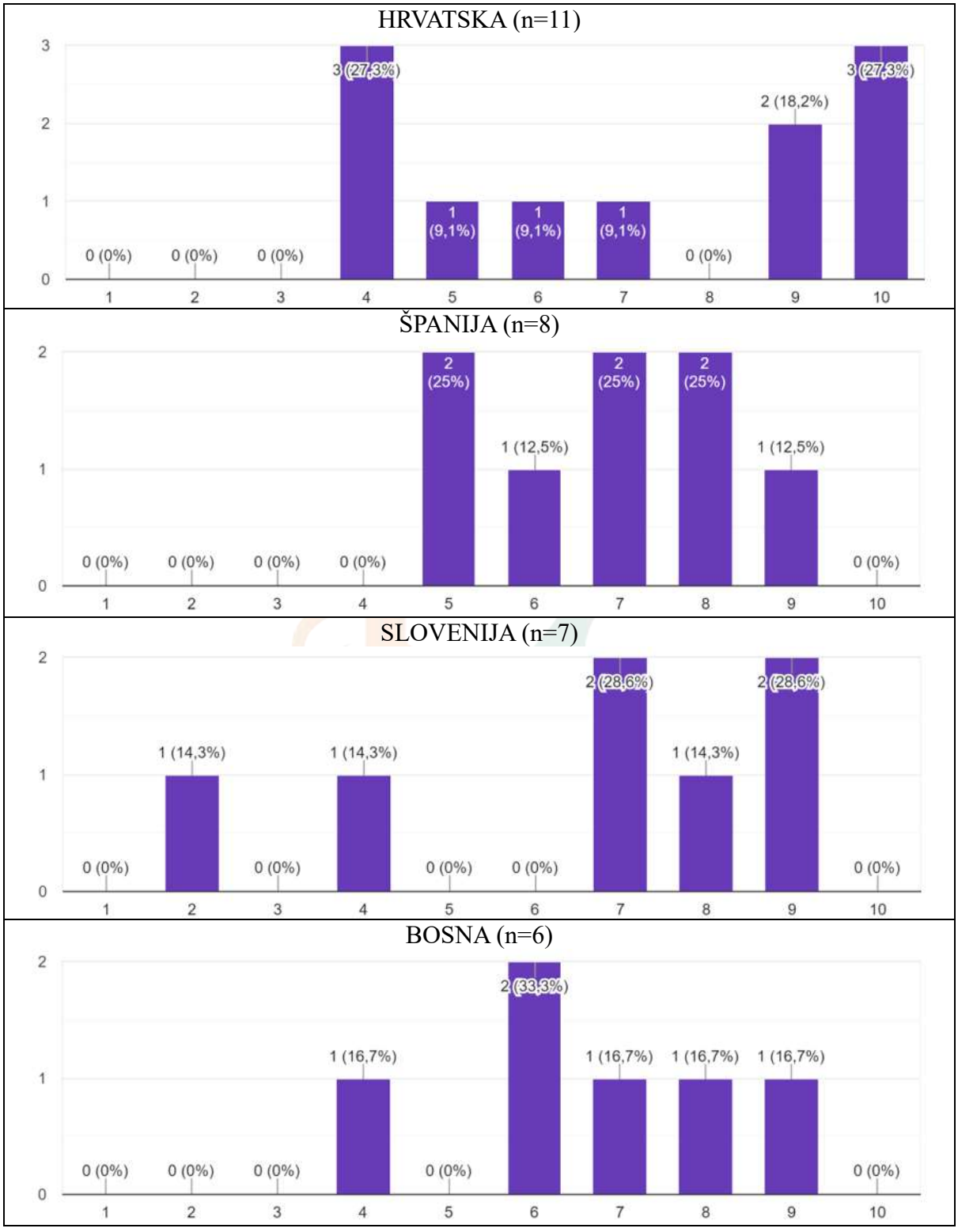


TURSKA (n=12)



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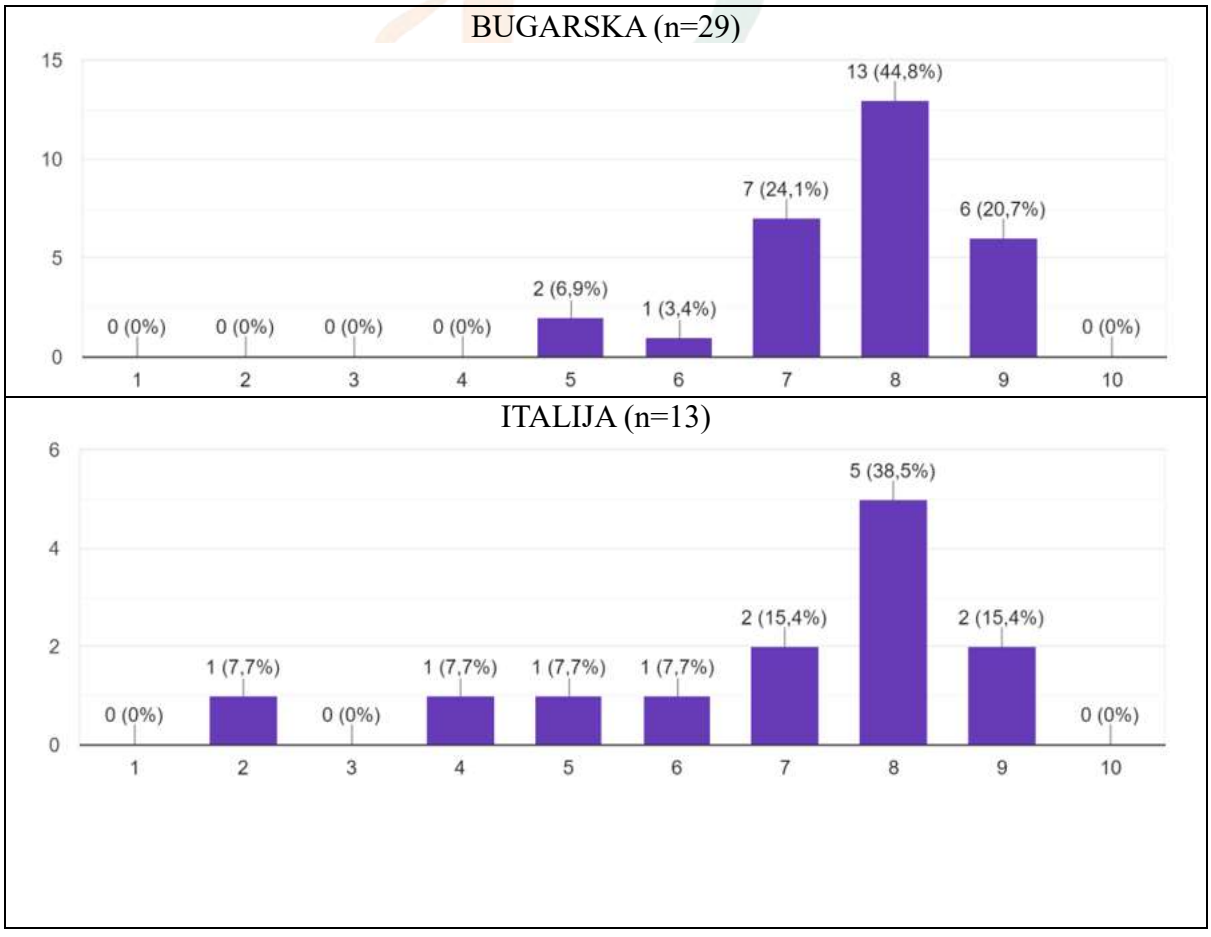
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23. Koje biste sugestije imali da poboljšate proces praćenja i osigurate da vaše potrebe budu efikasno zadovoljene u budućnosti?

Prijedlozi u Bugarskoj su bili: veća transparentnost; efikasnije kampanje; informacije i buduće inicijative na web stranicama organizacija; sastanak sa roditeljima; bolje informacije na web stranicama nekih od organizacija; češći sastanci sa organizacijama; više usluga; češće/zajedničke aktivnosti; više radnih inicijativa; bolje finansiranje. U Italiji nije bilo prijedloga. Prijedlozi u Turskoj su bili: učiniti obuku pristupačnijom; efektivna komunikacija i koordinacija; koristite web stranice i više e-pošte. U Hrvatskoj nije bilo prijedloga. Prijedlozi u Španiji su bili: konsultujte se više sa porodicama; više individualizovane pažnje; mjesečni prateći sastanci; bolja telefonska usluga; održavati više sastanaka sa porodicama; povećati osoblje; Provedite ankete ili kratke intervjue. U Sloveniji nije bilo prijedloga. Prijedlozi u Bosni su bili: jasnija komunikacija i više obuke u komunikaciji i radu sa porodicama; Potpuna transparentnost, odlična podrška i smjernice.

24. Što se tiče pažnje i posvećenosti koju su pokazale organizacije, koliko je vaše iskustvo bilo zadovoljavajuće?

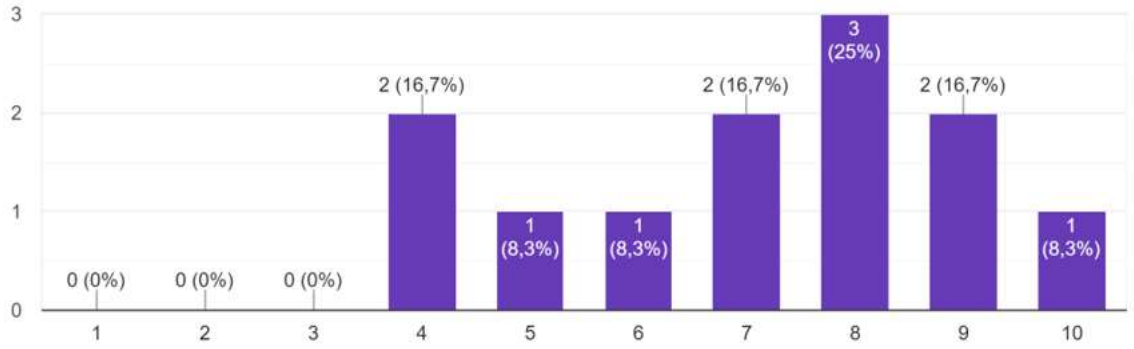
Zadovoljstvo ovim pitanjem kretalo se između sljedećih vrijednosti: Bugarska (5-9), Italija (2-9), Turska (4-10), Hrvatska (4-10), Španjolska (5-9), Slovenija (1-9), i Bosna (5-10).



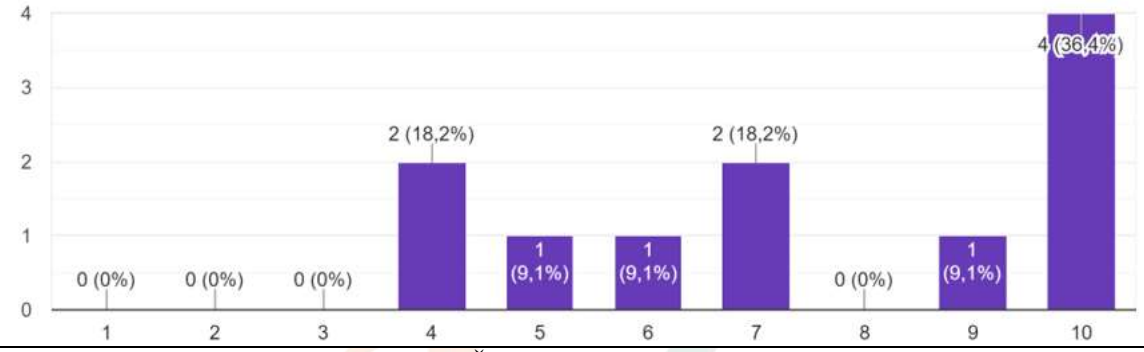
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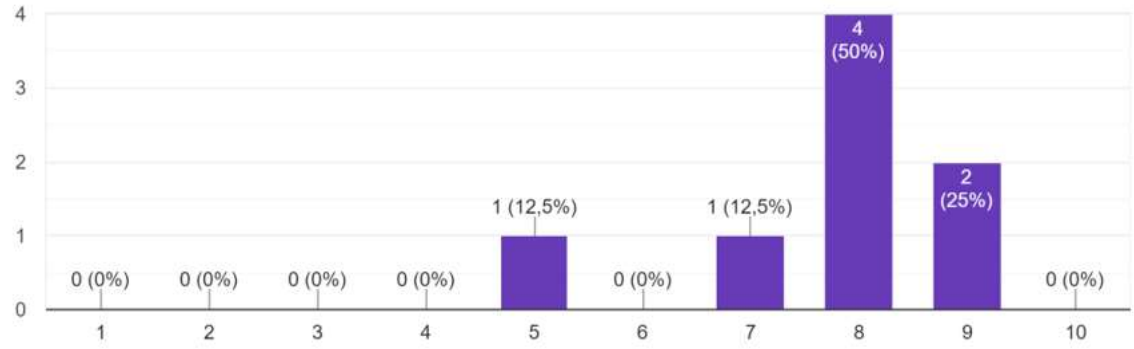
TURSKA (n=12)



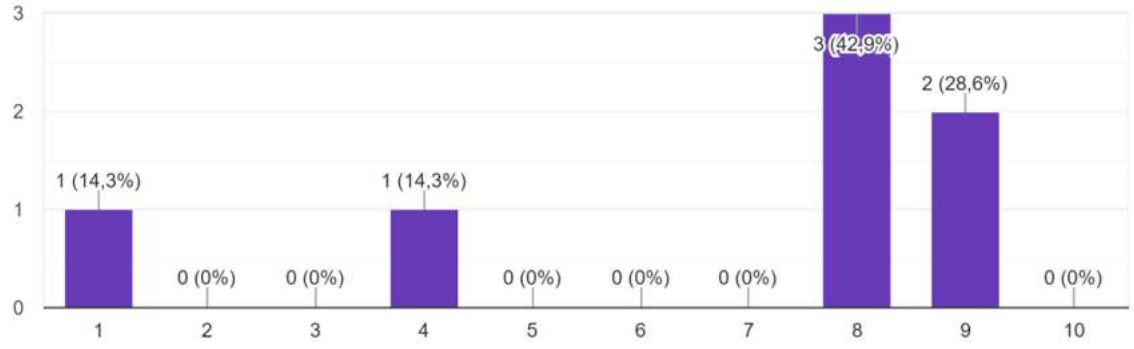
HRVATSKA (n=11)



ŠPANIJA (n=8)

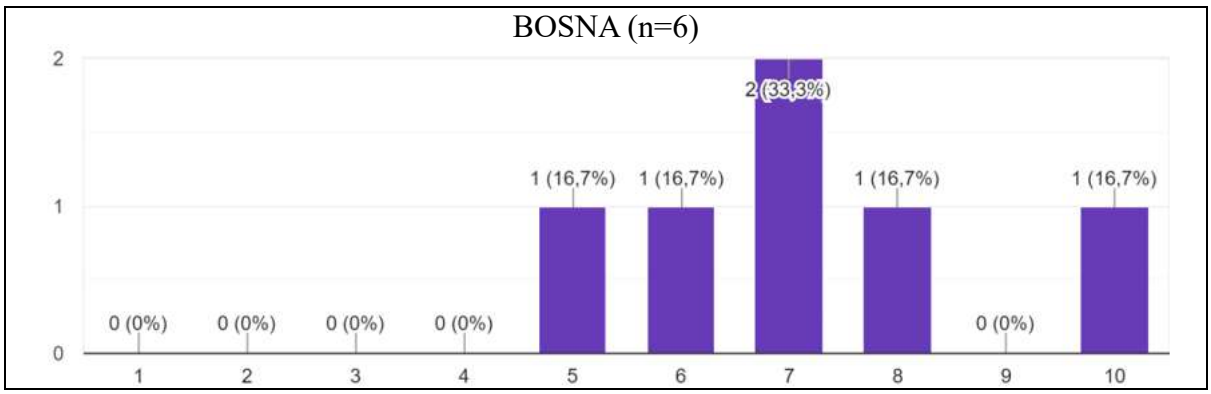


SLOVENIJA (n=7)



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4. ZAKLJUČCI

Zadovoljstvo u dimenziji 1 (komunikacija i informacije) kretalo se između sljedećih vrijednosti: Bugarska (4-10), Italija (1-10), Turska (1-10), Hrvatska (5-10), Španjolska (4-10), Slovenija (1-10) i Bosna (2-9). Zadovoljstvo u dimenziji 2 (resursi, programi i usluge) kretalo se između sljedećih vrijednosti: Bugarska (3-10), Italija (1-10), Turska (1-10), Hrvatska (4-10), Španjolska (5-10), Slovenija (1-10) i Bosna (2-10). Zadovoljstvo u dimenziji 3 (obuka i obuka) kretalo se između sljedećih vrijednosti: Bugarska (2-10), Italija (1-10), Turska (1-10), Hrvatska (4-10), Španjolska (4-10), Slovenija (1-10) i Bosna (3-10). Zadovoljstvo u dimenziji 4 (koordinacija, transparentnost, praćenje i zadovoljstvo) kretalo se između sljedećih vrijednosti: Bugarska (2-9), Italija (1-10), Turska (3-10), Hrvatska (4-10), Španjolska (2 -9), Slovenija (1-10) i Bosna (4-10).

Stoga se zaključuje da u svim zemljama iu svim dimenzijama postoje visoke i niske vrijednosti zadovoljstva. Visoke vrijednosti ukazuju da se provode dobre prakse u vezi sa inkluzivnim porodičnim sportom. Međutim, niske vrijednosti jasno pokazuju da postoji značajan prostor za poboljšanje u svim dimenzijama iu svim zemljama.

Prema prijedlozima učesnika, ova poboljšanja bi se trebala fokusirati na sljedeće aspekte: veća transparentnost; efikasnije kampanje; informacije i buduće inicijative na web stranicama organizacija; sastanak sa roditeljima; bolje informacije na web stranicama nekih od organizacija; češći sastanci sa organizacijama; više usluga; češće/zajedničke aktivnosti; više radnih inicijativa; bolje finansiranje; pristupačnija obuka; efektivna komunikacija i koordinacija; više koristite web stranice i e-poštu; konsultujte se više sa porodicama; više individualizovane pažnje; mjesečni prateći sastanci; bolja telefonska usluga; održavati više sastanaka sa porodicama; povećati osoblje; provoditi ankete ili kratke intervjue; jasnija komunikacija i više obuke u komunikaciji i radu sa porodicama; Potpuna transparentnost, odlična podrška i smjernice.

Provođenje ovih poboljšanja u metodologiji inkluzivnog porodičnog sporta kod djece i adolescenata sa smetnjama u razvoju od 6 do 18 godina nesumnjivo će povećati zadovoljstvo učesnika i njihovih porodica u sportskim aktivnostima, što će rezultirati povećanjem njihove sportske prakse i, posljedično, sjedilački način života i gojaznost će se smanjiti kod djece i adolescenata sa invaliditetom.

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